



Kenya National Qualifications Authority Working To Address Skills Mismatch In The Country
The Kenya National Qualifications Authority (KNQA) is working closely with the industry to address the paradox of skills mismatch in the country, acting Director General Alice Kande has said.

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P. 8. Jumbos Cause Havoc In Luisoi, Kieni In Nyeri County



Wildlife >> Elephant Awareness Campaigns To Cover 3200 Kilometres

P. 12. A renown conservationist, Jim Justus Nyamu, is targeting to travel 3200 kilometres to create awareness about elephants through the Ivory Belongs to Elephants; East and Central Africa Awareness Campaign



Climate >> Climate Action zone Launched Ahead of African Climate summit

P. 16 As Kenya prepares the First African Climate summit that is prone to happen in a week's time, Saturday Alliance for Science has launched the Climate Action Zone

Kenya-Indonesia Ties To Boost Asian Market Penetration

President William Ruto said the investment scope will also be broadened to bring about a balance of trade that is in favour of the Southeast Asian country. "We will seize our energies and create the necessary environment for increased trade between our countries," he stated, also announcing Visa-free entry to Kenya for Indonesian passport holders.



President William Ruto and Indonesian counterpart Joko Widodo on his State Visit to Kenya.

STORY ON PAGE 9

DP Gachagua Asks Boda Boda Riders To Guard Subsector Against Infiltration By Criminal Gangs

By: DPPS

Deputy President Rigathi Gachagua has asked boda boda riders to guard the subsector against infiltra-

tion by criminal gangs disguising as entrepreneurs.

Speaking yesterday in Nairobi during the launch of Nyandarua County's Boda Yangu Ofisi Yangu training programme, the Deputy

President said the government is keen on supporting the boda boda subsector, which is a key driver of the country's economy.

While asking the riders to obey the

STORY ON PAGE 13

Deputy President Rigathi Gachagua during the launch of Nyandarua County's Boda Yangu Ofisi Yangu training programme



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Leaders Must Deal With Illicit Brews and Drugs Dealers - Dorcas Rigathi

By: Our Correspondent
@themtkenyatimes



Pastor Dorcas Rigathi interacts with one of the residents of Hiriga, Mathira, in Nyeri County while she was addressing mourners during the burial of James Njiri.

Worth Noting:

- The Second Lady spoke at Hiriga Primary School grounds in Mathira constituency during the burial of Mzee James Njiri, who has been working in Deputy President Rigathi Gachagua's homestead for years.
- "As a region (Mt. Kenya) we cannot sit and watch a society being wiped out by people whose main concern is just making profits from the sale of illicit brews, drugs and substance. Such businesses must be stopped at all cost," she said.

The Spouse of the Deputy President Pastor Dorcas Rigathi has said those selling illicit brews in the Mt Kenya region must be exposed for spoiling the youth.

Pastor Rigathi said the dealers are well known to the society and leaders in the region, and it is time they were exposed for their evil deeds.

The Second Lady spoke at Hiriga Primary School grounds in Mathira constituency during the burial of Mzee James Njiri, who has been working in Deputy

President Rigathi Gachagua's homestead for years.

"As a region (Mt. Kenya) we cannot sit and watch a society being wiped out by people whose main concern is just making profits from the sale of illicit brews, drugs and substance. Such businesses must be stopped at all cost," she said.

Pastor Dorcas said many youth in the region have been made zombies by people selling the illicit brews for their own profits.

She, however, said she will not relent on her fight against alcoholism across the country.

She called on the leaders from the region to join hands in fighting drugs and substance abuse as well as alcoholism.



Ruguru Ward MCA Erastus Karanja and Kelvin Kariithi (nominated) vowed to support in the fight against alcoholism.

Pastor Rigathi has been at the forefront of mentoring men after undergoing rehabilitation due to alcoholism and drug

addiction.

In the neighbourhood where she attended the burial yesterday, a group of rehabilitated men and women are currently involved in seedlings project, courtesy of her charity organisation; Dorcas Rigathi Foundation.

Editor's Desk

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COMING SOON...

Investigating Worldcoin: Joint National Assembly Ad Hoc Committee Kicks Off Inquiry

By: PSCU

The Joint National Assembly Ad hoc Committee of Inquiry into the activities of the foreign Company Worldcoin, yesterday kicked off its investigative process with a meeting to outline its Terms of Reference, as well as to determine potential experts and witnesses to appear before the legislators during its investigations. Led by Chairperson Gabriel Tongoyo, the Joint Committee seeks to inquire into the legal and regulatory compliance of the operations of Worldcoin and its subsidiary partners, potential health hazards caused by the scan, the intended use of the data collected, and its safety in the hands of the collector. “Our work is quite cut out for us and we shall be calling in a number of witnesses, including experts to shed more light on this matter. We have very limited time to ensure that Kenyans get all the answers they de-

serve,” said Tongoyo. Top on the list of witnesses and experts scheduled to appear before the committee include the Governor of the Central Bank of Kenya and the Cabinet Secretary of the National Treasury, to shed light on the relationship between the cryptocurrency trade in Kenya and the recent activities of Worldcoin among others. The National Intelligence Service (NIS) and the Directorate of Criminal Investigations (DCI), are also set to make appearances before the 17-member committee, as well as the Ministry of Health who will shed light on potential health hazards resulting from the reported eye scans. The office of the Attorney General, the Registrar of Companies, and the Data Commissioner will be expected to answer the MPs’ questions on the legal framework of operations of the foreign entity in Kenya, and if due diligence was undertaken in the registration of Worldcoin to operate in Kenya. These sessions will also seek to evaluate whether the operations of Worldcoin complied with the Data



Gabriel Tongoyo..

Protection Act, and other relevant Laws in Kenya. The lawmakers will also hold a meeting with the company at the center of the exiting controversy Worldcoin, to understand its operations and

the ultimate objectives of their data harvesting exercises in Kenya. The joint Ad Hoc committee is composed of seventeen members, drawn from the Departmental Committees on Administration and Internal Se-

curity; Communication, Information and Innovation; and Tourism and Wildlife.

Affordable Housing Program: Bahati Constituency Set For Groundbreaking Ceremony

By: Christine Muchira

President William Ruto will today evening commission the construction of 220 housing units in Bahati Constituency Nakuru County. The project is part of the ambitious plan to build 200 housing units in all constituencies across the Country through the Affordable Housing Program. The 220 units will be constructed on a 10 acre piece of land at an estimated cost of Ksh 505 Million and will include 60 studio units, 20 one-bedroom units, 120 two-bedroom units and 20 three-bedroom units. The project will include the improvement of roads to the site as well as power connection as well as the expansion of the sewer and water infrastructure from the already existing network. Other social amenities include a social hall, Playing area, Commercial area and a tree nursery. The launch comes a week after

a similar project was launched in Gichugu constituency, Kirinyaga County, with the Government reiterating its commitment towards providing decent and affordable housing for all Kenyans regardless of their social economic status. State Department for Housing and Urban Development PS Charles Hinga says the Affordable Housing program isn’t a preserve of Nairobi County and its environs thus the decision to roll out the projects in constituencies. So far the Government has awarded 17 contracts in lot 1 for development and advertised a further 35 in lot 2. The PS said the Bahati constituency housing program will also provide employment opportunities for the youth, women in construction, the Jua Kali Sector among other enterprises, with an estimated 500 youths engaged directly while another 300 indirectly. The Government also intends to build about 30,000 units for the police and another 214,000 housing units for university students.



President William Ruto at a past event.

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Gusii Community Embraces Alternative Rites of Passage as Progressive Shift Away from FGM

By: Elizabeth Angira
@themkenyatimes

Worth Noting:

- Donya mentioned that the ARP will take place twice a year in August and December, coinciding with the “cutting season” when schools are closed and FGM often occurs.
- “We do not want to subject our young girls on traditional harmful practices, we must fight for their rights,” she said.
- During the training sessions, girls will learn about the harmful effects of FGM, teenage pregnancy, and gender-based violence.

The Gusii community has begun adopting an Alternative Rite of Passage (ARP) as an alternative to female genital mutilation (FGM).

At the launch of an anti-FGM campaign held at Nduru Girls in South Mugirango, Kisii Member of Parliament Dorice Donya explained that this new rite serves as a transition into womanhood without circumcision, as per cultural norms.

Donya mentioned that the ARP will take place twice a year in August and December, coinciding with the “cutting season” when schools are closed and FGM often occurs.

“We do not want to subject our young girls on traditional harmful practices, we must fight for their rights,” she said.

During the training sessions, girls will learn about the harmful effects of FGM, teenage pregnancy, and gender-based violence.

According to Kenya Demographic Health Survey 2022 (KDHS) FGM preference in Kisii county is 77% and



Young girls who are undergoing Alternative Rites of Passage at Nduru Girls in South Mugirango Kisii County.

Nyamira county is 75 %

The focus will encompass understanding what FGM is, its dangers, reasons to avoid it, and discussions about education, child rights, sexual abuse, substance abuse, self-esteem, health, culture, and traditions.

Reformed traditional cutters, health practitioners, psychiatrists, and mentors are participating to educate girls about the side effects of FGM.

Donya emphasized the need to end this practice and prevent girls from experiencing harmful violence.

“I beg all members of the public to come on board and we fight this menace,” she said.

According to UN Women FGM affects 200 million women globally, with dire consequences ranging from debilitating pain to childbirth complications to death. UN women is committing to ensuring that laws are not only passed against the practice, but that governments are taking action to implement those laws.

Nyamira nominated Senator Renee



Kisii County woman Mp Dorice Donya Aburi, Director of Gender Recovery Center, Nyamira Nominated Senator Renee Mayaka during the press briefing. Photo | Elizabeth Angira

Mayaka and Director of Gender Recovery Center Alberto Mwaura also praised Donya’s initiative and called for collective efforts against FGM.

Mwaura highlighted that FGM is one of the triple threats faced by the country, alongside gender-based violence and HIV/AIDS.

Mayaka expressed concern over the involvement of certain medical personnel in performing FGM secretly and under the guise of safety in hospitals.

“We must stand firm and never allow our parents and girls to be brainwashed by this practice,” she said.

They urged the public to report such cases to relevant authorities.

Esnahs Nyaramba, Chair of Young Democrats and founder of Onsembe Civil Society Organization, emphasized grassroots efforts to sensitize the community about the issue.

However, the medicalization of FGM

remains a challenge.

Nyaramba urged public support in achieving zero FGM cases in the region and encouraged men to speak out against harmful social norms both online and offline.

Wickliffe Nyachae Ombui, a Board member of the Minto Foundation, stressed the importance of empowering girls and putting an end to the practice.

Ombui pledged collaboration with the county to eliminate the menace faced by teenagers, ultimately promoting their success and women’s empowerment.

According to the Kenya Demographics Health Survey, FGM prevalence among women aged 15-49 has decreased from 21% to 15% nationally, although regional variations among different ethnic groups persist.

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NEWS IN BRIEF



KECOSO Attract Thousands In Narok

Kenya Communication Sports Organisation (KECOSO) games in Narok town have attracted over 3,000 people, with most hotels fully booked. The games, which include eleven disciplines, have attracted hoteliers, taxi operators, fast food operators, and beadwork hawkers. The organisers have allowed traders to set up stands at the stadium to sell and market their products, including saccos, caterers, and photographers. Some traders are selling more than they do on a normal day when there are no games. Soft beverage trader Nemama Soipai is optimistic that they will make huge profits from the games. Mark Naeni, a beadwork trader, praised the games organisers for choosing the William Ole Ntimama stadium to hold the games, stating that it has created a market for his produce.



Organization Offers Free Treatment For Patients With Ear Problems

The Ear Drop Operation Project, an organisation aiming to restore hearing, has provided free ear, nose, and throat (ENT) surgeries at the Nanyuki Teaching and Referral Hospital. The initiative aims to help Kenyans, especially those from rural areas, with hearing loss, which has been a challenge due to the high cost of treating ENT ailments. The project has helped 40 patients, including Joseph Mburu, Kennedy Ndegwa, and Catherine Wambui, who have undergone intensive ENT surgery. Nanyuki Hospital CEO Dr. Sammy Kilonzo explains that patients have to part with about Sh250, 000 for hearing loss treatment.



Nyeri County KICOSCA Team Optimistic Of Winning

Nyeri Governor Mutahi Kahiga has announced 18 teams for the Kenya Inter County Sports and Cultural Association (KICOSCA) in Meru County from August 21-26, 2023. The diverse teams will represent the county in various sports, including basketball, netball, badminton, and more. The 10th edition of the KICOSCA games will focus on celebrating nationalism through sports and culture, with the theme “Celebrating Nationalism through Sports and Culture.”



Men Cancer Awareness Launched In Nakuru

Nakuru County has launched a men’s breast cancer awareness campaign to promote early diagnosis and treatment and address stigma. Ms. Jacqueline Osoro, County Executive Committee Member, highlighted the importance of early detection and treatment for breast cancer, the leading cause of morbidity among women. Breast Cancer Awareness Month in October aims to increase awareness among men, as prostate cancer poses a significant threat.



Former Presidential Aspirant Proposed Bill On Kitchen Needs

Former presidential aspirant, Ambassador Esther Waringa, has proposed a bill to exempt taxes on basic kitchen items to reduce the cost of living in Kenya. The bill, currently in the Senate’s committee stage, aims to cushion Kenyans from rising prices of consumables like sugar, cooking oil, rice, flour, and cooking gas. Waringa, also the president of Public Service Governance, has donated sanitary pads and food commodities to women and children, ensuring they have access to essential resources.



Clean Up To Restore Thika Town’s Lost Glory

Kiambu County Government and the Thika District Business Association have held a weekly clean-up exercise to restore Thika town to its former glory. The exercise, which was introduced earlier this month, aimed to educate residents on the importance of waste management and the harmful effects of pollution on the environment and public health. The initiative has also ignited hope and enthusiasm among the local community, particularly businesses, for promoting environmental sustainability.

Jumbos Cause Havoc In Luisoi, Kieni In Nyeri County

Paul Kimani shows how elephant destroyed his house after they invaded his farm at night in Nairobi village in Luisoi location Kieni constituency of Nyeri County. There have been human/wildlife conflict in the area with villagers blaming Kenya wildlife service (KWS) for failing to contain the situation which is constantly recurring with massive destruction and loss of property.

Photo/PAUL MWANGI WANJIRU



Kenya-Indonesia Ties To Boost Asian Market Penetration

By: Presidential Communication Service

Kenya will work on scaling up its ties with Indonesia to increase trade. President William Ruto said the investment scope will also be broadened to bring about a balance of trade that is in favour of the South-east Asian country.

“We will seize our energies and create the necessary environment for increased trade between our countries,” he stated, also announcing Visa-free entry to Kenya for Indonesian passport holders.

Investment and trade between the two countries was valued at more than 86,580,000,000 last year.

The high-yielding areas of focus, the President highlighted, include textiles and apparel, energy, mining, and oil production and refining.

He made the remarks yesterday at State House, Nairobi, during a bilateral meeting with the President of Indonesia Joko Widodo on his State

Visit to Kenya.

The two leaders also jointly addressed the media.

He said Kenya will be seeking the support of Indonesia to penetrate the Association of Southeast Asian Nations, a fast growing trade bloc in Asia.

He explained that Kenya will also work with Indonesia to attract global firms to invest in value addition chains.

President Ruto stated that the move will help Kenya grow its industries and attain a trade balance with Indonesia.

He added that Kenya will cooperate with Indonesia in textiles and apparel, energy, mining, oil production and refining sectors.

“These sectors will grow our bilateral investment portfolio and contribute to increased trade.”

The President argued that the Government is particularly eager to facilitate Indonesian firms to invest in edible oil processing.

“Indonesia’s investment will support the Government’s efforts to en-



President William Ruto and Indonesian counterpart Joko Widodo during bilateral meeting on his State Visit to Kenya..

sure affordable and accessible edible oil for the majority of the Kenyan people, especially in rural areas,” he said.

President Widodo pledged to work with Kenya for their shared prosperity.

He said his country was keen to en-

sure the partnership with Kenya was beneficial to the people.

Senate To Hold Special Sitting To Consider Motion Legalizing National Dialogue Committee

By: PHIDEL KIZITO

The senate is set to convene a special sitting next week to adopt a motion to consider the National Dialogue Committee that is mandated with finding a common ground for the political stalemate in the country. Speaking during a press briefing at the Bomas of Kenya yesterday, the Kenya Kwanza Bipartisan team led by Na Kimani Ichungwa indicated that they are keen on having the talks held within the ambit of the constitution hence the need to have it pass through both the houses of parliament.

“We appreciate the good progress made so far in terms of adoption of the motion for giving legal anchorage to this process in the national assembly. That has now proceeded to the senate,” Ichungwa stated.

The Senate which resumes early

September from its recess, Ichungwa says, will hold the sittings early in the interest of its magnitude and the sixty-day time frame set for it.

“We have given notice for convening of a special sitting by the senate next week so that they are able to consider that motion as from Tuesday, there are concerns that days are running. It is good to confirm to the country that those days will start counting when that motion is formally adopted by the Senate,” he added.

Ichungwa further revealed that the committee has finalized the preliminary issues which includes the revision of the framework agreement that will act as a guiding light for the talks henceforth.

The 10-member team negotiating the 2022 post-election crisis will report to President Ruto and Azimio One Kenya Coalition Leader Raila Odinga within 60 days, according to a motion approved by MPs.



Be Honest Through And Through



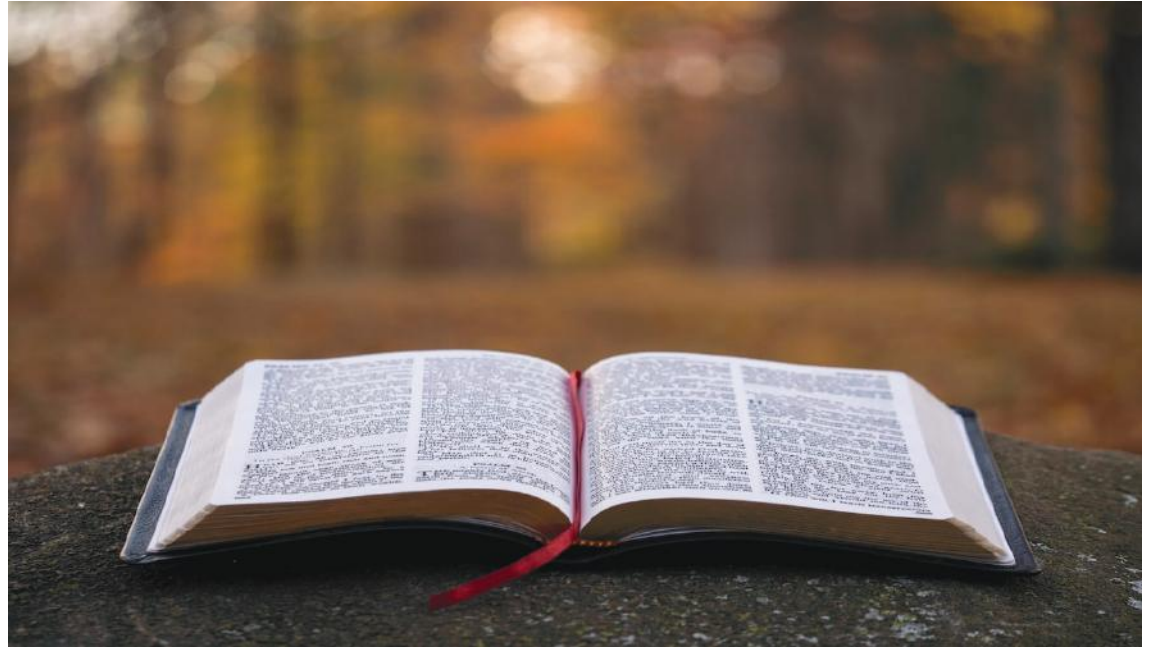
By: Eric Musa
EMEA.ericmusa@gmail.com

We must discipline ourselves to be truthful in all that we say. The Scriptures' intent is not to rule out having fun with our friends, indulging in playful exaggeration, or even telling fanciful tales. But God's Word does call us to BE HONEST THROUGH AND THROUGH, to never lie or equivocate to save face or to stay in the good graces of others. We must never be careless about the truth. We must measure our words. If we deceive we must immediately admit it, because deception can become a habit. William James, in his classic Principles of Psychology, put it this way:

Could the young but realize how soon they will become mere walking bundles of habits, they would give more heed to their conduct while in

the plastic state. We are spinning our own fates, good or evil, and never to be undone. Every smallest stroke or virtue or vice leaves its ever so little scar. The drunken Rip Van Winkle, in Jefferson's play, excuses himself for every fresh dereliction by saying "I won't count this time!" Well! He may not count it, but it is being counted nonetheless. Down among his nerve cells and fibers the molecules are counting it, registering and storing it up to be used against him when the next temptation comes. Nothing we ever do is, in strict scientific literalness, wiped out. Of course, this has its good side as well as its bad one.

We MUST DISCIPLINE OURSELVES TO TELL THE TRUTH, for truth can become a habit — something we do without thinking. Habitual honesty — integrity — must be the goal in all our dealings. We must DISCIPLINE OURSELVES NOT TO SUCCUMB TO THE SO-CALLED "SMALL THINGS": the occasional phone theft, or time stealing, or misappropriating the office supplies, or indulging ourselves in the largesse of an expense account, or estimating mileage to our favor, or twisting the truth ever so slightly. If



this discipline becomes habitual, the "big things" will take care of themselves.

"Sow an act, and you reap a habit.

Sow a habit and you reap a character.

Sow a character and you reap a destiny for yourself your family, your church, your world."

AMEN, AMEN. GOD HELP US IN EVERY WAY. HALELUJAH.

References:

The Living Bible

Discipline of a Godly Man (Book by Kent Hughes)

Evangelist Eric Musa:

(My message continuously: If you are not saved: Believe, accept, receive and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit, as it is written; "NOW is the acceptable time, TO-

DAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion, and to support the ministry contact Evangelist on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember, God Loves you and I unconditionally, perfectly and always: SHALOM

I Will Challenge Njuki In Senatorial Contest To Save Tharaka Nithi From 'Impunity'-MCA Ing'ara

By: Dennis Mutua
@themtkenyatimes

Igambang'ombe MCA Njeru Ing'ara has vowed to face off with the current Tharaka Nithi Governor Muthomi Njuki if he declares interest in the senatorial position after serving his second term as a governor.

According to Ing'ara, the governor has lowered the dignity of the County from graft allegations, where recently EACC recommended that Njuki be investigated together with several other governors over alleged embezzlement of public funds.

"Tharaka Nithi has had a clean reputation through Professor Kithure Kindiki but as things stand our image is at stake from graft allegations facing our governor," Ing'ara lamented.

The MCA argued that constituents haven't benefitted from the County government, a thing he noticed during his oversight as representative of the people.

Thus to save the County from sinking, the outspoken MCA said he is ready to



Igambang'ombe MCA Njeru Ing'ara.

wrestle down with governor Njuki in case he views as Tharaka Nithi senator come 2027.

"If the current governor goes for the senatorial position come 2027, I will also go for it so that we save Tharaka Nithi from captivity. I am ready to pay the price for the sake of residents," he vowed.

His statement comes a few days after governor Njuki told his political foes

that he will not be exiting local politics even after serving his second term as Tharaka Nithi County boss.

In several functions, Njuki boldly stated that he is born and raised in the County and thus let no one expect him to exit political stage after his two terms raising concerns over the next position he might be going for.

"I am not a DCC and neither am I a County Commissioner who can be trans-



Tharaka Nithi Governor Muthomi Njuki ..

ferred from one region to another. I am born and raised in Tharaka Nithi County and thus I will still remain around. Let whoever feels bad about me move away instead because I will remain within doing what elders do," Njuki said as he launched projects in the County.

Notably, his close handlers including public administration and devolution CECM Muthini Karangi and Karingani MCA Murithi Gaturo have also been on

record asking the governor not to exit politics.

According to Gaturo, every community has a kingpin who directs residents on the next political move and in Tharaka Nithi Njuki is best suited for the position, a role he can't play outside politics.

Now being barely a year after elections, residents remain to watch as events unfold amid war of words amongst the political class.

Governors Should Heed Ruto's Call To Shun Corruption, Wastage And Mismanagement Of Public Resources



By: Joseph Mutua Ndonga
mutuandonga@yahoo.com



Worth Noting:

- Your days are numbered. You owe it to the public to account for every penny of the funds that had been allocated to your respective devolved units.
- Half of them, who failed to respond to the audit queries, were arrested and charged in various courts. They were found guilty and locked up in jails without an option of fine.
- In Kenya, the story is the same. Though no conviction has ever been secured, the vice had permeated the core of the devolved units.
- Since the 2010 constitution birthed the devolved units, a number of the current and former governors were on the spotlight.



President William Ruto..

When the devolved governments were introduced in Nigeria, the pioneer governors thought it was the time to eat.

While behaving like 'mini presidents', many of them embarked on an orgy of massive looting, wastage and mismanagement of taxpayers' money.

The public bore the greatest brunt. The actions of their governors drastically hampered the provisions of the critical services and rolling out of meaningful development projects that would turn-around and better their lives.

During the campaigns, they had made lofty promises. It turns out that this was just a political card aimed at luring us to vote for them.

In the meantime, the President of Nigeria at the time kept warning these governors to shun the vice, failure to which they will face the full force of law.

"As the President, I have a constitutional duty to protect the public funds and other resources. So I will not sit and watch you sabotage and run down our economy," the president said.

"Your days are numbered. You owe it to the public to account for every penny of the funds that had been allocated to your respective devolved units," he

added.

Half of them, who failed to respond to the audit queries, were arrested and charged in various courts. They were found guilty and locked up in jails without an option of fine.

In Kenya, the story is the same. Though no conviction has ever been secured, the vice had permeated the core of the devolved units.

Since the 2010 constitution birthed the devolved units, a number of the current and former governors were on the spotlight.

Some had already been arraigned in courts after the anti-graft bodies concluded the Investigations.

We would only be treated to a drama when each was having a day in court.

After this appearance, the county CEO would be let off the hook by being released on a bond or a cash bail.

The county governments started operating during the reign of President Uhuru Kenyatta.

Though he used to talk tough, Uhuru left power before anyone was successfully convicted.

Any time Uhuru pointed accusing finger at the governors, they would always

hit back.

The governors said President Kenyatta had no constitutional power to tell them to quit.

"We were elected by the people the same way as you, it is only people who can remove us from the office. This is after five years when we shall go back to seek fresh mandate from them," governors could always reiterate.

Again, you have no power to investigate leave alone prosecuting anyone of us.

This power is vested in the hands of independent offices created by the constitution.

This would leave Kenyans with many questions. Where did we go wrong? Did we fail to interrogate the draft constitution and pass it blindly during the referendum?

This is because the governors seem to be untouchable and were behaving like 'small god'.

As such, this makes the president we elected to look like a toothless bulldog.

The other day the leadership of the 47 county governments in Kenya convened the eighth Devolution Conference that coincided with the marking of

10 years since the devolved units were established.

In his opening remarks, President William Ruto minced no word in calling on the governors to shun corruption, wastage and mismanagement of public resources.

I will not sit down and watch you engage in this vice at the expense of meeting the public expectations.

Kenyans want development projects and provisions of the services that would better their lives. That is why they elected you.

If your business now is stealing, then you are not worth to be called leaders and the law will follow its course.

As we know, the President took the oath office to manage and protect public resources of all Kenyans.

These resources must be spent prudently and in accordance with the provisions of the constitution and other laws that governs public financial management.

So, will President Ruto succeed from where his predecessor failed?

For me, I think he will. First, the law is on his side. He is the overall CEO of this whole nation.

So he has a responsibility to safeguard the interests of all Kenyans.

As a governor, you have no legal power to tell him not to pursue you when you commit a crime. The constitution only shields the President from being prosecuted during his or her tenure in office.

It is true the President will not come for you (governor) directly.

He is however entitled to call on the investigative arms and the judiciary to pull up their socks and take action against you. This is because the buck stops with him if the country goes into the wrong direction.

The other reason is. Dr Ruto is a decisive hands-on President. So you would not expect him to throw up his hands and ask 'what do you want me to do'.

Former President Uhuru had at one time surprised Kenyans when he posed that question.

This was during a meeting held at State House that brought together heads of anti-graft bodies and security agencies.

The public reactions were swift and many Kenyans observed. You have heard what the President has said. We are now on our own. Our fate now lies in the hands of God.

In conclusion, allow me to say this. The corrupt riddled governors were taking advantage of the Constitution and Judiciary to shield themselves. I therefore support the position of those saying that we need to review and amend some provisions of the constitution.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Elephant Awareness Campaigns To Cover 3200 Kilometres



Conservationist, Jim Justus Nyamu in Bungoma with KWS and area County officials.

Worth Noting:

- He says they expect to arrive in Uganda on Friday and be handed over by Kenyan police to Ugandan police and the Uganda Wildlife Authority (UWA).
- “We know that elephants that we share with Uganda used to go all the way to Kidepo Valley National Park and also all the way to Mabira Forest, but because of the influx and the expansion of the human population, they are now found within Mt. Elgon,” he pointed out.

By: Moses Wekesa

📧 @themkenyentimes

A renowned conservationist, Jim Justus Nyamu, is targeting to travel 3200 kilometres to create awareness about elephants through the Ivory Belongs to Elephants; East and Central Africa Awareness Campaign.

He arrived in Kakamega on Friday last week after spending 20 days on the road from Nairobi, where he left on July 29.

Nyamu, who is the director of the Elephant Centre, together with his team of environment enthusiasts are leaving Kakamega and heading to Congo, passing through Mumias, Bungoma, Busia, Uganda, and Rwanda.

This walk is the 16th edition of the campaign and will bring the total number of kilometres he has travelled since he began the campaign to 21,700 kilometres.

He passed through Kakamega in 2016 on his way back to Kenya after completing the Walk in East Africa from Nairobi, Dar es Salaam, and Morogoro all the way to Kampala,

Uganda, and back to Kenya.

During his stay in Kakamega over the weekend, Nyamu joined other environmental groups, the Rotaract Club of Kakamega and the Mulembe Women Caucus, for a tree planting exercise at Khayega Police Station and Kakamega Forest.

He says they expect to arrive in Uganda on Friday and be handed over by Kenyan police to Ugandan police and the Uganda Wildlife Authority (UWA).

“We know that elephants that we share with Uganda used to go all the way to Kidepo Valley National Park and also all the way to Mabira Forest, but because of the influx and the expansion of the human population, they are now found within Mt. Elgon,” he pointed out.

He said during their walk, they will cross all the way to Kagitumba, which is the border of Uganda and Rwanda, and cross to Akagera National Park, which has over 130 elephants.

From the park, they will head to Virunga National Park in the Democratic Republic of Congo and finally into Garamba National Park.

“We are cognizant that the number

of elephants in Africa has come down since 1979, when Africa was hosting approximately 1.3 million elephants. Recently, 30 countries have come together to form the African Elephant Coalition,” he explained.

He said Uganda has approximately 5000 elephants according to data from the Wildlife Conservation Society of Uganda, with Kenya’s elephant population increasing to 36,280 according to the Kenya National Wildlife Census Report of 2021.

“Rwanda has approximately 100 elephants, with the DRC Congo having about 10,000,” he added.

Nyamu says that through the campaign, The Elephant Centre is trying to support the African Elephant Action Plan, strengthening the cross-border elephant action plan while also supporting the Kenya Wildlife Service, Uganda Wildlife Authority, and other East and Central African countries conservation efforts.

“Congo, at some point, had crossed 300,000 elephants but has lost close to 80 per cent of their elephants due to various factors,” he said.

Apart from creating awareness about elephants, Nyamu said they will also

create awareness about other wildlife and advocate for environmental conservation efforts.

“This campaign is actually to create awareness about the plight of elephants; we use elephants as our flagship species. We do know that some of the areas that we are passing have no elephants, but there are other species that are of concern, like in Nandi, where we raised the flag for the Sitatunga antelopes and also the habitats. In Kakamega, we have the Kakamega Forest,” he added.

Kakamega Central Deputy County Commissioner Ndalya Ngaya, who flagged off the walk from Kakamega, commended Nyamu for his contribution to conserving the biggest land animal, ensuring that we retain the ivory on the elephants, and also engaging in climate and environmental protection.

DP Gachagua Asks Boda Boda Riders To Guard Subsector Against Infiltration By Criminal Gangs

By: DPPS

Continued from page 1

Worth Noting:

- The Deputy President cautioned against attempts to allow criminal gangs, particularly in the Mt Kenya region, where he said attempts were made to revive the outlawed Mungiki criminal gang to wreak havoc during anti-government protests.
- “There were attempts to revive the outlawed group (Mungiki) and their leader was being used by Azimio to get support and cause chaos. This Government will not allow the revival of criminal gangs anywhere in this country even if they hide in Opposition politics. It was a ruthless gang as it did unthinkable things. That gang should not come anywhere near the bodaboda enterprise,” said the Deputy President.



Deputy President Rigathi Gachagua during the launch of Nyandarua County's Boda Yangu Ofisi Yangu training programme

law, Gachagua said the police have been asked to work with them in bringing sanity to the subsector.

“We have told the police that bodaboda riders are not criminals; they are businessmen. They should be respected and not be harassed. But the riders should also follow the law and traffic rules. Let us not allow boda boda business to be infiltrated by criminal gangs. Don't allow criminal elements in your enterprise. Be your own policemen and be vigilant,” said Gachagua at the Kenya Methodist University, Nairobi Campus.

The programme, which is sponsored by the Nyandarua County Woman Representative Faith Gitau under the National Government Affirmative Action Fund will train 256 riders on savings and investment uptake of National Health Insurance Fund, road safety and etiquette, among other soft skills.

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“There were attempts to revive the outlawed group (Mungiki) and their leader was being used by Azimio to get support and cause chaos. This Government will not allow the revival of criminal gangs anywhere in this country even if they hide in Opposition politics. It was a ruthless gang as it did unthinkable things. That gang should not come anywhere near the bodaboda enterprise,” said the Dep-

uty President.

He stated that the Ruto Administration is investing in various ways in small-scale businesses such as the introduction of electric motorcycles and implementation of the Hustler Fund.

“Boda Boda is a critical subsector to the economy of the country. Earning an average of Sh1,000 per day, the over 1.2 million riders are supporting up to six million people while injecting about Sh365 billion to our economy annually. The subsector has also provided job opportunities, with the youth being the most beneficia-

ries accounting for 75 per cent of the total riders,” Gachagua stated.

He added that soon he will meet national leadership of the Bodaboda operators over the challenges the riders have been facing such as lack of a database.

In regard to alcoholism, the Deputy President said that although the government was making progress in eradicating illegal and illicit brews in Central Kenya region, some governors have become a hindrance to the crackdown.

He, however, said that despite the challenges arising from the county

bosses, the fight against alcoholism and drug abuse was unstoppable and there was no compromise.

“That fight is unstoppable and there is no compromise. I am not embarrassed about it,” said the Deputy President.

The Deputy President said governors who are not working to eliminate illicit alcohol and substance abuse will not be supported in the next elections.

“During Sagana meeting I told them that if they do not help us in this fight against alcoholism and drug abuse, which are likely to wipe out an entire generation, at the right time I will call them out. In the next election cycle, I won't support any governor who has not worked with us in eradicating alcoholism,” said the Deputy President.

He continued: “I want to challenge the governors in Mt Kenya region, those who are not willing to help us in this fight against alcoholism and drug abuse should not expect support from some of us”.

He stated that the region was at risk of losing a generation and families due to alcoholism. He noted that poisoned liquor had been dumped in the region by rogue manufacturers and distributors during the previous administration.

“We are working hard to eradicate the illicit brews which were dumped in the region. I thank the leaders and officers of the National Government Administration. We are 70 per cent successful,” said the Deputy President.



Deputy President Rigathi Gachagua during the launch of Nyandarua County's Boda Yangu Ofisi Yangu training programme

A Dear Teacher



One of the most important things for a person to achieve huge goals is to take the first step. A person who is afraid to take the first step will never achieve goals. Ambitions just keep getting caught up in imagination. As if babies who are now learning to walk need a helper, a person is also need support to take the first steps towards Great Goals. Personally, I was also given such support...

I will not exaggerate to say that my favorite teacher, Firuza Sattorova, was the one who caused me to be among the most leader youth of our district nowadays. Firuza Sattorova has been active for several years in the role of Primary Organization leader in Denov district 24th school. I was also encouraged to become a district captain by introducing me to the Kamalak Children's organization. In 2018, on the advice of my teacher, I was elected as a press captain of the District council of Kamalak children's organization. After that, every day I tried to be with my teacher, and my love and enthusiasm increased for her even more. The difference between my teacher and other teachers was that she could see everything with a special look. Not only me, but also a huge number of students at school were taught this. My teacher did not know what hypocrisy was, and she approached every job from the bottom of his heart. No student in

our school could be left behind in the projects that was organized by Firuza Sattorova. Together with my teacher, we would come up with such a novelty that students were also fascinated by teachers. My teacher was distinguished from others not only in one school, but also in a whole district by her hard work, resourcefulness, special worldview and high leadership skills. Many activities and competitions were organized by my teacher, such as "Clean hands", "Your job is your future", "Young reader", "Talented kid", "Speaking Club", "Rainbow polishes", "Five initiatives are five opportunities" have created opportunities for many pupils to show their talents.

Within very few time, they were able to achieve the love of every student at school. My teacher also became a psychologist for students. During my career as a captain, I have witnessed many times that in some schools the leaders are allocated large and comfortable rooms so that they can work with pupils. But students do not even go into this room. And from the small room of my master, the students' steps were not interrupted. Even during the break, students would not fit into the room; all of them would come with a new proposal, initiative. My teacher would listen carefully and help each student.

With her productive activities, made a huge contribution to the growth of the career of the school, to the manifestation of the talent of students. Although currently she is operating as a teacher of Informatics, not the leader of the Primary Organization at the 24th school, she is one of the most passionate, enterprising and dear teachers of the school.

Even though I am not studying at this school right now, I am also with them every minute. I remember those moments when I took my teacher's hand and tried to learn lessons in the field of leadership with intense excitement and longing. It doesn't matter when, where I am, of course. Because for a lifetime Firuza Sattorova will remain my most dear, favorite and valuable teacher...

Ochildiyeva Shahnoza
Uzbekistan

My mother tongue



My tongue that entered my ear as lullaby,
My valiant tongue in the bosom of the
ages,

I will write you every moment,
My blood, my language, oh, my motherland.

Come strolling, meaning my language,
Always sing like a nightingale my tongue,
He has the spirit of Navoi, he has Babur,
Let every dialect be beautiful, my
language.

Every word has a hundred meanings in my
mother tongue,
Every flame is a fire in every heart,
Everything ripples in this language,
Endless treasure, legend in my tongue.

This is my language, which the whole
world respects.
This is my language, inherited from my
ancestors.

Abdunazarova Khushroy was born on
December 21, 2008. She is 15 years old.
Currently, she is a pupil of 8th grade of
the 15th DIUM of Mingbulak district,
Namangan region. She is interested in
English and Mathematics. She wants to
become a interpreter in the future. And
also she is a member of the international
organization "All India Council for Technical
skill development".

Dreams



Dreams... Like a person, dreams never
lived.,
From every trace, finding without love,
A million questions in his heart,
Hope waited, dreams of a false covenant...

Buried. The faithfulness of love is buried,
Ishq. I made a mistake in your trust,
The life of the heart is shriveled,
Thoughts disappearing from pain...

Astana.

Don't make me feel that you don't love
me once
I lived.
Pampered and deceived dreams...

Tell the world!
What is love? One question.
Was it our fault that Laila Majnun was
crazy?
Halfway we lost half of us,
Mountains cry in my thoughts. Thoughts...

It came without a trace and left without
a trace, without noticing...
Dreams...

Zafar NUR, Uzbekistan, Navoi

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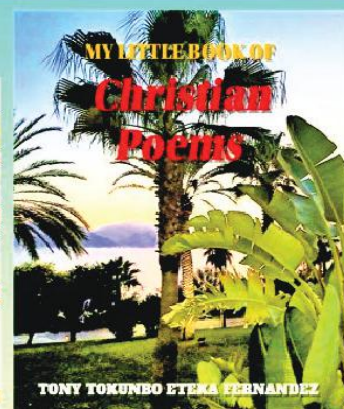
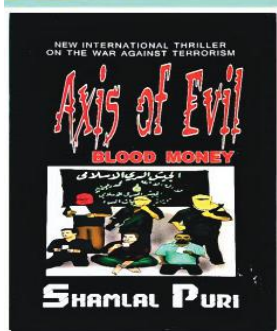
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CLIMATE

Climate Action zone Launched Ahead of African Climate summit

By: Eric Wanjala
@themtkenyatimes



From left Susan Boit, Kenya Water Towers agency, Hon. Jackline Koin Alliance for Science Resilience Ambassador, Dr. Sheila Ochugboju Executive Director Alliance for Science, Janet Macharia, Min. of Foreign Affairs and Ake Mamo Communications Director, Alliance for Science..

Worth Noting:

- Dr Ochugboju who is the Executive Director of Alliance for Science has urged key partners to come together during the climate action zone in support of the climate action agenda.

- “The Climate Action Zone is designed to strengthen resilience and adaptive capacity to climate-related challenges. We want to provide a space for youth, farmers, and women to engage in conversations about the available solutions for mitigating the effects of climate change,” says Dr. Sheila Ochugboju.

- The Climate Action Zone is intentionally crafted to be inclusive and youth-centric, facilitating open and candid discussions on topics that might need to be more prominent during the main Summit’s agenda.

As Kenya prepares the First African Climate summit that is prone to happen in a week’s time, Saturday Alliance for Science has launched the Climate Action Zone (CAZ) in collaboration with the United Nations Environmental Programme (UNEP), the Africa Development Bank, The Green Climate Fund, The International Federation of the Red Cross (IFRC), and TEAR Fund.

The event is designed to complement the Africa Climate Summit, which will take place in Nairobi from September 4th - 6th. This dynamic platform aims to bring attention to locally-driven climate initiatives throughout Africa. The venue for the Climate Action Zone will be the Radisson Blu Hotel in Upperhill, Nairobi. Radisson Blu Hotel will allow partners to focus on climate action to accelerate progress toward achieving

the Sustainable Development Goals (SDGs).

Dr Ochugboju who is the Executive Director of Alliance for Science has urged key partners to come together during the climate action zone in support of the climate action agenda.

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Speaking at the launch, Janet Mach-

aria from the Ministry of Foreign Affairs said that the climate action zone will provide an opportunity to interrogate gender-differentiated impacts of climate change, focusing on solutions.

“It is time to show the world that women are at the forefront of climate change adaptation and that Africa is moving forward in implementing mitigation measures,” she said.

The press conference was a call for sharing the principal highlights and goals of the Climate Action Zone, underscoring the Alliance for Science’s dedication on fostering comprehensive dialogues regarding climate actions from various perspectives.

Speaking on behalf of Phillip Thigo, Executive Director of Thunderbird School of Global Management, Kate Idwasi said Thunderbird played a pivotal role in rallying support for

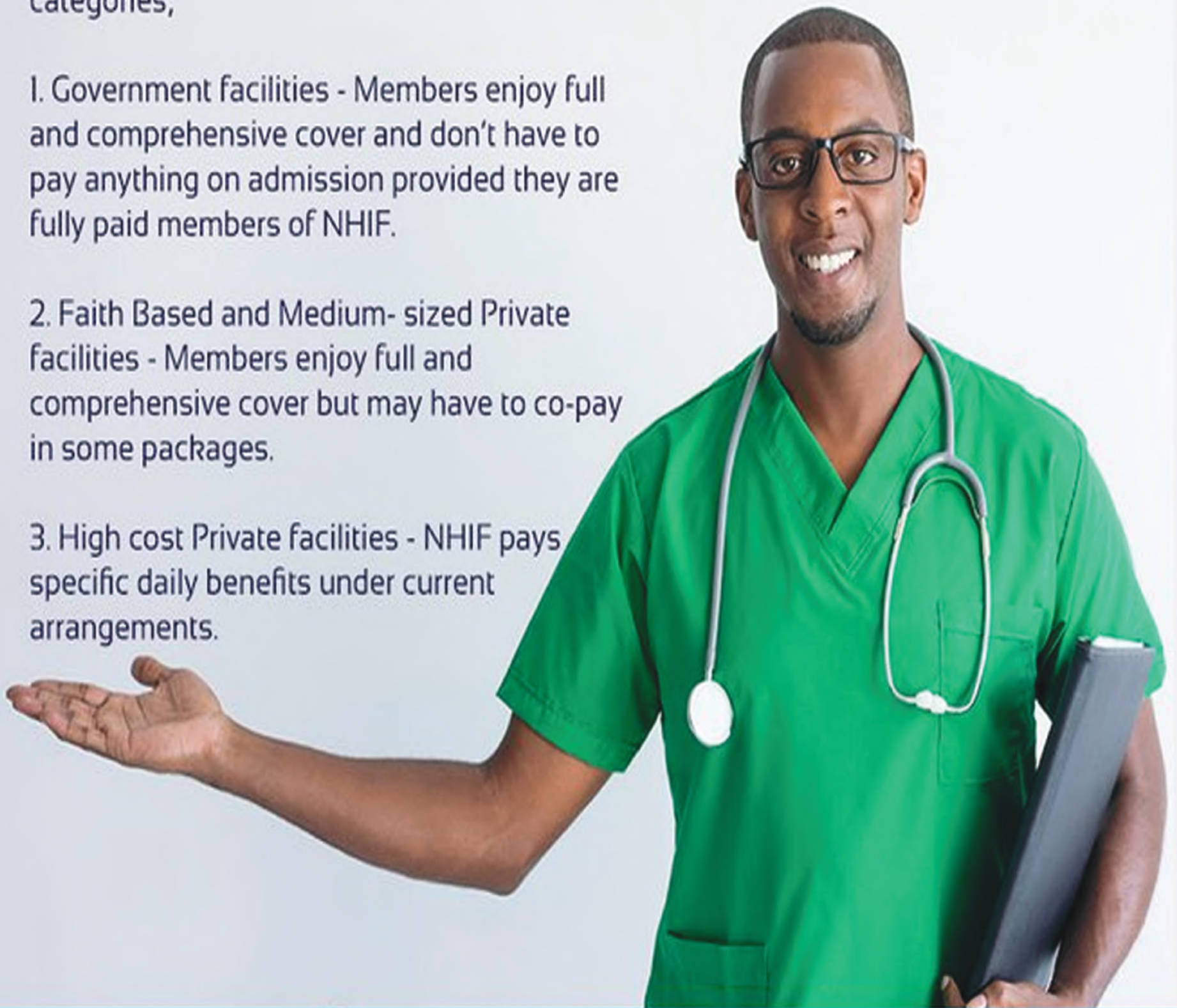
President William Ruto’s climate action, education, creative economy, and space initiatives. “During that event, we made substantial commitments that include generating momentum and concrete action around the Africa Climate Summit and the President’s climate agenda,” she added. “Climate change is an existential threat, necessitating collective efforts from academia, civil society industry, and governments to realize their nationally determined contributions.” The event will be a platform to harness solutions and advanced carbon accounting methods through discussions with the Africa Green Building Summit, Mama Doing Good, and South-South Collaboration.



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Kenya National Qualifications Authority Working To Address Skills Mismatch In The Country

By: Capital Correspondent



KNQA acting Director General Alice Kande.

Worth Noting:

- The Ministry of Education has already embarked on review of the Recognition of Prior Learning (RPL) policy framework in order to align it to the new National Economic Agenda – the Bottom-up Economic Transformation Agenda (BETA).
- The Presidential Working Party on Education Reform (PWPER), which released its report this month recommended the implementation of Recognition of Prior Learning (RPL) policy and Credit Accumulation and Transfer Systems (CATS) in Kenya.
- In a report presented to President William Ruto, the Prof Raphael Munavu led team also proposed need for more awareness creation on Recognition of Prior Learning and Credit Accumulation and Transfer Systems.

The Kenya National Qualifications Authority (KNQA) is working closely with the industry to address the paradox of skills mismatch in the country, acting Director General Alice Kande has said.

Speaking in Kisumu during an panel discussion on TVET with the theme Strengthening and sustaining linkages with the industry and TVET systems, Dr Kande said the government is keen to address the gap by developing and implementing a robust Recognition of Prior learning (R-PL) system to ensure that skills and competencies relevant to the industry needs are recognized and certified.

The event, which attracted more than 70 participants, was organized by Humber College, Bondo Technical Institute and Sigalagala National polytechnic.

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In a report presented to President William Ruto, the Prof Raphael Munavu led team also proposed need for more awareness creation on Recognition of Prior Learning and Credit Accumulation and Transfer Systems.

“We recommend the development

of a framework for linkages among TVETs to remove duplications and create centres of excellence based on niche,” reads the report that the President has directed its immediate implementation.

Dr Kande emphasized that KNQA will ensure the maintenance of standards, quality, and relevance at all levels of Kenya’s education and training sector.

“The Authority has established and maintains the Kenya National Qualifications framework (KNQF) that provides a system for the articulation, classification, registration, quality assurance, and monitoring and evaluation of national qualifications as developed in accordance with KNQF Act,” said Dr Kande.

She observed that the framework ensures seamless transition of TVET learners to labor markets/industry and provides for vertical and horizontal mobility of learners to facilitate access and progression within education & training.

“Through its involvement with TVET and the industry, the Authority ensures that fake credentials do not infiltrate the labor market ensuring that industries confidently recruit skilled professionals,” added Dr Kande.

Among its key functions, the Authority significantly coordinates the development of policies on national qualifications.

“The Authority is currently developing a policy on National Curriculum Development that will address the inconsistencies in the curriculum development process and implementa-

tion in Kenya, leading to uniformity in the development of curricula and training programs/courses by various actors resulting in nationally, regionally, and internationally recognized qualifications,” added Dr Kande.

She noted that the policy will be applied to effectively coordinate and harmonize the national curriculum development approach to produce quality skilled human resources with the right attitude and values required in the emerging trends in the industry and for the growth and prosperity of the various sectors of the economy.

Dr Kande added that collaboration between industry and academia can create a lively and receptive framework for offering advisory on market-driven courses.

“Industry experts possess real-world insights into the rapidly evolving market trends, skill demands, and emerging technologies. By actively engaging with academic institutions, these experts can provide valuable guidance on curriculum design, ensuring that courses align with the current and future needs of the job market,” said Dr Kande.

She went on: “With strong collaborations, the industry can provide real-world insights, expertise, and resources to enrich student’s learning experiences, ensuring their skills align with current market demands. In tandem with this, academia can contribute by tailoring curricula to meet industry needs, integrating theoretical knowledge with hands-on training.”

Dr Kande added that industry-sponsored internships, attachments and

apprenticeships offer students opportunities to apply classroom learning in real work settings, enhancing their employability and soft skills.

“The collaboration between industry and academia can cultivate a mutual relationship that produces well-rounded graduates equipped with the skills and experiences required for successful careers in the ever-evolving job landscape,” said the acting Director General.

She added that collaboration between industry and academia is crucial for developing curricula that effectively align with the dynamic and evolving needs of the labor market.

“Both parties can bridge the gap between theoretical knowledge and practical application, ensuring that graduates are well-prepared for the labor market challenges. Industry input can provide valuable insights into emerging trends, technological advancements, and skill requirements, enabling educators to tailor curricula to equip students with relevant and up-to-date expertise,” added Dr Kande.

WHO Launches New Global Initiative On Digital Health Supported By G20 Presidency

By: Christine Muchira



Picture by © WHO / Danielle Alakija

Worth Noting:

- The GIDH initiative aims to bring countries and partners together to achieve measurable outcomes by developing clear priority-driven investment plans for digital health transformation.
- Similarly, by improving reporting and transparency of digital health resources and facilitating knowledge exchange and collaboration across regions and countries to accelerate progress.
- Also supporting whole-of-government approaches for digital health governance in countries; and increasing technical and financial support to the implementation of the Global Strategy on Digital Health 2020–2025 and its next phase.
- WHO and partners announced substantial commitments in cash and kind from multiple stakeholders to support the launch of this new Initiative.

The World Health Organization (WHO) and the G20 India presidency announced a new Global Initiative on Digital Health (GIDH) Saturday at the Health Minister’s Meeting of the G20 Summit hosted by the Government of India.

The new GIDH initiative (pronounced “guide” for short) will operate as a WHO-managed network and platform to support the implementation of the Global Strategy on Digital Health 2020–2025.

WHO serves as the Secretariat for the strategy implementation to converge and convene global standards, best practices and resources to fast track digital health system transformation. “We thank the G20 countries and the India G20 Presidency for recognizing WHO’s unique role and strengths in this area and supporting the establishment of the new GIDH network,” said Dr Tedros Adhanom Ghebreyesus, WHO Director-General. “Continued support and collaboration of the G20, devel-

opment partners and international organizations will be necessary to accomplish together what none of us can do alone. WHO is committed to working with countries to strengthen their capacities and to improve access to quality-assured digital solutions for a healthier, safer, fairer future.”

Speaking at the launch, India’s Union Health Minister Dr Mansukh Mandaviya said, “Today was a momentous day in the history of the G20 Health Working Group, wherein G20 countries not only identified a priority for its relevance but collectively worked towards its launch.” The new Global Initiative on Digital Health is one of the key deliverables of India’s G20 Presidency.

Since the first WHO resolution on ehealth in 2005 that led the pathway for development and adoption of the WHO Global Strategy on Digital Health, over 120 WHO Member States have developed a national digital health policy or strategy.

While recent experiences during the COVID-19 pandemic resulted in a boost in digital health use, many countries express the need for support to move from product-focused and pilot digital health initiatives to establishing national digital health infrastructure with appropriate governance, policy and a competent health workforce needed to select, maintain and adapt digital health interventions.

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creasing technical and financial support to the implementation of the Global Strategy on Digital Health 2020–2025 and its next phase.

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Digital health is a proven accelerator to advance health outcomes towards achieving Universal Health Coverage and the health-related Sustainable Development Goals by 2030.

Digital health interventions improve health care in many ways, from supporting individuals in managing their health and wellness journeys, to enabling care providers to adhere to guidelines and provide high quality care, to strengthening health systems by improving supply chains and workforce management.

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Fennel And Its Use In Folk Medicine

By: Khamidjonova Sarvinoz
 Khamidjonova Sarvinoz
 @themtkenyatimes



Fennel

Worth Noting:

- Its homeland is Asia Minor, the CIS, and it is cultivated by some farms and residents in the Central and Southern regions of Europe. Fruits and seeds are collected in August and September.

- The fruits contain fatty oil (from 8 to 24%) and essential oil (from 1.2 to 3.2%, sometimes up to 6%). The essential oil contains anethole (85-90%), methyl havinol (10%), fennel aldehyde, ketone and fennel acid. The essential oil has a unique aroma and sweet taste.

- The essential oil contains anethole (85-90%), methyl havinol (10%), fennel aldehyde, ketone and fennel acid. Essential oil has a unique aroma and sweet taste. Ibn Sina recommended using it to increase urine output, to improve the function of the uterus, liver and spleen, and to treat old malaria.

ANISUM VULGARE, PIMPINELLA ANISUM GAERTH L.

Rozionaj is an Arabic name, Arabicized from Persian. In Persian it is called raso. Bodiyon is also Persian; Uzbeks and Persians commonly say bodiyon.

There are two types of it, one is wild and the other is cultivated. Its nature is hot at the beginning of the III degree, dry at the end of the III degree. But Bukrot Hakim called it hot on the II level and dry on the I level. The seed is hotter than the leaf. The root is stronger than other parts.

An annual, herbaceous plant 30-60 cm tall. The upper and middle leaves are divided into small pieces: alternately arranged keeled round kidney-shaped or heart-shaped. The flowers are small, five-petalled, falling off in a calyx, and emerge from the ends of the plant branches in the form of a bouquet. The chanchisi has five, the urutu has two columns, and the knot is below. Fruits are brown-gray, egg-shaped, two-seeded. This plant has a unique smell, blooms in July-June, and fruits in August. It is known in all languages as anise. The new type is the best. Heat is harmful to the client. It has an opening property and increases the damage.

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oil has a unique aroma and sweet taste. The essential oil contains anethole (85-90%), methyl havinol (10%), fennel aldehyde, ketone and fennel acid. Essential oil has a unique aroma and sweet taste. Ibn Sina recommended using it to increase urine output, to improve the function of the uterus, liver and spleen, and to treat old malaria.

Amirdavlat Amasiatsi says that if it is lit, it will help in any cold. The vapors help in the cold form of ogrik and make the taste in the mouth pleasant. It also heals a person with a swollen face. If the seeds are crushed and eaten mixed with raisins, it relieves dry throat. Helps in eye disease. Cleanses the chest and lungs of harmful moisture. It also cures cough, dissolves bile and expels it from the body, and expels abdominal pain. It opens the liver, spleen and kidneys, eliminates urinary retention, induces menstruation in women, and increases sexual desire. Shilimshik quenches the thirst caused by humidity. Shilimshik helps in all types of malaria specific to the client. It also eliminates the harmful effects of toxic drugs and has a diaphoretic effect. Relieves swelling. The amount to be received is one dirham. But it is harmful to the pores. Harmful effects are eliminated with licorice poultice. Substitute fennel seeds.

Ansari says that it helps in the istiko, when the mouth is relaxed and the heart laughs. When applied to the eyes, old pannus (trachoma) relieves complications. It also cures old malaria. It opens liver stitches. When the juice is applied to the teeth, it makes the breath pleasant and cleans the roots of the teeth.

Khozik doctor Bositkhan Shoshiy

writes in his book "Names of Medicines and Diseases" that all its parts open the respiratory tract and urinary tract, leaving sores from the cold. Strengthens eyesight and stomach. Disperses palms and soot. Increases milk. In particular, the new one makes urine and menstruation smooth, increases milk production. It has astringent power. If the seeds are boiled and drunk with the addition of gozabon, it is very useful for depression and anxiety. If boiled with hibiscus and figs, it is useful for cough, wheezing and shortness of breath. When taken alone or in combination with other medicines, it disperses calluses, it is useful in the elimination of bikini pain, colic, calluses and liquid dampness. If you drink it with cold water when you have a fever, it leaves stomach discomfort and inflammation.

This plant has a unique smell, blooms in July-June, and fruits in August. It is known in all languages as anise. The new type is the best. Heat is harmful to the client. It has an opening property and increases the damage.

Its homeland is Asia Minor, the CIS, and it is cultivated by some farms and residents in the Central and Southern regions of Europe. Fruits and seeds are collected in August and September.

The fruits contain fatty oil (from 8 to 24%) and essential oil (from 1.2 to 3.2%, sometimes up to 6%). The essential oil contains anethole (85-90%), methyl havinol (10%), fennel aldehyde, ketone and fennel acid. The essential oil has a unique aroma and sweet taste. The essential oil contains anethole (85-90%), methyl havinol (10%), fennel aldehyde, ketone and fennel acid. Es-

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Homeland - Asia Minor, CIS, Europe

Khamidjonova Sarvinoz, student of Andijan State University, faculty of natural sciences, chemistry department, group 202, 2nd stage fennel

SPORTS NEWS

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Sports >> *Manchester United's hopes of a first Premier League title for a decade have been dented just a week into the new campaign by an alarming 2-0 defeat at Tottenham.

Three talking points from the Premier League weekend



Pape Matar Sarr celebrates his goal against Manchester United .

Manchester United's hopes of a first Premier League title for a decade have been dented just a week into the new campaign by an alarming 2-0 defeat at Tottenham.

New-look Chelsea also suffered a reality check as British record signing Moises Caicedo's debut ended in a 3-1 defeat to West Ham.

By contrast, Pep Guardiola said Manchester City showed the mentality of champions to beat Newcastle 1-0 despite a demanding week that saw the treble winners add the UEFA Super Cup to their trophy haul.

AFP Sport looks at three talking points from the second weekend of the season:

New season, same problems for Man Utd

United got away with one on Monday as Wolves dominated at Old Trafford only to lose 1-0, in part thanks to the controversial non-award of a penalty to the visitors.

The performance from Erik ten Hag's men was marginally better at the Tottenham Hotspur Stadium, but against stronger oppo-

sition this time their failings at both ends of the field were punished.

Ten Hag admitted he is concerned by his side's inability to make the most of their chances after a number of gilt-edged first-half opportunities went begging.

The Dutchman said that is the reason United splashed out £64 million (\$81 million) on Danish striker Rasmus Hojlund.

But the 20-year-old has missed the start of the season due to a back injury, exposing United's need for a natural number nine once more.

Marcus Rashford's desire to start from the left rather than through the middle shone through, while Ten Hag needs more end product from wingers Antony, Alejandro Garnacho and Jadon Sancho.

- No Caicedo, no problem for Brighton -

Just days after Brighton raked in a record transfer fee rising to £115 million for Caicedo, they still ended the weekend top of the table.

Roberto De Zerbi's men backed up their 4-1 win over Luton on the opening weekend by thrash-

ing Wolves by the same scoreline at Molineux.

The Italian has said bigger clubs may buy Brighton's best players but not their spirit.

Caicedo, who joined the Seagulls for just £4 million just two years ago, has cost Chelsea more than Brighton spent to build their Amex Stadium.

The Premier League's vultures are likely to be hovering once more for Kaoru Mitoma in the near future.

The Japanese winger shone last season and opened the scoring in stunning fashion as he slalomed past four Wolves defenders before slotting home.

Mitoma then set up the second goal for Pervis Estupinan before Solly March struck twice.

- City show Newcastle gulf still to bridge -

Backed by the vast riches of the Saudi sovereign wealth fund, Newcastle appear best placed to challenge City's dominance of English football in the coming years.

The Magpies headed to the Etihad full of confidence after thrashing Aston Villa 5-1 to get

their season off to a flying start.

But Newcastle were given a reminder of the gulf in class they still have to bridge if they are to take City's crown and become English champions for the first time in 97 years.

Pep Guardiola's men arrived home in the early hours of Thursday morning after edging out Sevilla on penalties in punishing conditions under baking heat in Athens.

The City boss was furious at the scheduling of the game, but hailed his players' mentality to rise to the challenge.

Julian Alvarez scored the only goal with a terrific strike into the top corner.

City controlled the game throughout and could have won more comfortably but for a rare off night in front of goal for Erling Haaland.

"The difference with this group is the mentality for many, many years," said Guardiola.

"Last year they did it and in the second game today they have done it. Nothing changes."

AFP

GET THE BEST OF WORLD

Sports >>> *National women's volleyball team player Leonida Kasaya has credited Lesotho for holding their own before ultimately losing in straight sets to Malkia Strikers in the final Pool B encounter at the Africa Women's Volleyball Championships in Cameroon on Sunday evening.

Malkia Strikers' Kasaya pays homage to Lesotho despite thrashing by Kenya at Africa Champs



Action between Lesotho and Kenya at Africa Women's Volleyball Championships in Cameroon. PHOTO/COURTESY.

National women's volleyball team player Leonida Kasaya has credited Lesotho for holding their own before ultimately losing in straight sets to Malkia Strikers in the final Pool B encounter at the Africa Women's Volleyball Championships in Cameroon on Sunday evening.

Kasaya admitted there is room for the Southern Africans to grow into a continental powerhouse.

"They are not a bad team...as a matter of fact, they are a very good team that is knowledgeable about volleyball. Based on how far they have come, I'd say they played really well to the best of their ability," the Kenya Pipeline player said.

Malkia Strikers were relentless in

their match against Lesotho, taking the first set 25-5 before clinching the second one 25-8.

Lesotho attempted to put up a fight in the ultimate set but were powerless to stop their marauding opponents who eventually won 25-13.

Reflecting on the duel, Kasaya said the victory is another step towards the continental title, which would guarantee passage to next year's Olympic Games in Paris, France.

Having topped Pool B ahead of Burkina Faso, Rwanda, Morocco, Uganda and Lesotho, Kenya's next date is with Nigeria on Tuesday in their last eight tie.

"Our focus remains, which is to win this title so we can be in Par-

is next year. We are, however, not underrating any team because we know that they also want the same thing that we want. Nonetheless, we have to do what is required, which is to win our games," she said.

The Kenyans have been stupendous, only dropping a set against Morocco in their penultimate tie on Saturday.

Kasaya believes their imperious form is down to their preparations before the competition, which included a two-week residential training camp in Morocco before departing from the FIVB Challenger Cup in France.

"The fact that we have only dropped one set goes to show the levels of preparations that have

gone into this championships. What this shows our opponents is that we were ready for anything," she added.

Kenya will be hoping to usurp their bitter rivals from West Africa, Cameroon, who beat them 3-1 in Nairobi in 2021 to deny them a tenth continental title.

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Backpage



Ghana's J. Kelly Shinning Stars Africa 2023 Awards



Paula.O.M Otukile
paula200500293@gmail.com
Senior Editor Botswana & S. Africa

1) who are you
My name is J. Kelly, event mc,
fashion and photo model

2) Where are you from?
I am from Ghana

3) How did you hear about these
awards?
Through my team Volta fashion
Awards Ghana

4) How do you feel about the
nominations?
I feel privileged and humble

5) Are you attending the Grand
Finale?
Yes i will attend

6) Who are you going with?
I am going alone

7) What do you anticipate?
To win and to enjoy a good show

8) Which categories do you rep-
resent?
Best star male model of the year
Africa Best star model of the year
West Africa

9) What do you get to tell the up-
coming artist or those aspiring to
do what you do?
To work hard and understand the
process

10) Do you have many followers,
what can others do to grow and get
more followers
Share positive things on social
media and be interactive

11) What are your future aspira-
tions?
To be a global icon in the model-
ing industry

12) What share you do if you win,
To help grow the Shinning star
awards!



J. Kelly .

◀ Worth Noting:

- What do you get to tell the upcoming artist or those aspiring to do what you do?
To work hard and understand the process
- Do you have many followers, what can others do to grow and get more followers
Share positive things on social media and be interactive
- What are your future aspirations?
To be a global icon in the modeling industry