



### Scrap The National ID Charges Or We Live Without Them

Kenyan citizens are facing an uphill battle against rising costs and economic hardships as the government increases fees for essential documents, leaving many to question whether they can afford to replace their National IDs.

Page 18

**THANK YOU FOR ADVERTISING WITH US**

For any news you would wish us to publish,

email us: [news@mountkenyentimes.co.ke](mailto:news@mountkenyentimes.co.ke)

**For Adverts & Sponsorship**

email us: [ads@mountkenyentimes.co.ke](mailto:ads@mountkenyentimes.co.ke)

# The MT. KENYA TIMES

Creative Rewards

## Daily ePAPER

Thursday, November 9, 2023

No. 00910 [www.mountkenyentimes.co.ke](http://www.mountkenyentimes.co.ke)

[f](#) [@](#) [t](#) themtkenyentimes



### News>> Kenya's Economy Expected To Grow By 6% In 2024

P. 8. Kenya's economy is expected to register a 6 per cent growth in 2024 powered by increased agricultural output and growth in the services sector, this is according to the Central Bank of Kenya (CBK).



### News>> Kisii Assembly Members Condemn Local Leaders' Repeated Attacks On Governor Simba Arati

P. 12. Members of the Kisii assembly have strongly criticized certain local leaders for repeatedly attacking Governor Simba Arati.

# Mwangaza Survives Second Impeachment

**Meru Governor Kawira Mwangaza has survived the second impeachment after Senators acquitted her of all 7 charges brought up against her by the County Assembly. She faced charges of Misappropriation and Misuse of Resources, Nepotism, Bullying, Illegal appointments, contempt of court, and naming a road after her husband illegally. Kawira denied all the charges and put up a spirited defense saying she was being victimised as a woman leader.**



*Governor Kawira Mwangaza survived the second impeachment on November 9, 2023*

STORY ON PAGE 9

# The Africa Largest eCOMMERCE

[www.gotyou.co.ke](http://www.gotyou.co.ke)

Call/Text/WhatsApp: +254 714 090 155  
To Place Your Products & Services



# Pastor Dorcas Rigathi Meet With 18 County First Ladies

By: OSDP



Pastor Dorcas Rigathi (centre in red) takes a group picture with the county first ladies whom she hosted in Karen. Photo/OSDP.

**Worth Noting:**

- Pastor Dorcas said if initiatives like the Wajane Cup (widows) and PWDs Cup were began, they would empower those vulnerable, and give them confidence to step out of hiding, for their talents and abilities exposed to the world.
- “When we rise as mothers and show love to our children, and the vulnerable, those in addictions will change, and I have seen them change through community-based rehabilitation. We are the transformative agents,” said Pastor Dorcas.

Eighteen County First Ladies held a meeting with the spouse of the Deputy President Pastor Dorcas Rigathi in Karen yesterday to discuss ways to cascade the programs of the vulnerable to different counties in Kenya.

Pastor Dorcas said she could not reach all the vulnerable in the country, but with the partnership and collaboration of the first ladies, many other would be impacted positively.

“I cannot do the work by myself, but when we work together, and engage your networks, government ministries and departments, we shall reach many,” said Pastor Dorcas.

Among those present included the Chair of the County First Ladies Association (CFLA) Allamitu Jattani (Marsabit), Emily Nyaribo (Nyamira), Bishop Saline Barchok (Bomet), Dr. Emily Chesire (Baringo), Madina Ali Issack (Mandera),

Habiba Galgalo (Isiolo), Lilian Ekamais (Turkana), and Anne Wamatangi (Kiambu).

Mary Kangata (Muranga), Anita Mutula (Makueni), Beverlyne Lelelit (Samburu), Salina Samoei Bii (Uasin Gishu), and Dr Margaret Makelo (Bungoma), Scovia Kachapin (West Pokot), Fionnah Kiprotich (Elgeyo Marakwet), Grace Wakahora (Laikipia), Agnes Ochillo (Migori), and Janet Sayo (CFLA Secretariat).

Pastor Dorcas said if initiatives like the Wajane Cup (widows) and PWDs Cup were began, they would empower those vulnerable, and give them confidence to step out of hiding, for their talents and abilities exposed to the world.

“When we rise as mothers and show love to our children, and the vulnerable, those in addictions will change, and I have seen them change through community-based rehabilitation. We are the transformative

agents,” said Pastor Dorcas.

Dr. Chesire said empowering the boy child would reduce cases of irresponsible pregnancies and HIV/AIDS in the country.

“When we go in the direction Her Excellency Pastor Dorcas is talking about, we shall change the narrative in our country in terms of gender-based violence, and HIV/AIDS,” said Dr. Chesire.

Bungoma First Lady, Dr. Makelo said the speech by Pastor Dorcas had challenged them on the endless opportunities of transformation within their communities.

“We can go out there and do something with the little resources we have around us. You (Pastor Dorcas) have charged us, and challenged us,” said Dr Makelo.

The Chair, FL Jattani said the first ladies had heard the clarion call of Pastor Dorcas in dignifying the lives of the vulner-

able.

First Lady for West Pokot, Ms Kachapin said she was working with people with disabilities, and though they had assisted them with assistive devices, the county had a challenge of enough schools for those with disabilities.

Her Bomet counterpart, Ms Barchok said the agenda of the boy child would cut across all the counties.

Ms Ekamais from Turkana said she had a shamba for those with disabilities and was working towards establishing a learning facility for the empowerment of PWDs. She was also working with widows through the church.

The Laikipia First Lady, Ms Wakahora said, “We are proud to be united and partner with your programs lest we lose our nation, altogether.”

Editor's Desk

**The Mt. Kenya Times**

The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

**Group Executive Chairman**  
M. Danson

**Our Contacts**  
P. O. Box 101 675 - 00101 Nairobi, Cell: 0700 161 866, 0705 215 262  
**Editorial Desk:** editorial@mountkenyatimes.co.ke, **Adverts:** ads@mountkenyatimes.co.ke,  
**News Desk:** news@mountkenyatimes.co.ke, **Web:** [www.mountkenyatimes.co.ke](http://www.mountkenyatimes.co.ke)

**Facebook:** facebook.com/themtkenyatimes, **Instagram:** instagram.com/themtkenyatimes/, **Twitter:** twitter.com/themtkenyatimes  
**LinkedIn:** <https://www.linkedin.com/in/the-mt-kenya-times/>

# The Africa Largest eCOMMERCERCE



[www.gotyou.co.ke](http://www.gotyou.co.ke)

**NOW  
OPEN**

Call/Text/WhatsApp: +254 714 090 155

# NEWS IN BRIEF



Agriculture Cabinet Secretary Mithika Linturi has urged collaboration among industry players to encourage cross-disciplinary innovations and novel solutions for large-scale agricultural challenges. He believes that pooling resources through collaborative projects will help tackle these challenges efficiently, benefiting both developed and developing regions. The African population is projected to reach 2.5 billion by 2050, putting pressure on production resources and potentially leading to biodiversity loss. Agriculture plays a fundamental role in the economy, contributing 33.3% of the GDP directly and 57% indirectly through linkages with other sectors. Investing in agriculture has the potential to lower the cost of living, eradicate hunger, create jobs, expand the tax revenue base, and improve the foreign exchange balance. To achieve resilient, inclusive, and sustainable food systems, interdisciplinary solutions are needed, spanning agronomy, genetics, engineering, and data science. Equity Group Holdings Managing Director and Chief Executive Officer, Dr. James Mwangi, stated that 60% of their customers are small-scale farmers across the eight ecological zones in six countries. The approach to agriculture is strategic, with 30% of the company's funding going to agriculture, corresponding to approximately 34% of GDP.



The Kajiado drought has led to increased livestock prices, leaving many families without income. Some herders have survived, with mature sheep, goats, bulls, and heifers selling at higher prices. Governments are urged to help restock livestock during the festive season.



Kenya Bureau of Standards (KEBS) is celebrating World Quality Day, promoting compliance with quality standards, consumer protection, environmental responsibility, and innovation. Critics argue that Kenya's importation of locally manufactured products exports jobs and denies youth opportunities. KEBS Managing Director emphasizes quality as a culture.



The Kenyan National Council on the Administration of Justice (NCAJ) has set targets for 2022/2023, aiming to establish a coordinated justice system. Progress has been made in fortifying coordination, promoting reform in criminal and civil justice sectors, and expanding justice to vulnerable populations. The council has initiated legal, policy, and administrative reforms.



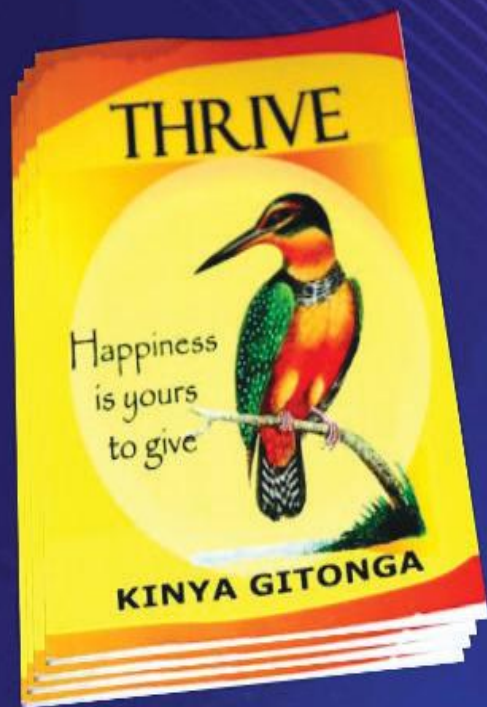
Interior and National Government Coordination Cabinet Secretary Kithure Kindiki hands over a Certificate of Quality Qualifications to Ihururu Rehabilitation Center to Nyeri Deputy Governor Warui Kinaniri. The CS said that the main security threats are bandits in parts of Baringo, Laikipia and part of Samburu. He also said drugs and illicit brew as well as outlawed sects like Mungiki are also part of security threats which Kenyans must be on the lookout. Photo/Paul Wanjiru



Kenya Pipeline Company (KPC) and Kenya Forest Service (KFS) have partnered to plant over 60,000 mangroves in Tudor Creek, Mombasa, to celebrate its 50th anniversary. The partnership aims to increase tree cover by 30% by 2032. KPC has been involved in tree-growing for three years, growing 500,000 trees and donating 30 bee hives to the local community. The initiative is part of Kenya's Landscape and Ecosystem Restoration Programme, aiming to grow 15 billion trees.

# Kingya N. Gitonga

PSYCHOLOGIST, AUTHOR, MENTAL HEALTH ADVOCATE  
& FOUNDER SOUND MENTAL HEALTH FOUNDATION  
PRESENTS



# THRIVE GRAND LAUNCH



ALLIANCE FRANÇAISE  
MULTIMEDIA LIBRARY



DEC | 02  
2PM - 5PM



ENTRY  
COPY OF THE BOOK

A COPY GOES FOR 600/= BEFORE & 700/= AFTER THE LAUNCH

YOU CAN NOW SUPPORT US  
BY GOODWILL OR BY BUYING A BOOK  
FOR SELF, FAMILY & FRIENDS

VIA PAYBILL | BUSINESS NO.: 508885  
ACCOUNT NO.: 7994#NAME



0796 037 994



Kingya N. Gitonga

# Drug Abuse A National Security Threat, CS Kindiki Tells The House

By: PSCU

## Worth Noting:

- “Can the Cabinet Secretary State how many public rehabilitation centres are there to accommodate drug addicts who are seeking help,” Kibagendi asked.
- Kindiki explained that the government has put adequate measures in place to confront the drug abuse menace in the country.
- He added that they plan to strengthen NACADA by giving the authority more powers to stomp it’s authority in the war against drug and substance abuse.



Cabinet Secretary Kithure Kindiki.

Drug and substance abuse is a major national security threat, the National Assembly has been told.

Administration and Interior Cabinet Secretary Kithure Kindiki told the House the uptake of illicit substances is among the top five national security threats.

“Apart from terrorism and bandry, drug and substance abuse is among the top security threats the country is dealing with,” said the CS.

The Cabinet Secretary was addressing the House during the question time session.

He was responding to a question raised by Kitutu Chache South MP, Antony Kibagendi who wanted to know measures being put in place by the government to deal with the menace.

“Can the Cabinet Secretary State how many public rehabilitation centres are there to accommodate drug addicts who are seeking help,” Kibagendi asked.

Kindiki explained that the government has put adequate measures in place to confront the drug abuse menace in the country.

He added that they plan to strengthen NACADA by giving the authority more powers to stomp it’s authority in the war against drug and substance abuse.

He noted that the ministry has focused on suppressing demand and supply for illicit drugs.

He told the House the Ministry has put in place stringent measures to be met by manufacturers of alcoholic drinks before they get licenced.

“I want to notify the House that the Ministry has declined applications for licences for 23 manufacturers who have not met the new rules,” he added.

On rehabilitation centres, Kindiki told the House that the country has sufficient centres and more would be established to provide rehabilitation services to addicts.

“Before coming to this House, I have just arrived from Nyeri where I commissioned a new NACADA rehabilitation centre,” he said.

Dagoreti North MP, Beatrice Elachi asked the CS to deploy security to deal with foreign drug dealers operating at Kilimani area in the Constituency.

“Foreigners dealing in drug trafficking are operating at Kilimani area destroying lives of our young people. I call for quick action from the CS to

dismantle the racket and nab them,” said Elachi.

The CS pointed out that the Ministry plans to embark on school programmes targeting learners in anti drug abuse sensitisation exercise.

Her sentiments were supported by her neighbour John Kiarie who added that boda boda operators were notorious in drug peddling.

Ndhiwa MP, Martin Owino asked the CS to explain why the Ministry was taking too long to implement a proposal to divide the Sub County into three for effective service delivery.

In response Kindiki told the House that Ndhiwa merited a split into three sub counties as proposed by residents but noted that financial constraints have delayed implementation.

The

# MT. KENYA TIMES

Where Investors Get Returns

To advertise in Mt. Kenya Times read by discerning Kenyan professionals and the business community contact our exclusive **UK & Europe** Advertising and Marketing representatives.



**ADLINK INTERNATIONAL (1989) MEDIA GROUP**  
 16 Upper Woburn Place, London WC1H 0AF  
 Phone: 0330 606 1438 (44 330 606 1438)  
 Email: [media@adlinkinternational.com](mailto:media@adlinkinternational.com)  
[www.adlinkinternational.com](http://www.adlinkinternational.com)  
 Contact: Mr Shamlal Puri



**BradeGate Teke Teke**

**FAST  
DELIVERY  
WITHIN NYERI  
TOWN**

**CALL:  
0792454505**

# Kenya's Economy Expected To Grow By 6% In 2024

By: Damaris Munyao and Nice Wambui  
 @themkenyatimes

Kenya's economy is expected to register a 6 per cent growth in 2024 powered by increased agricultural output and growth in the services sector, this is according to the Central Bank of Kenya (CBK).

CBK Deputy Governor Dr Susan Koech said that CBK expects an economic growth of 5.5 per cent in 2023 and close to 6.0 per cent in 2024.

Speaking in Nairobi during the launch of the NCBA bank group Macroeconomic outlook themed to Divergence Across Economies and Sectors, Dr Koech said that some of the global economy shocks that have been witnessed are covid pandemic, geopolitical tensions and high inflation rates.

"Despite the global challenges Kenya has remained strong and is expected to remain above the global and sub-Saharan averages in 2023-2024," said Dr Koech.

Dr Koech explained that the econ-



omy improved by 4.8 per cent in 2022, way above the sub-Saharan region average 4.0 per cent and global average of 3.5per cent.

"We expect the economy to grow by 5.5per cent in 2023 and close to 6.0per cent in 2024 supported by a revived agriculture sector, resilience of the services sector and impact of the government measures aimed at

stimulating growth in priority sectors of the economy including agriculture and manufacturing," said Dr Koech.

She further noted that the main resilience of the Kenyan economy is because it is well diversified away from the traditional agriculture sector which is about 22per cent of the Gross Domestic Product (GDP).

"Kenyan exports are well diversi-

fied in terms of products and destination with Africa remaining the main export destination for about 40per cent of the exports," said Dr Koech.

She said that the implementation of the Africa Continental Free Trade Area is expected to spur increased intra Africa Trade and therefore enhance demand for Exports of Kenyan products.

NCBA Group Managing Director

and CEO John Gachora emphasised that they expect the services sector to register strong performance in 2024.

Gachora said that NCBA is optimistic that 2024 will be a good year in terms of the Gross Domestic Product (GDP) despite the pinch which Kenyans are experiencing due to the high cost of living.

"Agriculture output is likely to expand by 5 per cent in 2024 according to our internal prospects," said Gachora.

"We have a government that is committed to look at some things and make the necessary changes," said Gachora.

He noted that they see a rise in cost of living that may push back a good number of people to poverty since the headline inflation came in at 6.9% in October and around 6% year to date.

"We expect the services sector to register good performance in 2024 but broad economic strain could see some pockets of the sector grow below their pre-COVID levels," said Gachora.

# Council Of Governors Summit Commences In Narok

By: Muraya Kamunde and KNA

The Council of Governors yesterday retreated at the Maasai Mara National Reserve for a two-day summit to reflect, realign, and review the course of devolution after the first year of the third cycle of devolution.

The Council of Governors Chairperson Ann Waiguru said they will assess the weakness, strengths, opportunities and threats of devolution and take a position on how the council can take matters of devolution forward.

"As a council, we want to review the progress we have made so far, in relation to the ten years of devolution. The decision to hold this kind of a retreat was taken when we were going to the elections," she said.

In the two-day retreat, she said, the governors will deliberate on how they will engage other stakeholders including the National Government, civil society and the private sector.

"We will be looking at the various

functions that we carry out, which are still outstanding and need to be transferred to the County, and resourcing of the functions from development partners, national government, equitable share and conditional grants," she continued.

The Council of the Governors, she said, will also be looking at how effectively they have been able to deliver services according to the citizens' expectations.

The Council's chair who doubles as the Governor of Kirinyaga thanked Narok Governor Patrick Ntutu for hosting them at the World-Famous National Reserve.

Vice Chairman and Governor of Wajir Ahmed Abdulahi said among the issues they will be deliberating on is the effects of El-Nino rains that are causing havoc in parts of North Eastern and Coastal regions.

"We will give the resolutions after we have completed our deliberations tomorrow," said Governor Abdulahi.

Nandi County Governor Stephen Sang said the Governors will be joined by the Cabinet Secretary in



Council of Governors Chairperson and Governor Kirinyaga County Ann Waiguru addresses journalists at Keekorok Lounge at the Maasai Mara National Reserve in Narok County.

Charge of Environment, Forestry and Climate Change Soipan Tuya to plant trees so that the governors can lead by example.

Narok Governor Ntutu welcomed the Council of Governors in the County and recognized the heavy rains that are currently ravaging

many parts of the country saying they will discuss solutions to the challenges the people are facing.

# Mwangaza Survives Second Impeachment

By: Irene Mwangi



Governor Kawira Mwangaza survived the second impeachment on November 9, 2023

## Worth Noting:

- Meru Governor Kawira Mwangaza has survived the second impeachment after Senators acquitted her of all 7 charges brought up against her by the County Assembly.
- The Senate plenary which went late into Wednesday night dismissed all the charges in a vote, giving her a new lease of life in the county where County Assembly Members have kicked her out twice in a year.
- She faced charges of Misappropriation and Misuse of Resources, Nepotism, Bullying, Illegal appointments, contempt of court, and naming a road after her husband illegally.
- Kawira denied all the charges and put up a spirited defense saying she was being victimised as a woman leader.

Meru Governor Kawira Mwangaza has survived the second impeachment after Senators acquitted her of all 7 charges brought up against her by the County Assembly.

The Senate plenary which went late into Wednesday night dismissed all the charges in a vote, giving her a new lease of life in the county where County Assembly Members have kicked her out twice in a year.

She faced charges of Misappropriation and Misuse of Resources, Nepotism, Bullying, Illegal appointments, contempt of court, and naming a road after her husband illegally.

Kawira denied all the charges and put up a spirited defense saying she was being victimised as a woman leader.

Emotions ran high as Mwangaza broke down while defending herself in impeachment trial

Beleaguered Meru Governor Kawira Mwangaza yesterday took the stand to testify in her impeachment motion as a witness to defeat the intent by the Meru County Assembly to

remove her from office.

Mwangaza attributed the quest for impeachment to external forces disclosing that influential political leaders at the national and county levels orchestrated her removal bid.

Ever since senators saved her from the first impeachment onslaught in December last year, she averred that the relationship between her and MCAs have been amicable.

“We agreed that the past was over we start working together for the people of Meru. It is a slogan for the speed of development in Meru. Kabati means accelerating to highest speed possible and nonstop. MCAs have embraced the same slogan and also use it,” said Mwangaza.

In the day long proceedings, Mwangaza claimed she is a victim of evil machinations revealing that Meru Senator and Senate Deputy Speaker Kathuri Murungi had issued threats that he will withdraw the support of United Democratic Alliance (UDA) members from the support of development.

Mwangaza was elected as an independent candidate in the 2022 general election.

“There is pressure from MPs, leaders of political parties and the Deputy Speaker. They are misleading our MCAs.”

In addition, the embattled senator disclosed that a section of Meru leaders used demeaning words against her, saying that she should get pregnant within nine months.

Mwangaza who broke down to tears while narrating the evidence said the Meru leaders insisted that if she failed to get pregnant, they will use a tool known in Meru as ‘Kibiri’ to stir her until she gets pregnant.

“In the video, the MP is saying that he has given me nine months to get pregnant and if that is not done, he will use the stick. The MPs and Deputy Speaker of this House have been holding rallies all over the weekend. They even say that I defeated Men and they will use that stick. This purely politics,” she said.

The besieged Governor blamed ethnic politics to her woes saying the local leaders had accused her of not hailing from Meru community but the Kikuyu ethnic hence she should not rule in Meru.

“They say that Mwangaza is a Ki-

kuyu and they don’t want to be ruled by a Kikuyu from. Pressure has been asserted on charges that do not hold any water. By the same leaders. They had no option apart from an impeachment motion where they were forced to sign,” Mwangaza said.

The Meru Governor defended the accusations against her on misappropriation of funds saying that she initiated a program dubbed ‘Okolea’ that seeks to support the electorate through development projects.

She noted that she has never used any public funds in the program explaining that even before they were elected into office with her deputy Isaac Mutuma she was already assisting the electorate in various projects.

“I have been doing the ‘Okolea’ and this gave me favour before God. My Deputy Governor who was just a prison warder, is the same person de-campaigning and demeaning the same program God gave us before men and women,” said Kawira.

# Grace Of Giving Pt 2



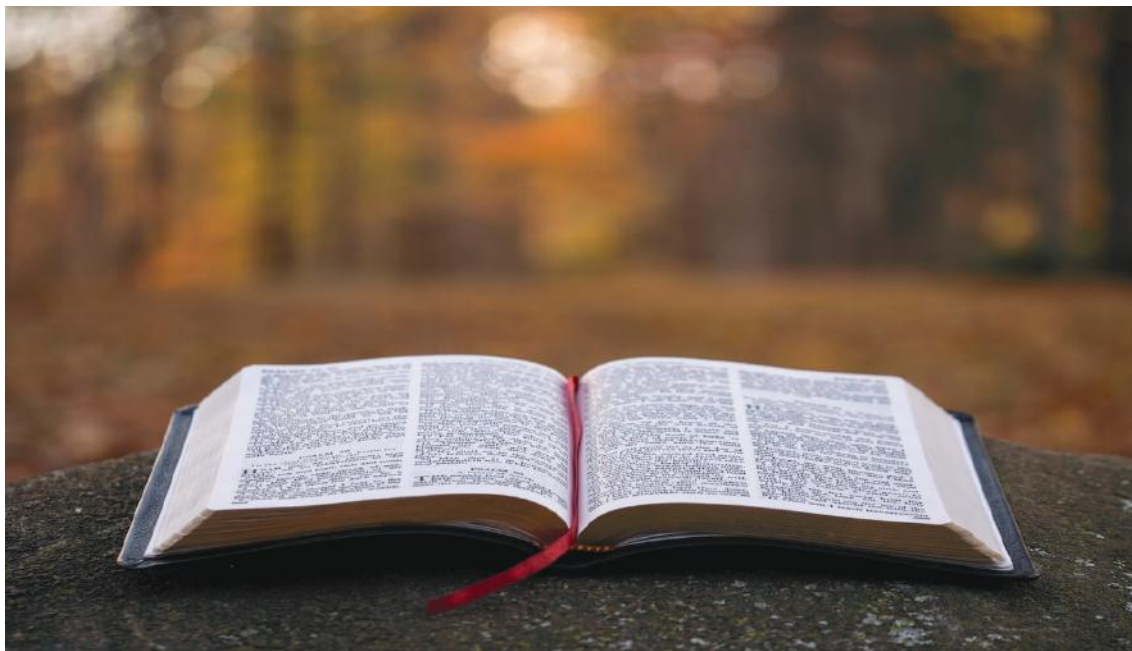
**By: Eric Musa**  
 EMEA.ericmusa@gmail.com

One might think that 25 percent was certainly the limit. But it was at this point that heart giving took over — “grace giving” or nonrequired offerings. There were firstfruits offerings in which an Israelite, out of love for God, brought the firstfruits of his crop or livestock to God (Numbers 18:11-13). The beautiful thing about this was that he did so when he had not yet harvested the rest of the crop and did not know what he would ultimately reap. He gave the best to God, trusting He would bring in the rest. It was faith giving and was totally voluntary.

There were also freewill offerings, offerings God called for when He

commanded Moses to build the Tabernacle: “Tell the Israelites to bring me an offering. You are to receive the offering for me from each man whose heart prompts him to give” (Exodus 25:1, 2). Nothing was specified except that it be voluntary and from the heart. Here the people’s response was so great that Moses had to tell them to stop giving (Exodus 36:2-7). Giving from a heart overflowing with God’s grace, whether the giving be mandatory or voluntary, has always been the ideal for God’s people — before and after the coming of Christ. When a heart overflows in grace giving, a substantial amount of one’s income goes to God.

To be honest, it is not easy, especially with the harsh economic times! But we should know that all we have belongs to God, we are only stewards. Yes, we have basic needs which we should have, and God is every bit concerned about our best welfare, as He states in the scriptures we are His most valuable creation and He, our JEHOVAH. What is the secret then



to this? Let’s pray without ceasing, and ask our good Lord to enable us in Jesus Christ name: AMEN.

SHALOM.

References:

The Living Bible  
 Discipline of a Godly Man (Book by Kent Hughes)

**Evangelist Eric Musa:**

*(My message continuously: If you are not saved: Believe, accept, receive and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit, as it is written; “NOW is the acceptable time, TODAY is the day of SALVATION.- 2*

*Cor 6:2”. For prayers, devotion, and to support the ministry contact Evangelist on +254722157300 ( Email: EMEA.ericmusa@gmail.com). Remember, God Loves you and I unconditionally, perfectly and always: SHALOM*

# Pastor Dorcas among Thousands Mourning Apostle Joe Kayo

*The Prelate Was Credited As Pioneer of Pentecostal Movement-East Africa*

**By: OSDP**

The Spouse of the Deputy President Pastor Dorcas Rigathi is among thousands who have mourned the death of the Founder of Deliverance Church International and Pioneer of the Pentecostal Movement-East Africa Apostle Joe Kayo.

On Tuesday evening, Pastor Dorcas visited the home of Apostle Joe in Syokimau where she condoled with the wife, Mama Rose Kayo, their first-born son, Joe Junior Kayo, other family members, friends and pastors.

Pastor Dorcas eulogized Apostle Joe as ‘a man who stood firm in the faith and did not seek the approval of men, but only that of God’. “We must take up the spirit of our father,” said Pastor Dorcas.

Apostle Kayo is credited in the Christian circles as having pioneered the Pentecostal Movement-East Africa. He also founded Deliverance Church in 1970,

which has multiplied across the country with branches even in the East Africa region.

Apostle Kayo planted churches in Kenya, Uganda, Zimbabwe, Zambia, and South Africa, among other places.

Pastor Dorcas encouraged the church in Kenya to honour fathers of faith, who worked tirelessly across the nation to spread the gospel and plant (establish) churches.

“Let us honour our Fathers of Faith when they are here with us. They have the spiritual mantle, and we shall have it distributed. Let us not make the error of Gehazi where the mantle was taken by a dead man, when the dead man touched the bones of Elisha and came to life,” said Pastor Dorcas.

Pastor Dorcas has continually called on a good relationship between fathers and sons in the church to establish the gospel firmly in the country.

Joe Junior who had just arrived from the US a few hours earlier appreciated the spouse of the DP for honouring their father in death.

He said that his father was born again in 1957, and served in the ministry for the

last 66 years.

He held lunch hour meetings in the capital Nairobi, and was a highly sought after teacher of the Word, conference speaker and author of tens of books.

Apostle Kayo served until his death at the Christian Family Church, Shauri Moyo. He was 86 years old.

He has left behind his wife, Mama Rose, three sons, Joe Junior Kayo, John Kayo and James Kayo, grandchildren and great-grandchildren.

*Pastor Dorcas Rigathi shakes hands with Bishop Dr. Mophat Kilioba of PEFA Church when they met at the home of Apostle Joe Kayo in Syokimau. Apostle Kayo was the founder of Deliverance Church International and Pioneer of the Pentecostal Movement East Africa. Photo/OSDP.*



# Ruto Takes Tree Planting Campaign A Notch Higher



By: Joseph Mutua Ndonga  
mutuandonga@yahoo.com

**Worth Noting:**

- The resolutions will formally be presented before the Conference of State Parties, COP28, which will be held in United Arab Emirates (UAE).
- In the previous COP meetings that brought together world leaders, President Ruto would always speak on behalf of Africa. He would be chosen because of his deep understanding and grasp of issues related to climate change. Besides he is bold, candid and courageous.
- In his presentations, he would mince no word in taking on powerful nations for being biggest polluters of the climate.
- Your actions have over the years caused untold suffering and pain to our people. They poses real threat to the livelihoods and existence of humankind.



President William Ruto planting tree in past

The Government of Kenya has declared Monday, November 13, 2023, a public holiday for Kenyans to participate in national tree planting exercise. President William Ruto will lead the nation in this exercise that will see him plant tree seedlings in Makueni County. This will once demonstrate his commitment to greening Kenya, a campaign he started a year ago. The Campaign is aimed at achieving

the goal of forest restoration and mitigating the effects of climate change. President Ruto has emerged as a key player in these endeavours not only in Africa but globally. He recently organized the first ever Africa Climate Summit that was held in Kenya's capital city of Nairobi. In their final communique, the Africa heads of states adopted a Nairobi declaration.

Going forward, the declaration will inform Africa's position on climate change globally. The resolutions will formally be presented before the Conference of State Parties, COP28, which will be held in United Arab Emirates (UAE). In the previous COP meetings that brought together world leaders, President Ruto would always speak on behalf of Africa. He would be chosen because of his deep understanding and grasp of issues related to climate change. Besides he is bold, candid and courageous. In his presentations, he would mince no word in taking on powerful nations for being biggest polluters of the climate. Your actions have over the years caused untold suffering and pain to our people. They poses real threat to the livelihoods and existence of humankind. Hundreds of thousands of the people have lost their lives and properties have been destroyed. As leaders, we have a duty to save our people from extinction. We have previously passed numerous resolutions but you have been turning deaf ear to them. A time has come to start implementing them. Planting of the trees and phasing out of fossil fuels are some of the key interventions. In Kenya, we are taking this matter

seriously because we value sanctity of human life. Dr Ruto would not leave it there. He would tell the leaders of the powerful nations in Europe and Asia. Africa is not responding to the pressure from you. We are doing this because it is the right thing to do. We also want to see you doing your part. Bearing in mind that you are the biggest polluters, Africa has a right to demand compensations and reparations from you. On this issue, you have only been making pledges. For now, we want to see you walking the talk. Reacting to this, the leaders of superpowers would not feel offended. We have listened keenly to President William Ruto's presentation. He has articulated the position of Africa very well. We agree that we have not been taking matters of climate change seriously. We are now going to implement resolutions and keep our word on compensation. Back home, President William Ruto is not leaving anything to chance in terms of ensuring that his administration met the target of planting 15 billion tree seedlings by the 2032. I remember Dr Ruto kicked off this exercise in Ngong forest. Top government officials and chiefs presided similar activities in other parts of the country on that day. President's commitment to this noble course has now gone a notch higher. This is after the Ministry of Interior declared Monday a public holiday. This means November 13 has been gazetted as a national day of planting trees. It will be marked every year. As he plant the trees in Makueni on Monday, this exercise will also take place in other parts of the country. Cabinet secretaries (CSs), Principal Secretaries (PSs), County commissioners are among state officers who will preside over these activities. This will be a well calculated move designed to mobilize many people at grassroots to turn up. Some of them will come to see their leaders. Apart from learning some lessons about the importance of planting trees, they will not leave before planting seedlings. Dr Ruto is a hard working and hands-on President. So I have no reason to doubt him. He will ensure his administration has met the target. During the reigns of the previous governments, forest cover had dropped drastically due to destruction of forests. Dr Ruto is out to correct these wrongs. Let us support him.

*Joseph Mutua Ndonga is a writer and political analyst based in Nairobi*



# Kisii Assembly Members Condemn Local Leaders' Repeated Attacks On Governor Simba Arati

By: Elizabeth Angira  
@themkenyatimes

Members of the Kisii assembly have strongly criticized certain local leaders for repeatedly attacking Governor Simba Arati.

The leaders in question include Kisii Senator Richard Onyonka, Kisii Woman Representative Dorice Donya, Kitutu Chache North Member of Parliament Japhet Nyakundi, and South Mugirango Member of Parliament Sylvanus Osoro, who also serves as the Majority Chief Whip in the National Assembly.

This criticism follows the circulation of a video clip by various media outlets, showing these leaders launching a coordinated and scathing attack on the governor and the county administration as a whole, while also demeaning the Members of County Assembly (MCAs).

Addressing the press, the ward representatives expressed their displeasure with the leaders who seem to have developed a habit of publicly attacking the governor in the media

and public forums without any apparent justification or provocation.

Ichuni ward representative, Justine Siocha, argued that these leaders were ill advised to meddle in the affairs of the county government, which only serves to distract the governor from focusing on providing essential services and promoting development.

"The attacks by the four leaders on the county government imputes ill motive with a criminal intent,"he said.

Siocha further suggested that Senator Richard Onyonka, who appears to be the leader of this group, should refrain from resorting to tactics like blackmail and political brinkmanship for personal survival.

The ward representatives maintained that the unwarranted attacks from these four leaders on the governor and the county government implied malicious intent and a desire to tarnish the reputation of county leadership.

They emphasized that they have a positive working relationship with the governor and called upon the mentioned leaders to respect their



A section of members of the Kisii Assembly addressing the media over certain local leaders attacking governor Simba Arati. Photo/Elizabeth Angira.

position as peers in both legislation and leadership.

The ward representatives urged these leaders to concentrate on their oversight role in the national government and address issues like the high cost of living, which is adversely affecting the general public.

One of the ward representatives, Siocha, highlighted the role of these lawmakers in Kenya's current economic challenges, attributing them to high taxation policies that the same leaders had supported and passed.

Regarding pending bills, Riana MCA Victor Ombasa clarified that the county government had been actively addressing the matter.

They emphasized that a review of ineligible pending bills was already underway, following appeals made by the contractors themselves.

Additionally, Ombasa mentioned that the matter was in court, and it wasn't the responsibility of these leaders to advocate for the settlement of pending bills, unless they intended to subvert the course of justice or act as intermediaries seeking

to profit from merchants.

"It is now emerging that the said leaders bone of contention with them governor borders of their own vested interest , with regard to the much hyped pending bills,"he said.

Ombasa also pointed out that some contractors who had been involved in questionable dealings with the previous county administration and had submitted false claims for non-existent projects had been exposed.

# Senators Call For CS Moses Kuria's Sacking

By: Kevin Wachira  
@themkenyatimes

Senators from both Azimio and Ruling Kenya Kwanza Coalition now want Public Service, Performance and Delivery Cabinet Secretary Moses Kuria removed from office.

Led by Senate Leader of Majority Aaron Cheruiyot, the Senators took issue with CS Kuria for commenting on the ongoing impeachment motion against Meru Governor Kawira and painting Senators as compromised against the Governor.

The Senators now want the National Assembly to initiate the process to remove CS Moses Kuria from office.

A social media post by the Public Service CS appeared to guide thirteen Senators on how to deal with the ongoing impeachment motion against Governor Mwangaza caused jitters within the Senate.

In one of his social media posts, CS Kuria said; "I have studied carefully the issues presented against Governor Kawira. The most serious offence is that she does what Kikuyus call Kuangalia watu manyiira. That offence can take you to hell but not to jail. Certainly not a ground for Impeachment."

The Senate is expected to invite the Cabinet Secretary to appear before plenary.

CS Moses Kuria..



# Nairobi Health CECM Tours Pumwani Maternity Referral Hospital

By: John Kariuki  
@themkenyatimes

Pumwani Maternity Referral Hospital, the biggest facility handling maternal, neonatal care, is now at a whole new level embodying improved service delivery to hundreds of thousands of expectant mothers.

This emerged Wednesday during a familiarisation tour of the facility which since Governor Johnson Sakaja took office, the facility has witnessed improved growth.

The hospital's Chief Executive Officer, had this to say:

"Last year we had around 19,000 deliveries we do 5,500 deliveries in a quarter and approximately 1,600 per month and we are able to serve mothers through NHIF and Linda mama initiative and so far the services we offer are the maternal care then we also offer services in the neonatal care where we have the NBU unit which serves as a referral to babies below 28 days. We also have the MCH for mothers who come for the antenatal

visit, pediatric, physiotherapy, nutrition clinics.

We have a 354 bed capacity. 87 cots for the NBU and 20 bed capacity for the kangaroo mother care (KMC) unit.

For Pumwani we have a shortage of staffing because we have one midwife serving 18 mothers against the WHO recommended ratio of two midwives to one patient. This is an acute shortage that we need to work on.

She however acknowledged efforts that are being rolled out by Governor and CECM Madam Silantoi to employ more nurses

The hospital is also in the process of hiring nurses on locum to ease the gap

On his part the Chief Officer in charge of health facilities Mr Geoffrey Mosiria had this to say: "This facility recently it didn't have a lift but now it's already in place. We also have installed a standby generator and also equipping the newborn unit to serve those babies as well as the theatre, we are working towards equipping and operationalization of the three theatres also with the introduction of the CEO we have seen a lot



the chief officer alluded,

Nairobi County Chief Officer Health Facilities Geoffrey Mosiria.

of improvement.

We are taking services closer to the People according to the vision of Governor Sakaja. We want to empower our level two three facilities so as we decongest Pumwani hospital to be left to handle only those complicated cases.

On the issue of staffing this is what

"As a county government we are in the process of engaging additional nurses and also shortlisting for health-care workers is currently ongoing for doctors' nurses and other specialities.

Also in order to decongest our maternity, because mothers come in with UTIs, and others with incomplete abortions, they end up in our

Labor ward in order to handle this we have an outpatient facility which was closed down during Covid period we have plans to revive it so that it can help filter mothers those who come with those UTI cases can be handled there and discharged home so that we only have active mothers who are in labor at our maternity ward.

# Labour Committee Meets With State Department Regarding Supplementary Estimates

By:PSCU

The National Assembly Committee on Labour led by Chair Erick Muchangi (MP Runyenjes) met with State Department for Labour and Skills Development, which is under the committees purview to consider the Supplementary Estimates No. 1 for FY 2023/24 and Budgetary Performance.

The 15 Member Committee put to task submissions made by CS Florence Bore and PS Shadrack Mwadime together with their team from the ministry.

Lawmakers sought details on the Migrant Welfare Fund its status and progress, the number of Bilateral agreements signed so far and how NEA and NITA can finance their programs independently

In his responses PS Mwadime informed the Committee that the Migrant Fund is yet to be operational as no funds have been set aside for it.

On her part CS Bore says the ministry is looking to sign three Bilateral agreements with Oman, Kingdom of Saudia Arabia and Germany.

The Ministry also highlighted critical areas that it will suffer from the budget cut including the Labour Migration and Export Programme that involves coordinating and monitoring the welfare of migrant workers at various stages of migration. The International Trade Union Confederation (ITUC - Africa) Congress to be hosted by Kenya through COTU thus strengthening Tripartism in the country.

CS Bore added that "The state Department for Labour requires a lot of support from the Committee in order to play its role as an enabler towards the realisation of the Bottom- Up Economic Transformation Agenda and contribute effectively to Governments agenda in creation of productive and sustainable employment opportunities.

Muchangi assured the CS of the Committee's commitment in support reinstating funds for most critical programmes.



Fabian Mule, Kangundo MP is a member of the Labour Committee of the National Assembly.

## Landscape



Only the stars play at the sky  
Sometimes, it stops, sometimes, it flies  
away.  
And my eyes still don't close,  
Suddenly, my heart full of feeling.

Khusniddin Khait was born in 1989 in the Sardoba district of the Syrdarya region of the Republic of Uzbekistan. Graduated from Gulistan State University, Faculty of Philology, and Tashkent State University of Uzbek Language and Literature named after Alisher Navoi. The books "Syrdaryalik kyz", "Annotated dictionary of the language of the heart", "Dilnurbitik" were published. Member of the Union of Writers of Uzbekistan. Member of the Public Fund of Kyrgyz Poets and Writers of the Kyrgyz Republic, member of the Association of World Talents in the Republic of Kazakhstan. He was awarded the badge "30 years of Independence of the Republic of Uzbekistan" and the medal "Glory".

Amazing calm night. Silence reigns.  
Burned stars are looking from the sky.  
The whole being sleeps, rests in silence,  
No one wakes up from the silence.

Darkness sings a song of silence,  
The world will lose consciousness from this  
song.

Relaxation spreads his expression  
everywhere,  
Forgetting, it closes its eyes, and the night  
is also closed

## About Politeness



By: Asalay Khudoyberdiyeva  
Good word-soul mate, Bad word - head  
peg.

This wisdom has been raised from our ancestors to the level of the great transplant that we reached as far as the Uzbeks. Indeed, a person eats his head with his tongue, politeness, even with a bad word, "he can get the snake out of the nest". Not only among Uzbeks, but also among other peoples, this issue is discussed as a special manifestation of culture. For example, among the Russian people there is the proverb "Conchil Delo, gulyaq smelo".

You will be able to reveal all your good qualities with the tongue, and you will be embellished with a sweet word. This was also described by the great thinker grandfather Caicovus in his book "Kabusnoma", extremely beautiful and understandable. This great person decorates his wisdom with moral thoughts about the speech of a complimentary person, the influence of a speech culture on health, the need to be eloquent if everyone wants to be happy. During the work, he said to his child, "O child, even if you are any orator, you are inferior to those who know you, so that the knowledge of the word does not lapse in time. Know a lot-he, say Little, don't say a lot if you know little, because a foolish person says a lot, saying that sitting quietly is a sign of Health. Even though many speakers are intelligent people, the people say it is irrational". Writer, describing his thoughts about speech etiquette, makes a special

emphasis on saying a word as a speech and not lying to its essence. In the book's chapter, "with sweet words in the mention of a high-ranking being", person mentions that with reason and mind he is different from other beings, and therefore needs to be orderly in speech and learn the word craft better than any other craft. Meaningful speech is an extremely necessary direction for culture, for enlightenment, and our grandfather writer compares it to his gang. According to him, a meaningless speaker is no different from a gang. The language is very there. If a person wants, he will decorate his speech by picking the most beautiful jewels from the chest of words like brilliant. A person leaves a mark everywhere with his word. Indeed, from this wonderful miracle given to us among the creatures of existence, it is possible to create a way for the soul of a person and have the keys to the locks of that soul.

Asalay Khudoyberdiyeva was born in 2004 in Uzbekistan in an intelligent family of Bukhara State. She has been fond of creativity since childhood. She can find a way to everyone's heart with her stories and poems. She is the student of the Faculty of Philology (Uzbek language) of Bukhara State University on the basis of a grant state. Author of several scientific articles in the magazines of Germany, Russia, Uzbekistan, America and holder of international IELTS certificate. Her articles and poems were published in Kavya Kishor magazine of Bangladesh, Basrayatha magazine of Iraq and others. She is a valuable member of All India Council for Technical Skill Development. Also she is an active member of World Writers and Artists Jutos Por Las Letras and Atlantean heritage organization. She is an author of several projects.

Education has the greatest place in her life. During the educational process, her interest has increased in literary studies, in particular the works of Uzbek folklore, and today she is working on scientific research, anthologies and articles in this field.

Interested in learning foreign languages. Therefore, she operates as an IELTS instructor at the city of Kagan's "Grant Ta'allum" training center. She speaks Uzbek perfectly, English at the C1 level, and Russian, Tajik and Turkish partially.

## Happy Young People Of New Uzbekistan!



They are also advanced in news,  
These are newly blooming seedlings.  
After all, these are definitely our  
tomorrows,  
Happy young people of New Uzbekistan!

Beautiful boys and girls of Uzbekistan,  
His face and eyes are always burning.  
Let their traces remain in science,  
Happy young people of New Uzbekistan!

Azimova Mohiguloy Qudratjon was born on February 1, 2007 in Izboskan district of Andijan region. Currently, she is a 10th grade student of the specialized school of Izboskan district of Andijan region under the system of the Agency of Specialized Educational Institutions. member, ambassador of the "Global Education Ambassador" organization at the Wisdom University of Africa Nigeria. The aspiring young poetess participated in many contests, received honorable mentions, took part in creative meetings, and came to the attention of creative people. "The most active young artist" nomination.

Beautiful moments of golden days,  
The number of talents does not exist at all.  
They have the blood of Navoi, Babur,  
Happy young people of New Uzbekistan!

They always believe in the goal,  
Happiness in their hearts, Joy in their hearts.  
Support for us tomorrow, Support for  
today,  
Happy young people of New Uzbekistan!

The name of an Uzbek is etched in history,  
He looked at himself.  
Help me always, my God.  
Happy young people of New Uzbekistan!

# DO YOU WANT TO GET PUBLISHED?

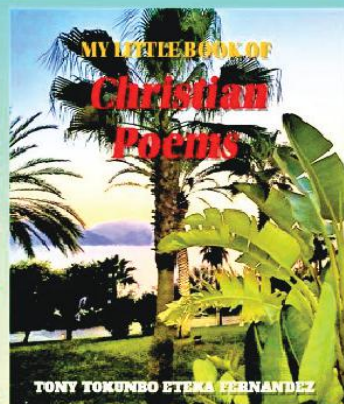
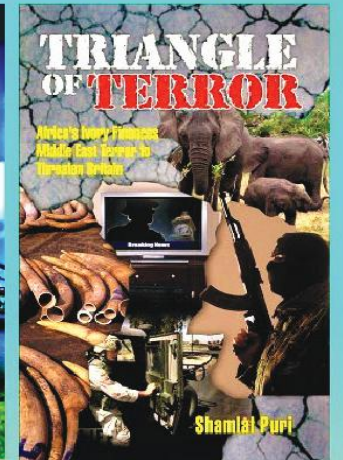
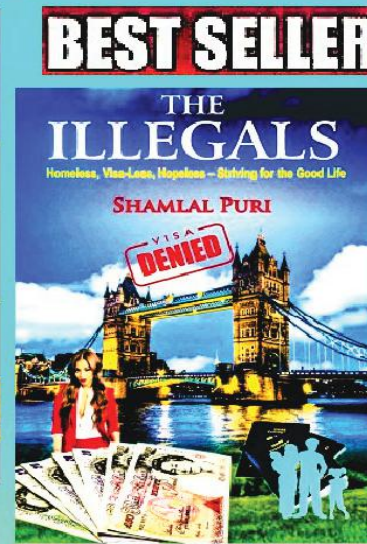
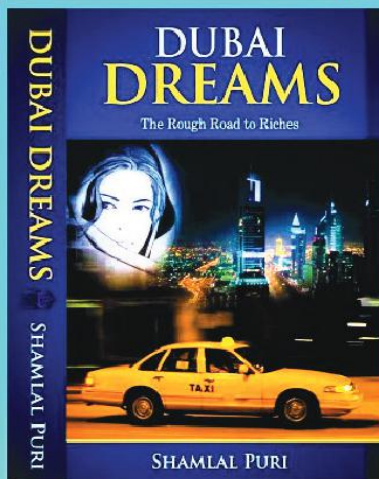
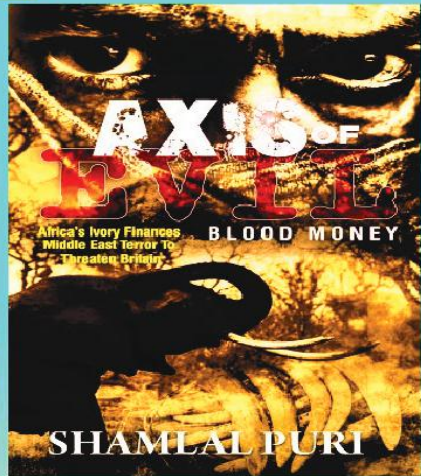
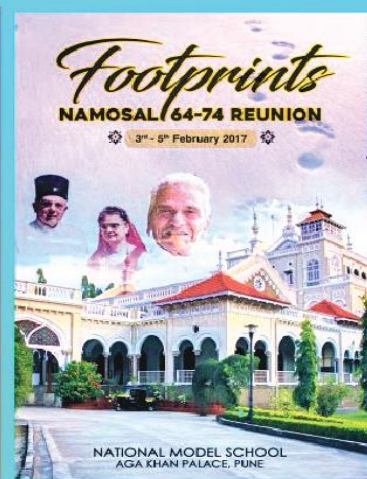
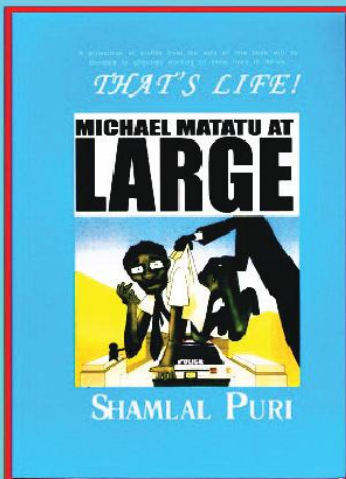
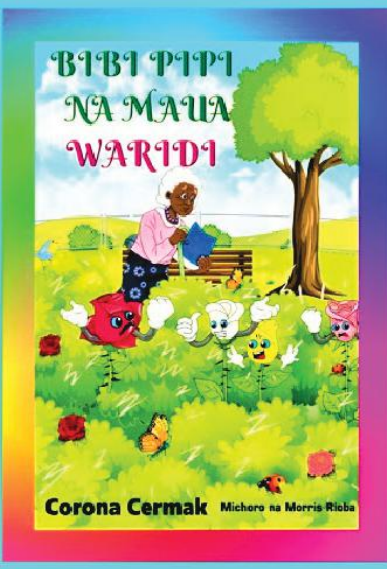
## ARE YOU A WRITER OR CORPORATE?

Let Professional Editors and Authors turn your story into a Dream Book.

THRILLERS - FICTION - FACTION - BIOGRAPHIES - TRAVELOGUES - HUMOUR- COFFEE TABLE - BROCHURES

London-based contract Publishers for independent and self-publish authors.

We offer one-stop top notch Editing, Expert Design, Proof Reading, Book Covers, Artwork, Digital, Litho Printing, E-Books, Corporate Brochures and UK ISBN number. Reasonable costs. We print and deliver books. Authors retain 100% sales profits.



The Crownbird Publishers logo and imprint owned by Adlink International (1989) Media Group London

Copies of some books available for sale: hard copy/ digital. Contact us: media@adlinkinternational.com Email Subject: Crownbird Books



ADLINK INTERNATIONAL (1989) MEDIA GROUP  
Books Division  
16 Upper Woburn Place, London WC1H 0AF (UK)  
Tel: 44 330 606 1438  
Email: media@adlinkinternational.com  
www.adlinkinternational.com

# BUSINESS

## APA Insurance Launches APA SHEild For Women

By: Juma Nalami and Silus Waswa

[@themtkenyentimes](#)

### Worth Noting:

- International Finance Corporation Manager for Kenya, Amena Arif said, “Women play a crucial role in driving the economy. IFC and APA are working together to make tailored insurance more accessible and affordable for women in Kenya so that women have the financial products they need to take charge of their lives and future.”
- Under the SHEild program, APA has developed a range of women-centric non-life and life insurance solutions to include health, wellness, wealth, and protection, as well as additional value-added products and services that provide extra support where needed.
- This includes collaborating with YuBuntu on a Women’s Cancer Care Program called ‘APA Femina Plus,’ which is geared toward positive protection by access to regular screenings and HPV vaccination for breast and cervical cancer.



APA Insurance in partnership with International Finance Corporation (IFC), a member of the World Bank Group has launched the APA SHEild to increase access to affordable financial products for women, including health, wellness, personal wealth, and savings insurance.

The program is designed to help women enhance and safeguard their well-being at different stages of their lives.

In addition, APA SHEild will also provide workshops and conferences to equip women with knowledge and tools to support their personal and professional financial development and security.

APA Life Assurance Limited CEO Catherine Karimi stated. “APA SHEild stands out as a truly exceptional and one-of-a-kind program meticulously crafted with the needs

of Kenyan women in mind. Women have unique insurance and financial needs and this often varies based on individual circumstances, life stages, and financial goals.”

She further stated the company aims to improve the well-being and livelihood of women by providing a comprehensive range of resources through health, wellness, wealth, and protection shields.

According to the World Bank, 31 percent of Kenyan households are women-headed. Women tend to be more vulnerable to physical and financial shocks and often have limited access to coping mechanisms. Insurance and financial guidance can support women to protect themselves, their families, communities, and society.

International Finance Corporation Manager for Kenya, Amena Arif said,

“Women play a crucial role in driving the economy. IFC and APA are working together to make tailored insurance more accessible and affordable for women in Kenya so that women have the financial products they need to take charge of their lives and future.”

Under the SHEild program, APA has developed a range of women-centric non-life and life insurance solutions to include health, wellness, wealth, and protection, as well as additional value-added products and services that provide extra support where needed.

This includes collaborating with YuBuntu on a Women’s Cancer Care Program called ‘APA Femina Plus,’ which is geared toward positive protection by access to regular screenings and HPV vaccination for breast and cervical cancer.

In addition, it offers support and protection in the form of a cash benefit in the event of a positive diagnosis of breast, cervical, or ovarian cancer.

CEO of Ark, Dan White said, “We are excited about the APA and YuBuntu teams joining forces to create an innovative, total wellness solution exclusively for women. Working together, we aim to make a tangible and measurable impact on the lives of women and girls in Kenya and we are looking forward to supporting and expanding this further in the future.”

Speaking at the launch of APA SHEild on Tuesday, Group CEO, of APA Apollo, Ashok Shah stated, “These partnerships represent a significant

step toward bridging gender gaps and promoting gender equality in Kenya as it recognizes the importance of women’s well-being in all aspects of life.”

He further stated that APA Insurance, together with its esteemed partners, is committed to being a catalyst for positive change and empowerment, fostering a more inclusive and secure environment for women across the nation.

Deputy Director General Medical Services, Ministry of Health, Doctor Zainab Gura said, “I would like to congratulate APA and all your partners for launching the APA SHEild Program which is a comprehensive program and it underscores health because health is not just physical wellness, but also mental wellness, social wellness and in this case financial wellness.”

She further stated that it is in line with the vision of the Government of Kenya in achieving health coverage which means not leaving anyone behind and this spirit of not leaving anyone behind.

“Women are a critical pillar for a family and our society should be on the frontline of our discussion on how to make sure that her health is properly planned for and strengthened. Achieving universal healthcare means that every woman will have access to healthcare irrespective of her ability to pay and irrespective of where she is and lives,” she said.





*Are You Over 30 Years And Searching for A Spouse?  
We Are Connecting Souls Leading To A Happy Living*

*Talk To Virgie*

Call/Text/WhatsApp: +254 715 239 905  
Email: [virginia@mountkenyatimes.co.ke](mailto:virginia@mountkenyatimes.co.ke)

# Scrap The National ID Charges Or We Live Without Them

By: Elijah Maingi  
 @themkenyatimes

**Worth Noting:**

- Passport fees have also witnessed a steep increase, with a 34-page Passport now costing Sh7,500, up from Sh4,500. The 50-page Passport fee has risen to Sh9,500 from Sh6,000, and the 66-page Passport now costs Sh12,500, up from Sh7,500. These increases are an additional burden, especially for those who need passports for travel and job opportunities abroad.
- The timing of these fee hikes is particularly distressing, as many Kenyans are grappling with the effects of a fragile economy. High taxes, inflation, and limited job opportunities have already strained the finances of many households. These additional costs for essential documents only serve to exacerbate the situation, leading to a sense of hopelessness among the population.



National ID Kenya.

Kenyan citizens are facing an uphill battle against rising costs and economic hardships as the government increases fees for essential documents, leaving many to question whether they can afford to replace their National IDs. The recent announcement from the Interior Ministry has sparked widespread concern, with charges for National ID replacements skyrocketing from Sh100 to Sh2,000, and new Passport fees also on the rise.

In a country where the cost of living is already a heavy burden on citizens, the government's decision to increase these charges has left many in distress. Kenyans, struggling to make ends meet, are raising their voices in protest, and for a good reason.

The National ID is a fundamental document that every citizen requires for daily life. It is not only used for identification but is essential for accessing government services, registering for elections, and even for basic financial transactions. The decision to raise the replacement fee from Sh100 to Sh2,000 is a significant blow to the average Kenyan, making it increasingly difficult for them to replace lost or damaged IDs.

Passport fees have also witnessed a

steep increase, with a 34-page Passport now costing Sh7,500, up from Sh4,500. The 50-page Passport fee has risen to Sh9,500 from Sh6,000, and the 66-page Passport now costs Sh12,500, up from Sh7,500. These increases are an additional burden, especially for those who need passports for travel and job opportunities abroad.

The timing of these fee hikes is particularly distressing, as many Kenyans are grappling with the effects of a fragile economy. High taxes, inflation, and limited job opportunities have already strained the finances of many households. These additional costs for essential documents only serve to exacerbate the situation, leading to a sense of hopelessness among the population.

In this atmosphere of financial hardship, it is crucial for the government to reconsider its decision and prioritize the well-being of its citizens. Access to identification documents is a basic right, and making them prohibitively expensive is counterproductive to the government's mission of empowering its people.

Kenyans are crying out for relief from the burden of high taxes and the harsh economic climate. The gov-

ernment should heed these calls and take immediate steps to alleviate the financial strain on its citizens by revising the National ID and Passport charges. Failing to do so could have far-reaching consequences, pushing many Kenyans into further economic despair.

The time is now for the government to reassess its policies and work towards a more affordable and equi-

table system for acquiring essential identification documents. Kenyans should not be forced to choose between basic documentation and their financial well-being. It's time to scrap the National ID charges or provide feasible alternatives to ensure that every citizen can access these vital documents without breaking the bank.



# Cassava Network CEO Mouloukou Sanoh Steps Down To Launch Mansa - A Financing Fintech For African Businesses

By: John Kariuki  
@themkenyatimes

Cassava Network, one of Africa's most progressive Web3 platforms specialising in rewards, entertainment, and arts, today announced that CEO Mouloukou Sanoh has stepped down to launch Mansa, a new fintech for African businesses.

Mouloukou's departure comes after a transformative year leading the company. His leadership laid the foundation for Cassava's accelerated growth in Africa. During his tenure, he cultivated a formidable network of collaborators, uniting prominent Web2 and Web3 brands such as Boomplay, Carry1st, Scooper, VSkit, Ficool, BoundlessPay, Stakefair, Katana Inu, Awujo, and others under the Cassava banner.

Reflecting on his departure, Mouloukou commented, "The journey at Cassava Network has been nothing short of awe-inspiring. Our achievements in paving the way for Web3



## MANSA

in Africa speak volumes about the unyielding support from our team, board, and community leaders."

Since its inception in 2021, Cassava Network has been an avant-garde force, driving blockchain infrastructure needed to transition Africa into the Web3 era. By introducing a digital identity system, multi-chain wallet, rewards platform, and NFTs, it has championed the migration from Web2 to Web3, fostering a thriving community along the way.

"It has been an exceptional privilege to contribute towards the Web3 renaissance across Africa. However, the time is ripe for a leadership transition at Cassava Network and for me to invest my efforts in a new venture," Mouloukou shared.

As for his next chapter, Mouloukou is turning his focus to the credit issue crippling SMEs in Africa. His new company, Mansa, is a protocol that addresses current DeFi lending protocols' major shortcoming: the

requirement for borrowers to provide an excess of cryptocurrency collateral. This requirement stifles potential borrowers globally.

Mansa's innovative approach enables venture-backed businesses to leverage a myriad of assets as collateral, providing crypto access to a significantly larger pool of borrowers. By embracing this forward-thinking model, Mansa is poised to shatter the limitations of traditional financial systems and introduce a new era of

decentralised finance.

Mansa's goal is to "democratise access to financing for businesses in emerging markets," providing tailored financing solutions to businesses through blockchain technology. By connecting businesses with global investors and lenders, Mansa aims to bridge the gap between traditional financial systems and the evolving world of decentralised finance.

# NDILF Will Be Organised Grandly In New Delhi, India In December 2023

By: Our Reporter  
@themkenyatimes

New Delhi International Literary Festival The literary festival covering the picturesque memories of Indraprastha will conclude with grandeur. This program will be organized under the aegis of PIU trust

on 18-19 December 2023 in New Delhi. This event was organized with the aim of enriching the cultural tradition and heritage of New Delhi, the capital of India and Indraprastha, witness to the picturesque streams of Yamuna river and many important pilgrimage centers of Vedic culture, religious and cultural centers situated on its banks going. Along with the presence of the Honorable Minister as the chief guest, there will be the presence of other eminent

intellectuals. The program will be presided over by Dr. Suresh Singh Shaurya 'Priyadarshi', the founder of this festival.

Giving information about the program, Dr. Priyadarshi said that "Literary festival is righteous. Art, literature, culture is the service of humanity and communication of equality in society is the service of humanity. Along with this, congratulations were sent to all. It was organized in collaboration with the Rahi Foundation.

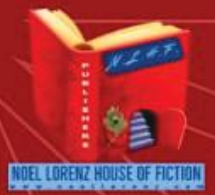
There will be the presence of more than one litterateur and distinguished people from every province across the country for poetry recitation, in which it is a golden opportunity for all of you to preserve it in golden letters of your life by providing participation. Many literary festivals have been organized in the past under the auspices of Trust, out of which

New Delhi International Literature Festival 2021 Parliament Club North Avenue New Delhi, Shri Ram International Literature Festival Ayodhya, Jamshedpur Literature Festival Tatanagar, Ranchi Literature Festival Ranchi, Parshwanath etc. He has left an indelible impression in everyone's mind by conducting various programs like Matri Mahotsav etc. Giving special information, Dr. Priyadarshi said that along with this festival, the 2nd general convention of Bharatodaya Writers Association is also being organized under the auspices of PIU Trust, in which all the litterateurs and office bearers and members of Bharatodaya Writers Association will be present.



# Noel Lorenz Publications

Call for Papers  
 The Noel Lorenz Publications International  
 Book on Research and Studies  
 Edited by the Editorial Board



# CALL FOR PAPERS

## SUBMISSION GUIDELINES

TITLE OF PAPER  
 Your Name  
 Designation  
 Email ID  
 Abstract - 150 to 200 words  
 Introduction - 150 to 300 words  
 Methodology/Review of Literature - 150 to 300 words  
 TITLE of TEXT  
 TEXT - 1500 to 3000 words  
 Results - 150 to 300 words  
 Discussion - 150 to 300 words  
 Conclusion - 150 to 300 words  
 References - Numbered List  
 LANGUAGE OF PAPER - ENGLISH  
 FONT & SIZE - Times New Roman; Size - 12

## SUB-THEMES

- ✓ Law
- ✓ Fisheries
- ✓ Ornithology
- ✓ Marketing
- ✓ Literature
- ✓ Positive Thinking
- ✓ Strategic Management

## WHO CAN APPLY?

- Academic presenter
- Professional presenter
- Student presenter
- Student participant

## TERMS & CONDITIONS

- Must be Original Research
- Must be Plagiarism Free
- Submit in Word Document
- Decision of Editorial Board - Final and Binding

## IMPORTANT DATES

10TH JAN, 2024	15TH FEB, 2024	20 MAR, 2024	25 APR, 2024	15TH MAY, 2024
Paper submission deadline	Acceptance Notification	Edited by the Editorial Board & Green Signal for Publication	Paper added to the Manuscript	Publication Date

## Invitation for collaboration:



African Media Partner:  
 Mt. Kenya Times Newspaper, Kenya  
 Inviting African scholars to participate with their Research Papers



Inviting Academicians for collaboration



Inviting Schools for collaboration



Inviting Journals for collaboration



Inviting Universities for collaboration



**SUBMISSION DETAILS**  
[www.noellorenz.com](http://www.noellorenz.com)

# Certified Excursions For The Kids In The Form Of Theme Park Tourism



By: Memory Phiri  
@themkenyetimes

Children can also eat their cake and have it because the tourism and hospitality pool have more treats in-store for them. Theme park tourism is so spellbinding and it can hold your children hostage time and again. To clear the air, we are putting amusement parks on the spot in line with the jumping castle and waterslides this summer.

It's funny to mention that whilst the children will be having a time of their life the only option left for the parents is to sit back and relax. However, there should be no hard feelings for the young at heart as they will indulge themselves with the flying chairs which are hyperbolically the apple of every tourist's eye in this bonafide recreational circus.

Tourism is ubiquitous therefore we are urging tour operators to take these mind-boggling excursions to the various beaches, lodges and hotels. A bouncy castle is a must have at all tourism destinations and knowing beforehand the number of kids involved help hoteliers on where to perch this gig of entertainment.

As far as hospitality goes, we will never throw our fanbase under the bus for in this instance we are turning the tables deliberately. What more can tourists ask for if there is the presence of a jumping castle hell bent on entertaining children this summer season.

Thus, the possibility of a summer outing at the waterfront or swimming pool requires a waterslide because it's a foregone tradition. Needless to mention that waterslides and jumping castles are just a tip of any famous theme park like the Disney World. The two activities are very accommodating to the extent of hosting birthday parties, funfairs, school functions and fundraising events which always end up with everyone jumping up and down in merriment like the Massai.



Volcano Bay Aquapark in Universal Studios, Florida (Photo: Mia2you/Shutterstock)

Indeed, this is proving to be a guilty pleasure that is doing a number to the kids. For your own information, theme park tourism is here to stay and it can set up shop anywhere at your favorite cynosure.

Once upon a time in our tourism calendar, tourists had to wait all year round for a Luna park to come to town. Lately and on the plus side,

tourists are now having a piece of this package all year round which works in tandem with their needs and those of their children.

They are entitled to drop the other itineraries like a bad habit so as to have a pleasure world which incorporates that much needed castle.

Suffice to say, no one ever saw this one coming. To all our tourism play-

ers who specialise in events management, you can always hire your own jumping castle and waterslide at the Total Kids Zone.

Travel and tourism is hitting closer to home so how high can you jump my treasured readers.

# Botswana Journalist Onneile Setlalekgosi-Ramasilo Wins GLITZ and Glamour Print Media Award



By: Paula Otukile  
Gaborone, Botswana

**GABORONE, Botswana**— On Saturday evening, Botswana Journalist Onneile Setlalekgosi-Ramasilo was honored with the prestigious GLITZ and Glamour Print Media award for being the most stylish Journalist.

The highly anticipated awards ceremony saw three distinguished nominees vying for the title, with the winner determined by public votes cast via phone messages.

The annual GLITZ and Glamour awards, held in Botswana, spotlight the country's celebrities who are making a positive impact in their communities.

These awards also serve as a platform to encourage influential individuals to utilize their prominence for the greater good.

Onneile's victory in the Best Styled

Print Media Journalist category celebrated not only her fashion sense but, more importantly, her significant contributions to society through her work.

She has consistently used the power of the pen to tell compelling real-life stories and address various issues affecting her community.

In response to her award, Setlalekgosi-Ramasilo expressed her determination to continue making a positive impact in her career and within her community, stating, "Winning the GLITZ and Glamour Print Media Journalism award has inspired me to be more resilient in my career and continue making a positive impact amongst communities."

Onneile's accolade serves as a reminder of the influential role journalists play in driving social change and their ability to use their platform for the betterment of society.

The GLITZ and Glamour awards event not only celebrates the achievements of Botswana's renowned figures but also highlights the potential for public figures to be catalysts for positive change.



# SPORTS NEWS

PHOTOS  
SCORES  
OPINIONS  
STATISTICS  
SCHEDULES  
BREAKING NEWS



**Sports >>** \*The two Kenyan main stadia that will host the 2027 Africa Cup of Nations (AFCON) will be ready by December 2025, Cabinet Secretary for Youth Affairs, Creative Economy & Sports, Ababu Namwamba assured.

## All Stadia To Be Ready In Two Years Ahead Of AFCON 2027: Ababu Namwamba



Sports CS Ababu Namwamba addressing the delegates during the joint stakeholders meeting in Diani..

The two Kenyan main stadia that will host the 2027 Africa Cup of Nations (AFCON) will be ready by December 2025, Cabinet Secretary for Youth Affairs, Creative Economy & Sports, Ababu Namwamba assured.

Namwamba was speaking in Diani on Tuesday during the joint stakeholders meeting for the East Africa Pamoja AFCON'27 that brought together representatives from Kenya, Uganda and Tanzania.

The 60,000 capacity Moi International Sports Center Kasarani and yet to be constructed the Talanta Sports City Jamhuri Stadium will be Kenya's main stadia.

Kasarani will undergo renovations to fit into the requirements of the Confederation of African Football (CAF) while the proposed Talanta Sports City and only football stadium, will be constructed from scratch.

Works are yet to begin in Kenya but Namwamba is confident the facilities will be ready in two years ready in time for the CAF inspection.

"The start of these projects has taken longer than anticipated because the military who were given the job have the internal process that they follow, but all is well now," Namwamba said.

He added, "I can confirm that in the latest briefing, I had a meeting with my colleague CS for Defence Adan Duale and agreed on key areas. The ground breaking for Talanta Sports City Stadium will be done next month and it will take two years to be

completed."

The other stadia that will undergo renovations are the Nyayo National Stadium, Bukhungu Stadium in Kakamega, Kirigiti Stadium in Kiambu, Jomo Kenyatta Stadium in Kisumu and Kipchoge Keino Stadium in Eldoret while the newly built Ulinzi Sports Complex and National Police Sacco Stadium will be used as alternative venues during the closure of Kasarani and Nyayo.

"I want to assure the country that this one we are committed and it will work, let us all rally behind this tournament and if there's a time, we are more prepared than ever it is now. The level of preparedness is unquestionable," Namwamba added.

This is the first time since being awarded the hosting rights the three countries met to deliberate and prepare a roadmap for the biggest football showpiece in the continent

-FKF preparedness- Football Kenya Federation (FKF) boss Nick Mwendwa said real work now begin and the time for celebration is over.

A lot need to be done from infrastructure, accommodation and transport, medical and security infrastructure, financial capability, entry visa and exit permits, foreign exchange, safety, ICT among others.

"We are confident by 2025 all the things will be ready in all the three countries and we will be able to use the venues to host

CHAN as test matches ahead of the main tournament. The main areas that need attention is the stadia but others like the hotels, level 4 hospitals, roads and personnel we are good to go," Mwendwa said.

The meeting was also attended by Zanzibar's Sports minister, Tabia Maulid Mwitwa, Tanzania Sports Permanent Secretary, Gerson Msigwa, Federation of Uganda Football Associations (FUFA) EXCO member, Rodgers Byamukama who was also in the technical committee for the AFCON bid, Tanzania Football Federation boss Wallace Karia and Kenya's Sports PS Peter Tum.

Tanzania football boss Karia confirmed that in terms of stadia infrastructure they are 80 percent complete and will be ready by January 2024.

Other stadia in Tanzania include Amaan Stadium in Zanzibar that is set to be increased from a 12,000 seater to 20,000 and Dodoma Stadium that is located in the capital.

Uganda will also have Denver Goodwin Stadium and the FUFA Hoima Stadium.

-What is needed to successfully host AFCON- Infrastructure Infrastructure

Six stadiums needed and a minimum of nine training venues

- Kenya 2 (Moi International Sports Center Kasarani and Talanta Sports City)

- Uganda (Mandela National Stadium and Nakivubo

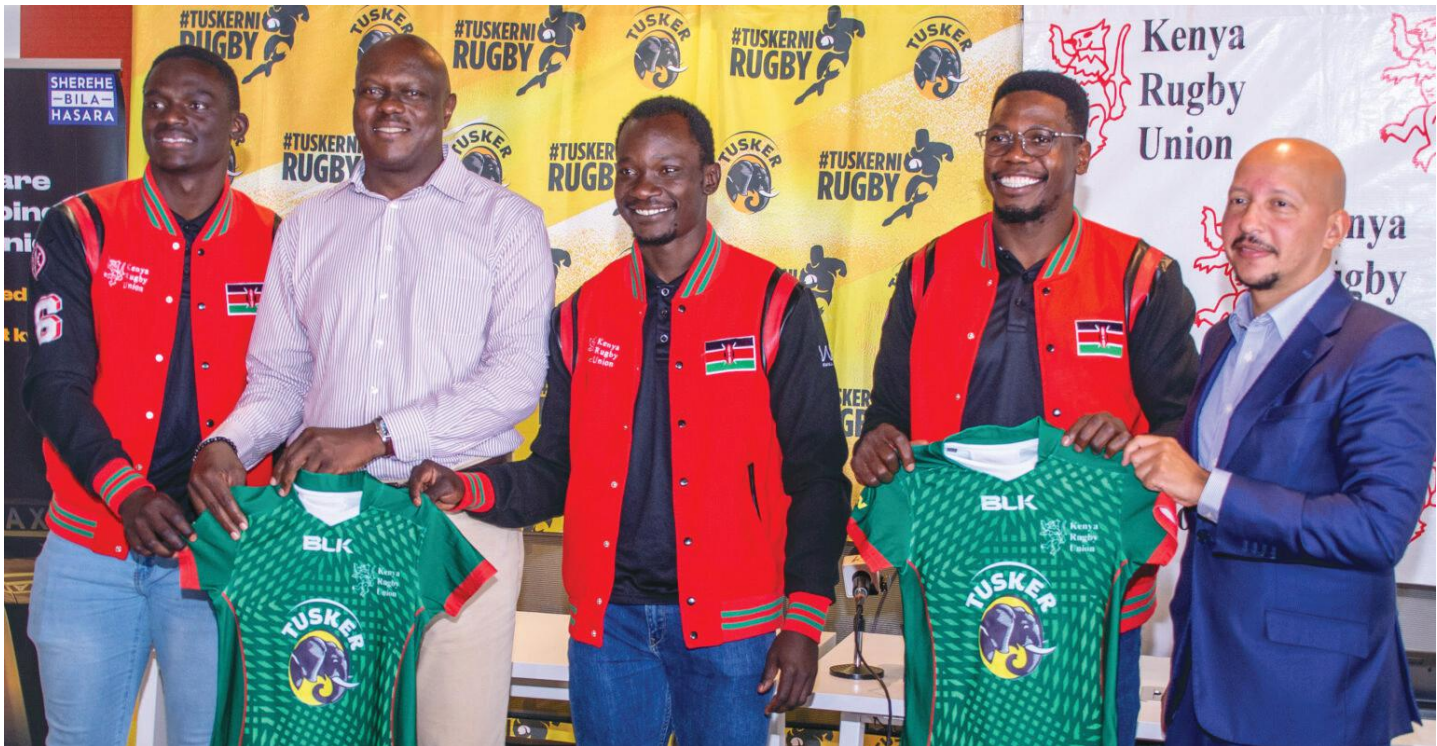
- War Memorial Stadium)
  - Tanzania (Benjamin Mkapa and Arusha Stadium)
- Accommodation & Transport
  - Adequate hotels for CAF delegation, teams and fans
  - Well-developed transport networks
- Medical and security infrastructure
  - Robust medical infrastructure
  - Provision of high-level security
- Financial Capability
  - Financial assurance of USD 90 million (Ksh 13.6 billion) to be deposited latest January 15, 2025
  - Kenya USD 30 million (Ksh 4.5 billion)
  - Uganda USD 30 million (Ksh 4.5 billion)
  - Tanzania USD 30 million (Ksh 4.5 billion)
  - Insurance USD 35 million (Ksh 5.3 billion)
  - Penalty for cancellation of tournament USD 15million (Ksh2.2 billion)
- Entry Visa and Exit permits/free and direct movement
  - Unconditional issuance of Entry Visas and Exit Permits
  - Special immigration and registration procedures
  - Free direct movement
  - Right to establish headquarters and work permit
  - Right to enjoy legal status
  - CAF assets may undergo no circumstances be seized or confiscated
  - Immunity from prosecution
  - CAF president may waive this immunity in writing
- Foreign Exchange
  - Unrestricted foreign exchange
- Safety and Security
  - Provision of security and safety measures
  - Exploitation and protection of commercial rights
  - Unconditional and irrevocable recognition of CAF as the exclusive tournament rights holder
- IT and Telecommunication
  - Uninterrupted provision of the highest telecommunication infrastructure
- Tax and other exemptions
  - Exemption from customs duties and taxes

Capital Sport

GET THE BEST OF WORLD

**Sports >>** \*With the countdown to this year's Safari Sevens well and truly on, Kenya Rugby Union (KRU) chair Alexander 'Sasha' Mutai believes the success of the annual tournament will be pivotal to the country's hopes of hosting a World Rugby Sevens Series leg in the near future

# What It Will Take For Kenya To Host A World Rugby 7s Series Tournament



KBL Managing Director Mark Ocitti (SL) with Kenya Rugby Union Chair Sasha Mutai (R) and Kenya Simbas players Kevin Wekesa (L), Tony Omondi (C), and Vincent Onyala (second-right). PHOTO/IMG KENYA .

With the countdown to this year's Safari Sevens well and truly on, Kenya Rugby Union (KRU) chair Alexander 'Sasha' Mutai believes the success of the annual tournament will be pivotal to the country's hopes of hosting a World Rugby Sevens Series leg in the near future.

Mutai said the goal is to grow the tournament beyond its peak period during which it would attract tens of thousands of spectators.

"We want to get the Safari 7s back and actually surpass the levels that we had in 2013/14. It was a big tournament... we could attract close to 48,000 spectators on a weekend. We are looking to get back to those levels and even surpass them. With that is when we can tell World Rugby that we want to host a Sevens Series here and in Africa," Mutai said.

The chair said Kenya has shown itself able to host global rugby events, pointing to the Under 20 Barthes Cup and the World Under 20 Rugby competitions that were staged at the Nyayo National Stadium this year.

"We have hosted the World Under 20 Trophy successfully this year and World Rugby were very impressed despite the political issues that were in the country at that time. We also hosted the Barthes Cup earlier in the year so the capability of Kenya Rugby Union to

host global events is well known and has exemplified by these two successful tournaments we have had this year," he explained.

Despite the lofty ambitions, Mutai is under no illusions about the amount of spadework required to realise this dream.

Top on the to-do list is the immediate return of the men's rugby 7s side to the HSBC World 7s Series as well as the qualification of their female counterparts to the top tier of the same competition.

He is nonetheless confident that it is only a matter of when and not if these targets will be achieved.

"First of all the 7s team has to qualify to get back into the World 7s series of which we are confident they will after their display at the Olympics qualifiers in Harare... as well as the Lionesses, we need to get them into the World 7s Series. It is a grand plan," Mutai said.

Also integral to Kenya hosting a leg of this prestigious competition is improving rugby infrastructures in the country – an agenda he revealed the union is already pursuing with several private investors.

"We are also looking to develop our stadia...probably...hopefully by 2026. So, that's a longer term plan (hosting the World Rugby 7s Series). We want to build our own...privately...and we have been talking to investors and they're quite interested in coming

on board. We have had meetings with the government on the same because they have given us the land, so we are just formalising the paperwork," he said.

Safari is back!

The chair was speaking on Wednesday at the East African Breweries Limited (EABL) headquarters in Nairobi during the unveiling of a new partnership between KRU and Kenya Breweries Limited (KBL) for this Saturday's return leg of the Elgon Cup as well as the Safari Sevens.

The partnership will be executed through KBL's flagship beer brand, Tusker.

Mutai said the rekindling of the relationship between the two entities is a shot in the arm for the restoration and growth of Kenyan rugby beyond its former glory.

"We are forever grateful for their continued support. The return of the Safari Sevens and the Victoria Cup represent a crucial step forward for rugby in Kenya. With the caliber of teams set to participate, we are all but assured of spectacular tournaments that will captivate the rugby fraternity," he said.

Speaking at the same time, KBL Managing Director Mark Ocitti said Kenyan rugby fits in with the firm's dedication towards elevating Kenyans to higher levels of success.

"Our investment signifies our un-

wavering dedication to the growth and development of rugby in Kenya, both in the present and the future. This partnership with KRU is a long-term one to restore Kenyan rugby to its former glory," Ocitti said.

He assured rugby enthusiasts of unbridled entertainment on and off the pitch at both the Victoria Cup in Kisumu as well as the Safari 7s — at the RFUEA Grounds in Nairobi.

"Our goal is to create memorable moments, both on and off the pitch, that will resonate with fans and players alike. We want everyone to feel the heartbeat of Kenyan rugby," he said.

Thus far, 18 teams have confirmed participation in the three-day tourney — set for November 17-19 — including Uganda, Zimbabwe, Zambia, Germany, Qatar, Samurai, Red Wailers, Apache, and Tropic 7s.

Kenya will be represented by three sides — Shujaa, Morans, and KCB — whereas the women's competition will feature two Kenya Lionesses squads, Uganda, TUKS Women, and Tropic 7s.

More teams are expected to register their participation.

*Capital Sport*

# SPORTS NEWS



- PHOTOS
- SCORES
- OPINIONS
- STATISTICS
- SCHEDULES
- BREAKING NEWS





## Misbah Waqar Immortalized Words



By: Abigail Phiri  
@themkenyatimes

### Worth Noting:

• I'm Misbah Waqar, and my journey as a writer began when I started studying Bs English. I've loved reading since childhood, which gradually led to my interest in writing.

• I haven't won major accolades yet, but I am a published writer. I've been a co-author in many national and international anthologies, and I've won recognition in three international anthologies. I've also been featured as a writer in international and national newspapers.

• Little things in life hold significance. On a sunny afternoon, a person walked through the park, feeling stressed and tired. They noticed a child playing with a bunch of colorful balloons. The child's laughter filled the air as the balloons floated, and the child ran after them.



Misbah Waqar.

When you find your passion in writing, you need not stop no matter what. Mistakes are part of the journey therefore you should aim to minimize them as you grow into a perfectionist writer. That alone will give you a sense of satisfaction and belonging in the closely knit group of renowned writers. Thus, this young lady is doing all she can to perfect her art and share her sagacious words. As a writer it's pointless to write and not share your treasured words for all the world to see. This is because as writers we have a part to play outlining our voices in society. In addition, giving life to words so that people believe there is a reason for living even if you face some hurdles once in a while. In that regard, this is what Misbah had to say in greater detail.

### Please tell us your name and how your journey started as a writer?

I'm Misbah Waqar, and my journey as a writer began when I started studying Bs English. I've loved reading since childhood, which gradually led to my interest in writing. I started with quotes in the 8th grade, and my first lines were about life, emotions, and observation.

Have you won any major accolades for yourself in writing? Are you a published writer/ author?

I haven't won major accolades yet, but I am a published writer. I've been a co-author in many national and international anthologies, and I've won recognition in three international anthologies. I've also been featured as a writer in international and national newspapers.

### Who is your inspiration?

My inspiration comes from my teachers and friends, especially Zainab Mustafa, who encouraged and inspired me. I've learned from her that consistency and hard work are keys to success.

### Where do you see yourself in the near future?

In the near future, I see myself as a professional writer, aiming to help and motivate people with my words.

What problems have you faced as a writer?

As a writer, I've faced challenges like self-doubt, concerns about how my work will be received, managing my writing alongside studies, rejections, and criticism. However, I believe that hard work will ultimately lead to success.

### Share with us one of your best writing pieces

#### Embracing Life's Small Marvels

Little things in life hold significance. On a sunny afternoon, a person walked through the park, feeling stressed and tired. They noticed a child playing with a bunch of colorful balloons. The child's laughter filled the air as the balloons floated, and the child ran after them. This scene lifted their mood and brought back childhood memories, reminding them to find joy in life's simple, beautiful moments—like the child's laughter and the natural beauty of the park.

In our fast-paced, modern world, many struggle with depression and inner turmoil. The power of small acts of kindness often touches our hearts deeply. Holding the door for a stranger, receiving a warm smile from a passerby, or finding a handwritten note from a loved one can brighten our days and foster feelings of warmth and connection.

In the hustle and bustle of daily life, special moments are not limited to special occasions. They can be found in our everyday surroundings—a vibrant sunset, the serenity of moonlight and stars at night, or the soothing sound of rain on a windowpane—all sources of beauty.

We can also incorporate small acts of kindness into our daily routines. Starting the day with a compliment, like "Your smile is beautiful," or "You look gorgeous today," followed by warm wishes, can make someone's day beautiful, energetic, and positive. When we take the time to notice and appreciate these small wonders, we cultivate appreciation and mindfulness that illuminate our lives.

Acts of kindness can also be found in our daily interactions. A conversation with a friend who knows you well can lift your spirits. Even talking to strangers who suddenly express appreciation for your company can brighten your entire day. Helping teachers, sharing laughter with friends, spending quality time with grandparents, or enjoying a morning cup of tea and a comforting hug—all of these experiences in natural settings, like gardens or by the sea, or simply observing butterflies or children playing, can momentar-

ily make you forget your troubles. Feeding birds and animals can bring pleasure and inner peace.

These little moments often hold more value for loved ones than extravagant gifts. Small acts create bonds of trust, love, and affection that nurture meaningful relationships over time.

Personal growth and self-motivation often stem from these small achievements and daily efforts that lead to lasting positive transformations.

Let us not forget that these little things matter in life. The daily steps we take are the building blocks of personal growth and the glue that holds our days together. They are the sparks of joy that illuminate our path. These small things define the beauty in everyday life, foster strong relationships, and promote personal growth. In them, we discover the true richness of existence, reminding us that life's beauty and meaning are often hidden in the little moments that ultimately matter the most.

### Kindly share your social media handle

You can find me on social media at @iam\_misbah19

### Any words of advice to individuals who would want to venture into the world of writing

To aspiring writers, my advice is to read extensively and practice your writing consistently. Don't be discouraged by mistakes, they're part of the learning process. Share your work with others to get feedback and keep writing, as practice makes perfect.

