

Gachagua: TVET Courses Key In Empowering Young People



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Deputy President Rigathi Gachagua speaking on Friday when he presided over the 4th Graduation at Nyeri National Polytechnic



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Kiambu Celebrates The Boy Child In Inaugural Event

By: Cedric Karungaru
@themtkenyatimes

Worth Noting:

- “We have the viewpoint our coffee farms, the Tigoni forest, many other tourist destinations and attractions that can be tapped as a source of employment for these men here today,” he noted.
- Wamatangi said that there was a strong need for there to be a day to celebrate the boy child to show that he has not been forgotten pointing out that over the years, emphasis has been put on empowering girls with the boys being left behind.



Cabinet Secretary Alfred Mutua

The Department of Education, Gender, Culture and Social Services in Kiambu hosted an event at the County government grounds celebrating the boy child with focus on the need to address the challenges they faced, particularly unemployment.

Governor Kimani Wamatangi said there would be an emphasis on employment in the tourism industry in Kiambu whereby young men and women could take on a number of roles within the untapped industry as well as continuing to work for the county government in a bid to increase business opportunities in the county.

“We have the viewpoint our coffee farms, the Tigoni forest, many other tour-

ist destinations and attractions that can be tapped as a source of employment for these men here today,” he noted.

Wamatangi said that there was a strong need for there to be a day to celebrate the boy child to show that he has not been forgotten pointing out that over the years, emphasis has been put on empowering girls with the boys being left behind.

“We are the first and only county to have celebrated the boy child officially, where we dedicate it to the men in our county who we will look after and provide the proper resources to make their lives better,” he noted.

Cabinet Secretary for Tourism and Wildlife Dr. Alfred Mutua encouraged the men, explaining the need to look forward

and build towards the future, emphasizing the duty that the county government has to its people, adding that he and the governor would help uplift the boychild.

“I want to encourage each and every one of you that your time will come and with the support of the national government and your governor, you will be able to lift yourselves up for a better future in Kiambu and for the country,” he said.

Edwin Njambi, a boda boda rider, expressed his joy at the effort put into the event, which showcased motivational speakers and people with opportunities for the youth.

He hoped that the government would continue to uplift its people by supporting their businesses and continue to cre-

ate longer term employment opportunities.

“Today has been a great day for me. Speaking to other men from different places has given me motivation to keep my head up and keep working. We hope that as we have come out to show our support and appreciation the county government can do the same and give us more opportunities to exploit our potential,” he said.

Kiambu County has a population of 2,417,735 persons as per the 2019 Kenya People and Housing Census out of which 1,187,146 are males, with a majority of men being in the 18 to 35 age bracket.

Editor's Desk



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NEWS IN BRIEF



Narok County Commissioner Kipkech Lotiatia led a crackdown against illicit brewing where hundreds of liters of illegal brews were impounded. Lotiatia who spoke after conducting the exercise said over 700 liters of Kangara, 65 liters of Changaa and 37 cartons of second generation liquor had been intercepted in Narok town and its environs in the last one week. At the same time, he said one notorious brewer was arrested within the town with 15 cartons of second generation liquor. Lotiatia warned the members of the public that the war against illicit brewing will continue, warning those in the illegal business to turn to other productive business. "We are engaging all the National Government Administrative Officers (NGAO), the police, religious leaders, maasai council of elders and village elders to fight illegal brewing. We are positive that we will eradicate all illegal dens in the county," said the commissioner.



Kieni constituency philanthropist John Kariuki alias Choromai addressing mourners during the burial ceremony of his brother's spouse, Rahab Wanjira Gitonga. The final send-off service, held in Gataragwa ward, Kieni West Sub-County, was led by Rev. Kabengi, who is the Parish Minister PCEA Charity and was assisted by Rev Simon Murigi Parish Minister Kasarani Parish. Choromai thanked various leaders who supported them led by Deputy President Rigathi Gachagua, Nyeri Governor Mutahi Kahiga, Senator Wahome Wamatinga, East Africa Legislative Assembly Kanini Kega, among others as well as locals leaders led by area MCA Clement Warutere for visiting and condoling with them.



The National Council for Persons with Disabilities (NCPWD) has launched a drive to register children with Autism Spectrum Disorder (ASD) in Kisumu County to cushion caregivers grappling with the high cost of managing the condition. This comes amidst a high number of cases being reported in the area with fears that some parents especially in the informal settlements were hiding children with the condition. NCPWD County Coordinator George Odhiambo said the initiative targets to bring on board children with the condition to benefit from ongoing programmes offered by the council. This, he said will also champion for their rights just like the other Persons With Disabilities (PWD's) to ensure they have access to all government programmes targeting PWD's. The council, he said has embarked on mapping Autism Spectrum Disorder (ASD) cases in Kisumu to assess the status of the children and their needs with a view to rolling out a program specifically targeting them. Odhiambo said the program, which is being rolled out for the first time in the area, will see the children benefit from free medical assessment, free medication where necessary, free occupational therapy, free speech therapy, diapers and scholarships



A section of leaders in Turkana County have condemned the killing of innocent members of the community in what has been termed as intra community conflicts.

The leaders among them Governor Jeremiah Lomurukai, Speaker of the County Assembly Christopher Nakuleu and county commissioner Julius Kavita have called for an immediate stop to the killings.

Some people have been reported dead and their livestock stolen within the county in an intra-community conflict pitting criminals from Turkana south and Loima sub counties.

NEWS PAPER

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Babu Owino Highlights Dire State Of Nairobi County Government



By: Aoma Keziah
@themkenyatomes

Worth Noting:

- Air was paid for at Kshs 60.8m, apparently for floodlights, but no supply was done, and no entry was made for the same.
- Sakaja said he paid salaries of Kshs 11.2b, but records of banks and IPPD show only Kshs 8.8B. Hence, 2.2b was paid to ghost workers (pocketed).
- Pupported payments of Kshs 161m and 93m to temporary workers were not supported by any documents at all.
- Kshs 226m from the salary account was paid through 46 fictitious transactions not supported at all and not related to salaries.

In a candid and revealing session at his office today, Babu Owino, the Member of Parliament for Embakasi East, didn't mince words when addressing the state of affairs in the Nairobi County Government. With a mix of concern and urgency, Owino painted a stark picture of what he described as the "worst state" of the county's governance.

During the discussion, Owino pointed out several critical issues plaguing the county, ranging from financial mismanagement to service delivery challenges. He emphasized that the current situation not only hampers development initiatives but also directly affects the lives of Nairobi residents.

One of the key points raised by Owino was the need for accountability and transparency in the management of public funds. He cited instances of alleged corruption and called for thorough investigations to hold accountable those responsible for financial irregularities.

In his adverse opinion, he states that:

The Auditor General says they cannot confirm the accuracy and completeness of the financial statements provided by Sakaja for FY22/23

The difference in payment reported by the FS and the ledger, which ordinarily should be the same, is Kshs 5B (lost)

Sakaja can not explain Kshs 9B paid in pending bills.

Hence, pending bills balance indicated as 98B is hot air.

Assets acquired by the county government are overstated by Kshs 320M (lost).

Bank Balances show: RB-RMLF indicates kshs 818M while it should be 965M (147m lost), Recurrent Account reports nill balance while it should



Embakasi Member of Parliament Babu Owino during the press briefing at his office

have Kshs 365m (lost), Revenue Account shows closing balance at nill while it should have been Kshs 1.9B. Its opening also shows nill while it was Kshs 1.3B. Lost kshs 3.2b and Balances of Kshs 561m in 43 bank accounts not supported at all.

Auditors cannot confirm the accuracy of cash balances of Kshs 1.44B.

For assets acquired through NMS amounting to Kshs 620M (unsupported though), payments were made of Kshs 3.5b and a further Kshs 3.7b.

Air was paid for at Kshs 60.8m, apparently for floodlights, but no supply was done, and no entry was made for the same.

Sakaja said he paid salaries of Kshs

11.2b, but records of banks and IPPD show only Kshs 8.8B. Hence, 2.2b was paid to ghost workers (pocketed).

Pupported payments of Kshs 161m and 93m to temporary workers were not supported by any documents at all. Kshs 226m from the salary account was paid through 46 fictitious transactions not supported at all and not related to salaries.

Regarding service delivery, Owino expressed disappointment at the slow progress in essential sectors such as healthcare, education, and infrastructure. He stressed the importance of efficient public services in improving the quality of life for Nairobi's residents.

He also called for unity and collaboration among county leaders, urging them to set aside personal interests for the collective good of the people they serve and emphasized the importance of constructive dialogue and cooperation in finding lasting solutions to the challenges facing Nairobi County.

In conclusion, Owino reiterated his commitment to working tirelessly towards addressing these issues and ensuring a brighter future for Nairobi County. His impassioned plea for change resonated with many, highlighting the pressing need for swift and decisive action to revitalize the county's governance and services.

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Education Committee Begins Inspection Visits To Public Universities

By: MKT Correspondent
@themtkenyatimes

The National Assembly Departmental Committee on Education has toured Public Universities in the Central and Western Kenya Regions, to inspect implementation of the projects funded under the 2023/2024 Financial Year Budget.

The committee made the simultaneous tours in two groups, where Committee Chairperson Julius Melly (Tinderet) led the Central Kenya delegation, while Malava MP Malulu Injendi headed the team to Western Kenya.

In Central Kenya, the MPs visited Kenyatta University, Jomo Kenyatta University of Science and Technology (JKUAT), Murang'a University of Technology and Karatina University.

The central Kenya team is also due to tour Meru University, Chuka University and Tharaka University.

The Western Kenya delegation is scheduled to visit the University of Eldoret, Maseno University, Koitaleel arap samoei University, Rongo University and Kisii University.

During the deliberations between committee and the management of the respective universities, the MPs sought to know challenges faced by the institutions in implementation of their projects, with the goal of instituting corrective measures.

The deliberations also sought to interrogate the effectiveness of the roll out of the new university funding model, areas of collaboration between universities and Technical Vocational Educational and Training Institutes (TVETs) among other areas.

Melly noted that the visits were necessary to inform the committee's further deliberations with the Ministry and the State Department for Higher Education, regarding funding of stalled projects and those due for completion.

"This is very important because we have also been able to physically inspect the construction works on the projects," noted Melly.

The management of the respective universities also shared data on student admission, as well as challenges they were encountering with fees payment under the new funding model.



Committee members during the tour of one the universities.

Prime Suspect In Tantalum Minerals Scam Nabbed In Nairobi

By: The DCI

Prime suspect in KSh151 million scam where two containers filled with sand declared as Tantalum minerals were intercepted in the port of Mombasa has been arrested by the Operations Support Unit (OSU) of the DCI moments after touch down from Entebbe, Uganda.

Ulundu Patrick Lumumba Alias Gabriel Kulonda Alias Lumumba Patrick Byarufu was cornered along Harambee Avenue in Nairobi, minutes after evading detection by Immigration officials at JKIA where a Stop Order had been placed on his passport number OPO256544 in the names of Gabriel Kulonda Ilungu.

Determined to sneak back into the country and further his felonious activities, the suspect used a Ugandan Interstate pass card no. 020841009 in the names of Lumumba Pat-

rick Byarufu, and upon arrest was also found in possession of yet another Congolese Passport number OPO792312 in the names of Patrick Ulundu Lumumba.

In the case he is implicated, a female Chinese national lost KSh151 million to the suspect's machinations after one of three containers declared to contain tantalum minerals was opened in China, only to be found loaded with drums of sand, triggering investigations at the port of Mombasa, the transit route.

In the preliminary stages, two 20ft containers also containing sand had been found at the Mombasa port, before hawk-eyed sleuths intercepted a third one (40ft) at a warehouse still at the port. Surprisingly, the 40ft container had passed the entire verification processes without any documentation. This totalled to six, the number of containers of sand declared as tantalum minerals.

Detectives have since discovered that already, two more containers had been cleared and shipped to Dubai,

and efforts are underway to have them intercepted. Some port officials believed to have compromised security checks to facilitate the illegal transactions are also being investigated.

But through the quick intervention of OSU hawkshaws, the ring of scammers never lived to reap as much as they had fraudulently worked for, after the bank account in which the Sh151 million was deposited at was frozen. However, the syndicate had already obtained over Sh49 million along the way by working with suspected rogue bank officials who are under active investigations.

Even as investigations regarding the fake consignment continue, a court battle between OSU detectives and influential members of the scamming ring is underway, as they fight to have the intercepted millions wired to accounts recently opened with a local bank.



Ulundu Patrick Lumumba Alias Gabriel Kulonda Alias Lumumba Patrick Byarufu

TEVT Graduates To Steer Implementation Of Government’s Flagship Projects

By: DPCS

Worth Noting:

- “The Ruto Administration fully understands the transformative potential of TVETs up to the grassroots. That is why we are expanding them in our target of at least one TVET, in all the 1,450 Wards across the country. With an allocation of up to KSh28.3 Billion to TVETS, we are investing in improved facilities for quality learning- especially in practical skills,” added Mr Gachagua.
- “To ensure more Kenyans gain a range of technical skills, 16 new TVETS will be completed in the 2024/2025 Financial Year to add to the 272 already admitting students,” he said.
- “This has been followed by recruitment of over 2,000 tutors as we target to reach 4,000,” the Deputy President assured.

Deputy President Rigathi Gachagua says that students graduating from Technical and Vocational Education and Training centres will be at the forefront in implementation of government flagship projects.

Speaking on Friday when he presided over the 4th Graduation at Nyeri National Polytechnic, the Deputy President said the TVET programmes are key in empowering young people with requisite skills crucial in the success of the projects including the Affordable Housing Programme.

“Through the Affordable Housing programme, the skills and competencies that you have been certified with, will come in handy. We need architects, quantity surveyors, engineers, building technologists, artisans, electricians, plumbers, painters, carpenters. We depend on you to ensure the successful realization of this project,” the Deputy President told the graduates.

The DP said TVETs are playing a great role in shaping the lives of the youth as they acquire knowledge and skills important in earning a living.

“The Ruto Administration fully understands the transformative potential of TVETs up to the grassroots. That is why we are expanding them in our target of at least one TVET, in all the 1,450 Wards across the country. With an allocation of up to KSh28.3 Billion to TVETS, we are investing in improved facilities for quality learning- especially in prac-

tical skills,” added Mr Gachagua.

“To ensure more Kenyans gain a range of technical skills, 16 new TVETS will be completed in the 2024/2025 Financial Year to add to the 272 already admitting students,” he said.

“This has been followed by recruitment of over 2,000 tutors as we target to reach 4,000,” the Deputy President assured.

With the launching of the Recognition of Prior Learning Framework, the DP said more Kenyans who have perfected skills on their own will be formally recognised giving them an opportunity to earn more.

“In the ongoing Radical Reforms in the Education Sector, we have considered prior learning. It is an inclusive way of bringing on board experts who lack the paper to validate their knowledge and skills,” he observed.

At the graduation, over 4, 800 learners were awarded diplomas and certificates in various disciplines.

Mr Gachagua challenged them to work hard and fully utilize the skills they gained.

“Work hard and be men and women of integrity. There are great opportunities for you in the country; in the construction industry, agricultural, transport sectors. You must be hard-working, a go-getter and aggressive,” he said.

The DP also advised the students not to fear looking for job opportunities abroad saying they were working hard to enter into agree-



Deputy President Rigathi Gachagua speaking on Friday when he presided over the 4th Graduation at Nyeri National Polytechnic.

ments with many countries to enable Kenyans benefit.

The DP said the fight against illicit brews, drugs and substance abuse will not stop until the menace was fully dealt with.

“I thank our President for his leadership and stance that we cannot sell poison to our children. We will work round the clock to make sure we protect the younger generation from

this menace,” the DP said.

After the graduation, the Deputy President distributed foodstuff to the members of the Muslim Community at Ruring’u estate in Nyeri Town.

He said the Ruto Administration respects the Freedom of Worship adding they will continue working with members of all faiths in building the nation.



Nyeri National Polytechnic graduands entertain Deputy President Rigathi Gachagua and other guests during the graduation ceremony at the institution Friday..

Gov't Healthcare Reforms: Strengthening NHIF and KEMSA

By: Beth Nyaga

Health Cabinet Secretary Nakhumicha S. Wafula has backed government initiatives to revamp the National Health Insurance Fund (NHIF) and the Kenya Medical Supplies Agency (KEMSA).

At a Universal Health Coverage session Friday in Butere Kakamega County, Nakhumicha highlighted reforms to strengthen NHIF's role in purchasing health services and enhance KEMSA's procurement efficiency.

Efforts are underway to transition NHIF into the Social Health Authority (SHA) to ensure affordable and quality healthcare delivery.

During the event Kakamega County Woman Representative Elsie Muhandu commended Nakhumicha's support for Community Health Promoters (CHPs) by providing them with screening equipment and smartphones, leading to improved healthcare provision at the grassroots level.



What Is Atonement



By: Kholaturayeva Ugiloy Urol
@themkenyatimes

In order to enjoy every moment of Ramadan, we must first familiarize ourselves with the information about what we should do. One of them, of course, is to increase the number of requests. It is no exaggeration to say that forgiveness is the beginning of all good deeds. Because forgiveness is the cure for all pains. It makes problems easy, fulfills needs. Istighfar is embodied as a prayer in which the servant expresses his servitude to Allah . Istighfar means that the servant is weak and in dire need of God's world.

The Prophet (s.a.w) himself, who is absolutely free from sins, has given us the explanation in his hadith that he repents 100 times in one day and asks for forgiveness from Allah. Therefore, we all

need an apology.

What is the apology itself? It means repentance. Repentance means that the servant returns to Allah. It means refraining from one sin, bad deed, evil, refraining and not returning to this deed a second time. In his verse, Allah says to the Prophet: "When you are among your people, Allah will not punish them. And as long as they are asking for forgiveness, Allah will not torment them."

In the interpretation of this verse, our scholars say that there are two types of

things that protect and guarantee the servants of Allah Almighty, calamities, sufferings, and all kinds of disappointments. The first is the presence of our Prophet (s.a.w) within us. Those who died physically are not among us. So, the first guarantee situation is missed. The second is that as long as the servants are asking for forgiveness from Allah, the Creator will not torment them.

[Kholaturayeva Ugiloy daughter of Urol]



Parliamentary Committee Turns Away PS Forestry Over Failure To Account The Expenditures

Government Spent over KSh1.3 Billion During The National Tree Planting Day But The Ministry Is Unable To Fully Account For The Money

By: Our Reporter
@themtkenyentimes

Worth Noting:

- Committee member, Titus Lotee (Kacheliba) pointed out that the PS and his team had clearly failed to reveal the full amounts the State Department had received after parliamentary budgetary appropriations.
- “Hon. Chair, look at the tree planting campaign, 20 million was used for mobilising and logistics. Is this the percentage as required by law. This committee seeks to know the activities carried out at the KSh1.3 billion cost, during the National Tree Planting Day “ Lotee sought to know.
- “Talking of 15 billion tree project in the country, it is about the right trees or the right seedlings being planted at the right place. The person charged with handling this project is still in an acting capacity. How can she effectively deliver when she is not fully in charge of the office?,” asked Turkana Central MP Joseph Emathe.



PS Mugambi Gitonga.

The National Assembly’s Environment, Forestry and Mining Committee was yesterday forced to adjourn a sitting with the Permanent Secretary, State Department for Forestry Mugambi Gitonga together with the management of all State and Government Agencies under his docket after it turned out that the report they had presented before the committee on the operations, financial estimates and performances fell short of comprehensively addressing concerns

raised by the committee. After browsing through his presentation before the committee sitting, chaired by the Vice Chairperson, Charles Kamuren of Baringo South constituency, the MPs raised a number of issues regarding appropriations on projects undertaken by the State Department. They also questioned the expenditures on the National Tree Planting Campaign (NTPC) for the period covering the 2022/23 to 2023/24 Financial Years.

Committee member, Titus Lotee (Kacheliba) pointed out that the PS and his team had clearly failed to reveal the full amounts the State Department had received after parliamentary budgetary appropriations. “Hon. Chair, look at the tree planting campaign, 20 million was used for mobilising and logistics. Is this the percentage as required by law. This committee seeks to know the activities carried out at the KSh1.3 billion cost, during the



MP Charles Kamuren

National Tree Planting Day “ Lotee sought to know. “Talking of 15 billion tree project in the country, it is about the right trees or the right seedlings being planted at the right place. The person charged with handling this project is still in an acting capacity. How can she effectively deliver when she is not fully in charge of the office?,” asked Turkana Central MP Joseph Emathe. The lawmaker further raised concerns on why dry areas like Turkana had not been factored in such projects. He encouraged the PS to consider extending similar activities by the government in such areas so as to increase forest cover across the country. His sentiments were strongly supported by his Isiolo South counterpart Mohamed Tubi. Onesmus Ngogoyo from Kajiado North constituency and his Msambweni counterpart Feisal Bader raised concerns over the employment opportunities advertised by the State Department. They queried whether the recruitment process had been carried out transparently. Bader specifically sought information from the PS on the status of the 4,000 - Green Army - positions advertised by Kenya Forest Service (KFS). He further pointed out to the PS that most of the officers manning forests in the country have continued to live under very difficult working conditions. Kibwezi East MP, Jessica Mbalu also weighed on the matter as she noted that all members of the committee were dissatisfied with the report on allocation of funds appropriated for the State Department for Forestry. “Everything is not tallying here Hon. Chair. Members are not satisfied with the information we are getting. We can see omissions and errors, and it seems the Ministry was not prepared to appear before us.” Having consulted with his team of managers, PS Mugambi requested that the committee allow them more time to consult on the figures presented in their report. He however, pointed out a few recent changes in the finance department where new officers were recently deployed, as one of the challenges they faced while preparing the report presented. The session chair and Kilifi MP Gertrude Mbeyu agreed that there was a problem with the presentation since the figures were not adding up. Kamuren ruled that the meeting be adjourned to allow the PS and his team time to prepare well and appear again in two weeks’ time.

Waiguru Makes History As The First County Governor To Give Free School Uniforms



By: Joseph Mutua Ndonga
mutuandonga@yahoo.com

Worth Noting:

- It is worth noting that Governor Ann Waiguru is one of the leaders from Mount Kenya region being touted as best suited to fly the flag of a running mate in 2027.
- That is if President Ruto's proposal would sail through during the United Democratic Alliance (UDA) National Delegates Conference.
- Given her track record even before she become the governor, I fits in that shoe.
- Speaking at an event organized by United Democratic Alliance (UDA) Women Congress to celebrate the women who won the gubernatorial seats in 2022 polls, President Ruto minced no word in assuring the women of Kenya that his government was committed to full implementation of the constitutional imperative of two-thirds gender rule.



Kirinyaga Governor Ann Waiguru .

Kirinyaga Governor Ann Waiguru has made history as the first county chief to give free complete sets of uniforms to Early Childhood Education and Development (ECDE) learners.

Speaking during this event at the county headquarters in Kutus, Waiguru reiterated the commitment of her government to fulfill all the promises she made during the campaign.

As you are aware, education of our children stood out as one of the key highlights of my manifesto.

As envisaged in the law, we have been undertaking public participation. Most of the parents and guardians always listed the issue of uniforms as a key challenge.

They averred: Some of us were unable to buy the school uniforms and this impacted negatively towards education of our children.

As you know, the principals and head teachers will not allow our children to attend classes with home attire.

For the governor, her message was therefore clear. I'm here to sort out this problem once and for all.

She was upbeat that the first batch of the uniforms had been sewed by County owned Apparel Factory.

The governor also promised to give the children leather shoes and roll out school feeding programme in coming days.

We are establishing industrial parks here in Kirinyaga and this is where the shoes would be made.

For the skin and hides farmers, the market for their products is now

available.

Besides education, the Governor has made great strides towards matters of public health and commissioning key development projects.

She has also turned around fortunes of rice, coffee, tea, milk and fruit farmers.

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Given her track record even before she become the governor, I fits in that shoe.

Speaking at an event organized by United Democratic Alliance (UDA) Women Congress to celebrate the women who won the gubernatorial seats in 2022 polls, President Ruto minced no word in assuring the women of Kenya that his government was committed to full implementation of the constitutional imperative of two-thirds gender rule.

The previous governments failed to address this matter. I want to assure you this time the implementation will happen.

We can no longer bury our heads in the sand by ignoring the immense contribution of the women of Kenya towards the growth of the economy and uplifting the living standard of Kenyans.

Dr Ruto, who was reacting to the

remarks by Kirinyaga Governor Ann Waiguru and former Kitui Governor Charity Ngilu, further asserted.

As a member of the UDA party, my proposal is that a time has come to amend our constitution. I hope majority of the members will support my proposal during the National Delegates Conference (NDC).

If this happens, a new clause would be enacted and it would read. If the UDA party nominate a man to be the presidential candidate the running mate should be a woman and vice versa.

There is no cause for worry because I have already discussed this with Riggy-G (Deputy President Rigathi Gachagua).

We are yet to hear the DP disagreeing or contradicting the head of state. So, many Kenyans believe it is true that the two leaders had discussed this matter and reached a consensus.

A friend of mine told me. Plans were also underway to amend the constitution and create the position of the Prime Minister (PM). May be the duo agreed the seat of the PM will be reserved for Gachagua.

As writer and political analyst, allow me to give my reflections in relation to the politics of Kirinyaga.

In yester-years, Martha Karua of Narc Kenya was being touted as the iron lady of Kirinyaga county. She has since lost this title to Madam governor Ann Waiguru.

It is worth noting that the duo contested the Kirinyaga gubernatorial seat in 2017 polls.

Ms Waiguru wrestled her to the ground.

In the run-up to 2022, a number of people from Karua's home village of Gichugu shared this with me.

Her initial plan was to contest the governor's seat. She however feared facing Waiguru and getting embarrassed once again.

It seems she breathed a sigh of relief when the outgoing President Uhuru Kenyatta convinced Azimio La Umoja One Kenya Coalition leader Raila Odinga to pick her as his running mate.

Up to date, Uhuru and Karua have never confirmed or denied whether this is what happened.

As of now, the UDA party is gearing up for grassroots elections.

Here are the other three reasons why Governor Waiguru stands a high chance.

First, I'm sure President Ruto's Plan A would be to once again rally Mount Kenya behind his candidature.

To retain this support, he needed to ensure that the slot of running mate remains in this region. Secondly, male competitors will be ineligible. Deputy President Rigathi Gachagua and Kiharu MP Ndindi Nyoro are perceived to be the leading male contenders.

Thirdly, Ms Waiguru's track record on matters of development and good governance is there for all to see. As the chairperson of Council of Governors (CoG), she has been vocal in defending the Devolution. This include challenging the national government on timely disbursement of shareable revenue to the counties.

She is also well educated and believe in building a peaceful and united nation.

She had previously served as a chief executive officer of a number of corporates and financial institutions locally and internationally.

She also served the government of President Mwai Kibaki and that of his successor Uhuru Kenyatta with dedication and distinction. She was the pioneer of Huduma Centers that have reduced the burden that Kenyans shouldered when seeking critical services.

They now get them under one roof with a click of a button.

But Waiguru will need to come up with a workable strategy of tackling other competitors from other communities.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Gov't Suspends KEL Chemicals Operations And Announces Seizure Of Its Fertilizer Products

By: Joseph Ng'ang'a
@themtkenyatimes

The government has completed testing on all fertilizers being distributed under subsidy programme and confirms to the public and farmers that all fertilizers being distributed meet the required quality.

A statement from the Ministry of Agriculture indicates that however, those manufactured and distributed by KEL Chemicals branded Kelphos Plus, Kelphos gold and NPK 10:26:10 did not meet all required test parameters.

The affected consignment was distributed by KEL Chemical fertilizers between 5th and 10th March 2024.

“Following release of test results by the Kenya Bureau of Standards (KEBS), the government has taken decisive action to safeguard the agricultural sector and farmers by an-

nouncing the immediate suspension of KEL Chemicals’ operations and seizure of its fertilizer products,” read the statement in part.

It further indicated that the government has further seized and impounded all fertilizer stocks distributed by KEL Chemicals at the National Cereals Produce Board (NCPB) facilities. This step is essential to control and mitigate any adverse effects on agricultural practices.

“The Ministry of Agriculture and Livestock Development strongly advises farmers who have acquired or possess fertilizer from KEL Chemicals to immediately discontinue its use and to visit their nearest NCPB facility for further guidance,” highlighted the statement.

The statement explained that in line with ensuring public safety and maintaining quality standards, KEBS has initiated legal action as per the Standards Act Cap 496 against KEL

Chemicals for distributing substandard products.

“This measure underscores the government’s commitment to upholding stringent product quality and safety standards, ensuring accountability and safeguarding the agricultural sector and the wider public,” read the statement.

It further stated that the government remains committed to enforcing strict compliance with safety and quality standards for all fertilizers being availed to farmers among other products.

“This is to ensure that the farmers are protected against unscrupulous industry players and to preserve safety and quality of the food supply chain. We thank the farmers and all stakeholders for participating in large numbers to support the food security agenda for the country,” highlighted the statement.



Important Aspects Of Improving Artistic Literature In The Educational Process Of Preschool Educational Organizations



Abstract: This article talks about further improvement of fiction literature processes in MTTs, proposing new projects and introducing new investments for improvement. In particular, it was mentioned about the present state of the educational process in MTTs and the planned stages in the future. Key words: artistic process, literature, staff, pedagogue-educator, academic degree, innovation, investment.

The fact that the preschool education system is at the initial stage of education shows that this system is more important. After all, laying the initial foundations of a child's development with specific goals in mind will determine his firm position in the future. In this regard, a number of new reforms in the field are being implemented in our country. Including the adoption of the President's decision "On approval of the concept of the development of the preschool education system until 2030", as well as the implementation of the concept of the development of the preschool education system of the Republic of Uzbekistan until 2030 in 2019 "Road map";

Target indicators of the development of the preschool education system of the Republic of Uzbekistan in 2019-2024;

Target indicators for the development of the preschool education system of the Republic of Uzbekistan in 2025-2030 have been approved, and a number of steps are being taken in this regard. Preschool education organizations and pedagogues-educators have great responsibilities for pre-school children to be fully prepared for school education. Important conditions for the implementation of this process are defined in the state requirements for the development of children of primary and preschool age of the Republic of Uzbekistan. State requirements are determined by the following areas of child development:

Physical development and formation of a healthy lifestyle;

Social-emotional development;

Speech, communication, reading and writing skills;

Development of the cognitive process;

Educational process is organized for creative development and fulfillment of these areas.

"Creative development" is an artistic vision of the world; small areas such as artistic and creative abilities help the child to further increase his interest in fiction, to imagine the world more creatively, and to increase his vocabulary.

One of the important issues in preschool education is to surround children with literature, to further increase their interest, to attract them, and to improve their education. The emergence of great literary scholars from the next generation is directly related to our

current attention to them. How do we introduce and teach literature in pre-school educational institutions? If we look at it from afar, the artistic word is of great importance in working with children of preschool age. Children love to listen to folk tales, poems, and stories. Children's literature, first of all, gives joy to children with its interesting content, beauty of artistic images, expressiveness of language, musicality of poetic words. At the same time, it has an educational effect on children. The great Russian democrat V. G. Belinsky said that children's books are written for education, "Education is a great work, it decides the fate of a person." The value of fiction is that it affects the child's growth in every aspect. Fiction shows the work and life of people of the nature of the country, their deeds and heroism, stories from children's lives, children's games, pastimes, and protects their work. Illuminating the inner world of people, showing their characters, feelings, behavior, as well as the writer's attitude to the described events, works of fiction force the child to be excited, feel sorry for the heroes of the work, or condemn them. The best works of fiction give children their own special support for something, whether it is good or bad, fair or unfair, right or wrong.

It is worth mentioning that it is necessary to improve the system of pre-school education, to establish various forms of pre-school education organizations, to provide them with highly qualified, modern-thinking educators and specialists, to introduce advanced foreign experiences into the education and training process. Focused projects are being implemented. To date, we can say that the Ministry of Pre-School Education pays great attention to the training of scientific and pedagogical personnel for the field. New to the list of specialties of highly qualified scientific and scientific pedagogical personnel of 2018 130008. "Theory and methodology of pre-school education and upbringing" was included in the specialty. By the decision of the High Attestation Commission under the Cabinet of Ministers of the Republic of Uzbekistan, philosophy in pedagogical sciences at the Institute for Retraining and Advanced Training of Heads and Specialists of Pre-school Educational Institutions A scientific council for awarding the scientific degree of doctor (PhD) was established. This scientific council is the first established scientific council in the history of our country in the field of "theory and methodology of preschool education and upbringing" on 130008.

Before the above innovations, the preschool education system was working. As an example, we emphasize the teaching of literature. It is the teaching of poetry. In this case, the poem is read by the tutor and then returned by the tutor. In most MTTs, poems are taught in the same order. Since there are poems that require environment and events, additions should be made to the above processes. First of all, MT groups in NMMT, DMTT, orphanages, organization of separate fiction literature rooms in alternative forms of education and training, enriching the artistic speech of pedagogues-educators, introducing more examples of literature will give effective results.

Ministry of Higher Education, Science and Innovation

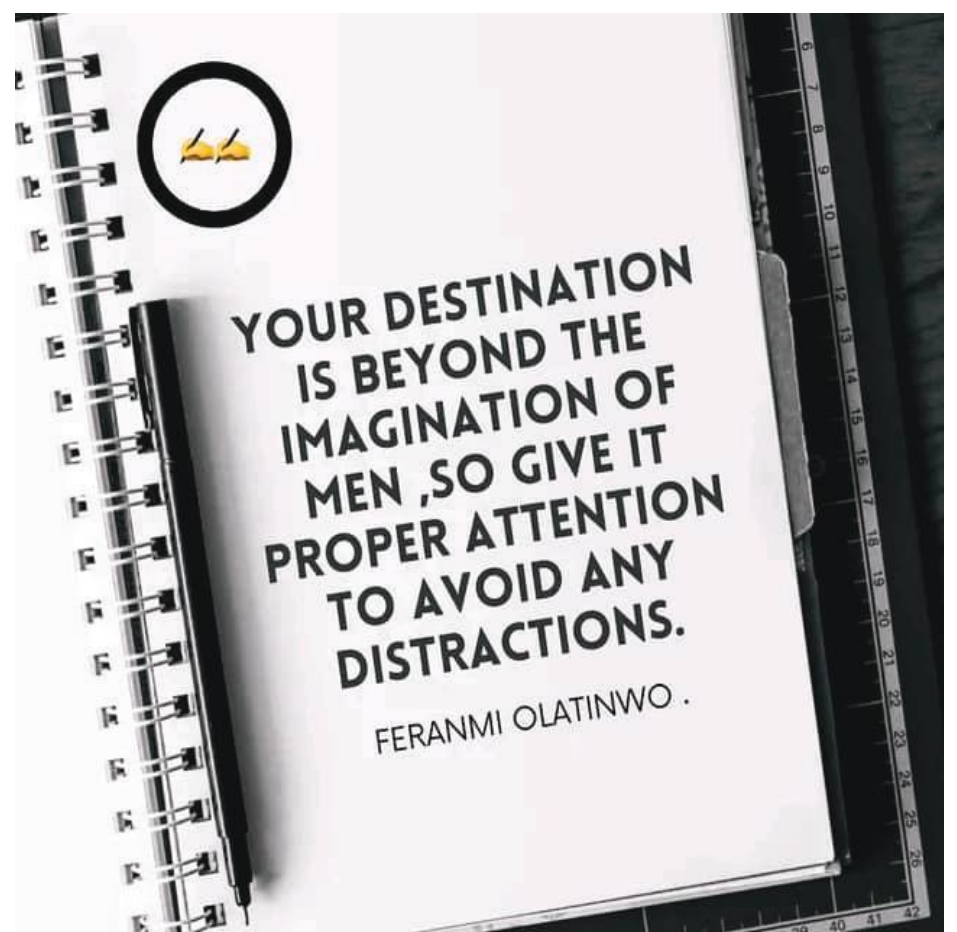


Higher education is a system of training highly qualified specialists in various higher educational institutions. Higher education is carried out by higher education institutions by providing scientific and theoretical knowledge and formation of certain skills to those who have completed secondary special or vocational education and who wish to become highly qualified specialists in various fields of national economy, science and culture.

Higher education is carried out on the basis of official state documents. State standards of education, curricula are of decisive importance in this.

Subjects to be studied in them are mandatory and optional, specialization courses, their training order, quantity, time, the ratio between theoretical and practical education, theoretical training, training and production practices, rating period, vacation, bachelor's qualification work, master's theses defense period. Pedagogical document is specified in the curriculum.

Sirojiddinov Asliddin Abduvohidjan. 25 years old. 1st stage master of Gulistan State University. Republic of Uzbekistan, Syrdarya region, Gulistan city



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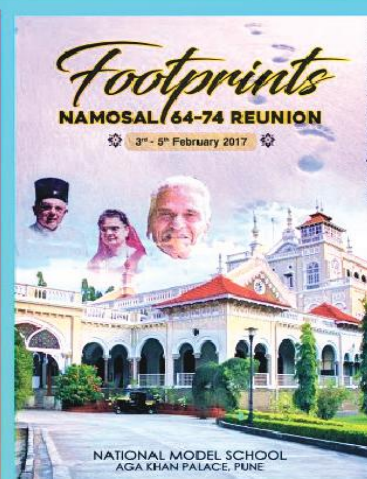
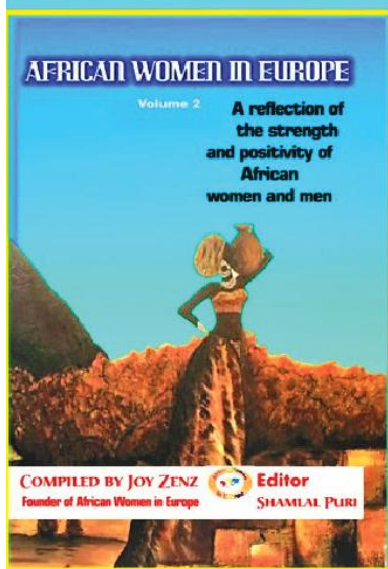
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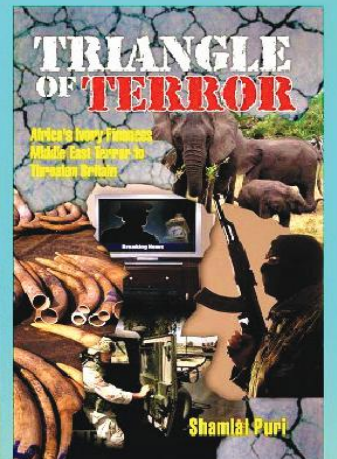
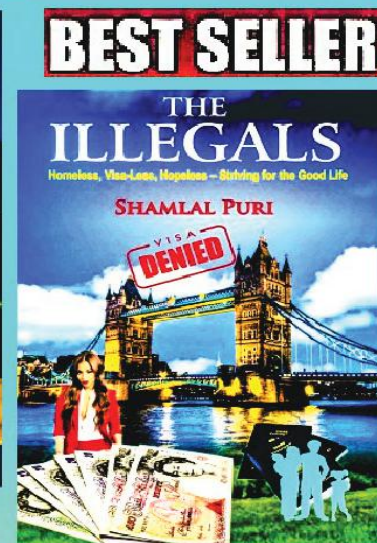
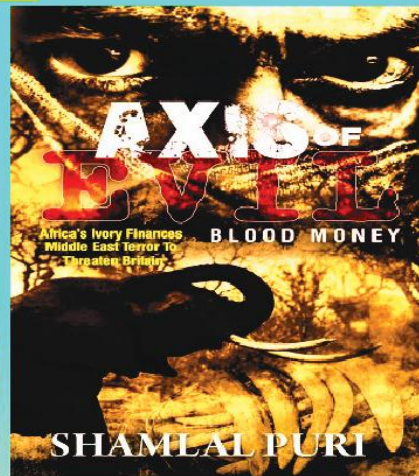
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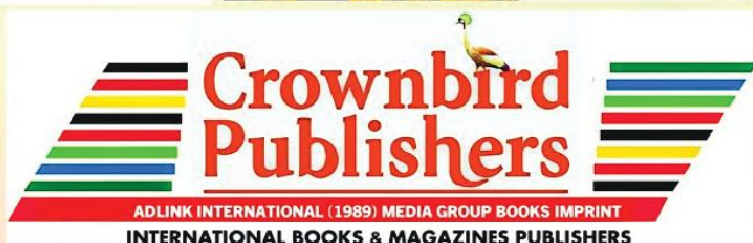
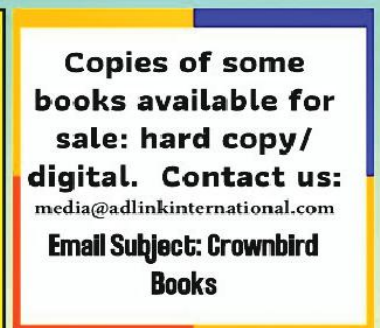
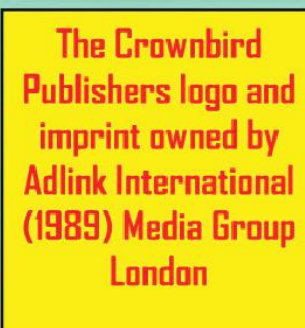
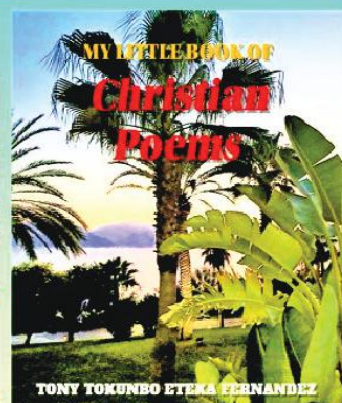
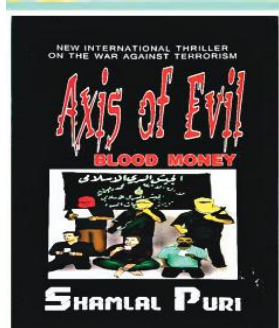
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BUSINESS

Government To Work With Kilifi Opposition Leaders In Development

By: DPCS

Worth Noting:

- “We will look for investors to come to Malindi. We want to create a good environment for tourism to thrive. The Italian people loved Malindi. They could fly from Millan to Malindi. We will create a good atmosphere. We will do our part in addressing insecurity,” he said.
- He added: “The leadership must tone down politics so we create an environment for the international tourists to come and give us the foreign currency. We will work together. Tourism has no political affiliation. Their currency is good for our economy and we will continue working with you.”
- He, however, asked the leaders to support the Government in ensuring security.



Deputy President Rigathi Gachagua addressing the forum.

Deputy President Rigathi Gachagua has welcomed the call from opposition leaders in Kilifi County in reviving the economy of the region.

This was after the leaders, including Governor Gideon Mungaro and Malindi MP Amina Mnyazi called for increased investment in reviving the tourism and other strategic sectors of the economy of the county.

“Many of our people are jobless. Tourism is performing poorly. Houses and hotels are being auctioned here in Malindi. we request the National Government to prioritise reviving tourism in Malindi,” the MP said, adding that police need more vehicles to effectively address insecurity besides employment of more teachers to bridge the 240 gap.

On the other hand, Governor Mungaro, among other things, said the Malindi Airport needs to be improved to allow for international flights.

The Deputy President said revitalizing Malindi will benefit the local people and the entire country.

“We will look for investors to come to Malindi. We want to create a good environment for tourism to thrive. The Italian people loved Malindi.

They could fly from Millan to Malindi. We will create a good atmosphere. We will do our part in addressing insecurity,” he said.

He added: “The leadership must tone down politics so we create an environment for the international tourists to come and give us the foreign currency. We will work together. Tourism has no political affiliation. Their currency is good for our economy and we will continue working with you.”

He, however, asked the leaders to support the Government in ensuring security.

“The economy of Malindi is in tourism. When you incited the public to demonstrate against the Government, tourists took off. Look at Malindi now. Do not do anything that will harm the economy. We must together create an atmosphere that allows business to thrive,” the Deputy President said.

He said consultations will be held with the Cabinet Secretary for Transport Kipchumba Murkomen on upgrading facilities, including the runway of the Malindi Airport to meet internal standards.

Mr Gachagua was speaking in Malindi, Kilifi County, during breaking the fast, and the Annual Fundraiser for the Malindi Education and Development Foundation (MEDA-F).

The Deputy President asked the Muslim leaders to support the war on illicit alcohol, drug and substance abuse.

He faulted some leaders from the Coast, for reluctance and complacency saying despite such lack of will, the fight against this menace will continue.

“This is the Government (Kenya Kwanza Administration) that will end drugs and substance abuse conclusively. The drug barons can run but they cannot hide. I ask you to join the Government in this war,” the Deputy President said on Thursday night.

The Deputy President said he is ready to have an engagement with the Muslim leaders for consultation on specific ways of dealing with the drugs.

Mr Gachagua thanked the leadership of MEDA-F for the initiative, which he said has been key in helping children from disadvantaged backgrounds to access education.

Senate Speaker Amason Kingi thanked the Deputy President for leading the war against illicit brews, drugs and substance abuse.

As the war continues the Deputy President said the Government is taking various steps to revive the economy of the Coast.

Other leaders present included Kilifi County Deputy Governor Flora Mbetsa, Idris Dakota (Principal Secretary, Cabinet Affairs at the Office of the Deputy President), Owen Baya (Kilifi North MP and Deputy Majority Leader National Assembly), John Methu (Nyandarua County Senator), Gitonga Mukunji (Manyatta MP), Eric Wamumbi (Mathira MP), Njeri Maina (Kirinyaga Woman Representative), Kuria Kimani (Molo MP), Stanley Muthama MP Lamu West, Joseph Githuku (Senator Lamu County), Josses Lelmengit (Emgwen MP), Hari Kombe (Magarini MP), Feisal Abdalla (Msambweni MP), Kassim Tandaza (Matuga MP) Charles Kanyi (former Starehe MP), Cate Waruguru (former Laikipia Woman Rep), former Tana River Governor Hussein Dado, MCAs, among others.



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Towards a Resilient Workforce: Climate Finance as a Cornerstone for Labour Rights in Kenya



By: Odhiambo Jerameel Kevins Owuor
@themkenyatimes

Worth Noting:

- Compounding these challenges is the issue of climate finance, which refers to the flow of funds from developed to developing countries to support climate change mitigation and adaptation efforts. Despite being a signatory to the Paris Agreement and other international climate accords, Kenya has struggled to secure adequate climate finance, hampering its ability to implement effective strategies for protecting workers and building resilience against climate impacts.
- The lack of climate finance has far-reaching implications for labour rights in Kenya. Without sufficient resources, the government faces difficulties in providing essential services, such as vocational training and social safety nets, to support workers transitioning to more sustainable livelihoods. Additionally, limited funding hinders the development of climate-resilient infrastructure, leaving workers exposed to the risks posed by extreme weather events.



Kenya, a country rich in natural resources and cultural heritage, faces a daunting challenge in the face of climate change. As temperatures rise and weather patterns become increasingly erratic, the livelihoods of millions of Kenyans are at risk, particularly those in agriculture and pastoralism. Addressing this crisis requires a multifaceted approach, encompassing not only environmental policies but also a comprehensive framework for protecting labour rights and ensuring equitable access to climate finance.

The Kenyan labour force is highly vulnerable to the impacts of climate change. Agriculture, which employs over 60% of the population, is heavily dependent on predictable rainfall patterns and favourable weather conditions. As droughts become more frequent and severe, crop yields decline, putting the food security and incomes of smallholder farmers at risk. Furthermore, extreme weather events such as floods can lead to displacement, disrupting labour markets and exacerbating poverty.

The consequences of climate change extend beyond the agricultural sector. Workers in industries such as tourism, fishing, and construction are also affected by the changing climate. For instance, rising sea levels and coral bleaching threaten coastal tourism, while increased frequency of extreme weather events can disrupt construction projects and damage infrastructure. These impacts not only threaten job security but also compromise workers' rights to a safe and healthy

working environment.

Compounding these challenges is the issue of climate finance, which refers to the flow of funds from developed to developing countries to support climate change mitigation and adaptation efforts. Despite being a signatory to the Paris Agreement and other international climate accords, Kenya has struggled to secure adequate climate finance, hampering its ability to implement effective strategies for protecting workers and building resilience against climate impacts.

The lack of climate finance has far-reaching implications for labour rights in Kenya. Without sufficient resources, the government faces difficulties in providing essential services, such as vocational training and social safety nets, to support workers transitioning to more sustainable livelihoods. Additionally, limited funding hinders the development of climate-resilient infrastructure, leaving workers exposed to the risks posed by extreme weather events.

Supplementally, the inequitable distribution of climate finance exacerbates existing socioeconomic disparities, disproportionately impacting marginalized communities and vulnerable groups, including women, youth, and persons with disabilities. These groups often lack access to resources and opportunities, making them more susceptible to the adverse effects of climate change on employment and working conditions.

To address these challenges, Kenya must adopt a comprehensive and in-

clusive approach that prioritizes labour rights and climate finance. This approach should involve strengthening legal frameworks and institutional mechanisms to ensure the effective implementation of labour standards and environmental regulations. By aligning labour policies with climate change mitigation and adaptation strategies, Kenya can create a conducive environment for sustainable and equitable economic growth.

Improving access to climate finance is a crucial component of this approach. Kenya should actively engage with international financial institutions, donor countries, and the private sector to mobilize resources for climate action. These funds should be strategically allocated to support initiatives that promote green jobs, invest in climate-resilient infrastructure, and provide social protection for workers affected by the transition to a low-carbon economy.

Equally important is the need for capacity building and knowledge sharing. By investing in research and development, Kenya can enhance its understanding of the linkages between climate change, labour rights, and economic development. This knowledge can inform evidence-based policymaking and foster collaboration among stakeholders, including the government, civil society organizations, trade unions, and the private sector.

Alongside, Kenya should prioritize the participation of workers and marginalized communities in de-

cision-making processes related to climate action and labour policies. Inclusive governance ensures that the needs and perspectives of those most affected by climate change are adequately represented, leading to more effective and equitable solutions.

Addressing the interplay between labour rights and climate finance in Kenya is not only a legal imperative but also a moral obligation. By protecting the rights of workers and ensuring equitable access to climate finance, Kenya can build a more resilient and sustainable future for its citizens. This requires a concerted effort from all stakeholders, guided by the principles of social justice, environmental stewardship, and intergenerational equity.

In conclusion, the challenges posed by climate change to labour rights and climate finance in Kenya are multifaceted and complex. However, by adopting a comprehensive and inclusive approach, strengthening legal frameworks, mobilizing climate finance, promoting capacity building, and fostering stakeholder engagement, Kenya can pave the way for a just transition towards a low-carbon, climate-resilient economy that protects the rights and livelihoods of its workers.

The writer is a legal researcher and lawyer.

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LETTERS TO THE EDITOR

Fake Fertilizers



In recent weeks, the issue of fake fertilizer has been making headlines in Kenya. Reports of farmers being duped into purchasing counterfeit fertilizers have been on the rise, causing significant losses and setbacks to agriculture in the country.

The scam involves unscrupulous individuals selling fake or substandard fertilizers to unsuspecting farmers at lower prices. These counterfeit products not only fail to deliver the promised

nutrients to the crops but can also harm the soil and have detrimental effects on the environment. Farmers who fall victim to the fake fertilizer scam not only suffer financial losses but also see a decline in their crop yields. This can have a ripple effect on the entire agricultural sector, leading to food shortages and a decrease in income for farming communities.

The government has been urged to take swift action to crackdown on the sale of fake fertil-

izers and to prosecute those responsible for this deceitful practice. It is essential for regulatory bodies to increase monitoring and enforcement to prevent further cases of counterfeit fertilizers entering the market.

Farmers are advised to be vigilant when purchasing fertilizers and to only buy from reputable dealers or authorized distributors. It is also crucial for farmers to conduct soil tests and seek professional advice to determine the appropriate

type and amount of fertilizer needed for their crops.

As we head into the planting season, let us all be aware of the dangers of fake fertilizers and take the necessary precautions to ensure the success of our agricultural endeavors. Together, we can combat this fraudulent practice and protect the livelihoods of our hardworking farmers.

By Jackline Ngugi And Michael Okech

Dangers Posed By The Dumping Of Alcohol Bottles

The improper disposal of alcohol bottles has become a significant issue in many regions, presenting a range of environmental and social challenges. As the consumption of alcoholic beverages continues to rise, the repercussions of this behavior extend far beyond the immediate act of discarding the bottles.

Glass, though recyclable, often ends up in landfills or scattered across landscapes, contributing to long-lasting pollution. The slow decomposition of glass increases the problem, creating a lasting environmental footprint. Furthermore, broken glass from dumped bottles poses threats to both humans and animals leading to injuries

if not cleaned up properly. This highlights the need for responsible disposal practices.

Waste management emerges as a pressing challenge in areas where the dumping of alcohol bottles is prevalent. In regions lacking proper infrastructure for waste disposal and recycling, the accumulation of these bottles leads to overwhelmed landfills and strained municipal resources. The inefficient handling of this waste stream can result in increased pollution, as well as economic burdens on communities attempting to manage the consequences of improper disposal.

Aesthetically, the impact of dumped alcohol

bottles is undeniable. Scattered bottles diminish the visual appeal of neighborhoods and public spaces, potentially affecting community pride and discouraging tourism. This visual blight underscores the importance of fostering a sense of responsibility among individuals and promoting a collective commitment to maintaining clean and attractive environments. Additionally, the contamination of soil and water due to improper disposal can harm ecosystems, affecting both flora and fauna.

Tackling these challenges requires collaborative efforts from individuals, communities, and industries to foster a culture of responsibility,

sustainable practices, and environmental stewardship. Comprehensive waste management systems, coupled with targeted public awareness campaigns, are essential in changing behaviors and promoting responsible disposal practices.

Moreover, the alcohol industry can play a pivotal role by exploring sustainable packaging alternatives and adopting environmentally friendly practices like recycling and reusing. We should create a more sustainable and harmonious coexistence with our environment.

Loreen Anyango and Fidence Cherotich, Rongo University

Unpacking Kenya's Economic Challenges

Population growth is an essential ingredient of stimulant of economic development. Relating to the law of demand and supply larger Population is a course to larger consumers demand in generating favourable economics of scale in production to lower production costs and to provide sufficient low cost labour supply to achieving higher outputs levels.

This being a center of concern in developed countries population growth in the periphery is Seen to be held at the centre in maintaining the status quo which is favourable to develop countries compared to underdeveloped states. Sources reveals that most population growth serves to intensify problems of development and make prospects of

development more difficult.

The demographics of transition theories tend to explain that population growth and decline can be measured in three stages Including the stable population which states that developed countries population is stable or very slow in growth as there is an optimum in the birth rates and death rates this forms the basis of a stable economy compared to underdeveloped countries. Is Kenya in the second stage? This stage is where the modernisation associate with better public health methods, healthier diets, higher income and other improvements lead to mark a reduction in mortality rate.

Being regarded as the third world country and a developing country.

This state has been having an average population of youths unemployed with few of them in the jua kali industry and self-employment in meeting their day to day living. The rate of unemployed has increased the dependency rate to high with low working class dependent by the unemployed.

This state has led to increase in demand of goods and services in the household. This intern increases the price of goods and services due to the high population and the low supply. The high increment of prices which lows the money value in the economy.

At this state the economy suffers from the low and increasing living standards in meeting their needs. This sounds to be the root cause of

the such hard economic situation on our side as citizens. As some sources argues that the increased in the level of high standards of living.

The Kenyan economy has been growing since the uplifts of the economy by the late president Mwai Kibaki regime to uplift the underlying low Kenyan economy by the time he raised to power.

The growing economy that offered the good environment to her citizens since 2019 has become a den of hard economic living in standards with the invasion of Corona virus that disabled the state of the economy by the total lock down leading to low capital inflow in the economy due to less interjections in the country from import duty and export duty. Other foreign aids were lost as

there were no nongovernmental organisation were not working to the fullest to bring inputs to the economy.

So the issue of population might be a minor factor to the cause of increasing hard economic time. It might be increased leakages in the capital in the economy through increasing expenditure capital on loans to settle government debts and payment of government salaries on civil servants.

By: Tabitha Yatich

Ambassador Nominees Pledge To Promote Trade Ties If Approved

By:Kevin Wachira

President William Ruto’s Ambassador Nominees vetted by Members of Parliament on Friday committed to prioritize enhancing trade ties between Kenya and their respective missions.

The National Assembly Defence, Intelligence and Foreign Relations Committee engaged five nominees including two former senators, a retired military general and a professor on their suitability to represent Kenya abroad.

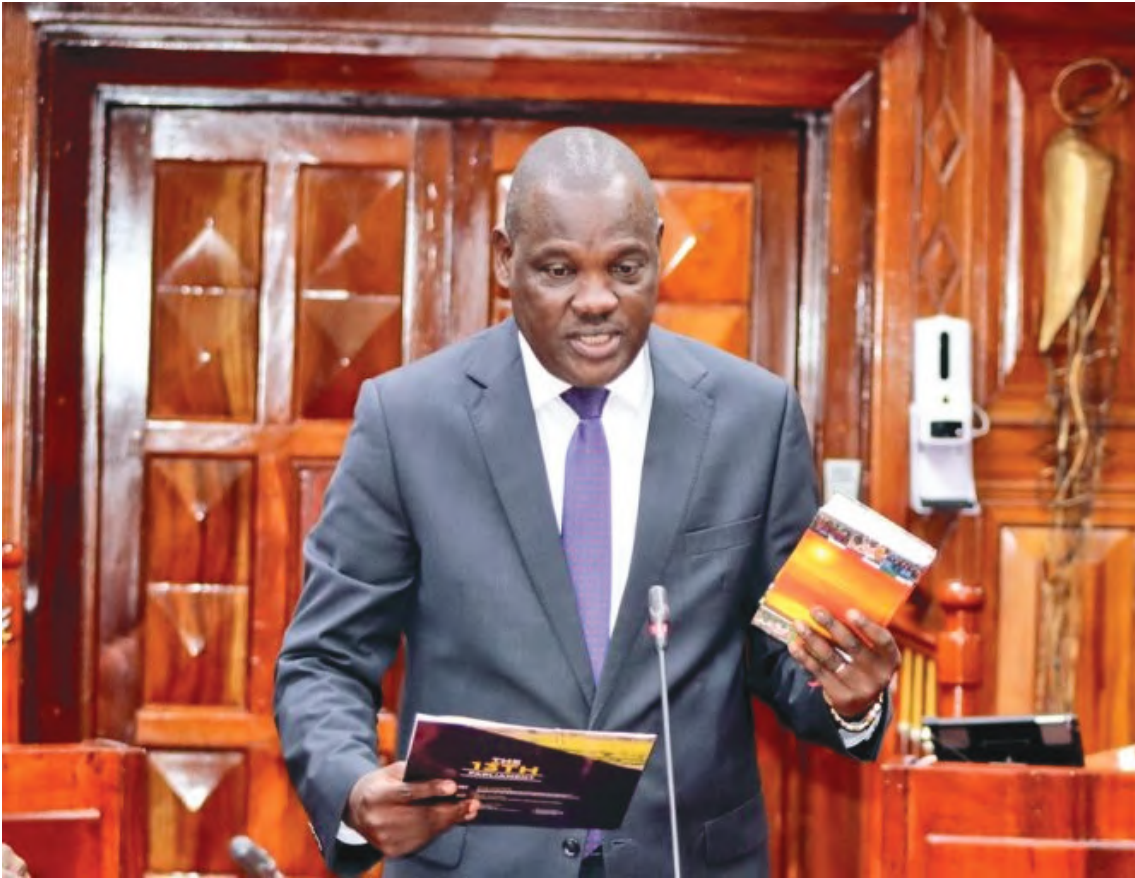
Lt. Gen. (Rtd.) Peter Mbogo Njiru, nominee for the position of High Commissioner Islamic Republic of Pakistan was the first to appear before the National Assembly Defense, Foreign Relations and Intelligence Committee on Friday to defend his suitability to represent Kenya.

Njiru who served the military for 39 years said he will focus on seeking for opportunities for export of Kenya’s products in Pakistan.

A similar pledge was made by Former Kisumu County Senator Fred Outa nominee for Cairo Egypt.

The Ambassador nominee for Dakar Senegal Prof Anne Nangulu took pride in her experience as the Principal Bomet University College Prof. Nangulu said if approved her focus will be opening up more trade avenues for Kenyans in West Africa.

Foreign Service Officer Timothy Kaluma Mcharo nominee to Algeria and former Bomet County Senator Christopher Langat nominee for Abidjan Cote d’Ivoire were also vetted by the committee.



Lt. Gen. (Rtd.) Peter Mbogo Njiru, nominee for the position of High Commissioner Islamic Republic of Pakistan .

Kevin Kiprono Wanted By DCI For Hacking Mobile Money App

By: KBC Digital

DCI Serious Crime Unit is in pursuit of Kevin Kiprono for being a suspect in a case of Impersonation and Unauthorized access to a computer system reported at Parklands Police Station.

A warrant of arrest is in force for Kiprono, who, having been released on a police cash bail on December 19, 2023, pending completion of investigations, failed to report on the compelled date.

According to the DCI, he is implicated in having hacked a mobile money app leading to the loss of huge sums of money and thereafter holing up.

Should you have any information that may assist in his arrest, Fichua kwa DCI by dialling 0800 722 203 or report to a police officer or any police station.

“Equally, should this post be received by Kevin Kiprono, you are hereby ordered to present yourself to any police station for further legal action,” the statement says.

Kevin Kiprono.



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Dr Catherine Nyongesa Shares About Fibroids

By: John Kariuki
@themtkenyentimes

Founder and Chief Executive Officer of the Texas Cancer Center Dr. Catherine Nyongesa has taken a moment to share with us more about fibroids. Unveiling the intricacies of fibroids: noncancerous growths in the uterus. Varying in size from tiny seedlings to sizable masses, fibroids are made of muscle and fibrous tissue presenting as solitary or clustered formations. Let's explore the three main types of Fibroids: Intramural fibroids are the most common type. They grow within the muscular wall of the uterus. They may cause heavy menstrual bleeding, pelvic pain, and pressure. Early detection and treatment are key. Submucosal fibroids develop just beneath the inner lining of the uterus. They can cause heavy and prolonged

menstrual periods, fertility issues, and recurrent miscarriages. Awareness saves lives! Share this post to help women understand submucosal fibroids. Subserosal fibroids grow on the outside of the uterus, extending into the pelvic cavity. They may cause pressure, bloating, and frequent urination. Early diagnosis and treatment options can alleviate symptoms. Spread the word! Symptom Awareness: Are you experiencing symptoms like heavy menstrual bleeding, pelvic pain, or pressure? It could be fibroids. Don't ignore your body's signals! Consult with your gynecologist for a proper diagnosis and treatment options. Treatment Options: Fibroids can be managed through various treatments, including medication, noninvasive procedures, and surgery. Each case is unique, so it's important to consult with your healthcare provider to determine the best course of action



Dr Catherine Nyongesa .

Today's Guidance

Tarot, Zodiac, Astrology & Horoscopes

What Energies You Are Sending To The Universe?

By: Dipa Sharma

Greetings, I am a professional intuitive tarot card reader. My readings incorporate both the cards and my intuition. This reading is timeless, general, and collective, meaning it may or may not directly resonate with you. Please take what resonates with you and disregard the rest. If you've come across this reading, it likely holds a message for you. For personalized guidance, feel free to reach out for a personal reading. You can contact me via email at: sharmadipa.ds@gmail.com

It seems like your focus is a bit scattered, and your thoughts aren't quite aligned. Your mind might be on one thing, but your actions and energy are directed elsewhere. There could be some blockage in your throat chakra, which might be making it difficult for you to express yourself clearly and openly about your desires and needs. Additionally, you might be attempting to meditate, but finding it challenging to connect with the energy and center yourself. It's possible that feelings of fear and doubt are creep-

ing in, particularly when it comes to manifesting your goals and dreams.

What energies you are attracting from universe?

It seems like the universe is tuned into the energies you're putting out there, and your spirit guides are ready and willing to assist you in manifesting what you desire. However, because your energies are all over the place, it's challenging for them to establish a clear connection with you. You're like a magnet, attracting various energies from all directions, which can make it difficult to focus on channeling the specific energy you want to bring into your life. It's important to streamline your energies and concentrate on directing them towards the specific goals or desires you wish to manifest.

What you should do to change your energy?

The initial step you must take is to cease hiding your authentic self from within. Embrace the belief in the hidden truths and the profound power of the universe, which extends beyond the realm of comprehension. Understand that the universe communicates not through spoken language but through the energies you emit. These cosmic energies envelop you from all directions, encompassing the vast expanse from above to below. Listen attentively to your intuition, allowing its whispers to guide you. Avoid succumbing to panic or doubt. Instead, embrace a sense of trust and faith in the cosmic energies that surround you. Surrender yourself to their influence, opening up your heart and mind to receive their guidance and blessings.

How to attract your desired energy?

As mentioned earlier, you create a circle of energy around you based on your thoughts. Your mind continuously sends and receives signals in all directions. The energy you receive corresponds to the vibrations sent by your mind. This energetic influence significantly impacts what you attract and manifest, serving as a powerful force in your present and future happiness. You possess the ability to infuse much more positivity and self-love into your thoughts. Your mental strength can indeed foster tremen-



dous growth. By consciously emitting clear and appealing signals, you can effectively communicate with the universe, and in turn, it will respond by returning loving messages to you.

How will you know that your manifestation is working?

You'll experience a profound sense of relaxation and inner peace. Even amidst the busyness of life, you'll discover a sense of contentment in simple pleasures, such as spending time with loved ones, taking leisurely walks in the park, or sitting by the riverside. These moments will bring about a deep-seated feeling of tranquility and serenity within you.

How to keep that energy intact?

To maintain this positive energy, consider seeking guidance from a knowledgeable teacher who can assist you in aligning your energies to attract your desired manifestations. Whether through online or offline means, explore opportunities to engage in yoga, meditation, or other classes designed to uplift your energies and enhance your overall well-being. A genuine Guru possesses the wisdom and insight to illuminate not only your spiritual journey but also your personal growth. By connecting with such a mentor, you can gain valuable guidance and support that will empower you to navigate your path with clarity and purpose.

From Being An Orphan To Avocado Entrepreneur

By: Millicent Lukosi
@themtkenyetimes

Worth Noting:

- “I didn’t have much when I started,” Brian recalls. “But I had a vision and a drive to make something of myself. I saved every penny I could, doing odd jobs around town. Eventually, I had enough to buy my first batch of avocados.”
- For Brian, the decision to start his avocado business was about more than just making a living – it was about reclaiming control over his destiny and carving out a better future.
- “I’ve always had a passion for avocados,” Brian explains. “They remind me of home and happier times. Selling them felt like sharing a piece of myself with others. Plus, there’s something about the hustle and bustle of the market that energizes me. It’s like I’m meant to be here, doing this.”



Photo showing Brian selling Avocados .

As the sun rises steadily over Kaloleni at 10 a.m., one young man is already on the move. Brian, a 16-year-old resident, defies tradition by starting his avocado hawking well before noon. With crates of avocados securely fastened to his bicycle, he navigates the streets with purpose, determined to make the most of every moment and every opportunity.

Brian’s entrepreneurial spirit is fueled by a story of resilience and determination. Born into orphanhood, he faced hardships that could have easily derailed his dreams. Yet, with unwavering resolve, Brian found a way to turn adversity into opportunity.

“I didn’t have much when I started,” Brian recalls. “But I had a vision and a drive to make something of myself. I saved every penny I could, doing odd jobs around town. Eventually, I had enough to buy my first batch of avocados.”

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something about the hustle and bustle of the market that energizes me. It’s like I’m meant to be here, doing this.”

Brian’s early start each day isn’t just a matter of habit; it’s a reflection of his dedication and determination to succeed.

“Waking up early has become second nature to me,” Brian admits. “It’s not just about beating the competition – although that’s certainly a plus. It’s about making the most of every minute, every opportunity. The early bird catches the worm, as they say, and I intend to catch as many worms as I can.”

In a town where tradition and expectation often dictate the course of one’s life, Brian is a beacon of hope and possibility. With his unwavering determination and entrepreneurial spirit, he’s proving that no obstacle is too great to overcome – and that every sunrise brings with it the promise of a brighter tomorrow.

As Brian pedals through the streets of Kaloleni, his determination and resilience shine through. Yet, behind the scenes, there’s a complex regulatory environment that shapes the landscape for street vendors like him. Market Administrator Mr. Kamau sheds light on the challenges and support systems in place:

“In Kaloleni, we have regulations in place to ensure the orderly oper-

ation of our markets and the safety of both vendors and customers,” explains Mr. Kamau. “Street vendors like Brian are an integral part of our local economy, and we strive to strike a balance between supporting their livelihoods and upholding regulatory standards.”

Brian’s early start and dedication are reflections of the broader community of street vendors in Kaloleni. Mr. Kamau acknowledges Brian’s commitment:

“Brian’s commitment to his business is commendable and serves as an inspiration to other street vendors in Kaloleni,” says Mr. Kamau. “His success demonstrates that with hard work and determination, street vendors can thrive despite the challenges they may face.”

As Brian navigates the streets of Kaloleni with crates of avocados, the journey of each fruit begins long before it reaches his hands. Local farmers play a crucial role in supplying Brian with the fresh produce he sells. Reflecting on the partnership between farmers and vendors.

In the verdant fields surrounding Kaloleni, avocado farmers toil under the sun, nurturing the fruit that will eventually find its way to Brian’s stall. Their dedication and hard work sustain not only their own livelihoods but also the bustling economy of the town.

Mr. Otieno, a local avocado farmer, offers insights into the challenges faced by farmers and the quality of the avocados Brian sells:

“Farming avocados isn’t easy,” Mr. Otieno shares. “We face unpredictable weather, pests, and fluctuating market prices. But seeing vendors like Brian appreciate the fruits of our labor makes it all worthwhile. We take pride in delivering avocados of the highest quality, knowing that they’ll be enjoyed by customers in Kaloleni and beyond.”

Brian’s collaboration with local farmers underscores the interconnectedness of Kaloleni’s agricultural community. By sourcing his produce locally, Brian not only ensures the freshness of his avocados but also supports the livelihoods of those who cultivate the land.

As Brian’s bicycle weaves through the streets of Kaloleni, his loyal customers eagerly await his arrival. Each transaction is more than just a sale; it’s a testament to the bond between Brian and the community he serves. Reflecting on the impact of Brian’s presence in Kaloleni.

In the bustling market square, customers flock to Brian’s stall, drawn not only by the promise of fresh avocados but also by the warmth of his smile and the familiarity of his presence. Their loyalty speaks volumes about the significance of Brian’s business in the community.

Mrs. Achieng, a regular customer, shares her reasons for choosing to support Brian’s business:

“I’ve been buying avocados from Brian for years,” Mrs. Achieng explains. “His avocados are always top quality, and his prices are fair. But more than that, Brian treats us like family. He knows each of his customers by name and takes the time to chat with us. That personal touch means a lot.”

As Brian pedals through the streets of Kaloleni, his determination and resilience shine through. With each avocado he sells, he’s not just building a business – he’s building a future for himself, one crate at a time.

“I may have started with nothing,” Brian reflects, “but I refuse to let my past define my future. Every day is a new chance to make something of myself, to prove that I’m capable of more than anyone ever imagined. And with each avocado I sell, I’m one step closer to achieving my dreams.”

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The Family Is A Fortress Of Love And Happiness



By: Jorayeva Marjona
@themtkenyatimes



Worth Noting:

- Family is the main leader in raising children. Yes, the family is a tool that forms part of such a life. When a child is born, first of all, he is with family members and communicates with them. Children's upbringing will be adapted to whatever atmosphere prevails in the family. Family members should be role models for children.
- There is a saying in our people: "A bird does what it sees in its nest" Bringing a child into the world, making him a well-educated, knowledgeable person, bringing him up as a useful person for society is directly related to the word "family".

A family is a group of people who are kind to each other, loyal and faithful. The family is mainly made up of men and women. If they love each other, if their respect for each other is strong, they will bring up a young generation that will benefit society. In order for the family to be strong: the man must be firm, honorable, and the woman must be obedient.

The most complicated task in the world is to build a family. Because you should choose such a person that you should not endure and be patient with him for a lifetime, but you should live feeling happy. There is a saying among people: "Choose the perfect person for yourself". I think this is a mistake. Because as long as there is a person, he will have flaws and mistakes. Therefore, first of all, choose a person who is compatible with you, who understands your thoughts and fills your shortcomings. Choose a person who cares for you, does not leave you alone, and ignores your mistakes. "If your choice is wrong, the price will be your life". Why is that?

The reason is that a good life partner is the founder of your good days, and a bad life partner is the founder of your bad days. "It may be late, but don't make a mistake!"

Never be in a hurry. You always have choices. Even if there is no choice, Allah has given you a blessing. Just don't replace true love with lust. Lust will end one day, but love will never end. Therefore, love not the one who likes your beauty, your behavior, but the one who is in love with your heart. You can say, how do I know if he is looking at me with the eyes of lust or with the eyes of true love. Allah himself will show you this as a sign. Don't forget that things that are difficult for us are easy for the owner of eighteen thou-

sand worlds.

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The family is a holy place. It didn't just happen. And it doesn't disappear by itself. Currently, there are many exemplary families in our country, you can meet them in your neighborhood or on your street. Take a look... How happy and respected they are. What do you think is the reason for the family to reach this level? God's eyes fell on them, they got married for God's sake, and God united their hearts with love.

In addition, there are families that are destroying the society from the other side. When you look at them, your heart will faint. In some families, there are conflicts between husband and wife, in some families, between parents and children, and in others, between mother-in-law and daughter-in-law. Here is a reminder to such families: "Forty days from the place of one day of war the blessing goes away". The thing that takes away the interest from the family is the war between the husband and the wife. It is caused by the husband's rudeness, the woman's inability to restrain her tongue, or the husband's inattention, and the woman's wealth.

Where does the quarrel between

father and son come from? It is due to the fact that a minor child tries to fulfill his dreams early or, in the case of an adult boy or girl, spends his life in aimless and useless activities.

One of the biggest tragic problems is between the mother-in-law and the daughter-in-law. If the mother-in-law is an educated woman who understands, the daughter-in-law appears to have a low level of intelligence. Or if the daughter-in-law is intelligent and well-mannered, the opposite is true for the mother-in-law. These conflicts are mainly caused by anger of the mother-in-law or various expensive furniture, various jewelry and gold.

It doesn't matter how poor a person is financially. The main thing is to have a heart rich in knowledge, piety, and faith...

Whatever the mother-in-law does, the daughter-in-law should do, if it is possible, and at the same time, the mother-in-law should also ignore the daughter-in-law's capriciousness, mistakes, and weaknesses. In the family, it is always the man who says something. A man is the pillar of the family, both its builder and its destroyer depend on this man. For this, our men should be well-educated by their mothers. If he is well-educated, disciplined, ambitious, he will ensure the same in his family.

At the root of all this is the family again. What a person has grown up seeing, in whatever direction he has become rich, he will always remain with this moral. Therefore, parents should spend a lot of time and attention on their child's upbringing. Family is a space that ensures the eternity of life, continuity of generations, continuity of education, and shows its influence on the value system of the next generation.

In conclusion, we should say that every person is responsible for his

family, be it big or small. A good family is a pillar of society. Family is an invaluable blessing that is necessary for our life like water and air. Our lives are gifted by Allah Almighty. Our loved ones who don't spare their lives when they say "property" and "soul" when they say "life" are incarnated. Everyone's life is important, family always comes first. Family comes before work and friends. Take care of your family because you will never find more kind people like them. At this point, we remember the words of President Shavkat Mirziyoyev about the family: "The family is a fortress of love and happiness. When there is a family, there is a great blessing called a child, human dignity is precious and there is spirituality. Family happiness is the greatest happiness".

My name is Jorayeva Marjona. I was born on October 18, 2003 in Termiz District, Surkhandarya Region of the Republic of Uzbekistan. In 2010, I was admitted to the 1st grade at school No. 6 in Termiz district. In the year I graduated, the name of our school was changed and it became a school with advanced subjects in some subjects. From the 5th to the 11th grade, I actively participated in the Knowledge Competition and Science Olympiads in the subject of mother tongue and literature. I won the proud 1st place in the district level from 7th to 11th grade. I graduated from school in 2021 with a certificate of allows level and a medal. In 2022, I was accepted to study Uzbek language and literature at the Faculty of Philology of the Termiz State Pedagogical Institute on the basis of a state grant. Now I am a 2nd year student. I thank God for everything...

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Sports >> *Two-time Olympic silver medalist in 5000m Hellen Obiri wants to affirm her credentials ahead of the Paris Olympics by first defending her Boston Marathon on April 15.

Obiri To Use Boston Marathon As Warm Up For Paris Olympics



Hellen Obiri hits the tape to win the Boston Marathon

Two-time Olympic silver medalist in 5000m Hellen Obiri wants to affirm her credentials ahead of the Paris Olympics by first defending her Boston Marathon on April 15.

This comes after she was named in Kenya's women marathon team for the summer games on Thursday.

Obiri feels excited and is confident of winning gold on her debut Olympic marathon.

"I have to run Boston very well. I have to convince Athletics Kenya that I am the best. Up to now, we don't know who is going to represent the team because they're going to see how people do in the marathons before May.

"For me, everything I'm doing I'm under pressure most importantly I'm looking forward to the Olympics," Obiri said.

Obiri feels excited and is confident of winning gold on her de-

but Olympic marathon.

"It will be very exciting for me. I've been to three Olympics and in two I've managed number two. I believe it will be the biggest opportunity for me to get the gold I've been looking for in many years as a marathoner. But what I know is, I must train for it," she added.

Obiri is fighting to be in the final list of three for the Kenyan team, against the reigning Olym-

pic champion Peres Jepchirchir, former world record holder Brigid Kosgei, Ruth Chepngetich, Rosemary Wanjiru and Sharon Lokedi.

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Sports >>> *Pep Guardiola says he is unsure whether to restore Erling Haaland and Kevin De Bruyne to the Manchester City line-up at Crystal Palace on Saturday with Real Madrid looming.

Guardiola Still Deciding Over Haaland, De Bruyne Returns For Man City



Manchester City's Spanish manager Pep Guardiola (R) speaks with Manchester City's Norwegian striker Erling Haaland (L) during the UEFA Champions League quarter final, first leg football match between Manchester City and Bayern Munich at the Etihad Stadium in Manchester, north-west England, on April 11, 2023. (Photo by Oli SCARFF / AFP)

Pep Guardiola says he is unsure whether to restore Erling Haaland and Kevin De Bruyne to the Manchester City line-up at Crystal Palace on Saturday with Real Madrid looming.

The pair were unused substitutes in midweek as the defending champions brushed Aston Villa aside 4-1, with Phil Foden bagging a hat-trick.

City are third in the Premier League after the midweek fixtures, three points behind leaders Liverpool and one behind second-placed Arsenal.

Top goalscorer Haaland and playmaker De Bruyne could be kept on ice once again this weekend with the first leg of the Champions League quarter-final against Real taking place in Spain on Tuesday.

"I don't know yet," Guardiola said on Friday, when asked about the prospect of Haaland and De Bruyne returning to face Palace. "Playing at 12:30 pm (1130 GMT) and playing two days ago, I have to think. There are so many games.

"We play less than two-and-a-half-days after our last game. Some players recover quicker than others. A long week is completely different but a short week, you have to talk with doctors, physios and staff.

"We are used to playing every three days over many months and months. For many, many years it has happened that way.

"We play 12:30 pm, it's perfect. More time to recover for the next game in Madrid. We then play on

Saturday against Chelsea in the FA Cup afterwards. It's not fair but we are going to do it."

City, who could welcome back goalkeeper Ederson at Selhurst Park but are still without defenders Kyle Walker and Nathan Ake, have not lost in the Premier League since early December.

"If we were at the top of the league it would be in our hands -- that's not the case, so what we have to do is win our games," said Guardiola. "I hope it happens but we cannot control it.

"The quality of the opponent is why we have to keep going and at the end we will realise which team is there."

Palace have taken points in six of their past 12 meetings with City, winning in 2018 and 2021, most

recently coming from 2-0 down in December with goals from Jean-Philippe Mateta and Michael Olise.

"They've always been tough," said Guardiola. "I think (manager Oliver) Glasner is doing a really good job.

"The quality is there with (Eberechi) Eze, (Jordan) Ayew and Mateta. They have good structure, strong defensively with (Joachim) Andersen leading the back five, the physicality is always there. Selhurst Park is always difficult."

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SPORTS AS THEY HAPPEN



Strategies For Balancing Education And Career

By: Khushvaktova Maftuna

@themkenyatimes

Annotation: This article provides practical tips and strategies for individuals looking to effectively manage the dual responsibilities of pursuing an education while simultaneously advancing their career. The content focuses on key areas such as time management, communication with employers and professors, resource utilization, setting boundaries, staying organized, prioritizing self-care, seeking support, and maintaining flexibility. The article emphasizes the importance of creating a balanced approach to balancing education and a career to avoid burnout and achieve success in both areas. Through actionable advice and suggestions, readers can gain insights on how to navigate the challenges of juggling academic and professional pursuits with confidence and resilience.

Key words: Balancing, education, career, strategies, time management, prioritization, communication, boundaries, self-care, support system, professional development.

Balancing the demands of a career and pursuing further education can be a challenging juggling act. It requires a careful blend of time management, setting priorities, and self-care to ensure success in both areas. In this article, we will explore effective strategies for balancing education and a career to help individuals thrive in both aspects of their lives.

Establish Clear Goals and Priorities:

Setting clear goals for your education and career can help you prioritize your time and efforts effectively. Identify what you hope to achieve in both areas and create a plan to work towards those goals. Align your education and career goals to ensure they are complementary and support each other.

Manage Your Time Wisely:

Time management is crucial when balancing education and a career. Create a schedule that allocates time for work, studying, assignments, and any other commitments. Use tools like calendars, planners, and apps to help you stay organized and



Khushvaktova Maftuna

on track. Learn to prioritize tasks based on deadlines and importance to make the most of your time.

Leverage Flexible Learning Options:

Look for flexible learning options that can accommodate your career demands, such as online courses, evening classes, or part-time programs. These options can provide more flexibility in scheduling your education around your work commitments. Discuss with your employer about potential support for continuing education like tuition reimbursement programs.

Seek Support and Delegate Responsibilities:

Don't be afraid to seek support

from your employer, colleagues, or family members to help you balance your education and career. Delegate tasks when possible to free up time for studying or professional development. Building a support network can provide the emotional and practical assistance needed to succeed in both areas.

Prioritize Self-Care:

Maintaining a healthy work-life balance is essential when juggling education and a career. Make time for self-care activities like exercise, relaxation, and socializing to recharge and avoid burnout. Recognize your limits and listen to your body and mind when they need rest and rejuvenation.

Communicate Effectively:

Open communication with your employer, professors, and colleagues can help them understand your commitments and support your efforts to balance education and a career. Discuss potential accommodations or adjustments that can make balancing both areas more manageable. Be transparent about your goals and challenges to foster understanding and collaboration.

Many students have to juggle their social and personal lives, school, and work, which can feel overwhelming at times. Sometimes students have to sacrifice their personal interests and goals in order to excel in the career and educational front. But, by following certain techniques, they can make sure that their personal and school lives are in sync, and they can work towards their career development.

The increasing demand for new training and learning opportunities means that there are now more types of qualifications, ranging from college degree types to vocational study and post-graduate courses. However, as the growing numbers of people attempting to balance study and work will tell you, this extra demand on your time can be stressful. The only way to cope with the dual requirements of work and education is with a solid plan, so here are some tips on how to cope with studying while earning.

Being organized

It sounds obvious, but this can't be stressed enough. The only way that you are going to be able to be at your best for work and for classes is by doubling down on your organization. This includes every aspect of work and learning. Make a start by keeping your learning materials such as books and stationery separate from your work material. Make sure that you have your important learning and work dates clearly outlined on your calendar, which will help to ensure that nothing gets missed. When you get a new learning assignment or work project, make an early start on it rather than leaving it to the last minute so that you won't find yourself overloaded if something new comes up. And organize your schedule.

Prioritizing

When you prioritize, you also get

an insight into what is important and what you can realistically handle. You may be studying and working hard, but it is also important to find time to exercise and socialize, and that may mean compromising on the other areas of your life. Check your schedule and your commitments regularly to make sure that you have your priorities in the right order and that you are not trying to do too much.

Practicing Stress Management

You won't be able to avoid stress completely as a student and a worker, so your aim should not be to eliminate stress but to manage it. Make sure that you get enough sleep, take regular breaks, try to stay active, and eat and exercise well. Set time aside to pursue hobbies and other pleasures. Studying and working is hard, but it isn't supposed to be a punishment, and by keeping your life in balance, you will be able to keep stress under control. Taking on the challenge of working and studying at the same time can be tough, but if you can follow some of these tips, then you will be able to maximize your time, balance the competing demands on your energy and focus, and move steadily towards achieving your goals.

Balancing education and a career requires dedication, planning, and perseverance. By implementing effective strategies like setting clear goals, managing time wisely, leveraging flexible learning options, seeking support, prioritizing self-care, and communicating effectively, individuals can successfully navigate the challenges of juggling both aspects of their lives. With the right approach and mindset, achieving work-life-education balance is possible and can lead to personal and professional growth.

Khushvaktova Maftuna was born on December 16, 2003 in the city of Samarkand, Urgut district. There are 4 children in the family and he is the 3rd child in the family. He graduated from school in Urgut district in 2022. Owner of a golden pen

I am a 2nd year student of the Faculty of Philology of the Samarkand State Institute of Foreign Languages