



The Lawyer's Dilemma: Building A Law Firm In An Unforgiving Economy

This distinction between practising law and running a law firm is perhaps the most consequential lesson never taught in any lecture hall from Nairobi to New York. Across the globe, brilliant lawyers have built mediocre firms, while sharp business-minded advocates have built empires.

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The MT. KENYA TIMES

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Daily ePAPER

Wednesday, February 25, 2026

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News>> President Ruto Advances Climate, Trade, Infrastructure, And Local Development Initiatives

P. 8. President William Ruto yesterday highlighted a series of strategic engagements aimed at advancing Kenya's climate resilience, trade opportunities, infrastructure financing, and local development across the country.



News>> Kagwe Warns on Land Subdivision Risks As Coastal Counties Mobilize to Transform Agriculture

P. 12. Agriculture and Livestock Development Cabinet Secretary Mutahi Kagwe has urged Kenyans to rethink how land is used, warning that continued subdivision could undermine the country's agricultural potential, food security, and economic growth.

Opposition Leaders Condemn Violence

Opposition leaders touring Kisii County have strongly condemned what they described as a coordinated and violent attack that disrupted their political engagements, leaving several residents injured.



Opposition leaders touring Kisii County

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Kindiki Inspects Key Road Projects In Embu And Kirinyaga, Reassures Residents On Timely Completion And Development Initiatives

By: WMW
@themtkenyatimes

Some Of The Moments As Captured In Pictures

Deputy President Kithure Kindiki yesterday inspected ongoing road construction works in Kirinyaga and Embu counties, emphasizing the government's commitment to improving infrastructure and service delivery.

In Mwea Constituency, Kirinyaga County, he visited the PI-Murinduko-Kiumbuini-Ndiririku-Marurumo-Gategi-Gatuiiri-Kiandegwa-Mutithi White Rose Road, urging contractors to complete the works as scheduled by the end of this year. During a public sensitization event at Gategi Centre, he updated residents on government interventions aimed at enhancing access to water, electricity, fresh produce markets, and youth employment. Mwea MP Mary Maingi, local MCAs, and other leaders attended the event.

In Embu County, the DP inspected progress on the Gachoka-Gachuriri Road, a 42-kilometer project costing KSh2.7 billion that had stalled for years. With pending bills cleared and resources secured, works have resumed, and completion is expected within three months. Responding to community requests, the government will extend the project to include the Kangeta Junction-Kihumbuini Centre and the Gachuriri sections, completing the area's bitumen road circuit.

He held roadside public sensitization events in Kangeta, Mbeere South, where Embu Governor Cecily Mbarire, Senator Alexander Mundigi, local MPs, and MCAs joined him to engage residents on ongoing development initiatives.

The inspections highlight the government's focus on infrastructure, service delivery, and boosting economic opportunities in Kirinyaga and Embu counties.



Editor's Desk




The Mt. Kenya Times

The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

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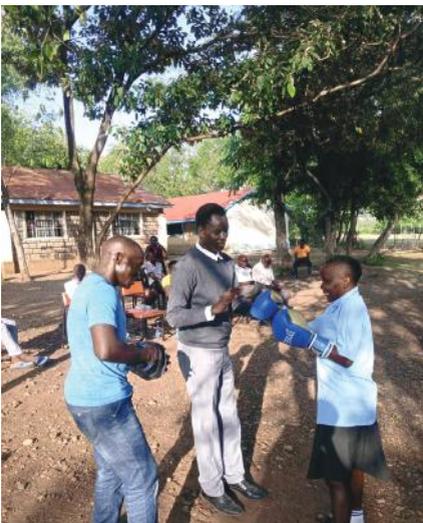


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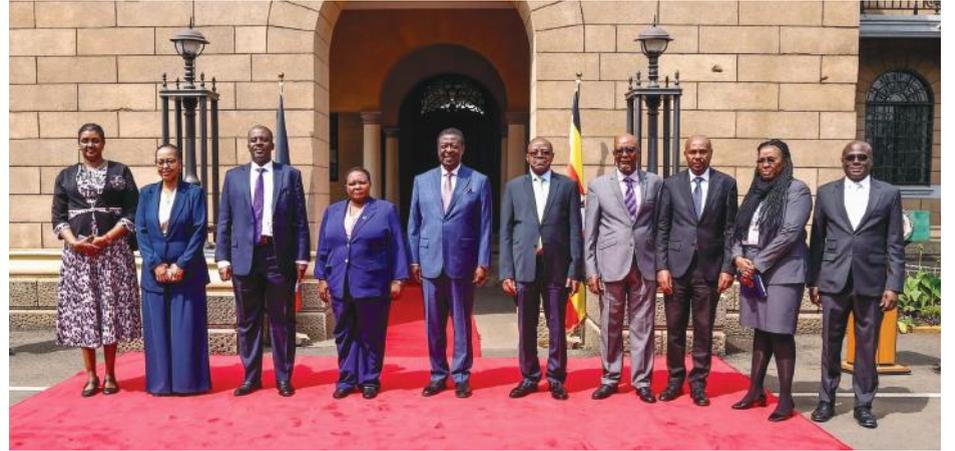
The Uasin Gishu County government is implementing a performance appraisal exercise for all staff to assess progress and enhance service delivery under the “Nguzo Kumi” development blueprint. During an evaluation of the Roads, Transport, and Public Works department, Chief Officer Geoffrey Tanui emphasized individual involvement to improve accountability and departmental outcomes. The Directorate of Performance Management and Training, led by Assistant Director Wilfred Nyabando, guided staff on appraisal processes and merit rating methods. The exercise follows performance contracts signed by County Executives, Chief Officers, and Directors, ensuring targets are SMART—specific, measurable, achievable, realistic, and time-bound. Officials highlighted that the appraisal will refine staff goals, align them with county priorities, and strengthen service delivery for residents.



Learners in Mbita Sub County have been urged to harness their talents by embracing sports, arts, and science as pathways for personal growth and national development. Area Deputy County Commissioner Peter Mutiso emphasized that talented youth in sports are a vital resource for Kenya’s socioeconomic progress. Speaking at a scout’s camp for seven schools in Lambwe division, he called on local leaders to improve sports facilities and encouraged students to explore diverse disciplines such as boxing and martial arts. Mutiso also advised parents to ensure all grade ten learners join senior schools and warned against drug abuse, stressing discipline as key to success. The event was attended by former Harambee Stars under-17 captain Dan Moi and Olympian boxing coach Nick Okoth.



Kenyatta National Hospital (KNH) yesterday held a strategic meeting with the Kenya Haemophilia Association (KHA) and partners, including the Novo Nordisk Haemophilia & Haemoglobinopathies Foundation, to discuss establishing a Haemophilia Regional Training Centre (RTC) at KNH. Acting CEO Dr. Richard Lesiyampe emphasized the hospital’s commitment to strengthening Centres of Excellence and building capacity through specialized training and sustainable partnerships. The collaboration, which includes multidisciplinary training, donations of clotting factor concentrates, and standardized treatment guidelines, has enhanced care for patients with haemophilia and other inherited bleeding disorders. Dr. Catherine Muendo’s onboarding into the International Haemophilia Training Centre Fellowship marks a milestone toward RTC designation. KHA Chair Dr. Kibet Shikuku noted the centre will position Kenya as a regional leader in training healthcare providers across Africa. KNH remains committed to expanding haemophilia services and improving sustainable access to care.

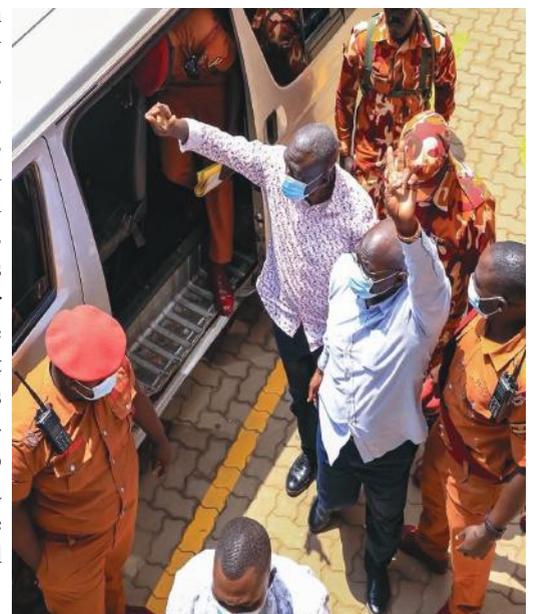


Prime Cabinet Secretary Musalia Mudavadi yesterday extended warm congratulations to the Government of the Republic of Uganda as it begins its new mandate. He hosted Robinah Nabbanja, Uganda’s Prime Minister, during her visit to Kenya for engagements with diplomatic missions and development institutions. The discussions focused on key areas of mutual interest and reinforced the long-standing partnership between the two countries. Mudavadi highlighted the launch of the Integrated Steel Industry in Tororo on 18th December 2025 by President William Ruto, a strategic investment aimed at strengthening steel supply chains, boosting competitiveness, and creating jobs. Kenya and Uganda remain each other’s major trading partners, guided by over 25 priority cooperation instruments that drive their shared development agenda and regional economic collaboration.



The MCA for Jarajila Ward, Garissa County, Noor Sheikh Farah, has urged the county government to intensify drought mitigation efforts as thousands of residents and livestock face severe food shortages. Despite budgets allocated for disaster response, Farah said little assistance has reached affected communities, forcing MCAs to use personal funds. NDMA reports that by January, at least 185,400 people required humanitarian aid, with 3.1 million Kenyans in 23 ASAL counties at risk if rains fail. Farah highlighted long distances to boreholes and scarce pasture as challenges, while CS Geoffrey Ruku assured that the government has sufficient relief food to prevent hunger-related deaths.

It has been 465 days since opposition leader Dr. Kizza Besigye was reportedly abducted in Nairobi, sparking concerns about political freedoms in the region. Speaking from Kampala, Martha Karua, acting as his legal representative, appeared before Justice Dr. Emmanuel Baguma and expressed deep concern over Besigye’s declining health. She also met with his wife, Winnie Byanyima, commending her extraordinary resilience in the face of the ordeal. Karua emphasized that the fight for democratic spaces and human rights across the continent is a collective responsibility. She reaffirmed her commitment to advocating for people’s rights in Kenya and beyond, highlighting the importance of solidarity in defending democracy and accountability in leadership.



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Opposition Leaders Condemn Violence Ahead of 2027 Elections

By: Elizabeth Angira
@themtkenyatimes

Worth Noting:

- The incident, which occurred in Kisii town, cast a shadow over the opposition's two-day tour of the region, with leaders accusing sections of the security apparatus of failing to protect citizens.
- Addressing journalists during a press conference, Democracy for Citizens Party (DCP) leader and former Deputy President Rigathi Gachagua alleged that police officers were under pressure to work with criminal elements to frustrate opposition meetings.



Opposition leaders touring Kisii County

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Addressing journalists during a press conference, Democracy for Citizens Party (DCP) leader and former Deputy President Rigathi Gachagua alleged that police officers were under pressure to work with criminal elements to frustrate opposition meetings.

"The more you kill our people, the more you disrupt our meetings, the more you beat elected leaders, the stronger this movement becomes," he

said. Gachagua added that the opposition has formed a team to document alleged police excesses and vowed that accountability would come under a new administration.

Gachagua appealed to police officers, noting that many face difficult conditions themselves and urging them not to be used for political ends.

He stressed that the opposition's struggle is for democratic rights, not personal rivalry.

Jubilee Party presidential candidate Fred Matiang'i described the violence as a troubling sign for Kenya's democracy, urging political competition to remain civil.

"Political differences are normal. We do not have to agree all the time. However, we must conduct ourselves with decency. We cannot send young people to attack one another because of political realignments," he said.

Democratic Action Party-Kenya leader Eugene Wamalwa emphasized that Kenyans' right to associate and move freely is constitutionally guaranteed, urging young people not to allow themselves to be manipulated into acts of violence.

Wiper Patriotic Front Party leader Kalonzo Musyoka echoed the call for calm, affirming that the opposition remains focused on engaging citizens peacefully.

Party of National Unity (PNU) leader Peter Munya highlighted that all citizens are equal before the law.

Despite the tensions, the opposition leaders embarked on an extensive tour of Kisii County, visiting Nyamarambe, Suneka, Nyakoe Market in Kitutu Chache, Marani, Nyamira Town, and West Mugirango.

In all areas, residents turned out in large numbers, braving heavy rain,

demonstrating their support for peaceful political engagement and their desire for change.

Leaders praised the communities' energy, resilience, and determination to reclaim their democratic rights.

The tour emphasized unity, democratic freedoms, and the opposition's commitment to ensuring that political participation does not come at the cost of human life.

The leaders reiterated that the upcoming 10th August 2027 elections must reflect the will of the people, free from intimidation or violence.

The opposition leaders reaffirmed their pledge to continue meeting Kenyans across the country, strengthening democratic engagement, and advocating for accountability, fairness, and inclusivity in governance.

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President Ruto Advances Climate, Trade, Infrastructure, And Local Development Initiatives



President William Ruto with former Senegalese President Macky Sall yesterday. Photos/Courtesy.



President William Ruto with Ambassador Henriette Geiger.

By: WMW
 @themkenyaintimes

President William Ruto yesterday highlighted a series of strategic engagements aimed at advancing Kenya's climate resilience, trade opportunities, infrastructure financing, and local development across the country.

At State House Nairobi, the President met with the Supervisory Board Chair of the Global Centre on Adaptation (GCA), former Senegalese President Macky Sall.

Ruto noted that Kenya's partnership with GCA continues to strengthen climate action in Africa, prioritizing resilient infrastructure, agriculture, and water management.

With the Africa headquarters of GCA established in Nairobi, the collaboration is unlocking finance for climate adaptation through the Africa Adaptation Acceleration Programme, which aims to build practical, lasting solutions to the impacts of climate change.

President Ruto also met the European Union Ambassador to Kenya Henriette Geiger to explore ways of maximizing the benefits of the EU-Kenya Economic Partnership Agreement (EPA), which came into force in July 2024.

He emphasized the importance of duty-free, quota-free access for Kenyan products in the EU market, noting that expanding global mar-

kets for farmers, entrepreneurs, and industries will boost earnings, create jobs, and deliver social and economic gains for Kenyans.

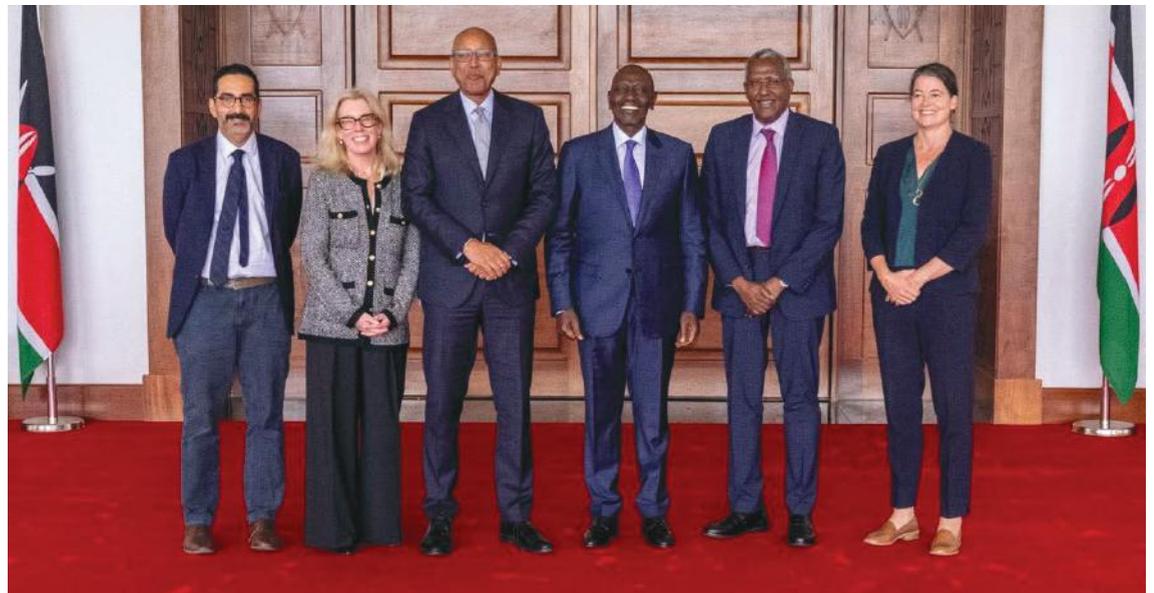
In further engagements, Ruto held talks with the International Finance Corporation (IFC) team led by Vice-President for Africa Ethiopis Tafara and Vice-President for Products and Clients Mohamed Gouled.

The discussions focused on advancing Kenya's National Infrastructure Fund, with the aim of mobilizing KSh5 trillion through multilateral and private sector capital to finance the country's ambitious infrastructure agenda, accelerating the nation's transformation into a first-world economy.

On domestic development, the President met a delegation from Tharaka-Nithi County led by Governor Muthomi Njuki, including local MPs, the senator, and MCAs.

He outlined ongoing projects in the county, including new roads, modern markets, affordable housing, electricity connections, and the construction of a modern Nithi Bridge. Ruto also highlighted efforts to provide more milk coolers to support local farmers, ensuring better prices and improved livelihoods.

President Ruto stressed that Kenya's transformation is inclusive, leaving no region behind, and emphasized that partnerships, both international and domestic, are central to advancing sustainable development, economic growth, and climate resilience.



President William Ruto with the IFC team.



President William Ruto with leaders from Tharaka-Nithi County.

Pathologist: Nakuru's Grade 8 Pupil Died From Suspected Fear-Triggered Heart Rhythm Failure

By: Suleiman Mbatiah
@themkenyatimes

Worth Noting:

- Dr Titus Ngulungu, who conducted the post-mortem examination at Nakuru Provincial General Hospital Mortuary, said the pupil, Moses Nyang'au, likely died from arrhythmia; a disturbance in the normal rhythm of the heart which led to circulatory failure.
- He ruled out major trauma and said preliminary findings did not indicate assault.
- The autopsy was carried out at the request of both the family and the Directorate of Criminal Investigations (DCI). Relatives of the deceased, teachers and members of the school's board of management were present during the examination.
- Dr Ngulungu reported that an external examination of the body revealed only a minor injury on the forehead. He emphasized that the mark was a slight discoloration and not consistent with significant trauma.

Severe emotional stress that may have triggered a fatal heart rhythm disturbance is suspected to have caused the sudden death of a Grade Eight pupil at Moi Comprehensive School in Nakuru, according to findings released by a government pathologist.

Dr Titus Ngulungu, who conducted the post-mortem examination at Nakuru Provincial General Hospital Mortuary, said the pupil, Moses Nyang'au, likely died from arrhythmia; a disturbance in the normal rhythm of the heart which led to circulatory failure.

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Dr Ngulungu reported that an external examination of the body revealed only a minor injury on the forehead. He emphasized that the mark was a slight discoloration and not consistent with significant trauma.

"It was just a discoloration which was very minor. It cannot cause death," he said, dismissing claims that the pupil may have suffered fatal injuries prior to collapsing.

The pathologist found no bruises, lacerations or signs of violent force on the head, chest, limbs or torso. Internally, however, he observed features consistent with circulatory failure — a condition in which the heart fails to pump blood effectively to vital organs. Despite this, he did not identify any definitive structural abnormality during the gross examination that could directly explain the circulatory collapse.

A small patch observed on the heart was taken for further laboratory analysis through histology. In addition, blood, liver, kidney and stomach samples were collected for toxicological testing to rule out underlying disease, poisoning or other possible contributing factors. Results from these tests are expected to provide further clarity.

Dr Ngulungu explained that circulatory failure can occur when the heart loses its normal rhythm. If the heart beats irregularly, it may fail to circulate blood adequately, leading to sudden collapse and death. He noted that in some cases, intense fear or emotional stress can trigger such an arrhythmia.

"Circulatory failure can be caused



Government pathologist Dr Titus Ngulungu addressing journalists at Nakuru PGH Mortuary. Photo/Suleiman Mbatiah

by the heart losing rhythm. If it beats irregularly, it will cause circulatory failure, and that is probably why this child collapsed," he said.

However, he cautioned that establishing whether emotional stress directly contributed to the incident would depend on investigations beyond the post-mortem examination. These would include reconstruction of events at the scene and witness accounts from those present at the time.

The pupil's family has expressed distress and lingering questions over the circumstances surrounding the collapse. Family spokesman Vincent Joseph said the findings had deepened their concerns rather than resolved them.

"This tragedy has hit the family hard, and we don't understand how this happened. From the doctor's report, we accept what has happened, but we have several questions," he said.

According to the family, conflicting accounts have emerged regarding the moments leading up to the collapse. They are seeking clarity on whether the boy was inside the classroom, outside, or involved in any disciplinary matter at the time.

"The only thing he was told, the boy had arrived, he collapsed. So, we didn't understand the circumstances before the boy collapsed,"

Mr Joseph said.

The family also raised concerns over a Sh12,000 post-mortem fee charged at the public hospital, saying the cost came as a shock and compounded their grief.

They have called for transparency from both the school and authorities, emphasizing the need for clear answers to achieve closure and accord the boy a dignified send-off.

School officials have defended their response to the incident. Bernard Chweya, chairman of the school's Board of Management, said teachers acted promptly after the pupil became unresponsive in class. He stated that the boy was rushed to hospital in a teacher's car, describing the response as reasonable and immediate.

The matter was reported at Showground Police Post and recorded under OB number six after doctors pronounced the pupil dead. Mr Chweya also confirmed that the school compound is covered by CCTV cameras and that footage from the relevant period would be made available upon official request by police or the family.

He stressed that the institution does not tolerate mistreatment of learners and that any staff found culpable would face action in accordance with the law.

School principal Caroline Chebe

said the pupil collapsed while standing at the front of the classroom as a teacher questioned learners who had been outside. She said the deputy principal noticed the boy gasping for breath and that he was rushed to hospital immediately. The school contacted both parents and later sent an accountant to trace the father.

Ms Chebe urged the media to report the medical findings accurately and avoid speculation, noting that the pathologist had clearly ruled out trauma as the cause of death.

Further laboratory tests are expected to shed more light on the exact cause of the fatal arrhythmia.

Nakuru County Adopts Solar-Powered Refrigerators To Boost Vaccine Storage And Delivery

By: Esther Mwangi
@themkenyatimes

Nakuru County is implementing solar-powered refrigerators to enhance vaccine storage and distribution, particularly in remote areas with limited or no electricity, as part of efforts to reduce vaccine wastage and improve healthcare delivery.

The initiative ensures that life-saving vaccines and essential medicines remain effective even in off-grid locations, directly benefiting residents' health outcomes.

County Biomedical Engineering Officer Mr. Kibet Keitany highlighted that the solar-driven cold chain systems have significantly increased storage capacity at public health facilities in hard-to-reach areas. Several dispensaries, including Munanda in Gilgil Sub-County, Gacharage in Kuresoi North, and Roret and Lomolo

in Rongai Sub-County, have already received solar-powered vaccine fridges with support from the Ministry of Health and UNICEF.

The solar-powered units are considered transformative for frontline health services. They reduce electricity costs, require minimal maintenance, and provide reliable, uninterrupted vaccine preservation. Other facilities already benefiting include Chepakundi, Tendwet, Kiplemeiywo, Masaita, Kapsinendet, Ndoroto, Kinungi, Ngondi, Korabariet, St. Joseph's Hospital, and Mwangi Michuki Dispensaries. Additional installations are ongoing at Rongai Turi, Kamosop, Kigonor, Lusiru, Arus, and Kapyemit dispensaries.

Mr. Keitany described the initiative as a milestone in improving access to immunization services countywide. Solar-powered refrigerators ensure that vaccines are stored at optimal temperatures without relying on inconsistent electricity or fuel-powered generators, safeguarding the potency

and quality of immunizations even in off-grid areas.

The project aligns with Governor Susan Kihika's commitment to strengthening primary healthcare systems and expanding equitable access to essential health services across all 11 sub-counties. Mr. Keitany emphasized that a reliable cold chain system is critical for timely and effective vaccine delivery, noting that without proper storage, vaccines lose their potency and fail to save lives.

By equipping dispensaries with solar-powered cold chain systems, the county is bringing essential health services closer to communities, reducing the need for residents to travel long distances for vaccinations. The solar refrigerators operate using electricity generated directly from sunlight, with compressors designed to maintain consistent temperatures throughout the day.

This strategic investment underscores Nakuru County's dedication to enhancing primary healthcare, en-



Flagging of solar-powered equipment.

supporting uninterrupted immunization services, and protecting public health through innovative, sustainable solutions. The initiative is expected to improve vaccine coverage, strengthen local healthcare infrastructure, and

support the overall well-being of residents, particularly in rural and under-served areas.



CS Joho: Minerals Can Transform The Economy Of Tharaka Nithi County

By: Alex Njeru
@themtkenyatimes

Worth Noting:

- Governor Muthomi Njuki on Monday hosted a consultative and sensitisation meeting between the county administration and the Ministry of Mining, Blue Economy and Maritime Affairs to discuss mineral development and national policy directions in the region.
- The meeting, led by Cabinet Secretary Ali Hassan Joho, brought together members of the County Assembly's Water and Natural Resources Committee, senior ministry officials and local leaders. Among those present were Mining Principal Secretary Harry Kimtai, Blue Economy and Fisheries Principal Secretary Betsy Njagi and County Assembly Speaker John Mbabu.
- Joho revealed that the ministry is going on with the mapping of mineral deposits in the county, confirming vast untapped potential.

Mineral deposits in Tharaka-Nithi County could soon become a major economic lifeline, with leaders expressing optimism that their exploitation will transform the local economy and significantly boost the national government's revenues through job creation and value addition.

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Joho revealed that the ministry is going on with the mapping of mineral deposits in the county, confirming vast untapped potential.

"I can clearly say the minerals in Tharaka-Nithi County are many and if well exploited can transform the economy of this county through royalties, individual reimbursements, community benefits and employment," said Joho.

He said the ongoing stakeholder consultations would be followed by public participation forums to ensure residents are fully involved and understand the expected benefits. The CS emphasized that minerals lying idle underground add no value to local communities and should be responsibly extracted for development.

According to Joho, once the planning phase is complete, the ministry will help identify credible investors interested in mining. The government will also allow interested companies to conduct ground-truthing exercises to determine the commercial viability of the identified deposits.

Njuki, however, raised concerns over illegal mining activities in parts of the county, accusing some operators of evading revenue payments and exploiting unsuspecting residents.

He said some individuals have been misleading locals into collecting copper under the pretext that it is construction ballast, only to sell it to industries for huge profit.

"We want a clear process to ensure that the locals living on these lands are well taken care of through proper compensation," said Njuki.



Mining, Blue Economy and Maritime Affairs Cabinet Secretary Hassan Joho (centre) and Tharaka-Nithi Governor Muthomi Njuki (his immediate right) during a meeting in Chuka town, Tharaka Nithi County to discuss matters minerals in the county. Photos/Alex Njeru.

PS Kimtai reiterated that while minerals belong to the State, the law provides clear procedures for land acquisition to ensure landowners benefit. He noted that compulsory acquisition is only considered as a last resort where negotiations fail.

On revenue sharing, Kimtai said the national government will receive 70 percent of mineral earnings, county governments 20 percent and local communities 10 percent. An additional one percent of gross earnings will be allocated to community development projects such as schools, hospitals and bursaries.

PS Njagi lauded the county govern-

ment for its cooperation, noting that mining activities will significantly contribute to Kenya's economic growth.

"Even in fish farming this county is doing very well. I believe it is also going to be a model county in mining," she said.

PS Kimtai disclosed that mineral deposits, particularly copper, have been identified in the drier parts of Tharaka Constituency, including Gatue, Kamacabi, Kiamiramba, Kandondo, Kamarenge, Maragwa, Kamaguna, Kiorimba and Kithiori.

Speaker Mbabu said the county assembly is ready to ensure that thor-

ough public participation is done so that each and every resident can understand the importance of mining and also gets the rightful share.

"We are ready to work with the other stakeholders to ensure that the minerals help us economically," said Mbabu.

Other minerals discovered in the county include gold, lithium, titanium, gemstones, gypsum, iron ore limestone and zinc, resources leaders say could redefine the economic future of Tharaka-Nithi if sustainably harnessed.



From left: Blue Economy Principal Secretary Ms Betsy Njagi, Mining Blue Economy, Maritime Affairs Cabinet Secretary Hassan Joho, Tharaka-Nithi Governor Muthomi Njuki and Mining Principal Secretary Harry Kimtai during a meeting in Chuka town, Tharaka Nithi County to discuss matters minerals in the county.

Kagwe Warns on Land Subdivision Risks As Coastal Counties Mobilize to Transform Agriculture

By: WMW
 @themkenyatimes

Agriculture and Livestock Development Cabinet Secretary Mutahi Kagwe has urged Kenyans to rethink how land is used, warning that continued subdivision could undermine the country's agricultural potential, food security, and economic growth.

Speaking at the Jumuiya Ya Pwani Agriculture Revitalization Summit in Malindi, Kagwe highlighted that fragmented land parcels are increasingly unable to support mechanized farming or attract large-scale investment, limiting opportunities for farmers and local communities.

"The decisions we make on land, investment, and agriculture today will determine the prosperity of future generations," said CS Kagwe, calling for collaborative efforts among farmers, county governments, and investors to strengthen value chains.

He emphasized that local processing of crops such as cashew and coconut could create jobs, add value, and ex-



CS Mutahi Kagwe admiring some mangoes.

pand economic opportunities along the Coast.

The summit brings together the six coastal counties; Lamu, Tana River, Kilifi, Kwale, Taita Taveta, and Mombasa along with farmers, private sector players, financial institutions, NGOs, and county government officials. The gathering aims to map out strategies for agricultural transformation, enhance productivity, and

integrate innovative approaches to address challenges such as climate variability, poor infrastructure, and limited access to markets.

Kagwe noted that land subdivision, if unchecked, contributes to smaller farms that are difficult to mechanize, reducing efficiency and output. This, he said, could hinder the region's ability to attract investors willing to finance large-scale agricultural proj-



CS Mutahi Kagwe and other officials arriving at the summit venue. Photos/Courtesy

farming practices, including irrigation, mechanization, and agro-processing technologies, to help coastal farmers remain competitive and resilient.

Stakeholders also stressed the need

platform for sharing ideas, forging partnerships, and developing actionable strategies aimed at positioning agriculture as a key driver of economic growth and social prosperity in the coastal counties.

Kindiki: Spare Me Cheap Talk, I'm A Busy Man Serving The People Of Kenya

By: DPCS
 @themkenyatimes

Deputy President Kithure Kindiki says he is too busy working for the people and will not be distracted by cheap and idle talk.

The DP said he is on a mission to ensure faster and timely delivery of development projects to the people across the country in readiness for the time to showcase the government's accomplishments since assuming office.

"I am busy working every day for the people of Kenya. I am focused on my work because at the right time I will account for my time in the office. I want my work to speak for me when the time comes. This year we will be fully focused on delivering development projects," DP declared.

The Deputy President spoke yesterday when he inspected the ongoing tarmacking of Gachoka-Gachuriri Road in Mbeere South, Embu County.

"We will showcase what we have done for wananchi when it is time for campaigns. We will have tangi-

ble projects to defend our tenure in office including roads, water projects, increased electricity connection and modern markets. This will be our scorecard," DP noted.

Prof. Kindiki said the opponents will have a rough time with wananchi because they will have nothing to show for what they did while they were in office. He said some of them had occupied powerful offices but did nothing for the people.

"We are busy working for the people. We cannot be compared with our opponents who have nothing to do but engage in idle talk. Our opponents have occupied powerful positions before and they have nothing to show for their time in office. They will have a difficult time with wananchi," he said.

Additionally, the DP reiterated the government's goal to complete all the roads that had stalled since 2020 affirming the economy's stability owing to the government's lasting interventions.

He revealed the tarmacking of the road from Gachoka to Gachuriri will be extended to Kangeta Junction and Kihumbuini Centre directing its completion on time.

"The President will visit the area to open the road once it is complete," DP said.

Other ongoing road projects will also be speeded up and finished within stipulated periods.

"This year, you are going to see a lot of development and transformation across the country. All roads that stalled since 2020 have been revived. We have paid all the contractors who had abandoned sites and are now back on site.

Going forward, we will pay them on time because we have enough money to complete all the 6,000kms of ongoing roads and to commence other projects," he assured.

Other major projects being done by the government in Embu County include the construction of 12 modern markets and Kiambere and Kamburu water projects.

The DP also inspected the construction of PI-Murinduko-Ndiriruko-Marurumo-Gategi-Gatuiru-White Rose Road in Mwea Constituency, Kirinyaga County.

He assured residents that the road will be hastened for it to be completed on time.

Also, the government is accelerat-



Deputy President Kithure Kindiki with Embu leaders, led by Governor Cecily Mbarire inspecting the road. Photo/Courtesy.

ing the construction of the 650kms of Mau Mau roads spread across Mt. Kenya region.

"We now have adequate funds to complete the roads...my work as DP is to make sure all the projects are funded, inspect their progress and ensure they are completed on time," he said.

Further, the Second in Command called on Mt. Kenya politicians to stop inciting residents against each

other because of political differences.

"The people of Mt. Kenya are hardworking and peaceful. We have always conducted our politics in decorum because we will remain as a one community after elections. We cannot allow some people to divide us because of political choices," he said.

Kiambu Residents Protest Court Delays As LSK Refutes Cartel Allegations

By: Felix Njenga
@themkenyatimes

Tensions flared in Kiambu town after a group of frustrated residents staged protests accusing a section of local lawyers of sabotaging the judicial process and influencing judge transfers for personal gain.

The demonstrators, carrying placards and chanting slogans, alleged the existence of a “cartel” within the legal fraternity that has contributed to persistent case delays, missing court files and intimidation of judicial officers.

The protest was led by former nominated MCA Alice Muhu and other community leaders who claimed that some advocates have overstepped their professional boundaries, creating a hostile environment for judges who refuse to cooperate with their alleged schemes.

Muhu said residents have witnessed cases stalling for years due to deliberate absenteeism by lawyers and unexplained disappearance of files.

“Our people are suffering while their cases gather dust for years,” she said, accusing certain advocates of frustrating justice for vulnerable litigants.

Thomas Mwangi, another resident, called on newly elected Law Society



Advocates led by Beth Fundi law Society of Kenya chairperson Kiambu chapter addressing the press

of Kenya (LSK) President Charles Kanjama to intervene and restore integrity within the Kiambu branch. He described the local legal practice as driven by “greed and corruption.”

The depth of frustration was underscored by John Mwangi, a clergy member, who revealed that his compensation case has been pending since 2011. He attributed the 15-year delay to repeated adjournments, absentee lawyers and a shortage of judges.

A key grievance among protesters was the alleged transfer of two

Kiambu High Court judges, which they claimed was influenced by powerful lawyers. They argued that frequent judicial rotations disrupt proceedings and force cases to start afresh, further prolonging justice for litigants.

Former nominated MCA Cecilia Njuguna also demanded greater transparency, accusing some lawyers of withholding information from clients and charging repeated fees without delivering meaningful progress.

In response, the Kiambu Chapter of the Law Society of Kenya dismissed



A section of disgruntled residents protesting against lawyers.

the allegations as unfounded and based on misinformation. Chapter Chairperson Beth Fundi clarified that the transfer and deployment of judges fall exclusively under the Judicial Service Commission (JSC), not private advocates.

She explained that the Kiambu High Court inherited thousands of cases from Milimani and Murang’a courts when it was established in 2017, resulting in a heavy caseload. The recent transfers, she said, are part of a routine nationwide administrative reshuffle within the Judiciary.

Fundi added that the LSK has been lobbying Chief Justice Mar-

tha Koome to assign more judges to Kiambu to ease the burden on the current two-judge bench.

LSK officials further urged residents to use established legal channels to report misconduct, including the LSK Disciplinary Committee for complaints against advocates and the JSC for grievances involving judicial officers.

Despite the assurances, residents insist that meaningful reforms are urgently needed to restore public confidence in the local justice system.

Efforts To Eradicate FGM In Kajiado Intensified Amid High Prevalence

By: MKT Correspondent
@themkenyatimes

Efforts to eradicate Female Genital Mutilation (FGM) in Kajiado County have been intensified, with activists warning that the practice, still widely carried out in secret, continues to jeopardize the lives and education of innocent girls.

Through a combination of door-to-door campaigns, school-based mentorship and community dialogues, anti-FGM groups are working to reduce the prevalence of the practice and ensure girls can remain in school.

In Kajiado, We Care Association, a non-governmental organisation, has been leading these efforts, engaging parents, elders and local leaders while promoting alternative rites of passage that safeguard the girls’ health and future.

Agnes Gitonga from We Care Association, said FGM continues to endanger girls’ education and health, with many forced to drop out of school once they undergo the cut. She added that the practice also exposes girls to early pregnancies and limits their future economic opportunities.

“FGM has no medical benefit and only exposes girls to serious health risks. Girls who undergo the cut are often considered ready for marriage, forcing many to drop out of school,” Gitonga said.

Speaking during a community outreach forum in Kajiado West, Gitonga said the NGO is working closely with administrators, teachers and religious leaders to promote alternative rites of passage that uphold cultural values without harming girls.

The organization is also encouraging residents to report cases to authorities and support efforts aimed at protecting girls from the vice.



Ms Agnes Gitonga briefing journalists.

She called on parents, community leaders, teachers, and law enforcement agencies to collaborate in protecting girls, emphasizing that education, awareness, and strict enforcement of the law are crucial to ending the harmful practice.

According to the Kenya National

Bureau of Statistics in the Kenya Demographic and Health Survey (2014-2015), 21 per cent of women aged 15 to 49 years have undergone FGM nationally, while three in every 10 girls remain at risk. In Kajiado County, the prevalence stands at 78 per cent, nearly four times the national average.

Although regarded as a cultural rite of passage among some communities, health experts warn that FGM can lead to severe pain, excessive bleeding, genital tissue swelling, infections, complications during childbirth, long-term psychological trauma, and, in extreme cases, death. Survivors may also experience chronic infections and reproductive health challenges.

The practice is illegal under the Prohibition of Female Genital Mutilation Act 2011, the Children’s Act, and the Penal Code.

The law criminalizes performing FGM, aiding or facilitating it, providing premises for its commission, failing to report cases, and possessing instruments used to carry it out. Convicted offenders face a jail term of three to seven years, a fine of up to Sh500,000, or both.

Morning Dew - Freshness Of Early Mornings.



The chirps of the birds in the morning.
Make the situation into pleasing .
The fresh green grass lawn looks beautiful.
Dews on the lush grass bountiful.

Rajesh Kanna B N

RAJESH KANNA.B N
M.Sc.,M.A.,M.A., B.Ed., PGD G&C, CELT.,
BT Asst
GMHSCHOOL,
TIRUR.
TIRUVALLUR DISTRICT.
Tamil Nadu. India
Creative Writers.

Turning a new day.
A mode of freshness on the way.
Awake in the early morning.
Earn the crowns for adoring.

Morning dew makes you feel fresh and pure.
Time to thank God and the soul to cure.
Early morning peace in the mind.
Fresh breeze in the open wind.

A Little Angel



A little angel flies in the sky,
As birds fly high in the sky.

She helps all the elders,
And also lends her shoulders.
She treats everyone equally,
She leads her life joyfully.

R. HARIHARAN,
V STANDARD,
CHENNAI MIDDLE SCHOOL,
CHETTIARAGARAM,
CHENNAI - 600 077,
TAMILNADU
INDIA

A little angel was a cutie,
And her looks are so beauty.
She was humble and kind,
She is good in her mind.

A little Angel walks slowly,
She dressed so neatly.

Love Reading Books



Sometimes I see myself in them, and their
journeys inspire me.

Reading helps me relax and imagine
wonderful places. Whether it's a rainy day
or a sunny afternoon, a good book is my
perfect companion.

By,

V. Lakshitha
VIII Std

PUMS Chinna Obulapuram
Gummidipoondi
Thiruvallur Dt
Tamil Nadu
India

I love reading books. Every day, I pick up a
book and enter a new world. Stories take
me on exciting adventures, and I learn many
wonderful things from them.

I like to sit and read in a cozy corner,
surrounded by the smell of old and new
pages. The characters become my friends.

Bee And Flower



Though attracted by it's beauty
As the bee paid attention only to it's duty
Collected not only the nectar
Also served as a best pollinator
But it's born highlighted to be wild
Poor flower is naturally mild
Being a spiritual factor
Yearned for a true love reactor
When I plucked & placed to God
It happily withered & never felt odd
For being lived a worthy life
But the bee's life
Ended with man's strife
While protecting it's hive resulting in rife.

G.Sarala.

The flower bloomed
Inviting the bee by it's perfume
Elated & was proud
As the bee happily buzzed aloud
The flower in shy graced in breeze
The bee felt it's job ease
As to visit another flower
Never understood the love of the flower

Babajonova Charos Reviews Ulugbek Hamdam's Novel "Balance"



One of the books I read with great pleasure
was Ulugbek Hamdam's novel "Balance".
While reading it, every chapter and every
page seemed to come to life before my eyes
like a movie. First of all, a big thank you to
the author of the book, it is commendable
that we have such works, but why haven't
we come across such works before? Maybe
this is due to the conditions and limitations
of that time? So, the novel tells about the
life of the Uzbek people in the early years of
our independence, various problems in their
lifestyle, a difficult period when science and
especially attention to history had not yet
found their place.

Allah Almighty bestows blessings on
every person, every creature, including
wealth, prestige, career to the human race,
knowledge to some, and beauty to others.
Unfortunately, there is no perfect person,
after all, this is a small world. However,
a person should always have two things
- material and spiritual wealth and strive
for them, but not lose balance. We can see
this in the fact that the heroes of the work,
Yusuf's friends, such as Said, Mirazim, and

Zahra, are completely materially rich, rich in
career and trade, but they are always thirsty
for spirituality or are devoid of it. They lived
according to the laws written by society, did
not have their own opinion or forgot their
identity, which did not take them far. Or, if
we see another sad image in the example of
Yusuf's brother Amir, Allah gave him the goal
of studying religion and teaching it to others,
but he lost balance in his life and identity.

Although he strived for spirituality, he
forgot about materialism, the tasks he was
responsible for, such as raising and raising his
family and children, which not only harmed his
family but also himself and led him to become
mentally ill. In the work, Yusuf is embodied
as a hero who seeks a balance between
material and spiritual life. He also makes
many mistakes: he is separated from his
family, loses his child. But over time, through
life's lessons, he understands himself. He
does not chase after career and wealth, but
appears as a person who rewrites history and
preserves his identity.

In conclusion, materialism and spirituality
are equally necessary for a person. True
happiness is to maintain a balance between
these two riches and live in gratitude for all
the blessings that God has given us.

Babajonova Charos is a 1st-year master's
student at Urgench State University named
after Abu Rayhon Beruni.

The Four Seasons



Look outside and you will see,
Just what season it will be!

Winter, Spring, Summer and Rainfall,
There are seasons four in all.

P. VARUN MANIYAN,
V STANDARD,
CHENNAI MIDDLE SCHOOL,
CHETTIARAGARAM,
CHENNAI - 600 077,
TAMILNADU,
INDIA

Winter, Spring, Summer and Rainfall,
There are seasons as four in all.

Weather changes as sun, rain and snow
Leaves fall down and freshly grow,

In Memory Of Those We Have Lost



In memory of those we have lost,
let us show kindness, let us serve.
Losing our loved ones is a wound too deep,
yet we honor them with charity and care.
We celebrate their day of memory
by feeding the poor,
by helping through their trusts,
by uplifting students in their education.
We give blood, we share organs,
we offer life where theirs was taken.
Their pure souls linger in our hearts.
We paste their image within us,

we pray for them to reach God's feet.
Separation brings vigorous pain—
friends, relatives, neighbors gone,
leaving us alone in this vast universe.
Still, in memory of their love,
we weep and sob,
tears filling our eyes and hearts.
Our cry will reach their spirit,
and they bless us from afar.
They save us in distress,
secure us from dangers,
and guide our families toward peace.
May the departed souls rest in eternal calm.
Let us pay homage to them,
with pure affection,
with unbroken remembrance,
with lives that echo their love.
V.R. Vijayalakshmi, Graduate Teacher,
Kanchipuram District, Tamil Nadu, India

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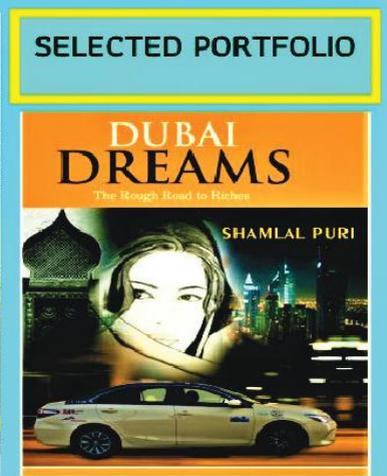
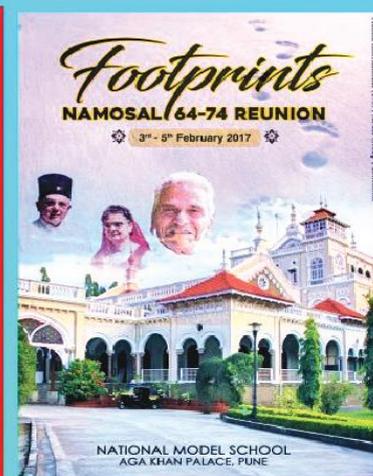
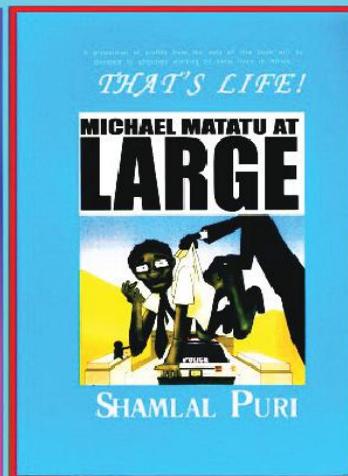
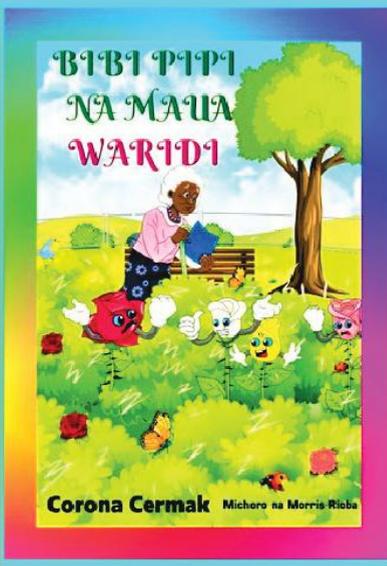
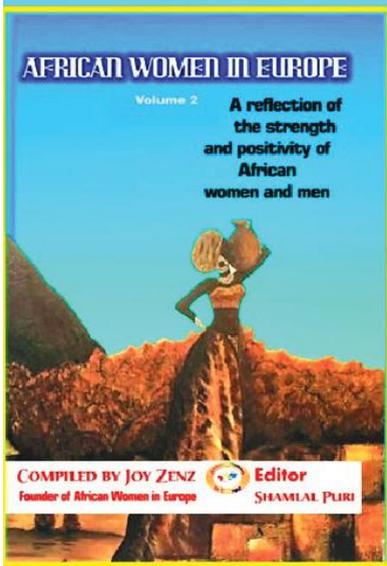
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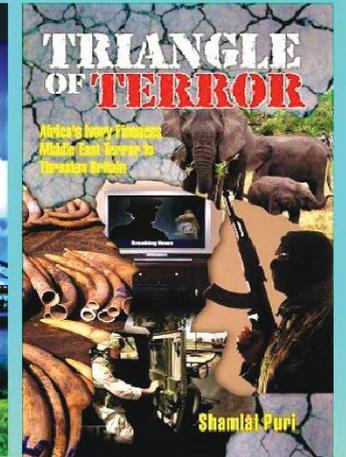
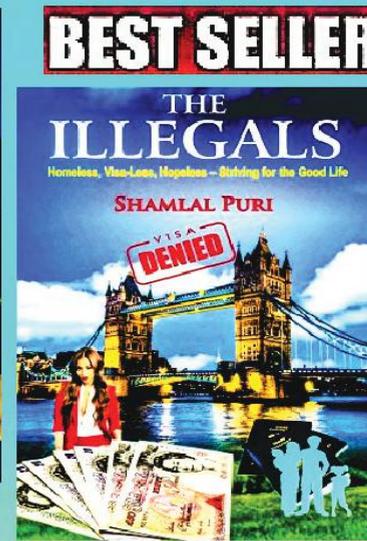
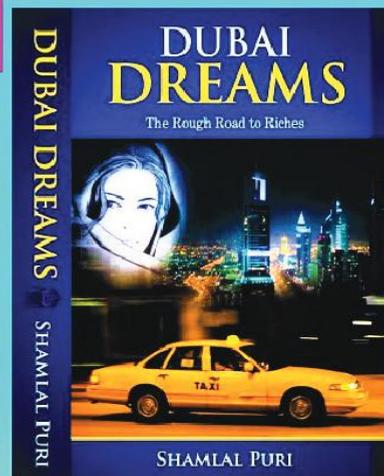
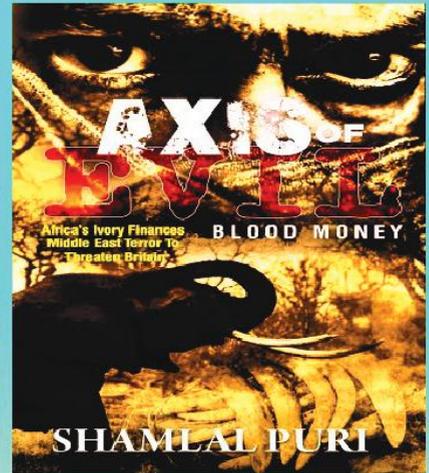
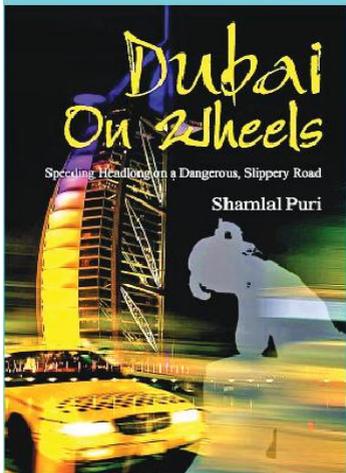
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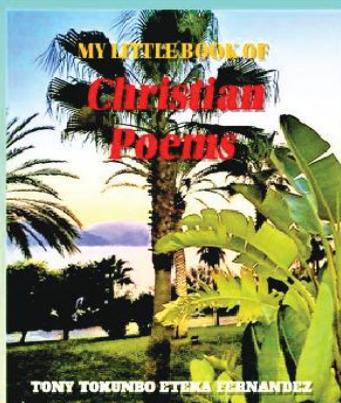
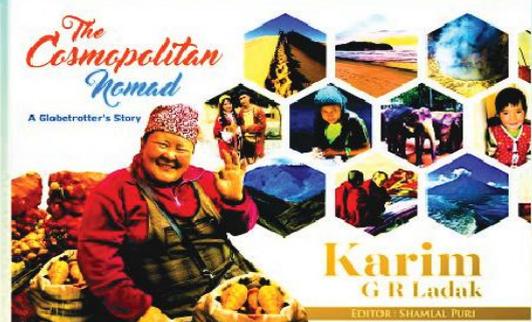
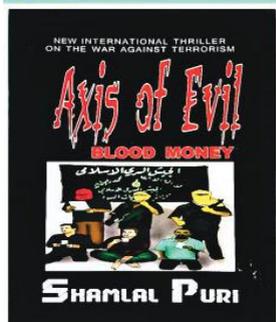
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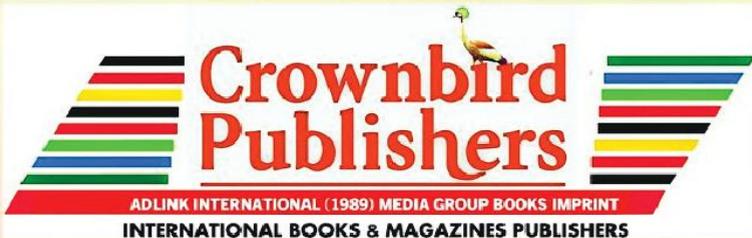


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Kenya Scouts Association Threatens To Split From World Parliamentary Scouts Union

By: Kenya News Agency
@themtkenyatimes

Worth Noting:

- According to Radido, KSA is the only legally mandated body allowed to run scout activities in the country in accordance with Scout Act Sec 219 of the laws of Kenya. The mandate, Radido noted, includes registration of scouts and scout leaders, training of scouts, and the production and distribution of official scouts' uniform badges and merchandise.
- He was however quick to note that WSPU executive director has been using the unconstitutional title of WSPU Kenya executive director to illegally perform some KSA roles including directly engaging learning institutions and registering scouts without authorization.
- Radido has also accused Miso of attempting to register former scouts as well as handle the distribution of scouts' uniforms and scouting merchandise which he noted falls outside WSPU's mandate.

Kenya Scouts Association has threatened to withdraw its Memorandum of Understanding with the Kenyan Chapter of World Scouts Parliamentary Union over what it terms as unlawful and gross interference with scouting activities in the country.

Through the Chief Commissioner, Victor Radido, KSA says it has observed the increasing unauthorized activities being spearheaded by WSPU Executive Director Poppins Miso and other WSPU agents.

According to Radido, KSA is the only legally mandated body allowed to run scout activities in the country in accordance with Scout Act Sec 219 of the laws of Kenya. The mandate, Radido noted, includes registration of scouts and scout leaders, training of scouts, and the production and distribution of official scouts' uniform badges and merchandise.

He was however quick to note that WSPU executive director has been using the unconstitutional title of WSPU Kenya executive director to illegally perform some KSA roles including directly engaging learning institutions and registering scouts without authorization.

Radido has also accused Miso of attempting to register former scouts as well as handle the distribution of scouts' uniforms and scouting merchandise which he noted falls outside WSPU's mandate.

"For the last 10 years, WSPU and KSA have maintained a cordial working relationship which has been mutually beneficial under the clear guidance of the MoU that we signed. We regret to inform the public that this relationship has been undermined by the recent events undertaken by one gentleman who has brought confusion in this caucus by acting outside of both the law and the MoU which we signed," said Radido.

Radido however clarified that KSA is in good terms with the global WSPU. He said that KSA's tiff with WSPU Kenya has stemmed from their choice to abdicate their primary duties and take on roles meant for KSA.

"At the global level WSPU enjoys a consultative status with the World Organisation of Scouting Movement. This status clearly defines WSPU's role as supportive through advocacy, legislation fundraising in cooperation with and not in competition with the National Scouts Association," said Radido.

"We want parliamentarians to do the work they are supposed to do for this country. They should let scouting be done by scouts and the role of parliamentarians in that caucus is to support in resource mobilisation, support in networking and in areas of legisla-



Scouts Founder Center in Nyeri town. Photos/Courtesy

tion which they have not done since we signed the MoU," he added.

The Chief Commissioner is now calling on WSPU global president John Kiarie, who is also the Dagoretti South Member of Parliament and his vice chairperson Tabitha Mutinda to restore order within WSPU Kenya and ensure strict adherence to the MoU and global consultative framework. Failure to this, Radido said that KSA will be left with no choice but to cease all engagements with WSPU Kenya.

"We urge them to immediately ensure that WSPU Kenya and its officers strictly confine themselves to their supportive parliamentary role and cease all interference with the mandate, operations and authority of KSA. Until full compliance is demonstrated, KSA will not engage with the WSPU Kenya chapter in

any capacity whatsoever," he said.

When reached for a comment over the matter, WSPU executive director Poppins Miso refuted claims that WSPU had hijacked KSA's mandate.

He clarified that all activities currently being undertaken by WSPU are in furtherance of the scouting movement adding that they are for the benefit of the KSA.

Miso also told KNA that WSPU was not in a position to adequately respond to any of the grievances given the Kenya Scouts Association was yet to lodge any formal complaint.

"It is unfortunate that WSPU has to learn about these grievances through the media. Our MoU with KSA clearly stipulates the procedure to be followed by either parties in the event of a disagreement and I would urge our partners to follow that process so that we can address the concern," said Mi-

soi during a phone interview.

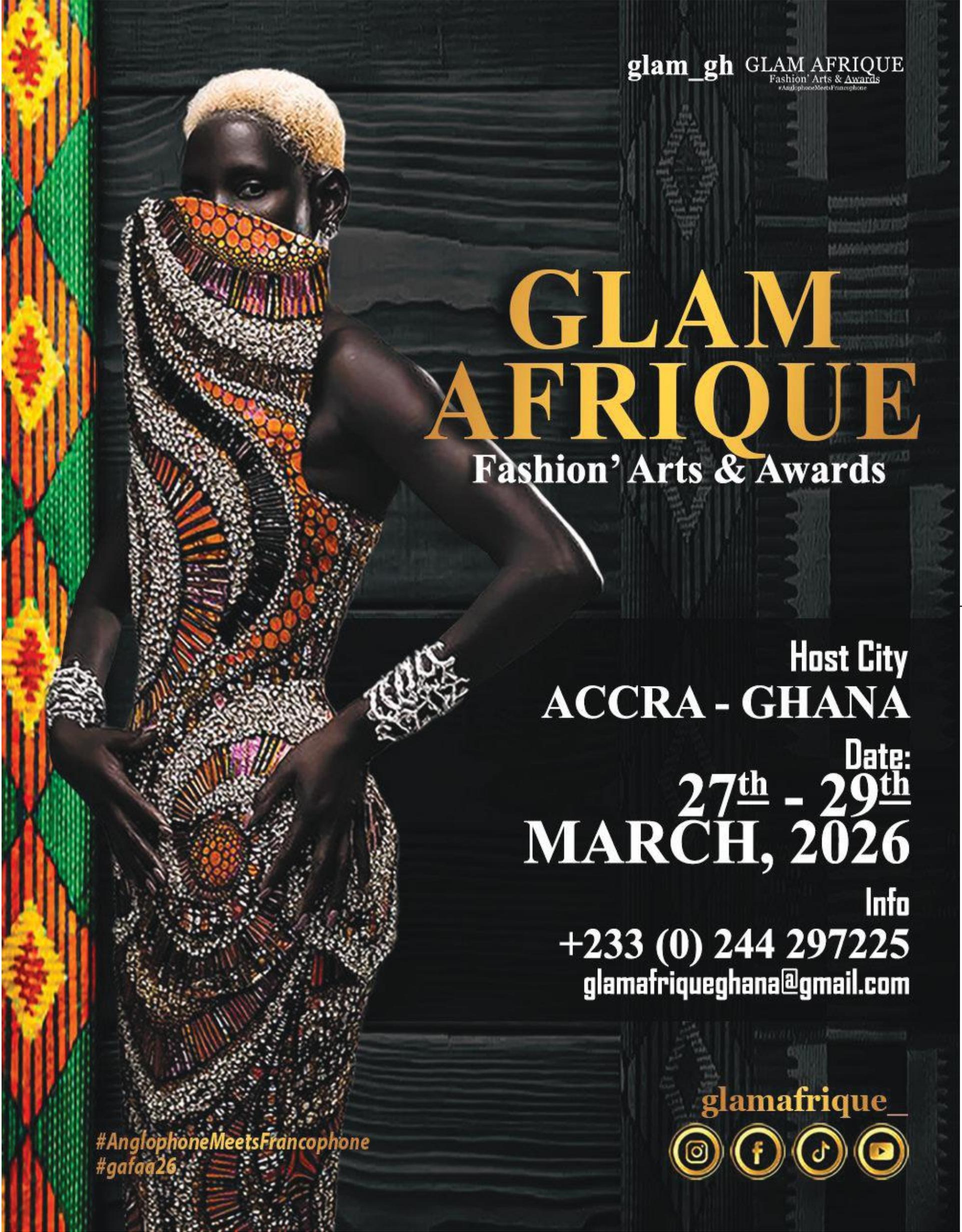
On his part, Eliud Wambua, the Scouts coordinator at the Ministry of Education acknowledged the contribution of scouting as one of the mentorship programmes that had excelled in correcting morals and instilling values in learners.

While calling for a swift resolution of the dispute, Wambua urged KSA and WSPU to resolve the impasse outside the school environment as a way of safeguarding the minors from any adverse effects arising from the administrative dispute.

"As a Ministry we would wish to request that we find a way to ensure that the issues at hand are resolved within the confines of the law. Where there are issues of management and administration, these issues be handled outside institutions that house our scouting fraternity," he said.



Some scouting and guide officials during the Founders' day last weekend.



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The Lawyer's Dilemma: Building A Law Firm In An Unforgiving Economy



By: Odhiambo Jerameel Kevins Owuor
@themkenyatimes

This distinction between practising law and running a law firm is perhaps the most consequential lesson never taught in any lecture hall from Nairobi to New York. Across the globe, brilliant lawyers have built mediocre firms, while sharp business-minded advocates have built empires. The separation between legal competence and commercial acumen is not merely philosophical; it is the fault line along which most small and mid-sized law firms collapse silently, their demise disguised as a slow erosion of clients, cash flow, and confidence. In Kenya today, that fault line is wider and more treacherous than ever.

Kenya's legal market in 2026 sits at a paradox. The country hosts one of the most sophisticated legal ecosystems in sub-Saharan Africa a bustling bar of over 18,000 registered advocates, anchored by firms that handle billion-shilling transactions, cross-border mergers, and regulatory matters spanning the East African Community, COMESA, and AfCFTA frameworks. The corporate and commercial environment in Kenya is now defined by execution catching up with policy, with businesses operating in a more structured but less forgiving environment where regulatory compliance, transaction design, and governance discipline directly affect deal timing, pricing, and viability. And yet, for every marquee firm advising on a landmark deal, there are hundreds of small practices struggling to pay rent on their chambers off Moi Avenue or Kimathi Street.

The economic pressure on the ordinary Kenyan law firm is immense and multidimensional. Kenya's cost of living has not relented inflation, a weakened shilling for much of the recent past, high interest rates, and a battered middle class have all compressed the pool of clients who can afford quality legal counsel. The client who once walked through your door with a commercial dispute now first consults Google, then a paralegal cousin, and only arrives at your office when the situation has become a crisis. This is not cynicism; it is the lived reality of most advocates running small practices across Nairobi's Upper Hill, Westlands, and the CBD. The market is not shrinking in complexity it is shrinking in the ability and willingness of clients to pay for that complexity.

The question of value, then, becomes existential. A legal plumber fixes the pipe that is broken drafts the contract, files the court documents, attends the mention, collects the fee. A legal architect, by contrast, designs systems:



anticipates risk before it crystallises, structures transactions to withstand regulatory scrutiny years into the future, and positions the client not just for compliance but for competitive advantage. Today's leading corporate commercial law firms are moving beyond traditional advisory roles to become strategic business partners supporting corporate structuring, regulatory compliance, cross-border transactions, dispute management, and long-term risk mitigation. The tragedy is that most of the market still pays for plumbing and expects architecture.

Globally, the legal industry is undergoing a structural transformation that Kenyan practitioners cannot afford to ignore. Artificial intelligence is compressing the time needed for legal research, contract review, and due diligence tasks that previously billowed hours on timesheets. Major global firms have integrated AI tools that complete in minutes what junior associates once spent days on. This does not eliminate the need for lawyers; it eliminates the need for slow, unthinking ones. The lawyer who charges premium rates for tasks a machine can perform is not long for any market, whether that market is London, Lagos, or Lavington. The differ-

entiation in the global legal market is increasingly about judgment, relationships, and strategic insight things machines cannot yet replicate.

In East Africa, the competition within the legal market is intensifying in ways that few anticipated. Africa's Big Law firms are handling transactions and litigations that rival the complexity and scale of global legal battles, and the continent's home-grown legal giants are not merely surviving global competition they are defining the landscape. Firms like Anjarwalla & Khanna in Nairobi, now operating across multiple jurisdictions as part of the Africa Legal Network, have demonstrated that African firms can lead on billion-dollar transactions, landmark privatisations, and complex cross-border regulatory matters without deferring to foreign counsel. The bar is being raised, and every advocate in the region is implicitly being measured against it.

For the mid-tier Kenyan law firm, this creates a painful squeeze. The top-tier firms command the premium mandates. The bottom of the market is crowded with newly admitted advocates willing to undercut fees to survive. The middle where most established small firms sit is arguably the most dangerous position in the

profession. These firms are too large to be agile and too small to absorb the cost of systemic investment in technology, talent, and brand. Many are essentially running on the founder's reputation and a network of referrals that gets thinner every year as the founder ages and the market evolves around them. Running such a firm is, without exaggeration, an extreme contact sport where every quarter demands a reinvention of the value proposition.

The business of law also demands a fluency in financial management that legal education never provides. Billing practices, debtor management, cash flow forecasting, cost per matter analysis, partner drawings versus reinvestment these are not abstract MBA concepts; they are the difference between a firm that survives and one that dissolves. Across Kenya, it is common to find advocates who are owed millions in unbilled or uncollected fees from clients, carrying receivables that a bank would have written off years ago. The law firm

Worth Noting:

- The economic pressure on the ordinary Kenyan law firm is immense and multidimensional. Kenya's cost of living has not relented inflation, a weakened shilling for much of the recent past, high interest rates, and a battered middle class have all compressed the pool of clients who can afford quality legal counsel.
- The client who once walked through your door with a commercial dispute now first consults Google, then a paralegal cousin, and only arrives at your office when the situation has become a crisis.
- This is not cynicism; it is the lived reality of most advocates running small practices across Nairobi's Upper Hill, Westlands, and the CBD. The market is not shrinking in complexity it is shrinking in the ability and willingness of clients to pay for that complexity.

KEHPCA Calls For Integration Of Sexual And Reproductive Health Into Palliative Care Services

By: MKT Reporter
 @themtkenyatimes

The Kenya Hospices and Palliative Care Association (KEHPCA) has urged the government and health stakeholders to integrate Sexual and Reproductive Health (SRH) services into palliative care to ensure holistic and patient-centred support for individuals living with life-limiting illnesses.

Speaking in Mombasa during the launch of a new SRH toolkit, KEHPCA Executive Director David Musyoki emphasized that patients receiving palliative care have complex physical, emotional and psychosocial needs, including reproductive health concerns that are often overlooked. He said integrating SRH into palliative care would enhance dignity, quality of life and comprehensive support for patients and their families.

The newly launched toolkit aligns with the National Palliative Care Policy and is designed to guide healthcare providers in delivering SRH services with sensitivity, respect and adherence to legal and ethical standards. It also serves as a practical ref-

erence for healthcare professionals, policymakers and advocates working toward a more inclusive healthcare system.

Despite progress in palliative care, Musyoki noted that access remains limited. Only 124 health facilities nationwide—mostly in major towns—currently offer palliative care services, leaving many rural communities underserved. He challenged the government and partners to ensure equitable access to integrated services across all counties.

Musyoki explained that palliative care supports patients with conditions that are difficult to cure, including advanced cancers, cardiovascular diseases and organ failure. Such patients require comprehensive care, and reproductive health is a key component of that support. To address workforce shortages, KEHPCA is advocating expanded training of healthcare workers and continued on-the-job capacity building.

The association also called for full integration of palliative care into Taifa Care under the Social Health Authority (SHA). Musyoki observed that current coverage largely focuses on inpatients, excluding many individuals who require home-based or outpatient support. He stressed that



KEHPCA Executive Director David Musyoki with other stakeholders. Photo/Courtesy.

many patients with life-threatening conditions need care in their homes, making primary healthcare integration essential.

Dr. Anisa Mburu, a consultant gynaecologic oncologist, revealed that 69 percent of Kenyan adults require some form of palliative care due to non-communicable diseases. She said SRH issues have not been adequately addressed within palliative services,

and the toolkit will help healthcare providers facilitate open discussions despite cultural sensitivities.

Edwin Gitonga, Manager of Laikipia Palliative Care Centre, urged county governments to make palliative care free and asked the SHA to extend coverage to outpatients to reduce the financial burden on families, particularly those affected by cancer. He also highlighted a nationwide shortage of

morphine, warning that limited access to essential pain medication is undermining quality care.

KEHPCA maintains that integrating SRH into palliative care is critical to improving patient outcomes and strengthening Kenya's healthcare system.

The Lawyer's Dilemma: Building A Law Firm In An Unforgiving Economy

Contd from page 18

that cannot collect what it earns is not a business; it is a charity with a letterhead. Discipline around billing and collections is not greed it is sustainability, and sustainability is the precondition for everything else.

Marketing and business development another arena where lawyers are traditionally underprepared have become non-negotiable. When people search for the top law firms in Kenya, they are often looking for more than just legal representation they want strategic partners who understand the business environment, the regulatory landscape, and the pace of change in modern markets. This shift in client expectation means that a firm's reputation must be actively built, not passively inherited.

Thought leadership, digital presence, speaking at industry forums, publishing insights on regulatory changes these are not vanity exercises. They are the mechanisms through which a firm signals to the market that it understands the problems clients face before those clients even pick up the phone.

Kenya's devolution story also holds an underappreciated opportunity for law firms willing to look beyond Nairobi. County governments manage significant budgets and require legal services for procurement, land matters, employment disputes, and statutory compliance. The roll-out of the AfCFTA framework and the deepening of EAC integration means that legal work tied to cross-border trade, investment structuring, and regional dispute resolution is growing and not all of it needs to be handled from Nairobi's Upper Hill. Active sectors including fintech, renewables, logistics, consumer goods,

and tech-driven services, supported by Nairobi's digital ecosystem and regional integration, are generating a new category of legal work that rewards specialists over generalists. The firm that positions itself as the go-to counsel for, say, renewable energy transactions in East Africa is not competing with every other firm it is building a defensible niche.

The hard truth at the centre of all this is that the legal profession's traditional self-image as a learned calling above the grubby concerns of commerce is a luxury that the current economic reality can no longer sustain. Every law firm, from a sole practitioner in Kisumu to a multi-partner firm in Nairobi, is a business. It has a cost structure, a revenue model, a client retention problem, and a talent competition. The advocate who refuses to see their practice through this lens will find themselves technically excellent and commercially extinct. The ones



who will endure and lead are those who ask not just "Have I given correct legal advice?" but "Have I delivered genuine, measurable value? Have I solved a real problem? Have I earned the next call?" That question,

asked honestly every single day, is the only curriculum the business of law truly requires.

The writer is a social commentator

U.S. Economist Urges Trump To Provide Relief To Families Torn By Tariffs

By: Xinhua News Agency
 @themtkenyatimes

Renowned U.S. economist Jeffrey Sachs on Monday urged President Donald Trump to provide relief to American families who bore the costs of the sweeping tariffs his administration imposed, after the Supreme Court ruled that these tariffs were unlawful.

The tariffs were “illegal, unfair, and detrimental to the American people,” and it was not the foreign countries, but the American families, who were paying for the tariffs, Sachs, a professor of economics and director of the Center for Sustainable Development at Columbia University, wrote in an opinion piece published on the U.S.-based news website Common Dreams. He cited economists at the Federal Reserve Bank of New York, the Kiel Institute for the World Econ-

omy and other independent research institutions as saying that the “burden of the tariffs fell overwhelmingly on American importers, businesses, and consumers.” “The administration has the responsibility to design such relief. You took the money illegally; now you should return it,” Sachs stressed. According to him, roughly 140 billion U.S. dollars in tariff revenue was collected at U.S. ports last year. In the meantime, American households on average paid roughly 1,000 dollars or more due to the tariffs. “For families living paycheck to paycheck, that is not abstract. That is rent stretched to the breaking point. That is groceries rising in price while wages fail to keep up,” Sachs said.

On Friday morning, U.S. Supreme Court ruled in a 6-3 vote that Trump’s tariff policy under the International Emergency Economic Powers Act was illegal. Hours later after the ruling, Trump signed an order imposing a 10 percent tariff on imports from all countries. On Saturday, Trump said



Jeffrey Sachs.



Donald Trump

he would raise the new global tariff to 15 percent. On Monday, Trump threatened countries around the world to abide by any tariff deals they agreed to despite the Supreme Court

ruling. “Any Country that wants to ‘play games’ with the ridiculous supreme court decision, especially those that have ‘Ripped Off’ the U.S.A. for years,

and even decades, will be met with a much higher Tariff, and worse, than that which they just recently agreed to,” Trump wrote in a post on Truth Social.

UN Peacekeeping Mission Sends Exploratory Team To DR Congo’s Uvira For Ceasefire Monitoring

By: Xinhua News Agency
 @themtkenyatimes

The United Nations peacekeeping mission in the Democratic Republic of the Congo (DRC), known as MONUSCO, yesterday announced the deployment of a joint exploratory assessment mission to Uvira, a strategic city in the country’s east, from Feb. 23 to 27, to prepare for the establishment of a joint ceasefire monitoring mechanism.

Presented as an essential prelude to any future deployment, the mission, conducted in coordination with the International Conference on the Great Lakes Region (ICGLR), an intergovernmental organization, aims to determine whether operational conditions are in place to ensure a monitoring mechanism that is “credible, safe and operationally feasible,”

MONUSCO said in a statement. Teams on the ground are expected to assess access, security guarantees, available logistics, and engagement modalities with local actors in Uvira, which currently serves as the administrative center of South Kivu Province after the provincial capital, Bukavu, was seized by the March 23 Movement (M23) rebel group in February 2025. The mission follows consultations with DRC President Felix Tshisekedi, who also serves as chair of the ICGLR, and forms part of the ceasefire architecture stemming from a framework agreement signed with the M23 in Doha, Qatar, on Nov. 15, 2025, MONUSCO said. It stressed that this remains a strictly exploratory phase and that the scale of any future deployment will depend on agreed parameters and, above all, effective security guarantees. “Effective ceasefire monitoring is intended to reduce violence and create the necessary space for a durable political



solution,” the statement quoted Vivian van de Perre, MONUSCO’s acting head, as saying.

Uvira, the second-largest city in South Kivu, was retaken by DRC government forces in January 2026. The UN mission’s announcement comes amid heightened tensions in

Uvira territory and the South Kivu highlands region, where clashes continue between government forces and allied groups on the one side and M23 rebels on the other, despite ongoing diplomatic initiatives. Fresh fighting has been reported since Monday in the mining areas of Rubaya in Ma-

sis territory, North Kivu province. On Tuesday morning, intense clashes involving shelling were still ongoing around the town of Rubaya, according to M23 spokesperson Lawrence Kanyuka, despite a truce proposed by Angola that was due to take effect on Feb. 18.



Kenya's Political Crossroads: Challenges Ahead Of 2027

Kenya's road to 2027 is already crowded with tension, ambition, and uncertainty. The political landscape is heating up as President William Ruto's administration faces mounting criticism over economic management, corruption, and constitutional integrity. Opposition leaders, including Rigathi Gachagua, Fred Matiang'i, and Kalonzo Musyoka, are sharpening their message, positioning themselves as the alternative to a government accused of losing its grip on accountability.



The challenges are stark. Economic instability looms large, with Kenya's debt burden raising alarms among experts who warn that unchecked borrowing could choke future growth. Corruption remains a stubborn stain, with anti-graft efforts seen as half-hearted and lacking convictions. Youth unemployment adds fuel to the fire, as millions of young Kenyans demand opportunities and empowerment in a system that often sidelines them.

Security concerns compound the crisis. A recent G4S report flagged political instability and civil unrest as top threats, citing the aftermath of Gen Z-led protests in 2024–2025. Nearly half of security leaders expect instability to persist, while businesses brace for disruption. The opposition, sensing momentum, is rallying around constitutional reforms and unity, hoping to present a single candidate capable of challenging Ruto's hold on power.

Kenya stands at a crossroads. The choice is between credible leadership that prioritizes transparency and citizen welfare, or a descent into deeper instability. With the 2027 elections looming, the stakes could not be higher. Kenya does not need louder promises—it needs leaders who match words with action.

By Agnes Otieno, Laikipia University

The Performance Of Power And The Poverty Of Accountability

Kenyan politics has perfected the art of spectacle. Even outside election years, rallies resemble rehearsals, leaders tour counties with microphones, and development is announced with banners long before budgets are allocated. The performance never ends—it only changes costume. But governance is not theatre, and citizens cannot afford to live on applause.



A functioning democracy is measured not by the noise of speeches but by the reliability of systems. Hospitals either have medicine or they do not. Roads either endure or they crumble. Youth either find meaningful employment or they invent survival. Increasingly, survival has become Kenya's national skill. We endure inflation, shifting tax policies, fuel hikes, and policy reversals with remarkable resilience. Yet resilience should never be mistaken for progress.

Kenya does not lack ideas. It has scholars, economists, and an energetic youth population

capable of innovation. What it lacks is continuity and accountability. Campaign promises are grand, but institutional strengthening rarely excites the public. Politics has become performance art—press briefings replace policy clarity, alliances shift faster than ideology, and loyalty outweighs competence. Citizens debate statements more than budgets, while institutions weaken under the weight of the theatrics.

The youth, hailed as the future, remain stranded in the present. Degrees multiply, but oppor-

tunities stagnate. Entrepreneurship is praised rhetorically while structural barriers persist. Democracy demands more than voting; it requires citizens who question policies with the same intensity they defend political figures.

Kenya does not suffer from a shortage of potential—it suffers from a surplus of performance. Until politics shifts from spectacle to substance, governance will remain fragile.

By Levis Wangamati

Will Justice Be Served In 2027?

As Kenya edges closer to the 2027 General Election, one question echoes across the nation: will justice truly be served? For citizens, justice is not defined by who wins, but by whether the process is free, fair, and reflective of the people's will.



The Constitution of Kenya (2010) enshrines sovereign power in the people, guaranteeing every adult the right to vote and participate in political life. On paper, the framework is strong. Yet justice is not secured by law alone—it depends on institutions that must act impartially and transparently. The electoral commission must deliver credible results, the judiciary must remain independent, and security agencies must protect peace without intimidation. When these institutions falter, trust collapses and tension rises.

Political leaders carry equal responsibility. Campaigns can unite or divide, and leadership is tested not in rhetoric but in respect for democratic processes. Accepting credible results and resolving disputes through legal channels is the mark of maturity. When ambition overshadows

stability, justice becomes fragile. Citizens, too, hold the key. Voting wisely, rejecting bribery, and holding leaders accountable beyond election day are vital. Democracy does not end at the ballot box—it lives in everyday governance.

For many Kenyans, justice in 2027 will also be measured by lived realities: the cost of living, jobs, healthcare, education, and the fight against corruption. Even a technically fair election

will ring hollow if daily struggles remain unaddressed.

Justice in 2027 will not be handed down—it must be earned through institutions, leaders, and citizens working together.

By John Irungu Maina, Student Journalist

Reckless Road Habits Cost Kenya Billions

Kenya's roads have become theatres of recklessness, and the price tag is staggering. Beyond the daily tragedies of lives lost and families shattered, the nation bleeds billions in hidden costs—medical bills, insurance hikes, damaged infrastructure, and lost productivity. What should be arteries of progress have instead turned into corridors of chaos.



The causes are painfully familiar. Poor driver training leaves many motorists ill-prepared, while overloaded and poorly maintained vehicles multiply risks. Traffic rules are routinely ignored—speed limits, signals, and lane discipline treated as optional. Distracted driving, fueled by mobile phone use, and driving under the influence of alcohol or drugs compound the danger. Add to this crumbling infrastructure, inadequate signage, and a culture that normalizes aggression behind the wheel, and the result is a perfect storm.

The consequences ripple far beyond the crash site. Hospitals strain under rising accident cases, families sink into debt, and

businesses lose hours in traffic jams caused by collisions. Insurance premiums climb, while taxpayers foot the bill for repairing damaged roads. Even the environment suffers, as congestion and accidents worsen emissions.

Solutions exist, but they demand urgency and discipline. Stricter enforcement of traffic laws, mandatory driver education, and investment in safer infrastructure are non-negotiable. Technology can help manage traffic flow, while communi-

ty-driven road safety campaigns can shift cultural attitudes. Public transport investment and carpooling initiatives would ease congestion and reduce reckless behavior born of frustration.

Kenya cannot afford to treat road safety as an afterthought. Every reckless habit costs lives—and every life lost costs the nation dearly.

By Collins Kibet, Koitalel University

SPORTS NEWS

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Sports >> *With just 22 days to go before the 2026 Women's Africa Cup of Nations, the Harambee Starlets have intensified their preparations, lining up two crucial international friendlies

Harambee Starlets Step Up WAFCON Preparations With West Africa Friendlies



Harambee Starlets in training. PHOTO/HARAMBEE STARLETS.

With just 22 days to go before the 2026 Women's Africa Cup of Nations, the Harambee Starlets have intensified their preparations, lining up two crucial international friendlies in West Africa before heading to Europe for a residential training camp.

The squad is set to depart on Saturday, February 28, for Abidjan, Ivory Coast, where they will play two friendly matches as part of their competitive tune-up.

Kenya will take on Benin on March 2 before facing hosts Ivory Coast two days later. Both

matches will be staged at the Stade Olympique Alassane Ouattara d'Ebimpé.

The fixtures are expected to provide the technical bench with a clear assessment of the team's tactical cohesion, match fitness, and overall readiness against competitive opposition.

Ivory Coast, ranked 72nd in the latest FIFA Women's World Rankings, will offer a stern test, while Benin, placed 139th, presents a different tactical challenge.

Kenya head into the matches ranked 133rd globally, mak-

ing the friendlies an important benchmark ahead of the continental showpiece.

Following the West African tour, the Starlets will proceed to Miramas, France, for a residential pre-tournament camp running until March 15.

The European camp is designed to sharpen match intensity, refine systems of play, and build team chemistry before the squad travels to Morocco for the tournament proper.

Kenya will kick off their Group A campaign against hosts Mo-

rocco on March 17, then face Senegal three days later before wrapping up the group stage against Algeria on March 23.

Kenya's return to the continental stage has been years in the making, and these final preparations will be crucial in ensuring the team arrives ready to compete against Africa's best.

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GET THE BEST OF WORLD

Sports >>> *Ahead of the new season, three local golf professionals have been boosted by the Kenya Vision 2030 and the Kenya Tourism Board in a bid to improve their performance

Indiza Among Three Golfers Boosted By Kenya Vision 2030 And Tourism Board



From L-R (Golf Park golfer David Wakhu, Dismas Indiza, Kenya Tourism Board CEO June Chemkemei, Kenya Vision 2030 Director General Kenneth Mwige and Sigona Golf Club's Mohit Mediratta) during the event

Ahead of the new season, three local golf professionals have been boosted by the Kenya Vision 2030 and the Kenya Tourism Board in a bid to improve their performance, gearing up for the 2027 Magical Kenya Open.

The trio is hard-hitting Mumias-based Dismas Indiza, Mohit Mediratta, and Golf Park golfer David Wakhu.

Sigona Golf Club's Mediratta welcomed the move, noting that financial constraints have played a big role in Kenyan local pros' dismal performance at the prestigious DP World Tour Magical Kenya.

"Over the past few years, sponsorship has been scarce and we as professional golfers have been playing golf under severe pressure due to the financial constraints that we have been going through, but via the program that Kenya vision 2030 has created, we are now

able to play golf with a lot of freedom and the financial burden has been taken off us," Mediratta said. He added, "We have 25 events coming up between now and the Kenya Open next year, and we look forward to working hand in hand with the Kenya Vision 2030 and Tourism Board to become better golfers, most importantly, to put Kenya on the global map, and create a spotlight for this beautiful country of ours."

Director General Kenya Vision 2030 Delivery Secretariat, Kenneth Mwige, challenged the local pros to focus on maximizing play on the 25 events, which hands them ample preparations ahead of the 2027 Magical Kenya Open.

"Kenya Vision 2030 and Kenya Tourism Board have been in the forefront promoting the brand called Kenya because we are aware we have two high-end events, the Magical Kenya Open

and WRC Safari Rally that put Kenya in front of a billion eyeballs every year," Mwige underscored. "In 2021, when we started this partnership, hardly any player have a sponsor, we sponsored 15 professionals across Africa to promote Pan-Africanism. This past tournament, we saw our players consistently playing under. We make a special request to our pros not to be seen on the normal tees where other golfers play, that should end," Mwige added.

The Director General called on the private sector to take the forefront in sponsoring Kenyan sportsmen and women.

"We are trying to see if we can monetize sports because it's one of the natural resources that we have. We want to first get the structures and foundation right to make sure corporates and the government are working together and for Kenya Vision 2030, by design,

it's 30 percent government and 70 percent private sector."

He went on, "What we have done in golf is a template in other sports; we want to see whether we can institutionalize corporate support for players because there is a lot of talent that is lost between primary and high schools."

For the Kenya Tourism Board CEO, June Chepkemei, she said, "Going into the future we have agreed to partner with Kenya Vision 2030 to support the three pros here who are among who did not get any sponsorship during the 2026 Magical Kenya Open, we have agreed we will provide them with logical support as they start the season in April, they will be carrying the Kenyan brand."

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Jacine Greenwood Redefining Beauty Through Science And Innovation



By: Anila Bukhari

@themkenyatimes

Worth Noting:

Renowned for challenging outdated aesthetics narratives, Jacine replaces myths with evidence-led, results-driven frameworks. Her work emphasizes barrier repair, inflammation, biofilms, regenerative pathways, and the crucial interplay between skin health and human behaviour. In doing so, she has redefined what it means to achieve lasting results in the beauty industry, moving conversations beyond trends to focus on science, efficacy, and integrity.

Jacine's unique ability to combine rigorous science with sharp commercial strategy and consumer psychology has allowed her to scale multimillion-dollar businesses. She translates complex biochemical and clinical concepts into accessible education that empowers professionals to rethink treatment approaches, elevate client outcomes, and grow their brands sustainably. This rare skill has earned her widespread respect and recognition across multiple continents.

Jacine Greenwood stands as one of the most influential figures in the global beauty and wellness industry. A cosmetic chemist, international skin health educator, and founder of multiple high-growth brands, Jacine has built an extraordinary career spanning Australia, the United States, Canada, New Zealand, and India. Her expertise in cosmetic chemistry, skin biology, and the microbiome has positioned her as a true pioneer, reshaping how professionals and consumers alike understand and approach skin health.

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A sought-after speaker and media commentator, Jacine regularly addresses industry audiences on the future of aesthetics, exposing the myths that hinder progress and revealing what truly drives long-term results and brand loyalty in a crowded marketplace. Her presentations are direct, unapologetic, and always grounded in real-world data, offering insights that few dare to share but everyone needs to hear.

At the heart of Jacine's work lies a commitment to transformation—not just for skin, but for the industry itself. Her pioneering approach sits at the intersection of science, strategy, and meaningful change, marking



Jacine Greenwood

her as a visionary leader whose influence will continue to shape the beauty world for years to come.