



Where is Trans Nzoia Deputy Governor Mrs. Philomena Bineah?

Trans Nzoia County deputy governor has been off limelight and county functions in the recent days. The county governor George Natembeya has been seen launching county activities without his DG in the last couple of weeks.

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News>> Government Announces New Price Of A Bag Of 90kg Maize To Retail At Kshs. 4000

P. 8. PS Crop development Dr. Paul Rono officially opened the Kitale ASK National agricultural show in Kitale yesterday. The PS was in company off fellow PS state department of micro, medium and small enterprise Susan Mang'eni.

A New Caucus Formed To Champion For Mt Kenya Interests

The 10-10 Group Foundation Is Expected To Further The Interest Of Region, The Way Mt Kenya Foundation Did During The Past Two Regimes

As a region, our leaders with a national stature led by the Deputy President and retired President Uhuru Kenyatta must come together and unite the region. After all they were inseparable buddies with the former serving close to a decade as the personal assistant of the latter," said part of the statement which was read by Dr John Kinyua.



Dr John Kinyua addressing the media at Senior Chief Wambugu Palace

STORY ON PAGE 9



News>> Finance Committee Takes Treasury To Task Over Delayed Implementation Of The Accrual Accounting System

P. 12. The Members of the Departmental Committee on Finance and National Planning have expressed their concerns over the delayed implementation of migration from the cash accounting system to the accrual accounting system.



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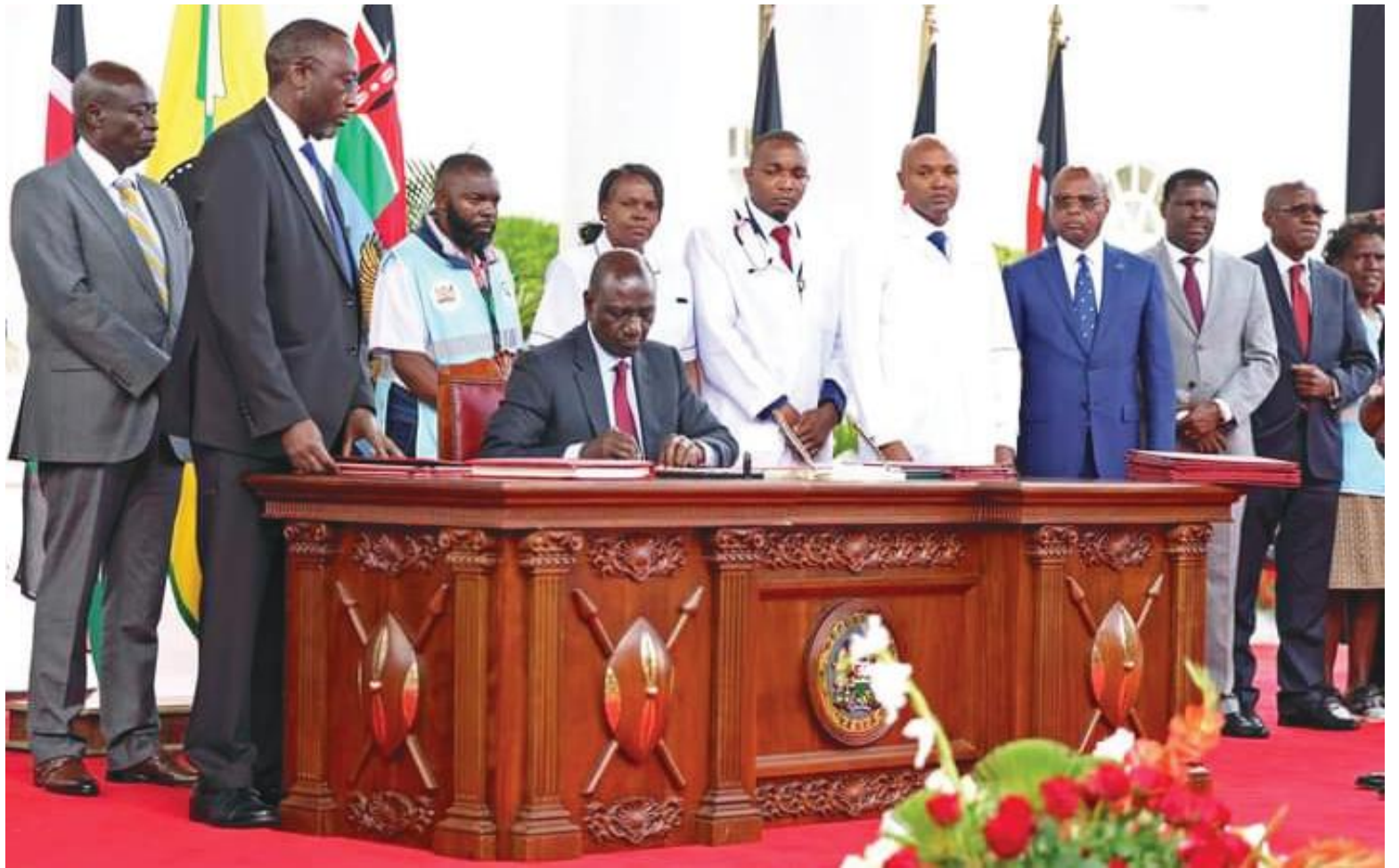
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President Ruto: New Healthcare Plan Will Leave No One Behind

By: PCU



President William Ruto signed four revolutionary and progressive Universal Health Coverage bills yesterday..

Worth Noting:

- “These laws will transform healthcare in Kenya; they will save lives, empower communities and make us a stronger and healthier nation,” said President Ruto.
- The President said the Act will complement the Community Health Policy and Primary Health Care and Health Financing Strategies, putting an end to challenges in healthcare service delivery.
- He noted that the Social Health Insurance Act repeals the current National Health Insurance Fund and establishes three new funds.

Kenyans will now access quality healthcare in an efficient, affordable and non-discriminatory manner.

This follows the signing of four revolutionary and progressive Universal Health Coverage bills by President William Ruto yesterday.

They are the Primary Health Care Act, 2023, the Digital Health Act, 2023, the Facility Improvement Financing Act, 2023 and the Social Health Insurance Act, 2023.

The Act will provide the necessary legal and institutional framework for the successful rollout of Universal Health Coverage.

“These laws will transform healthcare in Kenya; they will save lives, empower

communities and make us a stronger and healthier nation,” said President Ruto.

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They are the Primary Healthcare Fund, the Social Health Insurance Fund, and the Emergency, Chronic and Critical Illness Fund.

The Head of State said the Primary Healthcare Fund will purchase services from health facilities at levels 1 to 3

while the Social Health Insurance Fund will cover services at levels 4 to 6.

He said the Emergency, Chronic and Critical Illness Fund will handle emergency and chronic illness costs once social health insurance is depleted.

“This fulfils the express wishes of Article 43 (2) of the Constitution, which provides that no Kenyan should be denied emergency medical treatment,” he said.

Additionally, the Facility Improvement Financing Act addresses underfunding in public health facilities, while the Digital Health Act streamlines technology adoption to enhance data sharing and resource utilization.

Deputy President Rigathi Gachagua who also witnessed signing event said

the government is committed to changing the architecture of the country’s primary healthcare to ensure every Kenyan has access to affordable and quality care.

Also present were Speakers Moses Wetang’ula (National Assembly), Amason Kingi (Senate), Attorney General Justin Muturi, Cabinet Secretaries Susan Nakhumicha (Health), Eliud Owalo (ICT) Soipan Tuya (Environment), Rebecca Miano (Trade), Florence Bore (Labour), Solicitor General Shadrack Mose, Governors led by the Council of Governors Health Committee Chair Muthomi Njuki, National Assembly Majority Leader Kimani Ichung’wah, Permanent Secretaries, among others

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NEWS IN BRIEF



Kenya Electricity Generation Company (KenGen) is planning to use intensified rains to increase hydroelectric power generation, reducing power costs and ensuring better prices for consumers. The company plans to invest in solar energy to supplement other power sources, ensuring a steady supply around the clock. KenGen's CEO, Eng. Peter Njenga, said the company will continue to work on generation plants to enhance efficiency. The company's Board Chairman, Julius Ogamba, praised the Cabinet's approval of the Gogo Hydropower redevelopment project in Migori County, which is expected to increase the plant's electricity generation capacity from 2 megawatts to 8.6 megawatts.



Absa Bank Kenya has pledged Sh100 billion to support the Micro, Small, and Medium Enterprises (MSME) sector in Kenya. The initiative, announced during the bank's Annual Business Club Forum, aims to provide working capital to MSMEs across various value chains over the next three years. Absa Bank Kenya Managing Director and CEO, Abdi Mohamed, emphasised the importance of sustainable finance solutions for MSMEs to weather unexpected downturns. The bank's commitment aligns with Absa's strategy to contribute to Kenya's economic development by providing access to markets, information, mentorship, coaching, and sustainable finance. The bank's commitment follows the launch of its Wezesha stock proposition.



Religious leaders in Embu, have condemned rising cases of Gender-Based Violence, teenage pregnancies, and Female Genital Mutilation (FGM) and pledged to lead a campaign against these vices. They emphasised the suffering of vulnerable populations, including children and People with Disability, and urged the national and county governments of Embu to coordinate efforts to address GBV. They will also implement initiatives to educate children, teenagers, and youth on proper sexual conduct to prevent becoming victims or perpetrators of these crimes. The Embu Supreme Council of Kenya Muslims (SUPKEM) official, Sheikh Ramadhan Njuguna, called for severe discipline for perpetrators and proactive responses from security agencies and health facilities to GBV cases. The outcry for anti-violence messaging is urgent and must be addressed.



Embu County traders will now pay for one business permit for various commercial activities under one roof, following the introduction of the Embu County Trade Promotion, Development, and Licensing Bill 2023. The law aims to provide a legal framework for ease of doing business by eliminating multiple trade licenses for one business entity and exempting Persons with Disability (PWDs) from paying tax. The bill was sponsored by the County Assembly Trade, Tourism and Industrial Development Committee, chaired by Kithimu MCA Julius Karuri. The new law aims to help the county government realise its projected revenue collection of Sh750 million for the 2023–2024 financial year.



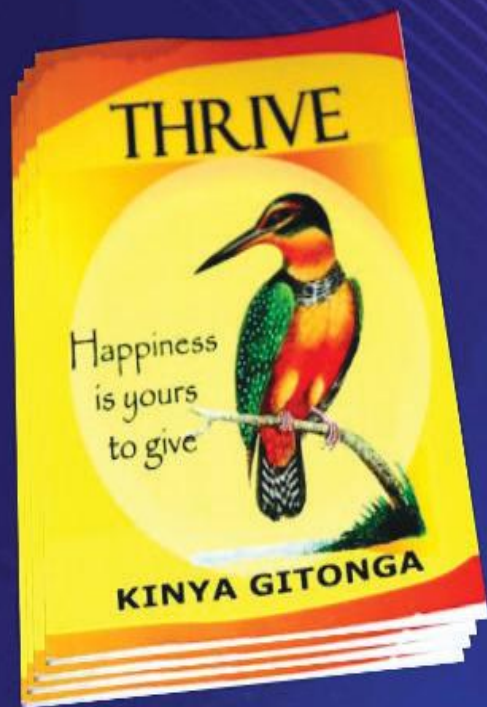
Marsabit County Commissioner Nibert Komora has called for strict enforcement of regulations governing the sale and consumption of alcoholic drinks in Marsabit town. Komora visited bars, wines, and spirits outlets in the town and found that operators were operating without licenses. He stated that almost all operators were not in compliance with the Alcoholic Drinks Control Act, despite efforts by NACADA. Komora ordered the sub-county committee on liquor to streamline trade operations, ensure sanitary standards, and adhere to opening and closing timelines in their licenses. He also asked county police commander Patrick Mwakio to ensure the law is fully enforced across the county. The uncontrolled sale and consumption of alcohol in Marsabit town is negatively impacting security and development.



Nyeri Governor Mutahi Kahiga has called for an urgent war against the surging cases of cancer in Kenya, warning that the disease may hinder the country's long-term economic growth unless urgent steps are taken to contain its spread. He also urged the government to use the necessary tools and equipment to enable people to access quality health services as one approach to combating the disease. Breast cancer is one of the leading cancers in Kenya, accounting for 34 infections for every 100,000 Kenyans. Kahiga also challenged nurses to take an aggressive role in shaping the future of healthcare by engaging in research, policy advocacy, and policy implementation. He stressed the need for health workers to take their rightful place in shaping Universal Health Coverage, which was launched in 2018. He also urged fellow county bosses to reciprocate the vital roles offered by nurses and midwives by improving their working conditions and terms of service. He also called for a review of health insurance schemes for nurses, stating that they undertake crucial tasks that constantly expose them to risks to their own health and lives.

Kingya N. Gitonga

PSYCHOLOGIST, AUTHOR, MENTAL HEALTH ADVOCATE
& FOUNDER SOUND MENTAL HEALTH FOUNDATION
PRESENTS



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Kingya N. Gitonga

CS Machogu Assures Candidates All Set Ahead Of National Exams

By: Capital Correspondent

Worth Noting:

- “And this time round the kind of arrangement that we have is such that exam managers will the morning paper in the morning and the also get back in the afternoon for the afternoon paper” Machogu stated.

- “The purpose of this is to avoid early exposure because the kind of allegations we have been getting there before is that we have few problems here and there because of early exposure, in order for us to seal that loophole once and for all is to have exam managers going for the papers two times a day,” he reiterated.



Education Cabinet Secretary Ezekiel Machogu .

Education Cabinet Secretary Ezekiel Machogu has assured that all the necessary arrangements for this year's national examinations are in place.

Machogu stated that examination papers have been dispatched to all 565 distribution centers across the country.

The CS said that they have a new arrangement where exam center managers will pick examination papers two times a day whereby the Morning Paper will be picked in the morning and the Afternoon Paper will be picked in the afternoon.

He further added that they have increased the number of marking centers from 35 to 40 which he said is to give the examiners a conducive environment.

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angement that we have is such that exam managers will the morning paper in the morning and the also get back in the afternoon for the afternoon paper” Machogu stated.

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The CS further said that they have increased the number of marking centers from 35 to 40 which he said is to give the examiners a conducive environment.

He also assured examiners that neces-

sary arrangements have been made to make sure that they get compensated in good time whatever they are supposed to be paid is not going to delay.

On the northern Kenya security concerns, the CS called upon teachers to return to work as peace has been reinstated and the government is going to ensure their security is covered.

“Again our teachers in northern Kenya I was in Mandela about two weeks ago, the security has improved and everything is good, and we want to request our teachers to go back to our schools in Mandera to continue with their work as the government will be able to provide security” the CS noted.

Machogu pointed out that the cabinet resolved to have first years who have not attained the age of 18 and hence

have no identity cards will now access HELB effective this year.

“There before anybody who had not gotten an identity card was not able to access HELB, but this time round the wise counsel of his excellence the president and the cabinet it was resolved that even those who have not attained the age of 18, will be able to access HELB effect from this year” said CS Machogu.

He further said that over 125,000 students have applied for scholarships and HELB and that they have done the processing, the CS added that they have gotten 10.3 billion for HELB and they are in the process of disbursing scholarships to various public universities in the country.

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Government Announces New Price Of A Bag Of 90kg Maize To Retail At Kshs. 4000

By: Sefu Sabila
@themkenyatimes

PS Crop development Dr. Paul Rono officially opened the Kitale ASK National agricultural show in Kitale yesterday. The PS was in company off fellow PS statedepartment of micro, medium and small enterprise Susan Mang'eni,

The PS confirmed the government price of a bag of maize from farmers as Kshs. 4000, According to PS Rono, the government settled on the amount after several considerations and review, including the government's move to subsidize fertilizer and seeds.

"After looking into all considerations and attributes which we call it the input price to produce one sack of maize, we saw Kshs. 4000 is sufficient. Although there might be reviews in case the government sees the amount is not enough. Because we have subsidized fertilizer and seeds, I believe that price is fit for the time being." PS Drm Rono said.

According to the PS, the cost equates the cost also incurred by the farmer to produce the bag of maize; he further said the cost of maize was agreed upon to cushion Kenya against the current high cost of unga and living, saying a rise in the price of maize will affect the cost of unga, to higher amounts, with many Kenyans already struggling to make ends meet.

"As we put that pricey, we are also looking at the final price of unga on our shelves, an increase in the price of maize per sack will directly translate to high cost of unga and bring about economic depression to Kenyans." PS Rono further explained.

However, Governor George Nitembeya called upon the government to review the stated price to also benefit the farmers, and provide market to farmers to reduce manipulation from cartels who approach the farmers' individual. The governor affirming the words of CEC agriculture in Trans Nzoia Ms. Phanice Khatundi, the farmers lose 30% of their produce to cartels.

"We lose about 30 percent of what we produce to cartels in the region. If we can save this, then protests and high cost of unga will be a thing if the past. We also urge the government to look for market for us to save our farmers to cushion them from manipulation of buyers wo visit them at home. We are positive of the aggregated industrial park at Kwanza will help us avoid this manipulation come next year." Said Governor Nitembeya.

In spite of the county experiencing a bumper harvest this year, 40% of the harvest is anticipated to go into a lose following the ongoing El Nino rains



At the center is PS Rono, left governor George Nitembeya and PS Susan Mang'eni.

experienced in the county. The government called on the national government to assist in providing drying and storage strictures in the region.

"Despite our blessing of a bumper maize harvest this year, with 7 million bags, we anticipate post-harvest losses of over 40% due to the prolonged rains. We call upon the national government to assist with drying and storage infrastructure and encourage our farmers to adopt the warehouse receipting system to minimize these projected losses." Governor Nitembeya explained.

Speaking after the opening, PS micro, medium and small enterprises Susan Mang'eni assured the farmers

of government support in offering financial support and market to farmers. She said the government aims at raising those at the lower level of the pyramid as per the bottom up economic model with the mpsa mfukoni to every Kenyan.

"As a department, we are working on a business model, where farmers can access financing and specific financing depending on the crops they are farming. We are also going to work out on the market, so they can start counting money in their pockets." PS Susan Mang'eni said.

The county also benefited from the government program as one of the 24 counties choose to pilot the promo-

tion of the sunflower value chain. The board chairman Agriculture and Food Authority AFA Hon Cornelley Serem flagged of the distribution on Tuesday at Kenya seed company grounds Kitale.

The count government has put aside over 20,000 acres of land under sunflower during the current short rain season, which will see more than 90,000 small scale farmers benefiting. The county boss also encouraged farmers to embrace crop diversification to strengthen the farming enterprise, the county dominantly has 80% of farmers practicing maize farming.



Some of the photos on the 2nd day of Trans Nzoia County Agricultural Show ASK. PS State Department Of Micro, Medium And Small Enterprises, Susan Mang'eni, Dr. Paul Rono PS state department of crops development, Kenya seed company chairperson Ngirici Purity, Kenya seed director Bernard Wambwa other leaders inspecting the exhibitors and learning booth.

Worth Noting:

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A New Caucus Formed To Champion For Mt Kenya Interests

The 10-10 Group Foundation Is Expected To Further The Interest Of Region, The Way Mt Kenya Foundation Did During The Past Two Regimes

By: WILLIAM MUCHIRI
@themtkenyatimes



Dr John Kinyua addressing the media at Senior Chief Wambugu Palace

A new outfit that is set to look out and follow the interests of Central Kenya is in the offing.

The caucus, currently going by the name 10-10 Group Foundation is set to champion for the interests and rights of mountain region dwellers.

It is set to increase its presence by championing, demanding and enhancing the locals' presence in all sectors, both in Public and Private sectors.

The first and foremost issue is to make it clear that they will be expecting Deputy President Rigathi Gachagua to take over the helms of power once President William Ruto's 10 year constitutional term ends.

Indeed, the name of this group has

everything to do with this issue of the current President and his deputy serving a full presidential term.

On Wednesday, dozens of political, religious and business community leaders met in a hotel near Nyeri town where they deliberated on several issues among them unity of the Mount Kenya region. The leaders, meeting under the auspices of 10-10 Group Foundation prayed for the regional unity saying their joy would be to see a recourse of the retired President Uhuru's regime.

In a statement title "1010 Group Foundation" they noted that unity in the region was paramount and thus all leaders should be reading from the same script.

On this note, they supported the

Deputy President's move of proposing for a dialogue between him and former president Uhuru Kenyatta.

While supporting the call, they further noted that it was no secret that President Ruto and his Deputy made Uhuru to the Head of State.

During the meeting several leaders who were in Mt Kenya Foundation decamped to the 10-10 Group Foundation and declared their support for President Ruto and Deputy Rigathi Gachagua.

The leaders who met at Senior Chief Wambugu Palace which is owned by the chairman of Tana Water Works Development Agency Wanyaga Gathaka asked the former president to stand with the current Presidency for the sake of the country.

The team noted that elections are over and so political bruises during campaigns should be thrown into the 'Kaburi la Sahau' and forge a united path into posterity devoid of them.

"As a region, our leaders with a national stature led by the Deputy President and retired President Uhuru Kenyatta must come together and unite the region. After all they were inseparable buddies with the former serving close to a decade as the personal assistant of the latter," said part of the statement which was read by Dr John Kinyua.

The leaders noted that the mountain region that contributes over 26 per cent of national GDP and that may have everything to lose in the event

of a governance collapse and so there is need to be in the frontline in always supporting the government in power.

The group supported the government and urged the political leadership to desist from alarmist bickering, inspire confidence in the citizenry and where necessary modestly point out missteps by the government.

The leaders noted that during the Uhuru regime, the region supported the government through Mt. Kenya Foundation while in the same vein they shall render full support to President Ruto government to the end even as they urged the citizenry to give him time to turn around economy.

"We take this opportunity to convey our gratitude to DP Gachagua who has tirelessly lobbied for countless appointments for the sons and daughters of this region, a feat that makes the residents feel well represented in the system. We urge him together with other leaders to ensure that we get commensurate development across our ten counties," the group appealed.

Lawyer Stanley Wabandi who is the new foundation coordinator allayed fears brought about by misinformation to the effect that the President and his Deputy are at loggerheads.

"They are not just together for convenience and coincidence but have a working chemistry that has been developed over the two decades they have been together," said Wabandi.

Bishop Charles Wamahi of Destiny Gospel Healing Church who spoke on behalf of the religious leaders noted that without unity amongst all leaders, nothing meaningful would be achieved.



Bishop Charles Mathangani Wamahi addressing journalists at Senior Chief Wambugu Palace in Nyeri



Lawyer Gacheru Wabandi.

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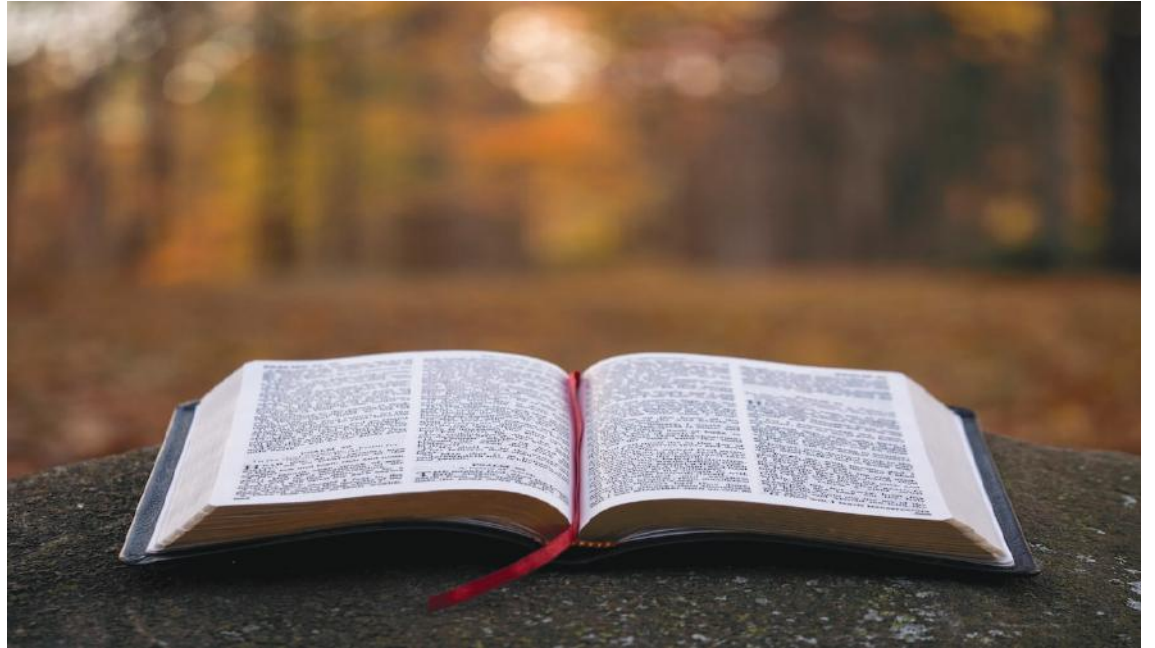
Discipline Of Leadership



By: Eric Musa
 EMEA.ericmusa@gmail.com

LEADERSHIP," SAYS WARREN Bennis, the poet-philosopher-scholar of organizational life, "is a word on everyone's lips. The young attack it and police seek it. Experts claim it and artists spurn it, while scholars want it . . . bureaucrats pretend they have it, politicians wish they did. Everybody agrees that there is less of it than there used to be." This pessimistic consensus and longing for leadership extends to the Church, which many today feel suffers from an alarming lack of leadership when compared to history as recent as the decades between the forties and seventies (decades which produced leaders of the stature of Harold John Ockenga, Billy Graham, Carl F. H. Henry and Francis Schaeffer, as well as dynamic local church and layleaders). Is there really less leadership than

there used to be? It appears so, but objective analysis is difficult. Statistics do indicate this, however: male leadership in the Church is on the decline as women outnumber men, for men comprise only 41 percent of adult church attenders, and some smaller churches cannot find even one man to fill the office of elder. More and more men are content to let others shoulder the heavy responsibilities while they go along for the ride. It is certainly true that leadership is more difficult today due to the sheer complexity of life and the size of today's institutions, and because of the contemporary confusion as to what leadership is. Secular analysis has produced more than 350 definitions of leadership. "Leadership is like the Abominable Snowman," writes Bennis, "whose footprints are everywhere but [he is] nowhere to be seen." But none of this excuses today's Church — or today's Christian man. Unlike our culture, the Bible provides clear instruction regarding leadership through the lives of its great leaders and through specific teaching regarding the character, qualifications, and commitment of spiritual leaders. In



addition to this, amidst our culture's confusion about leadership there are some astute analysts who have pinpointed the essentials of leadership and are providing information which has immense benefit for the general culture, including the Church. As we tackle the topic of the discipline of leadership, we will draw from both sources, with the greatest reliance being upon God's Word.

PRAISE BEBTO OUR LORD, GOD IN CHRIST JESUS: AMEN.
 References:
 The Living Bible
 Discipline of a Godly Man(Book by Kent Hughes)

Evangelist Eric Musa:
 (My message continuously: If you are not saved: Believe, accept, receive and confess Christ Jesus as

your Lord and Saviour and be filled with the Holy Spirit, as it is written; "NOW is the acceptable time, TODAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion, and to support the ministry contact Evangelist on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember, God Loves you and I unconditionally, perfectly and always: SHALOM

Education Committee Faults TSC For Interdicting Teachers Who Fled North Eastern

The Committee Vowed To Ensure There Is Justice And Fairness

By: PSCU

Members of the National Assembly's Education committee led by chairperson, Julius Melly (Tinderet) have expressed empathy following the interdiction of over 100 teachers by the Teachers Service Commission (TSC) for fleeing their duty stations in North Eastern Kenya due to insecurity concerns. During a meeting with representatives of the over 100 affected tutors, Melly faulted TSC for the arbitrary action, acknowledging the teachers' justified fears for their personal safety. "I apologize on behalf of this committee and Parliament for the harrowing experience you have undergone. TSC should have acted and treated you better," said Melly, after representatives of the affected teachers' recounted horrific stories of how they find it difficult to discharge their duties. The teachers, led by Charles Achol and Peter Kamoet, recounted their experiences, including how they have been spending nights in police stations due to Al-Shabaab threats. They also revealed

how they have found it difficult to travel to their places of work. "Being non-locals and not members of the religious faith of the majority of members in the region, we are soft targets to the Al-Shabaab insurgents . We also find it difficult to travel because buses and other vehicles are prone to attacks by the militants," explained Mr Achol. They told the MPs that despite raising concerns and requesting relocation, their pleas had been ignored. According to the group, they were later issued with interdiction letters after they declined to go back to the region for fear of their lives. Melly assured the committee's commitment to ensure justice is rendered and that their plight is addressed fairly. He announced that the committee will hold a meeting with TSC's top leadership next week to address the teachers' situation. "We have invited TSC CEO Nancy Macharia and all the commissioners to appear before the Committee next week and explain why the teachers were interdicted yet they have genuine concerns," he said.

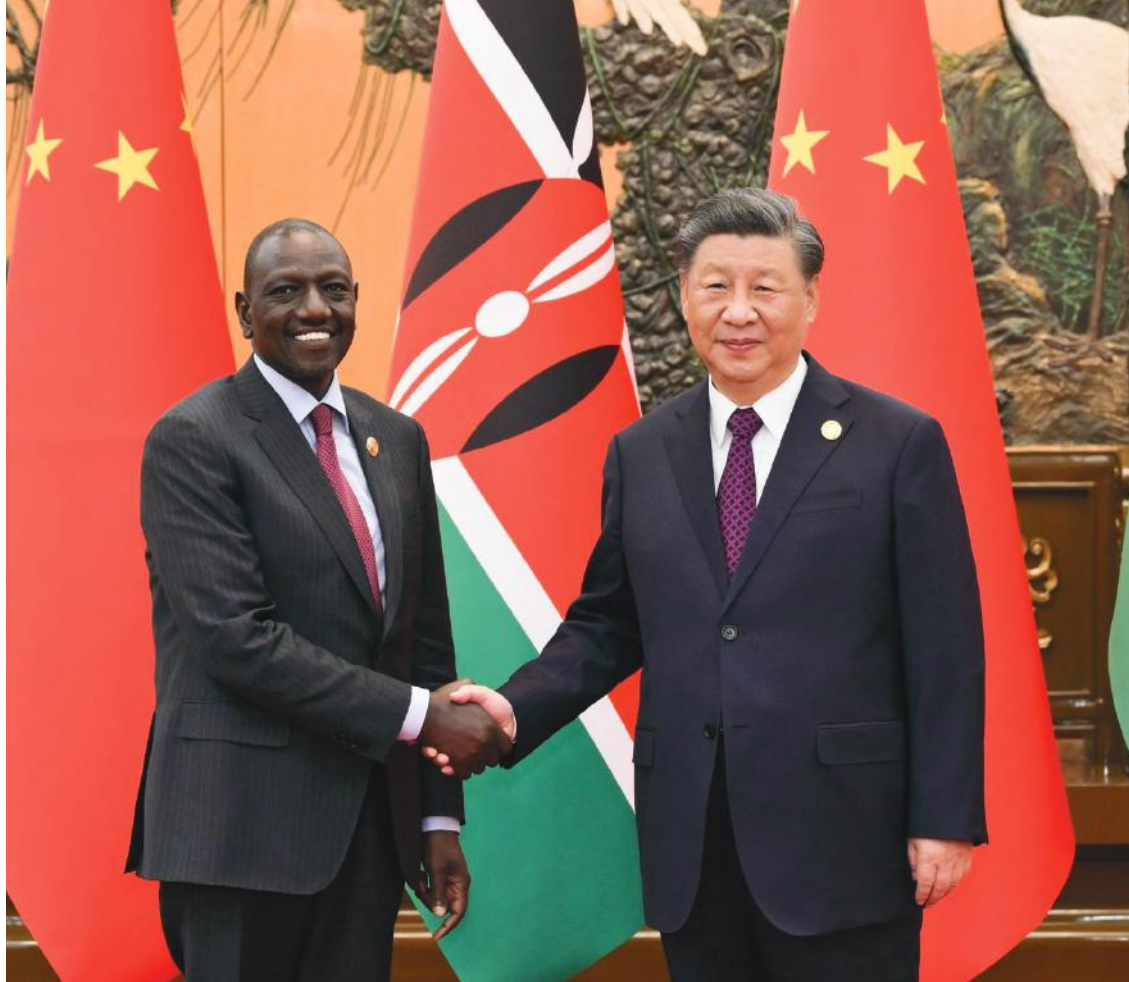


Some of the aggrieved teachers when they appeared before the committee.

Ruto, Jinping Meeting Helped To Strengthen Ties Between The Two Nations



By: Joseph Mutua Ndonga
mutuandonga@yahoo.com



President William Ruto and China's President Xi Jinping

Worth Noting:

- During the bilateral talks, President William Ruto minced no word in articulating the interests of the Kenyan people.
- Besides retracing the historical ties of the corporation and partnership between the two nations, he identified and listed the areas of the mutual interest.
- Sources indicated that in his response Jinping agreed of China's commitment to enhance the ties.
- China considers Kenya as a key strategic partner. Mr President, we also look forward to support your vision of Bottom Up Economic Transformation Agenda.
- Dr Ruto's critics further wanted Kenyans to believe that he was there on a begging mission.

President William Ruto has just concluded his three-day state visit to China. I followed this visit with keen interest because it was the first visit to the Asian nation since he assumed office.

As we know, China is ranked as the second most powerful nation on earth after United States of American (USA).

A day after his arrival, the critics of the President started spreading raw rumors that he had been shunned by his Chinese counterpart Xi Jinping.

But they got ashamed and embarrassed after the two leaders met at Great Hall of China.

It is worth noting that the meeting between the visiting President and the host is organized in advance.

So, in this visit, Dr Ruto knew he will hold a one-on-one meeting with his Chinese counterpart before he jetted out of the country.

Therefore, the claims by his critics were very cheap and narrow.

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look forward to support your vision of Bottom Up Economic Transformation Agenda.

Dr Ruto's critics further wanted Kenyans to believe that he was there on a begging mission.

Again, these claims did not hold any water.

Yes, we saw the President pitching for the extension of Standard Railway Gauge (SGR) from Naivasha to the border town of Busia.

From there, the line will cross to Uganda, Rwanda and all the way to Democratic Republic of Congo (DRC).

He said the talks with his counterparts touching on this matter were at advanced stage. Each country will mobilize financial resources for the construction of SGR within their jurisdiction.

President Ruto and his delegation did not hold any discussion touching on borrowing monies.

Sources indicated the government of Kenya will communicate to Kenyans the deals and agreements that Kenya inked with China during this visit.

On borrowing, allow me to say this. This is not a bad thing. The problem comes when you borrow loan money that was beyond your means.

It is not only developing countries that rely on foreign loans for the implementation of development projects and programmes. Even the most developed nations do the same.

President Ruto's visit came at a time

when speculations were rife that he had shunned the East in favor of the West, a narrative peddled by those who cited his numerous visits to the Western capitals.

To me, it is too early to judge him. Dr Ruto is a democrat and a strong believer in the Kenyan constitution and the rule of law. So, he cannot make such a decision without seeking concurrence of the relevant arms of the Kenyan government.

It is worth noting that former President Mwai Kibaki laid the foundation that saw Kenya turning East and sought to strengthen ties with China.

As a result, China was awarded contracts worth billions of shillings.

Thika Superhighway, Lamu Port and Standard Gauge Railway (SGR) were among the major projects clinched by the Asian giant.

Kibaki's successor President Uhuru Kenyatta followed the suit.

On SGR, he managed to negotiate for a whopping contractual loan totalling to Sh370 billion.

The monies were used to construct the new modern line from Mombasa to Nairobi and to buy the rolling stocks.

For President Ruto, my considered view is that his wish is to maintain cordial relationship with all development partners.

In this maiden visit, President Ruto joined more than 100 heads of state and government invited by the President of China to attend the Belt and Road Fo-

rum on development.

On the sidelines, Dr Ruto had a busy schedule. He held talks with chief executives of the big companies specializing in strategic areas of mutual interest including energy and technology.

By the time of writing of this article, he had witnessed Kenya signing multi-millions deals with these public and private companies.

One of the firms agreed to help Kenya generate more energy at a lower cost. With this, hustlers in Kenya have a reason to smile as this would lead to lowering of the cost of electricity.

On technology, Ruto's interventions were equally fruitful. The cost of the communication gadgets and internet services was bound to come down.

On SGR, I'm sure many recalls that this was a government to government deal. It follows that some of the key contents of agreement were not made the public.

The content becomes the top secret of Uhuru's administration. We recall that during this period the relationship between Uhuru his deputy Ruto had begun to worsen. It did not take long before the implosion preceded by the 'handshake' between the President Uhuru and his arch rival Raila Odinga occurred.

From then, Dr Ruto was kept in darkness. Uhuru would not share critical information with him.

This is despite these mega projects having generated a public debate.

As Kenyans, this is a big burden being placed on our shoulders. The big question was. Are we going to get value for our money?

Ruto's visit was therefore long overdue.

It gave him an opportunity to get to know the secrets.

It is worth noting that during the era of President Daniel Arap Moi, the West stood as Kenya's key development partners.

I have been listening to the powerful speeches Dr Ruto had been making when the Presidents of Western countries invited him. He would boldly champion the interests of Kenyans and the course of Pan Africanism.

Given this scenerio, the President would not shy working with the partners who gave us better deals.

For the contracts, the government would always consider the firms that offer better terms. The cost of the project. But the quality of the work would surpass all the considerations.

President Ruto has been visiting rich countries and he has so far secured goodies worth billions of shillings for all of us, Kenyans. This shows that he means well for Kenya. Let us continue supporting him.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Finance Committee Takes Treasury To Task Over Delayed Implementation Of The Accrual Accounting System

By: PSCU



Worth Noting:

- In a bid to entrench a clear fiscal reporting system in the public sector as a principle of public finance and as envisaged in the 2010 Constitution, in 2014 Kenya adopted International Finance Reporting Standards (IFRS) for Commercial organizations and International Public Sector Accounting Standards (IPSAS) for non-commercial public sector entities which encompasses MDAs at the National level and County governments at the devolved level. This however is yet to be implemented.
- Cash accounting system is the elementary accounting that recognises revenues and expenditures only when the funds are received, and expenditures paid out.



Some of the committee members during the session.

The Members of the Departmental Committee on Finance and National Planning have expressed their concerns over the delayed implementation of migration from the cash accounting system to the accrual accounting system.

The legislators sought to know why the National Treasury had failed to ensure the implementation of the migration despite the committee having allocated KSh450 million in the current financial year for the transition.

The members raised the concerns during a meeting with the officials of the National Treasury led by the Chief Executive Officer, Public Sector Accounting Standards Board (PSASB) CPA Fredrick Riaga, and the Director, Accounting Services, National Treasury CPA Wala Jonah.

The officials had appeared before the committee to apprise the lawmakers on the status of implementation.

In a bid to entrench a clear fiscal reporting system in the public sector as a principle of public finance and as envisaged in the 2010 Constitution,

in 2014 Kenya adopted International Finance Reporting Standards (IFRS) for Commercial organizations and International Public Sector Accounting Standards (IPSAS) for non-commercial public sector entities which encompasses MDAs at the National level and County governments at the devolved level. This however is yet to be implemented.

Cash accounting system is the elementary accounting that recognises revenues and expenditures only when the funds are received, and expenditures paid out.

This system though straightforward, falls short of giving the full picture of an organization's financial status at any specific time.

On the other hand, the accrual accounting system recognises income and expenditure transactions in the period they are earned or incurred rather than at the time when payments are received or made. The advantage of this system is that it generates a balance sheet that communicates an entity's net worth.

Pressed by members led by the committee chairman Kimani Kuria to explain why the implementation has delayed, CPA Riaga told the legislators that the Board was awaiting Cabinet approval for the migration. The lawmakers were however dissatisfied with this response.

They noted that since the migration had already been approved by dint of an Act of Parliament, there was no room for Cabinet Approval in rolling out the system.

The Treasury officials also cited some of the challenges they envisage in the implementation of the transition.

These include the current IFMIS system as configured as it is yet to be synchronized with the accrual system, and the capacity of officers to roll out the transition.

The advantages of the accrual process include its ability to maintain complete records on assets and liabilities, its ability to better manage risks associated with assets such as loss due to theft or damage. It would also

assist government agencies to make more informed decisions about the feasibility of financial services entities wish to provide to the citizens.

The system if implemented, is also expected to provide information on the impact of existing liabilities on future resources, aid in planning for future funding requirements of asset maintenance and replacement, as well as allocate responsibility for the management of all liabilities.

The committee has since directed that the transition be implemented by end of November and scheduled a meeting within next month to receive a status update on the matter.

Debate Escalate in the Contentious Kenya Drug Authority Bill

By: Eric Wanjala
 @themkenyatimes

Few days after a section of pharmacist practitioners tabled their dissatisfaction towards the Kenya Drug Authority Bill, citing amendments being biased and not considerate of their input, Dr Muyale from the Kenya Veterinary association is saying that the Bill tabled by Robert Pukose was well captured and for the interest of Kenyans on the medical space.

According to Kenya Veterinary Association the Pharmaceutical Society of Kenya (PSK) objections to the KDA Bill amendments are misleading, misinformative, provocative and has created unwarranted apprehension.

” We want to state the following facts that there is no lacuna in the regulation of veterinary medicines in Kenya. The Veterinary Surgeons Veterinary Paraprofessionals Act (Veterinary Medicines Directorate) Regula-



Dr Nicholas Muyale Kenya Veterinary association chair.

tions 2015 are functional, where need be, reviews can be pursued but not a repeal, Also Kenya risks exposing the public to unsafe foods of animal origin by reverting to inefficient and ineffective regulation of veterinary medicines by pharmacists. Commented DR. Muyale.

The pharmacists now say including the three amendments will water down Kenya’s standards and reduce her competitiveness while allowing regional countries to take control of the market. The bill which is sponsored by MP Robert Pukose underwent its first reading on November 9, 2022. It is designed to stabilize the regulatory framework in the manufacturing and distribution of health-made products and technologies in the country.

The Pharmaceutical Society of Kenya says despite giving their submissions on the proposed bill which is now at the Second Reading in Parliament together with the Ministry of Health and the Pharmacy and Poisons Board, their inputs on the three

instances were ignored. The issues of contention include an amendment that will see veterinary products removed from KDA regulation. The Pharmaceutical Society of Kenya has raised concern that if allowed to sail through, this will risk adverse effects on patient and animal health as well as jeopardize exports of medicines and animal products.

“We are trying to influence and see if the President can intervene because sometimes the bill is usually very long it has 97 clauses, the rest of the clauses have been cleaned up only these three need to be rectified,” PSK president Louis Machogu said.

The amendments also allow technicians to handle all scheduled medicines which the pharmacists now claim is in contravention of global best practices thus pausing a serious risk to the public safety due to indiscriminate access to controlled medicines and narcotics.

Committee Receives Submissions On The Food And Safety Control Bill

By: PSCU

Senate Agriculture, Livestock and Fisheries Committee, under the leadership of Embu County Senator Alexander Munyi Mundigi, held a meeting with the stakeholders from the Kenya Association of Manufacturers and Kenya Veterinary Board to deliberate on the Food and Feed Safety Coordination Bill, 2023 (National Assembly Bills No. 21 of 2023.).

The Bill aims to establish a framework for the coordination of public institution in the regulation of food and feed safety. Additionally, it intends to establish the Office of the Food and Safety Controller and define the responsibilities of county governments in matters related to food and feed safety.

To ease and cost of doing business



Senate Agriculture, Livestock and Fisheries Committee.

and continuous review of the regulatory environment, the Kenya Association of Manufacturers submitted that the Bill needs to underpin the need to enhance the ease of doing business in the food and feed safety environment and the need to regularly undertake a review of mandate of

competent regulatory authorities. The Ag Chief Executive Officer of Kenya Veterinary Board appreciated the role of County Governments in food and feed safety and recommended that the Regulation of Food safety should be done separately from regulation of medicines



Nyeri County Sen. Wahome Wamatinga.

as guided by the SPS Agreement of WTO and other international standard setting bodies as captured in the Bill.

“The Bill addresses the current challenges in food safety regulation devoid of any business interests and is backed by a sound Food Safety Policy,” Dr. Mary Agutu said.

Other members who attended the meeting were; Nyeri County Sen. Wahome Wamatinga, Nominated Sen Beth Syengo, Bungoma County Sen. Wafula Wakoli and Makueni County Sen. Daniel Maanzo.

14 POEMS

Ancestors Remember



And Mirzo Bobur,
They are the sultans of poetry,
Ghazals, epics, and rubai
He is always kind to us!

Otamurotova Mohinur is the daughter of Davronbek. She was born on May 24, 2010 in Khorezm region. Currently she is studying in the 7th grade of school number 18 of Khiva district. There are 5 people in the family. She is the 2nd child in the family. She is currently the press and media captain of Khiva district. A young poetess. Her poems have been published in "Gul unchar" and "Maktab unchalari" for Khorezm region, "Smile" for the Republic of Uzbekistan and "Anthology" sent to 26 countries by journalist Nozima Gofurova in cooperation with Britain. One of the highest goals in the future is to become a person who will serve her country and earn the trust of her parents.

How many great people,
In our country where we live,
Their ideas,
We always remember!

Our grandfather Amir Temur,
He saved the country.
They do not bow to the enemy,
Fire flashed in his eyes!

Our grandfathers Alisher Navoiy

Tulip...



Bring a bouquet of tulips.

You are the person the artist drew on my forehead!
Love me with your soul over and over again
My lips are red, the first time you see them,
Bring a hearty white tulip.

Perhaps,
we know each other
Maybe a stranger
But fate crossed our paths.
Having smiled from happiness in your hug,
Bring the happiest tulip.

By: Diinura Rakhmanova

To hold the arms of my destiny
firmly,
Find me
Looking at the mountains, even on a rainy way,

Write one poem
From your heart
Let your words touch my heart.
So much...
Standing proudly in front of the flower holder,
Bring me your life!

Life Never Goes Back



Those who are old know the value of life,
Those who did not live long and died early,
Even wise men have said that,
Life never goes back.

Ismailova Nigora Mirzoliyevna was born on June 7, 2006 in Sariosia district of Surkhandarya region. Currently, she is a student of the 11th grade of the 12th general secondary school in the district. Now she teaches English to the children of her circle in her educational center called "Wisdom educate". Creative works were published in USA, Russia, Kenya, Spain, Germany, Moldova, India magazines. Member of India's international organization "All India Council for Foreign Development" and ambassador to several world organizations. other: "SPSC-(Sustainable Developers and Organizers).
Global Education Ambassador.

Active member of "JUNTOS POR LAS LETRAS" Songwriters and Artists Working Group.
Young volunteer of "OLTIN KANOT" organization

Creatively published in Kazakh, Argentinian and Uzbek anthologies.

Owner of the "Altin Kiran" badge.
Owner of the badge "Innovative Promoter".

Appreciate every moment, every day,
You never know what day tomorrow will be.
Open your door to prayer every day,
This life will not come back.

Those who left you may return,
It's okay to say what you miss,
Springs can return in one year,
Life never goes back.

It hurts that your life is gone,
This light reminds you of this,
Even though people all worship
Your past life will never come back.

A Righteous Woman Is Half Of Faith



If you forget your daily zikr, it will remind you!
If you sleep late, he will wake you up in the morning.
If you listen to the devil and start being lazy in prayer, he will call you to prayer like an angel.
If you want to read a book, but you are too tired to read... He will read a book. You listen, but don't forget, He gets tired too.
Be half of it!

Madina Tillabekova

Madina was born on June 28, 2004 in Syrdarya region. Currently, she is a 2nd-year student at Gulistan State University, Faculty of Natural Sciences. She knows 4 languages and teaches Turkish and English to young girls. His creative works have been published in many newspapers and magazines. Winner and participant of the "MDH" and "ILM FAH QANOTI" contests. She is the ambassador of many international organizations.

It is not for nothing that they say "A righteous woman is half of faith".
Sometimes you are tired of heart, then he will encourage you.
If you can't get hold of the Qur'an today, He will read it for you!
You just put your head on it.
He can be your sister when you are sad, and your sister when you are happy.
And in any situation, you are a friend.

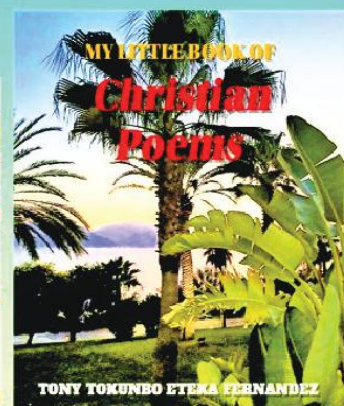
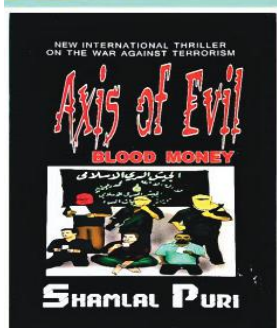
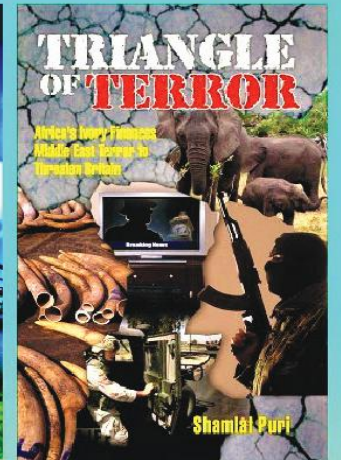
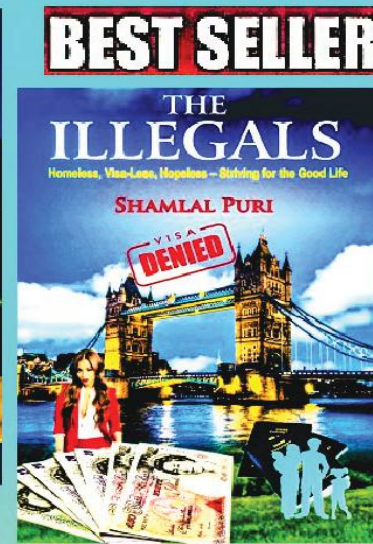
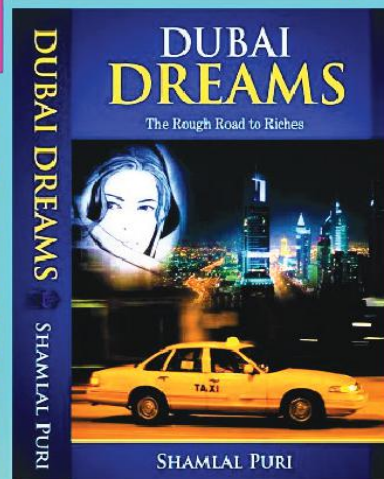
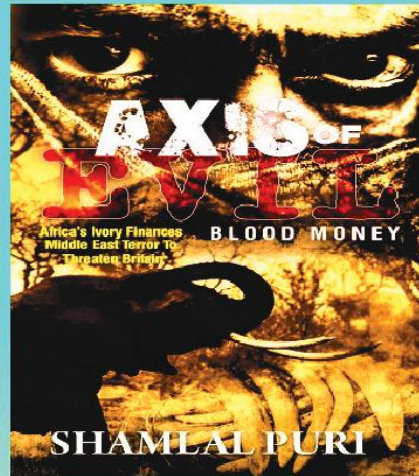
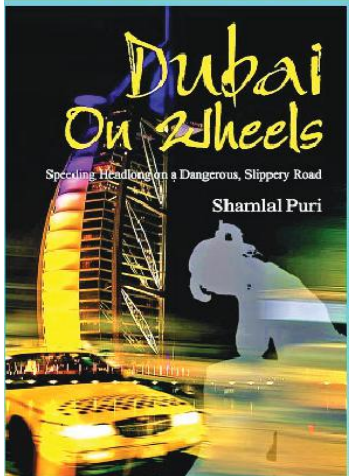
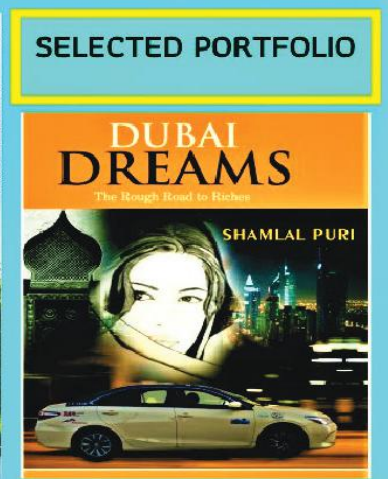
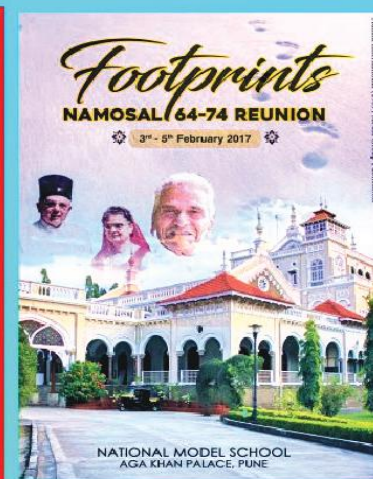
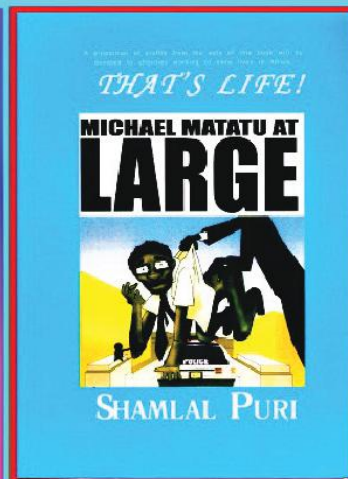
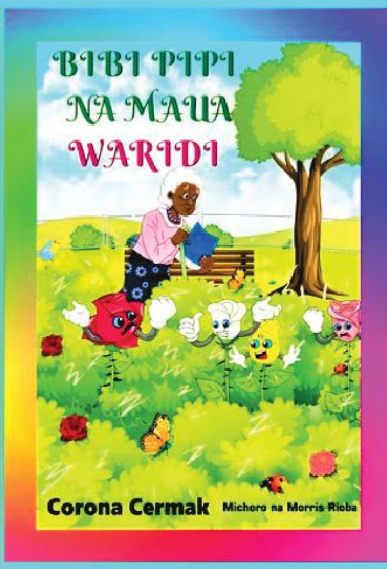
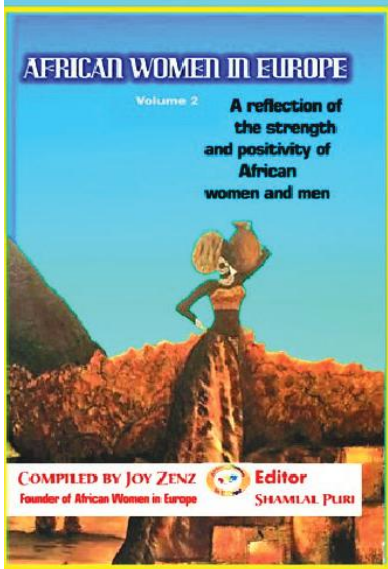
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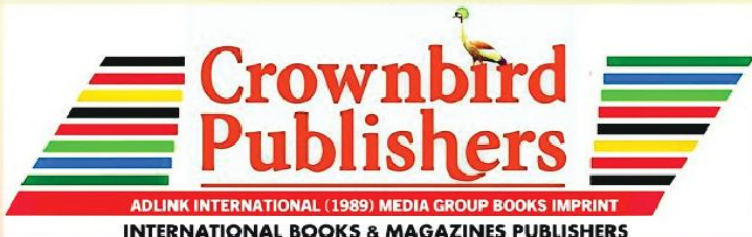
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Ezra Chiloba Resigns As Communications Authority DG Amid Probe On Gross Misconduct, Abuse Of Office

By: Capital Correspondent

Communications Authority Director General Ezra Chiloba has resigned amid claims of gross misconduct and abuse of office.

In a statement, the Authority's board of directors stated that it accepted the resignation of Chiloba who had served at the post for two years.

"On behalf of the Authority, I wish the outgoing Director General success in his future endeavours and appreciate his invaluable contribution to the organization and the wider ICT sector," Board Chairperson Mary Mungai stated.

Chiloba had been accused of applying for and self-approving a mortgage loan without following the right procedure among other financial improprieties.

An audit that was conducted on the CA's staff mortgage found that the loan, which facilitated the acquisition of a property between him and

Jacob Wakhungu, was not subjected to interrogation and approval by a higher authority.

Chiloba is also accused of acquiring a property house and land of seven acres, which is beyond the mandatory one-acre limit and thus in violation of the Civil Servants Housing Scheme requirement.

"Gross Misconduct – Being that the Director General is the Accounting Officer for the Authority, the conduct and integrity of the office holder when viewed against the provisions of Sections 11, 12 and 13 of the Leadership and Integrity Act is found to be in contravention of the same and in breach of the Code of Ethics which amounts to misconduct for which he may be subjected to disciplinary proceedings as per Section 45 of the Employment Act 2007," the document reads.

CA's Staff Mortgage Scheme was started in 1999 to allow staff to acquire decent houses and is administered internally by the Human Resources and Administration Department.

As of June 2023, a total of Sh662.4 million had been issued to staff.



Ezra Chiloba. /FILE.

Out of this, Sh72.2 million went to construction loans, Sh196.5 million to home purchase loans, Sh364.8 million to loan refinancing, and Sh28.9 million to the ex-staff outstanding loan balance.

For instance, the current Secretary

to the Cabinet, Mercy Wanjau, has an outstanding mortgage of about Sh18.4 million for a property in Wood Green Terraces.

"In the process of carrying out procedural approvals and application of the Seal by the Chairperson of the

Board of Directors, it was discovered that there were questions on the veracity of the valuation reports for properties presented," it adds.

Machakos Court Declines To Halt Mavoko Demolitions

By: KBC Digital

The Machakos Lands Court has declined to issue applications to stop the demolitions at Mavoko.

The claimants have decided to appeal the ruling on Monday.

In another twist of events, the court has stated that the ownership of East African Portland Cement Company has not been determined so it is still a dispute in court.

The case that Portland had said is concluded has been found not to have been concluded on merit and hence the plaintiff/applicant had a right to come back to court for redress.

According to Justice Annet Nyukuri of the Environment and lands court in Machakos, it is only after the full hearing that the issue of ownership or authenticity of title can be ascer-

tained hence the allegation that the court had declared Portland as owners of the land is false.

The court has acknowledged that the County Government of Machakos has applied to be made a part of this case, henceforth the county government will be participating in this case.

Demolitions.



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Where is Trans Nzoia Deputy Governor Mrs. Philomena Bineah?

By: Sefu Sabila
 @themtkenyatimes

Worth Noting:

- Worth of notice is the missing in action by the county's second in command DG Philomena Bineah in important county functions. During the flagging off of kits for the community health promoters, a program by the National government to all 47 counties, raising alarms and speculations by residents hinting to a possible fallout between the two sparked.
- Despite their followers showing support and differing on thoughts, neither Governor Natembeya nor his DG Philomena Bineah has commented on the matter, as county functions are currently ongoing.
- The two were previously seen together at county functions and launches, however a sudden shift of governor Natembeya has raised eyebrows on the whereabouts of the county second in command.



Last photo where governor George Natembeya and DG Philomena Bineah were seen together in July 22.

Trans Nzoia County deputy governor has been off limelight and county functions in the recent days. The county governor George Natembeya has been seen launching county activities without his DG in the last couple of weeks.

On Tuesday, the governor flagged off sunflower seeds distribution program at the Kenya Seed grounds in Kitale alongside the board chairman Agriculture and Food Authority (AFA) Hon. Cornelly Serem, AFA board directors, AFA board director general Willis Audi and Presidential Economic Transformation Secretariat and AFA nuts and oil crops directorate director Ms. Anne Gikonyo. The meeting aimed to promote the edible oil crops sub-sector through the provision of sunflower seeds to farmers ahead of the anticipated El Nino long rains in the region and the country.

On Thursday, Governor George Natembeya received a delegation from the commission on administrative justice (office of the ombudsman) at his office, according to the governor the discussion is geared towards getting solutions to mutual interest of the people of Trans Nzoia and explores

opportunities for support and collaborations open to the county of Trans Nzoia.

Both during the launch of County Aggregation Industrial Park in ADC Namandala Farm in Kwanza Constituency in September, similarly, during the handing over and renaming of the referral hospital to Wamalwa Kijana Teaching and Referral Hospital, the governor was in company of Azimio leaders and other county leaders in September and August respectively.

Worth of notice is the missing in action by the county's second in command DG Philomena Bineah in important county functions. During the flagging off of kits for the community health promoters, a program by the National government to all 47 counties, raising alarms and speculations by residents hinting to a possible fallout between the two sparked.

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The two were previously seen together at county functions and launches,



The Board Chairman, Agriculture and Food Authority – Hon. Cornelly Serem, AFA Board Directors, AFA Director General – Willis Audi, Presidential Economic Transformation Secretariat and AFA Nuts and Oil Crops Directorate Director- Anne Gikonyo with governor George Natembeya in his office on Tuesday where they later flagged off sunflower seeds distribution at Kenya seeds ground in Kitale.

however a sudden shift of governor Natembeya has raised eyebrows on the whereabouts of the county second in command. The last county where the two leaders were seen together in July, when welcoming a team from Weald School from United Kingdom, who were building permanent classrooms for schools with mudwalled structures Trans Nzoia classrooms for Kenya, across the country.

Mr. Rufas Maina, a long-term resident of Trans Nzoia says, ever since governor Natembeya took office, the county has since seen development and fruits of devolution, which the residents missed the last ten years. According to him, political ideologies and personal development should not hinder them from working together, as their work can be seen from the current happenings in the county.

“The two make a great a team with no doubt, however, their political stands and party loyalty should not be a reason for their fallout and quench the thirst of their opponents. It will be a win definitely to governor Natembeya's rivals. Any person who visited the county early last year will be clearly amused by the radical and drastic changes of the town. Whether it is true there is a fall out or not, the two should set aside their difference and provide service to the residents of Trans Nzoia that is the reason we placed them in the office.” Mr. Maina explained.

“The governor should tell us, he has remained silent on the matter, we don't want to believe that there is a rift between them. It tends to happen female deputies and assistants in various capacity of leadership are being frustrated. We want a harmonious environment of working whether the

leader is a man and assistant woman or vice versa to provide services to the people. Politics are over, what common mwananchi needs is service delivery and action of political promises. “Ms. Margaret Nafula a seasoned political analyst in the county said.

Whether it's their rivals trying to bring up the romours and creating scenarios, they should stop. Trans Nzoia is a crossmopolitant county, these alarms being raised of disrespect on tribal basis should stop. As a County we should do better and go above tribal politics and democracy.” she added.

Fallouts between the county bosses and their assistance have been very common since the beginning of devolution in 2013. For instance, in June this year Siaya DG William Oduol, survived an impeachment by 42 members of county assembly of Siaya, over misuse of public resources, abuse of office and violation of the constitution. Embattled Meru governor Mama Kawira Mwangaza survived and impeachment early days in office and was saved by the senate. However, the governor is currently facing a new impeachment bid from MCAs.

President William Ruto has called for leaders across all political divides to work together, put aside their difference and work together in the achievement of both the county and national government's agenda.



Commission on Administrative Justice (Office of the Ombudsman). The delegation was led by the Access to Information Commissioner, Com. Lucy Ndungu, EBS, at governor George Natembeya's office on Thursday.

Wishing all Kenyans a

HAPPY
MASHUJAA
DAY

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Justice And Legal Affairs Committee Receives More Submissions On The Tribunals Bill, 2023

By: PSCU

The Justice and Legal Affairs Committee led by the Vice-Chairperson Mwengi Mutuse (Kibwezi West), received more submissions on the Tribunals Bill, 2023; which seeks to give effect to Articles 1(3)(c), 20(4), 47(3), 159(1) and 169 of the Constitution regarding Tribunals, to establish the office of the Registrar of Tribunals, to provide for the functions of the Registrar of Tribunals, to rationalize and regulate the administration and functions of Tribunals, and for connected purposes.

The Chairpersons for Business Premises Rent Tribunal and Land Acquisition Tribunal, called for revision of Section 43, to let the terms of office of current Tribunal Members and Chairpersons to run until expiry, rather than requiring them to leave office after 18 months, as this will safeguard against grounding tribunals pending recruitment of new members as some have been appointed at different times.

Further, the Chairpersons proposed



The Justice and Legal Affairs Committee Vice-Chairperson Mwengi Mutuse (Kibwezi West)

clause 19(1) on the quorum of 3 members for the tribunals to be left to the parent law, to help streamline the question of quorum which depends on the composition of tribunals and also the complexity of matters handled by those tribunals.

The Public Administrative Officers Caucus raised a concern that the Bill does not include the proposed independent tribunals into our court systems pursuant to Article 162(4) of the Constitution.

In addition to that, the caucus not-

ed that the Tribunals Act attempts to amend the Constitution against the provisions of Article 255, 256 and 257. An additional role outside the functions provided to the Judicial Service Commission constitutes backdoor constitutional amendment.

The caucus also noted that establishment of the offices of the Registrar and Deputy Registrar and subsequent appointments, ought to be handled by the Public Service Commission and not the Judicial Service Commission as highlighted in the Bill.

The Law Society of Kenya (LSK) proposed deletion of clause 5(2) (b), on the functions and powers of the Judicial Service Commission, arguing that Parliament does not need any recommendation from any source to determine which bodies including Tribunals are to be established.

LSK also called on harmonization of clause 12(1), on the appointment of chairperson and members of tribunal, noting that the clause recommends each tribunal to have a minimum of three members, while clause 8 provides that the tribunal shall have a minimum of two members.

Mwengi Mutuse notified all who presented their submissions that the Committee shall be looking at their submissions and do a report based on constitutionality and ensuring that they are in harmony with other laws.

10,000 Guests To Attend Mashujaa Day Celebrations In Kericho

By: Prudence Wanza

Security has been beefed up in Kericho town ahead of Mashujaa Day celebrations to be held at the Kericho Green Stadium today.

Speaking to KBC Channel 1, Rift Valley Regional Commissioner Dr Abid Hassan said at least 10,000 guests are expected to attend the celebrations.

“The gates will be opened by 3.00am on Friday and all guests are requested to be seated by 7.00am. We have also intensified patrols and surveillance to ensure the county is secure to host the celebrations,” said Hassan.

In addition, section of roads leading to Kericho town will be closed from Thursday 5PM to Friday 5AM for the purposes of ensuring that preparations within the CBD are finalized.

Motorists from Bomet, Litein, Kisii, Kisumu will be diverted to other roads.

The Regional Commissioner urged motorists to comply with traffic police officers who will provide alternative routes to ensure road users are not inconvenienced.

Roads leading to the stadium have also been expanded for ease of traffic. The County Commissioner’s residence has also been reconstructed to host the garden party after the celebrations.

Guests using air transport will land at the Kerenga airstrip.

This year’s Mashujaa Day is being celebrated under the theme of Universal Health Care (UHC).



Rift Valley Regional Commissioner, Dr Abid Hassan. PHOTO: Selestus Mayira.

SPORTS NEWS

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Sports >> *Two-time Olympic marathon champion Eliud Kipchoge said on Monday he is determined to find ways to improve and better the current world record, and suggested that his age would work for rather than against him in the pursuit of this goal.

Legend Eliud Kipchoge Chats History Bid In Shanghai



Eliud Kipchoge celebrates after breaking the Marathon World Record in Berlin on September 25, 2022. PHOTO/Athletics Weekly.

Two-time Olympic marathon champion Eliud Kipchoge said on Monday he is determined to find ways to improve and better the current world record, and suggested that his age would work for rather than against him in the pursuit of this goal.

“With age comes experience, and experience is important,” said the Kenyan, who turns 39 in November.

Kipchoge made the remarks during his trip to the INEOS China office in Shanghai. He also took part in a two-kilometer run with the employees later that day.

Kipchoge was the previous

holder of the world record of 2:01:09 — it was set at the 2022 Berlin Marathon — until his compatriot Kelvin Kiptum clocked 2:00:35 at the Chicago Marathon on Oct 8.

The Kenyan also implied that he is confident of breaking the two-hour marathon barrier in an official race.

“In sport, you train and be confident. It’s like boxing. If you enter the ring not feeling confident, you’ll be knocked out after 30 seconds,” he said.

British multinational chemicals company INEOS is the creator of the INEOS 1:59 Challenge, a special event that helped Kip-

choge become the first man in history to break the two-hour barrier in marathon running in October 2019.

The time of 1:59:40:2 clocked during the challenge was not ratified as a world record because of the use of pacemakers and the absence of open competition.

During the event in Shanghai, Kipchoge also unveiled the first set of INEOS 1:59 Pace Challenge posts. These physical posts are located around the world, with the first located in the Austrian capital of Vienna. Running enthusiasts can take on the challenge of running 352.6 meters within a minute — the pace that

Kipchoge kept when he clocked 1:59.40.2 — at these posts.

“The INEOS 1:59 Challenge has a special place in my heart. Since that event in 2019, I have seen many people inspired to either start running or to take off the brakes in their heads and achieve what they want to achieve,” said Kipchoge.

“I like to inspire people through running. This is why I’m encouraging runners to take on the challenge and run my pace from the INEOS 1:59 pace challenge.”

-By China Daily-

GET THE BEST OF WORLD

Sports >>> *Kenyan-based triathlete Berber Kramer has described her participation at the first-ever woman only Ironman World Championships in Kailua-Kona the past weekend as an out-of-this-world experience.

Kenyan-Based Triathlete Berber Kramer Counts Blessings Of Energy-Sapping Ironman World Championships



Kenyan-based triathlete Berber Kramer in action at the first-ever woman only Ironman World Championships in Hawaii. PHOTO/BERBER KRAMER.

Kenyan-based triathlete Berber Kramer has described her participation at the first-ever woman only Ironman World Championships in Kailua-Kona the past weekend as an out-of-this-world experience.

Kramer said she enjoyed competing with other women in addition to sampling the best sights and sounds that the course had to offer. "Racing with women only on the course makes for a great competition, and it feels more fair, because it really is our own race, without men interfering either in the front or the back of the race. All participants were also super

supportive of one another, there was a great sense of community, or ohana (family) on the Big Island," Kramer said.

She added: "It was an amazing experience. This race is normally already extremely special, given that every person has to earn their slot; but on top of that, this was the first ever women's only world championship for Ironman, and that made it even more special."

The Ironman World Championships has been traditionally held in the west coast town of Kailua Kona since 1981 and brings together numerous triathletes from worldwide.

The course includes a 3.9km ocean swim, 180km of bicycle race before concluding with a 42km run that ends in Kailua-Kona.

Commenting on her performance in the competition, Kramer conceded she could have done better, especially when it comes to running.

"In terms of my race, I'm satisfied with my swim, bike, and the way I kept both my head and body cool. The main area where I would have wanted to do better was the run; my hydration and nutrition weren't on point, so I got GI issues and couldn't find a good run

rhythm," she explained.

Regardless, Kramer said she gleaned valuable lessons from the competition, which will come in handy for her on a rainy day in terms of future events.

"As a result, my time kept creeping up and I know I could have done so much better – even finishing sub 10 hours – with a better marathon. But every race we learn! Onwards and upwards from here!" she said.

Capital sport

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Gender Equality



By: Tahirova Dilafuz
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Worth Noting:

- Structural and institutional changes are continuing in our country, legislation in the field of equality is being improved, women are -confirms that the role and status of girls in social and political life is increasing. In addition, today in our country the Senate is headed by a woman.
- It is noted that the share of women in political parties has reached 47%, in higher education 40%, and in entrepreneurship 37%. The share of women working in leadership positions is 33 percent. Today, about 2,000 state and community organizations are headed by women. The concept of gender does not only represent the interests of women.



Abstract: This article describes the political and legal role of women in society and the creation of equal social opportunities for realizing the personality of men and women in all spheres of life.

Keywords: Gender equality, state, society, legal renaissance.

Today, under the leadership of our country's president, it is in New Uzbekista we are taking steps towards building the foundations of the third renaissance.

It is no exaggeration to say that the reforms implemented in our country are based on the happiness of women. It can be seen from this that the reforms regarding the full participation of women in the management of society and state affairs, their socio-economic and legal support serve as an example of social justice in ensuring gender equality and equal rights in our country.

Proper upbringing of girls based on

our national values, spiritual educational events dedicated to the negative consequences of close relatives and early marriage. In the speech at the twentieth plenary session of the Oliy Majlis Senate, increasing the share of women in the parliament and local councils, supporting women with difficult social conditions, preventing crime among women, providing them with work set a number of tasks, such as activating the participation of non-governmental organizations in the issues. Building a legal state and a democratic society in our country, which is boldly walking on the path, a national legal system aimed at protecting the legal rights and interests of women and men in all spheres has been created.

Attention to the health of mothers and children is attention to the society's future. In society, women are seen as the main reformer in terms of protecting their rights and freedoms.

Structural and institutional changes are continuing in our country, legis-

lation in the field of equality is being improved, women are -confirms that the role and status of girls in social and political life is increasing. In addition, today in our country the Senate is headed by a woman.

It is noted that the share of women in political parties has reached 47%, in higher education 40%, and in entrepreneurship 37%. The share of women working in leadership positions is 33 percent. Today, about 2,000 state and community organizations are headed by women. The concept of gender does not only represent the interests of women.

He argued that both sexes should be given the same opportunity to take bold steps towards their dreams and goals, to improve their quality of life. One of the demands of a developed society is the provision of equal rights for men and women.

This, in turn, is of great help in achieving political and economic growth in each country, it was emphasized by experts. Today, as a re-

sult of special attention being paid to increasing the activity of women in the social life of the family and society, it is said that drastic changes are being made in social relations and legislation.

A big woman is not only a housewife, a wise mother, a successful entrepreneur and a talented leader. The attention given to our women is the attention given to our society. If a mother educates one child, she educates an entire society. A learned son is a support for his parents, and a learned daughter is the support of the whole nation.

Tahirova Dilafuz was born on February 6, 2004 in the neighborhood of Yangi Yol, Shavot District, Khorezm Region. Currently, she is a 2nd year student at Urganch State Pedagogical Institute. She is a diligent and inquisitive girl.