



Sustainable Farming Practices Offering Hope For Climate Resilience And Prosperity For Small Holder Farmers In Kenya

"My farm is a vital source of sustenance for my family and this jembe is a symbol of my connection to this land. This small piece of land is what feeds my family and has enabled me to fund my children's education," Olaka said.

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News>> Archbishop Muheria Appointed As Apostolic Administrator For Embu Diocese

P. 8. Pope Francis has appointed Archbishop Antony Muheria to be the Apostolic administrator of the Catholic Diocese of Embu.



News>> UN Security Council To Vote On Kenya's Plan To Deploy Police Officers To Haiti Today

P. 12. The United Nations Security Council (UNSC) is will today vote on the resolution that would authorize a one-year deployment of an international force including the Kenyan Police to Haiti to quell a surge in gang violence.

First Lady Rachel Ruto Awarded KISS Humanitarian Award In India

 First Lady Rachel Ruto has been awarded the Kiss Humanitarian Award 2022 in recognition of her outstanding contributions to humanitarian causes. Mrs Ruto received the award in front of 40,000 students at the Kalinga Institute of Social Science (KISS) in Bhubaneswar, Odisha, India.



First Lady Rachel Ruto

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African Countries Have Saved The World Through Carbon Sink - Pastor Dorcas

By: ODPS



Pastor Dorcas Rigathi handing over a seedling.

Worth Noting:

“We already have carbon in existence and saving the world, we need to start to appeal so that we use that as collateral for the loans they give us or better still they should give us grants because we have mitigated the climate for a very long time,” she added. During the tree planting exercise 21,000 trees were planted and distributed for planting to the community. Pastor Dorcas has already planted more than 1 million trees through widows and youth groups in different parts of the country

First World Countries should give grants to third world countries because of mitigating the climate through carbon sinks, Pastor Dorcas Rigathi has said.

Speaking when she launched a tree planting exercise organized by Tana and Athi Rivers Development Authority - TARDA in Kiamukuyu Ward, Mathira East Pastor Dorcas said African countries in particular need to be recognized for their efforts in saving the world through carbon sinks.

Carbon sinks play a vital role in the capture of excess carbon dioxide from our atmosphere.

A carbon sink is anything that absorbs more carbon from the atmosphere than it

releases.

These include plants, oceans and soil.

“African countries are the ones who have been having carbon sinks, and we have been saving the world, while the other first world countries are polluting. Because we have carbon credit coming into play, there is a better way of mitigating loans for third world countries,” she said.

The Earth’s natural carbon sinks absorb around a half of the excess carbon dioxide that we produce, preventing global temperatures from rising even further.

However, they are under threat from human activity, and some of our carbon sinks may even become carbon sources

if we don’t do more to stop their destruction.

“We already have carbon in existence and saving the world, we need to start to appeal so that we use that as collateral for the loans they give us or better still they should give us grants because we have mitigated the climate for a very long time,” she added.


During the tree planting exercise 21,000 trees were planted and distributed for planting to the community. Pastor Dorcas has already planted more than 1 million trees through widows and youth groups in different parts of the country among them Loitoktok in Kajiado County and Ngorano in Nyeri County where a group

of youth under her program has planted half a million trees following a directive by the president of planting 15 billion trees by the year 2032.

“I have one Million trees which are in tree nursery beds.500,000 are here in Kiamariga, and we intend to make that an economic empowerment for the boy-child, and the other one which is in Loitoktok is for widows,” she said.

Also present were Mathira MP Eric Wamumbi, TARDA chairman Patrick Gichohi, TARDA CEO Liban Rioba among others.

Editor's Desk

The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

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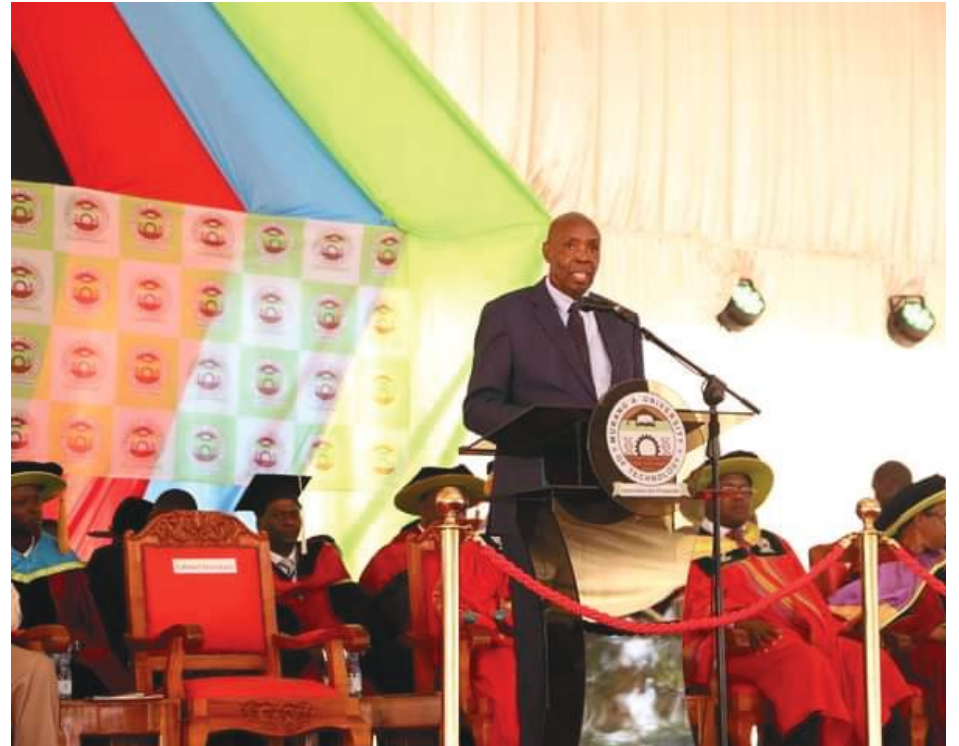
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NEWS IN BRIEF



County governments in Kenya have agreed to adopt a peer review model similar to that at the continental level, allowing them to hold each other accountable for governance and development matters. This follows the launch of the National Governance Report (NGR) and the formation of a nine-member Panel of Eminent Persons to oversee governors' peer reviews. The panel will be implemented in all 47 counties using the Kenya National Bureau of Statistics' recommended focus group discussions and key informant interview tools. The process will be subject to validation engagement between panel members and county leadership and submitted to the CPRM Summit for a peer review conversation. The Kenyan government is encouraging African states to consider implementing the initiative in their jurisdictions to track development progress.



Education Cabinet Secretary Ezekiel Machogu has urged graduates to take advantage of available scholarships and opportunities to further their education. He called upon universities to prioritise research and forge partnerships with research institutions to benefit the community. He urged universities to offer quality education by engaging in market research and involving stakeholders to produce practical and market-relevant programs. Machogu also addressed concerns about the new university funding model, stating that it is student-centred and will allocate funds based on need without undue financial burden. He also urged universities to explore alternative funding options, as the country faces a financial shortage of up to Sh 61 billion.



Kirinyaga County's Wezesha Kirinyaga economic empowerment programme has helped local farmers diversify their agricultural activities and increase their incomes. The programme was initiated to meet the deficit in getting honey demand in the county and the country. Governor Waiguru highlighted the benefits of beekeeping, including low land and capital requirements and pollination contributions. This year, the county will support 26 more groups by providing bee hives and honey harvesting kits. The Kanjikomu Self-Help Group and Utheri Wa Ngondo Community-Based Organisation have already benefited from the county government's support. Currently, Kirinyaga County has 13,000 bee hives, producing 359 metric tonnes of honey annually.



The Prison department is working with other stakeholders to enhance inmate formal education. They are increasing classrooms and training teachers, with 57 teachers trained last year on Competency-Based Curriculum (CBC). The department is also establishing science laboratories, computer labs, and furniture to provide quality education and employment opportunities. They are exploring expanding and equipping prison workshops to boost vocational training among inmates. Beacco urges society to support correctional work by buying items and equipment manufactured by inmates, as it will support correctional operations and reduce government burden.

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Deputy President Hosts Neighbours' Children At His Mathira Home

By:Our Correspondent
@themkenyetimes

Deputy President Rigathi Gachagua hosted dozens of youngsters at his home yesterday.

His neighbours' children rushed to his home upon seeing his chopper landing.

"...what a better way to end a weekend than to spend an exciting evening with wonderful little people!," the DP observed.

He invited them to his house where he noted they had a great time telling each other stories.

"It was so much fun as they fell over themselves to narrate to me their best folk stories. I had to also narrate the folk stories that I could remember as rendered by my grandmother - more than 50 years ago!," he said through his Facebook page.

He added, "It was fulfilling listening to the sharp champions sharing moral lessons with each other, besides core community values encapsulated in the tales. We also had a moment singing inspiring songs together with the little ones, amidst the story telling".

At the end of it all the excited children and the Deputy President shared a light meal before they left for their homes.

Before leaving, the youngsters promised to nurture and take care of the environment by planting trees.

The DP then embarked on an informal meeting with his senior neighbours.



Deputy President Rigathi Gachagua with some of dozens of neighbours' children who he hosted at his Mathira home yesterday.



Deputy President Rigathi Gachagua is mobbed by children who he hosted yesterday



Deputy President Rigathi Gachagua serving neighbours' children at his Mathira residence.

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Archbishop Muheria Appointed As Apostolic Administrator For Embu Diocese

By: Radio Maria

Pope Francis has appointed Archbishop Antony Muheria to be the Apostolic administrator of the Catholic Diocese of Embu.

The Nyeri Archdiocese head will be in charge of the diocese whose vacancy arose following the erection of the new Wote Diocese and appointment of His Lordship Paul Kariuki Njiru as its 1st Bishop.

He will be in charge of Embu Diocese until the Holy Father appoints its next Bishop.

The news of His appointment was announced by Apostolic Nuncio to Kenya and South Sudan, His Excellency Hurbertus Marie van Megen during the official erection of Wote Diocese as the 26th Diocese in Kenya.

Archbishop Anthony Muheria.



International Day of Older Persons Celebrated In Style In Nyeri County

By: Our Reporter
@themkenyetimes

The United Nations International Day of Older Persons was marked yesterday across the world.

In Nyeri, the day was marked at Wamagana stadium in Tetu constituency in an event that was organized by the Purity Elderly Care Foundation and Tetu Constituency Member of Parliament Geoffrey Wandeto.

The founder of the Foundation Joyce Wanjiku Kairu said this is the 13th such celebration being hosted by her organisation in the county.

This year's theme is 'Resilience of Older Persons in a Changing World.' It was a fun day for the aged who shared meal, drinks and made merry during the celebrations.

Wanjiku called for the young to respect and ensure dignity for the senior citizens in the country.

She also appealed to the national government to release stipends for the elderly on time.

The event was also attended by the



National Gender and Equality Commission commissioner Dr Margaret Karungaru (2nd right) being received at Wamagana stadium by Purity Elderly Care Foundation founder Joyce Wanjiku Kairu (right) during the celebrations for Older Persons. Photo/PAUL MWANGI WANJIRU.

National Gender and Equality Commission (NGEC) led by Vice Chairperson Dr Chomba Munyi and Com-

missioner Dr Margaret Karungaru. The foundation joined hands with the area MP Hon. Geoffrey Wandeto-

to who provided the venue and tents while Aberdare Country Club also provided lunch for the participants.

First Lady Rachel Ruto Awarded KISS Humanitarian Award In India

By: Capital Correspondent

First Lady Rachel Ruto has been awarded the Kiss Humanitarian Award 2022 in recognition of her outstanding contributions to humanitarian causes.

Mrs Ruto received the award in front of 40,000 students at the Kalinga Institute of Social Science (KISS) in Bhubaneswar, Odisha, India.

The First Lady was chosen for her work in empowering rural women, climate conservation, and other crucial areas, making her well worthy of the KISS Humanitarian Award.

The award was initiated in 2008 and is conferred annually to felicitate individuals for their exemplary service to humanity across the globe.

“Students, ladies and gentlemen today I am incredibly grateful and humbled to accept this prestigious humanitarian award, from the depth of my heart. I say thank you very much,” she said.

Mrs Ruto said the award is a renewed call to action and an honor



First Lady Rachel Ruto.

to individuals and communities who dedicate their lives to the betterment of humanity and those disadvantaged.

“This award is not just a recognition of my efforts, it is a testament to the resilience and spirit of Kenyan people, especially women, it is a tribute to the dedicated men and women of

Kenya who work tirelessly underprivileged,” she said.

Mrs Ruto urged for equitable distribution of resources in creating a better future and offering free education to the underprivileged.

“I have always believed that the true measure of a nation’s greatness lies in its ability to care for its people,”

she added.

Through her faith diplomacy pillars and organizations, Mrs Ruto promised to continue addressing issues of climate change, women and youth empowerment.

“In the words of Mahatma Gandhi you must be the change you want to see in the world, let us make that

change together,” she said.

The university recognised Mrs Ruto’s journey from her rural village in Kakamega County to the national and global stage, noting that it has been inspiring to many.

Through her MaMa Doing Good Initiative, she was hailed for ensuring that children from marginalized areas receive food, health, and education, in addition to enabling economic empowerment for over 200,000 women.

Odisha Governor Galish Lal said Mrs Ruto’s presence was an inspiration to many.

“On behalf of the people of Odisha, I express my sincerest gratitude to you,” said Mr Lal.

The Founder of KISS Dr.Achyuta Samanta said Mrs Ruto had made significant impacts through initiatives like MaMa Doing Good, Women Economic Empowerment, and Environmental and Climate Action.

Present were Kenya High Commissioner to the Republic of India Willy K Bett and MaMA Doing Good CEO Dr John Chumo

24 Counties Set To Benefit From A Sunflower Promotion Project

KNA NEWS

The government has earmarked 24 counties that are set to benefit from a sunflower promotion project that aims to boost local production of sunflower oil and address the cost of edible oils in the country.

Through the five-year edible oil promotion project, the government has pumped in one billion shillings and 570 metric tonnes of seedlings will be distributed to farmers in the selected counties by next month.

According to Dr. Dominic Menjo, Food Advisor to the president, the project aims to increase the production acreage of sunflowers from the current 4,000 acres to 200,000 acres by next year.

Dr. Menjo said the project aims to lower the high import bill of edible oils which currently stands at Ksh 160 billion annually where more than 90 percent of edible oils are imported for local use.

Menjo said that the government has earmarked five value chains to boost local production of edible oils including sunflower oil, palm oil, coconut oil, soya bean oil, and canola oil.

He said that the project seeks to increase farm production of sunflower to a million acres with the farmers set to benefit from the state subsidized fertilizer to lower production costs.

The project will be rolled out in the counties of Bungoma, Busia, Nakuru, Uasin Gishu, Meru, Kwale, Kilifi, Homabay, Nyeri, Lamu, Kakamega, Kitui, Embu, Makeni among others.

According to data from the Agriculture and Food Authority [AFA], the country’s import bill of edible oils has been increasing at an annual rate of 15 percent occasioned by increasing demand locally.

On his part, Douglas Kangi, the Director of Crop Resources at AFA, said the government will enhance its policy interventions to ensure successful implementation by counties to boost the local production gap of

edible oils.

“We consume more than 900 metric tonnes of edible oils annually from which only six percent is sourced locally and this project seeks to reverse this trend,” said Kangi.

Kangi regrettably said that Kenya is insufficient in all the food value chains making it reliant on imports with the country footing a huge food import bill of Ksh 500B annually.

Addressing county executive members in charge of the agriculture docket in Naivasha, Homabay Governor Gladys Wanga welcomed the launch of the project noting that it will lower the high cost of cooking oil for Kenyans.

She said the counties will ensure fair distribution of certified seedlings to farmers, subsidized fertilizer, provide market linkages, and enhance value addition of produce to boost farmer’s earnings.

Wanga said her county has already secured 14,000 acres under the sunflower scheme and has registered over 170,000 farmers who are set to benefit from the project.



First Health Village By Pastor Dorcas Rigathi Takes Shape In Mathira

By: ODPS

The first Health Village by the Spouse of the Deputy President Pastor Dorcas Rigathi is taking shape in Ngorano area, Mathira in Nyeri County.

The Health Village will involve a rehabilitation Centre, a health facility, a TVET training centre and agribusiness opportunities for the youths.

The first cohort of rehabilitation under her program is already at the facility after completing a 3-month rehabilitation program in Timau, Meru County.

Speaking when she toured the facility, Pastor Dorcas said the facility will help reshape the lives of the young men who had been hooked on drugs and substance abuse.

“When you leave here what I want to see are stable families. I want to see you prosper and have a better living and economically empowered,” she told the young men.

In July this year, Pastor Dorcas toured Israel to benchmark on the best practices on the health village concept that has been successful in Israel. During her tour, she visited 5-Health villages that have been rehabilitating the youth in Israel.

Under such a program, she is also working on placing the young men in job opportunities both locally and internationally.

Pastor Dorcas called on the youth to change their mindset in the rehabilitation process as she seeks to rehabilitate 12,000 youth across the country this year.

“You are the ambassadors of my work, and I want you to change your mindset, those seeking job placements are working towards that, those who want to go back to school will also work on that,” she said.

In the village, the youth are already engaged in construction activities as well as skilling through vocational training.

Pastor Dorcas has been touring many vocational training facilities that have



Some of the youth join Pastor Dorcas and other guests in a praise and worship hymn.

been abandoned to assess their status with a plan to revive many of them for the benefit of the youths.

On Saturday, she visited Mung’aria

Polytechnic in Mathira Constituency, Nyeri County.

She has also been at the forefront in calling on the youth to embrace tech-

nical and vocational training which she says will help them in self-employment and job creation.



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Stop Dragging The Name Of Gachagua In The Petition Challenging The Constitutionality Of The Bipartisan Talk Team



By: Joseph Mutua Ndonga
mutuandong@yaho.com

Worth Noting:

- The issues being raised show that the country was heading into a national referendum.
- For other issues, the committee had no legal mandate to handle them. One of them is the audit of the presidential elections. Those pushing this were required to file a petition at the Supreme Court of Kenya. The audit will be done if their prayer is granted.
- So, in addition to capturing issues touching on the remunerations of members of the Committee, technical teams and secretariat, one would have expected the legal framework to spell out timelines and cost implications.
- In light of this, my considered view is that the three petitioners have a strong case.

Three Kenyans have filed a petition in court seeking to challenge the constitutionality of the National Dialogue Committee.

They aver that the 10-member team which is sitting at the Bomas of Kenya and it is currently receiving the public views had been operating outside the law and constitution.

This is because there was no legal framework to guide the process and indeed this was a glaring omission.

The ultimate goal of this team was to come up with far-reaching recommendations aimed at altering the core structures of our constitution and other laws of the land.

This can only happen if a clear framework is put in place outlining a raft of measures. This includes undertaking this process in an inclusive and participatory manner.

The issues being raised show that the country was heading into a national referendum.

For other issues, the committee had no legal mandate to handle them. One of them is the audit of the presidential elections. Those pushing this were required to file a petition at the Supreme Court of Kenya. The audit will be done if their prayer is granted.

So, in addition to capturing issues touching on the remunerations of members of the Committee, technical teams and secretariat, one would have expected the legal framework to spell out timelines and cost implications.

In light of this, my considered view is that the three petitioners have a strong case.

This brings me to the question. Who slept on the job?

I believe it is National Assembly and Senate.

The two houses rushed to approve the motion seeking to establish the dialogue committee without doing a proper legal research.

Going by past experiences, one would have expected the members to handle this matter with utmost care.

The story of Building Bridges Initiative (BBI) is still fresh in our mind. Billions of shillings were gobbled up. The initiative was a brainchild of the 'handshake' government led by then President Uhuru Kenyatta and his partner Raila Odinga.

If the petitioners will have their way, the blame will lay squarely with members of parliament in both sides of political divide.

The big question the citizens would ask is. Were members of Azimio La Umoja One Kenya Coalition and Kenya Kwanza playing costly games with us?

What was the point of approving a motion to establish a team to undertake a process that was not anchored in law?

As we know, the members of the bipartisan team have so far pocketed millions of shillings in hefty sitting allowances



Deputy President Rigathi Gachagua .

and per diem.

If the talks are suspended until when the proper legal mechanisms are put in place, this would be a big blow to Kenyan tax-payers.

President William Ruto has repeatedly been calling on MPs to safeguard and protect public resources and ensure they were spent prudently.

The people of Kenya elected you because they believed in your ability to ensure the resources are used to improve their living standards.

The president has been reminding them that one of their cardinal duty is to follow the law to the letter and spirit.

So if court suspends the talks, this will not go down well with the President.

Well after the filling of the petition, the critics of Deputy President Rigathi Gachagua did not wait for the dust to settle.

Led by former Defense Minister Eugene Wamalwa, a key pillar of Azimio La Umoja One Kenya Coalition and one of the members representing Azimio at the Bomas talks, he lashed out at DP.

We know some members of ruling elite were opposed to these talks.

We believe they are the ones who have sponsored the three petitioners.

One of the papers quoted him mentioning DP Gachagua as one of them.

As a writer and analyst, allow me to

say this. I'm sure he had no iota of truth. I challenge him to prove me wrong.

The three Kenyans were of sound mind and their decision was within the law. So how did Eugene know they were proxies?

It was wrong to portray them as clueless people who did not know what they were doing.

Eugene's remarks would amount to making derogatory comments against them. So, they have a right to sue him.

As a diehard supporter of Azimio leader Raila Odinga, Eugene is one of fierce critics of Deputy President Rigathi Gachagua.

By dragging the name of DP in the petition, this was a continuation of his political onslaught against Gachagua.

Yes, it is true that the DP has been questioning the legality of some of demands raised by the Azimio.

Kenya is a democratic country and governed by the rule of law.

As a Kenyan, he is therefore free to speak out his mind.

And he is not alone on this. We have heard other Kenyans raising similar concerns. It does not necessary mean what they say will see the light of the day. The judiciary will have the final word.

Raila and Azimio brigade view Gacha-

gua as posing the biggest threat to their bid to join the Ruto government through the back door.

Gachagua has remained focussed and consistent.

The stipulations of the Kenya constitution were very clear. The government is formed by those who had won the elections.

On August 9, 2022, Kenyans woke up very early in morning to exercise their democratic and constitutional rights.

They elected Dr William Ruto as the President and myself as the Deputy President. This is the truth. Azimio have no option other than to accept it however bitter it is.

The role of those we defeated is very clear. It is to lead the opposition and put the government of President Ruto in checks and balances.

You are supposed to play this role by engaging us in a structured and constructive dialogue.

The President has repeatedly stated. You are free to criticize his government from morning to evening. He will pick and address the positive criticisms.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

UN Security Council To Vote On Kenya's Plan To Deploy Police Officers To Haiti Today

By: Capital Correspondent

The United Nations Security Council (UNSC) will today vote on the resolution that would authorize a one-year deployment of an international force including the Kenyan Police to Haiti to quell a surge in gang violence.

The U.S.-drafted resolution welcomed Kenya's offer to lead the multinational security force and stated that this would be a non-U.N. force funded by voluntary contributions.

The resolution would authorize the force for one year, with a review after nine months.

It would be allowed to provide operational support to Haiti's National Police, which is underfunded and under resourced, with only some 10,000 active officers for a country of more than 11 million people.

The force will be expected to help built capacity of local police "through the planning and conduct

of joint security support operations as it works to counter gangs and improve security conditions in Haiti."

The force would also help secure "critical infrastructure sites and transit locations such as the airport, ports, and key intersections." Powerful gangs have seized control of key roads leading from Haiti's capital to the country's northern and southern regions, disrupting the transportation of food and other goods.

Passage by the Security Council would authorize the force to "adopt urgent temporary measures on an exceptional basis" to prevent the loss of life and help police maintain public safety.

Leaders of the mission would be required to inform the council on the mission's goals, rules of engagement, financial needs and other matters before a full deployment.



The UN Security Council meets to discuss Russia's invasion of Ukraine on October 21, 2022.

City Hall Voted Most Supportive At Small Business Awards 2023

By: Capital Correspondent

The Nairobi County Government has been voted as the "Most Supportive County" during the just concluded Small Business Awards 2023.

The Small Business Awards recognizes, and celebrates Women, Youth and PWD Owned Small Businesses in Kenya that have demonstrated exceptional performance and impacted their society and organizations that support these Small Businesses to thrive.

The Small Business Awards is an initiative of Biashara Africa, a member of the United Nations. Global Compact is a community of Women and Youth Owned Small Businesses that champion digital and financial inclusion with a goal to empower and accelerate small businesses to create sustainable livelihoods and employment opportunities.

According to Governor Johnson

Sakaja, "the nomination and subsequent winning the category of Most Supportive County category reflects the outstanding initiatives, programs, and policies that Nairobi City County has implemented to empower and uplift small businesses and startups."

Digital Economy and Startups Chief Officer, Victor Otieno who spelled out the sector's plans of supporting digitization of SMEs especially informal manufactures through innovative approaches such as local and export market aggregations combined with decentralized manufacturing working with various value chain actors such as the Kenya National federation of Jua Kali associations (KNFJKA) , International Labor Organization (ILO) and Biashara Africa among others.

In attendance was Director for e-learning, Elizabeth Ndung'u , representatives from Equity Bank, Deloitte, Hustler Fund secretariat, Global compact, SMEs from over 30 counties among others.



Pastor Dorcas Rigathi Worship With 'Her Boys' In Nyeri

By: Our Correspondent

@themkenyaintimes

The Spouse of the Deputy President Pastor Dorcas Rigathi yesterday worshiped at Abundant New Life Church Nyeri with the group of men who were recently rehabilitated under her boychild program.

Some dressed in suits and ties, the young men who for so long had been hooked into alcoholism and drug abuse could not hide their joy during the praises and worship.

One of them is Evans Githui, a former Deputy Principal who was fired due to alcoholism but now says Pastor Dorcas has given her another chance to redeem himself.

"She has actually salvaged my life because I started drinking in 1987 and I have been blaming every person for my woes. But now I can see a better self," Githui said.

Githui was dismissed from his teaching career in a school in Taita Taveta due to his drinking behaviors.

Speaking after the church service Pastor Dorcas said she is now working on placing the reformed addicts in job opportunities and back to school for those who had dropped.

"Right now, what we are doing is taking them for training in agribusiness and other vocational training and the moment we do that we will connect them to jobs. The PS for housing has already given some opportunities for some of them, and others who left school we are sponsoring them back," she said.

"I can only thank God. Sometimes I can tell you I am overwhelmed because what came first, if you had seen them and what they are now, this is a real transformation," she added.

The young men are currently placed under a programme at Ngorano area; a place pastor Dorcas is establishing the first health village.

The health village concept is drawn from the best practices worldwide; an initiative that she says will encompass sporting facilities, farming projects, a digital hub, health services, boarding facilities, vocational training, offering



Pastor Dorcas Rigathi being received by Abundant New Life Church presiding Bishop Paul Wanjohi yesterday. Photo/PAUL MWANGI WANJIRU.

a holistic approach to rehabilitation. The church presiding Bishop Paul Wanjohi thanked Pastor Dorcas for

the initiative which he noted will assist thousands of alcohol and drugs addict across the country.

Also present was National Gender and Equality Commission commissioner Dr Margaret Karungaru.

Kieni Constituency Philanthropist Donates To Welfare Groups

By: Our Correspondent

@themkenyaintimes

Kieni philanthropist John Kariuki Choromai over the weekend traversed the vast constituency where he met with members of various welfare groups.

He also visited at least three churches and a fundraising event.

The welfare groups he visited are; Tupendane Karichen welfare, Gitugi village welfare and Motel Women group.

Others were Manyatta Tusaidiane welfare, Guthii ni Guthii welfare group and Gatangi-ini Women Group.

He thanked the local residents for supporting the Kenya Kwanza government saying, like other Kenyans, they were destined to reap big.

Choromai urged them to be patient

as President William Ruto and his Deputy Rigathi Gachagua fixed the economy.

He encouraged the area farmers to plant trees, crops and harvest water during the coming rainy season.

Yesterday, Choromai joined faithful at three different churches.

He joined worshippers at Muthui-ini Catholic church during their morning service, later joined P.C.E.A. Embaringo Church and Milimani P.A.G. Church.

To crown the weekend, he joined the family of Mwalimu Mureithi (Sure) and residents of Embaringo in a fundraising ceremony for clearing his hospital bill.



Philanthropist John Kariuki Choromai (in red shirt) with members Gitugi Welfare Group who were one of the beneficiaries.

Heaven's Gate...



After all, this is the taste.

If your body destroys the darts, this is the case.
Your eyes tear up involuntarily.
On this day, the hospital exit corridor,
It looks like the door of heaven.

Ismailova Nigora Mirzoaliyevna was born on June 7, 2006 in Sariosa district of Surkhandarya region. Currently, she is a student of the 11th grade of the 12th general secondary school in the district. Now she teaches English to the children of her circle in her educational center called "Wisdom educate". Creative works were published in USA, Russia, Kenya, Spain, Germany, Moldova, India magazines.

Member of India's international organization "All India Council for Foreign Development" and ambassador to several world organizations. other: "SPSC-(Sustainable Developers and Organizers).

Global Education Ambassador.

Active member of "JUNTOS POR LAS LETRAS" Songwriters and Artists Working Group.

Young volunteer of "OLTIŃ KANOT" organization Creatively published in Kazakh, Argentinian and Uzbek anthologies.

Owner of the "Altin Kiran" badge.

Owner of the badge "Innovative Promoter".

When pains come together and your body dies,
Joe's heart will skip a beat too.
If your good health fails you,
Your life will be like darkness.

The endless world is too narrow,
You are suspicious of others.

Lek bil, dua is lost without zihar.
The war that you are making known to ALLAH.

The wisdom hidden in the affairs of fate,
But it is a part of it.

A Muslim should not smoke for no reason,
All this is by ALLAH's permission.

Every great verse is written with pain,
Suspicious love for a heart without pain.
This life does not pass smoothly,

She Could Neither Love Nor Hate The Young Man!



One day, the long conversation two souls who loved each other very much ended up the topic of parents.

The boy said the girl:

-I love so much, but my father tells me that he will be only satisfied with me if I kill you, I will kill you. That is right, my father does not ask me but if he asks, I will do. I would not even think about my suffering.

The girl innocently:

Is that so? Do you not value me? Is my place in your life so insignificant?

The boy:

-No, you are precious to me. But pleasing my father is my main task. So, I am ready to do everything to please him, even to leave you....

The girl kept silent instead of answering, but she had various thoughts in her heart. I did not make a mistake in my choice. A person who can make

such sacrifices for his father will definitely respect and honor his future family and spouse.

No one expected that these words which were just a topic of conversation for the boy and brought warm feelings about the boy in the girl's heart would one day become true. Nevertheless, it happened. Indeed, the boy killed the girl for his father. At a time when the girl very attached to the boy, he said that his father had made a promise to marry his friend's daughter and his father or he had to break the promise. So, he was obliged to protect his father's promise. He could only say "I am sorry" It was the latest words! "I am sorry!!!"

The girl was thrown into the swamps of despair. She was died at that moment. She was only breathing. Hope is no, belief is no. She had nothing she even lost her patience. However, her heart was beating.

She could neither love nor hate the young man!

My full name is Normurodova Sevara. I am 2 course student of Samarqand State Institute of Foreign Languages. I am winner of many competitions. In 2017, 2018, 2019-years, I won honorable places in the district level. In 2020, I won the first place in essay competition named "Navoi -the sultan of word property" I took IELTS certificate (5degrees)

A Person Is Always Looking For A Truth



also entered the value "Red book" go. On the day I first became a devalued person of this fact I knew. My grandfather left the reason is that they like me have become worthless people what. The mistresses that my grandfather gave me are also a guide for me and serves as a guide. Any in the course of your life feel it with you hearts command if you are in trouble only then do you realize the value. I perceive with my heart words, not with tattoos of value I do and there is no place for grief in my life.

People have a high value for themselves throughout their lives when they tell the judge they are happy and meaningful like my grandfather live.

I do not want to inherit the value, the reason is feeling "Otameros". Must die the only one I leave legacy always laugh because if you smile a whole universe shine and of course the key to the solution to your problems look in your hands. The eyes of people of zero value we can't find if we lose, let's save the Saints.

I'm Gulrukh. In this time, I am studying Samarkand a foreign language. I have B2 certificate in English and I will take IELTS 8+. I live with a close knit family. My parents are businessmen. My sister works in kindergarten and my brother taxi driver in Alot.

Throughout our lives, we have different problems, confused situations let's face it. However, the fact that a person is always looking for a truth for himself needed. Today is about a fact that I realized for myself. Some people don't understand at all the fact of value. What characteristics are valuable people distinguished by?

A unique legacy that my grandfather left me, ages old this is my head, and my head is humakushimdek adorns my life. Do you like to believe that this treasure is for our family we accept as a member of our family. A man value is not the perfect man of every completion is the perfect man of every is considered a person who knows the place and value of something. There is no value in the water that flows out of your therefore this concept is becoming unique, as if in the sky like starts. The reason starts

A Miraculous Morning...



Early in the morning, the surroundings are so beautiful that your eyes will be happy to see them. The moon, covered with dew on the lawns, gives a wonderful beauty without disappearing from the sky. In the flower garden, three butterflies are flying with spread wings, landing on flower after flower, they are gently touching the dew-covered flower as if washing their face from early morning. In this way, behind the moon that decorates the sky, the triumphant sun shines and rises from behind the mountain with a smile.

Anyone who sees this beautiful scene will feel a magical innocence in their hearts. And

if the smile of the sun wishes a person to have a good day, a good mood will give him confidence and goodness. That is why the dust in the heart of a person who observes this scene is dispersed. It is necessary to say that "The person who respects today and spends it on good deeds will have a beautiful tomorrow. Only if today is good, tomorrow will be confident."

Buriyeva Sitorakhan Azamatovna was born in 2001 in Kumkurgan district of Surkhandarya region. Currently, she is a 3rd year student of the Navoi State Pedagogical Institute. "Ilhom

A member of the literary club, a young volunteer of the "Golden Wing" organization. Her creative works have been published in Kenyan magazines. She is an ambassador on behalf of Uzbekistan in several international organizations.

In particular: Africa Nigeria is the ambassador of the organization "Global Education Ambassador" at Wisdom University of the country.

Member of the International Union of Writers of Science and Literature "Juntos por las Letras" of Argentina.

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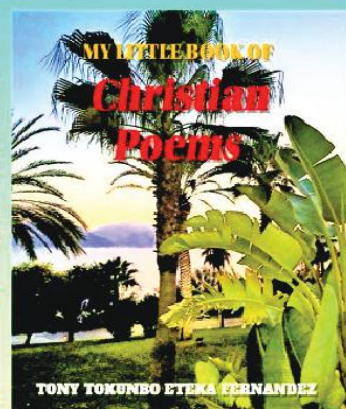
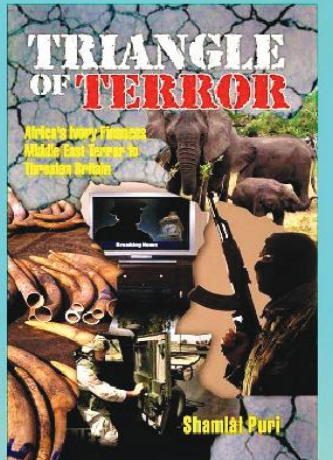
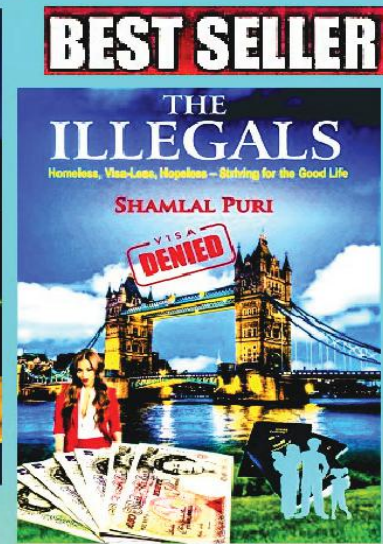
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We Are Focused On The Bipartisan Talks, Says Kalonzo

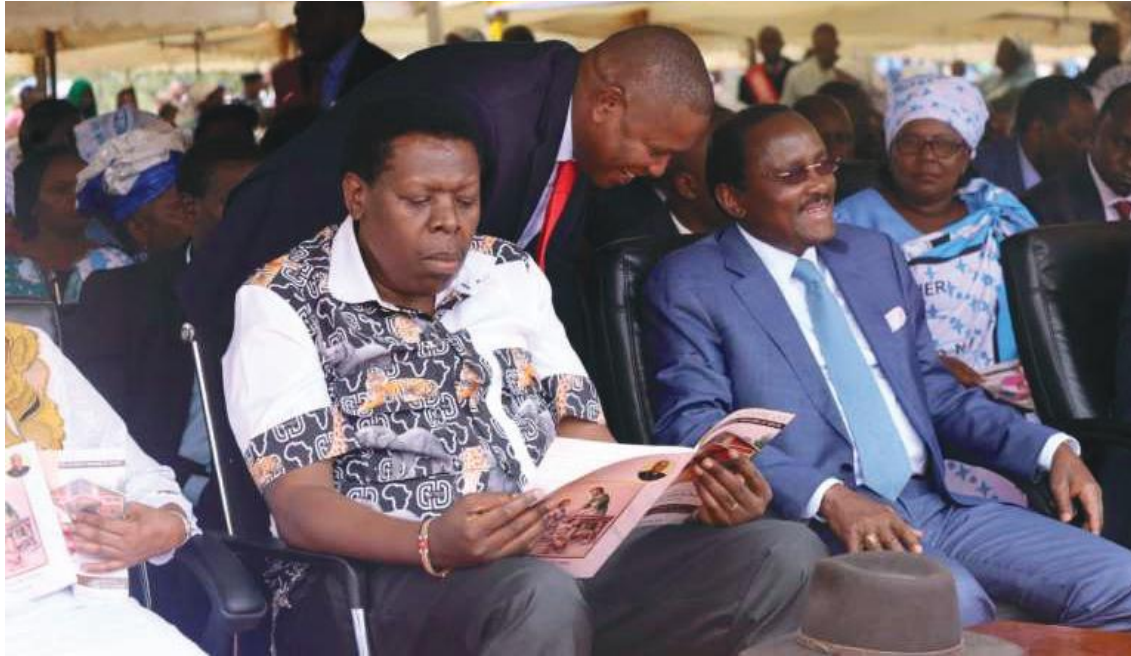
By: KNA

Azimio la Umoja one Kenya Co Principal and Wiper Leader Kalonzo Musyoka has said they will focus on Azimio-Kenya Kwanza bipartisan talks that will bring peace in the country amid fears of a petition in court challenging its constitutionality.

Kalonzo who was speaking on Saturday at Unoa grounds during installation ceremony of Rev. Paul Kariuki the first Bishop of Diocese of Wote said he is not afraid of the court challenge saying the those who are opposing the talks do not want peace in Kenya.

“I am not afraid of those who challenge the Bipartisan in talks, and we are waiting to see which Kenyans who do not want Kenyans to live together,” said Kalonzo.

Kalonzo who is also the Co-chairs the Bomas talks with National Assembly Majority Leader Kimani



Azimio la Umoja one Kenya Co Principal and Wiper Leader Kalonzo Musyoka (R)

Ichung’wah said they are expecting the Episcopal Conference of Bishops to present their views next week. “This country needs fixing by the

church and all of us, the church has a voice we will be waiting for the representative of Episcopal Conference on Monday or Tuesday to receive

their opinion on how to put the country together,” noted Kalonzo.

The team was approved by the parliament to discuss the issue of

high cost of living, reconstitution of electoral commission and review of boundaries. Kalonzo said all Kenyans should live together peaceably under the rule of God and the law.

Former Defence Cabinet Secretary Eugene Wamalwa said they are making good progress at Bomas urging the clergy to pray for successful talks.

“Under the leadership of our team leader Kalonzo Musyoka, I assure the country that we are on the right track despite the challenge of those opposing it in the courts and others Political platforms,” noted Wamalwa.

Issa Elanyi Chamao, Patrick Karani Ekirapa and Paul Kirui have challenged the legality and constitutionality of the committee whose formation they say contravenes various provisions of the Constitution.

Government To Provide Psychosocial Support To Migrant Workers

By: John Kariuki
@themtkenyatimes

The Government through the State Department for labour and skills development is having a plan for up-scaling the welfare of migrant workers who have for a long time felt a bit left out.

According to the latest statistics, the migrant workers in the diaspora pump into our country’s economic Ksh 500 Billion annually. This is set to increase as the government continues to explore new and emerging markets whilst reinforcing the traditional ones.

Principal Secretary in the State Department of Labor and skills development Geoffrey Kaituko in an interview with one of the leading stations, alluded to a Government’s ambitious plan to create a migrants welfare fund which is expected

among other things to: provide relief assistance, legal assistance and also psychosocial support to migrant workers.

The PS said: “The fund will be administered by a Board and it will also also facilitate repatriation of migrant workers who are either in distress or opt to terminate their stay abroad. This fund once operational, will be a safety net for the diaspora community once they encounter difficulties or trouble in foreign land.

It’s purely going to be a voluntary fund and we are asking Kenyans to support it.”

Our Constitution is very emphatic on the Importance of public participation and hence ring-fenced in articles 10,211,124,232.



Principal Secretary in the State Department of Labor and skills development Geoffrey Kaituko

BUSINESS

Capturing The Moment With Travel Photography



By: Memory Phiri
 @themtkenyatimes

Worth Noting:

- What you see is what you get. Aesthetically, this type of virtual tourism managed to make Victoria Falls very popular as the natural wonder of the world. In turn, countless blogs and Facebook pages from other countries like South Africa, Zambia and Botswana ostentatiously market their tourism product including the majestic falls so as to boost their image.
- Cutting to the chase, photos make virtual tourism come alive. Honestly, no one was ever going to believe that Zimbabwe is a world of wonders without some vivid pictures to fit the narrative. Tourism revolves around photos therefore tourists hanker for convincing snaps to whet their appetite.



Capturing The Moment With Travel Photography .

Seeing is believing so it's only fair to show people what you will be trying to put into words without preamble. Tourism has benefited much from photography because tourists usually want to capture every moment.

Once you take a photo, you would have literally stopped time forever. In other words, you will always time travel to that vacation the instant you open your photo album. Retrospectively, as a way of preserving memories tourists found it needful to walk around with a camera in hand so as to picture every eye-catching scene on site during a tour.

Unaware of the blessing they will be extending, this is helping their friends and relatives back at home to get to see these picture perfect places as well. Thus, other kindred souls are making a point to visit that cynosure come hail come thunder.

Kudos to the power of a snapshot.

All in all, tourists have managed to promote a lot of destinations through a camera's lens which enhances the picture quality. Truth be told, photos summarises the scenery at a mere click.

Moreso, destinations like Mavuradonha Wilderness Area thrive on photography because the pictures will be used for documentaries and magazines.

Potently, tour operators have promotional websites, billboards and brochures in which they lucidly advertise all about their destinations.

What you see is what you get. Aesthetically, this type of virtual tourism managed to make Victoria Falls very popular as the natural wonder of the world. In turn, countless blogs and Facebook pages from other countries like South Africa, Zambia and Botswana ostentatiously market their tourism product including the majes-

tic falls so as to boost their image.

Cutting to the chase, photos make virtual tourism come alive. Honestly, no one was ever going to believe that Zimbabwe is a world of wonders without some vivid pictures to fit the narrative. Tourism revolves around photos therefore tourists hanker for convincing snaps to whet their appetite.

Take it or leave it, their imagination should be assuaged for them to come and see the figurative now as the real thing.

Apparently, a paradigm shift in technology has brought about the 360 photo booth to compliment our photography portfolio.

Undoubtedly, it keeps on getting better because this modified booth boils down to memorable moments. As far as excitement goes, the clockwise photo booth has changed the whole landscape when talking about photo

shoots in general.

Palpable reference denotes that in the early years, photo booths were bound to be stationary. However this current and latest booth is very portable and has a video camera which allows music that you get to replay and sing along at whim.

Seriously who in their right state of mind would choose not to go to such a destination like Mazvikadei Dam Wall.

Dear readers the attraction is offering this niche on a silver platter as part of it's activities. Notably, it is wise to be the first to experience such innovative stances that distinguishes and brings out the best in an itinerary.

Ladies and gentlemen, it will be a far cry for a tourist to visit a destination without pausing for a pic, be it from a camera, photo booth or even a smartphone. Ultimately, everyone is a sucker for a polaroid.

Sustainable Farming Practices Offering Hope For Climate Resilience And Prosperity For Small Holder Farmers In Kenya



By: Jackson Ambole Okata
amboleokata@gmail.com

Worth Noting:

- “The land is small but through proper planning and sustainable practices, I have been able to turn it into a productive venture. I have completely cut down on fertilizer costs since I solely rely on homemade manure, and I harvest more than I used to before adopting agroecology” he said.
- Vihiga county executive member in charge of agriculture Nicholas Ligayo notes that majority of smallholder farmers in the County cultivate maize and beans as major food crops on an average of 0.4 hectares of land with the County’s economy being predominantly agriculture which supports approximately 85 % of the population’s livelihood. Subsistence farmers account for 90% of agricultural production in the county.

On a cold morning in a tiny village on the slopes of Ebuhandu hills in Vihiga county, Western Kenya, 54-year-old Stephene Olaka, marches purposefully towards his one-acre farm to begin the day’s work. He wears sturdy rubber soled gumboots to easily navigate the muddy loamy soil in his farm. With a jembe in one hand and a small radio in the other, Olaka leads us to a small stream on the edge of his farm which he says is his source of irrigation water. The rough surface of his wooden handled flat blade designed jembe is a clear indication of years of sweat and hard work

“My farm is a vital source of sustenance for my family and this jembe is a symbol of my connection to this land. This small piece of land is what feeds my family and has enabled me to fund my children’s education,” Olaka said.

On his farm, Olaka, a father of three, practices mixed farming. He plants maize and beans, African vegetables, sweet potatoes, cassava, pumpkin and fruit trees. Olaka also rears poultry, a few goats and three dairy cows.

“The land is small but through proper planning and sustainable practices, I have been able to turn it into a productive venture. I have completely cut down on fertilizer costs since I solely rely on homemade manure, and I harvest more than I used to before adopting agroecology” he said.

He added “From my acre piece of land I now harvest 25 bags of maize up from the 10 I used to get while practicing conventional farming. I have vegetables and fruits all-round the year and this has become a sure source of income. Additionally, my cows and goats have enough supply of pasture from the same farm”.

Just like Olaka, many families in Vihiga county own small pieces of land where they practice small scale subsistence farming through organic means. In a bid to combat the challenges of climate change and soil degradation, many smallholder farmers in Vihiga county are increasingly shifting to agroecology, a holistic and sustainable approach to farming. According to Olaka who also chairs the Vihiga organic farmers forum, the shift to agroecology is not only boosting food production but also enhancing the incomes of farmers across the nation.

“With the unpredictable weather patterns, increased soil acidity and high cost of farming inputs, farmers are finding agroecology more accommodative and sustainable,” Olaka observed.

The group Olaka heads has a membership of 50 farmers from his village who are fully practicing agroecology after receiving training on sustainable farming practices from the county government

There are a total of 100 agroecology farmer groups spread across Vihiga county with each group bringing to-



A group of young organic farmers during a visit at an agroecology model farm in Vihiga county.

gether between 50- 70 farmers.

Empowering farmers

Vihiga county executive member in charge of agriculture Nicholas Ligayo notes that majority of smallholder farmers in the County cultivate maize and beans as major food crops on an average of 0.4 hectares of land with the County’s economy being predominantly agriculture which supports approximately 85 % of the population’s livelihood. Subsistence farmers account for 90% of agricultural production in the county.

“Vihiga has very tiny pieces of land and with poor farming practices, farmers rarely harvest enough to feed their families. The unpredictable weather patterns that come with climate change make things worse and that is why we are capacity building our farmers so that we can help them transition to sustainable and environment friendly farming practices that do not only enhance production but also shields them from the shocks of climate change” explained Ligayo.

Joseck Mukuna, 60, a smallholder farmer in Essunza village says for many years he battled with poor harvest and food insecurity despite investing a lot in his 2-acre piece of land.

“Initially we were made to believe that it was only maize and beans that we could plant as the main cash crops. Mixed sustainable crop farming is rewarding and less costly because of minimal pests as well as farm inputs” said Mukuna

From 30 bags of maize from his 2-acre piece of land, Mukuna says he now harvests 50 bags enough to feed his family of five and surplus for the market thanks to agroecology practices.

“Food crops that I grow organically and through intercropping hard-

ly attract pests and can withstand harsh post harvesting weather conditions and this leads to very minimal post-harvest losses” said Mukuna

Ligayo adds that agroecology promotes diversification, encouraging farmers to intercrop maize with legumes like beans and cowpeas. This not only reduces risks but also improves soil fertility, leading to increased yields.

“Agroecology is greatly helping our farmers remedy the problem of soil degradation through sustainable practices like agroecology which encourages cover cropping, crop rotation, and reduced tillage. When we reduce the use of synthetic inputs, we do not only guarantee soil but also food safety” said Ligayo.

Climate Resilience

Mary Nambute, 45, has been practicing conservation farming, a form of agroecology that minimizes soil disturbance and encourages permanent soil cover, which conserves moisture, reduces the need for irrigation, and cuts labor and fuel costs. As a result, it enhances soil health, leading to increased yields and incomes for farmers.

“I don’t have to cut trees to create space for food crops. My farm has space for all crops, trees and pasture for my animals. The best thing about conservation farming is the no tillage and synthetic inputs costs. Through conservation farming, I have been able to create a contiguous space for my crops, animals and trees” said Nambute.

David Lelei, a soil biologist at the World Agroforestry Centre says that the rising demand for organic produce in the global market presents an opportunity for Kenyan smallholder farmers to shift to more sustainable farming practices that will not only

enhance their incomes but also help in protecting the biodiversity.

“Kenya is highly vulnerable to climate change effects including erratic rainfall patterns and prolonged droughts. Practices like agroecology promote climate-resilient farming techniques such as rainwater harvesting, agroforestry, and the use of drought-resistant crop varieties. These practices help farmers adapt to changing weather conditions and reduce the risk of crop failure” Lelei explained.

He added “Sustainable farming practices guarantee farmers with increased yields, improved soil fertility, and enhanced food security”.

Patricia Nying’uro, a climate scientist at the Kenya Meteorological Department describes agroecology as farming practices that reconcile agriculture and local communities with natural processes for the common benefit of nature and livelihoods.

“Agroecological practices provide a sustainable solution for family farms by giving them power to manage and use their farms in the most effective ways while at the same time ensuring that nature benefits from what they are doing in the farms. These elements, amongst others, allow family farms to diversify their diet, increase food security and sell surplus products on the local market. At the same time, it enables them to apply better water and soil management practices, maintain biodiversity and increase resilience to climate change”, she said.

According to the Food and Agriculture Organization (FAO) of the UN, diversification under agroecology practices is one sure path towards food security and nutrition, while protecting and enhancing natural resources.

Nurturing Competitive CBC Learners For A Bright Future



By: Dr. Paul Wanjohi
@themkenyatimes



CBC Learners

Worth Noting:

- Under the CBC, the Arts and Sports pathway shines a spotlight on creativity and physical prowess. This pathway is a testament to the importance of nurturing talents in music, visual arts, drama, dance, and sports. Students here delve into subjects that foster artistic expression and physical development.
- The CBC's Technical and Vocational pathway is a nod to the demand for skilled workers in various industries.
- The significance of the CBC's three career pathways cannot be overstated. They provide students with a diverse range of options to explore their interests and passions, ensuring that their educational journey is not just about academic excellence but also about self-discovery.

As we bid farewell to the final cohort of KCPE (Kenya Certificate of Primary Education) under the 8-4-4 system, a new educational era is upon us. The Competency-Based Curriculum (CBC) has been rolling out gradually, promising to revolutionize the way we educate our children. While change is often met with mixed feelings, there is no doubt that the CBC presents a unique opportunity for Kenya's youth to thrive in an ever-evolving world.

One of the key features of the CBC is its emphasis on nurturing well-rounded individuals who are not only academically competent but also equipped with practical skills and a clear sense of purpose. It introduces students to three distinct career pathways, each tailored to their interests and strengths.

ARTS AND SPORTS PATHWAY: Under the CBC, the Arts and Sports pathway shines a spotlight on creativity and physical prowess. This pathway is a testament to the importance of nurturing talents in music, visual arts, drama, dance, and sports. Students here delve into subjects that foster artistic expression and physical development. They learn teamwork, discipline, and the importance of physical fitness.

The relevance of this pathway can-

not be overstated. In a world where creativity is a driving force behind innovation and where the sports industry offers countless opportunities, the Arts and Sports pathway prepares learners to excel in these domains. Graduates may choose careers as professional artists, musicians, actors, athletes, coaches, physical education instructors, or sports administrators. It celebrates diversity and acknowledges that not all students follow the same path to success.

TECHNICAL AND VOCATIONAL PATHWAY:

The CBC's Technical and Vocational pathway is a nod to the demand for skilled workers in various industries. This pathway equips students with practical skills and knowledge directly applicable to the workforce. Subjects like carpentry, plumbing, electrical installation, automotive engineering, hospitality, and entrepreneurship provide hands-on experience and technical expertise.

The importance of this pathway is crystal clear as it empowers students to address skills gaps and even embark on entrepreneurial journeys. Graduates are well-prepared for careers as skilled artisans, technicians, entrepreneurs, mechanics, electricians, chefs, and more. It fosters

self-reliance and contributes to the economy by producing individuals who can fill crucial roles in various sectors.

SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS (STEM) PATHWAY:

In a world increasingly shaped by technology and scientific advancements, the CBC's STEM pathway is a beacon of progress. This pathway nurtures students' interests in science, technology, engineering, and mathematics. It prepares them for careers that drive innovation and technological breakthroughs.

Subjects like mathematics, physics, chemistry, biology, computer science, and engineering-related courses instill critical thinking, problem-solving, scientific inquiry, and digital literacy. Graduates from this pathway can become engineers, scientists, mathematicians, computer programmers, researchers, healthcare professionals, and more. They are the future innovators who will tackle global challenges and drive economic growth.

The significance of the CBC's three career pathways cannot be overstated. They provide students with a diverse range of options to explore their interests and passions, ensuring that their educational journey is not

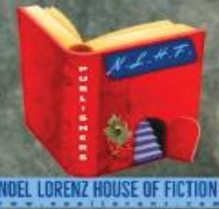
just about academic excellence but also about self-discovery. However, for this transformative curriculum to fulfill its promise, it requires the commitment and involvement of all stakeholders.

Parents, educators, policymakers, and the community at large must come together to support CBC learners. We must ensure that learners are well-founded in their chosen pathways, equipped with the necessary skills, and guided towards fulfilling careers. This involves fostering an environment where learners can make informed decisions about their future.

As we say goodbye to the 8-4-4 system, let us welcome the CBC with open arms and a shared commitment to nurturing competitive learners. Together, we can ensure that our youth are well-prepared to thrive in the senior school and beyond, contributing to the growth and prosperity of our nation. The future is bright for CBC learners, and it is up to us, the stakeholders, to help them shine.

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Director, Sharp Education Centre & Junior School
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The Teacher Is A Great Teacher

By: Bobonazarova Gulzoda

@themtkenyatimes



Worth Noting:

- The role of a direct teacher is incomparable in the formation of a person as a person. The reason is that teachers show us the right way and give direction. And if we follow his education and upbringing and his teachings, we can achieve many results.
- Have you ever thought about how many teachers there are in the world? Do they have a count? No, actually asking this question is stupid, in my opinion. Because as soon as we come into the world, we become disciples. How do you say? That is, when we look at this strange world for the first time with our little eyes, we see the blessed one, the teacher.

If there is no teacher in the world, Life could not be so beautiful. Knowledge is a priceless wealth, it is not an easy task to acquire it. Scholars compared learning to digging a well with a needle. A teacher has a great role in a person becoming the owner of such a priceless treasure. That's why our people didn't use the saying "The teacher is as great as your father" for nothing. Our past greats and ancestors knew the rights of teachers and teachers, deeply understood their value and treated them accordingly. After all, every profession finds its way in the hands of a teacher. There is no person who has matured without the lessons of a teacher! In all times, people have respected the services of teachers who gave their knowledge, talent and life for the perfection of humanity, and they have honored themselves.

The beauty of life, well-being, manners, besides, the development of our perspective is due to the teacher's work. Abdullah Avloni, a famous pedagogue of his time, wrote that "the happiness of every nation, the peace and happiness of states depends on the good education of young people." Of course, this is not self-evident. They say that a teacher is like a gardener. How many generations will enjoy the harvest of the seedlings he raised. The responsible, but honorable professions of teachers and coaches can be compared to a torch.

The teacher is like a sun that illuminates our path. This word has a deep place in the heart of every person. Why, he is the great one who gives us the right advice in any situation, at any time, and supports us. For this reason, our teachers are a precious and priceless blessing for us.

Temur laid his head at the feet of his eternal teacher,

The teacher is like the Sun and the Moon of the universe.

Where the light of knowledge has stepped,

Roads to the palace of justice, loyalty, love,

The step of the teacher is blessed, the teacher is as great as your father

From the content of this poem, it can be understood that the teacher is compared to the Sun and the Moon. It is assumed that the light of knowledge will shine from their every step, and the phrase "a teacher is as great as your father" is preserved in every age.

The role of a direct teacher is incomparable in the formation of a person as a person. The reason is that teachers show us the right way and give direction. And if we follow his education and upbringing and his teachings, we can achieve many results.

Have you ever thought about how many teachers there are in the world? Do they have a count? No, actually asking this question is stupid, in my opinion. Because as soon as we come into the world, we become disciples. How do you say? That is, when we look at this strange world for the first time with



Bobonazarova Gulzoda.

our little eyes, we see the blessed one, the teacher. They are the only guardians who spare their lives for us and never tire of sharing their knowledge. So, how can we forget this great man. Because our grateful first president Islam Abduganiyevich Karimov also said that "If there is a school, the greatest among buildings, the greatest and most honorable profession is teaching and coaching."

I still remember the first time I stepped on the threshold of the school. At that time, the person who held my little hands, gave all his love and introduced me to life is my teacher. The years went by. We also grew up by the hour and started aiming for big goals.

Our biggest goal was to enter a higher education institution. We faced many difficulties along the way. Undoubtedly, the teacher accompanied us on this journey. I didn't know anything that I remember that year. Entering a university was my only goal. In this way, my mentor F.Fn, docent, who never gets tired of giving me his knowledge, helped me mentally and emotionally. Otabayevich

was Ishakjon Ismailov. When I went to that person, I knew almost nothing. But the tireless work of the teacher and the education he gave me paid off. Finally, I was awarded the honorable name of student happiness. From the time I reached this level to the present, if I have been successful, it is all due to the efforts of my teacher Ismailov Is'haqjon Otabayevich. I am indebted to this man. I can't thank you enough. This person rediscovered me. He is the person who motivated me to move towards new goals and new goals. I had a very high respect for the teacher and I sincerely admired this teacher. It has been one of my biggest dreams to follow their path and gain knowledge like a teacher. Us-tozim Ismailov Is'haqjon Otaboyevich was born in 1978 in Koshkopir district. Associate professor of the Department of Uzbek Literature of UrDu, candidate of philological sciences. He is the author of about 90 scientific articles, the monograph "Persian heritage of Oga-hi", the textbook "Uzbek literature". Currently, they are conducting scientific research on the topic of "Traditions of

classical poetics in Khorezm's epics" for their doctoral dissertation. Our teachers never cease to be valuable and respected for us. They are honorable people who do not stop spreading the light of knowledge for us, even if they lose their lives and health. If it were not for these people, we would not have this knowledge. We would not have found our way of life. These are the teachers we seek to learn from. Every day, every second, we aim for new goals. Our teachers accompany us on this difficult path. The path of knowledge is so difficult that it requires a lot of strength and patience from a person. They are the ones who follow and guide us on this path. In conclusion, dear readers! As we embark on such an arduous journey, one day we will reach our goals, but on that day, let's not forget our teacher who worked hard for us.

Bobonazarova Gulzoda is a Urganch State University Faculty of Philology: Uzbek language course, 3rd stage student

SPORTS NEWS

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Sports >> *Manchester United manager Erik ten Hag has said he is concerned after his side suffered their worst start to a Premier League season with Saturday's defeat by Crystal Palace at Old Trafford.

'No Excuses, Not Good Enough' – Erik Ten Hag Concerned By Worst Premier League Start



Manchester United taking on Crystal Palace. PHOTO/Manchester United/Twitter.

Manchester United manager Erik ten Hag has said he is concerned after his side suffered their worst start to a Premier League season with Saturday's defeat by Crystal Palace at Old Trafford.

The Red Devils have lost four of their first seven games of the campaign – the first time they have done so since the 1989-90 season.

It is also back-to-back defeats at home in the league, with Joachim Andersen's first-half goal enough to secure all three points for Palace.

The last time Manchester United lost two consecutive home games in the Premier League was against Liverpool and Manchester City in October and November 2021, their last two home league games under Ole Gunnar Solskjaer.

The final whistle was greeted by boos from the home fans, and Ten Hag said he understood their frustrations.

"I understand fans are expecting

a win and we didn't win and we lost," said the Manchester United boss.

"Of course it is a concern, we have to be more consistent, this is not the demand for Manchester United. The demand is we get a row of wins and get into a series. We have to do better than now.

"I can give you reasons but you will explain it as an excuse and there are no excuses, we have to win."

The defeat was all the more frustrating for Manchester United after recent results had suggested they were heading in the right direction.

They beat Burnley in the Premier League last weekend and then followed that up with a comfortable win against Palace in the Carabao Cup at Old Trafford on Tuesday.

But Palace were a different proposition on Saturday, helped by the return of several first-team players who were rested midweek.

They defended superbly and made the most of their few chances. In contrast, Manchester United were wasteful in the final third and became increasingly frustrated against their well-organised opponents.

The victory for Palace moved them up to ninth, with Manchester United dropping to 10th.

"We have to do better, and that is definitely the case. It's not good enough," Ten Hag added.

"We have to show it in our body language that Old Trafford is a fortress and you can't get anything here, and the only way you can go away is with a loss.

"We have to do better here."

Crystal Palace boss Roy Hodgson has found a way to get results at Old Trafford, with this win extending his unbeaten run there to five successive games.

"A lot of talk will be about Manchester United, about them not creating well and playing well enough, but Palace deserve all the credit," former Newcastle striker Alan Shearer told BBC

Radio 5 Live.

"Their defensive display stopped the home side from playing."

Former Blackburn striker Chris Sutton felt Manchester United did not do enough to deserve the three points, despite dominating possession.

"We know that if Crystal Palace get their noses in front they are a very, very difficult side to break down," he said.

"A fantastic strike from Andersen and a fantastic defensive display.

"On the other hand Manchester United only forced Sam Johnstone into a few routine saves. There were a few good clearances from Palace defenders but aside from that they struggled to create.

"A worrying afternoon for Erik ten Hag."

-By BBC Sports

GET THE BEST OF WORLD

Sports >>> *Peres Jepchirchir successfully defended her World Half Marathon title after clocking one hour, seven minutes and 25 seconds in Riga, Latvia yesterday.

Riga WRR Champs: Jepchirchir Leads Kenyan Half Marathon Podium Sweep



Kenya's Jepchirchir wins women's Half Marathon at the Riga World Road Running Championships on Sunday, October 1, 2023. Photo courtesy of WA.

By **Gilbert Kiprotich** minutes and 25 seconds in Riga, Latvia on Sunday. cured a Kenyan podium with silver and bronze respectively with Irene Kimais settling for fifth in 1:08:02

Peres Jepchirchir successfully defended her World Half Marathon title after clocking one hour, seven minutes and 25 seconds in Riga, Latvia on Sunday. Margaret Chelimo (1:07:26) and Catherine Reline (1:07:34) secured a Kenyan podium with silver and bronze respectively with Irene Kimais settling for fifth in 1:08:02

With the victory Jepchirchir moved joint with the trio of Tegla Lorupe, Paula Radcliffe and Lorna Kiplagat with three wins at the global event.

The Olympic champion bagged the world titles previously in 2016 and 2020.

Kipyegon settles for bronze in the women's road mile in Riga

Double Olympic champion Faith Kipyegon settled for a bronze medal in the women's mile at the inaugural World Road Running Championships in Riga, Latvia Sunday afternoon.

Kipyegon, the pre-race favourite, led from the gun but the Ethiopian duo of Diribe Welteji and Freyweini Hailu trailing carefully before moving past her just before the finish line.

The 21-year-old Welteji clocked a new world record mark of 4:21.00 as compatriot Hailu claimed silver in 4:23.06

Kipyegon came home third to take bronze in 4:24.13 with compatriot Nelly Chepchirchir settling for fourth in 4:31.18

It was the first defeat for Kipyegon who has had a spectacular season on track having smashed three world records over 1500m, 5000m and the mile.

In the men's road mile, Kenyan duo of Kyumbe Munguti and Reynold Cheruiyot placed 13th and 22nd respectively.

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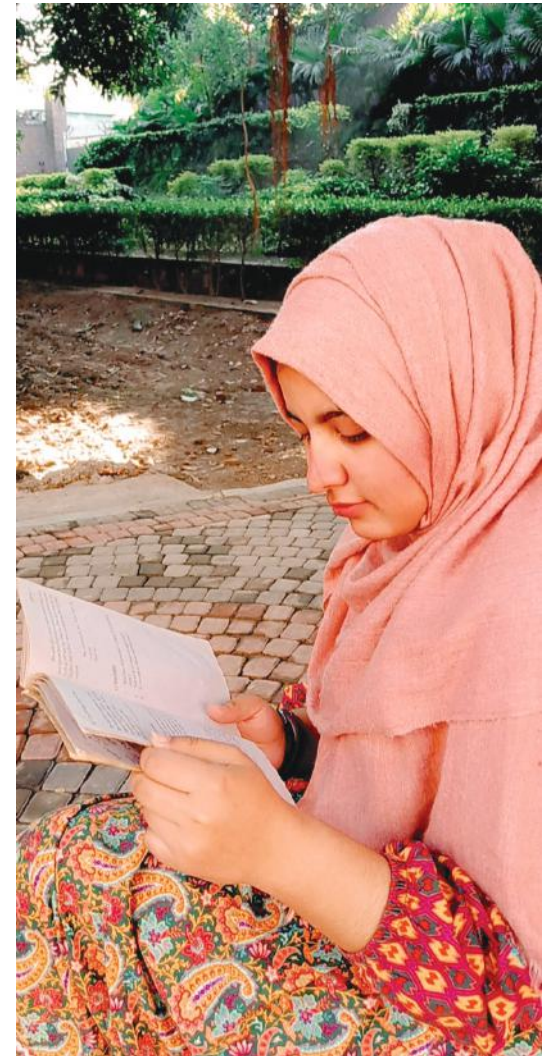
Abeera Mirza Is Raising The Flag High For Pakistans In Poetry



By: Abigirl Phiri
@themtkenyatimes

Worth Noting:

- My name is Abeera Mirza, and my journey in poetry started when I discovered the magic of words and their ability to express emotions in a unique way.
- My inspiration comes from everyday life experiences, nature, and the beauty of human emotions. I find inspiration in the little things that often go unnoticed.
- As a poet, I have faced the challenge of finding the right words to express complex emotions. It's also sometimes a struggle to find the right platform to showcase my work and reach a larger audience.
- One of my best poetry pieces is called "You", "Struggles" and "Whispers of Soul". They beautifully capture the inner journey of self-discovery and finding one's true voice.



Abeera Mirza .

Abeera Mirza is raising the flag high for Pakistans in poetry

Abeera Mirza is a force to be reckoned with when it comes to putting pen to paper. She is a fountain of words that tugs the heart strings. In addition, she is a friendly soul. Personally, I have co-authored with her in various poetry anthologies. Consequently, I know very well what she is capable of in breathing life to her poetry pieces. This shows poetry has the ability to connect people from different continents. Suffice to say, our mandate however remains the same that is propelling the gospel of poetry to greater heights.

Please tell us your name and how your journey started in poetry?

My name is Abeera Mirza, and my journey in poetry started when I discovered the magic of words and

their ability to express emotions in a unique way.

Have you won any major accolades for yourself in poetry? Are you a published poet?

Yes, I am a published poet and have been part of more than 80 anthologies, including the prestigious "Maverick", Pakistan's Largest Anthology.

Who is your inspiration?

My inspiration comes from everyday life experiences, nature, and the beauty of human emotions. I find inspiration in the little things that often go unnoticed.

Where do you see yourself in the near future?

In the near future, I see myself continuing to write and share my poetry with the world. I hope to reach a wider audience and connect with more people through my words.

What problems have you faced as a poet?

As a poet, I have faced the challenge of finding the right words to express complex emotions. It's also sometimes a struggle to find the right platform to showcase my work and reach a larger audience.

Share with us one of your best poetry pieces

One of my best poetry pieces is called "You", "Struggles" and "Whispers of Soul". They beautifully capture the inner journey of self-discovery and finding one's true

voice.

Kindly share your social media handles

You can find me on Instagram and Facebook at "@abeera_quotes." I share my poetry and thoughts there, and I would be delighted to connect with you!

Any word of advice to others who would want to venture into poetry

My advice to anyone venturing into poetry would be to write from the heart and be true to yourself. Don't be afraid to experiment with different styles and themes. And most importantly, never stop believing in the power of your words. Keep writing and expressing yourself!