



**Community Urged to Replace Eucalyptus Trees Along River Banks with Indigenous Varieties for Environmental Harmony**  
Cabinet Secretary for Labor and Social Protection, Florence Bore, has urged residents in the Kisii region to replace eucalyptus trees along riverbanks with indigenous ones to safeguard water bodies.

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**News>>Law Society Of Kenya Appears Before The Petitions Committee And Supports Regulation Over The Ban On TikTok**

P. 8. The National Assembly's Public Petitions Committee led by the session chairperson, Ernest Kagesi (Vihiga) received submissions from the Law Society of Kenya



**News>>Gachagua In Consultation With Coffee Stakeholders Over Sector's Revolving Fund**

P. 12. Deputy President Rigathi Gachagua yesterday held a consultative meeting with the coffee stakeholders led by Cabinet Secretary, Ministry of Cooperatives and Micro, Small and Medium Enterprises Development on disbursement of additional coffee cherry advance revolving fund.

# Missing Woman In Ksh17B Oil Import Deal Appears In Court

*Njeri who claims was threatened with death has refused to withdraw a case against two state corporations and an oil marketing company.*

**Anne Njeri**

**Njoroge, the businesswoman at the center of the controversial Ksh17 billion diesel deal, now says that she will not withdraw her case against two state corporations and an oil marketing company.**

**The businesswoman reappeared in a Mombasa high court yesterday, four days after going missing, where she narrated her ordeal in the hands of her alleged abductors.**



*Anne Njeri Njoroge with her lawyers Cliff Ombeta (R) and David Chumo (L) at Mombasa Law Courts*

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# Equity Bank and NYEWASCO Among Institutions That Supported Tree Planting Exercise In Nyeri

By: WILLIAM MUCHIRI and Correspondents  
@themtkenyatices



Nyeri Deputy Governor David Kinaniri with other leaders including Equity Bank's Nyeri Town branch manager George pose for a photo after taking part in tree planting exercise at Tetu Technical and Vocational training on Monday.

**Worth Noting:**

- In Nyeri town, about 12,000 trees were planted during the ceremony that was also graced by former area MP Ngunjiri Wambugu.
- In Tetu constituency, locals led by their MP planted more than 11,000 tree seedlings.
- The area MP said it was a big milestone of the 100,000 trees targeted to be planted this year.
- Wandeto who led the tree planting exercise at Tetu Technical and Vocational College in Kagwathi said the national day was boosted by heavy rains which watered the seedlings.

Equity Bank and Nyeri Water and Sewerage Company are among entities that supported the government's tree planting initiative on Monday.

The leading financial institution through its Nyeri town branch supported the exercise that took place at Tetu Technical and Vocational Institute while the leading water and sanitation provider did the same at Kiganjo area.

Senior officials of the two institutions donated among other things hundreds of trees that were planted.

Nyeri Town MP Duncan Maina Mathenge and his Tetu counterpart Geoffrey Wandeto graced their constituencies occasions.

In Tetu, Nyeri County Deputy Governor David Kinaniri was also present.

In the two occasions, more than 20 000 trees were planted.

It was the same case with Othaya, Mathira and Kieni constituencies where the respective MPs Wambugu Wainaina, Eric Wamumbi and Anthony Njoroge Wainaina graced the events.

NYEWASCO Board Chairman Gathogo

Mwangi said the day has enhanced the work that the organization has been doing for many years.

The chairman said the exercise will continue even after this National Tree Growing Day.

He said the company which is collaborating with other partners has planted trees in other areas like Nyeri Hill among other public places.

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In Tetu constituency, locals led by their MP planted more than 11,000 tree seedlings.

The area MP said it was a big milestone of the 100,000 trees targeted to be planted this year.

Wandeto who led the tree planting exercise at Tetu Technical and Vocational College in Kagwathi said the national day was boosted by heavy rains which watered the seedlings.

He disclosed that planting trees in the area has been going on where last year,

more than 5,000 fruit seedlings were planted in the 80 learning institutions.

The Deputy Governor, and MCAs Gibson Wahinya, Sebastian Mugo, Ag-



CoroMai Foundation CEO John Kariuki is assisted to plant an indigenous tree at Gakanga forest in Kieni West as Nyeri based Businessman Machira Gichohi looks on. Photo/ PAUL WANJIRU.

Editor's Desk

The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

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# NEWS IN BRIEF



The National Government is set to build a Sh30 million Huduma-Jitume centre in Nandi County, Kenya, to merge Huduma centres and digital hubs known as jitume. The centre will provide digital services and job creation opportunities for youths. The Ministry of ICT and Digital Economy will work with the National Government-Constituency Development Fund (NG-CDF) for funding and will install the centre with high internet speed and modern equipment. The NYS has donated 2.5 million tree seedlings to Kenya, and the Ministry will support the construction by increasing 100,000 km of fiber in the country. Digitization will also be used to support tree planting and reduce the need to cut down trees for paper. Nandi Governor Stephen Sang has called for the protection of trees planted to grow forest cover and for the government to work on modalities that empower communities and directly benefit from forest resources.



Kenya Commercial Bank (KCB) aims to plant 1.5 million trees by 2028 to support government efforts to conserve the environment. This year, the bank planted 280,000 trees across the country, surpassing the target of 1,100 tree seedlings per branch. KCB is also working with 4 K-clubs in schools through an initiative called Linda Miti, which encourages students to grow trees. The bank has planted over 150,000 trees during a national tree-growing exercise in Kiu Wetland, which has been affected by encroachment and farming, resulting in the drying up of the River Makindu.

Narok County Government and the Kenya Red Cross have provided food, bedding, and medicine to victims of flash floods in the Suswa area of Narok South Sub County. Four villages have been submerged, and affected families were issued blankets, maize flour, soap, sugar, mosquito nets, and canvas shoes. The affected families were advised to move to higher-ground churches or schools as the water subsides. The Oloropil area in Narok North Sub County also experienced flooding, with livestock being swept away. Most parts of the county are expected to receive light rains this week, with no potential flood risk.



Kenya is on the right track to becoming a green country, according to Energy and Petroleum Cabinet Secretary Davis Chirchir. The country is currently number six globally in geothermal development and is about 93% green. Greener energy sources like solar and wind power will enable Kenya to adopt electric vehicles and ease pressure on fossil fuels. The landscape and ecosystem restoration programme aims to grow and nurture 1.5 billion trees, leading to the restoration and conservation of 10.6 million acres of degraded landscapes and ecosystems. The achievement of the target will help the country experience better conservation of biodiversity, sustained livelihoods, improved climate resilience, and improved socio-economic development. The Ministry of Energy is involved in the project, and the carbon credit act has been improved to allow communities conserving forests to earn from them. Governor Benjamin Cheboi emphasized the importance of growing trees to ease conflicts for communities fighting for water resources.

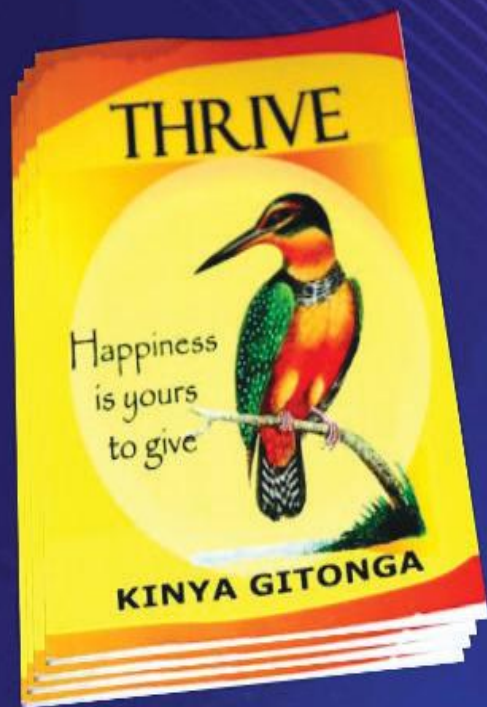


Kenya Ports Authority (KPA) has committed to planting 80,000 mangroves along the River Mwachema in Tiwi, Kwale County, to restore degraded areas caused by sand harvesting during the construction of the Sh40 billion new Kipevu Oil Terminal. KPA faced accusations of dredging and sea sand harvesting, destroying the marine ecosystem. KPA Managing Director Capt. William Ruto announced that, through cooperation with Beach Management Units (BMUs) and Forest Adjacent Communities, they will plant and take care of trees. KPA and the Tiwi community planted 10,000 trees in degraded mangrove areas to mark National Tree Planting Day. The Authority also sponsored tree planting activities along Tudor Creek in Mombasa. KPA Chairman Benjamin Tayari hailed the presidential directive on tree planting, stating that the trees will mitigate the adverse effects of climate change and protect the environment. Tiwi residents praised KPA's move to hold the event in their area and for supporting various BMUs in the restoration of mangrove forests. Mangroves filter nitrates, phosphates, and other pollutants from water, improving the quality of the water flowing from rivers into the ocean.



# Kingya N. Gitonga

PSYCHOLOGIST, AUTHOR, MENTAL HEALTH ADVOCATE  
& FOUNDER SOUND MENTAL HEALTH FOUNDATION  
PRESENTS



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Kingya N. Gitonga

# KICD Director Hails CBC For Enhancing Environmental Conservation

By: Geoffrey Makokha  
@themkenyatimes

## Worth Noting:

- “Our CBC education system has incorporated all the environmental aspects into all the subjects, right from the pre-primary to the secondary level,” said Ong’ondo.
- The director who led the Kendege community in planting 9,000 trees at Kendege Prison and Kendege Technical Training Institute disclosed that CBC had integrated pertinent and contemporary issues into every learning area, including environmental conservation and related aspects in combating climate change.
- Ong’ondo also explained that the new education system has incorporated parental engagement, which aims to help children put into practice what their parents engage in in their daily activities.



The Competency-Based Curriculum (CBC) syllabus has been hailed as the best system for addressing environmental concerns in terms of tree planting, forest conservation, and land reclamation.

Speaking during the national tree planting exercise at Kendege Prisons in Kuria East Sub County-Migori, Kenya Institute of Curriculum Development (KICD) Director Charles Ong’ondo noted that the new Kenyan education system had all the environmental aspects that aim to nurture students in terms of environmental conservation.

Prof. Ong’ondo, who represented Education Cabinet Secretary Ezekiel

Machogu at the national tree planting exercise in the county, said that the CBC was tailored towards educating children at a young age on the importance of tree planting and environmental conservation.

“Our CBC education system has incorporated all the environmental aspects into all the subjects, right from the pre-primary to the secondary level,” said Ong’ondo.

The director who led the Kendege community in planting 9,000 trees at Kendege Prison and Kendege Technical Training Institute disclosed that CBC had integrated pertinent and contemporary issues into every learning area, including environmental conser-

vation and related aspects in combating climate change.

Ong’ondo also explained that the new education system has incorporated parental engagement, which aims to help children put into practice what their parents engage in in their daily activities.

“We are having children participate in tree planting exercises to show them the importance of tree planting and environmental conservation, just the way CBC was tailored to do it,” he said.

Ong’ondo urged both the county management and the local administration to set a vision of tree planting in order to help the country achieve the

set target of 15 billion trees by 2023.

Migori County Commissioner David Gitonga affirmed that the county will continue to plant more trees until the end of the short rains in December.

The county has been experiencing reliable rainfall since September, and according to the Migori Meteorological Service, the county will continue to experience short rains of between 456 to 655mm until the end of January 2024.

The county is also among the 10 counties with the lowest forest cover of less than one per cent, against the set requirement of 10 per cent.

He added that the local administrators have been encouraged to have tree nurseries to help the public with tree planting in order to boost the county’s set target of forest and tree cover.

The administrator, however, cautioned all the illegal miners and grazers around the Kendege area to desist from mining and grazing in tree-designated areas, affirming that the law will follow its cause if anyone is found breaking the rules.

Similarly, Migori Deputy Governor, Dr. Joseph Mahiri, emphasised that the county will continue working with the local administrators to ensure the trees planted grow to the majority.

He added that the county government has so far issued out 20,000 trees in all the sub-counties to support the county’s efforts in the tree planting exercise.

The national tree planting exercise was also done concurrently in all 12 sub-counties of Migori, where a total of 108,000 trees were planted.

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# Law Society Of Kenya Appears Before The Petitions Committee And Supports Regulation Over The Ban On TikTok

By:PSCU

The National Assembly's Public Petitions Committee led by the session chairperson, Ernest Kagesi (Vihiga) received submissions from the Law Society of Kenya (LSK) on the petition before the Committee to consider the banning of TikTok in Kenya. The petition states that while the platform gained popularity among the youth in Kenya, the content that is being shared on the platform is inappropriate thus promoting violence, explicit sexual content, hate speech, vulgar language, and offensive behaviour which is a serious threat to the cultural and religious values of Kenya.

The LSK President Mr. Eric Theuri, in his submission, conveyed to the Committee that TikTok has allowed content that isn't covered by the Freedom of Speech Act. The Law Society warned that care must be put in place in defining what amounts to harmful

content to prevent restricting the right to freedom of expression.

It was further noted that hate speech on the platform is mainly said in various mother tongues. If reported, the content is supposed to be queued to a content moderator for assessment. However, in Kenya, or Africa at large, the TikTok algorithm hasn't been trained to understand local languages, hence allowing hate speech to roam on the platform. There aren't enough content moderators to serve Africa, we only have about 200 moderators to serve almost 2000 languages across the continent.

The committee pointed out that the content moderation work is also harmful to the subjects in that it leads to PTSD, depression, and other mental health effects. Mr Theuri pointed out that the Committee can recommend to the Communications Authority additional licensing requirements to be levied against Companies that undertake sensitive work such as training of Algorithms, machine learning, and content moderation, taking into account the case of Chat GPT workers.



The Society however recommended that instead of banning TikTok, it should be regulated. Banning TikTok would mean banning all other social media platforms as the problems aren't isolated to TikTok. The nature of the internet is boundaryless, it would be futile as VPNs exist.

It is also unacceptable that while the TikTok algorithm is being trained in

Kenya, it isn't able to pick out content that is harmful to Kenyans as it hasn't been trained in our local languages. The regulator must ensure that platform work being undertaken in Kenya puts the needs and interests of Kenyans first so that we aren't a country that benefits the social media platforms to our detriment.

Kagesi underscored the imperative

of enacting legislation to protect digital workers, ensure the quality of consumed content, and establish standards for the burgeoning digital economy in our nation. The Committee acknowledged the swift growth of the digital economy but emphasized the need for regulation to safeguard our citizens from potential harm.

# Ngatia Named East Africa Chamber Of Commerce President

By: Capital Correspondent

Former President of the Kenya National Chamber of Commerce (KNCCI) Richard Ngatia has been appointed as the new president of the East African Chamber of Commerce, Industry, and Agriculture (EACCIA). Ngatia replaces Toufiq Turkey, whose tenure came to an end earlier in November.

Ngatia is also the chairman of the General Assembly of the Great Lakes Region Private Sector Forum, a position he attained in 2019.

The business mogul will lead the EACCIA which serves as the apex chamber for all the countries that compose the East African Community (EAC) member states.

Ngatia, an astute businessman, took over the leadership of the Kenyan Chamber just before the world plunged into the Covid-19 pandemic that affected the economic status of

the business sector in the country but amid the turmoil, managed to steer the KNCCI into unprecedented successes.

Through his leadership, Kenya was able to craft many partnerships with foreign countries in the area of corporations like an expansion the availability of jobs for Kenyans abroad as well as leveraging the local business strategy even as businesses faced the harsh economic times.

"I am happy to pass on the baton to Ngatia so that he can facilitate the creation of an atmosphere in which our regional chamber can contribute effectively and efficiently in realising the objective of a trade-led regional integration of East Africa in order to further strengthen our unity," Turkey said after handing over the baton to Ngatia.

Ngatia serves in the World Chambers Federation (WCF) after he was appointed to the world body for a two-and-a-half-year term effective January 1, 2023.

Ngatia is the first Kenyan to sit on the council of the powerful lobby for



Ngatia replaces Toufiq Turkey, whose tenure came to an end earlier in November/FILE.

trade chambers with his appointment seen as a major boost to local businesses.

During his tenure as KNCCI President, Kenya embarked on an aggres-

sive campaign to open more market opportunities abroad and deepen trade ties with traditional allies.

The WFC is a global lobby that draws members from over 100 coun-

tries worldwide with only 20 personalities elected to sit on the WCF council.

# Missing Woman In Ksh17B Oil Import Deal Appears In Court

*Njeri who claims was threatened with death has refused to withdraw a case against two state corporations and an oil marketing company.*

By: Haniel Mengistu

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Anne Njeri Njoroge, the businesswoman at the center of the controversial Ksh17 billion diesel deal, now says that she will not withdraw her case against two state corporations and an oil marketing company.

The businesswoman reappeared in a Mombasa high court yesterday, four days after going missing, where she narrated her ordeal in the hands of her alleged abductors.

According to her lawyers Cliff Ombeta and David Chumo who had filed a habeas corpus application at the Mombasa High Court Monday night but was overtaken by events, noted that her client was threatened with death if she did not withdraw the case against Kenya Ports Authority, Kenya Pipeline Company, and Galana Energies Limited.

“She was supposed to not only withdraw the case but also do so before leaving the country. Now we are

saying here clearly, that we are not withdrawing the case,” Ombeta told journalists outside the Mombasa Law Courts.

“We shall not be threatened. The case must go on. Impunity must die.” He revealed that the officers who had questioned her tried to cut a deal with her, seeking a commission from the proceeds of the consignment.

The lawyer linked the saga to the oil cartel in the country, arguing that the fuel Njeri brought would have been cheaper than the one in the Government-to-Government oil deal.

“Is it because there are some competitors or people who are not happy about it?” he posed.

On Monday, KPA said the documents that Njeri had produced to claim ownership of the supposed 100,000 metric tonnes of diesel were fake.

However, Ombeta said: “Of course, it is a fake document. It is the one they manufactured. Ann did not give them the original documents. Where did they get that document? They have doctored the document.”

He said Galana Energies, which



Anne Njeri Njoroge with her lawyers Cliff Ombeta (R) and David Chumo (L).

claims ownership of the fuel, has failed to show the letter of credit.

“You are being told that the ship that was in the high seas on October 11 was ready to come into the country. Why did it come a month later on November 4? Remember this is the time that Anne was trying to prepare her

papers so that she could import the fuel into the country,” he said.

On his part David Chumo stated that they had obtained orders from the high court on 8th November, barring the involved government agencies from seizing the ship which was at deep sea and discharging the oil at

Kenya Ports Authority facility at Kipevu oil terminal.

Francis Ouma, a human rights crusader condemned the alleged abduction of the businesswoman terming it a heinous act.

# Kindiki Revokes New Charges For IDs, Passports Pending Public Participation

By: Margaret Kalekye

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The government has revoked newly revised fees for identification and immigration documents gazetted last week.

In a special gazette, Interior Cabinet Secretary Kithure Kindiki revoked the charges, fees, and levies relating to immigration and citizen services to allow for public participation on the matter. The CS however said the immigration services fees will take effect on January 1, 2024.

“It is notified for information of the general public that Kenya Gazette Notice No. 15239 of 2023, 15240 of 2023, 15241 of 2023 and 15242 of 2023 in the Special Issue of the Kenya Gazette Vol. CXXV-No.239 dated November 7, 2023 published by the Cabinet Secretary for Interior and National Administration relating to upward revision of charges, fees, and levies for various services provided by the State Department for Immi-

gration and Citizen Services has been revoked to allow more public participation on the matter” the CS said.

The State Department for Immigration and Citizen Services has consequently been directed to conduct and complete public participation not later than December 10, 2023

“In lieu thereof, the Cabinet Secretary for Interior and National Administration has published new intended charges, fees and levies for the same services to take effect on January 1, 2024. The State Department for Immigration and Citizen Services has been directed to conduct and 2 complete public participation as soon as possible, but in any case, not later than December 10, 2023” the CS said in a statement.

Two petitioners have already moved to court to challenge the proposed increment that caused uproar among Kenyans.

The new charges would have seen Kenyans pay almost double for passport applications while those applying for IDs for the first time were to pay Ksh1000.

Charges for the replacement of a



lost card increased by 20 times to Ksh2000. Kenyan citizens were previously charged Ksh100 only to apply for a duplicate ID and no charges for registration of a new ID.

Kindiki who defended the proposed hike intended to raise revenue clarified that the government will consider fee waivers for needy Kenyans seeking IDs.

“On the particular issue of acquisition of National Identity Cards by previously not registered citizens, the Government shall defray the costs of the revised charges, fees, and levies through a waiver for indigent Kenyans who demonstrate inability to pay,” he said.

He added, “The intended revised charges, fees and levies are informed

by the need for Kenya’s self-reliance in financing the National Budget, to wean the Country from unsustainable debt that poses grave threats to our sovereignty and the dignity of future generations.”

Fees for birth and death certificates, visas, citizenship, permanent residence, and work permits among other services had also gone up.

# Man's Life Does Not Consist In The Abundance Of His Possessions

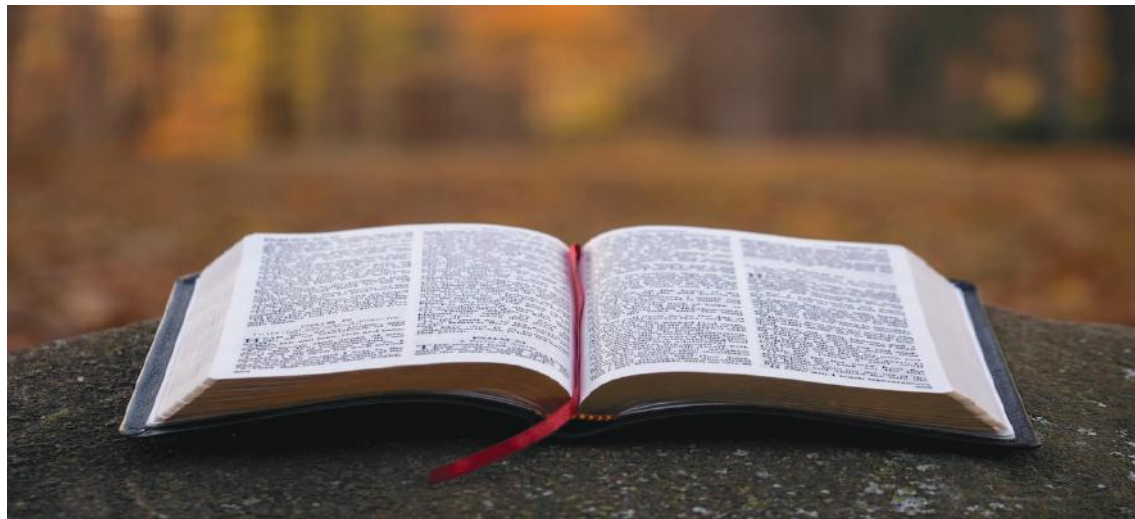


**By: Eric Musa**  
 EMEA.ericmusa@gmail.com

And to a man grabbing for an inheritance Christ shouted, "Watch out! Be on your guard against all kinds of greed: a man's life does not consist in the abundance of his possessions" (Luke 12:15). Then He related the story of the rich man who built bigger barns only to die that very night, ending His parable with a solemn pronouncement: "This is how it will be with anyone who stores up things for himself but is not rich toward God" (v. 21). Men, the "rich toward God" are those who give not only themselves, but also their riches — thus laying up their treasures in Heaven. The key to liberation from the power of materialism is not an exodus from culture — abandoning Wall Street or leaving the wealth of the nation to others — but the grace of giving.

Grace giving goes beyond a mere tithe, but rather gives till it hurts. Grace giving affects one's lifestyle. There are things one cannot have and things foregone when one indulges in grace giving. As C. S. Lewis remarked: [I]f our expenditure on comforts, luxuries, amusements, etc., is up to the standard common among those with the same income as our own, we are probably giving away too little. If our charities do not at all pinch or hamper us, I should say they are too small. There ought to be things we should like to do and cannot do because our charitable expenditure excludes them. Givers for God disarm the power of money. They invite God's grace to flow through them.

It is possible you have reached a sticking point in your spiritual development and are perplexed. After all, you are attending church regularly, you enjoy the fellowship of Christians, you even read your Bible and pray regularly. The problem may be that you are not giving — that God simply does not have that part of you. If so, what you need is the grace of giving: firstfruits giving which gives



to God one's best up-front, trusting that He will provide the rest; joyous freewill giving such as the Israelites experienced when Moses had to say "stop!"; the grace giving of the Macedonians whose liberality overflowed as they begged for the opportunity to give more. The apostle has made his point convincingly, but he caps it with a supreme illustration: "For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that you through his poverty might

become rich" (v. 9). Though Jesus could put His finger on every star, He emptied Himself and became a poor earthly servant for us. That is Heaven's "stewardship" program, and it is the pattern for us.

SELAH! GLORY BE TO GOD, HE ENABLES.

References:  
 The Living Bible  
 Discipline of a Godly Man( Book by Kent Hughes)

**Evangelist Eric Musa:**  
*(My message continuously: If you are not saved: Believe, accept, receive and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit, as it is written; "NOW is the acceptable time, TODAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion, and to support the ministry contact Evangelist on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember, God Loves you and I unconditionally, perfectly and always: SHALOM*

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# Ruto's Tree Planting Drive Is Designed To Wipe Out Hunger In Kenya



By: Joseph Mutua Ndonga  
mutuandonga@yahoo.com



## Worth Noting:

So, these efforts are geared towards boosting food production. This is a continuous exercise. I urge Kenyans to fully participate. Together, we shall meet our target.

This is the first time in the history of independent Kenya that the government of Kenya has shown a total commitment to this course. For starters, increase of the tree cover is a key intervention towards mitigating disastrous impact of climate change currently ravaging the whole world. It is worth noting the President started this campaign of greening Kenya a year ago when he planted a number of tree seedlings in Ngong forest.



Pastor Dorcas Rigathi, Deputy President Rigathi Gachagua, President William Ruto and Mama Racheal Ruto in Kiu, Makueni County, during the National Tree Planting Day.

President William Ruto rode to power on a platform of a raft of promises. The fight against hunger stood out as one of the key highlights of the Kenya Kwanza manifesto.

In most of his campaign rallies, Dr Ruto reiterated. If elect me as your President, I will ensure the shame and pain of the hunger in this country have become a thing of the past.

Many families particularly those living in arid and semi-arid regions have had sad stories to share of how they had lost and buried their loved ones in every year.

Cases of stunted growth and malnutrition were also rampant. Children and women bore the greatest brunt.

To beat the hunger, Dr Ruto minced no word in stating that he would give priority to matters of environmental conversation and sustainability.

Since assuming office, President Ruto has been walking the talk.

It is worth noting: In the eve of November 13, 2023 which had been declared a public holiday to give Kenyans an opportunity to participate in tree planting drive; he left the country for a 3-day official visit in Saudi Arabia.

He jetted back on time to lead the nation in this noble exercise.

Speaking after planting tree seedlings in Kiu Wetlands in Makueni County, Dr Ruto stated.

As I promised you, I'm committed to the course of fighting hunger.

As you know, trees play a key role in attracting rainfall. What we need is enough rains and water.

So, these efforts are geared towards boosting food production. This is a continuous exercise. I urge Kenyans to fully

participate. Together, we shall meet our target.

This is the first time in the history of independent Kenya that the government of Kenya has shown a total commitment to this course.

For starters, increase of the tree cover is a key intervention towards mitigating disastrous impact of climate change currently ravaging the whole world.

It is worth noting the President started this campaign of greening Kenya a year ago when he planted a number of tree seedlings in Ngong forest.

President Ruto has emerged as a key player in these endeavours not only in Africa but globally.

He recently organized the first ever Africa Climate Summit that was held in Kenya's capital city of Nairobi.

In their final communique, the Africa heads of states adopted a Nairobi declaration.

Going forward, the declaration will inform Africa's position on climate change globally.

The resolutions will formally be presented before the Conference of State Parties, COP28, which will be held in United Arab Emirates (UAE). Kenya has since made great strides in moving towards clean renewable energy.

In the previous COP meetings that brought together world leaders, President Ruto would always speak on behalf of Africa. He would be chosen because of his deep understanding and grasp of issues related to climate change. Besides he is bold, candid and courageous.

In his presentations, he would mince no word in taking on powerful nations for being biggest polluters of the climate.

Your actions have over the years caused

untold suffering and pain to our people. They pose real threat to the livelihoods and existence of humankind.

Hundreds of thousands of the people have lost their lives and properties have been destroyed.

As leaders, we have a duty to save our people from extinction.

We have previously passed numerous resolutions but you have been turning deaf ear to them.

A time has come to start implementing them.

Planting of the trees and phasing out of fossil fuels are some of the key interventions.

In Kenya, we are taking this matter seriously because we value sanctity of human life.

Dr Ruto would not leave it there. He would tell the leaders of the powerful nations in Europe and Asia.

Africa is not responding to the pressure from you.

We are doing this because it is the right thing to do. We also want to see you doing your part.

Bearing in mind that you are the biggest polluters, Africa has a right to demand compensations and reparations from you.

On this issue, you have only been making pledges. For now, we want to see you walking the talk.

Reacting to this, the leaders of superpowers would not feel offended. We have listened keenly to President William Ruto's presentation. He has articulated the position of Africa very well.

We agree that we have not been taking matters of climate change seriously. We are now going to implement resolutions and keep our word on compensation.

Back home, President William Ruto is not leaving anything to chance in terms of ensuring that his administration met the target of planting 15 billion tree seedlings by the 2032.

Top government officials and local chiefs have been boosting his efforts by presiding tree planting activities in all parts of the country.

The gazettelement of November 13 cleared the way for this day to be marked as a national holiday of tree planting every year.

As Dr Ruto plant the trees in Makueni tomorrow, this exercise will take place simultaneously in all parts of the country.

Cabinet secretaries (CSs), Principal Secretaries (PSs), County commissioners are among state officers who will preside over these activities.

This will be a well calculated move designed to mobilize many people at grassroots to turn up.

Some of them will come to see their leaders. Apart from learning some lessons about the importance of planting trees, they will not leave before planting seedlings.

Dr Ruto is a hardworking and hands-on President. So I have no reason to doubt him. He will ensure his administration has met the target.

During the reigns of the previous governments, forest cover had dropped drastically due to destruction of forests. Dr Ruto is out to correct these wrongs. Let us support him.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

# Gachagua In Consultation With Coffee Stakeholders Over Sector's Revolving Fund

By: DPCS

Deputy President Rigathi Gachagua yesterday held a consultative meeting with the coffee stakeholders led by Cabinet Secretary, Ministry of Cooperatives and Micro, Small and Medium Enterprises Development on disbursement of additional coffee cherry advance revolving fund.

During the meeting, the Deputy President disclosed that he remains positive that the reforms will materialize and the farmers will soon enjoy the much deserved returns.

He said, "These reforms must succeed and must go on. And that is why we convinced the Cabinet to set aside Shs4 billion. We will continue enhancing it. We need to work together."

The meeting is the final in a series of consultations held before the release of the coffee cherry advance revolving fund.

The government has prioritized coffee reforms as a key strategy to revitalize the coffee sector and increase production and productivity.

"This thing we must win because nothing has changed the soil is the same. We are determined and we are not letting go. This thing will bring it back to where it was in the 70's. Hakuna kizuri itapatikana rahisi. It is not easy but we are determined," he asserted.

The meeting deliberated on administration of the enhanced Coffee Cherry Advance Revolving Fund. CS Chelugui said, "The intervention of 4 billion in addition to the existing 2.74 billion shillings has gone a long way to enhance interest and farmers are happy."

Already the coffee bill has gone through the first reading in the senate in line with the government push to have the reforms anchored in law.



Deputy President Rigathi Gachagua while chairing the meeting yesterday.

# NGCDF To Gain 3.4 Billion From The Ministry Of Education

By: Eric Wanjala  
@themtkenyatimes

The chairman of National Assembly Budget and appropriations committee Hon Ndindi Nyoro from Kiharu Constituency has tabled the budget estimates that are has risen by 200 billion from 3.744 trillion to 3.95 trillion.

According to the Kiharu legislator the budget estimates were gathered from the 20 departmental committees of the National Assembly which have been necessitated by debts repayment and interest acquired from the loan both locally and globally.

"The supplementary budget estimates is as follows 8.2 billion on fertilizer subsidy ,4 billion on coffee cherry funds ,1.2 billion on sugar farmers ,5 billion on junior secondary schools , 3.4 billion transferred to NGCDF Board from the ministry of education and also 4.86 billion allocated to technical and vocational education trainings (TVETs)." Says

Hon Nyoro.

Hon Nyoro has said that the huge budget comes with expenditure and more money into these institutions where there's high production and the difference between output and input is minimal.

"Institutions that we have allocated more money will ensure that area like agriculture, education has high production and high output meaning that more teachers will be employed,more money from agriculture produce and low cost of food in the country "stated Hon Nyoro.

Hon Julius Melly Kibiwot the chair of education committee at the National assembly argued that the transfer of 3.4 billion shillings to NGCDF from the ministry of education will help students at the Constituency get the moneies timely and effective.

On her part Teso south MP Mary Emaase has explained that the budget realignment are being done to ensure that all emerging issues are being captured on the supplementary budget.



The chairman of National Assembly Budget and appropriations committee Ndindi Nyoro.

# National Tree Growing Day

By: John Kariuki  
@themkenyatimes

Following the recent Cabinet approval to set aside Monday 13th November as National Tree Growing Day, President Dr. William Samoei Ruto led the entire country in the exercise at Kiu Wetland, Makindu, Makueni County as Cabinet Secretary for Water, Sanitation and Irrigation Zacharia Njeru accompanied by PS water and sanitation Julius Korir, led Ministry officials and SAGAS in Kiambu County for the same exercise.

The event took place at Kamweru 11 compartment Forest that brought together other stakeholders including the County government of Kiambu led by the Deputy Governor Rosemary Njeri Kirika in growing tree seedlings. Governor Kimani Wamatangi's speech was read by a representative from his office that encouraged conservation efforts to Kamweru 11 com-



CS water Zachary in a blue half coat leads tree planting exercise in Kiambu County.

partment Forest in the same spirit like that of the late Prof. Wangari Mathai. Before the growing of the tree seedlings, the CS Njeru appealed to all residents in Kiambu and by extension countrywide, to develop a culture of

growing trees in whatever occasion they were involved in. He further stressed out that residents who get involved in catchment restoration will definitely reap big in terms of water use of good quality and quantity while



Water Resources Authority CEO Mr. Mohamed Shurie

at same time minimizing the regional and global effects of climate change. The CS led the team in the tree growing exercise that also included officials from the Ministry of Environ-

ment, Climate Change and Forestry and Ministry of Roads and Transport, among other stakeholders.

# Bahati MP Does Well in Planting Trees

By: John Kariuki  
@themkenyatimes

Bahati MP Irene Njoki topped the legislators who heeded President Dr William Ruto directive to plant trees so as to achieve 15 billion trees by 2032.

"We celebrate the government's ambitious mission to plant 15 billion trees across our nation by the year 2032. This mission is a testament to our nation's dedication to environmental sustainability and the preservation of our beautiful land.

I stand here today with a heart full of gratitude, inspired by the incredible people of Bahati constituency who joined us in large numbers at Rhino's Camp Kabatini ward. Your presence and unwavering support in our mission to plant trees is a testament to your dedication to our Constituency and the environment.

But our journey doesn't end here. It's a promise to continue working

hand in hand for the betterment of our people. Together with our Governor and other elected leaders, we have forged an agreement to enhance service delivery, ensuring that our community receives the best possible support and resources.

Let today's tree-planting event be a symbol of growth and unity. Just as these trees will flourish and provide shelter, so too will our Constituency prosper and thrive. Let's continue working together to build a brighter, greener, and more prosperous future for Bahati constituency and our great nation.

Also present were MCAs led by area MCA Leah Wambui Bahati ward MCA mama Lilian Dunduri ward MCA Gathuita mwangi, County Commissioner Lyford Kibara, Dr. Benjamin Kinyili Asst. Chief Conservator of forests, Kenya Forest Service, Kenya Defense Forces, Kenya Wildlife Service, Comply, and Engineers Association of Kenya among many stakeholders."



Bahati MP Irene Njoki.

## Teachers Great Impact On Society And The Lives Of Students

By: Ismailova Nigora Mirzoaliyevna

Teachers have a great impact on society and the lives of students. They are also very important in the lives of parents, because parents expect a lot from teachers for their children. However, as in any field, there are good teachers and bad teachers. It is not difficult to find a good teacher, but it is necessary to know where to look.

A good teacher constantly expands his knowledge and continues to provide his students with good, up-to-date education. Similarly, a good teacher is like a friend who helps us in any difficulty. A good teacher creates a unique and unique individual learning process.

The most important thing is a good teacher is someone who pays attention not only to our academic performance, but also to our overall development. Teachers inspire us to do great things in life. Takes him to the hospital for first aid. Such situations show how kind and generous our teachers are to us.

One of my kind teachers is Shukurova Shoir. She is my class leader and a qualified chemistry teacher. She was born on November 2, 1968 in Sariosia District, Surkhondarya Region. She was accepted to study at the university. After graduating from the university with excellent grades in 1991, she joined the 12th general education school in Sariosiyo district as a chemistry teacher and began her teaching activities. The teacher, who is devoted to her profession, has been working in this school for 32 years.

For the past 8 years, the students have been taking pride of place in the regional stage of the chemistry Olympiad. Among them, Khojayev Asridin, Hasanov Badridin and Boboyev Abdulmuin are currently studying in the famous medical universities of our Republic. The role of our teacher in this is incomparable.

Ismailova Nigora was born on June 7, 2006 in Sariosia district of Surkhondarya region. Currently, she is a student of the 11th grade of the 12th general secondary school in the district. Now she teaches English to the children of her circle in her educational center



called "Wisdom educate". Creative works were published in USA, Russia, Kenya, Spain, Germany, Moldova, India magazines.

Member of India's international organization "All India Council for Foreign Development" and ambassador to several world organizations. other: "SPSC-(Sustainable Developers and Organizers). Global Education Ambassador.

Active member of "JUNTOS POR LAS LETRAS" Songwriters and Artists Working Group.

Young volunteer of "OLTIN KANOT" organization

Creatively published in Kazakh, Argentinian and Uzbek anthologies.

Owner of the "Altin Kiran" badge.

Owner of the badge "Innovative Promoter"

## The Entire Hill, Mountain, Was Covered In Red



The entire hill, mountain, was covered in red.  
Because it's opened.  
Her cheeks are crimson, her breast is a black spot,  
It's as if everything has turned yellow.  
I wasted my time watching him  
Take your time, my time, walk more slowly!  
You are also Muhammad Yusuf's confidant,  
You are the best friend and the dildo

Today I am writing about you,  
Because I am a compatriot of this poet.  
Why is your face red, Lolajon?  
Why don't you tell me, Lolajon,  
Did you cry blood because "Muhammad is gone"?  
"I don't have a poet" - did you complain?  
Or, the poet will give you his blood,  
Did your sad eyes tear up?  
Maybe I'll give you my own blood, Your painted  
rose cheek,  
I don't know which of my ideas is correct,  
This is the only secret of you and the poet.  
I'm also fascinated by the end  
Maybe I will become an Uzbek poet

Azimova Mohiguloy Qudratjon was born on February 1, 2007 in Izboskan district of Andijan region. Currently, she is a 10th grade student of the specialized school of Izboskan district of Andijan region under the system of the Agency of Specialized Educational Institutions. member, ambassador of the "Global Education Ambassador" organization at the Wisdom University of Africa Nigeria. The aspiring young poetess participated in many contests, received honorable mentions, took part in creative meetings, and came to the attention of creative people. "The most active young artist" nomination.

## My Childhood



The moments that I was walking on the dusty street, my livers that I have away.  
My heart is pure, innocent, there are no sorrows,

My beautiful face, my beautiful flowers-tulip,

Where have you been, my childhood!  
My playful days are closed, I miss this moment but.

Enough of my bad moments, goodbye.  
My beautiful flowers-tulip,

Where have you gone, my childhood!  
We grew up, the value of those moments was known,

I gave my tunes, every line,  
Today a different perfume spread,  
My beautiful face, my beautiful flower - tulip,  
Where did you go, my childhood!..

Mahzuna Habibova  
She was born in Jondor district of Bukhara region. Currently, he is a 3rd-year student at the Faculty of Pedagogical Psychology of Gulistan State University. His poetry collection "Longing Line" has been published.

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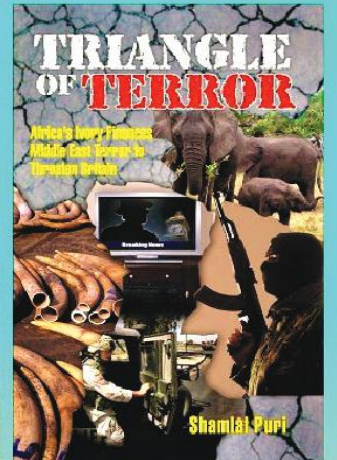
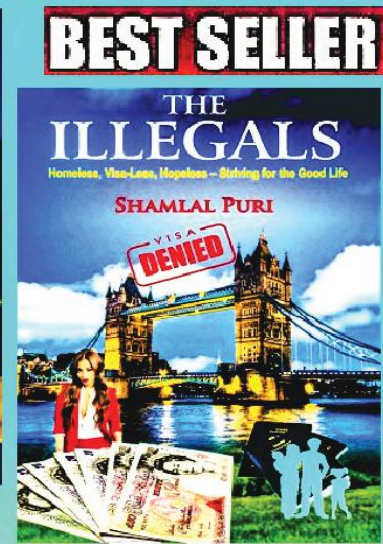
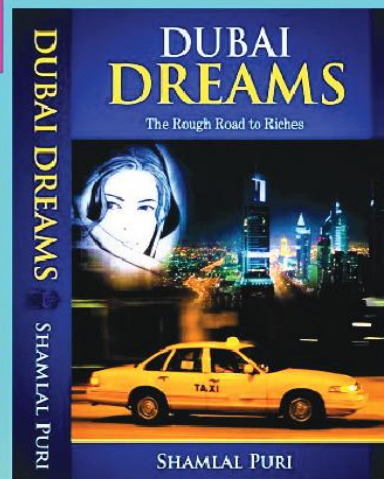
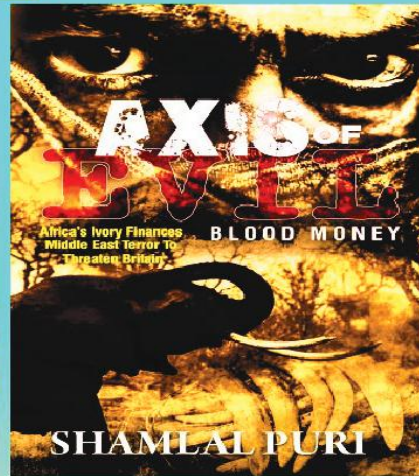
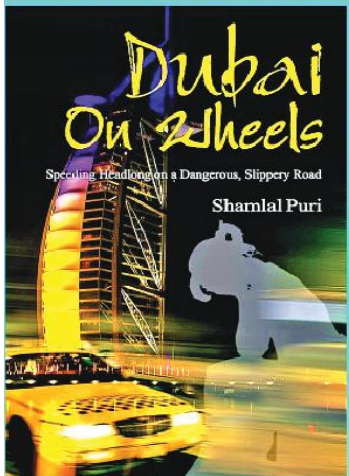
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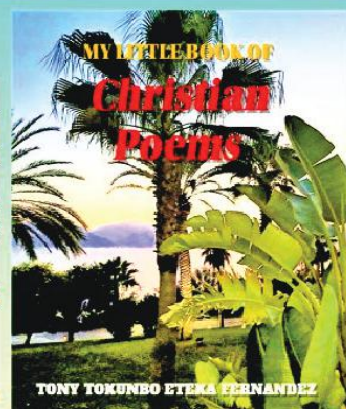
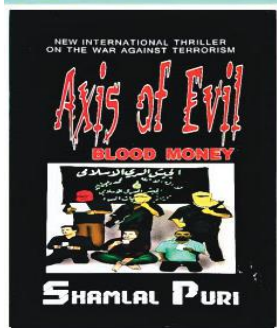
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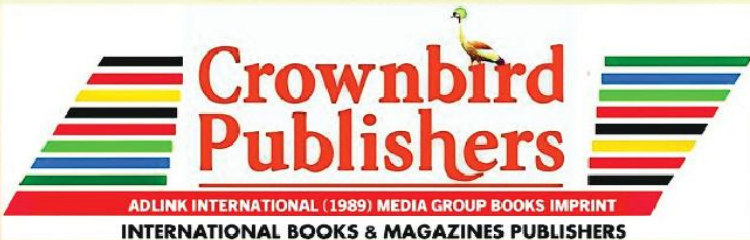


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## BUSINESS

# The Blind Kiminini Farmer Making A Living From Chicken Farming In Trans Nzoia



By: Sefu Sabila

@themkenyentimes



Mzee Ombati, his wife and children outside their new home at PAG CORNER Mbaya Church in Kiminini village Kiminini constituency Trans Nzoia County..

## Worth Noting:

• “I was born a healthy with the ability to see, but I started having eye problems in class eight, my family did not have money by then to take me to the hospital, and by the time I visited an eye-clinic, it was too late, as the condition had become permanent to date.” He explained.

• The father of five uses his cane-stick to move around and go about his daily activities, include feeding his chicks, ensuring they have food. In the small portion accorded to him by the church, Mzee Ombati rears not only chicken but goats and rabbits, which have become a very important source of income to his family.

Sounds of animals and birds in their rooster grace the atmosphere at PAG Corner Mbaya Church in Kiminini village Kiminini constituency Trans Nzoia County. The church compound is filled with activities giving the compound life every day.

This has been home for Mzee Samuel Ombati, living with blindness, after being thrown out of his rental home over accumulated 3 months that he was unable to pay. Mzee Ombati has made this place home, and turned the goodwill of the faithfuls of PAG church to make a living.

“I’m very grateful to the head pastor of PAG church for give us a home as family, this has been a blessing and a new dawn for my family, as we have an initiative to keep us going as a family and shelter over our heads.” Mzee Ombati said.

Born as a normal child, mzee Ombati lost his ability to see at the age of 14. According to him, the condition started as eye itching and due to lack of funds from his family, the condition persisted, and at the time of treatment, the doctors ascertained that it was irreversible and thus rendering him blind.

“I was born a healthy with the ability to see, but I started having eye problems in class eight, my family did not

have money by then to take me to the hospital, and by the time I visited an eye-clinic, it was too late, as the condition had become permanent to date.” He explained.

The father of five uses his cane-stick to move around and go about his daily activities, include feeding his chicks, ensuring they have food. In the small portion accorded to him by the church, Mzee Ombati rears not only chicken but goats and rabbits, which have become a very important source of income to his family.

Mzee Ombati says the little earnings from the sale of chicken and eggs, has helped him to kill the dependency syndrome, as he is able to get the food and other household necessities for his family, and he doesn’t need to sit around begging for help due to his condition.

“This project has been of great help to my family and I, as we are able to keep life going without waiting for donations and aids from well-wishers. The little I receive from seeling mature hen, chicks and rosters, I can be able to feed my family and even run school needs for my children. This project keeps me busy, with no mindset to await sympathy and calls of donations to families headed by a person living with disability.” Mzee

Ombati said.

With festive season nearing, Mzee Samuel Ombati currently sells a mature hen at Kshs. 800, a rooster at Kshs. 1200 and three months old chicks at Kshs. 300. The cost is set to go higher with the demand, which is a very crucial season for him to ensure he has an enough stock for the season to reap big.

With challenges inevitable due to his condition, discrimination and stigmatization among person’s living with disability has been common in the current society. Mzee Ombati says this denied him many opportunities despite having the ability to perform tasks. While he depends for his family to ensure the chickens, goats and the rabbits are in their correct shelter to feed them.

“Thieves take advantage especially hens, when not in their shed and steal. I find it difficult going round bringing them while they are scattered. I have to ensure before the children leave for school they have put them into their correct boxes, this makes feeding easy. I have missed on opportunities because of my inability to see. This is what we are fighting as the PWDs in Trans Nzoia.” Mzee Ombati.

While the community has been championing for inclusivity for all

and open and equal opportunities for the marginalized community, mzee Ombati says many employers are still clouded in the fear of them delivering.

“I still find it sad that many young PWDs even with education and qualifications are still being denied employment opportunities, despite them writing down on they encourage them to apply. Many are missing out. I’m very happy that governor George Nantembeya shortlisted our member for the reinforcement job. We want to be counted, we can’t be counted when the society keep us aside due to our inabilities.” Mzee Ombati lamented.

The National Council of Persons Living with Disability(NCPWD), has encourage had advocated for opportunities of PWDs, and venture into business, as the development funds in the country gives priority to both PWDs, youth and women. Mzee Ombati has encouraged young members of the community to register with the PWDs organization to get access to funds and help themselves, as the benefits cushion them from a lot of uncertainties in the society and an upper advantage, for instance exemption from taxes and any other taxable entity.



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# Community Urged to Replace Eucalyptus Trees Along River Banks with Indigenous Varieties for Environmental Harmony



By: Elizabeth Angira

Cabinet Secretary for Labor and Social Protection, Florence Bore, has urged residents in the Kisii region to replace eucalyptus trees along riverbanks with indigenous ones to safeguard water bodies.

Emphasizing the need for nurturing planted trees until maturity, she encouraged Kenyans to contribute to the government's goal of planting 15 billion trees.

Speaking at Nyaisa Primary School in Kitutu Masaba, Nyamira County, Bore highlighted the water security challenge and called for collective action.

Edward Kisiang'ani, PS Broadcasting and Telecommunication, emphasized the importance of choosing environmentally and water-friendly trees, noting that eucalyptus trees consume substantial amounts of water.

Kisiangani said that the current effects of climate change inform the need for more robust conversations geared toward addressing the phenomenon.

"One of the pillars of the government and where all others leaders, irrespective of party affiliation converge in, is climate change," he said.

He said while Agriculture was crucial, ensuring a sustainable environment that backs production is critical. "If we won't do something to the ongoing climatic changes, we will perish. Our children will have nowhere to live," the PS said.

Kisiangani said blue gum continues to pose great ecology challenges and thus the need to be replaced especially from water catchment areas.

"We must get concerned by a species of tree that consumes more water than us. This is why I ask our people to act on them and start planting trees that can conserve water," he said.

Kisiangani said water scarcity has sparked resource wars in other places and Kenya was no exception if mitigation measures are not made.

Without proper steps to mitigate climate changes, the country stands on the threshold of becoming a desert, the PS noted.

Governor Amos Nyaribo of Nyamira issued a public notice, urging residents to replace eucalyptus trees with indigenous varieties like graver, avocado, and bamboo by the end of December.

He expressed concern about dried water bodies caused by eucalyptus, leading to water scarcity during dry seasons.

Governor Simba Arati of Kisii reported surpassing the county's target of planting 100,000 trees, reaching



CS Labour and Social Protection Florence Bore at Nyaisa Primary School during tree planting exercise. Photo /Elizabeth Angira

10% forest cover.

Stressing the time required for trees to grow, Arati emphasized the importance of sustained effort and commitment to nurturing planted trees until maturity.

Arati said plans are underway to start a nursery, which will provide more than 500,000 seedlings for the residents to plant.

Already 2000 seedling have already been planted at Ensaria forest.

At least 102 000 seedlings have been planted by the County across major water towers in the region, he said.

In addition, he said the youth would be provided with beehives to help them generate income and help conserve the environment.

Already his administration has allocated a half of Ensaria hill to Equity and another half to Lake Basin for tree planting.

Kisii County Commissioner Tom Anjere said the lack of adequate land continues to pose challenges in mitigating climate change effects.

At least 262 sites were identified for planting trees across the region for the Monday exercise, which was carried countrywide.

Planting of trees is in line with the government to achieve growing 15 billion trees by 2032 and its efforts in environmental protection to mitigate the effects of climate change.



PS Broadcasting and Telecommunication Edward Kisiangani during the tree plantation at Nsaria Kisii County. Photo /Elizabeth Angira.



Kisii county governor Simba Arati watering a tree at Nsaria. Photo /Elizabeth Angira.

**Worth Noting:**

- Kisiangani said that the current effects of climate change inform the need for more robust conversations geared toward addressing the phenomenon.
- "One of the pillars of the government and where all others leaders, irrespective of party affiliation converge in, is climate change," he said.
- He said while Agriculture was crucial, ensuring a sustainable environment that backs production is critical.
- "If we won't do something to the ongoing climatic changes, we will perish. Our children will have nowhere to live," the PS said.
- Kisiangani said blue gum continues to pose great ecology challenges and thus the need to be replaced especially from water catchment areas.

# Dating Rich

By: Virginia Mule  
 @themtkenyatimes

What exactly do you want in a relationship? That's a question you ought to ask after you've been on a couple of dates and you don't seem to hit it off with anyone. Many prosperous men are still bachelors. They lack a long-term game plan for their love lives because they have simply prioritized their careers. When you earn millions daily, you may not see the relevance of calming down and having a family. It's difficult to do both.

Most of the time, high achievers want to have everything but forget they have romance to unleash. We all fantasize about being wealthy and having a supportive and loving family but we tend to forget what comes with it. Considering the dedication that it requires, maturity is a virtue that involves dealing with your significant other's deep sentiments. It digs through themes like devotion and often reverberated life scenarios.

Acknowledging that each of you has their world means that you're willing to give them the space they require for growth at a personal level.

There are numerous benefits to dating a rich individual. Being with a dude who has money and power makes your life simple in so many ways. You only have to acclimate yourself to rich tastes. If you have a tidbit of extravagance, there's nothing he can't buy for you. However, dating rich comes at a cost. You have to be a perfect lady, you should be well-groomed all the time and you can never make any blunder. Your man will want you to talk, dress, walk, and live your life the way he desires; which can be very exhausting. This won't be enough without mentioning his mum thinking you're a gold-digger who's after her son's inheritance!

Truth is if you want an unmarried man in possession of adequate finances then you should be able to tolerate the luxury and uproar that comes with it. If you weren't born rich then you might find it difficult to match his standards and keep up



Dating Rich.

with him. Rich men love to pamper their women with insanely expensive gifts. This comes only if you

can endure lonely cold nights in your executive master bedroom. It may not be that easy. In other words,

do not get involved with a rich man unless you're willing to take all that.

# 23rd EAC MSE Trade Fair Beckons

By: John Kariuki  
 @themtkenyatimes

Multi-Sectoral EAC MSME Trade Fair National Organizing Committee Meeting on Tuesday morning, the Multi-Sectoral National Organizing Committee for the 23rd EAC MSMEs Trade Fair held its first meeting to discuss the terms of reference for vetting MSME products.

The meeting was led by the Committee Chair, Mr. Henry Rithaa, Micro Small Enterprises Authority Director General, who stressed the importance of vetting Micro Small and Medium Enterprises (MSME) products.

This is to ensure that the showcased products during the exhibition will be of the best quality, diverse ranges that display the face of Kenya.

The products will mirror the Bottom Up Economic Transformation

Agenda (BETA) priority pillars represented by the Manufacturing, Trade, Agri-business, Service and Cooperatives sectors. Gender, Equity, Inclusivity, Creativity and Innovation will also be considered in the vetting process.

He further noted that digital e-commerce technology will be integrated in the Trade fair to enhance B2B engagement for broader market access. He encouraged collaboration between public, private sector & Donor partners to work together for success and growth of the MSMEs market.



MSEA DG Henry Rithaa..

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## IMPORTANT DATES

10TH JAN, 2024	15TH FEB, 2024	20 MAR, 2024	25 APR, 2024	15TH MAY, 2024
Paper submission deadline	Acceptance Notification	Edited by the Editorial Board & Green Signal for Publication	Paper added to the Manuscript	Publication Date

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# Traditional Uzbekistan



By: Ochildiyeva Dilnoza Abdivokhid

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Uzbek national clothes

## Worth Noting:

- Thousands of tourists visit this city in a year from verity parts of the world. Especially, Samarkand is well-known for its historical places, mosques, and madrasahs such as Registon square, Bibikhonim mosque, Guri Amir, Shkokhi Zinda and so on. Like all of this places are releted to middle Ages when Amir Timur and his generations lived. By the way, this city is a country where was the capital of Amir Temur's country.

- If I tell about higher education our country that it consists of four year for bachelor degree but for Master's degree students study for two year. I study at Samarkand state institute of foreign languages, the faculty of English philology and translation studies.

Uzbekistan is one of the oldest countries in world history and a country rich in many historical places and historical events. Uzbekistan consists of 12 regions and 1 autonomous republic and is currently one of the developing countries in every field. Now I want to tell about the most ancient and well-known places in Uzbekistan.

My hometown is Surkhandarya region where is located in southern part of the country. According to some facts, my hometown has a long-life history which is located next to Amudarya and is the southernmost part of our country.

Our nation is strong, brave and courageous, and also stills the same. Even there are many stories and fairy tales about it. For example, there are our historical heroes Barchinoy and Alpomish, these people are symbols of bravery, loyalty and love. In addition, there are many historical places in my motherland, for example, 2000-year-old buildings and their remains are still available.

The most important thing to say about our people is that they are very hardworking, open-minded, kind and simple-minded people compared to other regions of Uzbekistan. Our family consists of eight

people; they are my grandparents, parents, three sisters and me. Elders in our country are wise, knowledgeable and experienced people.

That is why; youngsters always respect and help them also ask some advice for difficulties in their life. Every Muslim people in the world are aware of religious people in Central Asia, one of the most persons Al-Hakim at-Termiziy lived in our country and his tomb is located in my hometown.

When it comes to my education. I am third course student in higher education where located in Samarkand. I think more people around the world know about this city, because here is most famous, historical and touristic location.

Thousands of tourists visit this city in a year from verity parts of the world. Especially, Samarkand is well-known for its historical places, mosques, and madrasahs such as Registon square, Bibikhonim mosque, Guri Amir, Shkokhi Zinda and so on. Like all of this places are releted to middle Ages when Amir Timur and his generations lived. By the way, this city is a country where was the capital of Amir Temur's country.

If I tell about higher education our

country that it consists of four year for bachelor degree but for Master's degree students study for two year. I study at Samarkand state institute of foreign languages, the faculty of English philology and translation studies.

In the future I will be teacher and translator, because my major is to be translator or interpreter but my dad really wants me to be a teacher in higher education. So that I will be both of them.

In our institute there are more international teachers who are from USA, UK, Japan, Korea, and China, Turkey and so on. Therefore, our local teachers also have the same knowledge and practise. For example, all of teacher in our institute teach students with efficient methods and through modern high-digital technologies.

Different holidays, compitations, conferences, camps and other meetings are held every month. After graduating this institute I am going to study for Master's degree abroad may be in the USA, UK or Turkey.

I want to tell you about my parents, they are very kind, sincere, open-hearted, and easy-going and my closest people in my life. I thank them for all the love they have

shown and the opportunities they have created. In our country, it is very important to respect and honor parents.

Because they grow you up by giving their everything. My dad and mum are the best people in the world. I clearly remember, I was in the 6th grade at secondary school, my father had to come from abroad, and I asked them to bring me a computer.

I didn't believe that he would bring it, but unexpectedly he gave me a new laptop of the latest model. I was very happy at that time. Because I was the only student in the class who had a personal computer.

Also, they always emphasize that we should study and be good professionals. My sisters and I are always trying to make my parents' dreams come true. I am very proud to be a child of such parents.

*Ochildiyeva Dilnoza Abdivokhid kizi. Third course student at Samarkand State Institute of Foreign Languages, the faculty of English philology and translation studies.*

Sports >> \*Jude Bellingham and Levi Colwill are the latest pair to withdraw from England's squad for the upcoming Euro 2024 qualifiers against Malta and North Macedonia.

# SPORTS NEWS

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## Bellingham, Colwill Withdraw From Euro 2024 Qualifiers



Jude Bellingham. Photo/TEAMTALK MEDIA

By: AGENCIES

Jude Bellingham and Levi Colwill are the latest pair to withdraw from England's squad for the upcoming Euro 2024 qualifiers against Malta and North Macedonia.

Both Real Madrid midfielder Bellingham and Chelsea's Colwill sat out their club games over the weekend with shoulder problems and have pulled out of the camp for the final two Group C

fixtures.

"Jude Bellingham and Levi Colwill will play no part in England's forthcoming UEFA EURO 2024 qualifiers against Malta and North Macedonia," an England squad update read.

"The pair arrived at St George's Park for assessments on Monday but will now return to their clubs to continue their rehabilitation.

"Meanwhile, Marcus Rashford and Calvin Phillips will meet up later this week owing to personal

matters."

Their withdrawals follow in the wake of James Maddison, Callum Wilson and Lewis Dunk being replaced on Monday, with the trio all staying with their respective clubs for treatment.

Three newcomers were called into the England senior set-up by manager Gareth Southgate in light of Monday's news with Ezri Konsa, Rico Lewis and Cole Palmer stepping in.

Southgate, though, has resisted

any temptation to bring in any other players to replace Bellingham and Colwill, leaving him with a 23-man squad for the home game against Malta and the trip to North Macedonia.

England are already assured on their place at next summer's Euro 2024 finals in Germany but Southgate wants to be a top seed when the draw is made in Hamburg next month so victory in both games remains a key target.

# GET THE BEST OF WORLD

**Sports >>** \*Samurai Barracudas and Uganda have officially announced their lineups for the upcoming Safari 7s scheduled to take place at Nairobi's RFUEA Ground from November 17-19.

# Samurai, Uganda Name Safari 7s Squads



Samurai Barracudas and Uganda have officially announced their lineups for the upcoming Safari 7s scheduled to take place at Nairobi's RFUEA Ground from November 17-19.

Under the guidance of Welsh coach Nick Wakely, Samurai's squad boasts the expertise of Kenya Sevens legend Collins Injera as the assistant coach. Managing the team is Jimmy Mnene, while Fahad Adil assumes the role of operations director.

Uganda, too, has revealed its men's and women's squads for the Nairobi event. Men's Head Coach Tolbert Onyango's lineup

includes notable players such as Aaron Ofoyrwoth and Adrian Kasito. The Lady Cranes, Uganda's women's team, will be captained by Peace Lekuru, with Agnes Nakuya serving as a key member.

Here are the selected players for each team:

**Samurai Barracudas Squad:**

- Arthur Haug
- Charlie Coe
- Charlie Venables
- Advertisement. Scroll to continue reading.
- Dan Hoesk
- Ethan Issacs
- Florian Makala

- Henry Kirwan
- Mervan da Silva
- Nabo Sikoyi
- Noegh Hayward
- Struan Hutchison
- Tom Role

**Uganda Rugby Cranes Squad:**

- Aaron Ofoyrwoth (Captain)
- Davis Shimwa
- Alex Aturinda
- Mark Osuna
- Timothy Mugisha
- Pius Ogena
- Issac Massanganzira
- Adrian Kasito (Vice Captain)
- William Nkore
- Roy Kizito

Robert Okeny

**Uganda Lady Cranes Squad:**

- Agnes Nakuya (Vice Captain)
- Lydia Namabiro
- Sarah Kirabo
- Yvonne Najuma
- Grace Nabaggala
- Mayimuna Nassozi
- Lona Sandra Amoli
- Peace Lekuru (Captain)
- Ritta Nadunga
- Rachael Mufuwa
- Gertrude Kateesa Junior
- Unity Namulala

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# Backpage



## Fidelis Onakpoma Named Int'l Advisor with GYDEC, Sets Agenda



By: Paula Otukile  
Gaborone, Botswana

Newly appointed International Advisor to the Global Youth Development and Empowerment Council, Ambassador Fidelis Onakpoma, has reiterated his commitment to engendering dynamism, innovative zeal, and the five psychological, behavioral, and social qualities that indicate youth thriving: competence, confidence, character, connection and caring; stressing that the role of the youth in nation-building helps to drive economic development and social progress.

Fidelis Onakpoma made the statement in Abuja while responding to his appointment as International

Advisor to the Global Youth Development and Empowerment Council (GYDEC), a Youth-led Organization based in India.

While dedicating the appointment to the International Human Rights Commission IHRC, he emphasized that the appointment was an attestation of his global antecedents, sense of patriotism, and tenacity of purpose in nation-building.

He said he would work with other Council Members to help the organization make more informed and strategic decisions and collectively motivate the youth community to achieve Goal 17 of the Sustainable Development Goals 2030, i.e., Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development.

The Global Youth Development and Empowerment Council is a non-governmental, not-for-profit organization working to help youths identify potential within them and provide them with various opportunities to learn, develop, and express



Fidelis Onakpoma .

themselves on a global scale.

Fidelis Onakpoma is a Social Development Practitioner, National Transformation Policy Advocate,

and Human Rights Activist from Nigeria. He's also the Editor-in-Chief for the International Human Rights Commission-IHRC Switzerland,

and Head of Media and Strategic Communications for IHRC Nigeria Diplomatic Office, Abuja.

## Why Our Brain Is Lazy?

By: Marjona Sharofiddinova  
@themtkenyatimes

Researchers who discovered that our brains are inherently drawn to sedentary behavior claim that certain people are labeled as lazy because of their brains. Leading experts from the University of British Columbia (UBC) in Canada, the findings show that human brains work harder to choose physical exercise over rest and that our brains may just be designed to favor lounging on the sofa.

We don't really talk about the fact that we evolved to conserve energy, which makes physical inactivity a basic adaptation. There are several stories that circulate about how physically fit our forefathers were. The proof indicates that they weren't. They exerted equal effort to us.

According to Matthieu Boisgontier, a postdoctoral researcher at

UBC, "We knew from previous studies that people are faster at moving towards active behaviors and avoiding sedentary behaviors".

The intriguing new finding of our research is that it demonstrates that the quicker avoidance of physical inactivity has a price: a greater demand on mental capacity. These findings imply that sedentary behavior is drawn to our brains by nature, according to Boisgontier.

The researchers gathered a group of young adults, had them sit in front of a computer, and allowed them to operate an avatar that appeared on the screen for the study, which was published in the journal *Neuropsychologia*.

Then, one by one, they flashed little pictures that showed either physical activity or inactivity. The avatar had to be moved by the subjects as fast as possible between the images of physical inactivity and the photographs of physical activity, and vice versa. Electrodes captured recordings of their brain activity in

the interim.

While moving away from languid photos and toward active ones was generally faster for participants, brain-activity readouts known as electroencephalograms revealed that going toward the latter required more mental effort.

Boisgontier pointed out that brain processes that have evolved and been reinforced over evolution may be the reason why public initiatives have not been able to stop the epidemic of physical inactivity.

But the real question is whether or not people's minds can be retrained. Even if you want to, it's hard to stop anything that occurs automatically since you're unaware that it's happening. However, acknowledging its existence is a crucial initial step, according to Boisgontier.

**Marjona Sharofiddinova**

Marjona was born on July 2, 2002 in Samarkand region. Currently, she is a 4th grade student Samarkand State Institute of Foreign Language



Marjona Sharofiddinova.

es. She knows more than 4 languages and has been teaching English and German to many young people.

She is a member of many international organizations.