

Crackdown On Fake Academic Credentials Intensifies As Suspects Face Legal Action

After comprehensive investigations implicating three employees of Sports, Arts and Social Development Funds (SASDF), three suspects have been arraigned for the offences of Forgery, Making a document without authority and uttering a false document at the Milimani Law Courts.

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News>>County Appoints Ad Hoc Committees To Oversee Upgrade Of Townships

P. 8. As Eldoret prepares to receive a charter of conferment to city status in August this year, the County Administration has taken yet another key step aimed at upgrading six of its townships into municipalities.



News>>Emotional Deprivation In Development

P. 12. Emotional deprivation is one of those vague phrases that can be used glibly, providing an oversimplified explanation for a complex situation.

Ruto Leaves For US State Visit

President William Ruto left the country yesterday evening for the United States of America on a four-day State Visit.

This visit is a historic milestone as the first state visit by a Kenyan Head of State in two decades and the first by an African head of state since 2008.

State House Spokesperson Hussein Mohamed said the visit demonstrates the robust partnership between Kenya and the United States, and is a fitting tribute to 60 years of diplomatic ties.



KENYA - US RELATIONS

Presidents William Ruto and Joe Biden collage

STORY ON PAGE 16

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Merck Foundation Commemorates World Hypertension Day

Celebration were marked by Awarding 760 Scholarships to Future Cardiovascular, Diabetes, and Endocrinology Experts Across 52 Countries

By: Elizabeth Angira
@themtkenyatimes



Alumni of Merck Foundation.

Worth Noting:

- She highlighted how the course has enhanced her patient management skills and community education efforts on leading a healthy lifestyle.
- In addition to scholarships, Merck Foundation, in partnership with African First Ladies, released a children's storybook and an animated film, "Mark's Pressure," to educate on the early onset, detection, prevention, and management of hypertension. The animation aims to encourage healthy habits such as reducing salt and sugar intake, exercising regularly, eating healthily, and quitting smoking to prevent and manage hypertension and diabetes.

Merck Foundation, in partnership with African First Ladies, Ministries of Health, and Medical Societies, marked World Hypertension Day by providing 760 scholarships for future experts in Cardiovascular, Diabetes, and Endocrinology from 52 countries in Africa, Asia, and Latin America.

These scholarships, which include a one-year Post-Graduate Diploma and a two-year Master's Degree in Preventive Medicine, Diabetes, Endocrinology, and Obesity and Weight Management, aim to improve access to quality and equitable care in these fields.

This initiative is part of the 1810 total scholarships Merck Foundation has provided to doctors in 42 critical and underserved medical specialties, including Oncology, Sexual and Reproductive Care, Acute Medicine, and many more.

Access to preventive care

During the celebration of World Hypertension Day, Senator Dr. Rasha Kelej, CEO of Merck Foundation, emphasized the importance of improving access to preventive care for hypertension, diabe-

tes, and cardiovascular diseases in Africa, Asia, and Latin America.

The foundation has offered scholarships for various educational programs, including a special three-month Diabetes Master course available in English, French, Portuguese, and Spanish.

"These scholarships aim to build a robust network of medical experts across nations, not just in capital cities or large urban areas," she said.

Dr. Victoria Mumbo, a Merck Foundation alumnus from Kenya, expressed her gratitude for the life-changing opportunity to complete a postgraduate degree in Preventative Cardiovascular Medicine.

She highlighted how the course has enhanced her patient management skills and community education efforts on leading a healthy lifestyle.

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and sugar intake, exercising regularly, eating healthily, and quitting smoking to prevent and manage hypertension and diabetes.

World Hypertension Day 2024: Theme

This year, the World Hypertension League selected "Measure Your Blood Pressure Accurately, Control It, and Live Longer" as the World Hypertension Day theme to promote awareness of high blood pressure and the importance of accurate measurement.

According to the World Health Organization, an estimated 1.28 billion adults aged 30-79 worldwide have hypertension, with two-thirds living in low- and middle-income countries. Of these, 46% are unaware they have the condition, and only 42% are diagnosed and treated.

Achievement

Merck Foundation also launched new fellowship programs for one-year clinical cardiovascular care and one-year clinical diabetes onsite training in India for African doctors. These programs aim

to further improve cardiovascular, hypertension, and diabetes care in Africa and other developing countries.

Additionally, Merck Foundation released the animation films "Mark's Pressure" and "Sugar Free Jude," adapted from their children's storybooks, to raise awareness about the early detection and prevention of hypertension and diabetes. The Pan African TV Program "Our Africa," directed by Senator Dr. Rasha Kelej, addresses social and health issues such as diabetes and hypertension and promotes a healthy lifestyle through "Fashion and ART."

Merck Foundation, the philanthropic arm of Merck KGaA Germany, commemorates World Hypertension Day 2024 with Africa's First Ladies, Ministries of Health, Medical Societies, and Academia through the "Nationwide Diabetes & Hypertension Blue Points Program," providing scholarships for young doctors and raising awareness to transform patient care in hypertension, cardiology, diabetes, and endocrinology in Africa and beyond.

Editor's Desk

The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

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THEME

"Beyond Borders: Exploring Global Business Perspectives"

NEWS IN BRIEF



The Kenya National High Way Authority (KeNHA) has begun repairing the damaged section of the Garissa-Madogo road that was washed away by recent floods. Garissa County Commissioner Mohamed Mwabudzo called on motorists and pedestrians to exercise patience and give the engineers working on the road time to do their work. The county commissioner commended the security officers who worked closely with the public during the difficult time and commended both the security apparatus and members of the public for their conduct during the exercise of transporting passengers and goods across the flooded section using boats. Traders at a Garissa market called on the government to fast-track the construction of the road, reiterating the importance of the road as the gateway to the North Eastern region. The government is looking into long-term solutions to the flooding crisis affecting Garissa and Tana River counties and plans to invest Shs1.2 billion to construct a new bridge along the Garissa-Nairobi highway.



Governor James Orengo announced that the multimillion-shilling Siaya stadium, which was constructed six years ago, is set to be completed within three months. The 20,000-capacity stadium is expected to be one of the best sports facilities in the region, capable of hosting international soccer and athletic events. The Rarieda MP praised the governor for reviving the sports facility construction, which had been stalled due to procurement issues. The stadium is expected to be ready for use by mid-August. The stadium's impressive works and fittings, including a larger pavilion, are expected to be a success story of devolution with full government support.

Murang'a landslide victims have received Huduma Mashinani services to replace their lost essential documents. The exercise, led by Stanley Kamau of the Ahadi Kenya Trust, helped residents replace lost documents like Identity Cards and Birth Certificates. Kamau cautioned those displaced against moving back to their homes until the government declared it safe. Kamau applauded the efforts of the National Government Administration Officers in managing and maintaining order during the crisis. Murang'a Huduma Centre Manager Joyce Gitau applauded the residents for turning up in large numbers to acquire important documents and thanked the facilitators of the exercise for bringing the services to the people in need.



Millicent Arego, a single mother of a six-year-old boy diagnosed with neurocognitive deficits, is seeking help to raise over Sh1.3 million to airlift her son to India for specialised treatment.

The boy fell and convulsed when he turned three years old, leading to a long journey to seek treatment for Neuro Regenerative Rehabilitation Therapy with Integrative Therapies.

The treatment in India includes physiotherapy, occupational therapy, speech therapy, and psychological counselling, as well as regenerative treatment with autologous bone marrow-derived cell transplantation.

Arego has exhausted all hospitals in the country and even crossed borders in Uganda and Tanzania. Specialists' doctors have assured her son can be treated before he turns seven years old. Arego is concerned that the money will cover all expenses and appeals to well-wishers to help her child get treatment. She can be reached through her mobile phone number, **0743938504**



Maua traffic police have pledged to implement a zero-tolerance approach to address traffic violations and ensure safety for all road users. Traffic Base Commander Victoria Wambani emphasised the importance of addressing key issues such as overloading, reckless driving, speeding, using mobile phones while driving, and driving under the influence of alcohol. Wambani also stressed the need for roadside inspections to ensure vehicle safety and road-worthiness. She warned drivers against carrying excess passengers, as it poses a safety hazard and is illegal.



NEWS PAPER

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Hypertension Cases On The Rise In Kenya

By: Roselyne Kavoo
@themtkenyatimes

Worth Noting:

- “The statistics are alarming. Hypertension was labelled a disease of the affluent, but it’s now affecting a large number of people from low social and economic backgrounds,” he said.
- The director called for the prioritisation of screening for prevention and early detection, saying hypertension progresses unnoticed until complications arise.
- “Screening is the cornerstone of high blood pressure management, it’s the first step to taking proactive measures to mitigate potential risks. Regular monitoring also enables people to track their progress and make informed decisions,” he added.



Dr Issak Bashir.

Millions of Kenyans suffer from hypertension, Director of Family Health Dr. Issak Bashir has said.

Of the country’s entire population, about 24 per cent have the condition.

Bashir said out of the 24 per cent, only 22 per cent have been initiated on treatment, while a paltry 3 per cent of those undergoing treatment have achieved control of the Non Communicable Disease (NCD).

He termed the prevalence of the disease as alarming and underscored the need to create awareness for early detection and management.

“The statistics are alarming. Hypertension was labelled a disease of the affluent, but it’s now affecting a large number of people from low social and economic backgrounds,” he said.

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“Screening is the cornerstone of high blood pressure management, it’s the first step to taking proactive measures to mitigate potential risks. Regular monitoring also enables people to track their progress and make informed decisions,” he added.

Bashir called for a collaborative approach from stakeholders to enable access to quality health care for the management and treatment of hypertension.

The director disclosed that the Ministry of Health has put in place a raft of measures to strengthen primary health

care services and promote preventive strategies for the disease.

“We have mobilised Community Health Volunteers (CHVs) and equipped them with blood pressure monitors to screen people at the community level. The CHVs also play a pivotal role in conducting patient follow-up and facilitating referrals if need be,” he noted.

Bashir further added 96 per cent of primary health care facilities are equipped with blood pressure machines, enhancing the ability to detect hypertension early.

“The government has also availed medication in all level two and three health facilities for management of the NCD,” said the director.

Speaking in Machakos during cele-

brations to mark World Hypertension Day, Bashir also launched the guidelines for NCDs, which will ensure services for the diseases remain uninterrupted in case of emergencies like COVID-19 and floods, and called on the county government to adhere to the guidelines.

Acting Chief Executive Officer (CEO) of Kenya Diabetes Management and Information Centre, Joan Kimeto, said the prevalence of hypertension continues to rise both locally and globally and reiterated the need for screening.

Kimeto said most of the hypertension cases go undiagnosed due to the asymptomatic nature of the disease, which leads to poor health outcomes.

“Hypertension, just like the majority of other NCDs, only shows symptoms once the disease has progressed, hence the need for screening for early detection and management,” she said.

The acting CEO also called on patients to adhere to instructions given to them by health care workers for easy management of the disease.

“We are also encouraging people to eat healthy foods, exercise, and avoid consumption of alcohol and smoking cigarettes, which can predispose them to the disease and other NCDs,” noted Kimeto.

Also present was Machakos County Executive Committee Member for Health, Dr. Daniel Yumbya, who disclosed that the county government has availed medication for hypertension in all level two and three health care facilities.

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Pomp And Colour Of Making Chinga Boys Great Again

By: JOHN GATHUA
@themtkenyatimes



Energy Principal Secretary Alex Wachira (in white shirt), cutting a cake to commemorate the Chinga Boys High School alumni first meeting on Saturday. With him is from left; Dr Thuo Mathenge, Court of Appeal Judge and Chinga Boys High School Board of Management chairman Justice Mwaniki Gachoka, School Principal Richi Kirimi, and Tanolope Consultancy boss Alex Gathii. The cake, an imitation of the schools administration block was prepared by Havana Cakes whose one of the directors; J B Wachiuri is also a former student.

Worth Noting:

- At the same time, Gachoka stated that through the partnership of the alumnis they will construct a multi-purpose hall for the institution that will accommodate around 2000 students noting that that the current one was constructed in 1975 and can only accommodate around 500 students, an issue that forces students to take meals in sessions.
- On his part, Energy Principal Secretary Alex Wachira who cleared in the year 2000 noted that they have gathered to motivate the students and uplift infrastructure in the institution that shaped their future.
- In addition, he called on old students in Nyeri County to go back to their formers schools and make Nyeri great again in education.

A rescue strategy to revive the lost glory of one of the academic giants in Nyeri County and in the national arena is underway and is being spearheaded by the alumni of the institution.

In 1974, 10 years after it was established, the learning institution in Othaya Constituency was ranked the best school in Agriculture in East Africa that led to them being gifted with a tractor.

This is Chinga Boys High School, an academic as well as co-curriculum activities like music, agriculture, Science Congress and various games.

The Board Chairman of the institution Mwaniki Gachoka said that the Saturday's meeting was first of the alumni's and their strategy is to attain a mean grade of 8.4 from last year's mean of 6.9 points.

Gachoka, a Court of Appeal Judge said that the school is able to take only 60 per cent of the students to the university but in yester years they were able to take more than 80 per cent of the learners to the university level.

"We want to revive the lost glory of education in Chinga Boys to ensure we attain at least a mean grade of 8.4 points from the last year's mean grade of 6.9. The former academic guru is only taking 60 per cent of the students to public universities and in the past, we were able to take 80 per cent to the higher level of education," he said

At the same time, Gachoka stated that through the partnership of the alumnis they will construct a multi-purpose hall for the institution that will accommodate around 2000 students noting that that the current

one was constructed in 1975 and can only accommodate around 500 students, an issue that forces students to take meals in sessions.

On his part, Energy Principal Secretary Alex Wachira who cleared in the year 2000 noted that they have gathered to motivate the students and uplift infrastructure in the institution that shaped their future.

In addition, he called on old students in Nyeri County to go back to their formers schools and make Nyeri great again in education.

The PS who was the Chief Guest also said that the capitation given by the Ministry of Education to learning institutions is inadequate, hence, old students must chip in to ensure things are running smoothly in in these facilities.

"The money being given by the Ministry of Education in these learning institutions is not enough and we must chip in to ensure things are going as planned in these institutions," he stated

Professor John Kimenju from the Department of Plant Science and Crop Protection said that they will ensure that the institution will go back to competing with other schools in the national level through their mentorship and supporting the needy and bright students.

He noted that this will be done through going back to the vision that was laid by the founders of Chinga Boys back in 1964.

"Just in case we have drifted from the vision, we must go back with humility and with immediate effect. Yes, we should arise and return to our father," Professor Kimenju said "We should stop comparing ourselves to others with other schools in Kenya. The original design was to develop a unique institution and develop resourceful people in the society," he said

Alex Gathii who is the CEO of Tanolope Consultant, a dairy consultancy firm said that they will create a network that will ensure that Chinga Boys alumni will dominate the employment sector in not only in Kenya but in Africa.

Gathii said that his company operates in 12 African countries and through their partnership, they will create a link that will leave a mark in the African continent.

"Chinga Boys alumnis will leave a mark in the country and in Africa by producing resourceful and productive people that will change the society. The link we have of people in the private and public sector will make Chinga great again," Gathii said

Business mogul and contactor Dan Wamahu and a close ally of Deputy President Rigathi Gachagua who cleared the school in 1990 said that he will supply some of the construction materials worth Sh2 million for the construction of a multi-purpose hall noting that he is among the biggest contractors in Africa.

Wamahu who was also appointed

as the Chief Administrative Secretary (CAS) in the Ministry of Agriculture by President William Ruto added that he will ensure that he visits the school once in a month to ensure they attain the target mean score of 8.4 points.

"I am one of the biggest suppliers of construction materials in Africa and I will supply some of the construction materials for the construction of a multi-purpose for free to ensure we get away with the outdated hall," he said

Nyeri businessman and the New Democrats (TND) political party Dr Thuo Mathenge who donated Sh100,000 for starting the foundation of an e-library said that they will continue supporting the institution and ensure the library is complete in the next one year.

He called on the learners to maintain a high level of discipline as they have always portrayed noting that they school has never gone for any strike since 2015 event when other schools were experiencing unrest.

The school Principal Richi Kirimi noted that they will not relent and they will achieve the targeted mean grade and bring back the lost glory of the school.

The pomp and colorful event was climaxed by 1471 students each receiving a queen cake and a 10 kilogram cake worth sh 115,000 for the alumni's baked by Havanna Cakes, whose one of the directors; J B Wachiuri is an old boy of the school.

The students could not hide their joy after Wamahu donated a bull for the weekend, Alex Gathii of Tanolope another bull for next weekend, Dr Thuo Mathenge donated Rafiki bread to every student with the the Board Chairman Gachoka a soda to every student.

Optiven Foundation Chief Executive Officer Dr George Wachiuri was among other former students who generously donated to the school.



Some of the students..

County Appoints Ad Hoc Committees To Oversee Upgrade Of Townships

By: Ekuwam Sylvester and Brenda Chebet

[@themkenyatimes](#)



Uasin Gishu Governor, Dr. Jonathan Chelilim (center) posed for a photo with the Members of the six inaugurated Ad hoc committees on the conferment of townships across the County, into municipalities, during the inauguration ceremony at the county headquarters, Eldoret, Uasin Gishu, last Friday. Photo by Ekuwam Sylvester.

Worth Noting:

- The governor emphasised that their focus is mainly on enhancing the municipalities, recognising that as the towns grow, there is an urgent need for proper planning to accommodate future expansion.
- “The Ad hoc committees present today will play a key role in determining whether our townships meet the criteria for elevation, as we also look forward to the award of a charter for Eldoret to become a city,” he added.
- Dr. Chelilim called on the committees to consider historical origins while renaming some places with undesirable names like Jua Kali and others.
- “While seeking views from our residents and professionals, the committees will engage them as to whether they wish to retain names like Burnt Forest and Jua Kali or revisit the history of their regions,” alluded Dr. Chelilim.

As Eldoret prepares to receive a charter of conferment to city status in August this year, the County Administration has taken yet another key step aimed at upgrading six of its townships into municipalities.

In his speech during the inauguration ceremony of the ad hoc committees, Governor Dr. Jonathan Chelilim pointed out that the initiative marks a historic moment for the great county to manage urban areas, aligning with one of the Nguzo Kumi objectives, which is on sustainable urban development and enhanced governance.

The towns to be elevated into municipal status include Moi’s Bridge, Ziwa, Moiben, Turbo, Burnt Forest, and Kesses.

“As committees, you will be tasked with collecting views according to the parameters set by the Kenya Urban and Cities Act of 2011 for the elevation of towns to municipalities. Our administration is committed to planning our towns for the future correctly,” noted the governor.

The sub-committees are tasked with carrying out considerations of urban planning, waste management, revenue enhancement, citizen service delivery, and the devolution of functions closer to the residents.

The governor emphasised that their focus is mainly on enhancing the municipalities, recognising that as the towns grow, there is an urgent need for proper planning to accommodate future expansion.

“The Ad hoc committees present today will play a key role in determining whether our townships meet the criteria for elevation, as we also look forward to the award of a charter for Eldoret to become a city,” he added.

Dr. Chelilim called on the committees to consider historical origins while renaming some places with undesirable names like Jua Kali and others.

“While seeking views from our residents and professionals, the committees will engage them as to whether they wish to retain names like Burnt Forest and Jua Kali or revisit the history of their regions,” alluded Dr. Chelilim.

He explained that The Urban Cities Act provides specific parameters that must be met, such as the population threshold, demand for municipal services and governance, economic viability, infrastructure and services, spatial planning, and public participation, which will be key guides for the committees.

Noting that there will be urban to rural migration upon the elevation of the town to city status, the governor underscored that programmes expected to impact these municipalities include the Kenya Urban Support Programme and the Kenya Informal Settlement Programme, both set to benefit the residents.

“The elevation of a township to a city will mean that our residents will begin enjoying the privileges that come with it. As the population grows, reports indicate that the future will be urban, with a significant number of our residents shifting from our towns to our municipalities,” he noted.

He assured the members of his administration’s full support in the noble exercise, noting that the outcome will significantly impact on the communities in terms of governance.

The County Executive Committee Member (CECM) for Lands, Physical

Planning, Housing, and Urban Development, Dr. Janet Kosgei, stated that the committees are required to complete their tasks within two months.

He commended the initiative, which she said will play a crucial role in opening up opportunities, ensuring good engagement with residents, and bringing services closer to the people, which will promote development at the grassroots level.

On his part, Roads and Public Works Executive, Eng. Joseph Lagat said that as a department, they are ready to support your vision of urban centres through good roads and transport systems.

In his remarks, County Secretary, Edwin Bett indicated that there was an ad hoc committee to oversee the elevation of Eldoret municipality to city status, which worked with the department responsible for urban development in the county to ensure that the town had complied with the provisions of the law with regards to attainment of city status.

He added that, a similar process is also going to be undertaken for the conferment of the towns to municipal

status in line with Section 8 of the Urban Areas and Cities Act, which gives directions on the procedures to become city and Section 9, which gives directions on the attainment of municipal status.

He further noted that the conferment of towns to municipal status is a developmental issue because those areas are going to be the decentralised units of the county government, and it is going to attract funding for development from investors and other partners.

The Chairman of the Committee on Lands and Physical Planning at the County Assembly, Simat/Kapseret MCA, Moses Kebenei, who was accompanied by his Housing and Urban Development counterpart, Race Course MCA Amos Kiptanui, noted that upgrading the status of the towns to municipalities will improve the development of the towns.

“In terms of the benefits that come with municipalities, as the assembly committee on land and physical planning, we are going to give all the necessary support to the ad hoc committee and the executive in terms of approval of the report at the county assembly,” noted the MCA.

“To the committee, we congratulate you and believe that you are up to task while you will be discharging that mandate of preparing a report on municipality status as required by the law. This will save some of the towns which have been struggling in some way in terms of development and other benefits associated with the status,” Noted Kiptanui.

In his remarks, Eldoret Municipality Manager, Mr. Tito Koiyet, lauded the move by the county administration, which he said ushers in a new phase for the county as it prepares to receive city status.

“As we expect to receive the charter of conferment of Eldoret to city status in August, being the only municipality, this means we would have remained as a county without any other municipalities,” alluded Mr. Koiyet.



Governor Jonathan Chelilim.

Give Elected Leaders Chance To Serve Kenyans, DP Gachagua Urges Aspirants

By: DPCS



Deputy President Rigathi Gachagua addressing faithful at Enderasha Catholic Church.

Worth Noting:

- Political and community leaders commended Gachagua's resolve to save youth and families from breaking down due to negative effects of alcoholism.

- "Women, across the country, are happy over the eradication of illicit brews and drug abuse. The community is supporting the exercise because families that were broken have reunited.

We must protect families and our youth from destruction by illicit alcoholic drinks and drugs abuse. We urge the Government to keep on with the fight," said Ms Grace Kaniaru, a community leader.

- In his remarks, the Deputy President called upon leaders to respect each other and tone down the political temperatures.

- The Deputy President also told off those discussing his political future and pleaded with Mt Kenya leaders to work on strengthening and ringfencing their unity.

Deputy President Rigathi Gachagua has asked leaders to stop political sideshows, tone down political temperatures and focus on serving the public.

The Deputy President also called on those focused on 2027 campaigns to give elected leaders room to serve their term and work without interference and distraction.

Speaking yesterday after Holy Mass at Sacred Heart Enderasha Catholic Church, Kieni Constituency, Nyeri County, Gachagua additionally stated that the government will not relent in the fight against illicit brews and drugs abuse.

"I thank the President for endorsing the fight on illicit brews and drugs after I apprised him on the situation. The fight on this menace will go on and we will not relent until the vices are eradicated," he said.

Political and community leaders commended Gachagua's resolve to save youth and families from breaking down due to negative effects of alcoholism.

"Women, across the country, are happy over the eradication of illicit brews and drug abuse. The community is supporting the exercise because families that were broken have reunited. We must protect families and our youth from destruction by illicit alcoholic drinks and drugs abuse. We urge the Government to keep on with the fight," said Ms Grace Kaniaru, a community leader.

In his remarks, the Deputy President called upon leaders to respect each other and tone down the politi-

cal temperatures.

The Deputy President also told off those discussing his political future and pleaded with Mt Kenya leaders to work on strengthening and ringfencing their unity.

He further said that the elected leaders should be given a chance to work for the public without interference or distraction by aspirants.

"Those elected should be allowed to do their work and execute their respective mandates. People should concentrate on their work. Stop discussing other people's work and allow those in office to work. Those occupying seats should be allowed to work without interference," he stated.

Calling for end of premature and early campaigns, the Deputy President told leaders "let us respect those who are elected and give them a chance to work".

"The public will have opportunity to review their work and decide whether to renew their contract or terminate. For now let us bring down political temperatures and allow those in office to work," he added.

The Deputy President was accompanied by more than 20 MPs and a host of other political leaders, who supported his call for end of early and divisive political campaigns.

"There is no room for divisions. We will ensure President Ruto and his Deputy succeeds in the transformation agenda and fulfilment of the pre-election pledges. We also have expectations as a community on cof-

fee, tea, dairy farming, avocado and macadamia sectors' reforms," said Nyeri Governor Mutahi Kahiga.

Members of the National Assembly and Senate led by Nandi senator Samson Cherargei and Embakasi North MP James Gakuya commended the Deputy President over his leadership in reforming and reviving the agriculture sector.

"Farmers and the business community are grateful that the Deputy President has been championing the real issues affecting the country such as the wellbeing of the youth and reforms in the agricultural sector. Monthly payments and mini-bonus payments for tea farmers have increased. The income of macadamia, coffee and dairy farmers have also increased too. The people at the grassroots are supporting the Deputy President because the rural economy is being boosted through economic reforms he is driving are bearing fruits," said Manyatta MP Gitonga Mukunji.

In his remarks, the Deputy President stressed on the need for unity amongst leaders.

"Let us avoid divisions and bringing other leaders down. Avoid enviousness. Avoid enviousness, let us not fight, instead love and support each other. I will continue advocating for unity of our community behind the President William Ruto. Let us pray for his success," said Mr Gachagua.

During the Mass that also celebrated the Pentecost Sunday and which was led by Fr. Herman Kiboi, the

DP was accompanied by among others; Governor Kahiga, his Deputy Governor David Kinaniri, Nyeri County Senator Wahome Wamatinga, Woman Rep Rahab Mukami, the host, Kieni MP Njoroge Wainaina, Nandi Senator Samson Cherargei and MPs Mugambi Rindikiri, Geoffrey Ruku, Jayne Kihara, George Gachagua, Geoffrey Wandetto, James Gakuya, Benjamin Gathiru Meija Donk, Kamande Mwafrika, Dr. John Mutunga, Moses Kirima, Samuel Parashina, Wambugu Wainaina, Onesmus Ngogoyo, Gitonga Mukunji, Teresiah Wanjiru and former Laikipia Woman Rep Cate Waruguru.

MCA's from Nyeri County and several of their colleagues from Nyandarua, Laikipia and Nakuru were also present. They included Nyeri County Assembly Majority Leader James Kanyugo, Christopher Mbiichi Wambugu, Anthony Muriithi Ndagita, Sebastian Mugo, Atanasio Kabaire, Njuguna Kawanjiku, Cyrus Ndiritu, Johnstone Kamau, Kamau Taiti, Eunice Wagaki, David Kabatha, Wambari Nyaganyoko, Simon Mbogo, Martin Matu, Watson Weru, Nominated MCA's Karanja Maina, Agnes Wachira, Jane Wandia, Annita Thumbi, Kariithi Wambui, Irene Wachuka of Igwa-miti Ward in Laikipia and Stephen Muriithi of Nyandarua County (Nominated).

Also present were officials from the national government.

Nyeri Governor Warns Over Humiliating Rigathi Gachagua

By: MKT Reporter
 @themtkenyatimes

Nyeri County governor Mutahi Kahiga yesterday warned of unknown consequences over plans to humiliate Deputy President Rigathi Gachagua. A bold Kahiga said those behind such schemes would live to regret.

A tough taking Kahiga said the leadership of Mt Kenya region will not allow a few individuals to sow a rift between President William Ruto and his deputy.

Speaking at Endarasha Catholic Church, Kahiga said voters from the mountain region woke up very early to put the Kenya Kwanza government in office due to among other reasons, their trust with President Ruto and his deputy.

“As the people of Mt. Kenya, we rose early to vote for President Ruto and his deputy, Rigathi Gachagua. Campaigning for this ticket was not easy, and we faced significant challenges. We do not want to see Rigathi Gachagua subjected to the same hu-

miliation Ruto faced,” the governor told the faithful who attended the Mass in Endarasha, within Kieni constituency.

He added, “We will not tolerate any attempts to humiliate DP Rigathi Gachagua within William Ruto’s government by a few individuals who seek to drive a wedge between the president and his deputy”.

Governor Kahiga likened the current happenings to what used to transpire during the fight for the independence saying, “Just as we had collaborators during the Mau Mau war, we now see individuals trying to divide our region.”.

He noted. “The Deputy President rightfully holds the position of Deputy President. Our community contributed 47 per cent of the total votes that propelled Ruto to the presidency, and this must be respected,” adding, “Rigathi Gachagua is our political leader as we stand in support of President Ruto. Those seeking to divide the Mt. Kenya region aim to divert our attention from the benefits we should receive from Ruto’s government, as promised to the people of this region.”



Deputy President Rigathi Gachagua (centre), Nyeri County governor Mutahi Kahiga (left) and Nyeri Senator Wahome Wamatinga (right) listening to sermon by Fr. Herman Kiboi of Endarasha Catholic Church in Kieni constituency yesterday.

Church Commended For Promoting Health, Education

By: Chris Mahandara
 @themtkenyatimes

Interior Principal Secretary Dr. Raymond Omollo has lauded the church for playing a critical role in supporting the education and health sectors in the country.

The efforts, he said, have gone a long way in augmenting government initiatives to strengthen the two sectors.

“They have schools, hospitals, and health facilities spread across the country to take care of the welfare of Kenyans.

Therefore, we welcome the role the church is playing in the development of the country,” he said.

Besides education and health, the church was instrumental in fostering peaceful coexistence in the country through spiritual nourishment and a number of programmes run by the various denominations.

Through teachings, morals, and economic empowerment programmes run by the church, a lot of gains have

been made in keeping the country secure.

“As the PS in charge of security, part of my work is to keep the country secure and maintain law and order. The church has a role to play in that through its teachings. So there is a lot of complementarity,” he said.

Speaking at Migosi Adventist Church in Kisumu, Dr. Omollo said the government will continue to partner with the church to strengthen various programmes and build national unity.

The PS was the Chief Guest at the church’s 10th anniversary, where different personalities who went through the church convened to give thanks.

“We are here to give back to the church. As you are aware, this church has a primary school which not only offers education but also supports spiritual nourishment for our children,” he said.

“We are also reconvening as those who went through this church as youths, and now we are adults. We want to encourage those who are young to know that they can grow up and become like us,” he said.



Dr Raymond Omollo

Kenya Set To Reap Big As Ruto Begins His 3-Day State Visit To USA



By: Joseph Mutua Ndonga
mutuandongaa@yahoo.com



Worth Noting:

- For starters, this will be a big honor for President Ruto. He will join the six world leaders who had been hosted by a sitting President of US for such forum at White House. They include Prime Ministers of Japan and India.
- Notably, this is not the first time that President Ruto is visiting the US. The only difference is that this time he is there on a state visit.
- We recall Kenya had reaped big in the previous visits.
- The latest visit is a land mark one and so President Ruto will come back with bagful of more goodies.

President William Ruto left the country yesterday for a 3-day state visit to United States of America (USA).

When the host, President Joe Biden, sent out this invitation, it emerged that he had reached out to Dr Ruto and discussed the issues that will feature during the bilateral talks.

The talks will be held at White House, the seat of American power.

Taking cognizant of the fact that the visit coincides with 60 years of diplomatic relations between Kenya and US, the two leaders will do reflections and engage in candid and robust discussions.

The final communique will come up with a clear road map towards strengthening and fast tracking these ties.

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We recall Kenya had reaped big in the previous visits.

The latest visit is a land mark one and so President Ruto will come back with bagful of more goodies.

Considering that Dr Ruto is an intellectual and a good orator, there is no doubt about this.

He will manage to enumerate socio-economic, security and other challenges facing Kenya and convince his host to support us.

I'm sure this visit will also give Dr Ruto an opportunity to review the progress of the deals and agreements he had signed earlier with chief executives and industries of US big companies.

In one of President Ruto's previous visit, I wrote an article that goes.

Upon arrival, the president immediately started meeting the chief executives of leading American based companies, industries as well as top businesspeople.

The talks have borne the fruits as he had managed to woo them to come and invest in Kenya.

In one agreement, he secured a grant amounting to Sh8.7 billion.

This support was offered by Millennium Challenge Corporation (MCC), an independent US government foreign aid agency. MCC focuses on undertaking programmes meant to alleviate poverty.

These funds will be spent in assembling and rolling out of the electric buses in the city of Nairobi.

This placed President Ruto in that vintage position where he would kill two birds with one.

First, this would help to mitigate the effects of the climate change in a big way.

The use of fossil fuels which are biggest polluters of climate and environment would drop drastically.

President Ruto has carved a niche of being a global leader rallying the world behind this noble course.

His visit to US comes just a few days after convening Africa Climate Summit

in Nairobi.

The adaptation was one of the key agenda items.

On this, the delegates passed a resolution outlining the strategies to move away from non-renewable energy to renewable energy.

They agreed this will be done gradually.

In Kenya, this has started in earnest. President Ruto is pioneering this process meant to save humanity from extinction.

Room Center, the assembling company of 51-seater electric buses will based here in Nairobi.

Once charged, the bus will cover a distance of 200 Kilometers. The recharge will take two hours.

Some of these electric buses will be plying intercity.

There will be no cause for alarm. The charging stations will be established around the country.

Let me now go to the second point.

President Ruto have brought the dream of rolling out Bus Rapid Transport (BRT) to a reality. This dream had been delayed for a long time. I remember it was first conceived by former President Mwai Kibaki. President Uhuru Kenyatta's efforts to revive this project also failed to bear the fruits.

Majority of Kenyans, who use public transport every day to travel to and from their places of work, will become the biggest beneficiaries. This is because the electricity is cheap. So, the bus fares will drastically come down.

Again, buses are comfortable and health friendly. They will not emit greenhouse gases which is harmful to human health

President had earlier visited Silicon Valley in Fransisco. We saw him being warmly received and welcomed by the Presidents and Chief Executives of the giant tech companies, including Google, Microsoft, Intel and Apple.

Reducing the cost of their services and sharing their experiences with Kenyan techies and innovators topped the list.

Dr Ruto's diplomatic and oratory skills would once again shine as he managed to convince each company to buy his ideas and plan.

He had witnessed members of his delegation sign a number of lucrative deals tailored to promote and elevate Kenya as a technological hub in the region, Africa and globe.

Noting that the rollout of digital technology stood out as one of the key pillars of Kenya Kwanza's Bottom Up Economic Transformation Agenda during the campaigns, this left no doubt that the President was walking the talk.

For starters, I politely call on them to bear this in mind. The world had become a global village courtesy of technology a key enabler of the economic growth and prosperity.

Therefore, countries with advanced technology were the leading economies and richest.

President Ruto was also aware about the important role of the internet in these endeavours.



President William Ruto

Therefore, he would not leave the Silicon Valley without meeting the President of the world leading internet provider.

The high cost is one of the issues that Dr Ruto would bring to light. This paved the way for signing of the agreements to reduce the cost.

Sometimes Kenyans face the challenge of the Internet failures. The President of this company assured Dr Ruto that they will address the matter.

Before he wrapped up this visit, Dr Ruto delivered a keynote address to United Nations General Assembly (UNGA) in New York.

The host, US President Joe Biden, opened the meeting.

This is the second time that the Kenyan head of state have gotten an opportunity to address the Assembly.

He first addressed the gathering at the same venue just a few weeks after being sworn in. Then, he made a very powerful presentation which dwelt on a raft of global challenges and lined up concrete interventions.

It was rare to see African leaders being given this opportunity.

So, this demonstrated the world leaders held him at high esteem. His leadership resonated very well.

This recognition is majorly hinged in his style of governance of his country Kenya.

Since he assumed power, Dr Ruto has carved a niche of being a democrat and a strong believer of the Kenyan constitution and rule of law.

The global leaders would only give this rare opportunity to an African leader who understands and is well conversant with world's geopolitics.

Well, the critics would resort to politicizing the matter.

The Americans were out to pursue their interests in Kenya and Africa and business was their main focus.

They knew that Kenya is a gateway to Africa. So, this is the reason why the US

government is reaching out and luring President Ruto.

I disagree. Azimio leader Raila Odinga, his brigade and their sympathisers have been making these allegations simply because the US refused to sanitize their white lies and raw propaganda.

This is in relation to outcome of 2022 presidential elections.

Raila had alleged he had been rigged out but would not prove any of his claims when he filed a petition at the Supreme Court of Kenya.

While dismissing his petition, the seven-judge bench of the apex court ruled that none of his prayers contained an iota of truth. This was a hogwash.

The local and international observers had also given the poll a clean bill of health.

In separate reports, they concurred with the decision of the IEBC chairman to declare Dr Ruto as the President-elect.

Your democracy is anchored on universal suffrage.

So, this was based on who got the majority of votes.

Therefore, the turnaround of the Azimio leaders reeked of hypocrisy and insincerity.

We recall that Raila was a key player during the clamor for multiparty democracy in Kenya. Some members of his inner circle also participated in this struggle.

I want to remind him that at the time he fully supported the American government.

Fast forward to 2007, Raila showed the US with praises because they supported his claims that he had been rigged out.

He was challenged to prove his allegations beyond reasonable doubt. He declined and resorted to mobilizing his supporters to participate in street protests.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Emotional Deprivation In Development



By: Wanjohi P. Mugambi
@themkenyatimes

Worth Noting:

- An example of suggested outcome is failure to thrive: a delay in normal growth and development. L.I. Gardner used the word deprivation to describe a case of a male twin who was rejected emotionally by his mother while his sister was cared for normally. At 13 months the female twin was of almost normal height while the boy was the size of a seven-month-old.
- As was mentioned above, there is a relationship between perceptions and the functioning of the nervous system and it is assumed in cases such as this twin that a depressed state leads to the inhibition of secretions of the pituitary hormones, including the growth hormones. It is deceptively easy to stop at this point.

Attention Deficit
Hyperactivity
Disorder (ADHD)

Anxiety
Disorders

Mood
Disorders



Autism
Spectrum
Disorder
(ASD)

Eating
Disorders

Emotional deprivation is one of those vague phrases that can be used glibly, providing an oversimplified explanation for a complex situation. In fact, total deprivation of emotions is impossible: what is usually meant is a severe imbalance in emotional experience, leading to a lack of affection. In turn this gives rise to few opportunities for joy, healthy curiosity or happiness.

There are several causes for a deprivation of affection. A child may be in the kind of institution where little personal attention is given. A parent may reject the child for any number of reasons. Later in life the child may reject parents, perhaps because upward mobility has led to a shift in social class for the child. The effects of deprivation of affection are much harder to describe. It is easy to fall into the trap of concluding that there is a simple equation: deprivation of affection=outcome. Actually, the outcome is likely to be determined by many factors, with deprivation of affection being only one

An example of suggested outcome is failure to thrive: a delay in normal growth and development. L.I. Gardner used the word deprivation to describe a case of a male twin who was rejected emotionally by his mother while his sister was cared for normally. At 13 months the female twin was of almost normal height while the boy was the size of a seven-month-old.

As was mentioned above, there is a relationship between perceptions and the functioning of the nervous system and it is assumed in cases such as this twin that a depressed state leads to the inhibition of secretions of the pituitary hormones, including the growth hormones. It is deceptively easy to stop at this point.

In fact of course there is always the possibility that children deprived of affection are also deprived of food or at least of food of the more nourishing kind. Deprivation of affection can also lead to loss of appetite and apathy so there may be a two-way process involved.

Other reported outcomes of deprivation include slow motor development, delayed speech, poor concentration, hostility to others and selfishness. The same warning about the dangers of oversimplification should be kept in mind. The long-term effects of deprivation of affection are now seen as less serious and less clear-cut than was the case a few years ago. Formerly, it was believed that such experiences automatically resulted in an adult with an 'affectionless' personality.

Now it is recognised that later good experiences can go some way to offsetting the bad; the deprivation of early years is a contributory but not a sole factor. Too much affection can be as potentially damaging as too little. Parents who are oversolicitous

teach their children to be the centre of the universe, as anyone who has had anything to do with a classically spoilt child realises very quickly. These children are summed up in the demand 'I want, I want, I want and I want it now'. Unless their perspective shifts, and it often does when they go to school, such children demonstrate little interest in others and find themselves isolated from their peers and disliked by adults. Each emotion has its origin which is concerned with the functioning of the brain and the autonomic nervous system, as outlined above. Since such theories are not strictly speaking developmental, except insofar as the nervous system develops, they should not concern us here, but for the sake of completeness one example of experimental work can be given.

In the 1930s there was much interest in the hippocampus as an important area in mediating emotional behaviour. Two workers ablated the temporal lobes, including the hippocampus and amygdala, in monkeys, rendering the animals 'emotionally unreactive, docile and fearless'.

1) Learning theory is properly a developmental approach and there are some readily believable examples of learning certain emotional responses. Many children learn to be afraid of dogs, for example. Learning can be by imitation; a parent who is afraid of mice is likely to find children fol-

lowing the example. And children learn the socially acceptable ways of behaving when they feel emotions: in most cultures boys are taught not to cry. While learning theory is attractive in this context, it does not explain all aspects that have been discussed in this chapter; notably it does not explain totally the age changes in the types of fears that are experienced throughout childhood. 2) Cognitive theories focus on the child's understanding of what is happening, and again are useful in explaining some of the phenomena. For example, the fear of strangers is summed up as 'an unassimilated discrepant event producing uncertainty'. In everyday language we might say 'we are not sure what to make of this person and so we are at a loss as to what to do.' 3) Attachment theory has obvious relevance for some emotional behaviour, especially that related to loss and abandonment. But it, too, fails to explain all aspects of emotions. It has little to say on sex differences and again more is needed if one is to understand all changes with age. Perhaps the search for a single explanatory theory of emotional behaviour is, given our present knowledge, futile. An understanding of many different approaches can result in an almost complete picture, analogous to a jigsaw. If we are at a jigsaw stage in explaining emotions we are not admitting defeat in our search.

Be Patient In The Spirit



By: Eric Musa
EMEA.ericmusa@gmail.com

You can never back away from the devil. The best thing is to learn to be patient in the Spirit. Jesus' name is stronger than all devils. But when you run into someone who literally has been worshipping them, they do not come out so easily. You cannot make all of them leave real quickly. Some are strong, and you do not know how to do everything. But the Spirit of God knows how. And no matter how much experience you have, you will still run into cases that you do not know how to pray for. So use the Word of God and pray in the Holy Spirit.

The Holy Spirit knows exactly what to do in every case. The Spirit of God knows how to get freedom for everyone. He confirms the Word with signs

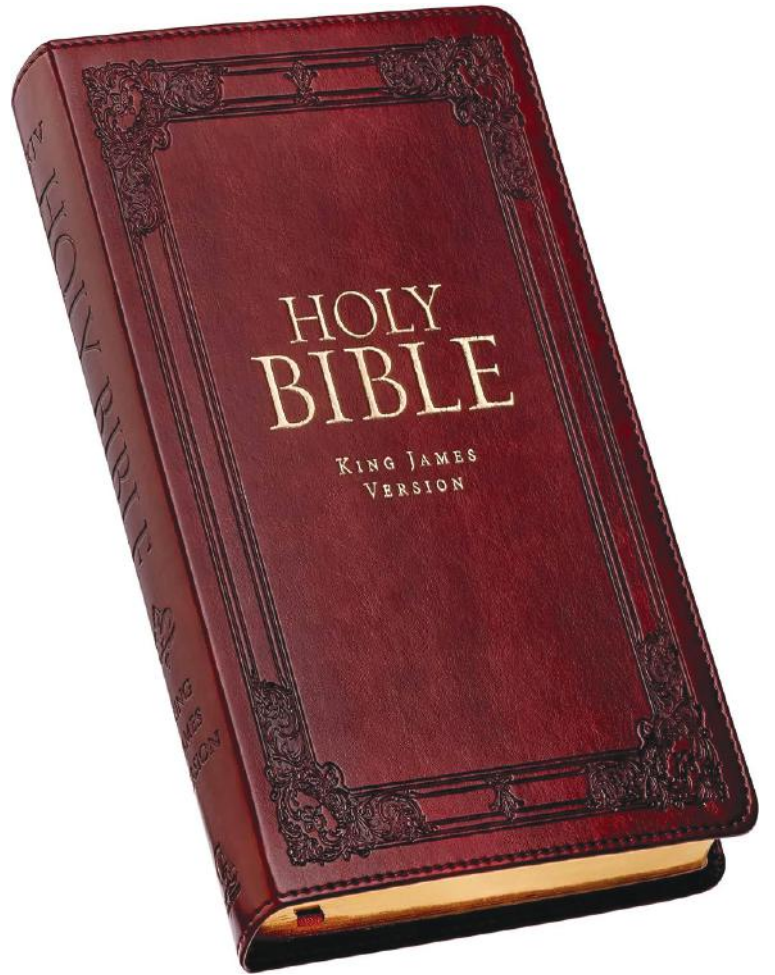
following. " Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit HIMSELF maketh intercession for us with groanings which cannot be uttered. And HE(GOD) that searcheth the hearts knoweth what is the mind of the Spirit, because HE maketh intercession for the saints according to the will of GOD (Romans 8:26,27).

There was that demon-possessed woman, the will of God was freedom. The devil wants humans to worship him. However, THE WILL OF GOD IS FOR EVERYONE TO BE FREE FROM DEMONS AND TO BE ABLE TO WORSHIP HIM. Getting that woman free took four hours of praying in the Spirit. The Holy Spirit knew exactly what to do. I did my part. I spoke to the demons and told them to get out of her. The Spirit knows the rest. He will get the demons out and bring deliverance. The will of God is freedom for everyone.

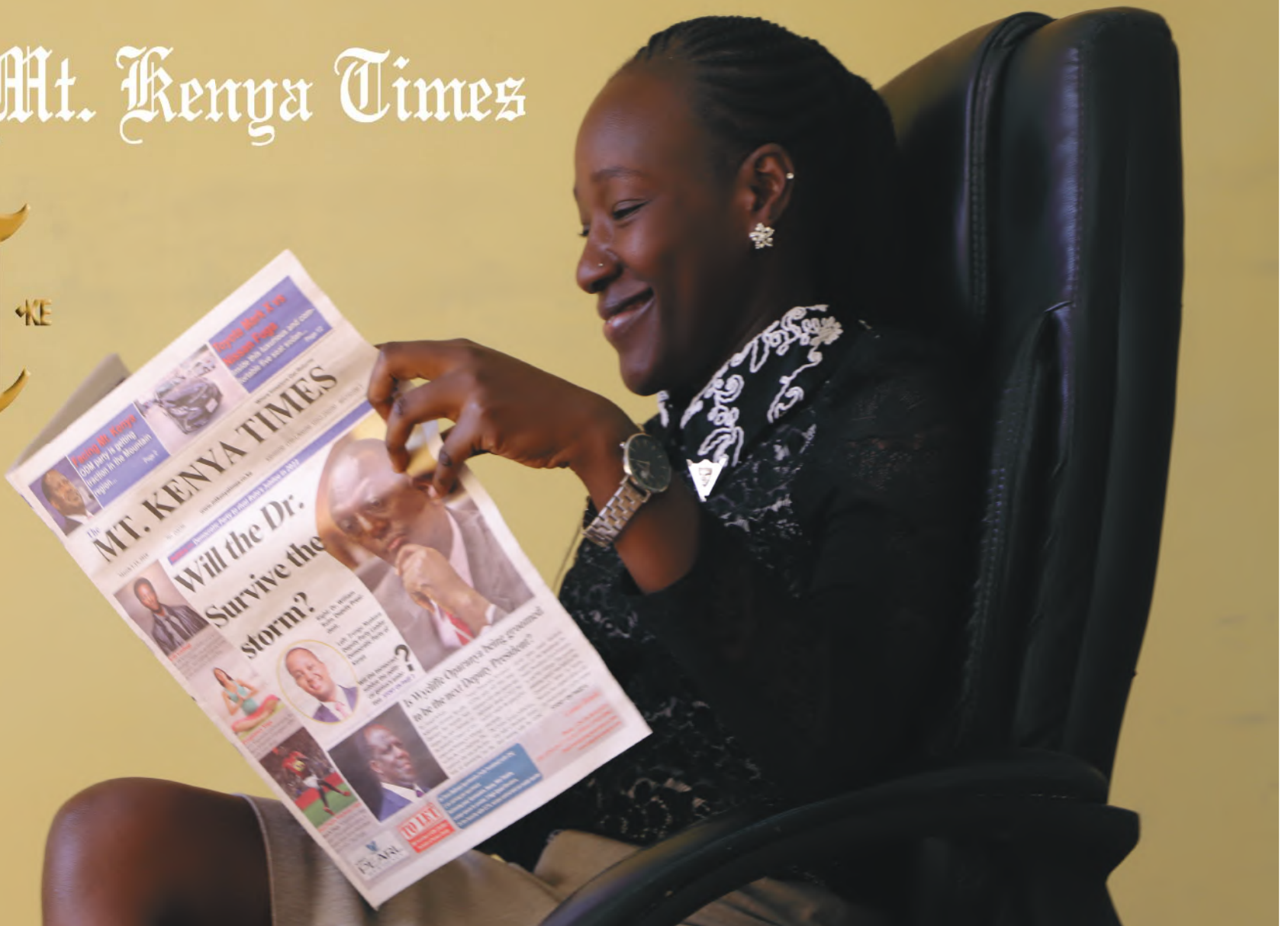
OH LORD, GIVE US UNDERSTANDING THAT WE MAY LIVE IN FREEDOM. HALELUJAH.

Evangelist Eric Musa:

(My message continuously: The best decision in this earthly life is to receive Christ Jesus as your personal Saviour: Believe and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit: AMEN). As it is written; "NOW is the acceptable time, TODAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion; to support Evangelism contact Ev. Eric Musa on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember; God Loves you unconditionally, perfectly and forever.



The Mt. Kenya Times



Gulistan State Pedagogical Institute



In accordance with the decision of the President of the Republic of Uzbekistan No. PQ-289 dated June 21, 2022, the Gulistan State Pedagogical Institute was established on the basis of the undergraduate educational directions and master's degrees of the field of pedagogical education of the Gulistan State University. The purpose of the Gulistan State Pedagogical Institute is Uzbek training of professional quality pedagogues based on high-potential and advanced educational technologies for the people. The educational process at the institute is conducted in Uzbek, Russian, Kazakh and English. For the quality of the educational process, the lecture halls and classrooms are equipped with modern information technologies, high-quality projectors, video and audio systems produced in recent years to demonstrate high results in conducting scientific and research work. provided with The teachers of the institute have developed electronic educational and

methodological materials for the educational process.

Our institute has 5 departments, which are as follows:

- 1) Department of Exact and Natural Sciences
- 2) Department of Pedagogy
- 3) Uzbek language and language teaching department
- 4) department of social sciences and arts
- 5) such as the department of theory and methodology of physical culture.

We have 19 bachelor's and 10 master's degrees. My field of study is Preschool. In this direction, there are not only Uzbek, but also Russian, English, Tajik, Kazakh groups. Moreover, Part-time and full-time courses are also available.

Also, I am currently studying full-time. My work with my classmates and professors is very good. I am rediscovering many opportunities and goals for myself in the course of my scientific and creative activities. I am proud of my institution.

Orishova Lobar Odiljon's daughter is a student of Gulistan State Pedagogical Institute, pre-school education Republic of Uzbekistan Mirzaabad district of Sirdarya region

Always Stay Happy



When people will not be able to compare with your heart's beauty And not able to be better In the path of duty They will conspire to defame So don't worry. One day they will feel sorry Your good deeds will make them very sad So they will try to bring you down. But you have to stay happy Because on your head God will put a crown To vent out their frustration

At you they will shout And will create in crowd On your work doubt Therefore, do your duty with more alertness And in the best manners you don't need fake fans Your work is your banners They will call you careless and lazy But for good deeds you should remain crazy They will stop you from moving forward. But you have to keep moving forward, This will be a slap on their evil intentions So keep goodwill in your heart with pure sensations Because those who have dirty minds remain alone So stay happy with a pure mind to remove huge stone.

Vijay Kumar Nishchal Pataudi Gurugram

Turabova Farida Zoirovna



Turabova Farida Zoirovna was born on February 17, 1993 in Payariq district of Samarkand region.

Currently, he works as the head of the "Art, design and fine arts" club of the Presidential School of Samarkand. He graduated from Samarkand College of Art, artist-designer course, Samarkand State University, applied art course, bachelor's degree and master's degree. He is also engaged in fine and practical art, carvin art. He has achieved many achievements in his field. He wants his parents and family members to

be proud of him. He is the winner of the commemorative badge "For the best services" and the statuette "Owner of the Golden Pen". Author of many scientific articles. Winner of international competitions.



I Miss My Childhood

Eh! Today's children...don't give up on the phone, computer, various Internet games. Life seems boring. When my little daughter cries for the phone, my childhood passes before my eyes.

"When I was a child, this was our little hill. All the children of the village gathered on this hill and played various games. Sometimes we got dusty from our joy. Life is a flowing river. We girls went everywhere like a stone. Those boys who play with us have families and children." Life nurtures a person. Now we can't see our childhood friends once a year. We are all busy with our own worries. I miss my childhood so much...

I am Torayeva Mohinur, born in 2002 in Shurchi district of Surkhandarya region. I studied in 39 schools in this district. I have been passionate about writing poetry since I was young. Currently, my small book "You still live in hearts" has been published.



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President Ruto Leaves For US State Visit

The is the first state visit by a Kenyan President in two decades and the first by an African head of state since 2008

By: PCS

President William Ruto left the country yesterday evening for the United States of America on a four-day State Visit.

This visit is a historic milestone as the first state visit by a Kenyan Head of State in two decades and the first by an African head of state since 2008.

State House Spokesperson Hussein Mohamed said the visit demonstrates the robust partnership between Kenya and the United States, and is a fitting tribute to 60 years of diplomatic ties.

“During this period, Kenya and the United States of America have enjoyed deepening and mutually beneficial cooperation at bilateral and multilateral levels, resulting in the elevation of the relationship in 2018 to a Strategic Partnership,” said Mr Mohamed.

This Strategic partnership, Mr Mohamed said, establishes a structure for continued inter-state Kenya-US Bilateral Strategic Dialogue, anchored on five main themes

The themes include; Economic Prosperity, Trade, and Investment; Defense Cooperation; Democracy, Governance, and Civilian Security; Multilateral and Regional Issues; and Health Cooperation.

“It is in the context of pursuing tangible outcomes in each of these critical result areas that accelerated cooperation has led to the gracious invitation of President Ruto by his counterpart, President Joe Biden Jr., President of the United States of America,”

The visit is themed “partnership for prosperity” and aims to bolster shared commitments to economic growth, democratic values, peace and security, and reflects the strategic importance of Kenya to the US as a leading regional anchor and the main commercial gateway to Eastern Africa.

The thematic areas of focus include; shared values including democratic governance, security cooperation for peace, security, and sustainable development; trade & Investment for shared prosperity; Digital technology cooperation, delivers innovation, progress, and inclusion.

Mr Mohamed said Kenya and the United States of America share a strong bond of friendship, evidenced by the exchange of high-level visits between the two countries.

While in the US, President Ruto will be attending a number of meetings.

Monday, May 20

On, Monday, President Ruto’s visit will commence in Atlanta, Georgia.

The Head of State will visit the Carter Presidential Library and Museum to emphasize our shared commitment to governance, democratic values, and anti-corruption efforts.

President Ruto’s remarks here will underline the importance of democracies working collaboratively to tackle global challenges.

The President will then visit Ebenezer Baptist Church, to pay homage to the civil rights struggle and emphasize how



Ruto was seen off by his deputy Rigathi Gachagua

religion can be a force for good.

Mr Mohammed while addressing the press at Harambee House, Nairobi, said the visit will underscore the respect for historical struggles for equality and justice.

The third area of engagement for the president on day 1 will focus on the U.S.-Kenya Health Partnership at the Center disease Control Headquarters.

Among key announcements will include the new CDC-KEMRI partnership, and more details will be shared to that effect.

The President and First Lady will then be hosted by Kenya’s strong diaspora in the Atlanta area, with a focus on the diaspora as a force multiplier in national transformation as envisioned in the Bottom-up Transformation Agenda.

Tuesday, May 21

On Tuesday, the President commences his second day at Spelman College where he will discuss the critical role of higher education, particularly, science and technology, in enhancing Kenya’s human capital development which is critical to attracting investment that solidifies Kenya as an appealing destination for tech jobs for both present and future needs.

At Tyler Perry Studios which he will also visit, President Ruto, will explore opportunities within the creative economy, highlighting it as a potential job creator and area for robust partnership between Kenya and the United States.

The Head of State will then shift attention to trade and investment with visit a to Coca-Cola, where new investment partnerships will be announced;

Later, the President will then launch VIVO’s inaugural store in America, a leading Kenyan retail fashion enterprise, showcasing the power of Kenyan women entrepreneurs.

Mayor Andre Dickens of Atlanta and

the Atlanta CEO’s Council will then host the President who will seek to position Kenya as an important regional manufacturing hub.

Wednesday, May 22

President and the First Lady later travel to Washington, D.C., on the morning of Wednesday – arriving at Andrews Airforce Base- where they will be officially received with full ceremonial state honors.

The President will have extensive engagements at the Hill, where he will meet a bipartisan congressional delegation under the chairmanship of the speaker of the House, meet with the Black Congressional Caucus and hold discussions with a Bipartisan Caucus of the Senate led by Senators Schumer (Majority) and Senator McConnell (Minority).

In his meetings at the Hill, President Ruto will appraise the legislators on the challenges faced by democracies on the continent and the urgent need for America’s tangible and practical engagement with the continent.

He will brief the legislators on the dual crises of climate change and conflicts in the region and Kenya’s leadership in dealing with these challenges.

In urging congress to be cognisant of the need for African goods to continue accessing the US markets on preferential basis, the President will implore congress to extend the African Growth and Opportunities Act (AGOA).

Thursday, May 23

On Thursday, at Washington D.C will be the main day of the President’s State Visit to the United States.

The President and First Lady will lay a wreath at Arlington National Cemetery to honor the sacrifices of American soldiers as well as historic figures such as Thurgood Marshall and John F. Kenne-

dy, who have had profound impacts on Kenya’s history.

Dr Ruto will hold the main bilateral meetings with his host President Biden, and delve deeper into Kenya-US Economic, health, and security partnership, and discuss regional developments on the continent highlighting the fragilities and opportunities on the continent.

Mr Mohamed said multilateral issues will equally feature in the talks including MDB reform and Security Council Reform to enable the world cope with the evolving polycrisis of climate, debt, pandemics and a multitude of security threats.

“The two leaders will hold a joint press conference at the White House,” said Mr Mohamed.

President Ruto will thereafter deliver a keynote speech on shared climate solutions at the Smithsonian, discussing global environmental challenges and collaborative efforts to address them.

The day concludes with a State Dinner at the White House, celebrating the enduring friendship between Kenya and the United States.

Friday, May 24

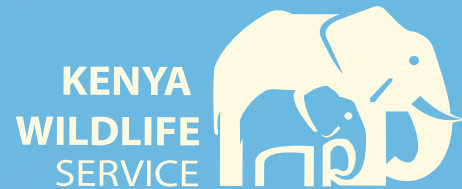
On Friday, at Washington, D.C, the visit concludes with strategic engagements focusing on trade, investment, and digital cooperation, including; a breakfast meeting at the U.S. Chamber of Commerce where President Ruto will make the case for Kenya as a prime destination for U.S. investments.

A digital roundtable discussion hosted by Vice President Harris, exploring the potential for expanding the U.S.-Kenya digital partnership.

There will also be a visit to the Pentagon where President Ruto will highlight Kenya-US defence partnership in the fight against terrorism, extremism and other emerging threats including cyber security.

Worth Noting:

- The themes include; Economic Prosperity, Trade, and Investment; Defense Cooperation; Democracy, Governance, and Civilian Security; Multilateral and Regional Issues; and Health Cooperation.
- “It is in the context of pursuing tangible outcomes in each of these critical result areas that accelerated cooperation has led to the gracious invitation of President Ruto by his counterpart, President Joe Biden Jr., President of the United States of America,”
- The visit is themed “partnership for prosperity” and aims to bolster shared commitments to economic growth, democratic values, peace and security, and reflects the strategic importance of Kenya to the US as a leading regional anchor and the main commercial gateway to Eastern Africa.





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Karibu, Tutunze Pamoja!

Crackdown On Fake Academic Credentials Intensifies As Suspects Face Legal Action

By: The DCI

After comprehensive investigations implicating three employees of Sports, Arts and Social Development Funds (SASDF), three suspects have been arraigned for the offences of Forgery, Making a document without authority and uttering a false document at the Milimani Law Courts.

John Onyango Odhiambo, 44, Adan Bagajo Lamma, 44, and George Ereng Lotieng, 35, who were employed as drivers, were arrested for submitting fake academic certificates to secure jobs and enhance their pay grades.

John Onyango had submitted a falsified 2011 KCSE certificate from Starays Hope Community Center, Nairobi, while Adan Lamma presented a counterfeit 1998 KCSE certificate from Marsabit Boys High School despite having dropped out in form two.

Similarly, George Ereng Lotieng submitted a forged KCSE certificate

from St. Marks Boys High school, Cherangany, where he had also dropped out in form two.

A report from KNEC revealed that John Onyango manipulated the grades of all the subjects he had taken to achieve a mean grade of D+ in order to meet the qualification threshold for the job.

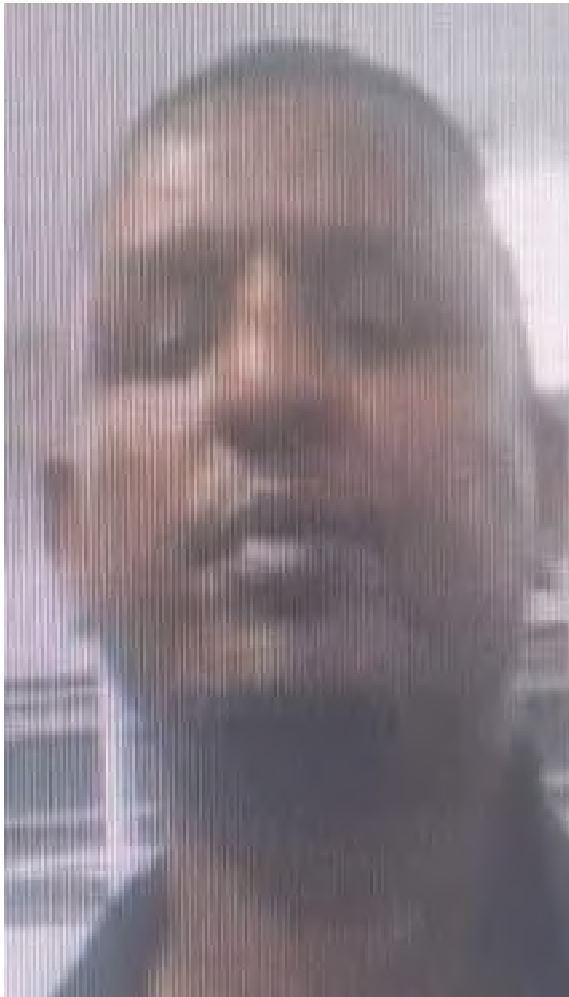
As for Adan, he had neither registered nor sat the said exam since the center (Marsabit Boys) under code 501512 did not exist during the 1998 KCSE examinations.

Such was the case with George Ereng, whose alleged centre of examination (St. Mark Boys High Sch) did not exist as of 2010, and the code indicated in his certificate (401057) belonged to a different school, Ruthimitu Secondary.

The suspects were charged last Friday at the Milimani Law Courts.

According to the Public Service Commission, more than 2,000 government employees are culpable of using forged academic and professional qualifications to secure jobs or earn promotions.

Meanwhile, the DCI is working closely with other government agencies to investigate the cases.



Met Dept Warns Of Heavy Rainfall, Strong Winds And Ocean Waves Until Wednesday

By: Dennis Musau

The Kenya Meteorological Department on Sunday issued a four-day heavy rainfall, strong winds and large ocean waves advisory.

Meteorological Services Director David Gikungu said the heavy rainfall experienced over the weekend in the Lake Victoria Basin, the Rift Valley, Highlands West and East of the Rift Valley, including Nairobi, is expected to continue from Sunday.

The rain is predicted to intensify until Monday evening over the Rift Valley, Highlands West and East of the Rift Valley including Nairobi, Lake Victoria Basin and the Coast regions on today and tomorrow.

“It is likely to reduce in intensity on 22nd May 2024 inland but intensify along the coast from 22nd to 24th May,” Dr Gikungu said.

The advisory further warned that the heavy rainfall is likely to be accompanied by gusty winds, large waves in the Indian Ocean and strong southerly winds in the eastern region.

As such, people in Kisumu, Homabay, Siaya, Migori, Busia, Kisii, Nyamira, Nandi, Kericho, Bomet, Kakamega, Vihiga, Bungoma, Narok, Baringo, Nakuru, Trans-Nzoia, Uasin-Gishu and Elgeyo-Marakwet counties were advised to be cautious.

West-Pokot, Turkana, Samburu, Nyandarua, Laikipia, Nyeri, Kirinyaga, Murang’a, Kiambu, Nairobi, Machakos, Kajjado, Mombasa, Tana-River, Kilifi, Lamu, and Kwale are also among the areas of concern. “Residents in all the mentioned areas are advised to be on the lookout for potential floods, flash floods and poor visibility. The water levels in rivers, lakes and dams are expected to remain high,” reads the advisory.



Branches of trees sway during a heavy downpour. | FILE/REUTERS

The meteorological department further discouraged driving through or walking in moving water or open fields and sheltering under trees and near grilled windows to minimise exposure to lightning strikes. “People in landslide-prone areas especially over hilly areas should be

vigilant. Strong winds may blow off roofs, uproot trees and cause structural damage. Large waves may affect marine activities,” it added. Fair-weather conditions have prevailed across Kenya in the past week following weeks of heavy downpours which caused devastating

floods, killing over 290 people while 75 others are reported missing, according to government figures. Over 180 others have been injured while more than 55,000 households have been displaced by the floods.



LETTERS TO THE EDITOR

A New Premium Summit & Strategy By Gema Must Be Crafted After The Failed Limuru 3



By: William Waithaka



President William Ruto's allies have come out guns blazing to dismiss the Limuru III meeting

To coin the counsel by President Abram Lincoln, "Given six hours to cut a tree, I would use four hours to sharpen the axe and two hours felling the tree", the byproduct of the Limuru 3 Summit was a half-baked, poorly planned and lacked the strategic timing and packaging requisite to convene the highest GEMA community conference summit.

The hurriedly and ill-timed executed Limuru 3 conference fell short of its predecessor conferences of Limuru's 1 and 2.

The need for a populist convenience is indicative of hasty and desperate power brokerage at play.

Why this, firstly, many in the political class of the region were not at all involved in the thinking, strategizing, planning, mobilizing, publicizing, attending and execution of the meeting.

Many in the class shied away, with a few brave ones giving their views on what were the reasons of abstaining from the forum. Peter Kenneth views were echoed by many others with more or less being resonated by Jimmy Wanjigi.

It's sad that what Limuru 3 achieved was widening the rifts of divisions that are inherent in the current GEMA community political standing. The outcome was division, confusion and an accelerated sense of insatiable hopelessness amongst those whipped to attend.

It came out as an attempt to arm-twist the political class from the region towards a knee jerk reactionary move against the KK regime.

LIMURU SUMMITS RECAP

As has been, the history and outcomes of previous Limuru forums are to pacify, Rejuvenate, Unite and give Political Direction to the GEMA Community. On the entire above, Limuru 3 fell short as in so many other aspects.

FAILURES:

On Attendance, the community boasts a collective electoral vote count of approximately above 6 million votes (more by 2027). Those in attendance on Friday were an approximated 10,000 people. A drop in the ocean so to speak (0.16 per cent ratio) compared

with the voter's number.

The other disheartening factor was the missing of prominence of the political class from the region, former President Uhuru Kenyatta, Peter Kenneth, Rigathi Gachagua, Kabogo, Mwangi Iria, Sabina Chege, Kiraitu Murungi, Ichungwa, Nyoro, Wanjigi, Lee Kinyanjui, Ngunjiri, Kiunjuri, Munya etc. the dismal attendance list illustrated a very disorganized, non-strategic and clueless region without a political focus.

The real elements of a significant Limuru Summit are to bring all these together without malice, attached self-interest but with a communal agenda outlook.

In the run up to the last General Election, what was expected was the hierarchy plan or regional power transition by former President Uhuru Kenyatta. This plan existed but was nibbled to pave way for a Martha Karua deputy position in Azimio Coalition. Peter Kenneth as emerging confirmations indicate was the heir apparent in Uhuru Kenyatta's exit plan. However, the Uhuru led exit plan faced a lot of turbulent contests that saw Kenneth sacrificed. In the aftermath it seemed as if Uhuru Kenyatta had no intention of passing the baton, which was not the case.

Limuru 3's second failure was lack of clarity on the objectives, Intended Outcomes and Goals. Previous forums have delivered presidential candidates as outcomes. They have had clarity on defined objectives which got achieved and have had goals set by and for the community during the electoral cycles of the previous forums met too.

A happenstance outcome of Limuru 3 seems to be an intention to ramp up pressure that would catalyze a revolution but this and the planning involved did not actualize. Evidence shows that in as much as the region is feeling to face a lot of targeted economic and political assaults, the conveners did not

manage to harness sufficient quotient of mass pain and suffering that would catapult a revolutionary outcome "Maandamano style".

One of the conveners is Jeremiah Kioni who during the Maandamano picketing onslaughts driven by Azimio presidential candidate Raila Odinga, faced cold shoulders from diehards in Azimio and ODM legislators who cited his lack of capacity to mobilize sufficient mass turn out.

His Sufuria movement managed to raise some level of awareness related to the high cost of living but this lacked sustenance. His passionate intentions against the KK regime must be lauded but his pronounced front bearer seat in the planning and execution of Limuru 3 casts a very hazy and unenergized onslaught.

Of the third Limuru 3 failures was lack of honesty and Community Audit.

The main party in 2022 had a very well financed campaign assault against KK in the last electoral cycle. However, the failure to clinch notable positions across the candidatures still remains a thorn in the flesh. Again, this brings back the Kioni factor as the seemingly top convener.

The many losers of the last electoral cycle under Jubilee party are captured stating their lack in faith against him. An audit was imminent and should have been very prominent amongst the day's discussions. Ferdinand Waititu (a political opportunist) did some talking touching on the last campaigns, but it should have been more, if not amongst the listed then the headlines such as Kioni should have utilized the podium to address the matter to give accounts of what transpired towards the loss.

Remember Kioni was very swift to make remarks, either out of dismay or pure admiration after the KK win.

Sound decision making must be demanded from the electorate "Wanjiku or is it Ciku" now). An audit on what influences the voting patterns of

GEMA communities.

A declaration on the same must have been sought out for, Limuru 3 should have deliberately scoped to become an intentional purification (catharsis moment).

The elders did seem to appease Uhuru Kenyatta but through a snippet of the programs time. In total, Limuru 3 was a level 3/10 rating.

Many on social mediums had positive and negative reactions. Those for evidently driven by the sheer desperation emanating from the economic hardships that a lot of Mount Kenya communities are experiencing. But were their expectations met, not at all.

Those for but against the political class that missed attendance drove a point of the veracity and high threshold levels of frustration through the venting. These were highly expectant of a revolutionary declaration and their wrath was directed to singularly Hon. Peter Kenneth. Kenneth on the other hand issued a well elaborated statement captured in the dailies that cited and pro-actively articulated reasons and views on an ideal Limuru 3. The Anti Limuru 3 banter was driven well by majorly, the KK adherents and sympathizers.

MT KENYA CURRENT STATE:

Mt. Kenya regions ideology is not pragmatic in the sense that the power brokers are selfishly drumming up for anyone who will oppose Ruto, it does not seem to matter whether the end result will install a worse choice. Talk of jumping from the frying pan into the fire, what a worse mistake to head towards to as a region. Lastly as adopted that county meetings will take place, this in layman also depicts lack of good strategy.

Limuru 3's execution took place in reverse. A bottom-Up execution should have been the ideal model of rolling out. A series of county wide forums that would have culminated into the Limuru 3 Conference. GEMA must shun populism and adopt realism or (leadership), Change of guard as the beginning followed by change of thought and execution.

WAY FORWARD:

Meritocracy must be the only formula that Mount Kenya Region must use. No other way and in doing this, Mt Kenya will not only be solving a regional crisis but a national leadership deficiency. The political class, Power brokers and the community at larger must in unison choose the most premium leadership to lead from the front and with unwavering support from all and sundry in the GEMA communities.

Hypothetically the top contender based on the reactions by the unfulfilled expectations of many, came out as Peter Kenneth. This region seems to have it right on this one. However, will others in the region shield selfish interests, unwarranted completion and divisive views over a singular premium Kenneth candidature?

Ideally this is what needs to be done. The Kenneth article painted a work in progress for an upcoming premium summit between former President Uhuru Kenyatta, Himself and DP Gachagua, this being the way to go. These are the three key factors that will shape Mt Kenya region.

Delivery of the high-level discourse between these leaders should be fast tracked and after cascaded lower to accommodate all strata of the political class for GEMA. This will easily translate into a very united all powerful premium front that will not only shape the Mt Region but would influence and align the national politique come 2027 or after.

Application of Blue Ocean/Red Ocean model would easily pick Kenneth as the most premium leader for the region. Furthermore, additional Analysis should be done, think tanks enacted and strategies borne.

Then a GEMA blue Ocean USP (Unique Selling Proposition) crafted fast, and not by the common regional headlines, to back a Kenneth candidature. Otherwise Mount Kenya region must be aware that facing William Ruto in 2027 or his 2032 preference will not only require a complete overhaul of the thought process of the GEMA.

Community Elders must not hasten to "Bless" opportunism. Once crafted afresh, the strategy will require bankrolling against. Worthy to note is "Time being of the essence" and not a luxury for the GEMA.

Finally, once bitten twice shy, as the mantra to GEMA, they must recall the pleas extended to them by Uhuru Kenyatta. It's time for re-education, and informing the GEMA Community on sound economics philosophies, re-investing, reduction of populism and manipulation, and creation of Premium GEMA LEADERSHIP Structures that will emancipate the region and Kenya at large.

Author: William Waithaka Wangui is Gatanga current Jubilee Party Sub County Chairperson and 2022 MCA political candidate

The views expressed in this article are the author's own and do not necessarily reflect Mount Kenya Times' editorial stance.

World Leaders Mourn The Passing Of Iranian President Ebrahim Raisi

By: Prudence Wanja

Tributes have poured in from across the globe for Iran's President Ebrahim Raisi after his death was announced early on Monday.

Raisi, aged 63, was confirmed dead this morning following a helicopter crash yesterday.

Foreign Minister Hossein Amir-Abdollahian was also killed in the crash, along with several others.

Indian Prime Minister Narendra Modi said, "I am deeply saddened and shocked by the tragic demise of Dr. Seyed Ebrahim Raisi, President of the Islamic Republic of Iran. His contribution to strengthening the India-Iran bilateral relationship will always be remembered. My heartfelt condolences to his family and the people of Iran. India stands with Iran in this time of sorrow."

Pakistan's Prime Minister Shehbaz Sharif announced that his country will observe a day of mourning, and the national flag will fly at half-mast.

"I, along with the government and people of Pakistan, extend our deepest condolences and sympathies to the Iranian nation on this terrible loss. May the martyred souls rest in heavenly peace," stated Prime Minister Sharif.

"Pakistan had the pleasure of hosting President Raisi and Foreign Minister Hossein Amir Abdollahian on a historic visit less than a month ago. They were good friends of Pakistan. Pakistan will observe a day of mourning, and the flag will fly at half-mast as a mark of respect for President Raisi and his companions," he added.

The President of the United Arab Emirates, Mohammed bin Zayed Al Nahyan, said, "I extend my deepest condolences to the Iranian government and people over the passing of President Ebrahim Raisi, Foreign Minister Hossein Amir-Abdollahian, and those accompanying them following a tragic accident. We pray that God grants them eternal rest, and we extend our heartfelt sympathies to their families. The UAE stands in solidarity with Iran at this



Ebrahim Raisi was elected Iran's president in 2021.

difficult time."

President Nicolás Maduro of Venezuela hailed President Raisi as an unconditional friend and defender of his people.

"I am shocked by the sad news about the physical loss of the President of the Islamic Republic of Iran, Ebrahim Raisi. Cilia, who is a

friend of his wife, and I are deeply saddened to bid farewell to such an exemplary person, an extraordinary world leader, our brother Ebrahim, an excellent human being, defender of the sovereignty of his people, and an unconditional friend of our country."

President William Ruto described

Raisi as a fearless leader and a dedicated public servant with a long and distinguished career in public service.

"He was a firm leader committed to the causes that he believed in and sought to elevate Iran's standing on the global stage."

Empowering Sustainability: Rongo University & University Of Portsmouth's Visionary Partnership

By: Tonny O. Blair
@themkenyatimes

The collaboration between Rongo University and the University of Portsmouth marks a pioneering venture to tackle critical issues surrounding climate resilience and sustainability through concerted teamwork. Recognized as a pivotal achievement by the British Council, this partnership aligns with the overarching vision of the UK-Kenya university partnership initiative, exemplified by the launch of a forward-thinking Learning and Design Lab.

Under the steer of the British Council, the inaugural round of grants has been bestowed upon esteemed institutions, including Rongo University, Nottingham University, University of Portsmouth Business School, Strathmore University, Imperial College of Science, Technology & Medicine, and Kenya College of Accounting. Moreover, Circle Innovation has been entrusted by the British Council



A group photo

to spearhead the implementation of the transformative Learning and Design Labs program.

Monica Blagescu, Head of Education at the British Council, Kenya, emphasized the importance of empowering youth in addressing climate change, underscoring the role of collaborative partnerships in fostering sustainable solutions. The Learning and Design Labs contrib-

ute to improved student outcomes and promote internationalization of education, strengthening connections between Kenya and the UK.

The primary objective of this initiative is to cultivate a conducive milieu for cross-border collaboration among institutions and individuals. Through fostering innovation and entrepreneurship, the program endeavors to fortify the bonds between UK-Kenya Universities and industry stake-

holders, thereby nurturing a cohort of adept leaders poised to confront contemporary challenges and foster sustainable development.

This alliance promises to address pressing environmental concerns and empower future leaders with the requisite expertise and resources by harnessing the collective expertise of Rongo University, the University of Portsmouth, and industry partners.

Through hands-on experience and

mentorship from industry luminaries, students are poised to develop innovative solutions that can pave the way for a more sustainable future.

Prof. Samuel Gudu, Vice-Chancellor of Rongo University, expressed gratitude to the British Council for their support, highlighting the opportunity for students to gain hands-on experience and work alongside industry experts. This partnership aligns with Rongo University's vision to become a world-class entrepreneurial institution, driving intellectual development through innovative teaching, research, and community service.

The Learning and Design Lab, scheduled from 13th to 17th May 2024 in Nairobi, will bring together students from the University of Portsmouth and Rongo University. Ultimately, this collaborative endeavor aspires to shape a world that is not only sustainable but also prosperous for generations to come.

Tonny O. Blair - Environmental Advocate & SDGs Fellow, Rongo University.

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Sports >> *Pep Guardiola cast doubt over his long-term future at Manchester City on Sunday after winning a historic fourth straight Premier League title, admitting it is difficult to find motivation after so much sustained success.

Guardiola Casts Doubt Over Long-Term Man City Future



Manchester City's Spanish manager Pep Guardiola poses with the Premier League trophy after the presentation ceremony following the English Premier League football match between Manchester City and West Ham United at the Etihad Stadium in Manchester, north west England, on May 19, 2024. Manchester City created English football history on Sunday, beating West Ham 3-1 to win an unprecedented fourth straight Premier League title. (Photo by Oli SCARFF / AFP)

Pep Guardiola cast doubt over his long-term future at Manchester City on Sunday after winning a historic fourth straight Premier League title, admitting it is difficult to find motivation after so much sustained success.

City's 3-1 victory against West Ham sealed a sixth top-flight title in seven seasons under the Catalan, who has taken the club to extraordinary new levels since he arrived in 2016.

His tally is exceeded only by Alex Ferguson, who won 13 Premier League titles during his long reign at Manchester United.

In 2019 City became the first club to win the domestic treble of Premier League, FA Cup and League Cup in the same season and last year they emulated Manchester United's class of 1999 in winning the treble of Premier

League, FA Cup and Champions League, which they lifted for the first time.

City are now the first side in English top-flight history to win four titles in a row -- surpassing the achievements of the great Liverpool and Manchester United teams from previous eras.

And next week they will attempt to become the first English side to win back to back domestic doubles when they take on United at Wembley in the FA Cup final.

Former Barcelona and Bayern Munich manager Guardiola, 53, has a contract at the Etihad until the end of next season but his future after that is unclear.

"The reality is I'm closer to leaving than to staying," Guardiola told Sky Sports. "It's eight years, will be nine.

"Right now my feeling is I want to stay next season. We talked with the club, we have time to talk next season because I have to see the players as well (to see) if they follow me, they follow us, for many reasons. I will stay and during the season we will talk when calm."

Asked at his post-match press conference whether he felt as though he had "completed English football" and what he felt was left to achieve, Guardiola shrugged his shoulders and said: "I had that feeling last season.

"When we won in Istanbul (in the Champions League final) I said, 'It's over, what am I doing here? It's over, there's nothing left'.

"But I have a contract, I'm here and still enjoying. Some of the moments I'm a bit tired but some

of the moments I love, and after I said 'OK, we are here'.

"We start winning games, playing good, different players, new players and I start to think about 'No one has done four in a row, why don't we try?' And now I feel 'It's done, so what next?' I don't know right now."

He added: "Next season, right now, I'm not able to know exactly what will be the motivation to do it because it's difficult sometimes to find it when everything is done."

Guardiola said for now he was enjoying basking in the glow of another Premier League triumph.

"When I moved here if someone had said I would win six leagues in seven seasons I would say you're insane -- no way," he said.

AFP

GET THE BEST OF WORLD

Sports >>> *Mauricio Pochettino may have enjoyed a meal with Chelsea co-owner Todd Boehly ahead of a 2-1 win over Bournemouth Yesterday

Pochettino Unsure Of Chelsea Future Despite Boehly Food For Thought



Chelsea's Argentinian head coach Mauricio Pochettino reacts during the English Premier League football match between Chelsea and Bournemouth at Stamford Bridge in London on May 19, 2024. (Photo by HENRY NICHOLLS / AFP).

Mauricio Pochettino may have enjoyed a meal with Chelsea co-owner Todd Boehly ahead of a 2-1 win over Bournemouth Yesterday that secured European football next season, but the Blues boss said he was no closer to knowing about his long-term future at Stamford Bridge. Victory at home to the Cherries on the final day of the Premier League season, in part secured by Moses Caicedo's stunning goal from the half-way line, ensured Pochettino's debut campaign as Chelsea manager finished with the Blues in sixth place. Now the only issue for Chelsea, after a season away from European competition, is whether an FA Cup final victory for Manchester United over Manchester City at

Wembley on May 25 will drop the London club from the Europa League into the Conference League. Pochettino had been expecting to meet with Chelsea chiefs at the end of the campaign to review the season but the 52-year-old Argentine said Sunday: "I don't know if (the meeting) is going to happen or not. "On Friday night Todd invited me for dinner. It was a very nice dinner together. "I don't know about the rumours about the review. My staff tomorrow are flying (on holiday). Maybe tonight if (club bosses) decide another thing or tell us to stay, (otherwise) they'll go for a holiday. "I'm going to stay a few days

more in London. My door is always open and my phone is going to be on." Nevertheless, Pochettino took some comfort from dining with Boehly. "If I invite you alone, and you and me have a dinner, it's not for a bad thing. If I need to tell you something, I call to go for a coffee, not for a dinner." Chelsea's secured a fifth win in a row in the league by beating Bournemouth, a further sign of the progress being made by a youthful squad under former Tottenham manager Pochettino's guidance. Raheem Sterling doubled Chelsea's lead after half-time, and although Bournemouth pulled a goal back when Enes Unal's strike deflected in for an own-goal off

Benoit Badiashile, the Blues hung on. "Always you can improve," said Pochettino. "They're going to be much better next season. They're going to have one year experience, tough experience. That's the advantage of being solid and consistent and not too many changes. "If next season we keep 80, 85 percent of the squad, for sure it's a big step forward. It's about having continuity in the ideas, and the knowledge between (the players)." **AFP**

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Endangered Rare Animals



By: Khasanova Shohista
@themtkenyatimes

Worth Noting:

The Yeti crab is a world of creature knowledge among the rarest animals that won 2006. The “Yeti crab”, which he met at the bottom of the sea and changed behind bacteria, received this nickname for having threads on his body, is among the rarest creatures. They were equated with them, but the researchers decided to create the creature its own oil for a good pass in this short time.

At the beginning of the 20th century, the herd of all wild bison disappeared. And these creatures remained only in the gardens of fear and animals: in 1927 there were only 52 bison in the world.



Endangered Rare Animals in Uzbekistan

Annotation: this article is about rare animals that have become extinct on Earth. There is also a red book with a list of endangered animals and a word by species of rare animals.

Keywords: Red Book, ground crab, gavial crocodiles, octopus, minoga fish.

Introduction:

There are about 8.7 million species of animals that are known to us about the Earth. Taking this into account Halda balkim, you may not have been able to carefully autumn each of them. We are familiar with information about lions, roads, bears, of course. You look a little further into the world of the arrow beast, you stay in taajub how many animals can be found in the wild.

Essentialism:

Nature is not enough to surprise us. There are wonderful animals in the world that are very rare and make everyone wonderful. Each of them is unique and has different characteristics. Although there are thousands of species of machine creatures, we will consider them according to their specific characteristics and natural

condition. Such rare animals are included in the Red Book.

The red book is a public document examining rare juvenile and animal species that are extinct or at risk of extinction. The red book provides a summary of growth and animal species, information about the reasons for the brief course of the territories; recommendations are made for their conservation. Established in 1948, the International Union for conservation of nature and Natural Resources has entered into action to compile a list of rare and endangered species of growth and animals. A special International Commission for the conservation of species was formed, starting in 1966 with the conservation of nature in cooperation with the Tashkent people, publications were published on the world and special flora of the International Red Book . We will get acquainted with several of the animals included in the Red Book.

The Yeti crab is a world of creature knowledge among the rarest animals that won 2006. The “Yeti crab”, which he met at the bottom of the sea and changed behind bacteria, received this nickname for having threads on his body, is among the rarest creatures. They were equated

with them, but the researchers decided to create the creature its own oil for a good pass in this short time.

At the beginning of the 20th century, the herd of all wild bison disappeared. And these creatures remained only in the gardens of fear and animals: in 1927 there were only 52 bison in the world. Looking at this level of fear of their number caused the cutting of the middle, which is the natural habitat of hunting hamdams. To restore their number in Russia, two nurseries were founded in the 1940s and 1950s: Prioks-Terrace and OK guides. There, the creature wanders and then moves into the wild into nature. By 2020, according to the International Book, the number of bison in Russia has increased to 1,588 and in the world to 8,461.

Of course, as you know, one of the representatives of the category of crowded crocodiles. He considers him a” kind “ creature - the reason is that he never commits to anyone, this is due to the fact that the muzzle is thinner than Yohudo.

The passage of fish from the class of ruminants, not fish, to Mino. It is actually a parasite of fish. Fish meat, on the other hand, is one of the main Minoan eaters.

Minogas find fish on the bottom

of the water, or live fish, and close themselves to the body of the fish with their large oars, and with a large number of teeth, pierce the skin of the fish, and then trigger the tongue that has placed the teeth for it. In this way, minoga penetrates deep into the body of his prey.

The main one enters the prey’s body into a humorous aphid and collects the food that is partially present after some time has elapsed. These creatures are in danger of being exterminated, as the Minogue goes to Judah Ham Mazali’ni.

The mistake is called the Dumbo octopus, a small animal that can heat Ham at a depth of 3962.4 meters. This mittivoy hunts slugs and worms at the bottom of the ocean.

The friendly bloodthirsty, Yoni vampire (Vampyrotheuthis infernalis) is an octopus Ham, not a squid Ham, but a species of aloxida — vampires. Interesting vampire-heated to a depth of 600-900 meters and more. This area of the ocean lacks oxygen, as its jeeps pass beyond the hade. Without looking at this, the young vampire is able to freely settle in the area. He radiates a bluish glow for his absence.

At the same time, this was an undeniable level of chirping of the creature. Dear vampire’s eyes can perceive the most nimble light. Photoreceptors in the predicted head part indicate movement on the paired top

The carpeted octopus (which is called Superman-octopus or Batman octopus Raw), which lives in shallow bodies of water in the seas of New Zealand and Australia. This turn is very easy to part with wars with men, because men will be almost 2 meters long. His” Gilam”, on the other hand, works to conquer prey .

Hossa:

In conclusion, it should be said that there are a lot of ghosts in the world. but even the rare Ghosts, which have unfortunately disappeared, are not missing. In order to preserve and reproduce them, many organizations have been formed. They are in creating many conditions for these animals. We must contribute to the preservation of nature so that ham disappears them.