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Former Deputy President Rigathi Gachagua addressing press yesterday

STORY ON PAGE 6

The NEW Democrats

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Dr Thuo Mathenge
Noo Wanguku
Noo Wanguku
Noo Wanguku

Zambian Parliamentary Committee On Parastatal Bodies Visits Kenya For Benchmarking Mission

By: MKT Reporter
@themtkenyatimes

Some Of The Moments As Captured In Pictures

The Clerk of Kenya's National Assembly, Mr. Samuel Njoroge yesterday hosted a delegation from the Zambian Parliamentary Committee on Parastatal Bodies, currently in the country for benchmarking. The visit aims to enhance legislative oversight and improve the performance of public institutions in Zambia. The committee plays a crucial role in examining reports from the Auditor General on the financial and operational performance of Zambia's parastatal bodies and other statutory institutions. The Zambian lawmakers are expected to engage with their counterparts in the National Assembly of Kenya to exchange insights and share best practices in legislative matters. Speaking when he welcomed the visitors, Mr. Njoroge highlighted the strong and historic bonds between Kenya and Zambia. The discussions focused on several key areas of mutual interest, including the mandate, structure, and working procedures of Kenya's oversight committee on parastatal bodies. Other topics included the committee's collaboration with the Office of the Auditor-General, mechanisms for tracking and implementing committee recommendations, and institutional frameworks that support effective oversight. Mr. Njoroge also provided an overview of how Kenya's audit-related committees function, noting that the Constitution mandates them to review Auditor General reports and submit their findings within 90 days. The Zambian delegation was led by Dr. Chitalu Chilufya, MP (Chairperson), and included Mrs. Mutinta C. Mazoka, MP (Vice Chairperson), Mr. Brian Kambita, MP, Mr. Mubita B. Anakoka, MP, Mr. Anthony Kasandwe, MP, Mr. Vumango P. Musumali, MP, Ms. Julien Nyemba, MP, Mr. Stephen Kampyongo, MP, Mr. Brian Mundubile, MP, Mr. Hebert Mapani, MP, and Ms. Carol Ndoti, Committee Clerk and Secretary to the Delegation.



Editor's Desk

The Mt. Kenya Times



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NEWS IN BRIEF



Democracy for the Citizens Party (DCP) has embarked on recruiting members and preparing aspirants for the 2027 General Elections. In Nyeri county, the party has organised a second meeting this Saturday where those who hope to contest for Governor, Senate, Woman Representative, Members of Parliament and Members of County Assembly will have a consultative meeting. According to party County coordinator Wanyaga Gathaka, they will meet at Senior Chief Wambugu Palace, near Nyeri town and along Nyeri-Karatina highway. The main agenda will be recruitment of party members and putting in place a team that will be coordinating the party activities. Gathaka said the team will strive to recruit the highest number of the new party members before its launching date on June 4. The first meeting was held last Friday at the same venue.



The State Department for Irrigation continues to deepen its collaboration with development partners to realize key irrigation projects, focusing on the implementation of the ten-year National Irrigation Sector Investment Plan (NISIP). The World Bank Country Director, Mr. Qimiao Fan, led the Bank's delegation during a meeting hosted by the Cabinet Secretary for Water, Sanitation and Irrigation, Eng. Eric Mugaa, alongside Principal Secretary for Irrigation Ephantus Kimotho, at the Ministry's boardroom in Maji House. Central to the discussions was the finalized 10-year NISIP—a transformative initiative supported by the Kenya Water Security and Climate Resilience Programme. NISIP integrates financial and technical expertise with global best practices and cutting-edge hydronic zoning to revolutionize water resource management. NISIP's five strategic pathways—Farmer-Led Irrigation Development, high-performing public schemes, corporate agribusiness, revitalized ASAL irrigation, and community scheme benefits—create opportunities for private sector engagement and climate finance.



Health Cabinet Secretary Aden Duale yesterday attended the Coordination Meeting of Health Ministers of the 47 Member states WHO African Region at UN Offices in Geneva, convened by Dr. Louise Mapleh Kpoto, the Minister of Health for Liberia, and Chair of the WHO Regional Committee for Africa. The meeting established a unified African position for the 78th World Health Assembly. This position addressed several key areas, including health emergency preparedness and response, WHO governance reforms, the proposed Program Budget for 2026–2027 and matters considered by the 156th WHO Executive Board. Also present at the meeting were Dr. Chikwe Ihekweazu, the acting WHO Regional Director for Africa, Dr. Mohammed Yakub Janabi, the newly elected WHO Regional Director, Amb. Fancy Too, Permanent Representative of Kenya to the United Nations Office at Geneva and Dr. Patrick Amoth Director General Health.



The Directorate of Criminal Investigations has initiated a thorough investigation into a violent incident that occurred yesterday during which Ethics and Anti-Corruption Commission (EACC) officers were unlawfully obstructed while carrying out their official duties in Trans Nzoia County. The EACC officers were acting on duly obtained search warrants to investigate allegations of irregular procurement and fictitious payments amounting to KSh 1.4 billion by the Trans Nzoia County Government that occurred during the financial years 2022/2023 and 2024/2025. The searches targeted the residence and office of Governor George Natembeya, along with four other individuals implicated in the case.



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Riggy-G: Ruto Planning To Eliminate Me

By: Charles Kinyua
@themkenyatimes

Worth Noting:

- The former second in command who toured Murang'a county on Saturday and Sunday together with a host of a leaders allied to him had to use panya routes after police blocked all roads in and out of Gatanga.
- After attending a church service, fundraiser and opening a party he had several stopovers in various shopping centres until he received intel that he had been waylaid.



Former Deputy President Rigathi Gachagua and other leaders addressing press yesterday

Former Deputy President Rigathi Gachagua yesterday claimed that President William Ruto had issued instructions for his elimination.

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In a televised presser from his Karen home, where he was accompanied by several of his political allies, the Democracy of the Citizens Party (DCP) Party Leader alleged that he had impeccable intelligence to the effect that a lethal police unit had been assigned to waylay him on his way from Gatanga in Murang'a on Sunday.

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and out of Gatanga.

After attending a church service, fundraiser and opening a party he had several stopovers in various shopping centres until he received intel that he had been waylaid.

According to him a 101 member strong specially trained squad had instructions and that has been abducted Kenyans had been assigned to poison him with a chemical that would turn him into a cabbage in three months after inhaling it.

"President Ruto has directed that my private security be disarmed and be targeted for withdrawal of their licenses so that they can leave me vulnerable to allow room for goons to attack and probably eliminate me," the former DP stated.

He narrated a chronology of events that culminated in violence that target-

ed him since November yet nobody has ever been arrested or even questioned over the threats on his life.

He further reiterated that the powers that be were not intent on punishing the hired goons who have attempted to harm him at every available opportunity including in church compounds and at solemn funeral ceremonies. The former second in command challenged the government to take action on a Rift Valley MP who recently insinuated that rigging was an option if William Ruto did not get enough votes in the 2027 elections.

Gachagua also clarified that his statement on possible chaos in 2027 was not alarmist but a caution to the polls body to ensure that the exercise was free and fair without any trace of rigging at all.

In the past the former Deputy Pres-

ident has severally alleged that there were attempts at assassinating him including through food poisoning when he was in office not to mention the half a dozen or so times he has had to ward off goons after his official security was withdrawn.

In recent days he has been issuing hard-hitting statements against President Ruto accusing him among other ills, massive land grabbing, state capture, abductions and tribalism.

During the brief press briefing, the former DP was accompanied by among others; Members of Parliament, Joe Nyutu, John Kinyua, Jayne Kihara, Karungo Thang'wa among others. Also present were his new party's Women Leader Cate Waruguru and DCP Deputy Party Leader Cleophas Malala.

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Keep Off Riggy-G, Kamanda Warns Kioni

By: Charles Kinyua
@themkenyatimes

Former cabinet minister and Starehe MP Maina Kamanda has called on Jubilee Secretary General Jeremiah Kioni to stick to his political league.

Kamanda who is the chairman of Eminent Persons Council in the Rigathi Gachagua led party DCP warned Kioni to keep off the former Deputy President's affairs and deal with Hesborn Obaga who is the new party's Secretary Gwneral and thus his peer.

"Gachagua is in the league of Ruto, Uhuru, Kalonzo, Wamalwa and other national party leaders and not you," Kamanda dismissed Kioni.

Speaking during a radio morning show on Kameme FM, the former minister who rose from a councillor to MP, assistant minister and finally to a cabinet minister alleged that the former Ndaragwa legislator was only interested in securing a running

mate slot like he did in 2013 when he was Musalia Mudavadi's running mate where they ended up coming a distant third after eventual winner Uhuru Kenyatta and runner up Raila Odinga.

He should ask himself why his party leader does not delegate responsibilities when opposition leaders meet instead gets Saitoti Torome to represent him," charged Kamanda.

Asked whether he was still into elective politics, the veteran politician answered in the negative clarifying that his role and his 10 member team shall be advisory and resource mobilisation.

On the new political party's prospects, he beamed with confidence vowing to ensure that the party was the most popular nationally noting that in the first four days of existence it had a membership of 1.4 million.

"I advice opposition leaders not to be overly worried9 over the composition of IEBC as its citizens who will vote and the margin shall be huge. He (president) can even appoint mem-



Former cabinet minister and Starehe MP Maina Kamanda

bers of his family but he wall not overcome the will of the people," declared the former minister.

The former Starehe MP trashed the much hyped empowerment programme by Kenya Kwanza leaders which he dismissed as disguised

handouts that only translate to bribery.

He advised ODM leader to join him in retirement or risk destroying his legacy that he has fought for for almost half century.

Asked whether their new party will

accept defectors from the government closer to elections, he assured that all would be welcome but whether they would be elected rested on the shoulders of the citizens.

Reprieve As Ruiru Residents Get Sh400 Million Water Boost

By: John Kamau
@themkenyatimes

Residents of the populous Ruiru constituency in Kiambu County will benefit from a boost of an additional 27 million cubic meters of water from the government.

The new connection from Karimenu Dam Two water supply which is being implemented through Athi Water and Sewerage Services, targets a population of about 300,000 in Kahawa Sukari/Mwihoko area.

Speaking after inspecting progress on the Sh400 million water project funded by the national government, area MP Simon King'ara said the water will be in taps in about two weeks.

"This is phase two of the Kahawa Sukari/Kahawa Wendani/Githurai water supply which started about two years ago at a cost Sh 1.6 billion, but it did not cover areas like Mwihoko and Lang'ata Farm," King'ara explained.

He said the project is set to significantly improve access to clean water



Ruiru MP Simon King'ara (right) during the inspection of the project..

for the electoral area's population currently estimated to be 800,000, particularly in Githurai sub-county whose residents have had to grapple with water shortages and rationing for a long time.

King'ara maintained that the enhanced water supply will meet increased demand for the commodity, including the ongoing affordable housing scheme in Ruiru town with 1,050 new units.

"The Eastern Bypass has led to a surge in population and growth of business enterprises and institutions never witnessed before, so this water project is expected to meet the increased demand for water for a long time" said the MP.

He also appealed to the government to increase the supply from Karimenu Dam which stands at 40 percent to 100 percent to ensure there will never be water shortages in the area.



Part of the project.

Site engineer Elias Kiplang'at said the main 24-inch pipes being laid down will run for 13 kilometers with 67-kilometer distribution pipes.

"The project is 90 percent complete and the water has enough pressure to reach high buildings through gravity so hances of using power to boost supply are minimal," stated Kiplang'at.

A spokesman for the residents Peter Mwangi said they used to get water

at least once a week but this would now be a thing of the past.

"It has been a struggle especially for small scale business people, particularly those operating food kiosks who incurred more expenses buying water in jerricans. The improved water supply will now enable them to make more profits," said Mwangi.

Why Governors Want A Meeting With Ruto

By: MKT Reporter
 @themkenyatimes

The Council of Governors wants an urgent meeting with President William Ruto in an effort to arrest emerging issues between the two levels of Government simmering and likely to create a point of friction.

One of the issues is the absorption of the Universal Health Coverage staff which the governors now accuse newly appointed Health Cabinet Secretary Aden Duale of mismanaging.

According to the governors who addressed a press conference after a 5-hour full council meeting at their headquarters in Westlands, Nairobi, the question of transferring the UHC staff to counties is being mishandled and should be treated with the importance it requires.

Council of Governors chairperson and Wajir governor Ahmed Abdulahi called out Duale, saying he is keen on fast tracking the transfer of the UHC staff employed during the COVID era to counties yet there are no accompanying funds to take care of their salaries and gratuity.

The UHC staff have been staging demos at the Ministry of Health headquarters and Parliament, demanding employment on permanent and pensionable terms, or be paid gratuity for having worked for the last six years, then allow for their seeking fresh mandates in individual counties.

The Council of Governors averred that it would be akin to committing to a programme blindly as there are still funding challenges between themselves and the National Government, so it would be suicide bringing on board the UHC staff without accompanying funds.

The CoG Health Committee chairperson and Tharaka-Nithi County governor Muthomi Njuki asked the Ministry of Health to deal, exhaustively, with the UHC staff and allow that their takeover is seamless and without the National Government hangover, thus, counties should not be dragged into a simmering tussle until they conclusively deal with what is at hand.

The Council of Governors also took issue with a recent donation of surveillance vehicles by the National Government, officiated by president Ruto, arguing, the move amounts



Tharaka-Nithi County Governor Muthomi Njuki addressing journalists as his colleagues look on.

to a continued usurping of county powers by the National Government, arguing, the procurement of vehicles is a county function and thus, monies should have been channelled to counties

Consequently, the governors argue that it would be extremely difficult to insure vehicles purchased by the national government, posing a danger to operations of the vehicles.

The meeting governors want with the president will also seek to address county funding challenges that they say have been persistent.

The CoG chair said despite their demand for KSh536 billion for the 2025/2026 financial year, only KSh405 billion has been allocated, an amount far less.

Moreso, the government owes counties three months funds totalling to

about KSh76 billion

The Council also wants the president to live up to his promise of having devolved functions funded, arguing, there are still efforts to claw back on devolution gains by having National Government MDAs still being allocated KSh29 billion yet there was a promise of ensuring funds follow functions.

AG Oduor Objects To Suit Challenging Nomination Of IEBC Commissioners

By: Correspondent

Attorney General Dorcas Oduor has filed a preliminary objection in the case challenging the nomination of Independent Electoral and Boundaries Commission (IEBC) Commissioners by President William Ruto.

Oduor contended that the petition is non-justifiable as it has been filed in violation of the principle of ripeness. She argued that the petitioner failed to exhaust constitutionally provided remedies at the first instance before seeking the court's intervention, thereby breaching the doctrine of exhaustion.

"The exercise of jurisdiction by this Honourable Court at this stage of the appointment process of commissioners to an independent constitutional commission would contravene the doctrine of separation of powers, and

amount to a usurpation of the legislature's primary role in the approval process," the court papers indicated.

She is now urging the court to dismiss the petition, arguing that the claim is premature and legally untenable.

The suit is challenging President Ruto's recent nominations to the (IEBC).

The head of state had nominated Erastus Edung Etheke as the next IEBC chairperson and also named Anne Nderitu, Moses Mukwana, Mary Karen Sorobit, Hassan Noor, Francis Odhiambo, and Fahima Abdalla as commissioners.

According to the petitioners, Kelvin Roy Omondi and Boniface Mwangi, the process is illegal and unconstitutional.

They claim there is an imminent risk that the National Assembly may proceed to vet and approve the nominees, despite the flawed nature of the nomination process.



AG Dorcas Oduor/PBU

Car & General Hosts The Minority Shareholders In Nakuru

By: Raphael Ndakala Atanda
@themkenyatimes

Car & General treated the Public Listed Companies' Minority Shareholders Association of Kenya to an engagement trip to Nakuru County. The association was registered by the Registrar of Societies in December 2024 under Section 10 of the Societies Act.

In Nakuru, the team visited the C&G's TVS motorcycles assembly plant. The plant, with a capacity of 180 bikes per day, was established in 2013 to boost localization, a key pillar of Kenya's industrialization strategy.

They then visited the expansive and beautiful Lake Nakuru National Park, home to the big five, save the elephant, and a variety of birds. The park is, as they say on their website, 'a uniquely rewarding game-viewing destination and a successful sanctuary for both the endangered black rhinos and white rhinos.'

The Minority shareholders association was established to empower smaller investors and promote good corporate governance. It provides a platform for collective action, helps protect against unfair practices by majority shareholders, and promotes a more inclusive investment environment in Kenya.

Speaking at the event, Aloise Chami, the Chairman of the association said, "Our association is dedicated to ensuring that the voice of the minority shareholders is heard. We are grateful to Car & General to be open to this engagement."

Car & General is a diversified distributor of motorcycles, three wheelers, tractors, forklifts, generators, earth-movers among other equipment in East Africa. It understands the importance of positive stakeholder engagement to the group's sustainability and endeavours to listen to all groups that are part of its eco-system.



Emmanuel Musau (left) Car & General's Branch Manager for Nakuru explains to Aloise Chami (right), the Chairman of the minority shareholders association how the TVS HLX 150 cc bike works. Lookin on is Sally Chepkorir (center), a member of the association. They are also shareholders of C&G

The Mt. Kenya Times



Principal Secretary State Department of ICT and Digital Economy John Tanui

By: Anita Omwenga
@themkenyatimes

Kenya is set to host the Connected Africa Summit 2025 next week at a Diani hotel.

The event starting from 26th to 29th May, organized by the Ministry of Information, Communications, and the Digital Economy and the ICT Authority of Kenya, is poised to reaffirm Kenya's status as the continent's leading platform for digital transformation dialogue.

With over 2,000 participants expected from across government, academia, business, and development sectors, the Summit is shaping up to be a defining moment in Africa's digital transformation journey.

The event will spotlight local innovation through an Innovation Village, offering a platform for homegrown startups and developers to showcase solutions.

Additionally, the Smart Government Zone will present transformative public sector digital projects from across Africa. Curated networking

sessions will provide opportunities for strategic partnerships, investment dialogue, and meaningful collaborations.

Spanning four days, the summit will feature high-level plenaries, executive roundtables, sector-specific breakout sessions, and targeted policy dialogues.

The agenda will cover key themes such as artificial intelligence, cloud infrastructure, cybersecurity, fintech, health tech, and digital public services.

Principal Secretary State Department of ICT and Digital Economy John Tanui, speaking during a press briefing in a Nairobi hotel on Monday, said the Summit will provide a platform for conversations around technology and its importance in forging Africa's digital future.

The PS said that the Summit will build on the momentum of past editions to chart actionable pathways for leveraging technology to address the continent's challenges and unlock transformative opportunities.

"We want to know how we can help as a government to the private sector in our efforts to develop Africa's dig-



Principal Secretary State Department of ICT and Digital Economy John Tanui

ital transformation agenda," he said.

The PS said that the Summit will provide a platform to local and regional innovators and businesses for growth and will also provide an opportunity to review the progress of implementation of the Nairobi Declaration.

CEO of the ICT Authority of Kenya, Stanley Kamanguya, emphasized the importance of collaboration in driving Africa's digital transformation agenda, which is the main driver behind the Connected Africa Summit.

He said: "The collaboration that we continue to see from our partners in the private sector, is a true testament of the belief and endorsement to our digital transformation agenda in the country and the continent as a whole. "Let's continue collaborating and supporting each other and create an environment that enables us to all thrive."

Country Manager of CISCO Shain Rahim said that this is the third year that they are participating in this event, and the main reason is because

it brings the government and the private sector together.

"We all know that AI is a buzzword, and we look forward to sharing how CISCO is modernizing security in the AI world," said Rahim.

Other sponsors who have come in to support the event include Hewlett Packard Enterprise (HPE), Amazon Web Services (AWS), Cisco, Fortinet, KCB, Safaricom Plc, and Silicon.

Nyeri Leaders Push for Technical Skills and Development Over Politics

By: James Wanjiku
@themkenyatimes

Leaders in Nyeri County have called for an end to premature political campaigns, urging fellow politicians and residents of the Mt Kenya region to prioritize development, particularly in technical education and youth empowerment.

Speaking at the groundbreaking ceremony for new facilities at Tetu Technical Vocational College on Monday, Nyeri Senator Wahome Wamatinga and State House Deputy Director of Communications Francis Ngotho stressed the importance of service delivery over political rhetoric.

"We must focus on delivering real progress to our people, not engaging in endless political debates," said Ngotho, a former aide to ex-Deputy President Rigathi Gachagua.

"Kenyans are tired of constant politicking. What they need is meaningful development."

The leaders highlighted the Kenya

Kwanza administration's Bottom-up Economic Transformation Agenda (BETA) as central to driving job creation and equipping youth with market-relevant skills.

The expansion of Tetu Technical Vocational College, they said, is part of a broader plan to make technical education more accessible in the region.

Senator Wamatinga revealed that the institution is set to become a regional hub for vocational training, with ongoing construction of eight new classrooms. President William Ruto is expected to visit the college in August to commission the new facilities.

"This project reflects the government's commitment to investing in the future of our youth," Wamatinga said.

"Technical training is the key to unlocking employment opportunities and boosting the local economy."

Addressing lingering concerns over stalled infrastructure, Wamatinga assured residents that the Mau Mau Road—meant to link Nyeri to Nyan-darua County—will be completed



State House Deputy Director of Communications Francis Ngotho and Nyeri Senator Wahome Wamatinga during the groundbreaking ceremony of eight classrooms at the Tetu Technical Vocational College in Tetu Constituency, Nyeri County. PHOTOS BY JAMES WANJIKU

under the current administration, citing its importance for regional trade and tourism.

The leaders urged unity across Mt Kenya, emphasizing that elections should not distract from ongoing

efforts to improve public services, including education, roads, and healthcare.

"Development must be continuous, regardless of the political calendar," said Wamatinga. "Our focus remains

on serving the people."

The event marked a major milestone for technical education in Nyeri and signaled a shift in tone toward long-term development planning in the region.

Govt Ramps Up Coffee Sector Reforms Ahead Of 2025/2026 Season: DP Kindiki

By: Correspondent

Deputy President Kithure Kindiki has announced sweeping reforms in the coffee sector ahead of the 2025/2026 harvest season, aimed at boosting farmer earnings and dismantling entrenched cartels that have long exploited growers.

Speaking during a major open engagement forum at Kianjang'a Public Grounds in Ndia Constituency, Kirinyaga County, the Deputy President addressed over 12,000 coffee farmers and stakeholders, outlining the government's strategy to revive the industry and restore it to its former glory.

"In preparation for the oncoming coffee season 2025/2026, the Government is firming up the coffee reforms to ensure timely availability of fertilizer to farmers, subsidized pesticides and availability of certified

subsidized coffee seedlings through better resourcing of the Coffee Research Institute," said Kindiki.

He emphasized that new licensing protocols have been revised to simplify operations within the coffee value chain, a move intended to curb bureaucratic inefficiencies and reduce opportunities for exploitation.

"The licensing protocols in the coffee value chain have been revised to eliminate multiple licenses and require only one license per person as a miller or broker or marketer," he stated.

The Deputy President said the government expects Parliament to finalize the enactment of the Coffee Act, 2025 and the Cooperatives Act, 2025 in the coming weeks.

These laws, he noted, will introduce robust governance structures for cooperative societies and coffee factories.

"Application of the two proposed laws will provide better governance of coffee factories and cooperative societies and will permanently elim-

inate cartels and middle men in the coffee sector who have for long benefitted from the sweat of farmers," he stated.

Kindiki cited recent price gains, noting that a kilo of coffee cherry fetched between KSh 110 and KSh 150 in the just-ended season saying that the "return of the coffee boom of old is within sight."

The meeting was also attended by key national and local leaders, including Ndia MP George Kariuki, Kirinyaga Central MP Joseph Gitari, Kenya Seed Company Chairperson Hon. Wangui Ngirichi, Speaker of the Kirinyaga County Assembly Muteti Murimi, members of the county assembly, and representatives of coffee societies and factories.



Deputy President Kithure Kindiki .

Senators Gives The Advocates Complaints Commission A Nod But Seek Final Proof For KBL Compensation Closure

By: PSCU

The Standing Committee on Labour and Social Welfare has expressed its satisfaction with the Advocates' Complaints Commission's (ACC) handling of a Kshs14.76 million settlement owed to 125 former Kenya Breweries Ltd. (KBL) workers.

ACC's Chief Executive, Mr. George Nyakundi, confirmed that Kaplan & Stratton Advocates sent Kshs14,756,312 to Mr. Harrison Kinyanjui, the advocate representing the petitioners, on 22 January 2022—broken into Kshs9,405,541 decretal sum, Kshs4,350,771 interest up to 31 November 2021 and Kshs1 million costs. Each claimant signed a discharge voucher accepting the money "in full and final settlement" and waiving any future claims against the brewer.

After the briefing, Sen. Okong'o Omogeni (Nyamira) praised the ACC for an "exhaustive and convincing chronicle," but pointed to one loose end: "The only problem is we don't know how to prove that some of the

complainants have passed; we need documents to verify this claim." According to Nyakundi, 46 of the 125 beneficiaries are believed to be deceased, delaying the release of their shares until death certificates or letters of administration arrive.

Sen. Stewart Madzayo (Kilifi) reinforced Sen. Omogeni's view by reading aloud the discharge clause and declaring that, apart from verifying deaths, the settlement is airtight. His remarks steered the committee toward basing its final decision solely on the missing paperwork.

Committee Chair Sen. Julius Murgor (West Pokot) then revisited earlier testimony that every worker had received Ksh 50,000. "I remember last time we were told each complainant was given fifty thousand; is that still correct?" he asked. Mr. Nyakundi clarified that K Sh 50,000 referred only to interim cheques already issued to three lead petitioners, Mr. Lawrence Nduitu (Kshs71,106), Mr. George Njigu (Kshs7,769) and Mr. James Suiyalel (Kshs 67,769). Balances for the remaining 122 claimants remain in Kinyanjui's client account pending probate documents.

Sen. Murgor also queried Mr. Njigu about a fresh petition reportedly filed



in court Monday morning. Njigu confirmed his lawyer had lodged the papers and that the High Court will rule on Thursday after Kinyanjui files an updated claimant list. Senators accepted that explanation, agreeing that the judiciary should conclude the process while the ACC supplies death certificates.

The Committee's stance is the closest Parliament has come to closing a dispute that began with a 2003 law-

suit and a 2018 judgment. Barring unforeseen twists, the Senate now expects the court and a handful of death certificates to supply the last documentation required for full closure.

With no dissent, Sen. Murgor adjourned the meeting. He said the Senate would revisit the file only if Thursday's ruling raised fresh questions, adding that proof of death and a final court order would allow Parliament to "declare justice served."

Senators present included Sen. Okong'o Omogeni (Nyamira), Sen. Stewart Madzayo (Kilifi), Sen. Crystal Asige (Nominated), Sen. Alexander Mundigi (Embu) and Sen. Beth Syengo (Nominated) and Sen. Gloria Orwoba (Nominated) logged on via Zoom, following deliberations remotely.

Global Seed Congress In Istanbul Raises Alarm Over Trade Barriers

By: Violet Otindo
 @themtkenyatimes

Worth Noting:

- In Africa, where many countries, including Kenya depend on seed imports and global partnerships to modernize agriculture, these trade challenges are particularly significant. Kenya's adoption of improved seed varieties, especially those resilient to climate change, depends on access to advanced technologies and predictable global supply chains.
- ISF Secretary General Michael Keller highlighted the complex regulatory environment that seed companies must navigate, including phytosanitary rules, genome editing policies, and intellectual property rights. "This isn't just a trade issue," he said adding; "It's about ensuring timely access to quality seeds, particularly in developing countries."

Over 1,600 delegates from more than 70 countries are gathered in Istanbul, Turkey for the World Seed Congress 2025, the largest global forum for the seed industry.

The event comes amid growing trade disruptions that are affecting the availability of seeds and threatening global food security.

Organized by the International Seed Federation (ISF) and Türkiye's National Organizing Committee under the theme "Discovering Bold Horizons," the Congress focuses on rising trade barriers, innovation in plant breeding, and the future of sustainable agriculture. A key concern is the growing number of tariffs, inconsistent regulations, and policy uncertainty that are hindering international seed trade.

ISF President Arthur Santosh Attavar noted that the global seed sector depends on cross-border trade. "Trade barriers like tariffs are a major challenge for seed companies worldwide, including those supporting agriculture in Africa," he said.

In Africa, where many countries, including Kenya depend on seed imports and global partnerships to modernize agriculture, these trade challenges are particularly significant. Kenya's adoption of improved seed varieties, especially those resilient to climate change, depends on access to advanced technologies and predictable global supply chains.

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In 2023, global seed exports reached USD 16.3 billion (approximately Sh2.1 trillion) with more than 7.6 million metric tons (7.6 billion kilograms) of seed traded. This reflects the scale and importance of the sector in food production, climate adaptation, and innovation.

Africa is starting to increase its presence in the seed industry, both as a consumer and as an emerging innovator. Kenya, in particular, is expanding its capacity in seed production, certification, and export. With supportive policies and increased investment, the country could tap into the global seed trade, improve productivity, and strengthen food and nutrition security.

Efficient trade systems, harmonized standards, and regional cooperation



ISF President Arthur Santosh Attavar

are essential. Without alignment to international best practices, countries risk falling behind in accessing or distributing high-quality seeds.

In Kenya, improved seed varieties have led to yield increases of up to 50 percent in staple crops such as maize, beans, and sorghum. Similar success stories include wheat production in Ethiopia and soybean expansion in Nigeria.

Private sector involvement is also growing. While in developed countries over 50 percent of crop research is led by private firms, African governments are working to attract similar investments. Kenya has become a hub for seed testing and regulatory development, with countries like Malawi, Ghana, and Tanzania showing similar progress.

Still, Africa's agricultural potential remains underutilized. "While the continent has large areas of arable

land, many indigenous crops remain underdeveloped to meet global standards. "There is need to address soil fertility and nutrition to fully benefit from improved seed varieties", said 2024 World Food Prize Laureate Dr. Cary Fowler.

The Congress also addresses challenges such as fake seeds, misinformation, and weak seed systems. The three days' event that ends on 21st May 2025 focuses on combating counterfeit seeds, supporting biodiversity, and strengthening public awareness.

Regional organizations and global partners are encouraging African governments to invest in seed system resilience, regulatory harmonization, and local research. The message from opening sessions is clear: food security requires international collaboration.

"Food security cannot be addressed

without cooperation. Some of the issues raised in Istanbul will be discussed during the upcoming International Federation of Agricultural Journalists (IFAJ) Congress in Nairobi, Kenya from 15th -18th October 2025," said Daniel Aghan, Local Organizing Committee representative and Secretary, the Media for Environment, Science, Health and Agriculture (MESHHA).

"The Congress will bring over 250 global agricultural journalists to Kenya to discuss climate, food security, and science communication." As Kenya and its neighbors navigate climate change, population growth, and trade volatility, the outcomes of the World Seed Congress 2025 offer practical insights for strengthening Africa's agricultural systems.

God You Deserve



You held me up in your hands in a mess,
Anykind of trauma, obstacles you have
press,
Through nation you have said I am bless,
I have no doubt of you .You don't guess,

Since then Am a new born creature,
I know in eternal life I have a slot in
future,
In the books of life I have feature,
Thanks for your substance true it will
mature,

Your manifestation of Holy Spirit as
helper
It's an impactful it's has been a shelter,
Years and years you have speak not in
whisper,

In confidence my son come let us reason
together,

By Wachira Mugo Romeo
Nyandarua - Shalom

My daddy my helper.my helper my daddy,
It's a privilege your child is calling kindly,
Hear my heart, mind, soul as young lady,
You took care of me in the darkness
shady,

Papa eeh words alone cannot express,
Free Redemption through your confess,
You relief me from sin and the stress,
Your existence in trinity true it
suppress,

National Clothes



By: Mardonova Marjona

Annotation: This article provides information about the importance of national costumes as cultural heritage, their historical development, and modern trends. National costumes are not only distinguished by their unique style and decorations but also reflect the history, traditions, aesthetic views, and social status of the people. The article examines the place of national costumes in modern fashion, their unique features in the cultures of different peoples, and issues of their preservation and development.

The article is intended for cultural experts, ethnographers, fashion designers, students, and all readers interested in the history of national costumes.

Keywords: National costumes, cultural heritage, history, traditions, fashion, ethnography, style, decorations, modern trends, folk culture.

Introduction

National clothes are one of the important symbols reflecting the unique culture, history, and traditions of each nation. They are not only aesthetically beautiful and distinctive, but also provide information about the nation's spiritual world, aesthetic views, and social status. National clothes are passed down from generation to generation, becoming an integral part of cultural heritage and playing a significant role in preserving the nation's identity. Today, national clothes occupy their place not only in traditional ceremonies but also in modern fashion, contributing to the mutual enrichment of the cultures of different peoples. This article aims to study the historical development of national clothes, their unique characteristics in the cultures of various peoples, and the issues of their

preservation and development.

There are more than 278 countries on Earth, and each of these countries has its own customs and national identity. Every country's sons and daughters, young and old, have their own national attire and national values. By wearing these clothes, one can understand which nation they belong to. Each national costume is an invaluable treasure for its country. These clothes are made from genuine materials. For example, we Uzbeks traditionally wear a chapan (robe) on top for men and young men, and a national patterned or gold-embroidered belt around the waist. The Uzbek do'ppi (skullcap) signifies that we are of Uzbek nationality. It has a "pepper flower" shape on all four sides, and at the bottom, there is a white embroidered miniature kamar (belt) pattern. For women and girls, the traditional Uzbek dress is a robe made from khan-atlas (silk ikat) or adras (silk and cotton ikat), decorated at the front. They wear an iroqi do'ppi (embroidered skullcap) on their heads and a robe embroidered with kashta (traditional embroidery) or zardozi (gold embroidery). Our paradise-like country of Uzbekistan has 12 regions, and each has its own 12 kinds of customs and 12 kinds of clothing. For example, the cities of Bukhara, Samarkand, Namangan, Margilan, and others wear clothes made of silk fabric, while Tashkent and Fergana prefer black or green colored attire. These national clothes indicate that we are Uzbeks. As I mentioned earlier, the national dress worn by each country is a symbol indicating which state they are from.

It is our duty to cherish and preserve these invaluable national clothes.

Conclusion:

National clothes are a unique cultural heritage of every nation, reflecting its history, customs, and aesthetic views. They are not only a bridge connecting the past but also an integral part of modern culture, contributing to cultural exchange between different peoples. Preserving and developing national clothes is crucial for maintaining the nation's identity, passing cultural heritage on to future generations, and strengthening mutual respect between different cultures.

Mardonova Marjona, student of Vocational School No. 1, Romitan district, Bukhara region

The Want of Peace

by Wendell Berry

All goes back to the earth,
and so I do not desire
pride of excess or power,
but the contentments made
by men who have had little:
the fisherman's silence
receiving the river's grace,
the gardner's musing on rows.

I lack the peace of simple things.
I am never wholly in place.
I find no peace or grace.
We sell the world to buy fire,
our way lighted by burning men,
and that has bent my mind
and made me think of darkness
and wish for the dumb life of roots.

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Tourism

Gloria Guevara, Leading Candidate For UN Tourism Secretary-General, Says Sector Needs Stability, Vision And Innovation — Backed By Proven International Leadership

By: Paul Charles
 @themtkenytimes

Gloria Guevara, the leading candidate for Secretary-General of the UN Tourism has issued a renewed call for bold, decisive leadership rooted in substantial, real-world experience — urging member states to back a new era of stability, vision and innovation for the global tourism sector.

With over 35 years of experience across government, private industry, and international policy, Guevara is widely regarded as the most qualified and capable candidate to lead UN Tourism through a critical period of transformation. Her campaign reflects mounting global support for a change in leadership style to one that is grounded in action, integrity, and outcomes that deliver real world results for all - not just the few.

Gloria Guevara stated: “What the sector needs now is leadership that brings people together, delivers with purpose, and restores stability to an institution that must evolve to deliver real world tangible results. The future success of UN Tourism and member states will rely on experience and knowledge of the industry coupled with a deep understanding of the responsibility of the role in leading such an organisation.”

Gloria Guevara’s distinguished career spans four continents and encompasses both public and private sector leadership at the highest levels.

As Secretary of Tourism of Mexico, she led one of the most effective national tourism strategies of the last decade steering the country through public health and security crises to achieve record-breaking growth and international recognition. During her tenure, Mexico rose to become one of the top destinations in the world, powered by innovation, market diversification, and close coordination between government and industry.

As President and CEO of the World Travel & Tourism Council (WTTC), Guevara elevated the global voice of tourism, engaging with world leaders, shaping policy, and advocating

for inclusion, sustainability, and coordinated recovery. During the COVID-19 pandemic, she played a pivotal role in mobilising international alignment around safe travel protocols and economic relief.

She most recently served as Chief Special Advisor to the Minister of Tourism of Saudi Arabia, where she was intrinsic to the design and rollout of one of the most ambitious tourism transformations in history helping open the country to international tourism, support large-scale investment, and promote sustainability, culture, and innovation as pillars of long-term growth.

At the heart of Guevara’s campaign is a commitment to returning UN Tourism to a position of credibility and relevance, anchored in action, outcomes, and accountability. She is focused on restoring trust in the organisation’s leadership, ensuring that all member states regardless of size, geography, or economic power are equally engaged and heard, and delivering real value through sustainable development, innovation, and job creation. Her approach is informed by decades of experience, a track record of delivery, and a deep understanding of how to align public and private interests to unlock global progress.

“This is a moment that demands competence, not inexperience,” said Guevara. “The next Secretary-General must have the ability and know how to act from day one, the relationships to build consensus, and the courage to take this organisation forward for a future that benefits all.” “I’ve dedicated my career to tourism — not for personal gain, but for real world results that improve communities around the world while benefiting local economies,” Guevara continued. “Now, I’m ready to bring that commitment to UN Tourism. I will serve every member state, listen with humility, act with integrity, and lead with experience.”

Gloria Guevara’s candidacy has garnered substantial international backing, underscoring her position as the leading contender for the UN Tourism Secretary-General role. Over 200 global tourism leaders



Gloria Guevara, the leading candidate for Secretary-General of the UN Tourism

have publicly endorsed her vision for a revitalized and inclusive UN Tourism. Academia has also voiced strong support with leaders from renowned and highly respected global institutions praising her commitment to evidence based decision making and sustainable tourism practices. These widespread endorsements from diverse sectors reflect a collective confidence in Guevara’s ability to steer UN Tourism towards a future marked by stability, innovation, and inclusive growth.

Paul Polman, former CEO Unilever and Member high level panel for the SDG’s, said: “I had the pleasure to work with Gloria Guevara at various occasions over the past few years. In Mexico when she was minister of tourism, in her role at the WTTC and lately in Saudi. Gloria not only has a deep understanding of the tourism industry and clear vision of where the industry should be heading but also a track record to pull effective coalitions together and drive a more resilient and regenerative industry that works for all including the planet. I can therefore highly recommend her for this important UN position.

Christopher J Nassetta, President & CEO, Hilton Worldwide, stated: “I

have known Gloria for many years, and she has been an incredibly strong advocate for the travel and tourism industry. She has a unique understanding of the global tourism landscape and uses her expertise to push for policies and initiatives that bring greater prosperity to our industry, but more importantly, the global economy. Gloria’s leadership has had a huge impact already, and I know that she would be an excellent Secretary General of UN Tourism.”

Anthony Capuano, President & CEO, Marriott International, said: “Marriott International leaders and I have had the privilege of working with Gloria in her various capacities over many years in the industry. Her extensive experience working with governments of the world’s largest travel economies and heading multilateral organizations make her an ideal candidate to lead UN Tourism into its next chapter. I have no doubt she will bring her passion for our dynamic industry and commitment to win-win policy solutions from around the globe to the role, helping our industry and talented workforce grow and thrive.”

Gabriel Escarrer Jaume, Chairman & CEO, Meliá Hotels International,

stated: “Gloria Guevara embodies the essential qualities to lead the world’s foremost institution dedicated to tourism. Throughout her distinguished and impeccable career, Gloria has consistently demonstrated the ability to listen and understand diverse perspectives, seamlessly integrating management and political agendas while steadfastly prioritizing the defense of the general interest, which is undeniably represented by the global tourism industry. As a staunch advocate of public-private collaboration, I invite the global tourism sector to leverage Guevara’s extensive experience as a leader in both public and private entities, her significant contributions to enhancing some of the world’s largest tourist destinations, and her exceptional leadership and influence capacity. These attributes, which transcend regional or gender quotas, make Gloria an outstanding candidate for the position of Secretary-General of UN Tourism.”

The election for Secretary-General will be held at the end of May near Madrid.



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The Imperative Of Continuous Learning For 21st Century Leaders



By: Silas Mwaudasheni Nande
@themtkenyatimes

Introduction

Leadership today is vastly different from the past. The rapid pace of technological advancements, global interconnectedness, and evolving workforce dynamics demand leaders to remain agile, knowledgeable, and adaptable. Gone are the days when leaders could rely solely on traditional experience; now, an 'updated mind' - one that is constantly improving and evolving - is a prerequisite for effective leadership.

This article explores why leaders must commit to lifelong learning, how upgrading their skill sets enhances their effectiveness, and which aspects of leadership require continuous development to align with the demands of the modern era.

Why Leaders Must Continuously Upgrade Themselves

1. Navigating Complexity in the Digital Age

The 21st century presents unprecedented challenges in governance, business, and public service. Digital transformation has reshaped industries, requiring leaders to understand emerging technologies such as artificial intelligence, automation, and data-driven decision-making. A leader who fails to upgrade their knowledge in these areas risks being obsolete.

2. Enhancing Decision-Making and Problem-Solving

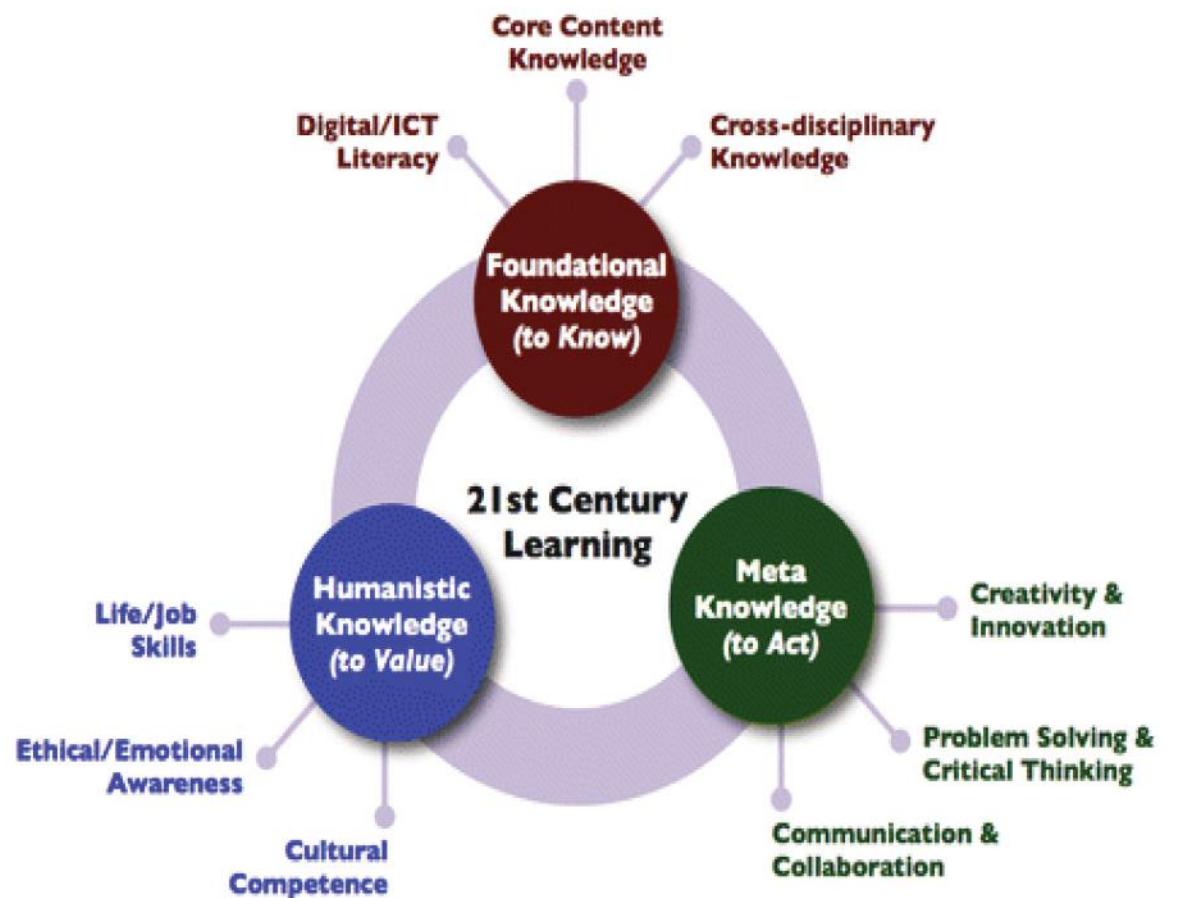
Leadership effectiveness is rooted in sound decision-making. In today's rapidly changing environment, the ability to analyze complex issues, synthesize information, and make informed decisions is crucial. Leaders who cultivate critical thinking and problem-solving skills through continuous education gain a competitive edge.

3. Keeping Up with Global Trends

From climate change policies to shifting geopolitical landscapes, leaders must remain well-versed in global trends. Upgrading their knowledge through research, industry insights, and international collaborations ensures they stay ahead and make decisions that reflect modern realities.

4. Developing Emotional Intelligence and Adaptive Leadership

Technical skills alone are insufficient. The modern leader must demonstrate emotional intelligence - empathy, self-awareness, and interpersonal skills - to effectively manage teams and stakeholders. Leadership programs focusing on emotional intelligence, conflict resolution, and



adaptive leadership help leaders navigate organizational challenges.

5. Strengthening Communication and Influence

A leader's ability to communicate with clarity, conviction, and credibility significantly impacts their effectiveness. Whether addressing employees, engaging with policymakers, or influencing stakeholders, continuous improvement in communication skills - including public speaking and digital communication - is a necessity.

Key Areas for Leadership Upgrades in the 21st Century

1. Expanding Knowledge Through Lifelong Learning

The best leaders commit to continuous learning, whether through executive education, specialized workshops, or self-study. Enrolling in leadership courses, attending seminars, and staying engaged with professional literature helps leaders refine their perspectives.

2. Embracing Technology and Digital Literacy

Leaders must familiarize themselves with digital tools and platforms that enhance productivity. Understanding data analytics, artificial intelligence applications, and automation systems ensures they harness technology for efficiency and innovation.

3. Mastering Change Management and Innovation

Change management is an essential leadership skill, particularly in times of uncertainty. Leaders must learn how to drive innovation, lead transformation initiatives, and foster a culture of adaptability within their organizations.

4. Strengthening Ethical Leadership and Corporate Governance

In an era of increased corporate responsibility, leaders must uphold ethical standards and good governance practices. Studying frameworks such as corporate social responsibility (CSR), ethical leadership, and sustainability policies strengthens their integrity and decision-making.

5. Networking and Collaborative Leadership

Leaders should engage with global networks and industry peers to exchange insights, develop strategic partnerships, and enhance collaborative leadership. Attending leadership forums, participating in think tanks, and forming professional alliances broadens their perspectives.

Practical Steps for Leaders to Upgrade Themselves

1. Commit to Ongoing Education - Enroll in leadership courses, pursue relevant certifications, and engage with thought leadership resources.

2. Stay Informed - Regularly read industry reports, research papers, and books related to leadership, governance, and emerging trends.

3. Cultivate Mentorship and Coaching - Seek guidance from experienced mentors or hire executive coaches to refine leadership strategies.

4. Invest in Technology Training - Acquire knowledge in digital tools, data analysis, and AI-driven decision-making.

5. Prioritize Well-being and Resilience - Leadership effectiveness hinges on mental and emotional resilience. Engaging in wellness practices and stress management programs contributes to sustained effectiveness.

Conclusion

Leadership in the 21st century demands more than experience - it requires continuous growth, adaptability, and strategic learning. By upgrading their knowledge, skills, and perspectives, leaders position themselves to navigate complexities, drive transformation, and make a meaningful impact in their respective fields. The evolving leadership landscape necessitates an 'updated mind,' ensuring leaders remain relevant, effective, and visionary in a rapidly changing world.

Worth Noting:

- From climate change policies to shifting geopolitical landscapes, leaders must remain well-versed in global trends. Upgrading their knowledge through research, industry insights, and international collaborations ensures they stay ahead and make decisions that reflect modern realities.
- Technical skills alone are insufficient. The modern leader must demonstrate emotional intelligence - empathy, self-awareness, and interpersonal skills - to effectively manage teams and stakeholders. Leadership programs focusing on emotional intelligence, conflict resolution, and adaptive leadership help leaders navigate organizational challenges.

What Is V Log

By: Hina Parveen
 @themtkenyatimes

Worth Noting:

- I present here the views of some people. Whose lives have been destroyed due to Vlog.
- Steve Genova is one of the social media users who has mentioned below a post about the bad effects of Vlog on his life.
- I was raised by parents who did family vlogging. They started vlogging when I was 7 years old. The channel had more than 500k subscribers. My parents finally stopped making vlogs when our family went through a health crisis.
- I liked it for a while. I loved being the center of attention while the camera was on and I loved getting more toys. I stopped loving him when I realized that I only had attention when the camera was on.



A v log, also called a video blog or video log, is a form of blog whose medium is video. Vlog entries often combine an embedded video (or video link) with supporting text, images, and other metadata.

Ruin personal life:

Everything is good in moderation. When we neglect the rest of our life needs and focus only on blogs, our lives will be ruined. We reveal our personal life to people. We are losing the thing called privacy in our life. In order to entertain people, we have taken the camera to our bedroom.

Cheapest element of interest:

While writing a vlog, sometimes we include all those elements of interest, which later make fun of us on social media. There are all kinds of people in the world. Some people see it as entertainment, some people try to annoy you by knowing all your personal details. If you show your lifestyle as very rich, then those who cannot afford such things, you are holding a deprivation in their hands.

Lack interest in science and technology:

The young generation is moving away from science and technology in the cycles of Tik Tok and Vlogging. They think that studies is more difficult and making vlogs and making videos on Tik Tok is easy to get millions of views and this is an easy and shortcut way to earn money.

Ostentation:

Some people feel that if they are eating well, dressing well and going to nice places, they should let the world know about it. In fact, in our society ostentation has increased beyond limits. Ostentation is an addiction in which a person feels that the whole world is being influenced by him and thus he receives the discharge of his precious things.

Ending era of drama and film:

Instead of drama and film industry, people have started watching vlogs more and more.

Podcast:

Podcasts have replaced talk shows.

The cameras have moved out of the studio and into the four walls of the house.

Victims of v log life:

I present here the views of some people. Whose lives have been destroyed due to Vlog.

Steve Genova is one of the social media users who has mentioned below a post about the bad effects of Vlog on his life.

I was raised by parents who did family vlogging. They started vlogging when I was 7 years old. The channel had more than 500k subscribers. My parents finally stopped making vlogs when our family went through a health crisis.

I liked it for a while. I loved being the center of attention while the camera was on and I loved getting more toys. I stopped loving him when I realized that I only had attention when the camera was on.

My parents finally stopped making vlogs when our family went through a health crisis.

Another victim family:

Another social media user shared

one of his exoerience . I am so sorry you are going through what my daughter is going through. My daughter looked at some family logs and I find it very disturbing. Especially one "Shot of the Yeagers" that makes me sick. A whole story about a haunted doll called "Dollmaker" who haunts them and I don't think the kids will think it's drama? Mom runs around screaming like it's real. Getting on with making little kids sick like that.

Conclusion:

A. Fear and an uneasiness arise. They should be banned. Because when you upload something online everyone can see it. There is no sense of security in the internet. Vlogs are usually done daily, it's like giving your whole routine to the internet.

Universal Ideas Of Peace In The United Nations Organization

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The term “United Nations” was first proposed by U.S. President Franklin Delano Roosevelt and was used in the “Declaration of the United Nations” signed on January 1, 1942. Shortly thereafter, from April 25 to June 25, 1945, the UN Charter was drafted at the International Conference on the Establishment of an International Organization held in San Francisco. On June 26, 1945, representatives of 50 countries signed the Charter of the United Nations. Poland later became the 51st founding member. Officially, the United Nations began functioning on October 24, 1945, and this date is celebrated annually as United Nations Day [1, pp. 3; 143–153].

THE POWER OF VETO

The primary purpose of establishing the UN was to prevent armed conflicts arising from international tensions and to curb the growth of armament [2, p. 942]. This implied a commitment to halting direct military actions by aggressors. Unlike the League of Nations, the UN called upon member states to strengthen their military, air, and naval forces to protect any victimized member state from unjustified attacks. However, the authority to implement military action solely rests with the UN Security Council. For any significant decision to be adopted, at least seven votes, including all five permanent members, must be in agreement. If any one of the permanent members exercises its veto right, the matter is effectively blocked and cannot be further discussed or resolved. Understandably, in times of crisis, the veto power can paralyze the Security Council. If the Security Council is unable to reach a resolution against an aggressor, the General Assembly may take over and issue a resolution [3, p. 942].

UN PEACEKEEPING OPERATIONS

The UN’s peacekeeping efforts began in 1948 with the establishment of a body to monitor compliance with peace agreements in the Middle East [4, p. 80]. That same year, peacekeeping missions were carried out in 110 countries, involving over 750,000 military, police, and civilian personnel. More than 1,500 peace-

keepers have sacrificed their lives in the pursuit of peace. Despite its extensive operations, UN peacekeeping expenses account for less than 0.2% of global military expenditures [5, p. 81].

Security Council decisions launch peacekeeping operations, and the Secretary-General typically appoints a special representative to lead them. The military responsibility for each mission lies with the appointed military commander or observer [6, p. 82]. The UN does not possess its own standing army, and no single country provides permanent military forces for UN missions. Personnel and resources are provided voluntarily by member states [7, p. 82].

PEACE THROUGH DEVELOPMENT

In today’s context, peace and security should not be viewed solely as the absence of conflict. Sustainable peace is achieved through economic development, social justice, environmental protection, democratization, disarmament, and the protection of human rights. Peace can only endure when economic and social development is guaranteed [8, p. 87].

The UN’s peacebuilding efforts often aim at establishing structures that support long-term stability. These include securing human rights, organizing elections, developing local self-governance, improving healthcare and education, and fostering economic growth [9, p. 88]. The concept of “peace through development” is a central tenet of the UN’s peacebuilding strategy [10, p. 88]. Organizations under the UN umbrella such as the UN Development Programme (UNDP), UNICEF, the World Food Programme, and the UN High Commissioner for Refugees all play vital roles in reconstruction processes, providing opportunities for displaced individuals and building trust in national and local governance [11, p. 89].

The UNDP, established in 1965, plays a crucial role in maintaining global peace. Its three core objectives are:

Helping transform the United Nations into a strong, cohesive force for sustainable human development; Mobilizing resources to address key development challenges, including poverty alleviation, job creation, and the advancement of women’s rights;



Expanding international cooperation in sustainable human development and providing essential resources to support such cooperation [12, p. 89; 13, p. 39].

UN DECLARATIONS ON PEACE

Throughout its history, the UN has adopted numerous documents affirming humanity’s right to peace and calling on all member states to uphold it. For instance, the 1984 Declaration on the Right of Peoples to Peace (General Assembly Resolution 39/11) reiterates that the UN’s main objective is to ensure international peace and security, stressing that in the nuclear age, peace is essential for the survival of civilization [14, p. 100].

The 1975 Declaration on the Use of Scientific and Technological Progress in the Interests of Peace (Resolution 3384 [XXX]) emphasizes that such progress should not be used to violate sovereignty, conduct aggressive wars, or suppress national liberation movements. It must also respect individual rights and personal inviolability [15, pp. 124–127].

UN PRESENCE AND COMMEMORATIVE DATES

Currently, the UN operates information centers, services, and offices in 77 countries [16, pp. 351–364]. In Uzbekistan, the UN office is located in Tashkent. The UN also designates specific international days and weeks to promote peace and solidar-

ity, such as:

March 21: International Day for the Elimination of Racial Discrimination

March 21–27: Week of Solidarity with Peoples Struggling Against Racism and Racial Discrimination

June 4: International Day of Innocent Children Victims of Aggression

June 26: UN International Day in Support of Victims of Torture

First Tuesday of September: International Day of Peace

October 24–30: Disarmament Week

November 16: International Day for Tolerance

November 29: International Day of Solidarity with the Palestinian People

December 2: International Day for the Abolition of Slavery

December 10: Human Rights Day [17, pp. 349–351]

CONCLUSION AND PERSPECTIVES FOR REFORM

Overall, the pursuit of global peace and sustainable stability is inextricably linked to the internal peacebuilding, developmental, and governance policies of each individual nation. In this regard, the United Nations and its subsidiary institutions play a decisive role as impartial guarantors and facilitators of peace.

Nonetheless, in recent years, the call for reforming the United Nations has grown louder. The effectiveness and credibility of the UN—especially the Security Council—

are often questioned due to the disproportionate influence granted by the veto power to its five permanent members (China, France, Russia, the United Kingdom, and the United States). In situations where international consensus is urgently required, the use of the veto can stall crucial decisions, thereby paralyzing the peacekeeping or humanitarian mission at hand.

Any proposed reform of the UN system, particularly of the Security Council, is a complex and sensitive issue. It requires a delicate balance between the principle of sovereign equality among all member states and the strategic interests of powerful nations. Therefore, any meaningful structural reform must emerge through extensive diplomatic engagement and, ultimately, the approval of those states that hold veto power.

Despite these challenges, the UN remains a cornerstone of international cooperation and a powerful symbol of humanity’s collective commitment to peace, justice, and sustainable development. It is through strengthening multilateral dialogue, enhancing the participation of underrepresented regions in decision-making, and ensuring fair implementation of resolutions that the UN can continue to fulfill its founding mission in the 21st century and beyond.

The Endocrine System: Structure, Function, And Significance

By: Xadiyeva Yulduz
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Abstract:

This article analyzes the key components of the human endocrine system, their functions, and their roles in the body's overall physiological processes. The interconnection of hormone-producing glands and the effects of hormonal imbalances on health are examined from a scientific perspective. A deep understanding of the endocrine system offers the following important benefits:

1. Health Monitoring:

The endocrine system controls nearly all bodily functions through hormones. Understanding how it works enables us to regulate processes such as metabolism, growth, the reproductive system, stress responses, and more.

2. Early Disease Detection:

Hormonal imbalances can be the root of many diseases (e.g., diabetes, thyroid disorders, pituitary tumors). Understanding the endocrine system allows for early detection and prevention of such conditions.

3. Proper Treatment Selection:

Recognizing hormonal imbalances and applying appropriate treatment methods requires knowledge of how this system functions. This is especially crucial for doctors, pharmacists, and biologists.

4. Promoting a Healthy Lifestyle:

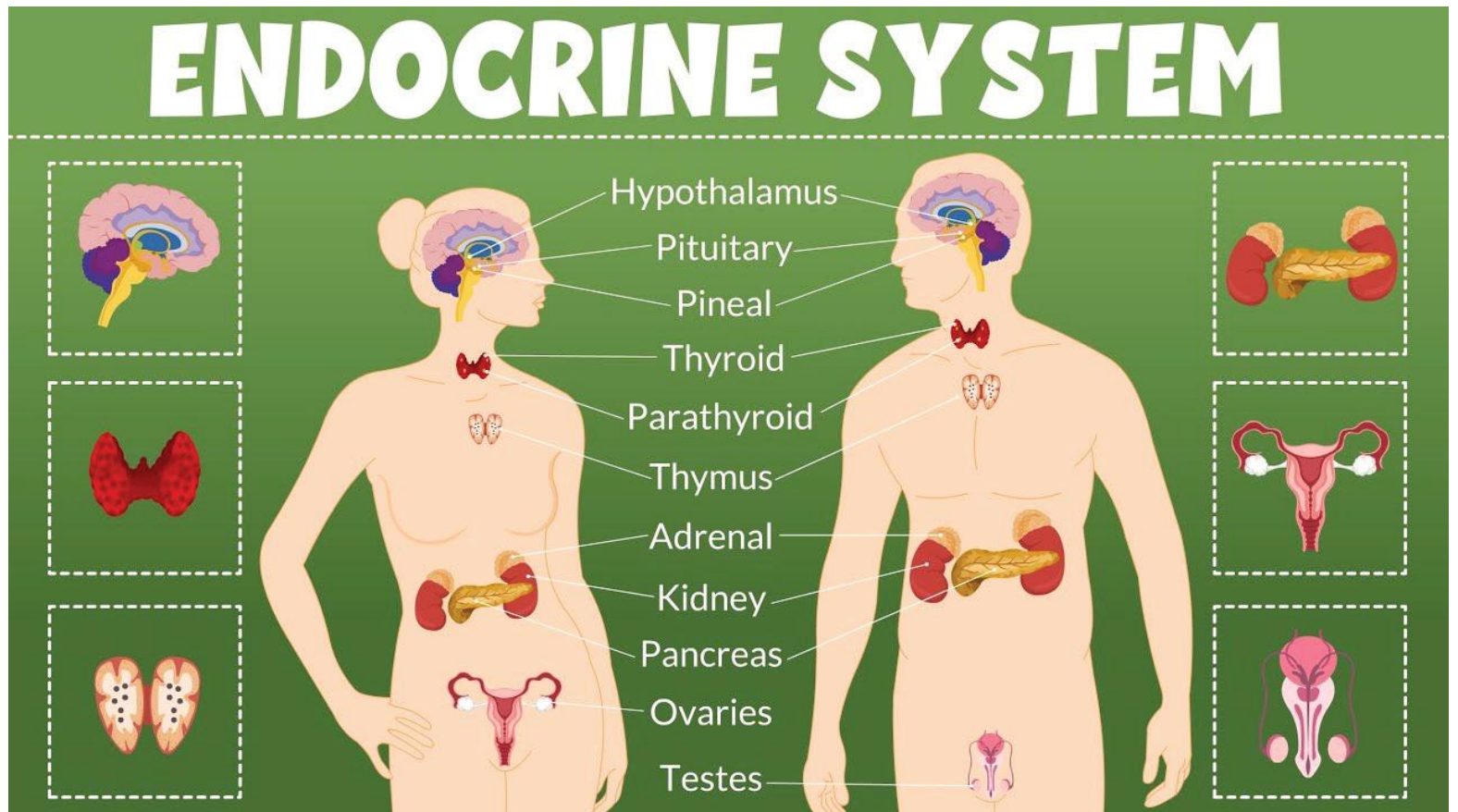
Understanding factors that affect the endocrine system (sleep, diet, stress) helps in forming a healthier way of life.

5. Understanding Psychological States:

Hormones significantly affect a person's mental state. For instance, stress hormones (cortisol) and happiness hormones (serotonin, dopamine) influence mood and behavior. Thus, understanding the endocrine system is essential not only for medicine or biology but for everyone. This knowledge serves as a foundation for health, well-being, and quality of life.

Introduction:

The human body consists of complex and harmoniously working systems, one of which is the endocrine (internal secretion) system. This system plays a vital role in producing hormones, delivering them through the blood to various



organs, and managing life processes. It works alongside the nervous system to maintain homeostasis. Key factors leading to endocrine dysfunction include:

6. Genetic Factors:

Some endocrine diseases, such as type 1 diabetes or thyroid disorders, are hereditary.

7. Autoimmune Processes:

The body may produce antibodies against its own endocrine glands, damaging them (e.g., Hashimoto's thyroiditis, type 1 diabetes).

8. Infections:

Viruses or bacteria can sometimes damage endocrine glands, particularly the adrenal or thyroid glands.

9. Inflammation:

Inflammation of glands (e.g., thyroiditis) can negatively impact their hormone-producing ability.

10. Stress:

Chronic stress can disrupt hormonal balance through the hypothalamic-pituitary axis, keeping stress hormones like cortisol consistently high.

11. Poor Nutrition:

Diets high in fat, sugar, and processed foods but low in vitamins and minerals affect hormone production (e.g., iodine deficiency impacts thyroid function).

12. Obesity or Underweight:

Excess or insufficient body fat affects hormonal balance, especially the production of sex hormones and insulin.

13. Radiation and Toxins:

Chemical substances (e.g., pesticides, BPA in plastics) and radiation

can damage glands.

14. Medications:

Certain drugs (e.g., corticosteroids, antidepressants) can interfere with hormone production when used long-term.

15. Tumors:

Tumors or cysts in endocrine glands (e.g., pituitary adenomas) can increase or decrease hormone production.

Main Part – Types and Locations of Endocrine Glands:

The main glands of the endocrine system include:

16. Hypothalamus – acts as a bridge between the central nervous and endocrine systems, controlling the pituitary gland.

17. Pituitary Gland – known as the “master gland,” it regulates many other endocrine glands.

18. Thyroid Gland – produces thyroxine and triiodothyronine, which regulate metabolism.

19. Parathyroid Glands – maintain calcium and phosphorus balance.

20. Adrenal Glands – produce stress-related hormones like cortisol and adrenaline.

21. Pancreas (Islets of Langerhans) – secretes insulin and glucagon, regulating glucose metabolism.

22. Gonads (Testes and Ovaries) – produce sex hormones: testosterone, estrogen, and progesterone.

The Body's Regulator – What Do We Know About the Endocrine System?

Although we live in an era of advanced medical technology, some

complex systems in the human body still retain their relevance and mystery. One such system is the endocrine system, i.e., the internal secretion gland system. This system manages many vital functions of the body, often without us being aware of it. It is a network of hormone-producing glands, and hormones are chemical messengers that deliver countless “instructions” throughout the body.

Hormones affect growth, development, metabolism, mood, sleep, digestion, and even reproductive potential.

Fact: According to the World Health Organization (WHO), approximately 422 million people globally live with diabetes, which results from disruptions in the production or sensitivity to insulin — a crucial hormone of the endocrine system.

The pituitary, thyroid, and adrenal glands are the leading regulators of the endocrine system. For example, the pituitary is considered the “master gland” because it governs the activity of other glands, producing hormones that influence growth, development, and the reproductive system.

Another example is the thyroid gland, which manages the body's overall metabolism. If it's underactive, one may feel fatigued and cold; if overactive, symptoms may include rapid heartbeat, weight loss, and irritability.

Modern lifestyle — stress, unhealthy diet, lack of physical activity — directly affects the endocrine system. Unfortunately, most people only

consider it when facing diabetes, thyroid issues, or hormonal disorders. However, with a healthy lifestyle, balanced diet, and regular medical checkups, this system can be kept in balance.

The endocrine system is the body's silent regulator. Even when we don't notice it, it maintains equilibrium throughout the body. Thus, taking care of this sensitive system and seeking timely preventive and treatment measures should be everyone's priority.

Conclusion:

The endocrine system is one of the primary systems that manage vital functions in the human body. Its main role is to coordinate various physiological processes through hormones that serve as messengers between cells and organs. The proper functioning of this system is essential for growth, development, energy metabolism, reproductive health, and adaptation to stress. Disruptions in the endocrine system can lead to various diseases and significantly reduce quality of life. Therefore, in modern medicine, it is crucial to study this system in depth, identify the causes of its dysfunctions, and take preventive measures.

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Sports >> *Pep Guardiola has urged his Manchester City flops to use the pain from their shock FA Cup final defeat as fuel to salvage their dismal season by qualifying for the Champions League.

Guardiola Urges Man City To Use FA Cup Pain To Fuel Top Five Bid



Pep Guardiola has urged his Manchester City flops to use the pain from their shock FA Cup final defeat as fuel to salvage their dismal season by qualifying for the Champions League.

Guardiola's side will finish without major silverware for the first time in eight years after crashing to a 1-0 defeat against Crystal Palace at Wembley on Saturday.

Eberechi Eze's 16th-minute strike and Dean Henderson's penalty save from Omar Marmoush late in the first half condemned troubled City to the latest setback in their turbulent season.

Henderson made a series of superb stops to deny City, who claimed the goalkeeper should have been sent off after handling outside his area in the first period.

City's lack of cutting edge was exposed by Palace's tactically astute game-plan, leaving Guardiola to survey the wreckage of a wretched campaign that has included his team surrendering the Premier League title to Liv-

erpool and crashing out of the Champions League.

The Spaniard believes City can still partially save face by securing a top five finish in the Premier League, which guarantees a place in the Champions League next term.

They are currently sixth in the table, one point outside the top five with a home game against Bournemouth on Tuesday followed by a trip to Fulham for their last match on May 25.

"We had fixed in the last month the problems we had all season with scoring and conceding. In the last period we were so stable," Guardiola said.

"But lately against Palace and Southampton we didn't create much. I'm not saying it is easy. We need good crosses and good people in the box.

"The game-plan didn't work because we didn't win. But I don't have any bad feeling about that. We are sad because we didn't win a beautiful competition.

"Now we must continue and recover quick for the last two finals we have to play to qualify for the

Champions League."

– **'It's not easy'** –

It was City's second successive FA Cup final defeat after losing last year's showpiece against arch rivals Manchester United.

Significantly, City striker Erling Haaland's decision to allow Marmoush to take the penalty was indicative of the Norwegian's lack of confidence at present.

Haaland has failed to score in any of his six Wembley appearances for City, a barren streak including three FA Cup finals and one semi-final.

The former Borussia Dortmund star, who has 30 goals in 42 games in all competitions this term, also failed to score in City's Champions League final win against Inter Milan and their UEFA Super Cup victory over Sevilla.

Facing a Palace team content to sit deep and frustrate City, Haaland had few clear sights of goal.

But Guardiola must find a way to improve the supply lines to his leading scorer if City are to finish in the top five.

At Wembley, City repeatedly turned to Kevin De Bruyne to prise open the well-drilled Palace defence.

But, playing in his last final for City before leaving in the close-season, the Belgian midfielder's inconsistent display showed why Guardiola is willing to let him go as injuries and age take their toll.

"I expect, again, in that way, I want Kevin in that position to deliver some balls. Unfortunately, we could not find him in the position that we wanted," he said.

Guardiola is clinging to the hope that City can mount one last push, saying: "We played much better, for example, than when we beat Palace 5-2 in April.

"We were much better than last season when we lost against United in the final. Today, we did everything.

"We had the possession to create chances, we could create more, yeah, but it's not easy, I've said that, it's not easy with 11 players there (in defence)."

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GET THE BEST OF WORLD

Sports >> *The sixth edition of the Kip Keino Classic continental tour will be held at the Ulinzi Sports Complex after being moved from Nyayo Stadium on 31st of this month.

Kip Keino Classic Switched To Ulinzi Sports Complex



The sixth edition of the Kip Keino Classic continental tour will be held at the Ulinzi Sports Complex after being moved from Nyayo Stadium on 31st of this month. Race director Barnaba Korir cited the change of venue as due to the delay in the laying off of the new tartan track at Nyayo Stadium. Korir emphasised that the change of venue will only affect the number of spectators, but the quality and standards will remain unchanged. It will be the first time the event will be staged out of its traditional venues, Nyayo and Kasarani stadiums, since its inclusion in the World Athletics calendar in 2020. This year's edition has already

attracted top European sprinters, among them 2019 world bronze medallist Mujinga Kambundji, 2016 Olympic javelin champion Thomas Rohler from Germany, and both two-time world and Olympic Anderson Peters from Grenada and reigning hammer throw world champion Ethan Katzberg from Germany. Laying of the tartan track currently underway may take longer than anticipated with works still going on; hence, the decision for the change of venue. "Preparations for this year's edition, as far as I am concerned, are almost complete. We have both world and Olympic champions who have confirmed, as well as

the Swiss sprint star Mujinga Kambundji," cited Korir. Kenya's meet will be the 6th stop of the gold tour continental championships this year after the Maurie Plant meet on 29th March in Australia, the Botswana Grand Prix on the 12th of last month, and the Seiko Grand Prix in Tokyo, which was held yesterday. The only change we have is the venue from Nyayo to Ulinzi, which means fewer numbers of spectators will be admitted on a first-come, first-served basis. Let's come out in numbers and support our own Mary Moraa, Sarah Moraa, Julius, and Ferdinand Omanyala as they take on the rest of the world." Korir said

Zagreb is scheduled to host the 4th meet between the 22nd and 24th of this month before paving the way for the Poland meet on 30th May.

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Mathenge Ngatia Ni Mkereketwa Mkubwa Wa Kiswahili Mwenye Ari Isiyomithilika Na Pia Mkulima Hodari



By: Alfred Lobawoi

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Worth Noting:

“Niliumbwa niwe mwanahabari niwasilishe, nijulishe na nielimishe pamoja na kuleta suluhu katika matatizo ambayo yanafanyika katika jamii kila uchao na baadhi ya watu ambao wanafaa kuyatatua nao wameyafumbia macho. Kuishi na watu ambao wanataka wakupange na wakueleze jinsi utakavyokaa huwa ni vigumu sana. Inanipa taabu manake huwezi ukaishi kulingana na matakwa ya jirani yako la hasha, mda fulani inabidi uzime mazungumzo naye kama huna unyenyekevu ndivyo hivyo, hata vita mtapigana sasa kuishi na watu kweli ni mtihani.”

1. Kwa kifupi utueleze wewe ni nani?

Jina langu ni Mathenge Ngatia, jina ambalo ni mkusanyiko wa langu na la Babangu, ninalo pia la Kiingereza ambalo ni David. Sipiendi kuli-tumia japo namshukuru Mamangu kwa kuniita Jina la kifalme. Mimi ni mwanafunzi ambaye nipo katika tasnia ya uanahabari na ninapenda sana kujishughulisha na mambo ya kutenda mema na ucheshi na kwa jumla kuonyesha wengine upendo.

2. Ni kitu kipi kilikuchochea uwe jinsi ulivyo?

Ni vitu vingi sana ambavyo vimenishinikiza kuwa jinsi nilivyo, nikitangulia kwa uanahabari niseme niseme? Niliumbwa niwe mwanahabari niwasilishe, nijulishe na nielimishe pamoja na kuleta suluhu katika matatizo ambayo yanafanyika katika jamii kila uchao na baadhi ya watu ambao wanafaa kuyatatua nao wameyafumbia macho. Sasa hili ni jambo ambalo limenichochea tangu nilipokuwa mchanga, kisha Mamangu mpendwa Bi. Poulina Ngatia alikuwa anafanya matendo ya kuponya roho za wengine wakati umeishiwa na tamaa angekufariji na kukupa tumaini la kesho, akifanya haya yote nilikuwa mgongoni mwake na wakati tukitoka jinsi mambo yalivyo. Mama angebadilisha taswira yako katika jamii kama ulikuwa mbaya unasamehewa kutokana na hotuba yake. Hili lilinitia nguvu sana na nikataka kuwa kama yeye au bora zaidi kisha alikuwa na Kiswahili halua. Haya nikatamani sana niwe kama yeye na niheshimiwe kama yeye. Sasa yote ninayomega ni kwa sababu ya Mamangu mpendwa msukumo wake ambao umenifanya nilivyo leo.

3. Wewe hupanga vipi siku yako kunapokucha?

Mimi huamka saa kumi unusu kila siku ima nimefanya mambo ya kawaida au kinyume cha kawaida, nikiamka namshukuru Mungu kwa kuniambia na kunipa nafasi ya kupambana tena na dunia. Kabla sijalala ndio wakati na panga siku yangu lakini wakati ninapoamka sasa nawaza dhahiri kile nitakachotaka kifaulu siku husika, hasa naandika mahali; yaweza kuwa kwenye simu au kwenye shajara ya mambo yangu ya kila siku kisha nafuata hadi siku inapokwisha yale natimiza

nasema Alhamdulillah yale sijatimiza nasema Alhamdulillah na naweka imani Mungu atanipa nafasi tena.

4. Ni sehemu ipi ngumu kwa kile unachokifanya?

Sehemu ni nyingi sana ngumu lakini kuna pale ndipo upasuluhishe inachukua mda mwingi sana. Kuishi na watu ambao wanataka wakupange na wakueleze jinsi utakavyokaa huwa ni vigumu sana. Inanipa taabu manake huwezi ukaishi kulingana na matakwa ya jirani yako la hasha, mda fulani inabidi uzime mazungumzo naye kama huna unyenyekevu ndivyo hivyo, hata vita mtapigana sasa kuishi na watu kweli ni mtihani.

5. Umewahi kupata changamoto katika kazi zako? Tueleze.

Changamoto ni nyingi na kama hupatani na changamoto ina maana hujajaribu ya kutosha. Mimi hupatana nazo chungu nzima, kazi ya uanahabari unapokea matusi kila uchao mara hukufaa kusema hivi mara unachochea vurugu manake watu watapokea taarifa yako aidha kinyume au waipokee sawa na wajue katika taarifa hapana msimamo wangu hata kidogo, Tena pia kuna changamoto wakati unatafuta taarifa; watu wamenyamaa hawataki kutoa siri inakuwa vigumu sana kwangu lakini nikipiga dua moyo unatulia napata nguvu ya kuendelea na maisha.

6. Ni nini kinachokusaidia kuepuka changamoto hizi?

Changamoto utaziepuka ya kwanza ukifeli halafu ukajifunza hilo likifanyika. Tena utalitua kwa haraka, pili kuwa makini na kuona mambo kitaswira kabla hujayaanza yaani unapanga kwanza kisha unavuta taswira jinsi watu watasema kuhusu kitu fulani kisha fanya vile utaeupkana na changamoto nyingi sana. Tatu ni kujijua unajifahamu ufinyu wako ni upi nini haiendi vizuri na wewe halafu ukaipuza itakuwa sawa. Nne, pigana vita vyako achana na vya wengine ukifanye hivi nguvu yako itatumika vile inafaa, kisha tano mpe Mungu nafasi hizo changamoto atakuletea zikufunze na zikufanye mja bora katika jamii.

7. Ukipewa nafasi ulete mabadiliko ulimwenguni na kwako pia utafanyaje?

Kuleta mabadiliko sio jambo rahisi kama wewe ni mtu wa kuona matatizo pekee, na pia kuleta mabadiliko



Mathenge Ngatia

sio jambo la usiku mmoja. Ni jambo linachukua mda mwingi sana ili lifanyike. Mie ningepata nafasi ya kuleta mabadiliko naweza pigana kitu kimoja tu kwa mwanadamu. Upendo je, tunapendana kweli au ni midomo tu inasaga maneno. Upendo ni nini? Sio swala la kuchezea kama Mungu hatupendi abadan katan tusingekuwa na huu ulimwengu uliojaa mandhari aina ainati mimea wanyama misitu mashine na wanadamu kamwe hangetupa, lakini Mungu anatumenda ndiposa tunafurahia upendo wake. Swali ni je na sisi tungependana kiasi kile dunia ingekuwaje? si tungekuwa tunasameheana? Hakungekuwa na mauaji, mapendeleo, ubinafsi, wivu na vita visivyo na mbele wala nyuma... Ningepigania upendo miogoni mwa watu mimi ni mfano bora.

8. Anayetaka kuona kazi zako atazipataje?

Kazi zangu ni nyingi mimi ni mkulima wa mifugo kama Ng'ombe na kuku. Pia mimi ni mwanahabari kazi ambayo naipenda, mimi pia ni CEO wa Ngatia TV ambayo inavuma sana katika mitandao. Mbali na hayo ninafanya kazi Redio 47 hasa katika kitengo cha Lugha Gongana ndani ya kipindi cha Bahari ya Elimu kila Jumamosi. Naendesha kipindi ndani ya NIBS Fm kinachoitwa Chemko la Jamii. Hata hivyo, mimi pia ni ripota wa haiba; haya yote ukitaka kuyaona mitandaoni hata chat GPT ukitandika tu mathenge Ngatia kazi yote utapata na Mungu atakubariki, sote tupendane.