



Food Crisis Looms As Rains Wreak Havoc
Consumers in Nyeri County could soon be forced to dig deeper into their pockets to afford food commodities as floods continue to wreak havoc on farms and roads, causing delays in the delivery of commodities to the markets. Traders from Nyeri who spoke to journalists say that as much as the County has not been badly hit by the floods

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News>> Official Change Of Guard Ceremony At The Defence Headquarters

P. 8. General Charles Muriu Kahariri, the Chief of Defence Forces (CDF), was yesterday received at the Defence Headquarters, Nairobi, in an elaborate yet unprecedented Change of Guard ceremony.



News>> Government Secures Lucrative Market Abroad For Kenyan Tea

P. 12. Tea farmers will earn more from the crop following a pact between Kenya and Liptons Teas and Infusions and Brown Investments. Under the new plan, the two firms will position Kenya's Tea as a premium product to the global stage.

African Leaders Deliberate On Fertilizer, Soil Action Plan

There is need for the African continent to develop coordination mechanisms where all stakeholders will sit at the same table and develop action plans that address issues of fertiliser and soil health.

The Prime Cabinet Secretary and Cabinet Secretary for Foreign and Diaspora Affairs, Musalia Mudavadi, said issues of fertiliser and soil health cut across different jurisdictions, an issue that requires all stakeholders to deliberate and come up with effective and long-lasting solutions.



Prime Cabinet Secretary Musalia Mudavadi during the conference

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MT KENYA BUSINESS CONFERENCE

DATE: 26-28 JULY, 2024, TIME: 8:00AM - 5:00PM

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Engineers Holding The 5th Convention Partnership At Dedan Kimathi University

By: William Muchiri and Charles Muriithi
@themtkenyetimes

Worth Noting:

- The convention is seeking to showcase Kenya's engineering innovations and analyze the milestones in engineering over the past 60 years as well as strategize for the future and set new goals and directions for the engineering field.
- It will also seek to foster collaboration and networking among professionals, innovators, researchers, policymakers, academia, and organizations.



Engineers Holding The 5th Convention Partnership At Dedan Kimathi University.

Stakeholders in the Engineering profession are meeting for a partnership convention at Dedan Kimathi University near Nyeri town.

The four-day convention is aimed at taking stock of the strides made as well as reflecting and celebrating the achievements attained and responding to emerging trends and challenges.

The Engineers Board of Kenya (EBK) team led by the chairperson Eng. Erastus Mwongera, the Registrar and CEO Engineer Margaret Ogai, and other officials from EBK have coordinated the forum which is hosting over 3,000 professionals who will be joining the convention either physically and virtually.

This year's theme is 'Engineering @60: Reflections, Response, Resetting.'

The Vice-Chancellor of DeKUT Engineer Prof. Peter Muchiri said the institution was fully prepared to host the convention which Deputy President Rigathi

Gachagua is expected to officially open today, an issue that emphasizes its alignment with DeKUT's objectives of technological advancements and innovations.

The convention is seeking to showcase Kenya's engineering innovations and analyze the milestones in engineering over the past 60 years as well as strategize for the future and set new goals and directions for the engineering field.

It will also seek to foster collaboration and networking among professionals, innovators, researchers, policymakers, academia, and organizations.

It is providing a platform to showcase creativity, ingenuity, and advancements and display cutting-edge ideas, products, and solutions.

Over 40 exhibitors are showcasing their innovations at the institution.

Yesterday, Nyeri Deputy Governor David Kinaniri represented area governor Mutahi Kahiga where he commended

the engineers saying they are the main drivers of infrastructure development and serves as the catalyst for positioning Kenya as an infrastructure and innovation hub, not only regionally but also on the international stage.

Part of the speech he read on behalf of the governor stated in part, "This year's theme of 'Engineering @60: Reflections, Response, Resetting' holds immense significance for the engineering community as it's a time to reflect on the remarkable achievements of the past 60 years, respond to current challenges, and reset our focus for a more sustainable future."

During yesterday's forum at the conference, former Roads Cabinet Secretary who now serves as the NHIF chairman Eng. Michael Kamau urged the government to plan well and leave walkways and leeways while constructing roads

saying blocking runaway water was one of the cause of floods in some parts of the country. He also urged Kenyans to stop constructing on riparian lands to stop blocking water ways.

Eng. Dr. Johnson Mwangi who is also a member of the Engineers Board of Kenya said the conference will also help reflect on the gains and plan for the future of the country.

He added that this will help engineering plan economically with the resources available to ensure a bright future of the country.

Engineer Karimi Maingi who is also a member of EBK said that Kenya is preparing to join the Washington Accord as the third country in Africa. He said only two countries; South Africa and Nigeria who are in this Accord, noting that this will open more opportunities for engineers in the country.

The Mt. Kenya Times



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THEME

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NEWS IN BRIEF



Former Murang'a Governor Mwangi Wa Iria's wife, Jane Waigwe Kimani, was yesterday charged alongside David Maina Kiama at the Milimani anti-corruption court in connection with the misappropriation of KSh351 million from Murang'a County funds. The prosecution through Senior Principal Prosecution Counsel Susan Keli, did not oppose the bail application but instead sought that the Court consider the seriousness of the charges and the huge amounts involved and that the bond should be commensurate with the nature of offences. The two pleaded not guilty to the charges, and were released on a KSh5 million bond with a surety of a similar amount or an alternative cash bail of KSh1 million. The court, through Chief Magistrate Victor Wakhumile, ordered them to deposit their travel documents with the court and to refrain from leaving the country without the court's consent. The matter will be mentioned on May 14.



Guru Nanak Niksham Sewak Jatha, a non-profit organisation based in Kericho, has partnered with the Kericho County government to implement departmental programmes that will benefit residents. The partnership includes upgrading medical facilities, establishing a Gender-Based-Violence Recovery Centre, and promoting sports for both genders. The Kericho County Governor, Dr. Eric Mutai, announced that the partnership will also promote environmental protection by developing modern car wash structures for youth and a decent working area for mechanics in Kericho Town. The Guru Nanak community will also create a peace garden for heritage conservation and peacebuilding at the Chelimo/Lipton tea area. The Guru Nanak Sewak Jatha team, led by Prof. Mohinder Singh Ahluwalia, will provide expertise on values-led education and training for the county government.



Mombasa-based Omax FC secured their fifth-place finish in the FKF Division One Zone A, defeating Fortune Sacco 1-0. This victory shattered Fortune Sacco's hopes of securing automatic promotion to the National Super League (NSL). They now face a playoff match against MOFA and a 3-1 win against Kibera United, which assured 3K of the league title. Assistant Coach Hassan Hussein expressed satisfaction with Omax's performance in their debut season and is starting preparations early for the next season, aiming for promotion to the NSL. Omax's transformation into Congo Boyz earlier this season is a significant development for the upcoming season. The club is now gearing up to commence an intensive training programme to focus on securing promotion to the NSL. This season, Simba Apparel, Malindi Progressive, and Olympic Pirates faced disappointment, while 3K emerged victorious, clinching the title and securing promotion to the NSL.

Suspected Cocaine and Heroine estimated at KSh3.7 million in street value was also recovered in another operation conducted in other parts of Mombasa and Kilifi Counties. In a swoop conducted in the wee hours of yesterday by a combined team of Anti-narcotic Unit (ANU) and Transnational Organized Crime Unit (TOCU) detectives, 50 grams of cocaine and 1.15kgs of heroin were recovered. A suspect namely Hussein Mansur Salim was apprehended in Kisauni, Mwandoni with approximately 50 grams of cocaine valued at KSh250,000. In Kisauni at Stage ya Paka, Ali Swale was also arrested with approximately 1kg of heroin, with a street value of Sh3,000,000. Similarly, Harrison Mwenda Kiambi was also netted in Mtwapa Maweni with heroin weighing 150 grams, valued at Sh 450,000. The three suspects are in lawful custody pending arraignment.



Principal Secretary for Irrigation Ephantus Kimotho paid a courtesy call to Embu County governor Cecily Mbarire at her office. The PS who was received by Embu County Commissioner Jack Obuo was in the county to inspect irrigation projects in Manyatta and Runyenjes Constituencies. During the inspection, the team visited two successfully completed irrigation projects, one funded by the National Government, namely Kagaari Gaturi Irrigation Project in Runyenjes Constituency and the other one donor funded project namely Kiruki Kiende Irrigation Project in Manyatta Constituency. The team also inspected ongoing projects; Gatene Irrigation Project funded by KFW through Smallholder Irrigation Program, New Kithimu Irrigation Project funded by National government and Itabua Muthatari Irrigation Project which is also funded by the government.



NEWS PAPER

IN BUSINESS

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Shakahola Massacre: Terrorism Case To Start In July

By: MKT Correspondent
@themkenyetimes

Worth Noting:

- The Magistrate granted the probation team an additional 21 days to complete the reports on the remaining 35 out of 95 accused persons.
- The pre-bail reports are required to guide the court in determining an application by the prosecution to oppose the release of Mackenzie and his co-accused on bond.
- The court directed that the matter be mentioned on May 5 to confirm whether Probation and Aftercare would have filled and served the probation reports to all parties.

A Shanzu court is set to commence the hearing of a terrorism-related case against Paul Mackenzie and 94 others on July 8 in connection with the Shakahola massacre.

Shanzu Principal Magistrate Leah Juma scheduled the first hearing for July 8 to 11 and with a second round coming up from July 22 to 25.

Juma reiterated that she will expedite the delivery of justice to each of the accused persons, requiring all parties to adhere to the set timelines.

The court further ordered the Probation and Aftercare service to expedite the preparation of pre-bail reports.

The Magistrate granted the probation team an additional 21 days to complete the reports on the remaining 35 out of 95 accused persons.

The pre-bail reports are required to guide the court in determining an application by the prosecution to oppose the release of Mackenzie and his co-accused on bond.

The court directed that the matter be mentioned on May 5 to confirm whether Probation and Aftercare would have filled and served the probation reports to all parties.

Meanwhile, the Magistrate directed Shimo la Tewa Prison Authority to take 3 accused persons to the hospital after they had started starvation. The court directed that the medical report on the status of the three be availed to the court on the mention date.

Mackenzie and 94 others are charged with engaging in organized criminal activity, radicalization and facilitating the Commission of a Terrorist Act, and being in possession of an article connected with an Offence under the Prevention of Terrorism Act 2012.

It is alleged that on various dates between 2020 and 2023, the accused



Paul Mackenzie with other accused persons when they appeared before the Shanzu Court yesterday

persons, who were members of the Good News International Ministries, engaged in organized criminal activities at Kwa Mackenzie area of Shakahola Forest, Chakama Location of Magarini Sub-County within Kilifi County, endangering lives and killing 429 members and followers.

They are also accused of promoting and/or adopting an extreme belief system for the purpose of facilitating ideologically based violence, namely fasting to death, by advancing religious change, which occurred between 2020 and 2023 at Shakahola Forest within Kilifi County.

The accused persons are also said to have facilitated the commission of a terrorist act by transporting the members and followers of Good News International Ministries between Shakahola Forest and Malindi Township within Kilifi County, thereby endangering their lives.

It is alleged that Paul Nthenge Mackenzie and two others, within the same period at Furunzi area in Malindi Sub-County within Kilifi County, were found knowingly in possession of CDs, DVDs, books and pamphlets for use in instigating the commission of a terrorist act, namely endangering the lives of the members and followers of the Good News International Ministries.

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Official Change Of Guard Ceremony At The Defence Headquarters

By: KDF

General Charles Muriu Kahariri, the Chief of Defence Forces (CDF), was yesterday received at the Defence Headquarters, Nairobi, in an elaborate yet unprecedented Change of Guard ceremony.

The event comes days after the President of the Republic of Kenya, and Commander in Chief of the Defence Forces presided over the investiture of ranks and swearing in of newly promoted and appointed Kenya Defence Forces (KDF) General Officers at State House, Nairobi on Friday last week.

General Kahariri is the 12th Chief of Defence Forces, taking over from General Francis Ogolla, who passed on following a tragic aircraft accident in Sindar Village, Elgeyo Marakwet County on April 18.

Yesterday's ceremony was held under customary military traditions in which the incoming CDF inspected a Guard of Honour mounted by Kenya Air Force troops; followed by a command flag handover ceremony after inspecting the old and new guard troops in line mounted by soldiers from the Tri Serve.

Present during the event were the Vice Chief of Defence Forces (VCDF) Lieutenant General John Omenda, Service Commanders, Lt Gen David Tarus Maj Gen Fatuma Ahmed and Maj Gen Paul Otieno, Defence Cabinet Secretary Adan Duale, the Principal Secretary Patrick Mariru, the Commandant NDC Lt Gen Juma Mwinyikai General Officers at the Defence Headquarters, Senior military and civilian Officers, Officers and a Service Members led by the Defence Forces Sergeant Major WOI Elijah Koranga and the Service Sergeant Majors from the three services.



Official Change Of Guard Ceremony At The Defence Headquarters.

Tana Water Works Development Agency chairman Donates To Nyeri Town Floods Victims

By: MKT Reporter
@themtkenyatimes

Tana Water Works Development Agency chairman Wanyaga Gathaka yesterday heeded a call by the Presidency for Kenyans of goodwill to assist floods victims.

Wanyaga visited victims at Githiru Primary School in Nyeri Town constituency where he donated relief supplies to dozens of victims.

The over 70 residents of Githiru area were displaced over the weekend after Chania River burst its banks near their homes.

Wanyaga, accompanied by former Gatitu/Muruguru Ward Member of the County Assembly (MCA) Anthony Mwangi Kibuu and local officials of the National government visited the victims, camping at the local primary school.

Addressing the victims, Wanyaga

urged them to be resilient as they waiting for the next course of action by the government.

He called on other leaders and well-wishers to consider supporting affected Kenyans in various parts of the country.

Similar sentiments were aired by Kibuu, the administrators as well as some of the victims who were interviewed by journalists.

Tana Water Works Development Agency chairman (in white shirt) addressing the floods victims at Githiru Primary School in Nyeri Town constituency yesterday..



African Leaders Deliberate On Fertilizer, Soil Action Plan

By: Bernadette Khaduli
@themkenyentimes



Worth Noting:

- The three-day event that has been hosted by the Kenyan government in collaboration with the African Union (AU) has brought together over 2000 stakeholders from across the continent to evaluate the state of Africa's soil health, network on how best issues affecting agriculture can be addressed, and engage in business at the event themed 'Listen to the Land' that will culminate into a high-level Presidential Summit.
- In the Maputo Declaration in July 2003, Heads of State and Governments endorsed the commitment to the allocation of at least 10 per cent of national budgetary resources to agriculture and rural development policy implementation within five years.

There is need for the African continent to develop coordination mechanisms where all stakeholders will sit at the same table and develop action plans that address issues of fertiliser and soil health.

The Prime Cabinet Secretary and Cabinet Secretary for Foreign and Diaspora Affairs, Musalia Mudavadi, said issues of fertiliser and soil health cut across different jurisdictions, an issue that requires all stakeholders to deliberate and come up with effective and long-lasting solutions.

Musalia, who was speaking yesterday during the Second African Fertiliser and Soil Health (AFSH) Summit held at the Kenyatta International Convention Centre in Nairobi, also urged participants of the summit to come up with financing proposals that are practical and achievable.

"This is the only way to reach the targets set within the action plans as the economies recover," he stated.

The three-day event that has been hosted by the Kenyan government in collaboration with the African Union (AU) has brought together over 2000 stakeholders from across the continent to evaluate the state of Africa's soil health, network on how best issues affecting agriculture can be addressed, and engage in business at the event themed 'Listen to the Land' that will culminate into a high-level Presidential Summit.

In the Maputo Declaration in July 2003, Heads of State and Governments endorsed the commitment to the allocation of at least 10 per cent of national budgetary resources to agriculture and rural development policy implementation within five years.

The Prime Cabinet Secretary said he is aware that it has been difficult for the majority of African governments to allocate budgets to agriculture and rural development at the level anticipated in the Maputo declaration due to the effects of COVID-19 that have affected the economic performance of most countries and the world. Countries have also been compounded by competing resource allocation needs.

The AFSH Summit, which will be the continent's largest soil health forum, will be held under the leadership of President William Ruto and Chaired by the Chairperson of the African Union Commission (AUC), Moussa Faki Mahamat.

Musalia said the summit has been held at a challenging time when millions of Africans across the con-



From left to right: Franklin Linturi, Cabinet Secretary Agriculture and Livestock Development, Kenya, Musalia Mudavadi, Prime Cabinet Secretary and Cabinet Secretary for Foreign and Diaspora Affairs, Kenya, Amb. Josefa Sacko, Commissioner for Agriculture, Rural Development, Blue Economy and Sustainable Environment, Africa Union and Frank Kagyigyi Tumwebaze, Minister of Agriculture, Animal Industries and Fisheries, Republic of Uganda in a group photo during the official opening of the three-day Africa Fertilizer and Soil Health Summit yesterday at Kenyatta International Convention Centre. Photo by Kibet Cheptumo

continent are facing severe food and nutrition insecurity, an issue that requires the continent to come up with long-term and sustainable strategies on how to feed the growing African population.

He expressed appreciation to the Heads of State and Government from the AU who have provided the policy framework and guidance on the key focus of the summit, singling out the Comprehensive Africa Agriculture Development Programme, which he noted has served as the framework for action for agricultural transformation across Africa since 2003.

"We laud the Comprehensive Africa Agriculture Development Programme, an AU initiative, which supports member states in increasing investment and productivity in the agricultural sector," added Musalia.

In his remarks, Cabinet Secretary for Agriculture and Livestock Development Mithika Linturi said soil fertility depletion has been cited as the fundamental root cause of declining per capita production due to continuous mining of soil nutrients and inappropriate farming practices, among them the use of blanket fertiliser recommendations.

He singled out crop productivity, food insecurity, a low return on agricultural investment, and environmental degradation as some of the negative effects of land degradation.

"There is need for Kenya to utilise its available land for agriculture in a sustainable manner to avoid putting pressure on the soils," said the CS.

He announced that only 19 per cent of Kenya's land area is arable for crop production, while that under cereals production accounts for approximately 2.7 million hectares (47 per cent) of the total arable land, which he noted puts a lot of pressure on the soils.

Some of the key declarations and commitments made by African Continent Heads of State and Government to drive agricultural productivity to improve food, nutrition, and security are the Abuja Declaration in 2006, where the declaration on fertiliser for the African Green Revolution identified the need to increase fertiliser use to stimulate agricultural productivity growth to end hunger and poverty in Africa.

In the Malabo Declaration of June

2014, African leaders declared their commitment to end hunger by 2025, and during the Soil Initiative for Africa held in September 2020, the African Union Commission issued a call to improve the health and productivity of Africa's soils and scale proven and locally adapted technologies.

Others who spoke at the meeting were the Uganda Minister of Agriculture, Animal Industry, and Fisheries and Chair of the African Union Specialised Technical Committee on Agriculture, Rural Development, Water, and Environment, Frank Tumwebaze, and the AU Commissioner for Agriculture, Rural Development, Blue Economy, and Sustainable Environment, African Union Commission, Amb. Josefa Sacko.

The Summit was attended by Ministers from the African continent.



Prime Cabinet Secretary Musalia Mudavadi during the conference.

Diamond Trust Bank (DTB) Announces Corporate Reorganization To Spur Growth

By: MKT Reporter
@themtkenyatimes

Regional commercial banking solutions provider Diamond Trust Bank (DTB) is set to scale up a strategic corporate reorganisation plan to enhance its business growth in Kenya, Uganda, Tanzania, and Burundi.

The reorganisation, part of a corporate target to acquire 10 million customers across the East African region by 2026, will involve strengthening the DTB Group Executive and Leadership Structure and appointing a substantive Kenya Country Chief Executive Officer (CEO).

At the Executive level, current DTB Kenya CEO, Mrs Nasim Devji, who has spearheaded DTB's growth plans for over twenty years and holds the dual position of Group Chief Executive Officer as well as the CEO for DTB Kenya, will going forward, dedicate more time and focus on building and broadening DTB's franchise across the region and beyond as the Group embarks on its future course of enhancing customer experience and its product offering through digi-



Mrs Nasim Devji.

talisation initiatives.

Speaking when she confirmed the development, Mrs Devji said the strategic reorganisation, as approved by the Board, will strengthen the management structure and enhance the Group's plans to build a strong franchise in the region under her leadership.

In this context, she said, DTB Kenya intends to recruit a country CEO who will report to the Group CEO (Mrs



Devji) along with the current country CEOs for DTB Burundi, DTB Tanzania, and DTB Uganda.

"The Country CEO for DTB Kenya, along with the current Country CEOs for the other regional countries will report to and work closely with me to ensure the smooth functioning and continued success of DTB in each country," she said.

She added, "We believe that this decision will bring immense value to our organisation, enabling us to seize new opportunities, develop new relationships and navigate the ever-evolving banking landscape more effectively."

In Uganda, DTB Uganda recently announced the appointment of Godfrey Sebaana, a seasoned banker with over twenty years of experience, as its new Country Chief Executive Officer and Managing Director.

"At DTB, we are actively focusing on enhancing the delivery of our regional business growth strategy. This strategy is geared at achieving

socio-economic relevance and pivoting DTB to be a Customer-Centric, Top-Tier, Digitally Driven Bank in East Africa," Mrs Devji said.

She added, "The DTB business growth strategy is also premised on achieving sustainability excellence and is underpinned by our core value as an Aga Khan Development Network (AKDN) institution of improving the quality of life for all our stakeholders. It enables us to create value by enriching the lives of our customers and other stakeholders in a sustainable, meaningful and impactful way."

She confirmed that the regional business growth model will also be hinged on a two-strand approach: the use of the traditional brick-and-mortar infrastructure and the deployment of new-age technology to deepen penetration and provide convenience and access to our customers.

Owalo Distributes Relief Supplies To Flood Victims In Kisumu

By: MKT Reporter
@themtkenyatimes

Information, Communications, and the Digital Economy Eliud Owalo has distributed relief supplies to over 4000 displaced families in Nyakach and Nyando Sub-Counties in Kisumu.

The relief food was part of the National Government's Disaster Response Programme, spearheaded by President William Ruto.

The relief food was a temporary support measure aimed at alleviating the suffering of flood-hit communities.

The national government has partnered with the County Government and other stakeholders to provide helicopters to evacuate families stranded in flood waters.

The government will prioritise the construction of the Koru-Soin dam to alleviate the locals' suffering. The

state has pledged to use dredging machines to desilt Lake Victoria, especially at the mouth of the River Nyando, to control the backflow menace.

The government will also construct dykes along the River Nyando to address perennial floods in the area. Owalo urged locals to be proactive and move out of the river banks in good time to avoid disaster.

He called on residents to plant fruit and indigenous trees to help hold soil and prevent soil erosion.

He toured flood-affected communities and made donations through a delegation made up of SACCO Societies Regulatory Authority Chairman Jack Ranguma, Postal Corporation Chair Rose Nyamunga, National Museums of Kenya Chairman Edwin Abonyo, Lake Basin Development Authority Chairman Dianga Waore, and Lake Victoria South Water Works Development Agency Director Millicent Oduor.



Cabinet Secretary Eliud Owalo distributing relief supplies in Kisumu County.

Why Ruto's Affordable Housing Plan Is Unstoppable?



By: Joseph Mutua Ndonga
mutuandonga@yahoo.com



Affordable Housing .

Worth Noting:

- During the campaigns, Dr William Ruto, the coalition's presidential candidate, minced no word in assuring Kenyans that he would implement this plan to the letter and spirit.
- If Kenyans were opposed to this plan one would not have expected them to elect Dr William Ruto.
- The new Bill had been enacted by parliament as required by the law. The State had earlier scored big after it managed to convince the benches of the High Court and Court of Appeal to struck out the petitions filed by those opposed to the Housing plan.
- This had demonstrated the commitment of President William Ruto to walk the talk. His fidelity to the constitution has up to date remained beyond reproach.

A few days ago, a judge of the High Court directed that the six cases filed to challenge the affordable housing plan be consolidated.

This decision was informed by the fact that the grounds cited were similar.

The judge, however, declined to rule in favor of petitioners' prayer to stop the government from implementing the project until the cases were heard and determined.

The cases were filed after President William Ruto signed the newly enacted Bill into law.

As expected, the government immediately filed a counter-suit.

As we know, the judges are always guided by the law, constitution and precedents in arriving at their final determinations.

Taking cognizant of the fact that the judges had already pronounced themselves on similar cases filed earlier, one would not expect them to contradict themselves.

The petitioners want Kenyans to believe that the affordable housing project is a function of the county governments.

But those who understand the law would disagree. The petitioners are taking Kenyans for a ride.

The function of housing is a shared responsibility between the national government and counties. This new law has addressed this issue.

After the President discharged his constitutional mandate and signed the new Affordable Housing Bill into law, one of the mainstream print media houses published a story titled 'Ruto has his way'.

I'm sure many would agree with me that this headline was totally misleading.

It is the people of Kenya who had won but not President William Ruto.

Let me explain why? The plan to roll-out affordable housing was one of the key highlights of Kenya Kwanza manifesto.

During the campaigns, Dr William Ruto, the coalition's presidential candidate, minced no word in assuring Kenyans that he would implement this plan to the letter and spirit.

If Kenyans were opposed to this plan one would not have expected them to elect Dr William Ruto.

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liament as required by the law. The State had earlier scored big after it managed to convince the benches of the High Court and Court of Appeal to struck out the petitions filed by those opposed to the Housing plan.

This had demonstrated the commitment of President William Ruto to walk the talk. His fidelity to the constitution has up to date remained beyond reproach.

As law making body, parliament kicked off the process by conducting public participation. After collecting and collating the views of the public, the relevant house committees drafted the bill. The bill later sailed through. Of 199 members present, 141 voted in support of the bill while 66 rejected it.

As required by the law, the bill have since been forwarded to the Senate for concurrence. It is now a new law after the President assented to it

I had earlier written an opinion piece in this column. These were my observations.

Just like his predecessors, President William Ruto is leaving nothing to chance in building and unveiling his legacy projects.

There is no doubt that the affordable housing plan is his signature legacy project.

One can therefore understand why the president would not take it lightly the initial move by the high court to suspend the implementation of the plan

He stated that this was the work of my political opponents. They are hell-bent on sabotaging and derailing my development agenda.

The corrupt judicial officers were helping them to have their way after bribing and compromising them.

Their machinations are bound to fail.

A few days later, the President held a meeting with Chief Justice Martha Koome and Speaker of national assembly Moses Wetangula. The Speaker joined them later.

Sources indicated that the President took unprecedented move when he declassified some intelligence reports which he shared with CJ. He disclosed that corrupt judges were working hand in hand with corrupt and rogue lawyers.

As the CJ, the buck stops with you. The people of Kenya expect you to tame

members of your team. The corrupt riddled judges must be shown the door.

On his part, the President assured the CJ of his commitment to eradicate corruption in the executive.

The three-judge bench of Court of Appeal had earlier ruled in favor of an application filed by Treasury Cabinet Secretary Njuguna Ndungu.

The bench had upheld the High Court order allowing the government to continue collecting the housing levy until an appeal is heard and determined.

The matter is still pending in court. So, the change of heart by the bench was bound to raise queries. Was the decision based on law or it was an escalation of the ongoing war. What has changed?

I had earlier listened to President William Ruto's interview when he hosted journalists from different media houses at State House Nairobi.

One of the journalists told him. You rode to power on a platform of promising to respect and uphold the constitution and other laws of the land but today you are doing the opposite.

He cited the housing levy. The court declared this law unconstitutional but we have been hearing you maintaining that the levy is there to stay.

The President told him. What you are saying is not true. I have been walking the talk in terms of respecting the constitution and decisions of the courts.

On housing levy, you the people of the media are to blame for misinterpreting that ruling. The problem of unconstitutional was indeed created by you.

That is not what the bench of the three judges stated. The bench only took issue with what they termed as discriminative aspects of the law.

This is because it is only employed people whose salaries were being subjected to a deduction of 1.5 percent.

The Judges heard our prayers and allowed the government to continue collecting the levy until January next year. This will give you an opportunity to review and align this law. You would not have expected the judges to do this if the housing levy is unconstitutional.

When the judges delivered the ruling, President William Ruto stated. We believe in the rule of law. So, my government will fully comply with the orders issued.

We will take the necessary steps to ensure this law is aligned. Dr Ruto reiterated this during interview. He said that the majority leader Kimani Ichungwah have already drafted the bill and presented it to parliament.

The president further stated. The housing plan is a noble idea whose time has come. As I speak, It has created 120,000 jobs. The job opportunities are set to increase to 200,000 and 500,000 in coming days.

The mega project resonated very well with Ruto's concept of bottom up economic model. It is designed to address two main challenges: joblessness and lack of decent houses.

The President announced that 250,000 affordable housing units will be constructed in the first phase.

He said the housing project is being op-

posed by those employed who received a payslip every month.

They do not want 1.5 per cent to be deducted from their salaries.

The same case applies to the top leaders of the Azimio La Umoja One Kenya Opposition coalition.

Each one pockets a pension of more than 1 million from the National Treasury every month.

These are the same personalities who say they love you and were ready to die for you. Really, do they?

At the time, the Affordable Housing Plan was one of the proposals contained in the controversial Finance Bill 2023.

The 'Hustlers' (those without a payslip) had been excluded. The judges now say this is discriminatory.

President Ruto has been reiterating the affordable housing plan is a game-changer. For the first time in our history, the sons and daughters of the hustlers will own decent houses.

This will elevate them to the class of the wealthier and rich families.

Initially Ruto's critics wanted Kenyans to believe that he was forcing the levy down their throat.

I totally disagree. The president had no legal mandate to pass this proposal into law. This power is exercised by parliament.

For starters, the government is made up of three main arms: parliament, executive and Judiciary.

Though each is independent, the law requires them to always embrace the principle of interdependence and complementarity.

Majorly, the role of a Member of Parliament is three pronged: Legislation, oversight and representation.

The President was in fore front of drumming support for Finance Bill 2023. Does this amount to overstepping his legal mandate? No.

I would have expected Raila to be the last person to oppose this proposal. Why? During the campaigns, the house plan proposal stood out as one of his main election pledges.

If elected President, I will roll out a massive affordable housing plan. Majority of our people, who migrated to urban centers, were living in poor and highly deplorable conditions in slums. 'My government' will build decent houses for them. This is a commitment I have given to you.

Raila would add: A huge chunk of money to build these houses will come from our pockets. He would single out those employed, civil servants, state officers and other workers. The Government will deduct 1.5 per cent from the payslip of each. President Ruto's administration is collecting the same amount.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Government Secures Lucrative Market Abroad For Kenyan Tea

By: PCS

.....

Tea farmers will earn more from the crop following a pact between Kenya and Liptons Teas and Infusions and Brown Investments.

Under the new plan, the two firms will position Kenya's Tea as a premium product to the global stage.

The collaboration will see these entities partner with the local communities to enhance the capacity of the sector.

It will include the setting up of a Community Endowment Trust Fund with an initial investment of Ksh1 billion in community projects.

Liptons is already setting up the Lipton's Tea Academy that will see the training of farmers on the global best practice to achieve maximum

value on their crop.

The two entities will also set up a state-of-the-art tea-specific fertilisers plant.

President William Ruto said Kenyan tea will continue attracting world attention due to its top quality.

He spoke on Tuesday at State House in Nairobi.

Present in the meeting were Sri Lanka High Commissioner Velupillai Kananathan, among other leaders.



President William Ruto said Kenyan tea will continue attracting world attention due to its top quality.

Lower Tana Delta Gets New Vehicle To Aid In Conservation Efforts

By: Amenyha Ochieng
@themkenyatimes

.....

The Northern Rangeland Trust (NRT) has donated a new vehicle, a Land Cruiser, to the Lower Tana Delta Conservancy to aid in conservation and community empowerment efforts.

The vehicle will aid the Lower Tana Delta Conservancy in enhancing their rangers' rapid response capabilities in combating poaching, logging, and human/wildlife conflicts within the expansive 116,000-acre conservancy.

Speaking at the handover ceremony in the Lower Tana Delta area, NRT Regional Director Yusuf Hassan underscored the critical need for improved facilitation to address persistent challenges in the region.

"The acquisition of this vehicle is a direct response to the Lower Tana Delta Conservancy's plea for enhanced support in tackling illegal activities threatening our precious wildlife and ecosystems," stated Hassan.

Highlighting the multifaceted benefits of the vehicle, Hassan emphasised its role in complementing



conservation efforts and bolstering community policing initiatives.

"Beyond combating poaching and logging, the vehicle will facilitate rapid responses to security and humanitarian emergencies, ensuring the well-being of both wildlife and local communities," he added.

The donation comes amid ongoing joint patrols conducted by a

multi-agency taskforce, including Kenya Wildlife Service (KWS) officials, public administration personnel, and conservancy rangers.

NRT Coast Deputy Regional Director Kuso Ahmed, noted the positive impact of these collaborative efforts on wildlife conservation despite operational challenges.

Ahmed acknowledged the increase

in wildlife numbers resulting from joint operations and outlined plans to expand ranger patrols to further safeguard the region's biodiversity.

"With the addition of the new vehicle, our ability to swiftly respond to security and humanitarian crises will be greatly enhanced, significantly improving our conservation outcomes," Ahmed affirmed.

On her part, Tana River County Secretary, Mwanajuma Hiribae, commended NRT for its commitment to conservation and community development.

She highlighted the vehicle's broader significance, particularly in addressing humanitarian needs such as transporting expectant mothers to distant medical facilities.

Hiribae also praised the collaborative efforts between the Lower Tana Delta Conservancy, NRT, and US-AID in preserving the Tana Delta's ecological integrity amidst the challenges posed by climate change.

"By prioritising conservation, we create opportunities for sustainable livelihoods, including farming, fishing, and herding, while fostering peaceful coexistence between communities and wildlife," she emphasised.

Looking ahead, Hiribae affirmed the Tana River County Government's unwavering support for conservancy initiatives, underscoring their pivotal role in mitigating human/wildlife conflicts and safeguarding food security for local farmers.

Dealing With Satan Through Faith



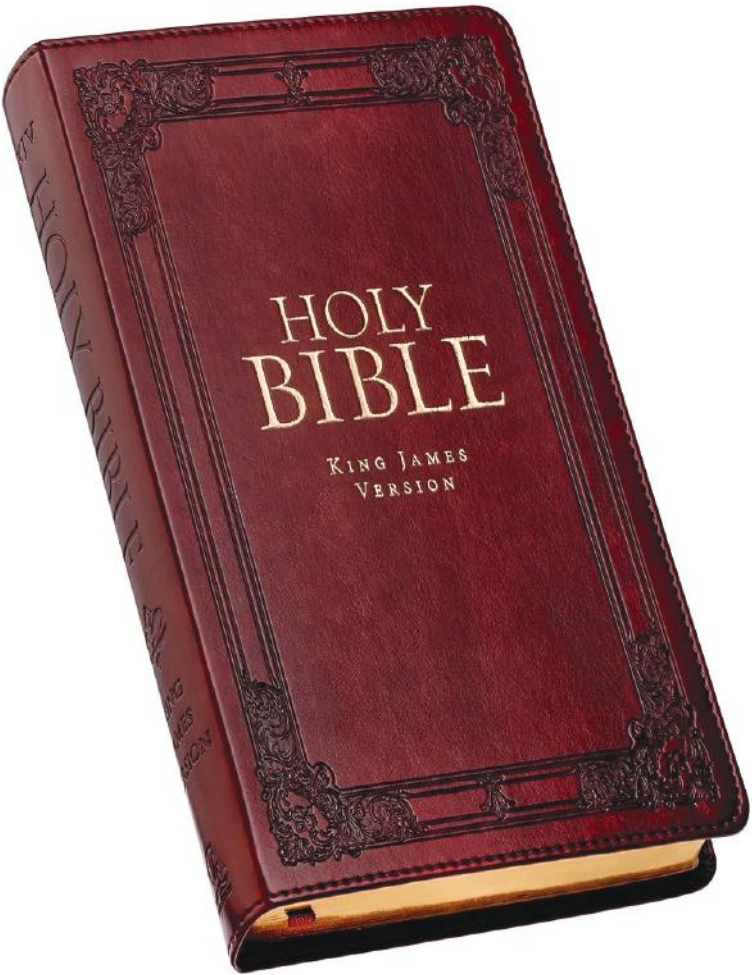
By: Eric Musa
EMEA.ericmusa@gmail.com

There is a lot more to casting out devils than just casting them out. Faith has a lot to do with dealing with the devil. In fact, faith is the number-one thing. Your faith in God has a lot to do with how you take authority over devils. You have to learn that faith comes first. You must totally, completely walk in faith. You must stand up to the devil and refuse to waver. The longer you pray, the stronger you get. The devil never obeys weak people. Never. He only obeys authority, in the name of Jesus. When an alcoholic demon has been in a person for years, he will not come out quickly. You must absolutely take authority over him. Speaking in Jesus' name, you can make that demon do anything. You cannot ask him to

do anything. You must make him obey. So many people do not believe in the power of faith. If that person harboring an alcoholic demon wants to stay an alcoholic, there is nothing you can do. But if he wants to change, it can be done. Homosexual demons are one of the hardest kinds to get rid of. Most I have dealt with have been in the men since they were little boys. So you parents of little boys, watch out who your children spend the night with. Someone might get hold of him, and in fifteen years, that will be the only thing they know. Everything that God has that is beautiful and sweet for you, the devil wants —but he wants it warped, perverted some way. But the devil tells churches all over the world to read the Bible and make up their own doctrines. He has stolen God's Word away from so many churches. The Lord told us in the Great Commission to do four things: preach the Gospel, cast out devils, speak in new tongues, and lay hands on sick people who will recover. (Mark 16:15-18.) Yet there are many, many churches that build great buildings, carry on a

multitude of activities, hold revival services, and do not do any of those four things.
GOD DELIVER US, GOD HAVE MERCY ON US.

Evangelist Eric Musa:
(My message continuously: The best decision in this earthly life is to receive Christ Jesus as your personal Saviour: Believe and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit: AMEN). As it is written; "NOW is the acceptable time, TODAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion; to support Evangelism contact Ev. Eric Musa on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember; God Loves you unconditionally, perfectly and forever.



First Of All, Know God, My Child!



Please don't write like me
If you make mistakes, don't repeat
them.
Be perfect and love, Lord,
Never break a pen with a true word,
First of all, my child, know God.

God bless you, cabbage,
May my faith never fade
Good luck, my child.
Dance like a nightingale, lol
First of all, know God, my child.

The key to heaven is faith, trust,
Put faith in my heart and life,
And I am a wing to the summer blue,
Don't let any pain remain in my mouth,
First of all, know God, my child!

Read, search, read and be wise.
Be smart, be virtuous, let the world
know,
Scatter into the world, take a lifetime,
If you make the poor cry, it will flow,
my dear.

First of all, my child, know God.

Do not argue for the sake of you,
Serve your wife for the sake of you,
Share the goodness, for God's sake you,
If you are kind, the world will appreciate
it.

First of all, my child, know God.

You are a light, a light for the people of
knowledge,
Be happy, always, to the lesson of life,
Don't hurt the palace of hearts,
Don't depend on your own country,
First of all, my child, know God.

This verse written by Nasihatnamadur,
When I'm with you, my learned child,
I told you my heart,
Listen to Mirza, O eyebrow pencil,
First of all, my child, know God.

Author: Meylikulova Mushtariy

Love Of Language Is A Sign Of High Spirituality



Language, an intricate tapestry of words and grammar, serves as a potent conduit for expressing thoughts, emotions, and ideas. Beyond its instrumental utility, however, it holds a profound significance that transcends the mundane. The love of language, in its purest form, is a beacon of high spirituality, a testament to the richness and depth of the human soul.

- **A Linguistic Symphony**
The act of immersing oneself in language is akin to embarking on a musical symphony. Each word, like a note, carries a distinct tone and resonance. As we weave words together, we create melodies of meaning, harmonies of understanding. The love of language is a recognition of this innate beauty, a sensitivity to the intricate symphony that unfolds before our linguistic ears.
- **Cognitive Enhancement**
A profound love for language fosters cognitive enhancement. By expanding our vocabulary and mastering grammar, we not only refine our ability to communicate effectively but also strengthen our capacity for critical thinking. Language shapes our perception of the world, providing us with the lenses through which we interpret reality. The more we engage with language, the broader our mental horizons become.
- **Emotional Expression**
Language also serves as a conduit for expressing our emotions. Through the written word or spoken verse, we can paint vivid tapestries of joy, sorrow, love, and despair. The love of language equips us with the tools to articulate our innermost feelings with eloquence and depth. It is in the exploration of language that we truly discover and embrace the variegated tapestry of human emotion.
- **Cultural Preservation**

Language is an integral part of our cultural heritage. It preserves the traditions, values, and beliefs of a society. By cherishing our native tongue, we honour the past and contribute to the longevity of our collective identity. The love of language is a manifestation of cultural pride, a testament to our ancestors and a legacy for generations to come.

- **Bonding and Empathy**
At its core, language is a social phenomenon that fosters connection and empathy. When we engage in conversations, we forge bonds with others, sharing stories, insights, and experiences. The love of language breaks down barriers between people, allowing us to transcend differences and celebrate our common humanity. Empathy flows through the channels of language, enabling us to understand the perspectives and experiences of those around us.
- **Conclusion**
The love of language is a sign of high spirituality, a testament to the beauty, cognitive power, and cultural significance of this remarkable human faculty. It is through the appreciation of language that we expand our minds, refine our emotions, preserve our heritage, and forge meaningful connections with others. In the symphony of language, we find solace, inspiration, and a glimpse into the depths of our human potential. As we navigate the complexities of modern life, may we always cherish and nurture the love of language, for it is a beacon that guides us towards an enlightened existence.

By: Mehriniso Juraeva
Student of Termez State university

No Dear



this?
Don't understand?
A person eats bread for himself when
he is full.
After a certain time, that person will be
in need of bread.
Bahram called Aziz from behind. But
Aziz's mind was on a bitten piece of
bread.

Aziz realized that there is no one who
has a full belly and no one who is hungry.
He promised himself that he would
never eat bread and waited for Bahram,
who was coming behind.

Usarova Dilafruz, a student of the 5th
grade of school 26

Osarova Dilafruz is currently studying
in the 4th grade of school number 26. In
her free time, she reads fiction books
and writes stories.

On the way back from school,
Aziz was crossing the usual wooden
bridge and saw a bitten piece of bread
on the road.

When he took a piece of bread,
everyone's thoughts were on this piece
of bread.

He thought in his mind:
somewhere people are hard for bread.
Open your stomach. He has not eaten
for several days.

Why don't people want to understand

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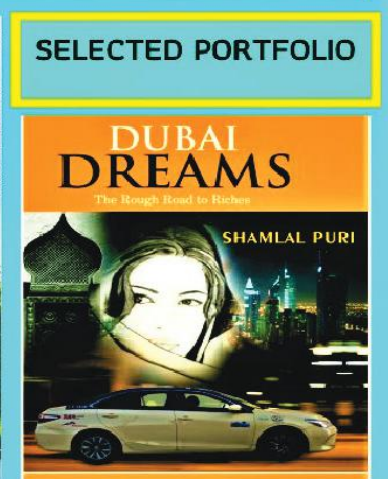
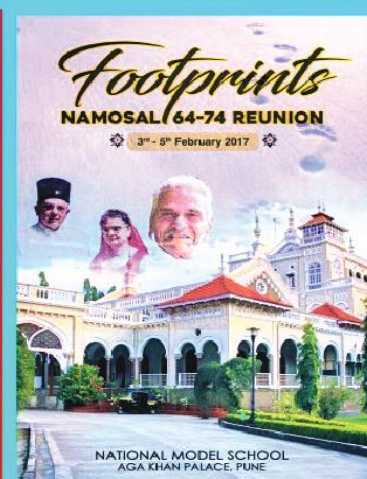
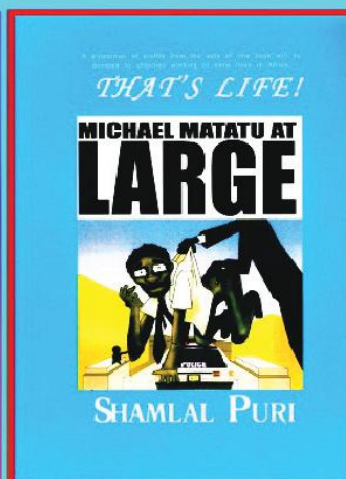
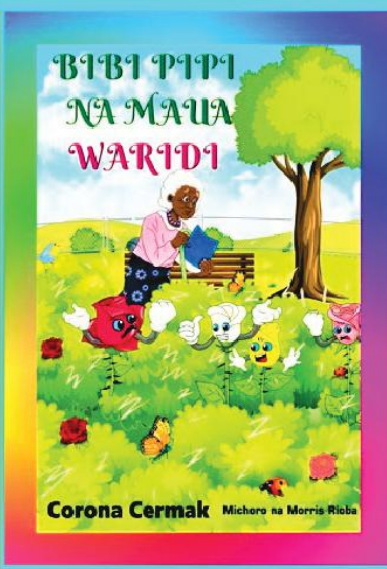
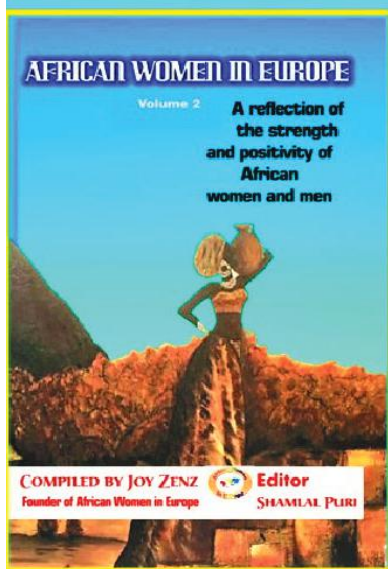
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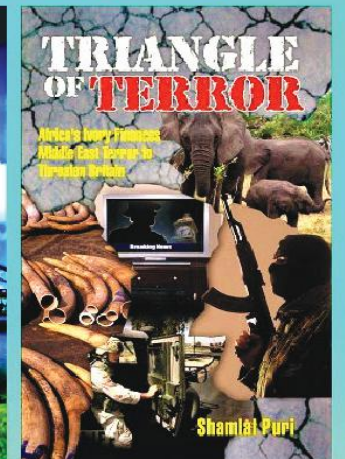
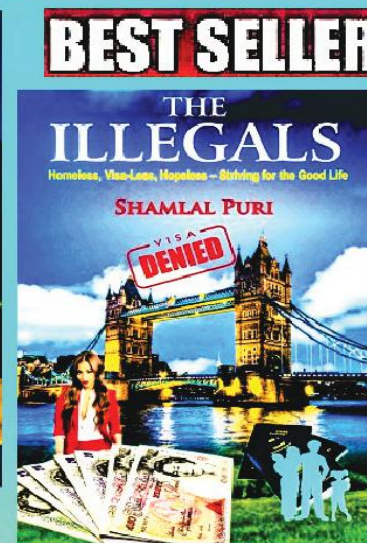
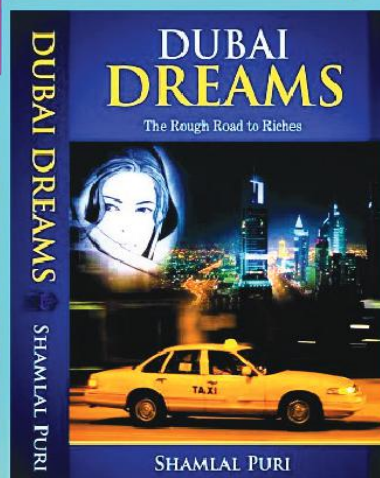
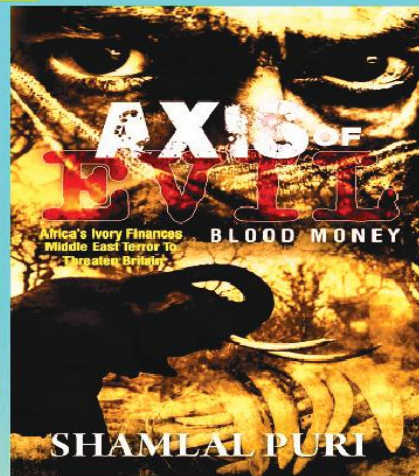
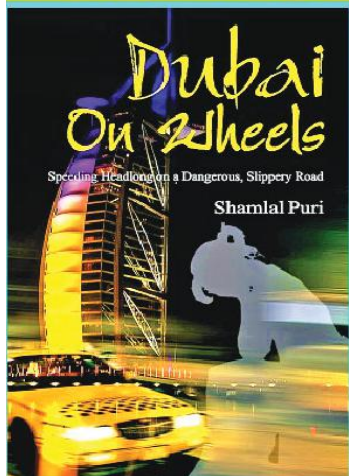
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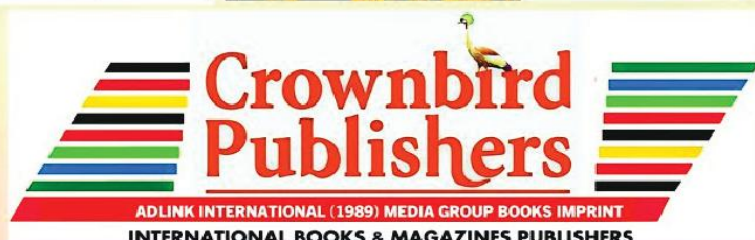
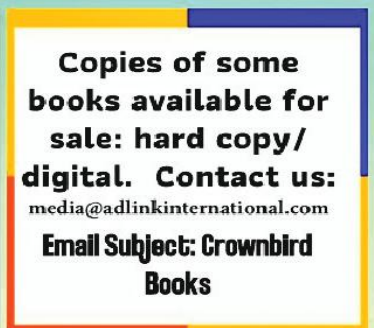
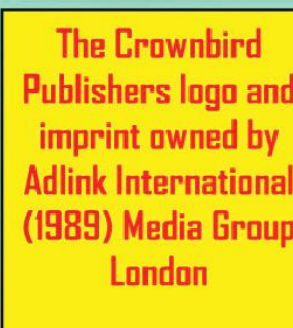
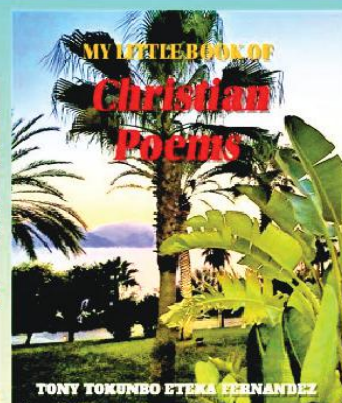
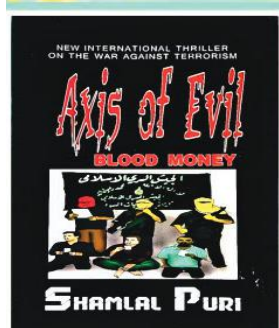
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HEALTH

Celebrating International Nurses Week: Nairobi Hospital Honors Nurses' Vital Contributions



By: Cynthia Masibo
@themtkenyatimes

Worth Noting:

- Mary Kamau, the Director of Nursing services, commended nurses as agents of change, advocates for health equity, and champions of compassionate care. He highlighted the nursing profession's proud tradition of responding to disasters and pandemics, calling on nurses to continue their dedication to serving humanity.
- At its core, International Nurses Week embodies a multiplicity of aims and objectives. It serves as a platform for recognition, honoring the selfless dedication and expertise of nurses in providing care and comfort to patients. Moreover, the week raises awareness about the critical role nurses play in promoting health, preventing illness, and delivering quality care to individuals, families, and communities.



Mary Kamau, the Director of Nursing services, addressing the media at the ampitheatre Hall in Nairobi hospital.

In a vibrant celebration held at The Nairobi Hospital, nurses took center stage as the institution paid homage to their unwavering dedication and invaluable contributions during International Nurses Week. The event, graced by esteemed guests including Amb. Dr. Monica Juma, National Security Advisor to the President of Kenya, brought together a diverse array of healthcare stakeholders, underscoring the profound impact nurses have on healthcare delivery and society at large.

International Nurses Week, an annual event observed globally, serves as a poignant reminder of the remarkable legacy of Florence Nightingale, the pioneer of modern nursing. Originating in 1965 under the auspices of the International Council of Nurses (ICN), this week-long celebration coincides with Nightingale's birthday, symbolizing the enduring influence of her visionary leadership and dedication to compassionate care.

Mr. Nyamongo the CEO of the Nai-

robi Hospital, urged nurses to embrace opportunities for research and evidence-based practice, emphasizing the importance of staying at the forefront of innovation and knowledge to enhance patient care and contribute to achieving equitable, accessible, and quality healthcare for all.

Mary Kamau, the Director of Nursing services, commended nurses as agents of change, advocates for health equity, and champions of compassionate care. He highlighted the nursing profession's proud tradition of responding to disasters and pandemics, calling on nurses to continue their dedication to serving humanity.

At its core, International Nurses Week embodies a multiplicity of aims and objectives. It serves as a platform for recognition, honoring the selfless dedication and expertise of nurses in providing care and comfort to patients. Moreover, the week raises awareness about the critical role nurses play in promoting health, preventing illness, and delivering

quality care to individuals, families, and communities. It also champions ongoing education and professional development among nurses, empowering them with the knowledge and skills needed to navigate an ever-evolving healthcare landscape.

Importantly, International Nurses Week advocates for the rights and well-being of nurses, including safe working conditions, fair compensation, and recognition of their expertise. Lastly, it seeks to inspire future generations to pursue careers in nursing, nurturing a legacy of compassionate caregiving and innovation in healthcare.

Participants in International Nurses Week span a broad spectrum of stakeholders. Nurses from all specialties, levels of experience, and practice settings are encouraged to participate, embodying the diverse tapestry of the nursing profession.

Healthcare organizations, including hospitals, clinics, and long-term care facilities, actively engage in organiz-

ing events to honor their nursing staff and raise awareness about nursing's pivotal role. Professional associations and educational institutions collaborate to coordinate activities, advocate for nurses' rights, and promote ongoing learning and development.

Government agencies lend their support through policies and initiatives that advance nursing practice and workforce development, underscoring the critical role of nursing in shaping national healthcare agendas.

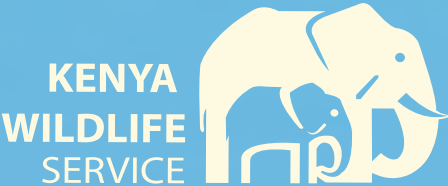
The activities during International Nurses Week are as varied as the nursing profession itself, reflecting the multifaceted nature of nursing practice. Recognition ceremonies celebrate outstanding nurses for their dedication and achievements, shining a spotlight on their exemplary service.

Educational workshops and seminars offer opportunities for professional growth and knowledge sharing, equipping nurses with the tools they need to deliver optimal patient care. Community outreach initiatives foster partnerships with local communities, promoting health and wellness through screenings, educational programs, and outreach activities.

Social media campaigns amplify nurses' voices and showcase their impact on individuals and communities, fostering global awareness and appreciation. Nurse-led initiatives drive innovation and address healthcare disparities, harnessing nurses' expertise to effect positive change. Wellness activities prioritize nurses' physical and emotional well-being, offering support and resources to sustain their resilience and vitality.

Volunteer opportunities enable nurses to give back to their communities, embodying the spirit of service and compassion that defines the nursing profession. Professional development opportunities empower nurses to enhance their skills, expand their knowledge, and assume leadership roles, ensuring their continued growth and advancement.

In conclusion, International Nurses Week serves as a poignant reminder of the profound impact nurses have on healthcare and society. By recognizing their contributions and advocating for their rights and well-being, we pave the way for a brighter future in healthcare.



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Karibu, Tutunze Pamoja!

Food Crisis Looms As Rains Wreak Havoc

By: Wangari Mwangi and George Gerish
@themkenyetimes

Consumers in Nyeri County could soon be forced to dig deeper into their pockets to afford food commodities as floods continue to wreak havoc on farms and roads, causing delays in the delivery of commodities to the markets.

Traders from Nyeri who spoke to journalists say that as much as the County has not been badly hit by the floods, the heavy rains have cut off their access to fresh produce from farmers from the neighbouring counties, leaving them with little choice but to pass down the additional cost to the consumer.

A spot check at the Soko Mjinga and Nyeri open-air market shows that a 70-kilogramme crate of tomatoes is retailing at Sh 6,000, up from Sh 4,000 in April. A kilogramme of red onions is currently retailing at between Sh 180 and Sh 200 per kilogramme. This is a Sh20 increase in price from the already pricey Sh160 that consumers were paying in April for a kilogramme of the commodity.

Lucy Mugure, a market vendor at Nyeri open air market, said that traders are now faced with the huge task of accessing the staples as well



Traders in an open market.

as convincing customers to buy the commodities at hiked prices. According to Mugure, traders are also confounded with a new challenge due to the wet weather, as the storage of food items has become an uphill task.

“When we experience heavy rainfall, fresh vegetables tend to rot or turn black and go bad easily. This has left us counting losses as the

products are going bad before you recover your profit,” she said.

For Mary Warui, another trader, the heavy downpour has created a vicious cycle where farmers are complaining about farm produce rotting on farms while those who had managed to harvest remain stranded with farm produce due to impassable roads. Ms. Warui, who deals in vegetables, says that this has negative-

ly impacted the cost of transporting food staples from the farm to the market, with traders footing the higher transport charges.

“When we prayed for rain, this is not what we expected. The rains destroyed farm produce, roads have been rendered impassable, and accessing interior farms where we get our produce has become a huge challenge. At the moment, we are grap-

pling with many challenges, and the biggest one is that the cost of doing business is very high, especially for us traders,” said Ms. Warui.

Her sentiments were echoed by Janet Mwangi, a potato vendor, who warned of a possible potato shortage in the coming days. Ms. Mwangi says that traders have had to increase the price of a 17-kilogramme bucket of potatoes by Sh 200 to ensure that they remain in business.

She said despite potatoes being plentiful in the farms, most farms were either flooded or roads leading to the farms had been cut off by the heavy downpour, and she is asking the government to take quick and adequate steps to improve the state of roads.

“A bucket that we previously sold for Sh 800 is now selling at Sh 1000. There are farmers who have produce which cannot be harvested because the farms are waterlogged. And even if they harvest, they cannot access the market because of the poor state of our roads,” she said.

“We are selling what was left before the floods started, and that is the main reason there are no potatoes in the market. We are asking the government to improve drainage systems to avoid floods in arable lands and also to ensure that we remain in business,” she added.

MOH Embarks On Public Participation Exercise Over The Draft Graphic Health Warnings For Tobacco Products

By: MKT Correspondent
@themkenyetimes

Public health experts are urging the Ministry of Health to consider harm reduction alternatives when developing graphic health warnings for tobacco products.

Industry stakeholders have urged the ministry to consider factual, descent-based, and science-based regulation in the formation of these new graphic health warnings.

Dr. Vivian Manyeki, a Public Health expert, believes that the introduction of harm reduction alternatives will give room for the current science teaching about harm reduction products as alternatives to cigarettes.

The graphic warnings will cover the whole packet and have no space to

tell consumers about the content and important details of the product.

Tobacco industry players have also asked the ministry to differentiate product categories when developing proposed graphic warnings.

The National Chairman of the Pubs, Entertainment, and Restaurant Association of Kenya (PERAK), Michael Kiragu, said that the ministry is generalising all products and asking them to differentiate.

Tobacco Control Board chairperson Naomi Shaban stated that the ministry aims to create public awareness about the harmful effects of tobacco consumption and possibly persuade tobacco users to quit smoking.



LETTERS TO THE EDITOR

Let's Not Forget Boy Child



Campaigns for girl to boy have been sensitive for a long period of time. The crucial fight is making the girl child break all odds to special recognition in the society something positive. Campaigns, discussions and groups have led to girl empowerment but unfortunately the boy child forgotten. The expectations are highly undermining a balance.

The recent unfolding have encouraged putting more girl child in mind and on the other side leaving boys traumatized. The boys are undergoing difficulties that are not intervened this eas-

ily dumping them into depression. For example there are cases where young boys are assaulted by older women but that is not real realized. Boys are taken to be strong; what is practically away from the reality.

It is unfortunate that there are many young men who have started indulging into drug abuse like alcohol because they have lacked a shoulder to share their grievances. A genuine example, it is unusual to take serious a rape case of a boy compared to that of a girl, more concern is put in girl child. This can be resolved by always having a balanced

campaigns, discussion and talks not to endanger one gender. We are all human; a man can be depressed, can suffer and can also cry.

Many cases are reported of domestic violence, but when all this is said what automatically comes into mind it is a woman who has been mishandled. But several men are suffering in silence even others dying since they fear the shame when they speak out. The sympathizing and somehow not funny part, a woman will box a man properly but no sooner than a man raises his hand the woman would had already

screamed and all as simple is twisted. I think if boy and girl respected each other all this will not be an issue to argue about.

Sometimes since many groups, associations and human rights campaigns have increased their campaigns in favour of girls, boys are apparently feeling undermined. Through this it is why some women take some decisions, actions that harm men by being confident that they have so many hands to steer their support and protect them.

It is as such concerning that if this is not reemphasize then we will lose

boy child. The pressure and unimportance exerted to boys is making them live and create a hostile environment as girls being their enemies. If taken lightly then the consequences will be heavy to carry.

*By Cherono Flonah and Shirline Mutai
Rongo University.*

Floods Mitigation Calls For Urgent Cross-Sector Collaborations

Recent torrential rains have triggered widespread flooding across several counties in the country, leaving a trail of destruction in their wake. Homes submerged, roads impassable, and communities cut off from essential services paint a grim picture of the aftermath.

With flood waters continuing to rise, authorities are scrambling to respond

but the scale of disaster has overwhelmed the local resource.

Emergency shelters have been set up to accommodate displaced residents, while rescue teams work tirelessly to evacuate those stranded in the hardest-hit areas.

However, the sheer magnitude of the flooding has strained efforts leaving behind many residents anxiously

awaiting assistance.

In the face of this crisis, urgency is needed for comprehensive flood mitigation strategies. With climate change exacerbating extreme weather events, including heavy rainfall and flooding proactive measures such as infrastructure upgrades, land use planning, early warnings systems and building community resilience

through education and preparedness are essential to protect vulnerable communities.

As floodwaters recede and the full extent of the damage becomes clear, the need for decisive action to mitigate the impact of future floods has never been more apparent. Only through collaborative efforts between government agencies, communities

and stakeholders can we hope to build a more resilient future in the face of increasingly frequent and severe flooding events.

By Charity Ochieng and Grace Ndanu, media students, Rongo University

What Should The Government Do To Control The Floods In Kenya Or Is It Beyond Their Control?

By Emily Opiyo

Over the years floods have been a threat to the people of Kenya and all over the world, for instance those of Rift valley and Northern part of Kenya. Floods have a devastating effect on almost all socio economic activities and it causes enormous damages to loss of lives and properties.

Floods are caused by heavy rainfall

and overflow of riverbanks. Early this year there has been constant rainfall which has caused a lot of harm to the people of Kenya leading to destruction of properties and loss of lives.

Many are experiencing floods from different parts of the Kenyan. The most shocking and surprising that people of Nairobi are the once expe-

riencing floods more something that rarely happened and it has led loss of many lives and displacement of people.

The government is encouraging the people affected to vacate and move to high places.

Floods have affected the re-opening of term two and the students are yet to know when they will resume learning

because the rain is still there. Should the schools remain closed or they just resume and what of the affected school like Ahero Girls in Kisumu, what will they do if the government decided to reopen the schools soon.

Government should look for another alternative to control the floods. The flood controlling measures seems not bear a fruit. Should the government

hold a prayer session to see if that could help maybe the country needs cleansing and a prayer for the lord to help us Kenyans. Government to look for a better way of controlling the floods and Schools to resume soon.

What We Can Deduct From The Ongoing Flooding Menace

Despite the devastating impact of ongoing flooding in Kenya, there are potential silver linings that can be leveraged for the country's benefit. Firstly, these heavy rains replenish reservoirs and groundwater, addressing water scarcity issues prevalent during dry seasons even if there have been reported cases of dams bursting including Solai and reports of looming disaster of Masinga and Kiambere dams. This increased water availability can support agricultural

activities, boosting crop yields and food security for both rural and urban populations thereafter. Additionally, the flooding helps to flush out pollutants and contaminants from water bodies, improving water quality and reducing the risk of waterborne diseases.

Moreover, the floods create opportunities for harnessing renewable energy resources. Kenya has been making strides in renewable energy development, particularly in hydro-

power generation. The surplus water from flooding can be channeled into hydroelectric dams, increasing electricity generation capacity and reducing reliance on fossil fuels. This not only contributes to a cleaner energy mix but also enhances energy security and supports economic growth through increased access to reliable electricity.

Furthermore, the floods present a chance to enhance disaster preparedness and resilience by the Kenyan

government and other stakeholders. By implementing effective early warning systems and disaster response mechanisms, communities can mitigate the impact of future flooding events. Investing in infrastructure such as flood barriers, storm water drainage systems, and resilient housing can minimize damage and protect lives and property. Additionally, promoting community-based adaptation strategies and sustainable land management practices can help

reduce vulnerability to floods in the long term, fostering a more resilient society.

It is clear there are lessons and the positive side of the ongoing flooding in the country.

By: Janet Adhiambo

Causes Of Memory Loss



By: Farkhodova Aziza Odilbekovna
@themtkenyatimes

Worth Noting:

- If the memory loss is related to the above conditions, it is possible to treat it without drugs. For this, it is necessary to rest well. In addition, strict adherence to the diet is required. Eat more nuts, seafood, fruits, and whole grains. Because these products contain B1, calcium, and magnesium, they help the free movement of brain cells.

According to the electrophysiological, biochemical, histochemical, biophysical research conducted by scientists in the study of memory, the innovations introduced in science and technology lead to great progress, but the problems encountered in many aspects of the study of memory, including brain activity, remains unresolved.



What Are the Causes of Memory Loss?

If a person is alive, he or she lives with memory; they spend life beautifully with memory. He remembers the precious moments in his life, the unforgettable moments he spent with his loved ones. But if the memory fails, these are impossible.

Memory (Arabic thought, thought, idea, imagination) - 1) a memory of a person or an event, an impression stored in memory; 2) memory, monument; 3) names of wives and daughters.

Memory is the ability of a person to remember and remember some impressions about another person or thing. A person's ability to think and reason is also included in the memory. A tribute to a person is also a memory. When the dead are remembered, the ghost is a memory. The phrase "parishonhotir" is used to refer to a person who is distracted and has a scattered mind. Memory is the ability to store in the brain what a person has previously mastered, felt, done, and thought, and to restore it when necessary. Because of memory, people remember, apply, and leave the accumulated experiences and knowledge to the next generation.

Most people want to remember everything. However, it weighs on a person.

Memory loss is common nowadays. According to the research of scientists, after the age of 60-65, changes occur in the human brain, physical activity decreases. As a result, the recall rate decreases. Today, not only the elderly, but also students and young people under the age of 35 suffer from memory loss. Most of those who apply with this problem are 25-40 years old. How do these things happen? For example, it often happens that people do not remember the books they read, quickly forget, short information, sometimes even phone numbers are kept in memory for a short time and then forgotten.

Causes of memory loss:

1. Constantly being in a state of stress
 2. Improper nutrition
 3. Constant fatigue
- If the memory loss is related to the above conditions, it is possible to treat it without drugs. For this, it is necessary to rest well. In addition, strict adherence to the diet is

required. Eat more nuts, seafood, fruits, and whole grains. Because these products contain B1, calcium, and magnesium, they help the free movement of brain cells.

According to the electrophysiological, biochemical, histochemical, biophysical research conducted by scientists in the study of memory, the innovations introduced in science and technology lead to great progress, but the problems encountered in many aspects of the study of memory, including brain activity, remains unresolved. In fact, the power of memory, in which information is stored for a period of time, when it is restored and leads to certain conclusions and concepts, the genetic programming of everyone, passed from generation to generation, is of special importance. Accordingly, if one of the people of the same age remembers what he heard and saw for a long time, can quickly memorize the poems he read, and is eager to learn a language, the other person has weaker such abilities.

Memory loss can take different forms with age. For example:

- Dysmnnesia (impaired memory);
- Amnesia (disappearance of some fragments of things previously known);
- Dementia (decreased intelligence due to impaired blood circulation in the brain);
- Alzheimer's disease (memory loss, inability to recognize people close to home, forgetting names);
- Parkinson's disease (muscle tension, decreased movement, tremors, speech disorder);

Farkhodova Aziza Odilbekovna was born on March 9, 2006 in the city of Urganch, Khorezm region. In 2012-2023, she studied at general secondary school No. 6 in Urganch and graduated with excellent grades. Currently, she is a 1st-year student of Computer Linguistics at the Alisher Navoi Tashkent State University of Uzbek Language and Literature. Aziza is a winner of a number of contests and Olympiads.

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Sports >> *Mary Moraa, Beatrice Chebet, Abraham Kibiwott Julius Yego will be among several Kenyan athletes who will be in action at this Friday's Doha Diamond League.

Moraa, Chebet, Yego Out To Dominate Doha Diamond League



World 800m champion Mary Moraa, world 5000m silver medalist Beatrice Chebet, Commonwealth Games 3000m steeplechase champion Abraham Kibiwott and 2016 Olympics silver medalist Julius Yego will be among several Kenyan athletes who will be in action at this Friday's Doha Diamond League.

Moraa will be competing in the women's 800m where she will be up against 'familiar foes' including the 2019 World Champion Hellen Nakaayi of Uganda, the 2018 Commonwealth Games bronze medalist Natoya Goule-Topping of Jamaica and Benin's Noelle Yarigo.

The Commonwealth Games champion will be walking onto the track head-high following a stellar run thus far this year, including a meet record and world lead of 1:57.96 at last month's Kip Keino Classic at Nyayo National Stadium, Nairobi.

Also looking to continue his good run from the same event is Kibiwott who clocked a world lead of 8:20.54 to collect his second win at the Kip Keino Classic.

The world 3000m steeplechase bronze medalist will headline a strong contingent in the water-and-barrier race that also

includes Olympics bronze medalist Benjamin Kigen, Commonwealth Games bronze medalist Amos Serem and Wilberforce Kones.

Standing between the quartet and a podium finish is a formidable Ethiopian force of three-time world silver medalist Lamecha Girma, 2019 Diamond League trophy winner Getnet Wale and the 2022 world under 20 silver medalist Samuel Firewu.

Spicy affair

An equally exciting race to watch will be the men's 1500m where Olympics silver medalist Timothy Cheruiyot, world under 20 champion Reynold Cheruiyot, African Games champion Brian Komen and the 2022 World Indoor bronze medalist Abel Kipsang will be flying the national flag.

Based on their last races, Reynold and Komen will be lining up at the start line as the bookmakers' favourite.

Cheruiyot is yet to lose a race in 2024, having clinched the mixed relay 2km title at the national cross country championships in Ruiru before bagging the global crown in Belgrade, Serbia.

The youngster continued his hot streak at last month's Kip Keino

Classic where he clocked a meet record of 3:31.96 to claim top honours.

The man who finished second to him on that occasion – Komen – similarly high on confidence after clinching his first ever medal at the senior level.

The 25-year-old clocked 3:38.36 to win the African Games title in Accra, Ghana in March.

For Cheruiyot, a seventh-place finish at the Kip Keino Classic is now how he envisaged his season unfurling.

The 2019 world champion has struggled with injuries in recent years and a podium finish in the Qatari capital may be the spark that he needs to boost his chances of glory at the Paris Olympics.

It won't be a walk in the park for the Kenyans, what with the presence of two-time world indoor champion Samuel Tefera of Ethiopia.

Outright favourite?

In the women's 5000m, Chebet will be one to watch as she competes in her fourth race of the year.

The Commonwealth Games champion already boasts a second World Cross Country crown to her name, having clocked 31:05 to win the senior women's

race in Belgrade, Serbia.

At last year's Diamond League circuit, the 24-year-old won two races (Oslo and Xiamen) in the women's 3000m while clinching the Stockholm leg in the 5000m.

Her countrywomen in the same race include the 2022 national cross country champion Grace Loibach and Christine Njoki.

As far as opponents go, the startlist is littered with Ethiopian names, including world 10,000m bronze medalist Ejgayehu Taye and 2019 African Games bronze medalist Hailu Lemlem.

Make things right

After a disappointing outing in front of his home fans, Mr YouTube Yego will be out to make amends on foreign soil.

The 2015 world champion withdrew at the second round of the World Continental Tour Gold after spraining his ankle.

Yego has been waiting to see if his appeal to compete at this leg of the Diamond League will be successful and now that his name is on the startlist, will be keen on making a huge impression.

The African Games silver medalist's last appearance at the Diamond League was in Doha in May last year where he was not ranked.

He will be among elite company in Doha, including Olympics and world champion Neeraj Chopra of India as well as two-time world champion Anderson Peters of Grenada.

Fresh from winning the women's mile road at the Adizero Road to Records in Germany, youngster Nelly Chepchirchir will be hoping to upstage an elite Ethiopian competition in the women's 1500m.

World Cross Country mixed relay silver medalist Birke Haylom of Ethiopia boasts this season's fastest time in the startlist, having clocked 3:53.22.

Capital Sport

GET THE BEST OF WORLD

Sports >>> *Kenya's Angella Okutoyi continues her quest for Olympics qualification at the International Tennis Federation (ITF) W75 Zephyrhills Tournament in Florida, United States.

Okutoyi Soldiers On For Olympics Ticket Despite Setback In Florida Tourney



Angella Okutoyi celebrates after her win over Egypt's Lamis Abdelaziz. PHOTO/FRANCIS MUTUKU TWITTER

Kenya's Angella Okutoyi continues her quest for Olympics qualification at the International Tennis Federation (ITF) W75 Zephyrhills Tournament in Florida, United States.

The week-long tournament served off yesterday and continues Tuesday with first round ties.

The 2022 Wimbledon Open doubles junior champion is keen for an excellent performance, which will go a long way in enhancing her chances for the first-ever Olympics at this summer's games

in Paris.

Okutoyi, currently ranked 549th on the World Tennis Association (WTA) Singles ranking, needs to be ranked 400th at worst by June 10 if she is to secure her place at the quadrennial games.

Her latest efforts to book her place in Paris was at the past weekend's ITF Boca Raton Tournament – also in Florida – where she exited the quarterfinal after losing 1-6 0-6 to United States' Allie Kiick.

The 20-year-old began her tour-

namment with a 6-4 6-3 win over Claire An of the United States in the first round before beating another American, Lilian Poling, by the same scoreline in the next round.

Should she qualify for Paris, it will be the second time for the youngster to make history this year after she clinched the African Games title in March.

Okutoyi outclassed Egyptian Lamis Abdelaziz 6-4 6-2 to become the first ever Kenyan in 46 years to win gold at the African Games

since Jane Davies-Doxzon at the 1978 All-Africa Games in Brazzaville, Congo.

She was also the first tennis player in 37 years to win an African Games medal since Judy Wakhungu bagged bronze in 1987 on home soil.

Capital Sport

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National Dress Is The Image Of The Nation



By: Zaripova Mavluda
Jumaniyaz
@themtkenyetimes

Worth Noting:

- Uzbek national costumes are mainly made of silk, adras, khonAtlas, silk satin, velvet, bekasam and a number of similar fabrics. The proportion of bright colors in them is similar to the nature of our country, and the freedom of the shape and easy falling are suitable for our hot and dry climate.
- They are used in embroidery, folds, pearls, dice and many other types of decoration. The type of material used, the pattern solution is selected depending on the fashion direction.
- It is known that the Uzbek people dress differently in their national ceremonies. At a marriage or khatna wedding, the dresses of the bride and groom are divided into the dresses worn by the child.



Uzbek national costumes.

Clothing is a concept that expresses a person's appearance, as well as his spiritual world, aesthetic taste, moral qualities and mental potential. It is one of the main signs of human cultural level. Dressing culture reflects a person's views on beauty, sophistication, elegance, and manners. Depending on a person's clothing, it is possible to determine not only his spiritual and cultural level, but also his material condition, profession, position, nationality, customs, social relations and even religious beliefs.

A cultured, spiritual person observes dress code. Ignoring the culture of dressing can cause self-doubt, as well as embarrassing a person who does not fit in with the wrongly chosen appearance. A person who follows the culture of dressing is a person who understands his identity. Clothes are inextricably linked with the history of each nation and reflect the national identity. Clothes were created depending on the geographical environment, economic form, social relations, customs and other factors of each nation. For this reason, each nation has its own national costumes, and below we will focus on the national costumes of some nations.

Uzbek national costumes

Uzbek national costumes are mainly made of silk, adras, khonAtlas, silk satin, velvet, bekasam and a number of similar fabrics. The proportion of bright colors in them is similar to the nature of our country, and the freedom of the shape and easy falling are

suitable for our hot and dry climate. They are used in embroidery, folds, pearls, dice and many other types of decoration. The type of material used, the pattern solution is selected depending on the fashion direction.

It is known that the Uzbek people dress differently in their national ceremonies. At a marriage or khatna wedding, the dresses of the bride and groom are divided into the dresses worn by the child. Women's national costumes consist of underwear, outerwear and personal clothing. Outerwear: a vest, a light robe (shirt, shorts), sleeveless pants. Paraji was also considered a women's outerwear, consisting of a tunic and a chachvan made of black horsehair. The veil consists of a long veil with false sleeves, a veil woven from the hair of a horse's tail is attached to the face, and the veil is closed over it. Traditional men's clothes consisted mainly of an upper shirt or jacket, a coat, a hat on the head or a scarf on the sides of the oasis, and boots on the feet.

Indian national costumes

Ancient Indian men's and women's clothing was mainly made by wrapping a piece of cloth around the body using tapestry. Examples of this are unstitched shoulder clothes, orkhni, dupatta, chunni, and unstitched loin-cloths such as dhoti, sari, nivi.

As a result of the introduction of Islam to India from Central Asia and the migration of other peoples to this region, it became a custom to wear a dress. The tradition of wearing

unstitched clothes is still preserved among ordinary people. Western culture has influenced the development of Indian clothing. This is especially evident in men's clothing. In the 19th century, the British brought coats, trousers and even a hat - a pilotka - to India. The approach to European fashion was also evident in the changes in the silhouette of Indian women's clothing. Despite this, women still maintain their faith in traditional Indian clothing.

In ancient times, Indian outerwear was wrapped around the body or slung over the shoulders. A piece of Indian national dress is a men's unstitched loin-cloth - dhoti. Dhoti was worn in different styles. It was also in the form of trousers and a pesh-band, a 2-5 meter length of cloth was tied around the hips, tied in the front (a knot was formed) and fastened at the back by passing the end hanging forward between the legs. A dhoti can be wrapped in several ways. The outer garment of Indian men is a dupatta covering, which consists of a rectangular piece of cloth. The dupatta is usually draped over the shoulders, cut across the front and draped back over the shoulders.

Saree is another integral part of Indian clothes. It consists of a fabric 4.5-9 m long and 1 m wide. It is specially woven with stripes and a border. A short blouse with short sleeves is worn over the saree. One end of the sari is attached to the skirt and wrapped around the waist 2 times. Usually, its lower part is sewn like a skirt, sometimes in the form of long

or short pants. There are some differences in the way sarees are worn in different regions of India as well as among different population groups.

We also know that there were shoulder and waist clothes made in India. Including the jama, which is considered a long-sleeved, narrow shirt of Indian men, it is also worn by Muslims and even by Indians.

Korean national costumes

The national dress most worn by Korean women in daily life is "hanbok", which literally means "Korean dress". Today, we would not be mistaken if we say that this dress has become a dress for official events, family and national holidays. Despite the strong influence of the West, some Korean brides still prefer to wear the national wedding dress - hollebok. Hollebok dress consists of chima, chogori and a long coat called "wonsam". The jacket is considered to be a jacket, and its sleeve is called a pere. Chogori is tied with a single-loop band consisting of two straps. In this case, the loop should be towards the heart. The ends of the straps fall along the skirt. Chima is the skirt of hanbok. It starts from the lower part of the chest and is worn under the chogori. It has one-layer, two-layer and shell types. Sokkhima (underskirt), as well as poson - special socks and shoes are worn under the chima.

Zaripova is Mavluda Jumaniyaz's daughter was born on May 8, 2004 in Urganch District, Khorezm Region. In 2011-2022, she studied at general secondary school No. 6 in Urganch and graduated with a certificate of excellence and a gold medal. Currently, she is a 2nd year student of Mathematics at Urganch State University. She is a Winner of a number of competitions, Olympiads and festivals, regular participant of various marathons and events, skilled stylist (women's hairdresser), colorist, volunteer in "Golden Wing", "Dillmir" and similar public and private organizations, as well as "Shine" a member of such academies and organizations as "Girls' Academy", "Laylo Academy", "Legendary Youth Club", "Young Leaders Club".