



The Muruatetu Conundrum: A Critical Analysis of Jurisdictional Overreach and the Enduring Validity of Muruatetu I

In the annals of Kenyan jurisprudence, few decisions have stirred as much controversy and scholarly debate as the Supreme Court's Muruatetu guidelines.

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News>>MPs Mull Over New IGAD Treaty That Seeks To Boost Regional And Economic Cooperation

P. 8. A National Assembly Committee is scrutinizing the Inter-Governmental Authority on Development (IGAD) treaty that seeks to accelerate regional cooperation.



News>>Makueni County Unveils On-Grid System To Boost Power Supply To Hospital

P. 12. Makueni County Referral Hospital is set to experience a reduction in power blackouts due to the installation of an on-grid solar system by the county government.

Police: We Are Ready For NaneNane Demos

Acting Police Inspector General (IG) of Police Gilbert Masengeli has underscored the National Police Service's preparedness to maintain peace across the country as Gen Z protesters prepare for another round of anti-government demonstrations tomorrow, dubbed '#NaneNanematch'. Speaking at Embakasi Administration Police Training College (APTC) on Tuesday after talks with regional police bosses, Masengeli intimated that security will be heightened across the country though not to an extent that is out of the ordinary.



Acting Police IG Masengeli

STORY ON PAGE 9

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Cancer-Causing Pesticides In Huge Circulation In Kenya – Deputy Speaker Shollei

By: Eric Biegon

Worth Noting:

- Shollei who has been pushing for the withdrawal of the same products from the Kenyan market insists that members of the Pest Products Control Board have failed and endangered the lives of Kenyans.
- The Uasin Gishu County Woman Representative believes that the Board and the Ministry of Agriculture have been compromised by the Agrochemical companies to allow the use of the killer products in Kenya.



Gladys Boss Shollei is the Deputy Speaker National Assembly and Uasin Gishu County Woman Member of Parliament.

Highly hazardous pesticides are being distributed to farmers in the country, a situation that has led to rising cases of cancer in Kenya, Deputy Speaker of the National Assembly Gladys Boss Shollei has claimed.

Shollei protested that the same products being shipped to Kenya and sold to unsuspecting farmers have long been banned by countries in the West. She wondered why authorities in Kenya are still reluctant to get them off the shelves despite known damages caused by the same products, especially to people’s health.

“The issue of pesticides is a big problem in the country. It is known by all levels of government. A document called “The Pesticide Atlas” that was developed by 20 scientists from The University of Nairobi confirmed that 267 pesticides that are banned in Europe and America are in use in Kenya,” said Shollei in Parliament on Tuesday afternoon.

According to Shollei, Kenya’s Pest Products Control Board is supposed to make a list of approved pesticides but has declined to do so, leaving the said toxic products eligible for sale.

Shollei who has been pushing for the withdrawal of the same products from the Kenyan market insists that members of the Pest Products Control Board have failed and endangered the lives of Kenyans.

The Uasin Gishu County Woman Representative believes that the Board and the Ministry of Agriculture have been compromised by the Agrochemical companies to allow the use of the killer products in Kenya.

The Deputy Speaker further wondered why the manufacturers of the said products, in the United States and Europe, are allowed to export them to countries like Kenya fully aware that they are dangerous to human beings.

“In the United States, the courts awarded a farmer who developed cancer as a result of using Roundup (herbicide that is also in circulation in Kenya with a different trade name) and he was paid USD 250 Million, 20 years ago. That is how seriously it is taken in the US,” she said.

“These countries (selling pesticides) have us where they want. They sell us cancer-causing pesticides, and then they sell us cancer drugs to treat our people and the equipment for treating them. It is parliament and the Ministry of Agriculture that have failed the people of Kenya because it is confirmed that they cause cancer and other non-communicable diseases,”

Shollei told Parliament that her campaign against the circulation of the banned pesticides was not received well by certain quotas. She now wants Parliament to treat the issue as a matter of urgency and save Kenyans from cancer that is now widespread. According to Shollei, MPs will be as guilty if they fail to act.

“The agrochemical companies are extremely powerful. When I was rallying the country against these pesticides, I was threatened with death. It is big money. If we don’t act as Parliament, we continue to kill our people,”

“I beg MPs to take this more seriously. In as much as we want to invest in cancer treatment, we are allowing cancer to come in,” the Deputy Speaker appealed to fellow lawmakers.

Editor's Desk



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Mama Judith Ogoro MEDICAL APPEAL

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NEWS IN BRIEF



Orange Democratic Movement (ODM) party Secretary General Edwin Sifuna has denied claims of political fragmentation within the Azimio La Umoja Coalition, stating that the affiliate parties are united despite reports of disagreements over recent changes in house leadership. Sifuna said that the Opposition Coalition, led by Raila Odinga, had a successful parliamentary group meeting which endorsed Suna East MP Junet Mohammed as Minority Leader and Suba North MP Mille Mabona as Deputy Whip. The

position became vacant after President William Ruto nominated Ugunja MP Opiyo Wandayi as Energy Cabinet Secretary. Mohammed has been the Minority Whip. "We had a successful Parliamentary group meeting today despite media reports spreading rumours that affiliate parties within Azimio are opposed to the leadership changes. All affiliate parties within ODM are united," Sifuna said during a press briefing in Parliament.

Talks of disunity within the Opposition outfit emerged after President Ruto nominated ODM's top leaders for Cabinet positions. Affiliate parties led by Kalonzo Musyoka (Wiper), Peter Munya (PNU), Eugene Wamalwa (DAP-Kenya), and Jeremiah Kioni (Jubilee) have pushed for the exit of the Raila Odinga-led party from the Opposition. Sifuna noted that top-ranking officials within the Wiper Party, including National Assembly Deputy Minority Party Leader Robert Mbui and Senate Deputy Minority Leader Enock Wambua, were in attendance. "We want to thank the constituent parties of Azimio for endorsing the proposal by ODM to have Hon Millie and Hon Junet take up the leadership positions. There's no disagreement within Azimio given the unity demonstrated today," Sifuna stated. The Central Management Committee settled on Mohamed as the Minority Leader, Odhiambo for the role of Minority Whip, Caleb Amisi to take up the role of Chair Public Accounts Committee, and Funyula MP Wilberforce Oundo to take up the seat of Vice Chair.

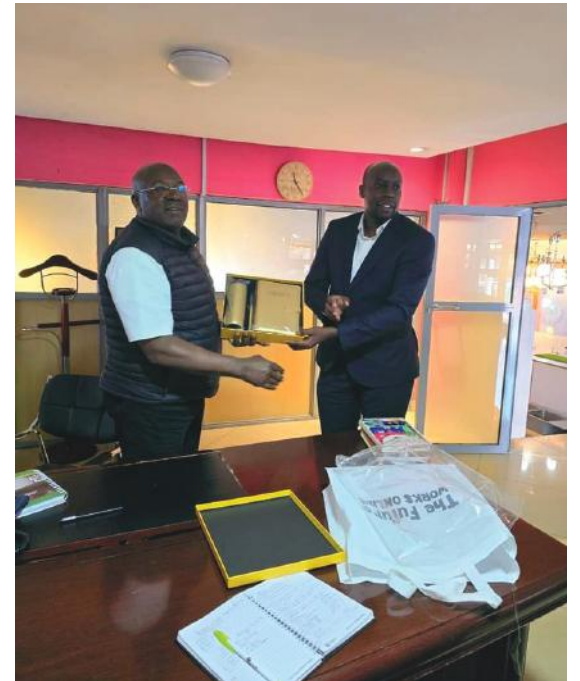


President William Ruto has sent home four board members of the New Kenya Co-operative Creameries Limited (New KCC) and replaced them with immediate effect. The four board members revoked are; Geoffrey Noah Angwenyi, David Kipkurui Samoei, Col.(Rtd) Rukia Rashid and Elisha Biwot. In a Gazette Notice, Ruto announces the fresh appointment of Noah Ndemo Nyachae, Rawlynce Bett, Naisula Keko and Sarah Keino to the board. Their appointments take effect from Tuesday, August 6, and will run until March 9, 2026.



The Kiambu County Department of Health Services has completed a four-day training programme for healthcare workers aimed at equipping them with skills to monitor and prevent infections after caesarean deliveries. The training aims to improve maternal and neonatal outcomes, ensuring safer deliveries and healthier recoveries for mothers and their newborns. The government is also working on the Githunguri Level 5 Hospital, which will enhance access to medical services for local and neighbouring communities. "The importance of this training cannot be overstated, as it directly impacts maternal and neonatal outcomes, ensuring safer deliveries and healthier recoveries for mothers and their newborns," Kiambu Health CECM, Dr. Elias Maina said.

Othaya constituency Member of Parliament Michael Wambugu Wainaina alias MountKenya hosted a team from Ajira Digital who paid him a courtesy call where they had fruitful deliberations on various ways of improving Ajira Program in his constituency. They also discussed the challenges facing the sector, such as slow internet connectivity and inadequate laptops, among others. The MP reiterated that his office will always be at the forefront of supporting and sensitizing such programmes that are of utmost benefit to the youths.



In a joint operation, detectives drawn from the Transnational Organized Crime Unit (TOCU) and the Anti-Narcotics Unit (ANU) over the weekend apprehend an ill-famed drug trafficker Abdalla Abdi Wambugu in Kwa Njoroge Estate in Kanugaga area of Kawangware in Dagoretti North where they managed to recover assorted narcotics with a street value of Ksh 646,480. Upon arrest, search was conducted in his residence resulting to recovery of assorted drugs including 72.39 grams of methamphetamine, 16.84 grams of cocaine, 3.83 grams of ecstasy, ksh 202,000 in cash, digital weighing scales, assorted glass tubes- bongs among other exhibits.



Narok Governor Patrick Ntutu has urged motorists to be vigilant and observe traffic regulations to reduce accidents. The warning comes after four people, including three foreigners and a Kenyan driver, died in a tour vehicle accident on the Narok-Bomet highway. Ntutu condoled the loss of lives and called for motorbike riders to wear protective gear like helmets and reflector jackets. He also called on wheat farmers to be vigilant during crop harvesting season due to regular robbery cases. He encouraged farmers to open bank accounts to save money and avoid carrying it in their pockets. Ntutu also urged residents to embrace progressive politics and shun dirty politics to boost their livelihoods.

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Parliamentary Committee Meet KWS over Wildlife Attacks In Laikipia East Constituency



Laikipia East MP Mwangi Kiunjuri (centre) making his contribution yesterday.

By: MKT Correspondent
@themtkenyatimes

The National Assembly Departmental Committee on Tourism and Wildlife yesterday held a sitting with the Department for Wildlife which had been summoned to appear to respond to Laikipia East constituency Mwangi Kiunjuri's question following numerous

cases of wildlife invasion in areas of Solio, Tigithi, Kihato, Umande and Mwituria among others in his constituency.

During the hearing, KWS acknowledged that there has been laxity from Private Conservancies in containing wild animals inside the protected areas, a situation that has caused untold agony to residents neighbouring these conservancies.

The meeting resolved to compel Private Conservators to erect proper fences especially

in areas directly bordering settlement areas in order to contain the animals to avert further loss of lives and property.

Kiunjuri said, through the Kareke Mbiuki led committee, they will be seeking amendments to the Wildlife Conservation and Management Act, to hold private conservators responsible for damage caused by wild animals under their care.

Gov't To Reintroduce Linda Mama With Enhanced Benefits



Public Health and Professional Standards PS Mary Muthoni during a past function. | FILE.

By: Gabrielle Mosa

Public Health Principal Secretary Mary Muthoni has confirmed the government's intent to bring back an enhanced Linda Mama program.

According to PS Muthoni, the free maternal healthcare program will be reintroduced under the same name with enhanced benefits to expectant mothers.

Muthoni said on Tuesday that

the program will be one of the pillars of the Social Health Insurance Fund (SHIF) that will specifically cater to expectant mothers under its budget.

"This is going to be a stand-alone program under SHIF, just like it used to be, to take care of mothers and babies," she said.

The PS explained that with the enhanced benefits, members will not need to get into their pockets for anything needed for both normal delivery and caesarean delivery.

"For normal delivery, the benefit is now Ksh.11,000 while

for caesarean delivery, it is going to be Ksh.32,000," noted Muthoni.

The PS added that some monies have been set aside for the enhanced programme to seek more funding as the budget-making process kicks off afresh.

Muthoni said the move is in response to calls from Kenyans, adding that there is ongoing public participation for citizens to suggest how they want the new Linda Mama program to contain.

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MPs Mull Over New IGAD Treaty That Seeks To Boost Regional And Economic Cooperation



Some of the committee members during yesterday's meeting.

By: PSCU

A National Assembly Committee is scrutinizing the Inter-Governmental Authority on Development (IGAD) treaty that seeks to accelerate regional cooperation.

The committee on Defence, Intelligence and Foreign Relations led by Committee Vice Chair, (Rtd Maj) Bashir Abdullahi met in consideration of the Inter-Governmental Authority on Development Treaty.

The draft IGAD treaty was adopted in June 2023 by the IGAD Assembly of Heads of State.

The Treaty aims to accelerate regional, economic, social, environmental and political integration as well as cross-border cooperation among Member States.

It also aims to strengthen IGAD's ties with the African Union and other regional economic communities such as the East African Community.

"The IGAD treaty offers a significant opportunity to bolster regional stability and economic prosperity," said Abdullahi.

The Treaty also promotes the following fundamental principles of Peaceful co-existence, good neighbourliness, non-interference in the internal affairs of the Member States, and peaceful settlement of inter-and intra-state conflicts through dialogue;)

Maintenance of regional peace, stability, and security.

The membership of IGAD includes; Djibouti, Ethiopia, Eritrea, Kenya, Somalia, South Sudan, Sudan and Uganda.

The new IGAD treaty is designed to overcome shortcomings of the previous agreement by expanding areas of cooperation and streamlining decision-making processes.

The committee is expected to undertake public participation and engage stakeholders on the Inter-Governmental Authority on Development Treaty.



Committee vice chairman Maj (Rtd) Bashir Abdullahi during the meeting.

Media Urged To Support Learners With Special Needs

By: MKT Correspondent
@themkenyetimes

Fred Haga, Special Needs Education Director, has urged the media to accept and support learners with special needs, as it would empower them, their families, the community, and the country towards sustainable development through education, employment, and sports.

Haga, who is blind, laments that people living with disabilities are often cast out as misfits in a world full of opportunities for everyone regardless of their abilities.

The government is giving money to special needs schools and facilitating participation in sports in the spirit of affirmative action to bridge the inequality gap witnessed in the past.

Haga challenged the media to mainstream disability and inculcate a culture of acceptance of people living with disabilities in society.

Francis Manyala, the National Chair Special Needs Association, said the government has tried to regularise special needs sports with its limited resources.

He argued that special sports are equally great as regular sports, as they are people trying to prove their worth despite prevailing physical and mental challenges.

He appealed to potential sponsors to lend a helping hand in the noble course to enable special needs learners feel accepted and supported to engage in normal activities without unnecessary anguish.



Journalists at work.

We Are Ready For Tomorrow’s Demos - Acting Police IG Masengeli

By: Erick Owenga
@themtkenyentimes

Acting Police Inspector General (IG) of Police Gilbert Masengeli has underscored the National Police Service’s preparedness to maintain peace across the country as Gen Z protesters prepare for a another round of anti-government demonstrations tomorrow, dubbed ‘#NaneNanematch’.

Speaking at Embakasi Administration Police Training College (APTC) on Tuesday after talks with regional police bosses, Masengeli intimated that security will be heightened across the country though not to an extent that is out of the ordinary.

According to sources, the discussions also centred on the operational and logistical challenges facing officers in their jurisdictions and how to address them to ensure efficiency within the NPS.

“On matters ‘nanenane’ we are just talking about the general security,” said Masengeli.

Masengeli however urged Kenyans planning to partake in the protests to do so in adherence to the law.

“Every Kenyan, as per the law, has the liberty to demonstrate, picket and assemble. Where the privilege of the rights of one ends, is where the other starts. We are all Kenyans and we have to abide by the rule of law. This is a country governed by democracy and the constitution,” said the Acting Police IG.

The meeting also gave Masengeli the opportunity to interact for the first time with his ground commanders as he seeks to affirm his brief grip on the Service before a substantive IG of police is appointed.

Masengeli is also the DIG in charge of the Administration Police Service following his appointment two weeks ago.



National Assembly Trade Committee Brokers Truce Between CoG And Cooperatives Ministry Over Key Bill

By: MKT Reporter
@themtkenyentimes

The National Assembly Committee on Trade, Industry, and Cooperatives has successfully mediated a dispute between the Council of Governors (CoG) and the Ministry of Cooperatives and Micro, Small, and Medium Enterprises Development over the Cooperatives Bill.

In May, the committee, chaired by James Gakuya of Embakasi North constituency directed both parties to find common ground on the bill after they clashed during a hearing before the House team.

Yesterday, Bungoma County Governor Kenneth Lusaka, representing the CoG, informed the committee that an agreement had been reached.

The Cooperatives Bill 2024 aims to establish a comprehensive legal framework for the management and operations of the cooperatives sector in Kenya.

“I want to confirm that the Council and the Ministry engaged and developed a joint agreement specifically addressing the contentious issues in the Cooperatives Bill,” said Lusaka, who also chairs



Governors Mutahi Kahiga and Kenneth Lusaka consulting during yesterday's meeting.

the CoG Agriculture, Livestock, and Cooperatives Committee.

He was accompanied by his colleagues, Governors Mutahi Kahiga (Nyeri), Ben Cheboi (Baringo), and Paul Otuoma (Busia).

The Ministry was represented by David Obonyo, a Commissioner for Co-operations.

Gakuya and the committee’s vice chairperson, Aldai MP Marriane Kitany led the lawmakers in expressing their gratitude to both parties for reaching an agreement.

“We asked you to sit and reach a consensus on the contentious clauses in the



Embakasi North MP James Gakuya during yesterday's session.

bill. We are happy that you did that, and as a committee, we want to assure you that we will expedite the passage of the bill, which has numerous benefits for Kenyans,” said Gakuya.

Representatives from various State Departments, including Trade, the Inter-governmental Relations Technical Com-

mittee (IGRTC), and the Office of the Attorney General, have also presented their views on the bill to the committee.

Healing Truths



By: Eric Musa
EMEA.ericmusa@gmail.com

You need people that encourage you. You know iron sharpens iron. You need to be around people like that. Don't be around people that dull you. Life's too short. Be around people that sharpen you. See if you can sharpen them. If they don't want to be sharpened, get away from them. It's just that simple. There are people that Satan will send to sap you of your energy. You need to be able to find out who those people are and get away from them. Any minister knows exactly what I'm talking about.

Now let's pray. (Speak out loud) :
" Father, we thank you for this day. Lord, I thank You that You have seen fit to widen our areas of influence and Lord I just take full responsibility. Lord, I understand what a great re-

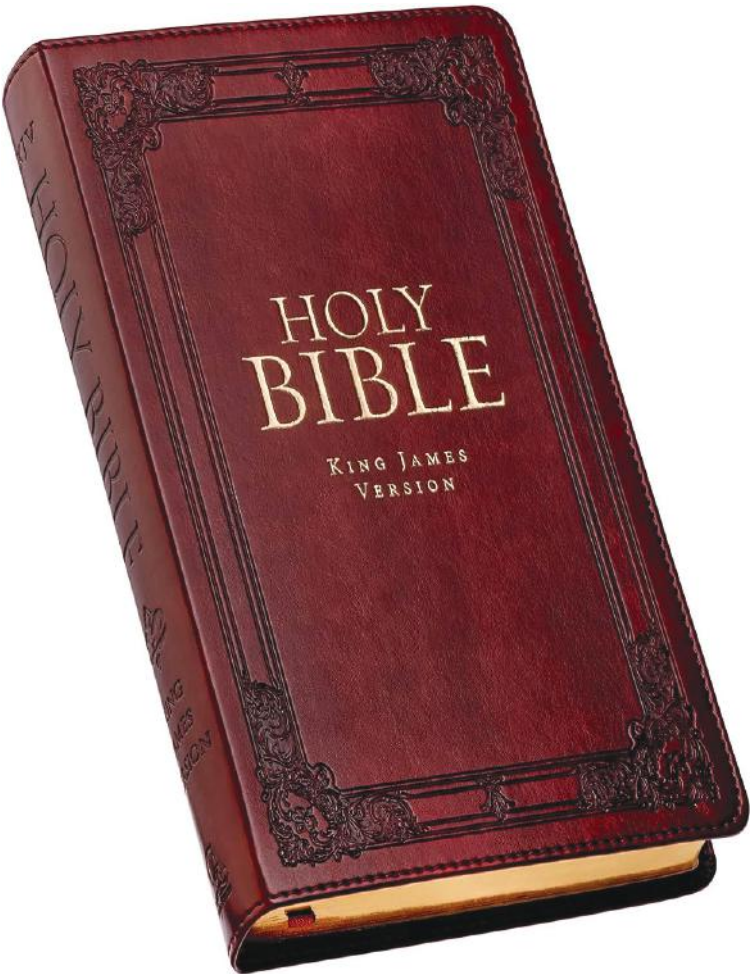
sponsibility it is. So Father, I ask that You help me to watch my mouth. To say only that which You would want Your people to hear. And Father we just bless Your name. We thank You for all of the things that You've done for us and what You are doing in us and through us. Lord, we just ask that the world will better see your Son through us. In Jesus' name. Amen

It is written in Matthew 7:24, "Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him as unto a wise man, which built his house upon a rock: And the rains descended, and floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock. And everyone that heareth these sayings of mine, and doeth them not, shall be liken unto a foolish man, which built his house upon the sand: and the rains descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it. "And it came to pass, when Jesus had ended these sayings, the people were astonished at His doctrine: For He taught them

as one having authority, and not as the scribes."

OH MY GOD, DO ENLIGHTEN US ALWAYS! HAVE MERCY ON US! SELAH.

Evangelist Eric Musa:
(My message continuously: The best decision in this earthly life is to receive Christ Jesus as your personal Saviour: Believe and confess Christ Jesus as your Lord and Saviour and be filled with the Holy Spirit: AMEN). As it is written; "NOW is the acceptable time, TODAY is the day of SALVATION.- 2 Cor 6:2". For prayers, devotion; to support Evangelism contact Ev. Eric Musa on +254722157300 (Email: EMEA.ericmusa@gmail.com). Remember, God Loves you unconditionally, perfectly and forever.



DP Gachagua Never Ruled Out A Motion Of Impeachment Being Filed Against Him



By: Joseph Mutua Ndonga
mutuandonga@yahoo.com



Deputy President Rigathi Gachagua

Worth Noting:

- He escalated this matter when he disclosed. A senior staff member in my office had been targeted for elimination.
- Luckily, he survived. He said the officers from Directorate of Criminal Investigation (DCI) and National Intelligence Service (NIS) were not treating this matter with seriousness it deserved.
- Responding to reports swirling around that his critics have hatched a plot to impeach him, he stated. I'm not aware of this plot. I'm reading this in the media the same way you are doing.
- I have heard those who want me to go home are members of parliament. I want to tell them that they did not elect me. President Ruto and I won 2022 polls on a joint ticket.

A few days ago, I listened to Deputy President Rigathi Gachagua's remarks during a live interview with Mount Kenya vernacular stations.

Regarding his relationship with his boss, President William Ruto, he insisted that it remained cordial and intact.

He however pointed an accusing finger at unnamed State House based official. This person was so powerful. He was intimidating and selling fear to even members of parliament.

Many interpreted this to mean taking on his boss.

As such, his assertions that his working chemistry with the President was cordial did not come from the bottom of his heart.

He escalated this matter when he disclosed. A senior staff member in my office had been targeted for elimination.

Luckily, he survived. He said the officers from Directorate of Criminal Investigation (DCI) and National Intelligence Service (NIS) were not treating this matter with seriousness it deserved.

Responding to reports swirling around that his critics have hatched a plot to impeach him, he stated. I'm not aware of this plot. I'm reading this in the media the same way you are doing.

I have heard those who want me to go home are members of parliament. I want to tell them that they did not elect me. President Ruto and I won 2022 polls on a joint ticket.

So I was elected by people of Kenya. Given this scenario, I would expect members of parliament who want to send me home to first ask Kenyans whether they support the move.

But politics being what it is, I'm not ruling out the possibility of this motion being filed.

But I would expect justice and fairness to prevail in this process. If I'm impeached, I will go home with my head held high.

A few days earlier I had written an article in this column. I focussed on how President William Ruto responded during a live interview to the question of whether he had fallen out with his deputy. I'm not aware of any political differences with my deputy. The truth of matter is that he is my deputy. If you don't trust me, go and look for him. I cannot speak for him.

The DP had been reading a similar script. He had never openly picked a

war with his boss.

As a principal assistant to the President, he has been stating. My job is to help the President implement what he promised Kenyans during campaigns. Our was a joint ticket. So, if I don't do this, I will also be blamed.

But putting this aside, there was a time the DP trained his gun on key allies of the President. I want to remind these junior officers that I'm not their equal. I'm directly answerable to the President, not them.

A few days ago, the DP was in Gatanga in Muranga county. He minced no word in warning elected leaders from Mount Kenya region that their days were numbered.

If they fail listen to the ground, they will lose their seats come the next general election in 2027.

As expected, his critics interpreted his remarks to mean taking on his boss, President William Ruto.

I disagree! The truth of the matter is that if election are called today the region will not vote as a bloc for President Ruto as it happened in 2022 polls. If it turns out this is the message he was passing to the President, I would not expect the head of state to feel offended.

Dr President Ruto is a well-schooled politician.

The ground in Mount Kenya region is mainly shifting because a quite number of development projects that the two leaders had made to the residents during the campaigns were yet to be rolled out.

By virtue of being senior most politician in the region, the residents considered Gachagua as their savior.

He may have some weaknesses but this is normal with all politicians. No one is 100 percent perfect.

For residents, the enemies of the Mountain had regrouped and were out to split the region. We will not allow them to have their way.

We will firmly stand behind Gachagua because he is a unifying factor.

The DP spoke in Gatanga at a time when media reports indicated that a plot had been hatched to impeach him.

This comes in the wake of the recent protests organized and led by Generation-Z.

One of the grounds cited by plotters is Gachagua's alleged role in sponsoring these demonstrations.

It is not therefore lost that the campaign

took a new height on the day that the Directorate of Criminal Investigations (DCI) detectives grilled and recorded statements from three of his top allies.

It remains to be seen whether the information extracted carried any weight that could be used to pin down DP.

In political circles, the diehard supporters of DP have been dismissing the claims, stating the DP was being targeted for political reasons.

At the height of Gen-Z protests, I had an opportunity to listen to Gachagua's remarks when he addressed the press in Mombasa.

The DP, who spoke soon after President William Ruto addressed the nation at State House Nairobi, stated that he was privy to the information that some state operatives were out to make false claims that former President Uhuru Kenyatta and himself were sponsoring the protests.

The DP directed his anger at director of National Intelligence Service (NIS) Nordin Haji. The NIS boss had totally failed in his mandate of relying genuine and authenticated intelligence report to the President. If he had done his job, the bloodshed witnessed could have been avoided.

While roundly condemning the police for using excessive force against the protesters resulting to snuffing out of the lives of innocent youths, the DP echoed the words of the President. These are our children and had not broken any law.

The constitution provides that the motion to impeach a sitting DP can only sail through if it garners two-third majority or above in parliament.

Well, for now, some people argue the motion can sail through. This is because President William Ruto and ODM leader Raila Odinga have buried their differences and are working together.

But there is the issue of whether the grounds cited by his accusers meets the requisite threshold of law.

The motion of the impeachment can only be allowed if the mover manages to convince the house that the actions of DP amount to gross violation of the constitution and the international treaties.

I heard earlier listened to the remarks by Kiambu Senator Karungo Wa Thangwa. He seemed to confirm that President William Ruto and his deputy Rigathi Gachagua were not reading the same script.

We the people of the Mountain are asking President William Ruto to engage DP Gachagua in dialogue the same way he is engaging Generation-Z and millennials.

The senator, who spoke in presence of the Deputy President in Maragwa, stated. We have heard that the President has initiated a process of reaching out to the young people.

This is after they took to the streets to register their strong reservations with the way the country is being governed.

We want the President to use the same template to engage the DP.

While fondly referring Gachagua as

Riggy-G, the senator further noted that Generation-Z and Riggy-G share one thing in common "letter G".

You can therefore ignore Riggy-G at your own peril.

He added: DP Gachagua is our kingpin in the Mountain. I'm therefore answerable to him. So this is what I want to tell the President. You cannot reach me without going through him.

The DP was also accompanied by a host of elected leaders from this region.

To me, Karungo's sentiments which were echoed by all the speakers including area MP Mary Wa maua, were weighty.

As we know, the people of Mount Kenya region voted for President Ruto to the last man and woman during 2022 polls. He garnered 87 percent and these are the votes that catapulted him to the seat of president.

Kiambu senator's point was therefore clear. The DP was a force to reckon with. He helped the President to get those votes. He has not lost that popularity.

So, If the President opts to ignore him he was bound to lose this critical support base. The DP steered clear of this debate.

He had however earlier stated. As a community what we hate is betrayal.

I'm therefore sure the issue of unfulfilled promises would feature prominently if President agree to engage him in a formal and structured manner.

Besides the DP would demand to be respected and recognized as the senior most leader in the Mountain.

While attending a church service in Nyahururu town, the President reiterated: "I have listened to what the young people are saying. These are our children and we have to listen to them. I'm going to engage them and I want to assure them of my commitment to address the concerns they had raised"

He spoke as Generation Z piled pressure on members of parliament (MPs) to reject the Finance Bill 2024. The President heeded the call when he declined to sign the bill into law.

The youths who had turned up to oppose the Finance Bill 2024 were aged between 18-34 years. They had listed other demands.

The church service in Nyahururu was presided by ACK archbishop Jackson Ole Sapit who was quoted in a post on social media as saying that his son was also taking part in these protests.

A renowned political analyst had averred the anti-tax protests were being sponsored by a foreign power. He did name this power and what it intended to achieve.

This is not the first time we are witnessing this. We had seen similar protests rocking the country during the reigns of former Presidents Daniel Arap Moi, Mwai Kibaki and Uhuru Kenyatta.

Joseph Mutua Ndonga is a writer and political analyst based in Nairobi

Makueni County Unveils On-Grid System To Boost Power Supply To Hospital

By: MKT Correspondent
@themkenyatimes

Makueni County Referral Hospital is set to experience a reduction in power blackouts due to the installation of an on-grid solar system by the county government.

Governor Mutula Kilonzo Jr. stated that the solar panels will ensure a steady supply of power to the facility, enabling medical staff to continue offering services uninterrupted.

“The solar energy panels installed at the hospital will ensure a continuous supply of power even when there are blackouts. Hospital machines will continue working, and our people will get essential services,” said Mutula when he officially commissioned the on-grid solar system at the hospital.

The operational budget will be considerably reduced due to a reduction in reliance on the national grid following the installation of solar panels.

The government will use the accrued savings of Sh7 million annually incurred on electricity bills by reinvesting the funds for patient care and facility upgrades.

The Strathmore Energy Research Centre and the World Resources Institute have assisted in the feasibility study of a solarisation project at the hospital, contributing to environmental sustainability.

Plans are in the advanced stages of building a new intensive care unit and a private wing for the neurosurgical centre at MCRH.



Makueni County governor Mutula Kilonzo Jr during the launching of the solar system.

Women Called To Seek Early Detection For Ovarian Cancer

By: MKT Reporter
@themkenyatimes

Dr. Philip Blasto, a resident surgeon at the AIC Litein Kericho Annex Clinic, has emphasised on the importance of recognising early symptoms of ovarian cancer, such as alterations in the menstrual cycle, abdominal distention, and changes in bowel movements.

Ovaries, located on the left and right sides of the uterus, produce eggs, progesterone, and oestrogen hormones. Cancer of the ovaries occurs when cells grow in the ovaries, and there are no screening modalities available for ovarian cancer.

Diagnosing ovarian cancer is difficult unless a patient has undergone ultrasound or imaging for other reasons. Blasto advocates for personal check-ups for early detection and treatment, as there is no active

screening for the disease.

He notes that there are no clear causes of ovarian cancer, but risk factors such as old age and family history can increase the disease’s development.

Dr. Blasto also shared a successful case of a 50-year-old woman who had a benign mass removed through surgery after a series of evaluations.

The woman, who had lived with a mass swelling on her abdomen for four months, is now doing well.

Medics undertaking clinical examination



Muthaiga North Rotary Club To Partner With Kajiado Gov't For Peace And Development

By: Felix Njenga
@themtkenyetimes

The Rotary Club of Nairobi Muthaiga North (RC NMN) is seeking a partnership with the Kajiado County government for initiative dubbed 'Seikeri Peace Project' that seeks to foster community development and promote peace through sustainable infrastructure and resource management.

The RC NMN delegation, led by the club President Flora Kinuthia joined by among others former rotarian president Evans Mwangi the 10th, Mary Ndegwa Service Project Director, International Relations Director, and Ken Mulwa Member Retention Director including Rotarians on Tuesday met with key government officials, including the County Executive Committee (CEC) members for Lands and Trade, and the Seikeri MCA and agreed to allocate community development land for a market, bus park, and water borehole.

This allocation represents a significant step forward in addressing the community's essential needs and promoting economic growth and stability.

The RC NMN delegation participated in the groundbreaking ceremony for the new market. This event marked the beginning of a series of develop-

ments that are expected to transform the Seikeri region.

The ceremony was a testament to the strong commitment from both the Rotary Club and the Kajiado county government to work hand-in-hand for the betterment of the local community.

The CEC for Lands and Trade, along with the Seikeri MCA, expressed their unwavering support and promised to walk with RC NMN throughout the project.

This collaboration underscores the importance of public-private partnerships in achieving sustainable development goals.

RC NMN President Rtn Flora Kinuthia remarked, "This partnership is a testament to what can be achieved when communities and governments come together with a common goal. We are committed to ensuring that the Seikeri Peace Project not only meets its objectives but also sets a precedent for future community development initiatives."

The Immediate Past President, Evans Mwangi, added, "The allocation of land for essential infrastructure is a significant milestone. It is a clear indication of the county government's commitment to improving the lives of the people of Seikeri. We look forward to seeing the positive impact these developments will have on the community."

Service Project Director Rtn Mary



The Rotary Club of Nairobi Muthaiga North delegation with Kajiado County government officials pose for a photo.

Ndegwa, IR Director Rtn Leah Mburu and Member Retention Director Rtn Ken Mulwa echoed these sentiments, emphasizing the importance of continued collaboration and support from all stakeholders.

The Seikeri Peace Project represents a beacon of hope for the community, promising improved access to mar-

kets, transportation, and clean water.

RC NMN's commitment to this initiative is unwavering, and the club looks forward to seeing the fruits of this collaboration in the coming months.

As the project progresses, RC NMN will continue to work closely with the Kajiado county government and

the local community to ensure the successful implementation and sustainability of these essential developments.

The groundbreaking ceremony was just the beginning of a long and fruitful journey towards peace and prosperity for the people of Seikeri.

Planners Meet Ahead Of Elevation Of Eldoret To City

By: MKT Reporter
@themtkenyetimes

Uasin Gishu Governor County, Jonathan Bii, presided over the Town and County Planning Association of Kenya (TCPAK) conference in Eldoret, as the metropolis awaited the conferment of city status on Thursday next week.

He expressed gratitude to the TCPAK leadership for considering Uasin Gishu County as the ideal place for the event and emphasised the importance of urban planning in shaping the nation's present and future.

Bii's administration is committed to ensuring all urban areas are well-planned and implementing planning proposals while borrowing heavily on the economic benefits.

"Besides our city upgrade, in col-

laboration with the national government, we are making plans for the commencement of Eldoret Railway City. I want to report that the city master plan is complete, and we are keen on its total implementation in order to pave the way for the construction of affordable housing," he confirmed.

He is currently seeking views from stakeholders through ad hoc committees to ascertain the suitability of six towns set to be upgraded to municipalities.

Bii also emphasised the need for sustainable urban planning, infrastructure development, and environmental conservation.

"As we focus on this important component, there is an urgent need to address urban sprawl, which is affecting our agricultural production as an administration. We are developing a policy to address land fragmentation and reverse the effects of land fragmentation, and this policy



Uasin Gishu County governor Dr Jonathan Bii briefing journalists

will be instrumental in protecting our agricultural land," he added.

He also emphasised the importance of addressing urban sprawl, land

fragmentation, and developing a policy to protect agricultural land.

He also emphasised the need for a sustainable smart city in Eldoret,

supported by proper sewerage, road networks, and a green and 24-hour economy.

Tetiana Shakalo Iron Lady



By: Paula O.M Otukile

Originally from Ukraine, embarked on a life-changing journey to Malaysia fourteen years ago. Her passion for education led her to Zenith International School, where she has flourished as a Primary Teacher, dedicating the past decade to inspiring young minds. Tetiana's classroom is a hub of learning, where she imparts knowledge in subjects like Mathematics, Science, and Art & Craft. Her teaching style goes beyond textbooks; she nurtures creativity and instills a love for learning

in her students every day. Beyond the confines of the classroom, Tetiana's commitment to education shines brightly in various aspects of her life. Her unwavering dedication stems from a profound belief in the transformative power of education. Tetiana's influence extends far beyond the school grounds, impacting not only her students but also the broader community. Her journey from Ukraine to Malaysia is a testament to her dedication to shaping young minds and fostering a love for learning that transcends borders.



Motherhood Is The Most Important Point Of Life



Can you remember the first song you heard? Unfortunately, none of us can remember, but even when we hear that tune when we grow up, we still have some wonderful feelings in our hearts. This is a mother's alla. When we talk about Allah, we involuntarily think of mothers, children, and childhood memories. All these are concepts related to the mother. If they ask who is a mother for you, I will answer them like this: "Mother is the most important part of our life. A person cannot live without a mother." True, you can say that there are few orphans whose mother died, they are still living. No, they are not living without a mother. In their dreams, their mother still lives and will live for the rest of her life. The concept of mother is such a broad concept that I sometimes think that it is not for me to speak or write about it. In fact, on a good day you see so many people around you that you can't even

count them, but can you find any of those people on your bad days? Among them, only one is loyal to you. She is a mother. She is the only person who can be there for you in any situation. They say: "Victory has many fathers, defeat is an orphan." Torah Sulayman's poem "Tavollo" can be cited as a proof of this:

When the test is over,
If I suddenly lose on the field,
If I don't have a name left in the world,
Who knows friends and enemies,
My mother cries because of my situation.
The rest are false cries.

We cannot help but be moved by these wonderful verses.
We humans are so self-aware that we don't even remember our mothers in our happy days, but we are not ashamed to go to her and cry "mother" when something happens to us. Even when we accidentally fall down, we don't know that we have accidentally sent it as a mother. So let's appreciate our mothers.

Dilafruz Mavlonova was born on January 25, 2007 in Baylata village, Ishtikhan district, Samarkand region. She studied at school 59. She graduated this year. If she is lucky, she is a student of World Languages or National University

Announcing The Regional Church Conference At The National Baptist Church



Mark your calendars for an extraordinary Regional Church Conference, set to take place from August 9 to 11, 2024, at our beloved church and streamed live on Facebook! This significant event aims to support and celebrate the impactful ministries of New Life Worship, The King's Committee Entertainment, Hymnal Choir, Kingdom Voices, and Eminence Movement Infusion.

- Event Details:
- Date: August 9-11, 2024
 - Time: 9:30 AM to 1:00 PM on Sunday
 - Location: Sir John Kennedy, Kadoma
 - Livestream: New Life NBC on Facebook

What to Expect:
Attendees can look forward to a variety of enriching experiences:

- Soul-Stirring Music: Enjoy the profound spirituality and uplifting melodies performed by New Life Worship, The King's Committee Entertainment, Hymnal Choir, Kingdom Voices, and Eminence Movement Infusion.
- Inspirational Messages: Gain wisdom and encouragement from esteemed speakers and leaders throughout the conference.
- Community Connection: Build lasting relationships with fellow believers in a warm and inclusive environment.

A Message of Unity and Faith:
This conference promises to be a transformative experience, celebrating the beauty of worship, the power of shared beliefs, and the joy of community. Whether you choose to join us in person at the church or virtually through Facebook Live, we look forward to coming together in support of New Life Worship, The King's Committee Entertainment, Hymnal Choir, Kingdom Voices, and Eminence Movement Infusion.

We eagerly await your presence! Let us unite in celebration of faith, music, and fellowship.

For further details and updates, please stay connected through our social media channels:
- Facebook: New Life NBC
- WhatsApp: +263718174990

My Beautiful Country



My Beautiful Country
In such a beautiful country,
We are growing.
One worthy of this country,
We are becoming children.

In our peaceful prosperous country,
Clear waters are flowing,
White snow from the mountains,
Mehr is setting an example.

Quiet in the gardens,
The fruits are ripening,
White snow in the mountains,
Mehr is setting an example.

From such a vast land,
Flowers also took place.
Spread your scent around,
It is time to distribute.

The birds are the same from early morning,
Started to sing,
The value of the heavenly country,
Even the bird understood.

The sky is clear, blue,
Cleanliness has taken over.
The sun laughs early every morning,
He shed his light on the ground.

A hundred thousand stars in the night.
Filling the wide dome,
He looks down from the sky,
Firdausman and the value of the country,
Even he knows.

Bobonazarova Gulzoda

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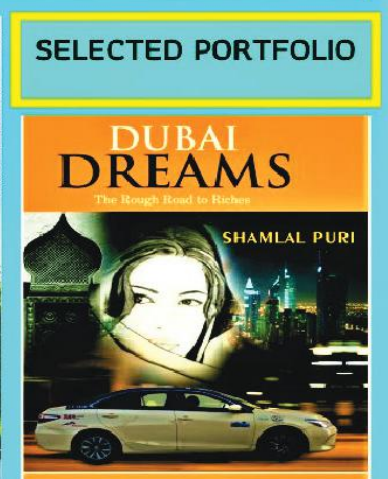
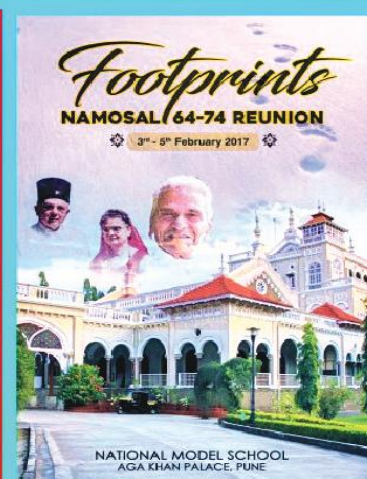
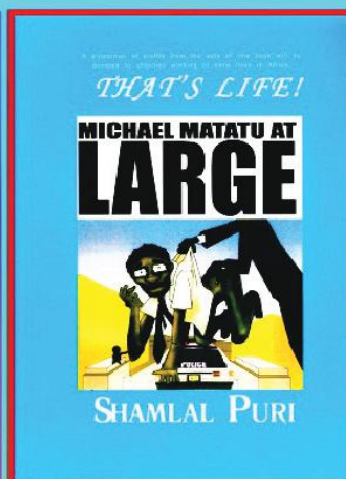
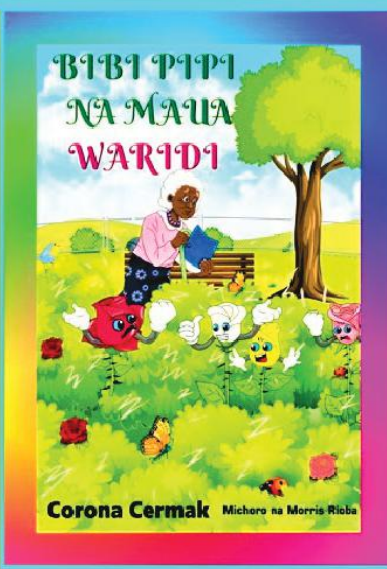
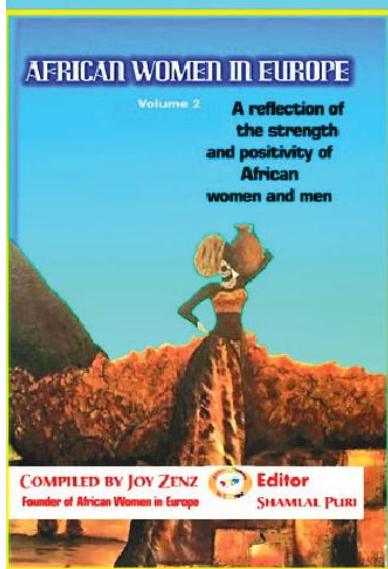
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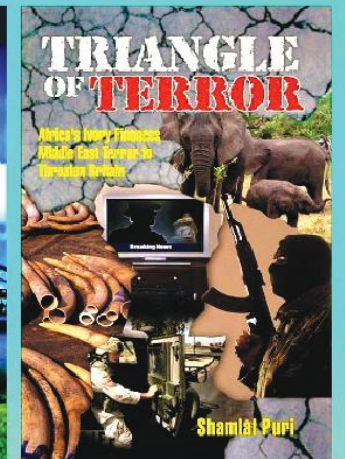
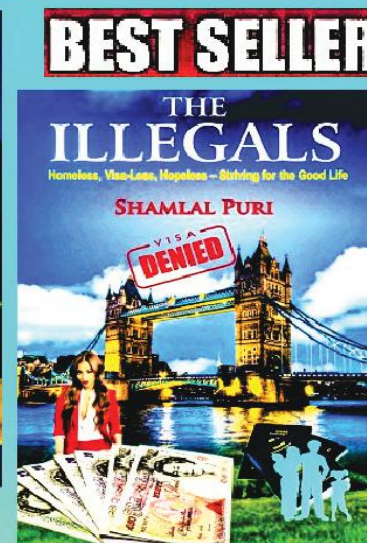
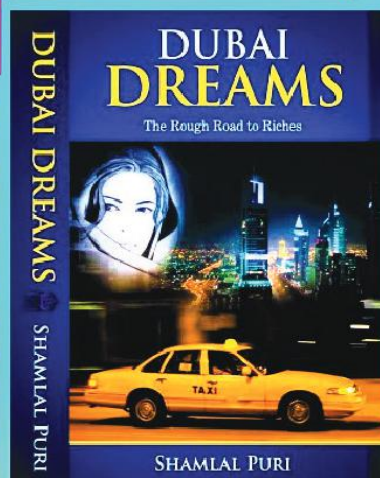
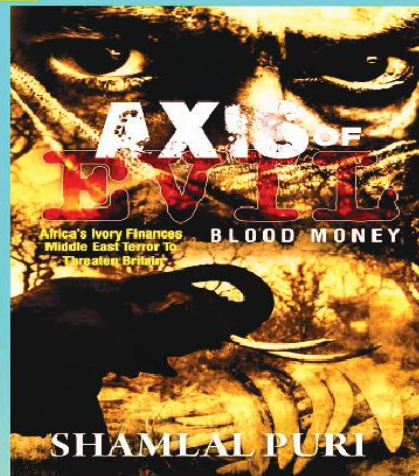
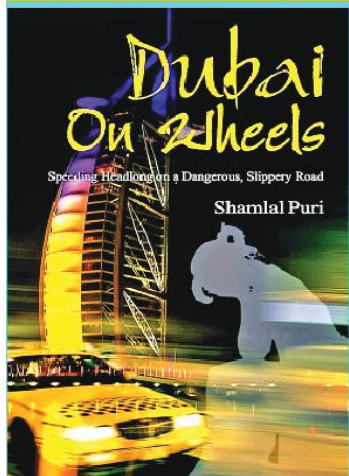
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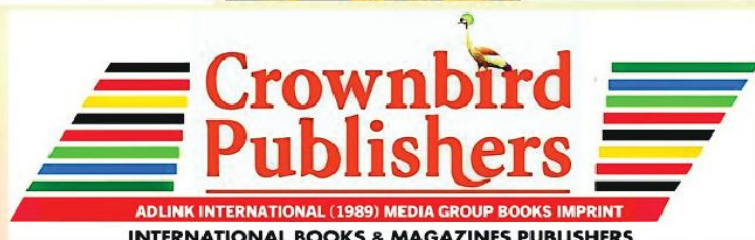
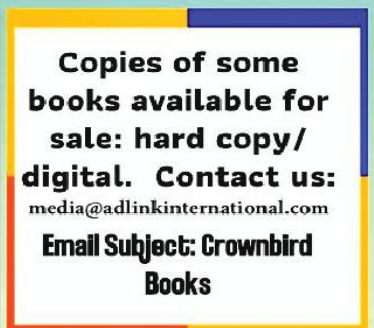
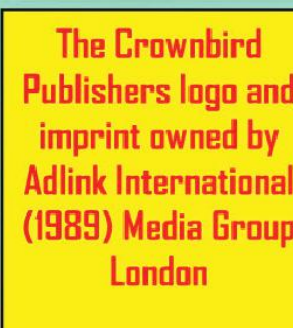
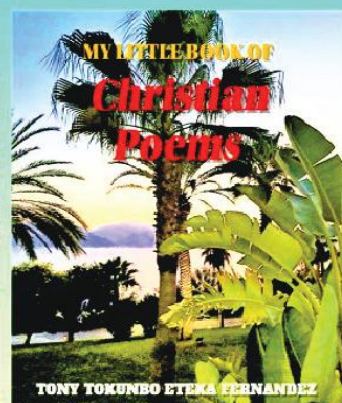
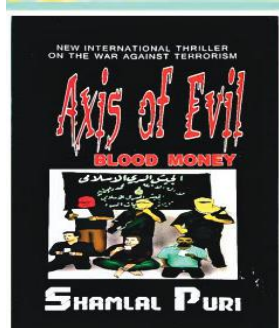
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FEATURE

'Nduthi Man 'Kenya's Comic Maestro -Cum- Comedian



By: Peter Aowa
@themkenyetimes

Worth Noting:

- "Life was hard; sometimes we had only one meal a day," Gideon recalls. "I was often seen as a failure, but that pushed me to use humor as a coping mechanism. My family, especially my grandma, has always been a source of humor in my life." He said
- After high school, he took on various jobs including 'shamba boy', a casual laborer in construction sites, car wash attendant, and boda boda rider. At one point, he was even imprisoned for 14 days.
- Following his release, he faced the devastating loss of his belongings, which led him to sleep in clubs.
- Despite these setbacks, Gideon's humor continued to shine through his adversity.

Gideon Winner, known by stage name as "Nduthi Man," has defied odds to make a name in the stand-up comedy.

Mr. Gideon who holds a Bachelor of Arts degree in Journalism from St. Paul's University has performed across Tanzania, Dubai, and on the renowned Churchill Show. But behind the spotlight, his journey is a testament to perseverance and hard work.

Winner's early years were marked by struggle. He grew up facing severe hardships, often going to school without shoes and wearing tattered clothes.

This challenging environment, however, became the foundation for his comedic talent.

"Life was hard; sometimes we had only one meal a day," Gideon recalls. "I was often seen as a failure, but that pushed me to use humor as a coping mechanism. My family, especially my grandma, has always been a source of humor in my life." He said

After high school, he took on various jobs including 'shamba boy', a casual laborer in construction sites, car wash attendant, and boda boda rider. At one point, he was even imprisoned for 14 days.

Following his release, he faced the devastating loss of his belongings, which led him to sleep in clubs.

Despite these setbacks, Gideon's humor continued to shine through his adversity.

His journey in comedy began to take shape when he began dropping off comedians for free rides, learning about the industry as he went.

"The road to success isn't as glamorous as many might think," he says. "I've been in this industry for nearly eight years. It's not just about talent; discipline, patience, and hard work are key."

Gideon's experience in the boda boda industry has been instrumental in his comedy career. It provided him with a stable income and valuable networking opportunities.

"Boda boda has significantly boosted my comedy journey. It allowed me to support myself while learning from others in the industry," he explains, adding that "Smart Joker played a crucial role in guiding me."

Motivation for Gideon comes from a place of acceptance and ambition. "I had to accept my role as a boda boda rider before transitioning into entertainment. Despite numerous setbacks,

my focus and ambition never wavered," he shares.

His success with Nduthi Man Radio and the Nduthi Man Show reflects his relentless drive and belief in his abilities.

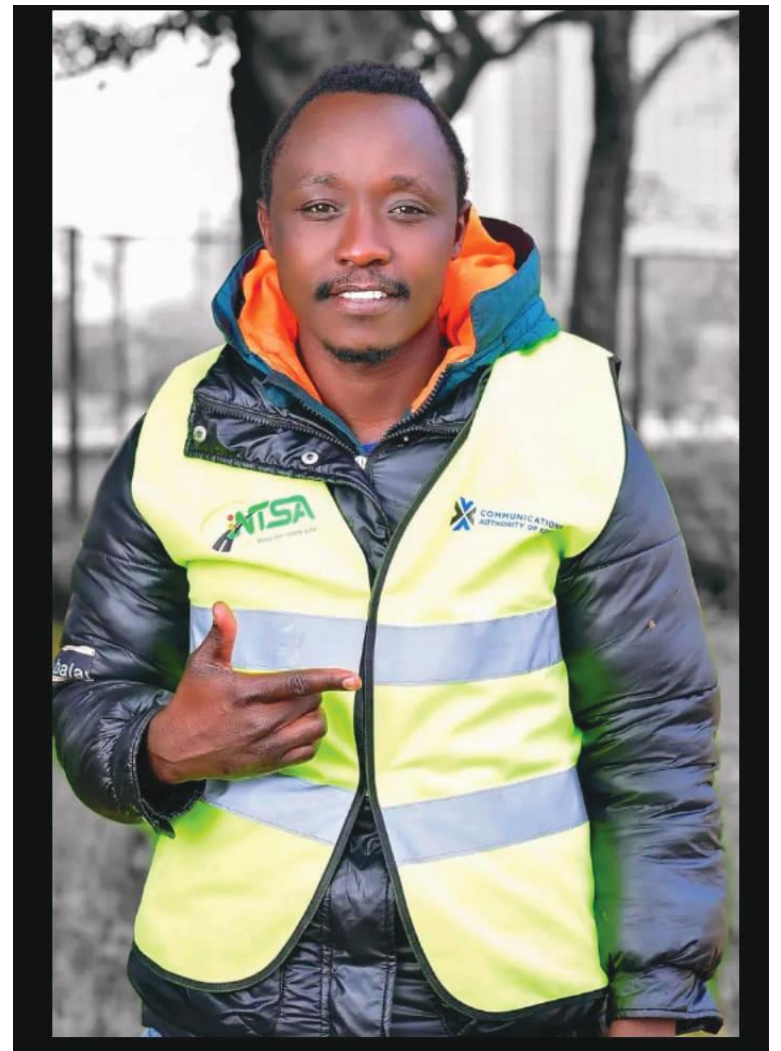
For young aspiring individuals, Gideon advises, "Be yourself and stay consistent. Consistency is the foundation of success." His own story of persistence serves as a powerful example of how dedication can turn challenges into triumphs.

The former ICS - College student is also supportive of the growing presence of women in the boda boda industry. He believes their involvement will only enhance the sector, which has provided employment to millions.

"It's fantastic to see more women joining. This industry has employed more people than the government, and the competition is only growing," he notes.

Looking ahead, Gideon has exciting plans. Next month, he will be touring East Africa—Kenya, Tanzania, Uganda, Rwanda, and Burundi. By December, he says, he'll be performing in China.

His extensive media presence, including appearances on over 42 radio stations and 10 TV stations, is a testament to his hard work and the positive impact he aims to make.



Gideon Winner, known by stage name as Nduthi Man.





PROJECT CATALOG

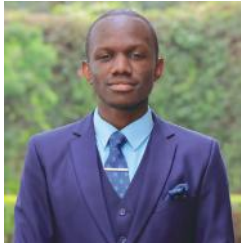
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The Muruatetu Conundrum: A Critical Analysis of Jurisdictional Overreach and the Enduring Validity of Muruatetu I



By: Odhiambo Jerameel Kevins Owuor
@themkenyetimes



Justice and law.

Worth Noting:

- The doctrine of stare decisis, a fundamental pillar of common law systems, mandates that lower courts be bound by the decisions of higher courts within the same jurisdiction. This principle ensures consistency, predictability, and fairness in the application of law across the judicial hierarchy.
- The Muruatetu I decision, emanating from the highest court in the land, epitomizes the kind of authoritative pronouncement that should guide lower courts in their adjudication of similar matters. By contrast, the Muruatetu guidelines, despite their origin from the same court, lack the constitutional and legal foundation necessary to command such obedience.

In the annals of Kenyan jurisprudence, few decisions have stirred as much controversy and scholarly debate as the Supreme Court's Muruatetu guidelines. This article posits that the apex court, in its zeal to provide clarity on sentencing matters, inadvertently transgressed the boundaries of its constitutional mandate, effectively arrogating to itself a jurisdiction it does not possess in law. The Muruatetu decision, while ostensibly aimed at streamlining sentencing procedures, represents a troubling departure from established legal principles and the doctrine of stare decisis. This jurisdictional overreach not only undermines the hierarchical structure of the Kenyan judicial system but also casts a long shadow over the separation of powers doctrine, a cornerstone of constitutional democracy. This article contends that the Supreme Court's intervention in this matter was ultra vires, as the Constitution of Kenya 2010 does not confer upon it the authority to issue binding guidelines on substantive legal matters outside the context of specific cases brought before it through proper appellate channels. Furthermore, this encroachment into the legislative domain raises serious questions about the court's adherence to the principle of judicial restraint, a fundamental tenet that serves as a bulwark against judicial activism and maintains the delicate balance between the three arms of government.

Conversely, the Muruatetu I decision stands as a paragon of judicial wisdom and constitutional fidelity. This landmark ruling, which addressed the constitutionality of the mandatory death sentence, exemplifies the Supreme Court's proper exercise of

its interpretative function within the confines of its jurisdictional limits. The Muruatetu I judgment meticulously navigated the complex interplay between constitutional rights, statutory provisions, and judicial discretion, arriving at a conclusion that was both legally sound and morally compelling. By declaring the mandatory nature of the death penalty unconstitutional, the court in Muruatetu I demonstrated a nuanced understanding of the principle of proportionality in sentencing, the right to a fair trial, and the prohibition against cruel, inhuman, or degrading treatment. This decision, grounded firmly in constitutional principles and international human rights norms, represents a significant milestone in the evolution of Kenyan criminal law. The reasoning employed in Muruatetu I not only aligns with the progressive spirit of the 2010 Constitution but also resonates with global trends towards more humane and individualized approaches to criminal justice. Consequently, it is imperative that lower courts accord this decision the respect and adherence it deserves, recognizing its binding nature and far-reaching implications for the administration of justice in Kenya.

The doctrine of stare decisis, a fundamental pillar of common law systems, mandates that lower courts be bound by the decisions of higher courts within the same jurisdiction. This principle ensures consistency, predictability, and fairness in the application of law across the judicial hierarchy. The Muruatetu I decision, emanating from the highest court in the land, epitomizes the kind of authoritative pronouncement that should guide lower courts in their ad-

judication of similar matters. By contrast, the Muruatetu guidelines, despite their origin from the same court, lack the constitutional and legal foundation necessary to command such obedience. The distinction lies not in the source of the pronouncement but in the manner and context in which it was made. Whereas Muruatetu I arose from a proper case or controversy, adhering to the adversarial process and rigorous legal analysis, the Muruatetu guidelines emerged from what can be characterized as an extra-judicial exercise, divorced from the specific facts and legal issues of any particular case before the court. This procedural irregularity undermines the legitimacy of the guidelines and raises serious questions about their binding nature on lower courts.

Constitutional scholars have been unequivocal in their criticism of the Supreme Court's approach in issuing the Muruatetu guidelines. Professor Yash Pal Ghai, a leading authority on Kenyan constitutional law, has argued that such guidelines represent an unwarranted expansion of the court's powers, cautioning against the dangers of judicial overreach in a constitutional democracy. Similarly, Dr. Willy Mutunga, former Chief Justice and President of the Supreme Court, has emphasized the importance of judicial restraint and the need for courts to operate within their constitutionally prescribed limits. These scholarly opinions underscore the gravity of the court's departure from established norms and highlight the potential ramifications for the rule of law and separation of powers. The consensus among constitutional experts is clear: the Supreme Court's role is to interpret the law, not to create it, and certainly not to issue binding guidelines outside the context of a specific legal dispute properly brought before it.

An examination of relevant statutory provisions further illuminates the problematic nature of the Muruatetu guidelines. The Supreme Court Act, 2011, which delineates the jurisdiction and powers of the apex court, does not confer upon it the authority to issue general sentencing guidelines. Section 3 of the Act explicitly states that the court's jurisdiction is as conferred by the Constitution and other written laws. Nowhere in this legislative framework is there a provision empowering the court to unilaterally promulgate binding rules on substantive legal matters. This statutory silence is telling and serves to reinforce the argument that the Muruatetu guidelines represent an ultra vires act by the Supreme Court.

Moreover, the Judicature Act, which governs the administration of justice in Kenya, places the responsibility for developing sentencing guidelines squarely within the purview of the Judiciary, acting through properly constituted committees and consultative processes. The Supreme Court's unilateral action in issuing the Muruatetu guidelines not only circumvents this established legal framework but also usurps functions properly belonging to other branches of government.

The principle of separation of powers, enshrined in the Constitution of Kenya 2010, serves as a crucial check against the concentration of power in any single branch of government. This doctrine, fundamental to democratic governance, ensures that each arm of government operates within its constitutionally defined sphere, maintaining a delicate balance that safeguards individual liberties and prevents tyranny. The Muruatetu guidelines, by venturing into territory traditionally reserved for the legislature, blur these crucial lines of demarcation. In contrast, the Muruatetu I decision exemplifies the proper exercise of judicial power within constitutional bounds. By interpreting the law and applying constitutional principles to a specific legal question brought before it, the court in Muruatetu I fulfilled its mandate without encroaching upon the prerogatives of other branches. This distinction is critical in assessing the legitimacy and binding nature of these two pronouncements from the Supreme Court.

A comparative analysis of international jurisprudence reveals a consistent pattern of courts exercising caution when it comes to issuing broad guidelines outside the context of specific cases. The United States Supreme Court, for instance, has long adhered to the "case or controversy" requirement, which limits its jurisdiction to actual disputes between parties. Similarly, the Constitutional Court of South Africa, while renowned for its transformative jurisprudence, has consistently refrained from issuing general guidelines that could be construed as legislative in nature. These international examples serve to highlight the anomalous nature of the Muruatetu guidelines within the broader context of constitutional jurisprudence. The Muruatetu I decision, on the other hand, aligns more closely with international best practices in constitutional adjudication, addressing a specific legal

LETTERS TO THE EDITOR

Celebrating Women

By: Devina Adhiambo

International Women's Day is a momentous occasion that honors the extraordinary contributions and achievements of women worldwide. It serves as a reminder of the remarkable strength and resilience that women possess, as well as the progress made towards gender equality. Today, we celebrate the incredible women who have made a profound impact on society and acknowledge the challenges they continue to overcome. On this special day, let us reflect on the achievements, struggles, and aspirations of women, and renew our commitment to creating a more inclusive and equitable world for all.

The journey of women has been one of constant determination and perse-

verance. Over the years, women have fought against discrimination, shattered glass ceilings, and challenged societal norms. From historical figures who demanded their right to vote and paved the way for future generations, to modern-day trailblazers who excel in various fields, women have consistently proven their capabilities, intellect, and leadership.

Significant progress has been made in advancing women's rights and opportunities. Today, women are making substantial contributions in politics, science, technology, arts, sports, and every other arena imaginable. They are leading countries, heading corporations, and making groundbreaking discoveries. Women are carving their paths and refusing to be confined by gender stereotypes. This progress is a

testament to the indomitable spirit of women and the collective efforts of societies striving for gender equality.

Women come from diverse backgrounds, cultures, and experiences, and it is this diversity that enriches our world. Each woman brings a unique perspective, adding depth and vitality to every sphere of life. It is through embracing and celebrating this diversity that we can foster innovation, creativity, and understanding. By recognizing and valuing the contributions of all women, regardless of their race, ethnicity, sexual orientation, or socio-economic background, we create a society that is truly inclusive.

Despite the progress made, women still face numerous challenges and barriers. Gender-based violence, inequality in the workplace, limited access to

education and healthcare, and societal expectations continue to impede the realization of women's full potential. However, these challenges have only served to ignite a fire within women to effect change, to uplift one another, and to empower future generations. Women are reclaiming their voices, challenging the status quo, and demanding equality, justice, and respect.

International Women's Day is not just a celebration; it is a call to action. It is a reminder that the fight for gender equality is not yet won, and that we must continue to work together to dismantle systemic barriers and biases. By standing united, women can amplify their voices, support one another, and create lasting change. Whether it's through mentorship, advocacy, education, or community engagement, each

one of us has a role to play in building a more equitable world.

On this International Women's Day, let us celebrate the achievements, strength, and resilience of women across the globe. Let us honor the women who have paved the way for progress while recognizing the challenges that still lie ahead. Together, let us commit to breaking down barriers, challenging gender norms, and creating a future where every woman can thrive. By doing so, we not only uplift women but also create a more just and prosperous world for all. Happy International Women's Day.

Devina Adhiambo
Media student Rongo University

World Breastfeeding Week: A Call For Inclusive Support And Empowerment

World Breastfeeding Week (WBW) is a global celebration that takes place annually from August 1 to 7, uniting communities worldwide in promoting the benefits of breastfeeding. This year's theme, "Closing the gap: Breastfeeding support for all," is a powerful reminder of the need for diverse and inclusive support for breastfeeding mothers. As we reflect on the significance of this week, it is crucial to recognize the challenges faced by breastfeeding mothers and advocate for a more supportive and empowering environment.

Breastfeeding is a natural and beau-

tiful process, but it is not without its challenges. Many mothers face societal pressures, lack of support, and even discrimination when choosing to breastfeed. This is where the importance of WBW comes into play. By raising awareness and fostering a culture of acceptance and support, we can empower mothers to make informed decisions about their breastfeeding journey and provide them with the resources they need to succeed.

One of the key aspects of this year's theme is the emphasis on diverse support for breastfeeding mothers.

It is essential to recognize that every mother's experience is unique, and the support they require may vary. This includes support from partners, families, communities, and healthcare providers. By creating a network of support that caters to the individual needs of each mother, we can ensure that no one feels alone or unsupported during their breastfeeding journey.

Another crucial aspect of WBW is the role of governments and policymakers in creating an enabling environment for breastfeeding. This includes implementing policies that

protect the rights of breastfeeding mothers, such as paid maternity leave, workplace accommodations for pumping, and access to lactation support services. By prioritizing the needs of breastfeeding mothers, governments can demonstrate their commitment to promoting the health and well-being of mothers and infants.

In conclusion, World Breastfeeding Week is a powerful reminder of the importance of breastfeeding and the need for inclusive support and empowerment for breastfeeding mothers. By working together as a global community, we can create a world

where every mother feels supported, empowered, and celebrated in their breastfeeding journey. Let us use this week as a catalyst for change, advocating for policies and practices that prioritize the needs of breastfeeding mothers and ensuring that no mother is left behind.

James Kilonzo Bwire is a Media and communication student at Masinde Muliro University of Science and Technology Kakamega.

Keeping Children Safe During The Holiday

By Orifwa Ruben

Holidays offer a much-needed break for students, a time for relaxation, recreation, academic improvement and quality family time. However, with increased free time, children may find themselves in situations that could compromise their safety. It is crucial for parents to be proactive in safeguarding their children, particularly during periods of social unrest and public demonstrations.

Children may be caught unintentionally in the crossfire of protests exposing them to violence. Parents and guardians should be mindful and keen about the safety of their children, they should know whereabouts of the children to avoid children be-

ing exposed to violence. The psychological trauma that can be caused to children are far reaching. Witnessing violence can have long-lasting emotional and psychological effects on children. Children themselves may also fall victims of the violence when caught in protests; stray bullets, misfired teargas canisters, stampede in the crowds is a great danger to children.

Children might be influenced by peers to participate in protests or engage in risky behaviour. The influence can be from close peers and even from social media platforms. Juveniles may be unaware of the risks and dangers that they put their lives to in the riots. In chaotic situ-

ations, children can be vulnerable to exploitation, trafficking or abduction. Children are highly vulnerable when caught up in protests, especially when the protests are not peaceful. Parents should be much aware of the people that their children interact with to avoid any negative influence, especially the ones that may compromise their safety.

Parents and guardians should play their roles and responsibilities to keep children safe. They should create a safe space for children to express their thoughts about the current events in the country. They should answer their questions accordingly and age-appropriately. Open communication will help in understanding

the feelings of children and giving of proper advice.

Setting boundaries for children by establishing clear rules about where children can go at what time, who they can be with, and what time they should be home. This can prevent children being caught up in violent situations that endangers their safety. Parents should teach children to evaluate information from social media platforms to avoid misinformation. Verifying information before taking it will help prevent any kind of misinformation.

Parents are charged with the responsibility of protecting their children during holiday and a time when a nation is experiencing social unrests.

Parents should avoid protests areas, planning activities and outings away from areas where demonstrations are likely to occur. Parents should be aware of the surrounding and supervise their children closely, especially in public. Teaching children safety measures also helps improve their safety, instructing children on how to respond in case of emergency such as seeking shelter or fleeing to safety.

Parents should be mindful of the content their children are exposed to on social media and discuss the potential dangers of online misinformation. By taking proactive steps keeping children safe, parents can nurture create a safe environment during holidays.

Malala Faces Legal Setbacks In UDA Secretary General Dispute

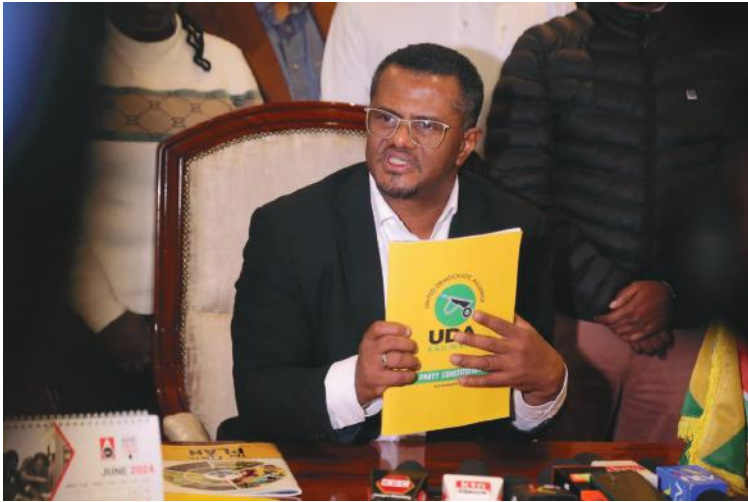


By: Cynthia Masibo
@themtkenyatimes

Former United Democratic Alliance (UDA) Party Secretary General Cleophas Malala has encountered a major setbacks in his attempt to retain his position. This is after the Political Parties Disputes Tribunal (PPDT) dismissed his application seeking to prevent Senator Hassan Omar from assuming the role as his replacement. In a ruling by PPDT Chairman Desma Nungo, the tribunal declined Malala's request to issue an injunction against Omar's appointment. The decision has allowed Omar to take over the Secretary General duties despite Malala's pending legal challenge. Although Nungo recognized the urgency of the matter, he directed that the case be mentioned on Tuesday

next week for further directions. In the matter, Malala has also sued UDA Party national chairperson and Embu County Governor Cecily Mbarire, the party itself, and named Omar as an interested party. Malala's removal from office and Omar's subsequent appointment have stirred controversy within the UDA Party. The dispute underscores internal conflicts that have surfaced in the political organization, raising questions about leadership stability and governance practices. Malala's supporters argue that his ouster was orchestrated without proper consultation and due process. The office of the Registrar of Political Parties has already effected changes that officially acknowledge Malala's removal and Omar's new role. This administrative action further complicates Malala's legal efforts to regain his position. The Registrar's decision, made hours before the PPDT's ruling, signifies a formal endorsement of the leadership change within the UDA Party. Malala's legal strategy appears to hinge on contesting the legitimacy of his ouster and the subsequent ap-

pointment of Omar. His legal team is expected to present arguments aimed at demonstrating procedural irregularities and potential violations of party regulations. However, the tribunal's refusal to grant an immediate injunction suggests that the burden of proof lies heavily on Malala's side. The tribunal's decision to schedule a mention of the case to next week leaves room for further legal maneuvers. Both parties will have the opportunity to present additional evidence and arguments before the tribunal makes a final determination. This upcoming hearing will be crucial in resolving the dispute and determining the future leadership of the UDA Party. In the meantime, Hassan Omar is poised to assume the responsibilities of Secretary General, a role that carries significant influence within the party. His appointment is likely to shape the party's strategies and policies in the lead-up to future political contests. Observers within the UDA Party and the broader political landscape will be closely monitoring how Omar navigates his new position amidst ongoing legal challenges. The case highlights the intricate dynamics of political party management in Kenya, where leadership disputes often translate into broader political implications. The outcome of Malala's legal challenge may set a precedent for how internal party conflicts are resolved in the future, potentially impacting the political fortunes of key players



New United Democratic Alliance (UDA) Secretary General Hassan Omar. Photo: @UDAKenya/X

within the UDA Party. As the Tuesday's mention date approaches, all eyes will be on the PPDT and its forthcoming decisions. The tribunal's handling of this high-profile case will not only affect the immediate parties involved but could also influence the broader narrative of political accountability and leadership within Kenyan parties.

The Muruatetu Conundrum: A Critical Analysis of Jurisdictional Overreach and the Enduring Validity of Muruatetu I

Contd from page 18

issue with far-reaching implications for individual rights and the administration of justice. The potential consequences of accepting the Muruatetu guidelines as binding precedent are far-reaching and deeply concerning. Such acceptance would not only undermine the constitutional structure of the Kenyan judiciary but also set a dangerous precedent for future judicial overreach. It could potentially open the floodgates for the Supreme Court to issue binding pronouncements on a wide range of legal issues without the benefit of proper litigation, adversarial arguments, or lower court considerations. This scenario would effectively transform the Supreme Court from its constitutionally mandated role as the final arbiter of legal disputes into a quasi-legislative

body, blurring the lines between judicial interpretation and law-making. Furthermore, it would severely hamper the ability of lower courts to develop the law through reasoned application of legal principles to diverse factual scenarios, stifling the organic evolution of jurisprudence that is vital to a living legal system. In conclusion, the Muruatetu decision guidelines represent a troubling departure from established constitutional norms and legal principles. The Supreme Court, in issuing these guidelines, has ventured beyond its jurisdictional boundaries, arrogating to itself powers not granted by the Constitution or statute. This overreach not only undermines the court's legitimacy but also poses a significant threat to the delicate balance of powers enshrined in Kenya's constitutional framework. In contrast, the Muruatetu I decision stands as a beacon of judicial propriety and constitutional fidelity, addressing a

critical legal issue within the proper confines of the court's jurisdiction. Lower courts should, therefore, remain steadfast in their adherence to the binding precedent set in Muruatetu I, recognizing it as an authoritative pronouncement on the constitutionality of mandatory sentencing provisions. Only through such adherence can the integrity of Kenya's judicial system be maintained, ensuring that justice is administered in accordance with the law and constitutional principles. As Kenya continues to navigate the complex waters of constitutional democracy, it is imperative that all arms of government, including the judiciary, operate within their prescribed limits, respecting the fundamental tenets of separation of powers and the rule of law. The writer is a legal scrivener and researcher.



Justice and law.

Unlocking Africa's Renewable Energy Potential Through Innovation and Investment



By: John Mwendwa
@themkenyetimes



Worth Noting:

- Kenya's remarkable transition to a predominantly green energy mix, deriving 85-90% of its power from geothermal, hydro, wind, and solar sources, as detailed in the Trade.gov country commercial guide for Kenya, serves as a compelling testament to Africa's renewable energy potential. Such success stories are instrumental in attracting further investments and should be replicated across the continent.
- On the other hand, investment strategies, as outlined in Baker & McKenzie's report "Africa: The Continent's Sparkling Clean Energy Future," can further incentivize private sector involvement. Clear, stable, and transparent regulatory frameworks are essential and the backbone of successful projects. They reduce risks and expedite project approvals, as demonstrated by Kenya's success. Offering attractive incentives such as tax breaks and feed-in tariffs can improve project returns.



Renewable Energy

Africa is abundant in resources and opportunities, particularly in the renewable energy sector. With landscapes that cater to solar, wind, hydro, and geothermal energy, Africa has the potential to lead the global energy transition. Yet, the continent's vast potential remains untapped, hindered by inadequate infrastructure, investment deficits, and policy bottlenecks. A strategic approach that blends investment, innovation, and sound policies is imperative to unlock this energy treasure trove.

The continent's renewable energy capacity is as diverse as its geography. With its vast deserts, North Africa holds some of the world's most significant solar power potential. The Noor Ouarzazate Solar Complex in Morocco, one of the world's largest solar power stations, exemplifies how concentrated solar investment can significantly impact energy output. Contrastingly, with its extensive river systems, Sub-Saharan Africa offers expansive opportunities for hydropower development, as demonstrated by the Grand Ethiopian Renaissance Dam (GERD), which aims to be the largest dam in Africa. Therefore, mobilizing substantial investments is the cornerstone to revolutionizing Africa's renewable energy output.

However, the African Development Bank (AfDB) has sounded a stark warning-Africa faces a significant infrastructure deficit, requiring an estimated \$130-\$170 billion annual investment and a \$68-\$108 billion financing gap. This is not a problem we can afford to ignore. Bridging this gap demands a concerted effort

to attract public funding, private capital, and international finance. The International Energy Agency (IEA) underscores the urgency of doubling energy investment in Africa to over \$240 billion annually by 2030, prioritizing clean energy.

Therefore, a multi-pronged approach involving public-private partnerships and international finance is crucial in closing this funding gap. Public funds can catalyze foundational projects, reducing risks for private investors, while blended finance models, combining public and private capital, can further mitigate investment uncertainties. Notably, the Lake Turkana Wind Power project, the largest in sub-Saharan Africa with a capacity of 310 megawatts, exemplifies the transformative potential of focused investments. This is a clear demonstration of what can be achieved with the right focus and resources.

Kenya's remarkable transition to a predominantly green energy mix, deriving 85-90% of its power from geothermal, hydro, wind, and solar sources, as detailed in the Trade.gov country commercial guide for Kenya, serves as a compelling testament to Africa's renewable energy potential. Such success stories are instrumental in attracting further investments and should be replicated across the continent.

On the other hand, investment strategies, as outlined in Baker & McKenzie's report "Africa: The Continent's Sparkling Clean Energy Future," can further incentivize private sector involvement. Clear, stable, and transparent regulatory frameworks are essential and the

backbone of successful projects. They reduce risks and expedite project approvals, as demonstrated by Kenya's success. Offering attractive incentives such as tax breaks and feed-in tariffs can improve project returns.

Further, mitigating risks through political risk insurance and currency stabilization measures can boost investor confidence. Local content requirements can also be implemented to foster regional economic development and expertise. Lastly, investing in education and training to develop a skilled workforce is crucial for the long-term sustainability of renewable energy projects. By adopting these strategies, African nations can create a more favourable investment climate and accelerate their transition to a clean energy future.

Technological innovation is another critical accelerator. For example, solar photovoltaic (PV) costs have declined by 89% in the past decade, making solar energy increasingly competitive, as the International Renewable Energy Agency (IRENA) reported. Innovative solutions have become essential to reach remote and rural areas. Pay-as-you-go solar home systems, popularized by companies like M-KOPA in East Africa, have revolutionized energy access in East Africa, enabling households to afford solar energy. Similarly, micro-grid technologies provide community-based power solutions in areas beyond the reach of traditional grid infrastructure. Therefore, investing in research and development (R&D) for such localized solutions, alongside conventional renewable

projects, and fostering innovation hubs can cultivate a culture of entrepreneurship in renewable energy technologies and accelerate energy access for sustainable growth.

South Africa's Renewable Energy Independent Power Producer Procurement Programme (REIPPPP) has attracted over \$20 billion in private investment, showcasing the impact of clear policy frameworks. African nations can emulate South Africa's success by prioritizing transparency, regulatory stability, and attractive incentives for renewable energy projects. Additionally, structured power purchase agreements (PPAs), which ensure fair returns on investment over extended periods, are crucial. Regional policies promoting cross-border energy trade can further expand market opportunities, enhancing the sector's attractiveness to large-scale investors.

Developing human capital is not just about sustaining the growth of the renewable energy sector. It's about empowering communities and ensuring that the benefits of renewable energy projects are widely shared. Emphasizing STEM education, as Rwanda has, prepares the future workforce for the demands of a technologically driven energy market. Furthermore, vocational training programs focused on renewable energy installation, maintenance, and management can empower local communities, ensuring that the benefits of renewable energy projects are widely shared.

Africa's renewable energy future hinges on a unified approach that combines directed investments, innovative solutions tailored to unique regional needs, and enabling policy environments. By drawing on the continent's diverse potential and leaning into collaboration across governments, private investors, and communities, Africa can leapfrog traditional energy models to become a leader in renewable energy. This vision of a sustainable, accessible, diversified energy future is attainable and essential for Africa's continued growth and prosperity. Let this be when we commit to a brighter, greener future for Africa.

John Mwendwa, OGW, is an impact-driven business climate & investment expert.

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Sports >> *The world is holding its breath as Eliud Kipchoge, the undisputed marathon maestro and TECNO Mobile's brand ambassador, is poised to do what no man has ever done before: win a third Olympic marathon gold medal at the Paris 2024

Tecno Mobile Celebrates Marathon Maestro And Brand Ambassador, Eliud Kipchoge

By: Capital Sport

The world is holding its breath as Eliud Kipchoge, the undisputed marathon maestro and TECNO Mobile's brand ambassador, is poised to do what no man has ever done before: win a third Olympic marathon gold medal at the Paris 2024 Summer Games.

The prospect of this historic achievement has not only sent waves of excitement through the athletics community but has also underscored the indomitable spirit of a man who continues to redefine the limits of human endurance and achievement.

"In his illustrious career, Kipchoge has mastered the art of making the impossible seem ordinary. He is not just running; he is crafting a legacy that embodies sheer excellence, innovation, and perseverance," Ray Fang, TECNO national manager said, "The 39-year-old's list of accomplishments is a testament to his unparalleled dedication.

From his awe-inspiring sub-two-hour marathon feat in Vienna to his victories in prestigious marathons around the globe — London, Chicago, Tokyo, and Berlin, to name a few — Kipchoge has proven time and again that the word "impossible" does not exist in his dictionary.

Kipchoge's imminent triumph in Paris would not just be a personal victory but a historic one for Kenya, as he becomes the first and only Kenyan athlete to compete in five Olympic Games.

As he prepares to grace the iconic streets of Paris, one can almost hear the echo of a nation's pride and a global fanbase cheering him on.

"His commitment to excellence mirrors Tecno Mobile's ethos, making this partnership a perfect blend of athleticism and technology. Kipchoge has now become the first man to win three Olym-



Eliud Kipchoge competing at the Boston Marathon. PHOTO/Courtesy .

pic marathon gold medals," Fang said.

He added: "We are proud to be associated with such an iconoclastic athlete who keeps on pushing the boundaries of the possible. His passion for excellence mirrors our brand's ethos at TECNO Mobile as we continue to innovate and break barriers in the tech industry."

In 2023, TECNO Mobile announced Eliud Kipchoge as the brand ambassador for its flagship Phantom X2 series.

Kipchoge praised the partnership, saying: "I am excited to partner with the world's pioneers in terms of innovation and technology. Being environmentally protective, the Phantom series devices are made from recyc-

ble materials, which makes the partnership valuable and, most importantly, helps protect the next generation."

"But this partnership goes beyond just brand synergy. It's about celebrating a shared vision of excellence and pushing boundaries. It's about taking steps forward, just like Kipchoge has done in every race, inspiring millions around the globe," Fang asserted.

His recent triumph at the 2023 Berlin Marathon, where he became the first runner to win five Berlin Marathons, is just another chapter in a book that seems to have no end.

"With his third Olympic gold medal on the horizon, Kipchoge's legacy as the world's

greatest marathoner is undeniable," Fang said.

He added: "He has challenged what was believed to be physically possible over the 42.1 km distance, famously clocking an incredible time of 1:59:40 in Vienna in 2019, cementing his name in the history books."

"As the world waits in anticipation, TECNO Mobile proudly supports Kipchoge's journey, celebrating his accomplishments and pioneering spirit. Here's to breaking records, making history, and inspiring future generations," he concluded.

GET THE BEST OF WORLD

Sports >>> *Kenya's Julius Yego qualified for the finals of the men's javelin at the Paris Olympics after finishing second in the qualification round yesterday morning.

Yego Produces Throwback Virtuoso Performance To Reach Olympics Javelin Final



Kenya's Julius Yego celebrates after confirming qualification into the men's javelin final. PHOTO/TEAM KENYA

By: Capital Sport

Kenya's Julius Yego qualified for the finals of the men's javelin at the Paris Olympics after finishing second in the qualification round yesterday morning. The 2016 Olympics silver medalist began his morning with a throw

of 78.84m before improving to 80.76m on his second attempt. Yego then put the icing on the cake with a season's best of 85.97m on his final attempt, to take a step closer to another Olympics medal. The 2015 World champion will be joined in the finals by German

Julian Weber, who finished first in his group, as well as Czech Republic's Jakub Vadlejch and Finland's Toni Keranen. Yego will be making his third appearance in the final of the men's javelin at the Olympics. He will be looking to better his performance from the last edition

in Tokyo in 2021 where he failed to make it past the qualification round. The finals is set for tomorrow.

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Cultivating Essential Qualities In The Workplace



By: Serin Silviya Simson
@themkenyentimes

Worth Noting:

- Collaboration among employees leads to higher productivity, innovation, and a more cohesive workplace culture. When team members work well together, they can achieve goals that are otherwise unattainable individually.
- Organizing team-building activities strengthens team bonds and improves interpersonal relationships. Ensuring each team member understands their role and how it contributes to the team's objectives is crucial. Additionally, fostering an inclusive environment where diverse perspectives are valued and leveraged can significantly enhance teamwork.
- The ability to adapt to changing circumstances is a valuable quality in today's fast-paced work environment. Adaptable employees can handle new challenges and changes without compromising productivity. Promoting a culture of continuous learning and development through training programs and workshops helps employees remain flexible.



In today's competitive business environment, cultivating good qualities in the workplace is more critical than ever. Positive attributes among employees not only contribute to a harmonious and productive work environment but also significantly impact the overall success and sustainability of an organization.

Effective communication is the cornerstone of any successful organization. Clear, concise, and respectful communication helps prevent misunderstandings, fosters collaboration, and builds strong working relationships. Creating an environment where employees feel comfortable sharing their ideas and concerns without fear of retribution is essential. Training employees to listen actively, fully concentrate, understand, and respond thoughtfully is equally important. Implementing regular feedback sessions can also provide constructive criticism and recognition, it enhances communication further.

Collaboration among employees leads to higher productivity, innovation, and a more cohesive workplace culture. When team members work well together, they can achieve goals that are otherwise unattainable individually. Organizing team-building activities strengthens team bonds and improves interpersonal relationships. Ensuring each team member understands their role and how it contributes to the team's objectives is crucial. Additionally, fostering an inclusive environment where diverse perspectives are valued and leveraged can significantly enhance

teamwork.

The ability to adapt to changing circumstances is a valuable quality in today's fast-paced work environment. Adaptable employees can handle new challenges and changes without compromising productivity. Promoting a culture of continuous learning and development through training programs and workshops helps employees remain flexible. Encouraging flexible work practices, such as remote working and flexible hours can also aid in managing change effectively. Providing resources and training to help employees build resilience and cope with stress further supports adaptability.

Integrity involves being honest and having strong moral principles, building trust and credibility within the workplace, which is essential for long-term success. Leadership should model integrity in their actions and decisions, setting a standard for the rest of the organization. Implementing training programs that reinforce the importance of ethical behavior and decision-making can further promote integrity. Fostering a culture of transparency where information is shared openly and ethical behavior is rewarded is also vital.

Accountability ensures that employees take responsibility for their actions and the outcomes of their work, leading to improved performance and a more reliable workforce. Setting clear expectations and objectives for employees is the first step in cultivating accountability. Holding regular check-ins and reviews to monitor progress and

provide support is equally important. Acknowledging employees who demonstrate accountability and addressing those who do not helps maintain high standards.

Empathy, the ability to understand and share the feelings of others, is crucial for creating a supportive and collaborative workplace. It enhances relationships and fosters a positive work environment. Providing training on emotional intelligence and empathy can help employees develop this quality. Recognizing and rewarding acts of kindness and support among employees also encourage empathetic behavior. Implementing policies that encourage employees to seek help and support when needed can further nurture empathy.

Innovation drives progress and keeps organizations competitive. Encouraging a culture of creativity and innovation leads to new ideas, products, and processes that can significantly benefit the organization. Providing platforms for employees to share and develop new ideas is a practical way to promote innovation. Encouraging calculated risk-taking and viewing failures as learning opportunities can also foster an innovative mindset. Allowing employees time to explore creative solutions and innovations is equally important.

Professionalism encompasses a range of behaviors, including punctuality, respect, and maintaining a positive attitude. It reflects an employee's commitment to their role and the organization. Developing and enforcing a code of conduct

that outlines expected behaviors is essential in promoting professionalism. Offering opportunities for professional development and career advancement helps employees maintain high standards. Implementing mentorship programs to guide employees in maintaining professionalism can also be beneficial.

Optimism, or maintaining a positive outlook, can significantly impact workplace morale and productivity. Optimistic employees are more likely to persevere through challenges and inspire others. Using positive reinforcement to acknowledge achievements and efforts can promote optimism. Encouraging a solutions-focused mindset rather than dwelling on problems is also crucial. Implementing wellness programs that support mental and emotional health further fosters a positive work environment.

A commitment to quality ensures that work is performed to the highest standards, which is vital for the organization's reputation and success. Providing training on quality standards and best practices helps employees understand the importance of quality. Fostering a culture of continuous improvement where feedback is used to enhance processes and outcomes further promotes a commitment to quality. Acknowledging and rewarding employees who consistently deliver high-quality work reinforces this commitment.

Cultivating good qualities in the workplace requires deliberate effort and commitment from both leadership and employees. By fostering attributes such as effective communication, teamwork, adaptability, integrity, accountability, empathy, innovation, professionalism, optimism, and a commitment to quality, organizations can create a positive and productive work environment. These qualities not only enhance individual performance but also contribute to the overall success and sustainability of the organization. Implementing the tips and strategies discussed in this article can help organizations develop and maintain these essential qualities, leading to a more harmonious and efficient workplace.