



Mau Mau veterans and associates announce 2026 AGM and elections
The Mau Mau War Veterans and Associates have announced plans to hold their Annual General Meeting, elections and discussions on compensation for veterans and their families during a week-long gathering scheduled for March 22-28, 2026 in Kakamega County. Page 12



Opposition leaders condemn alleged takeover of Raphael Tuju's property
Principals of the United Alternative Government have strongly condemned what they described as the unlawful invasion and attempted takeover of property belonging to former Cabinet minister Raphael Tuju. Page 16

THANK YOU FOR ADVERTISING WITH US
For any news you would wish us to publish,
email us: news@mountkenyatimes.co.ke
For Adverts & Sponsorship
email us: ads@mountkenyatimes.co.ke

Monday, March 16, 2026 No. 01505 KSh 60 (TSh 1,700 : USh 2,700 : RFr 900)



themtkenyatimes

Voice of the People



www.mountkenyatimes.co.ke

The Mt. Kenya Times

Daily ePAPER

Grabbing "The land was meant for the people of Murang'a, and it should be allocated transparently and in accordance with the law," Mr Muturi said.

Muturi's claim on Delmonte Land Allocation



Murang'a governor Irungu Kang'ata who should be protecting land which is under county government

4,000

Number of local residents losing land to grabbers



DP party leader Justin Muturi

Mr Muturi, who served as Speaker of the National Assembly of Kenya, said Parliament had adopted a resolution during his tenure directing that the land be allocated to nearly 4,000 local residents.

He expressed concern that a significant portion of the land earmarked for the beneficiaries had allegedly been transferred irregularly.

Page 8

NEXT GENERATION CLASSIFY
"ONE-STOP NATIONAL BUSINESS DIRECTORY"



Contact Us:

+254 720 918 828 / +254 713 318 438
+254 706 237 040 / +254 724 613 401

business@exponentialinternational.com

SCAN TO REGISTER

"ALL BUSINESSES
ONE PLATFORM"

President Ruto applauds private sector support for WRC Safari Rally, promises road upgrades

BY MKT REPORTER

@themtkenyetimes

Some Of The Moments As Captured In Pictures

President William Ruto has praised the private sector for taking full responsibility for hosting, managing, promoting, and funding the upcoming World Rally Championship (WRC) Safari Rally, ensuring that the 2027 event will be entirely privately financed.

He noted that this arrangement will allow the government to redirect resources toward broader sports development initiatives.

Speaking at the WRC Safari Rally held at Hell's Gate National Park section of the Rironi-Mau Summit road, significantly improving traffic flow.

The President also congratulated the winners of the event, Takamoto Katsuta and Aaron Johnston of Toyota Gazoo Racing, as well as all participants and sponsors, for contributing to a successful rally.

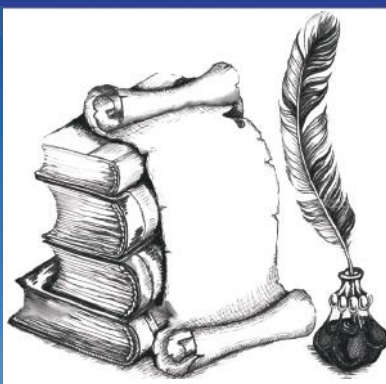
President Ruto emphasized that the collaboration between the private sector and government demonstrates a shared commitment to promoting Kenya as a world-class sporting destination while simultaneously advancing infrastructure and sports development across the country.

The Safari Rally continues to attract global attention, showcasing Kenya's natural landscapes and capacity to host international sporting events.



Editor's Desk

The Mt. Kenya Times



The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

Group Executive Chairman

M. Danson

LinkedIn: <https://www.linkedin.com/in/dan-mwangi-1b47446b/>

Our Contacts

P. O. Box 101 675 - 00101 Nairobi, Cell: 0700 161 866, 0705 215 262

Editorial Desk: editorial@mtkenyetimes.co.ke, **Adverts:** ads@mtkenyetimes.co.ke,

News Desk: news@mtkenyetimes.co.ke, **Web:** www.mtkenyetimes.co.ke

Facebook: Mt. Kenya Times, **Instagram:** Mt. Kenya Times, **Twitter:** @themtkenyetimes

LinkedIn: <https://www.linkedin.com/in/mt-kenya-times-a07999115/>



NEXT GENERATION CLASSIFY

"ONE-STOP NATIONAL BUSINESS DIRECTORY"



"ALL BUSINESSES
ONE PLATFORM"



SCAN TO REGISTER

FREE
REGISTRATION



Contact Us:

+254 720 918 828 / +254 713 318 438



+254 706 237 040 / +254 721 274 369

+254 724 613 401 / +254 100 423 971

+254 724 613 401



business@exponentialinternational.com



www.businessavaibale.com

NEWS IN BRIEF



Education Cabinet Secretary Julius Migos Ogamba reaffirmed the national government's commitment to plant over 15 billion trees by 2032 to restore degraded ecosystems and combat climate change. Speaking during a tree-planting drive at Kitale Forest in Trans Nzoia County, where 2,900 indigenous trees were planted, he said the county has already planted about 20 million trees since the initiative began. He praised public participation but noted progress remains behind schedule and called for stronger multi-sector collaboration. Ogamba also warned against illegal forest land allocations, saying allotment letters for forest land will be cancelled and those responsible prosecuted to safeguard gazetted forests and environmental sustainability. Officials also cited tree-seedling shortages as a challenge.



At least 30 fish traders from markets across Vihiga County have received equipment to strengthen their businesses and promote aquaculture value addition. Each trader was issued items including a jiko, display box, cool box, frying spoon, umbrella, cap, apron and frying pan to improve operations and maintain fish quality. The traders were also trained on proper fish handling and storage to ensure food safety. The support was provided through the NORAD and Aquaculture Business Development Programme (ABDP), which has been assisting fish farmers with training, fingerlings and feeds to boost production, improve market access and enhance food security.



In Turkana County, Kenya, communities are embracing entrepreneurship through the Uwezo Fund, which provides interest-free loans and financial literacy training to women, youth, and persons with disabilities. To date, Sh113 million has reached 1,299 groups across the county's six constituencies, with sectors including retail trade, fisheries, agribusiness, crafts, and transport benefiting. Successful examples include the Lodwar Fish Mongers Group and Beatrice Akiru Nabwin's basket-weaving group, which have created jobs, generated income, and strengthened financial inclusion through table banking and welfare funds. Continued support and stakeholder engagement are enabling grassroots communities to expand businesses, improve livelihoods, and foster sustainable economic empowerment.

business, crafts, and transport benefiting. Successful examples include the Lodwar Fish Mongers Group and Beatrice Akiru Nabwin's basket-weaving group, which have created jobs, generated income, and strengthened financial inclusion through table banking and welfare funds. Continued support and stakeholder engagement are enabling grassroots communities to expand businesses, improve livelihoods, and foster sustainable economic empowerment.



Supreme Court Judge Justice Isaac Lenaola receives a gift from Zetech University Deputy Vice Chancellor Prof. Alice Njuguna during the launch of the law school and Bachelor of Laws programme at Zetech University in Mang'u. He challenged law students and legal scholars to begin reflecting on how courts will handle disputes arising from emerging technologies, saying the next generation of lawyers must be equipped to navigate complex legal questions resulting from technological advancement. "The legal training has remained somewhat static. What was taught years ago is still being taught today. With the competency-based curriculum (CBC) and emerging technologies, universities and the Kenya School of Law must be prepared to meet these new demands," Lenaola said.



Moses Wetang'ula has urged political leaders to practice tolerance and responsible campaigning ahead of the 2027 General Election, warning that divisive rhetoric could trigger ethnic, religious, or political tensions. Speaking during a fundraiser at Kanyadhiang SDA Church, the National Assembly of Kenya Speaker called on politicians to focus on issue-based politics instead of inflammatory statements that could polarize communities. He emphasized that political competition should not divide Kenyans and cited his cordial relationship with the late Raila Odinga despite past political differences. Peter Kaluma and Adipo Okuome echoed the call while urging residents to support William Ruto, citing ongoing development projects in the region.



Over 100 youths in Nakuru County are receiving training in AI-enhanced Digital Marketing through a program by Generation Kenya in partnership with the County Government. The initiative, hosted at Shabab Digital Hub, equips participants with computer literacy, online entrepreneurship, financial literacy, and digital marketing skills to improve employability and create income opportunities. CECM Ms. Zipporah Wambui and ICT Director Leonard Kirui emphasized responsible use of digital skills, bridging the digital divide, and empowering youth and women. The program complements accessible vocational training, upcoming ICT-enabled markets, and aims to foster sustainable economic growth and personal development.

The Africa Largest eCOMMERCE



[www. gotyou.co.ke](http://www.gotyou.co.ke)

**NOW
OPEN**

Call/Text/WhatsApp: +254 714 090 155

COTU-K Atwoli, a veteran trade unionist who has led the influential workers' umbrella body for over 20 years, retained his position

Atwoli re-elected COTU-K Secretary-General

Public Service Principal Secretary Jane Imbunya praised the partnership between COTU-K and the government

BY WMW

@themkenyatimes

Francis Atwoli has been re-elected unopposed as Secretary-General of the Central Organisation of Trade Unions-Kenya (COTU-K), during the federation's 15th Quinquennial Governing Council Delegates Conference held at the Tom Mboya Labour College on Saturday. Atwoli, a veteran trade unionist who has led the influential workers' umbrella body for over 20 years, retained his position without contest, reflecting delegates' renewed confidence in his leadership.

In his address, he urged Kenyan workers to support President William Ruto's development agenda, citing government initiatives that directly benefit employees, including the Affordable Housing Programme, infrastructure projects such as the Rironi-Mau Summit road, and plans to extend the Standard Gauge Railway (SGR) from Naivasha to Kisumu.

"Atwoli emphasized that trade unions will support the government when it delivers for workers but will not hesitate to critique it when their rights or interests are compromised," he stated. Highlighting housing access, he said labour leaders engaged the President to ensure flexible payment arrangements, allowing more workers to



Francis Atwoli

own decent homes.

He also lauded the ongoing Rironi-Mau Summit road project, noting that it will open up the western region economically and enhance road safety. The proposed SGR extension was also welcomed for its potential to reduce reliance on road transport and stimulate regional economic growth.

Public Service Principal Secretary Jane Imbunya praised the partnership between COTU-K and the government, noting that it had delivered tangible benefits for workers, including salary increments for public officers within less than 10 months.

She reaffirmed the government's commitment to

collaborating with unions to advance labour rights and improve working conditions. National Assembly Labour Committee Chairperson Ken Chonga congratulated Atwoli on his re-election and called on COTU-K to strengthen protection for Kenyan workers, particularly those employed abroad. He highlighted the significant contribution of remittances from Kenyan youth working overseas but expressed concern over exploitation and abuse, calling for stronger oversight and better regulation of labour migration.

Chonga also encouraged unions to work with the government to improve labour policies while safeguarding

constitutional rights, including the right to strike, stressing the need for mechanisms to resolve disputes before they escalate into prolonged industrial action.

The conference brought together union officials, government representatives, and labour stakeholders from across the continent to review progress in the workers' movement and chart a roadmap for the future of labour relations in Kenya. Atwoli's re-election signals continuity in COTU-K leadership and a renewed focus on aligning trade union advocacy with national development priorities.

Flood death toll rises to 66 as rescue efforts intensify across Kenya



BY MKT REPORTER

@themkenyatimes

The National Police Service has intensified search and rescue operations across the country following torrential rains that have triggered devastating floods in several regions.

In a statement released yesterday by police spokesperson Muchiri Nyaga, authorities confirmed that the death toll from the floods has risen to 66, with dozens of families displaced and widespread damage reported.

According to the update, the fatalities include 50 men, eight women and eight children. The Nairobi region has recorded the highest number of deaths at 33, highlighting the severe impact of flooding in the capital.

The Eastern Region follows with 18 fatalities, while the Rift Valley has reported eight deaths. Other affected areas include Nyanza with four fatalities, the Coast Region with two, and the Central Region with one death.

Authorities say more than 2,000 families have been displaced from their homes as rising waters sweep through settlements, damaging infrastructure and destroying property in several counties.

The police said the rescue efforts are being carried out within a multi-agency framework, involving various government departments and emergency response teams working around the clock to locate survivors and assist affected communities.

The public has been urged to

66 Flood Deaths

remain vigilant as heavy rains continue in parts of the country. Authorities advised residents to follow safety alerts issued by the Kenya Meteorological Department and other government agencies.

The National Police Service also encouraged citizens to report emergencies through the toll-free numbers 999, 911 and 112, or via the Fichua kwa DCI hotline.

Officials say rescue teams remain deployed in affected areas and are prepared to respond to any further distress situations as the country grapples with the ongoing rains.

The MT. KENYA TIMES

Where Investors Get Returns

To advertise in Mt. Kenya Times read by discerning Kenyan professionals and the business community contact our exclusive **UK & Europe Advertising and Marketing representatives.**



ADLINK INTERNATIONAL (1989) MEDIA GROUP
16 Upper Woburn Place, London WC1H 0AF
Phone: 0330 606 1438 (44 330 606 1438)
Email: media@adlinkinternational.com
www.adlinkinternational.com
Contact: Mr Shamlal Puri

INSIDE TAX



Income and Expenses Validation Notice



Contact Centre:

Call us on: +254 20 4 999 999, +254 711 099 999 or Email us: callcentre@kra.go.ke

NEWS PAPER

IN BUSINESS



The Mount Kenya Times

+254 724 439 949, +254 720 918 828, +254 721 103 040, +254 713 318 438

website: <https://mountkenyentimes.co.ke>

IEBC

IEBC sets May 14 by-election for Emurua Dikirr



IEBC Chairman Erastus Etheke

BY MKT REPORTER

@themtkenyaintimes

The Independent Electoral and Boundaries Commission (IEBC) has announced that by-elections will be held on Thursday, May 14, 2026, to fill vacant elective positions in three areas across the country.

In a notice issued Sunday, the commission confirmed that voters in Emurua Dikirr Constituency, Narok County, will elect a new Member of Parliament following the death of Johanna Ngeno, who perished in a helicopter crash in Mosop on February 28.

On the same day, two ward-level by-elections will also take place: Porro Ward in Samburu County and Endo Ward in Elgeyo-Marakwet County.

IEBC stated that the polls will be conducted in line with the Constitution and electoral laws governing the filling of vacant seats. A detailed election timetable will be released, covering candidate nominations, campaign periods, and voter preparedness.

The commission has requested Sh59.38 million to conduct the Emurua Dikirr by-election, noting that rising costs of mid-term polls continue to strain its budget. Doc-

uments submitted to Parliament's Justice and Legal Affairs Committee show the funds were not included in the Supplementary I estimates, forcing IEBC to seek additional allocations.

Under Article 103 of the Constitution, a vacancy is triggered by death, resignation, or disqualification. Once declared, the Speaker has 21 days to issue a writ to IEBC, which must then hold the election

14 May 2026 Election Day for Emurua Dikirr Constituency

within 90 days.

IEBC revealed it has already spent or sought approval for Sh392.06 million to fund recent by-elections, including those held in November and February. The May 14 polls will add to this growing expenditure as the commission prepares to mobilize resources and logistics for the exercise.



DP party leader Justin Muturi

Muturi alleges land grab in Del Monte land in Murang'a

Mr Muturi, who served as Speaker of the National Assembly of Kenya, said Parliament had adopted a resolution during his tenure directing that the land be allocated to nearly 4,000 local residents.

BY MKT Correspondent

@themtkenyaintimes

Democratic Party of Kenya (DP) party leader Justin Muturi has alleged that part of the land previously surrendered by Del Monte Kenya in Murang'a County for settlement of local residents has been irregularly allocated to private investors.

Speaking during a meeting in Gaitanga constituency, Murang'a attended by leaders allied to the United Alternative Government, Mr Muturi claimed that land meant for

thousands of residents had been diverted, leaving many beneficiaries without the promised allocation.

Mr Muturi, who served as Speaker of the National Assembly of Kenya, said Parliament had adopted a resolution during his tenure directing that the land be allocated to nearly 4,000 local residents.

He expressed concern that a significant portion of the land earmarked for the beneficiaries had allegedly been transferred irregularly.

"The land was meant for the people of Murang'a, and it should be

allocated transparently and in accordance with the law," Mr Muturi said.

He further alleged that individuals linked to the current administration had played a role in the disputed allocations, to the detriment of the local community.

Mr Muturi said that if the opposition alliance forms the next government, it will implement the parliamentary resolution and the recommendations of the National Land Commission regarding the land.

"We will ensure justice is served to the people of Murang'a and that land meant for local residents is restored and allocated transparently," he said.

The meeting was attended by several principals of the United Alternative Government, including Rigathi Gachagua, Kalonzo Musyoka and Eugene Wamalwa.

The leaders said they were committed to protecting public land and ensuring fair distribution of resources to local communities.

"The land was meant for the people of Murang'a, and it should be allocated transparently and in accordance with the law," Mr Muturi said.

Ndakaini Source Trek

FROM SOURCE TO TAP



WALK THE JOURNEY!
150 KM

16TH - 20TH MARCH

FLAG-OFF: MURANG'A GOVERNOR'S OFFICE

TIME: 8:00 AM SHARP

Politics

UK and US IT experts help restore Linda Mwananchi website, Sifuna Says

BY MKT REPORTER

@themtkenyatimes

Orange Democratic Movement (ODM) Secretary General Edwin Sifuna has announced that the Linda Mwananchi registration website—recently taken offline—will be restored today after international IT experts resolved the technical issues behind the disruption.

Sifuna alleged that the site was deliberately taken down by state forces but assured

Kenyans that volunteer specialists from the UK and the US had stepped in to secure and reopen it. “Our website was pulled down by Kasongo (President William Ruto), but we will open it today,” he said.

According to Sifuna, the IT experts from London and Washington have promised to seal all loopholes exploited to crash the system, ensuring smooth access for users once the site is back online. The platform is a key registration hub for the Linda Mwananchi

movement, and Sifuna urged Kenyans to prepare to sign up.

The website was temporarily taken offline after thousands of Kenyans rushed to register, overwhelming the system amid a wave of malicious cyberattacks. Sifuna disclosed that the team had been surprised by the massive response following the launch on Friday. “What a start! Thousands signed up within hours. That’s the energy we need,” he said, adding that the site also received hundreds of suggestions for improvement.



ODM Secretary General Edwin Sifuna

The ODM Secretary General explained that the temporary shutdown was necessary to fix vulnerabilities and incorporate feedback. “We ask for your patience kidogo tu. Have a good weekend,” he noted.

Launched on March 13, the website attracted more than 5,500 sign ups within hours. Supporters are required to confirm voter registration and pay a Ksh10 fee to verify authenticity. The platform

also enables members to volunteer, donate, and track upcoming events, with the next major gathering scheduled for March 22 in Mombasa County.




Where Moments Become Memories

Use Promo Code **TOURISM26**

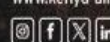
Sales valid until 15th March 2026
Travel valid until 30th June 2026



ENJOY
6% OFF
 DOMESTIC ROUTES

Book on: www.kenya-airways.com,
or via KQ Mobile App

www.kenya-airways.com






Carpet Carwash & Uphostery Cleaning

Expertly Crafted Cleanliness





OUR SERVICES

- ✓ Carpet Cleaning
- ✓ Sofa Cleaning
- ✓ Mattress Cleaning
- ✓ Cabro Cleaning
- ✓ Post-Construction Cleaning
- ✓ Car Interior Cleaning
- ✓ Fumigation

**FREE
PICK-UP &
DELIVERY**

OPENING HOURS
8AM - 7PM

Free Quotation


@pdaviescleaning

0716 986 935 / 0719 678 943

Mitumba Across universities in Kenya, selling mitumba imported second-hand clothing has quietly become one of the most common side hustles

From lecture halls to mitumba racks: the quiet hustle helping campus Students survive

As the cost of living rises and financial support becomes increasingly uncertain, many Kenyan university students are turning to the thriving second-hand clothing trade to sustain themselves while pursuing their education.

BY Victoria Juma

@themkenyatimes

At dawn in Nairobi's bustling Gikomba Market, sellers navigate the narrow pathways stacked with tightly wrapped bales of second-hand clothes. The air fills with the sounds of bargaining, rustling fabrics and the occasional cheer when someone discovers a fashionable gem hidden among the piles.

Among the seasoned traders are an unexpected group of entrepreneurs and university students. In a few hours, many of them will be seated in lecture halls attending classes. But before lectures begin, they are already working, selecting jackets, jeans and shirts they hope to resell later in the day to fellow students on campus.

Across universities in Kenya, selling mitumba imported second-hand clothing has quietly become one of the most common side hustles among students trying to keep up with the rising cost of living.

Turning Necessity into Opportunity

University life often comes with financial pressure. Rent, food, transport and learning materials can quickly stretch student budgets beyond their limits.

Even for students who receive financial support from parents or government loans, delays or limited funding often leave them searching for additional sources of income.

According to research by the global survey firm GeoPoll, about 71% of Kenyan youth engage in side hustles to supplement their income, highlighting a growing culture of entrepreneurship among young people aged between 18 and 35.

Within universities, this trend has become increasingly visible. Students are running small businesses ranging from photography and baking to online freelancing. Yet mitumba trading stands out because of its accessibility.

With just a few thousand shillings, a student can buy a small batch of clothes and sell them at a profit. For many young traders, identifying fashionable pieces such as oversized jackets, vintage denim and branded sportswear has become part of the business.

"Students want to look stylish but most cannot afford clothes from high-end fashion stores," says Brian Mwangi, a third-year university student who sells thrifted jackets and hoodies on campus. "Mitumba allows them to dress stylishly without spending too much."

For Faith Mutua, a second-year communication student, selling mitumba began as a simple way to solve a pressing problem that is rent. "I realised the money I was getting from home could not cover all the expenses," Mutua says. "After paying rent and buying food, there was almost nothing left." Mutua started small, buying a few trendy ladies tops and dresses from the Chuka local market using Sh2,000 she had saved. She washed and ironed them before posting photos on her WhatsApp status. Within a few days, most of the clothes were sold.



Selling mitumba across universities in Kenya

Global conversations about sustainable fashion have also contributed to the popularity of thrift clothing, making second-hand outfits not only affordable but also socially acceptable among young consumers.

A Student's Hustle Story

For Faith Mutua, a second-year communication student, selling mitumba began as a simple way to solve a pressing problem that is rent. "I realised the money I was getting from home could not cover all the expenses," Mutua says. "After paying rent and buying food, there was almost nothing left."

Mutua started small, buying a few trendy ladies tops and dresses from the Chuka local market using Sh2,000 she had saved. She washed and ironed them before posting photos on her WhatsApp status. Within a few days, most of the clothes were sold.

Encouraged by the demand, she later began sourcing more fashionable pieces from Nairobi's Gikomba Market, one of the country's largest hubs for second-hand clothing.

Today, she sells jackets, vintage jeans and hoodies to fellow students, sometimes making enough profit to cover all her expenses.

"Balancing business and school is not always easy," she says. "But the hustle helps

me avoid constantly asking my parents for money."

Beyond the financial benefits, Mutua says the experience has also taught her practical skills such as budgeting, marketing and customer relations, lessons she believes will remain valuable long after graduation.

Balancing Books and Business

Despite its advantages, running a small business while pursuing a university degree is challenging. Student traders often divide their time between attending lectures, sourcing new stock and marketing their products.

A typical day might involve morning classes, afternoon trips to markets and evening hours spent advertising clothes online or delivering orders around campus. The balancing act becomes even more challenging during exam periods when academic responsibilities increase. Yet many students say the hustle is worth the effort.

Apart from generating income, running a small business equips them with practical skills such as negotiation, budgeting and time management.

"These are things you don't learn in class," says Mwangi. "But they help you understand how business really works."

The popularity of mitum-

ba trading among students also reflects the broader importance of the second-hand clothing industry in Kenya. According to research by the Institute of Economic Affairs, the sector supports more than two million livelihoods in the country, making it one of the largest sources of employment in the informal economy.

At the same time, youth unemployment remains a major challenge. Data from the Kenya National Bureau of Statistics shows that young people aged between 18 and 34 make up a significant share of the country's unemployed population, pushing many to explore entrepreneurial paths.

As evening settles over university campuses, a few students remain outside hostels arranging thrifted jackets and dresses neatly on small racks, hoping to make one more sale before the day ends. Their stalls may be modest, but the determination behind them is unmistakable.

Moving between lecture halls during the day and mitumba racks in the evening, these students represent a generation navigating economic uncertainty with creativity and resilience proving that sometimes the path to opportunity begins with something as simple as a second-hand shirt.

Mau Mau In a public notice issued by MMV Associates CLG, the organization said the meeting will take place at the Kakamega Golf Club

Mau Mau veterans and associates announce 2026 AGM and elections

BY MKT REPORTER

@themtkenyentimes

The Mau Mau War Veterans and Associates have announced plans to hold their Annual General Meeting, elections and discussions on compensation for veterans and their families during a week-long gathering scheduled for March 22–28, 2026 in Kakamega County.

In a public notice issued by MMV Associates CLG, the

organization said the meeting will take place at the Kakamega Golf Club, where members, stakeholders and observers are expected to convene to deliberate on key issues affecting Mau Mau veterans and their descendants.

The notice referenced Executive Order No. 1 of 2023, as well as the Public Benefit Organizations Act No. 18 of 2013 and the National Administration Villages Policy, which guide the governance framework for public bene-

fit organizations in Kenya. It also cited historical administrative links involving the Kenya National Archives and Documentation Service, the National Museums of Kenya and the NGO Coordination Board, which are associated with the documentation and coordination of the Mau Mau veterans' movement.

The Mau Mau movement, which emerged as a resistance against colonial rule in the 1950s, remains a defining chapter in Kenya's inde-



MMV Associates CLG Director James Njuguna Mahuria addressing members in the past | Photo: Courtesy.

A week-long gathering is scheduled for March 22–28, 2026



pendence struggle. In recent decades, veterans and their families have continued to organize through formal associations aimed at preserving the history of the liberation struggle while advocating for recognition, welfare support and compensation.

According to the notice, the contemporary structure of the Mau Mau veterans' organization was formally inaugurated on December 30, 2003 by former President Mwai Kibaki, marking a significant moment in the official recognition of Mau Mau fighters after years of marginalization following independence.

The statement further indicated that following the general election and swearing-in of Kenya's leadership on September 13, 2022, President William Samoei Ruto automatically assumed the position of Patron No. 1 of the Mau Mau Veterans and Associates. Deputy President Rigathi Gachagua serves as Patron No. 2, while Prime Cabinet Secretary Musalia Mudavadi and Interior Cabinet Secretary Kithure Kindiki serve as Patrons No. 3 and No. 4 respectively within the association's leadership structure.

Organizers said the upcoming gathering will focus on member registration, internal elections and discussions on compensation for veterans and their families, issues that have remained central to the movement's agenda for many years. The meeting is expect-

ed to attract representatives and coordinators from several counties including Bungoma, Kakamega, Vihiga, Kisumu, Siaya, Homa Bay, Migori, Nyandarua and Nairobi, where the association has established networks of veterans and descendants of freedom fighters.

International observers, members of the media, public benefit organizations and regulatory authorities have been invited to attend the event, which organizers say will promote transparency during the elections and deliberations.

James Mahuria Njuguna, Director of MMV Associates CLG, said the meeting will provide a platform for veterans and their associates to deliberate on matters affecting their welfare while strengthening efforts to preserve the historical legacy of the Mau Mau struggle.

More than six decades after the Mau Mau uprising played a decisive role in Kenya's path to independence, veterans and their families continue to push for recognition, justice and the preservation of their history. The Kakamega meeting is expected to bring together veterans, descendants of freedom fighters, historians and policymakers in a renewed effort to safeguard the legacy of one of the country's most significant liberation movements.



Let's PLAN YOUR SAFARI!



For Best Rates, Reservations & Inquiries

0202020220 | 0704562970 | info@bundiezsafaris.co.ke

www.bundiezsafaris.co.ke | Emperor Plaza 5th Flr, Kenyatta Avenue

T & C Apply

Politics Mr Ruku said he was surprised that the former Deputy President recently visited Meru urging residents to vote out the government of President William Ruto.

Ruku accuses Gachagua of failing to deliver as Deputy President

BY Dennis Dibondo
@themtkenyentimes

Public Service Cabinet Secretary Geoffrey Ruku has criticised former Deputy President Rigathi Gachagua, accusing him of failing to deliver meaningful development during his two years in office.

Speaking during a thanksgiving service at the East African Pentecostal Church in Igoji, South Imenti Constituency, Meru County, the Cabinet Secretary said Mr Gachagua lacked a clear vision for the country and focused instead on tribal politics.

Mr Ruku said he was surprised that the former Deputy President recently visited Meru urging residents to vote out the government of President William Ruto.

He also criticised former Agricul-

ture Cabinet Secretary Mithika Linturi, who accompanied Mr Gachagua during the visit, claiming both leaders failed in their previous government roles.

“They are calling themselves a united alternative government, yet they failed Kenyans when they served in government,” Mr Ruku said.

The Cabinet Secretary dismissed Mr Linturi’s reported political ambitions in Meru, saying residents would not support leaders who had previously failed in their responsibilities.

Mr Ruku further argued that recent by-election results, including in Mbeere North Constituency, showed that Mr Gachagua had little political influence in the Mount Kenya Region.

“If you are a party leader but cannot even secure a single MCA seat in your region, what kind of leader are you?” he posed.

He also accused the former Depu-

ty President of attempting to divide communities in the region.

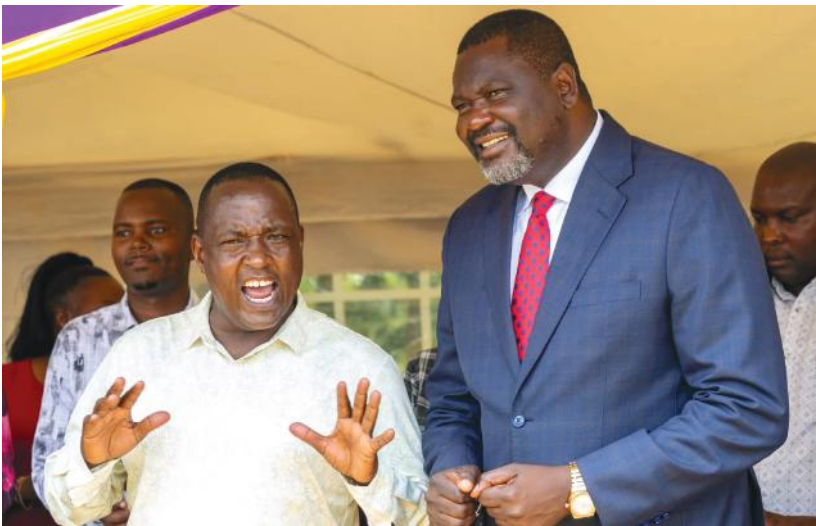
“If he failed to deliver while serving as the President’s assistant, he should not lecture Kenyans about the government’s performance,” Mr Ruku said.

The Cabinet Secretary defended the administration of President William Ruto, saying the government is working to deliver development projects across the country.

He also defended Deputy President Kithure Kindiki against criticism from opposition leaders, urging respect for the country’s second-in-command.

“Those who do not respect Kindiki are enemies of the Meru people, and residents should reject such leaders,” Mr Ruku said.

Central Imenti MP Moses Kirima also defended President Ruto, saying the appointment of Prof Kindiki as Deputy President demonstrated the

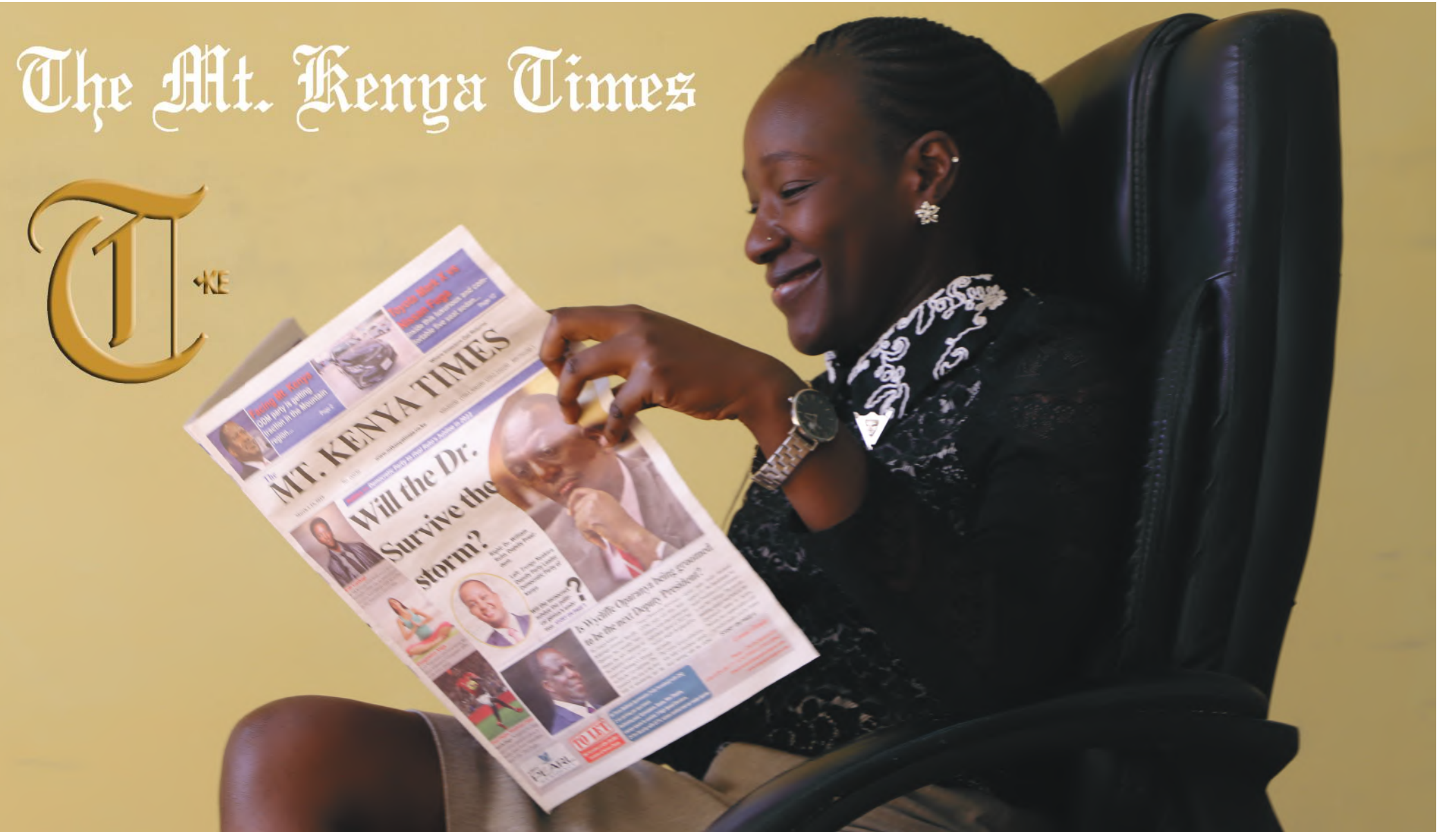


Public Service Cabinet Secretary Geoffrey Ruku (R)

government’s goodwill towards the Meru community.

“If you reject President Ruto, you are also rejecting Kindiki,” Mr Kirima said.

Mr Ruku was accompanied by Mr Kirima and several Members of the Meru County Assembly during the church event.



Shadows



Once Anahita poured her healing waters
over Iran’s green heart, lotus-crowned and free,
while Simurgh soared on Alborz peaks,
scattering seeds of life from fiery wings.

Now foreign thunder mimics her flight
steel birds drop salt and fire, not rebirth.
Gaza lies raped to barren dust:
olive trees charred stumps,
children’s bones under rubble heaps,
innocents slaughtered where ancient promise

bloomed.

Iran-Zamin’s freedom flickers low,
not from within, but drowned in war’s echo,
Zahhak’s serpent shadow reborn in borrowed
blades,
chaining voices, poisoning streams.

The land cracks wide Euphrates to Gaza’s shore
no flower defies the stone, only graves in sand.

Yet Kaveh’s apron-flag stirs in the ash,
unbowed, whispering:
Simurgh will plunge into flame again,
rise renewed, wings wide,
to heal the scars and scatter seeds once more
until both lands bloom unbroken, free.

Qasim Ali Kharal

Always be grateful to the person who raised you



Being grateful to someones
Who raised us on any occasion
Is not just a state of action
Veritably an initiative of genuineness.

Whatsoever the scene be
Even a mini or a major phenomena
The sense of relief from the enigma
Pull through from the miserable

Always bear in mind to report
The sign of gratitude in any form
That makes us free from storm
And helps to build a strong rapport.

Mrs. Maragatham Mohan
B.T. Assistant
Sri Saraswathi Patasala Aided GHSS,
Kumbakonam

When a girl and a boy smiles and chats...



It seems to be exchanging their ideas
Someone may think they are in gossip.

It depends upon the individual’s perception
If they are in red glasses, everything will be in red.

They clarify their doubts and get an idea
Someone may think they are in an affair.

It’s not an easy job or not your duty
to explain your chat to everyone.

It’s not everyone’s duty to analyse others chats
Focus on your work and stay in your huts.

It’s quite a natural phenomenon
To Chat with each other while smiling.

The chat depends on end to end encrypted
It’s not to find an easy job to find others’chats.

Rajesh Kanna B N

RAJESH KANNA.B N
M.Sc.,M.A.,M.A., B.Ed., PGD G&C, CELT.,
BT Asst
GMHSCHOOL,
TIRUR.
TIRUVALLUR DISTRICT.
Tamil Nadu. India
Creative Writers.



Life without trouble is easy.
As we are in cosy.

Reach in time avoid mistakes.
We know time is precious.
Thinking that there is lot of time.
It leads to procrastination.
Tomorrow becomes next week.
Thinking still a lot of time.
Time suddenly feels short.
Being confident we are smart.
It’s a false comfort.
Confident without action becomes complacency.
Life is our journey to reach the goal.
Every steps to be moved in time.

N. SELVARANI
B. T. ASST.
GHS-SAKKARAKKOTTAI.
RAMANATHAPURAM.
TAMIL NADU.
INDIA

My radiant world, my shining land



My radiant world, my shining land,
The place where I was raised to stand.
The only home that’s dear to me,
My mighty land, Uzbekistan free.

The clear blue sky within my heart,
My shield as strong as mountains’ part.
A blooming garden, pure and bright,
My Uzbekistan, my guiding light.
The homeland of my ancestors true,
Its sacred soil I deeply view.
My pride, my joy, my soul, my flame,
My cherished land—Uzbekistan by name.

Moldiyeva Zamira Bahodirovna — a student
of the Uzbekistan State World Languages
University.
UZBEKISTAN



Grateful to all who crossed my way,
Who came for a while, then slipped away.
Some brought smiles, some brought tears,
Each one shaped my passing years.

Some taught love, some taught pain,
Some were sunshine, some were rain.
Even the hurt helped me see,
The strength growing inside of me.

To those whostayed and those who left-
Every lesson was a gift
This year taught me,
loud and clear
I’m thankful to all who crossed me this year

S.P. Ambuja
VII - D
John Dewey Matric Higher secondary school
panruti cuddalore district

Floods Ruto revealed that he had already directed the activation of a multi-agency emergency response to coordinate rescue and relief operations in affected areas

Ruto assures Kenyans of government response as heavy rains trigger flood crisis

“My thoughts are with the families and communities that have already been affected during this difficult period,” the President said, adding that the government remains fully committed to mitigating the impact of the floods.

BY MKT Correspondent
@themkenyaintimes

President William Ruto has assured Kenyans that the government has mobilised all necessary resources to respond to the ongoing floods caused by heavy rains affecting several parts of the country.

In statement he issued yesterday, the President expressed sympathy to families and communities already affected by the severe weather, noting that the persistent rainfall continues to threaten lives,

homes, and livelihoods in many regions.

“My thoughts are with the families and communities that have already been affected during this difficult period,” the President said, adding that the government remains fully committed to mitigating the impact of the floods.

Ruto revealed that he had already directed the activation of a multi-agency emergency response to coordinate rescue and relief operations in affected areas, particularly in the capital, Nairobi, and other flood-prone regions across the country.

The response team brings

together emergency services, security agencies, humanitarian organisations and technical departments to manage the situation and ensure timely assistance to affected residents.

According to the President, relevant agencies are currently engaged in rescue and evacuation operations in areas where floodwaters have displaced families. Authorities are also clearing blocked drainage systems, reopening impassable roads and restoring access routes that have been cut off by the heavy rains.

The National Government

is also working closely with county governments to ensure coordinated action on the ground. Emergency food supplies, medical aid and temporary shelter support are already being delivered to families displaced by the floods.

The situation has raised concerns in several low-lying neighbourhoods and informal settlements in Nairobi, where poor drainage and overflowing rivers have in previous years led to devastating flooding during intense rainy seasons.

The President urged the public to remain vigilant and strictly follow safety advisories issued by authorities, particularly those from the Kenya Meteorological Department and the police.

“These advisories are issued for your safety, and adherence



Flood crisis

to them will help us protect lives during this challenging period,” he said.

Kenya has experienced recurrent flooding during periods of heavy rainfall, especially during the long-rains season between March and May. In past years, flash floods have swept through homes, displaced thousands of families and disrupted transport networks in several counties.

Urban flooding in the capital has often been worsened by clogged drainage systems, unplanned settlements along riverbanks and encroachment on riparian land. Government agencies and county authorities have in recent years intensified efforts to improve

drainage infrastructure and relocate families living in high-risk areas.

Meteorologists have warned that the current rains could intensify in the coming days, raising the possibility of further flooding in vulnerable areas.

Despite the challenges, President Ruto said the government will continue taking every necessary step to safeguard lives and support affected communities.

“The government will continue to take every necessary step to safeguard lives, support affected communities, and ensure that no Kenyan faces this challenge alone,” he said.



Arichum Consulting
Accelerating Your Business Success

UNDERSTANDING YOUR BUSINESS TAXES 2026

Compliance is Cheaper Than Penalties – Join Us.

Saturday, 28 March 2026
09:00am - 1:00pm
ONLINE VIA ZOOM

What You'll Learn:

- ✓ Understanding the Taxes That Affect Your Business
- ✓ 2026 Tax Updates & Regulatory Changes You Must Know
- ✓ Common Tax Compliance Risks Facing Businesses Today
- ✓ How to remain tax compliant in your Businesses

Who Should Attend:

- ✓ Business Owners
- ✓ Company Directors
- ✓ Business Managers
- ✓ Accountants & Bookkeepers

Book Your Seat. Protect Your Business.

+254 723 298 117 | info@warichum.com | www.warichum.com

Arichum Consulting



CPA JOSEPH WAMBUGU
TAX CONSULTANT

KSH 4,999

TILL NO: 3273469
ACC NAME: ARICHUM CONSULTING

SECURE YOUR SPOT NOW!
<https://shorturl.at/ZMOoT>



BEST CAR RENTAL DEAL

EXCEPTIONAL CAR HIRE SERVICES

We meet all your car needs!

HIRE AND DRIVE.

- AUTO/MANUAL
- CLEAN & COMFORT INTERIOR
- COOL AIR CONDITIONING
- DISCOUNT FOR REPEATING CUSTOMERS

2nd Parkland Avenue
BOOK NOW
0723 889 371 | @exceptionalcarhireservices
<https://www.exceptionalcarhireservices>

PROJECT MANAGEMENT ACCREDITED CONSULTANT

PMAC®



Mastering Project Consulting.
PMAC®
PMO GLOBAL INSTITUTE

CONTACT US:

- +2547-0726-0205
- +2547-1852-1211
- info@launchhub.africa
- launchhub.africa/pmac.php

APCT, PMAC are registered trademarks of PMO Global Institute



LAUNCH HUB
CENTRE FOR PROJECT MANAGEMENT



PROGAM DATES

Weekends Option:
8th, 15th & 22nd March 2026

Weekdays Option:
13th – 16th April 2026

Physical Session:
21st – 23rd April 2026



Takeover of property Gachagua insisted that due process must be followed in any legal dispute involving property

Opposition leaders condemn alleged takeover of Raphael Tuju's property

BY MKT Correspondent

@themkenyaintimes

Principals of the United Alternative Government have strongly condemned what they described as the unlawful invasion and attempted takeover of property belonging to former Cabinet minister Raphael Tuju, accusing powerful figures within government of being behind the incident.

The leaders made the remarks during an interdenominational church service held at Kitharani Grounds in Gatanga Constituency, Murang'a County, where they also raised broader concerns about governance and the rule of law.

Led by Democracy for the Citizens Party (DCP) leader Rigathi Gachagua, the coalition said the circumstances surrounding the operation at Tuju's property raised serious questions about the misuse of state machinery.

Gachagua insisted that due process must be followed in any legal dispute involving property and warned against what he termed as intimidation through security agencies.

According to him, any police deployment at private property must be authorized through proper channels.

"The only person with the authority to give police officers the mandate to take such action is the President, and it must be done through proper communication," he said, adding that Kenya is governed by laws that must be respected by everyone.

The controversy surrounding Tuju's property stems from a long-running legal battle involving debts linked to loan agreements between companies associated with the former minister and financial institutions.

Court proceedings over the years have resulted in several



From left; Kalonzo Musyoka, Rigathi Gachagua and Justin Muturi in Gatanga yesterday. | Photo: Courtesy

rulings related to the recovery of the debt, including attempts by creditors to attach some of the properties.

The situation recently escalated after reports emerged that individuals accompanied by security officers had entered or attempted to take control of one of the properties, prompting strong reactions from political leaders allied to the opposition.

Tuju, who previously served as Cabinet Secretary without Portfolio and was also the former Secretary-General of the ruling party during the administration of former President Uhuru Kenyatta, has in the past maintained that the matter should be resolved strictly through the courts.

Beyond the property dispute, Gachagua used the platform to criticize President William Ruto, accusing him of presiding over an economy in decline.

Gachagua claimed that the President has accumulated significant personal wealth and ventured into multiple business sectors while ordinary Kenyans continue to struggle with the rising cost of living.

"He has entered nearly every business sector and is operating more like a businessman than the leader of the nation," Gachagua alleged.

He further argued that this

alleged focus on business interests has contributed to the deterioration of key public services, particularly the health sector.

Democratic Action Party of Kenya (DAP-K) leader Eugene Wamalwa echoed the criticism, alleging that the government has allowed questionable business interests to infiltrate key sectors of the economy.

Wamalwa claimed that the administration had introduced what he described as a corrupt investment influence similar to "Adani," suggesting that controversial investors were being allowed back into the country through covert arrangements.

Meanwhile, Wiper Patriotic Front leader Kalonzo Musyoka also condemned the alleged land grabbing attempt involving Tuju's property and called on authorities to strictly follow legal procedures when enforcing court orders.

Musyoka further emphasized the importance of media independence, saying a free press plays a critical role in safeguarding democracy and exposing abuse of power.

He expressed confidence that the country could restore stability and proper governance through leadership committed to transparency, accountability and respect for the rule of law.



Some of the clergy at yesterday's Sunday service.



Get Online With a
Website
That Works For You.



Services that we offer:

- Custom built website
- Website redesign
- Website maintenance
- E-commerce solutions

Let's build a website that reflects your brand and achieves your goal

Call/WhatsApp 0115690990

W: www.bluxelafrica.com

DO YOU WANT TO GET PUBLISHED?

ARE YOU A WRITER OR CORPORATE?

Let Professional Editors and Authors turn your story into a Dream Book.

THRILLERS - FICTION - FACTION - BIOGRAPHIES - TRAVELOGUES - HUMOUR- COFFEE TABLE - BROCHURES

London-based contract Publishers for independent and self-publish authors.

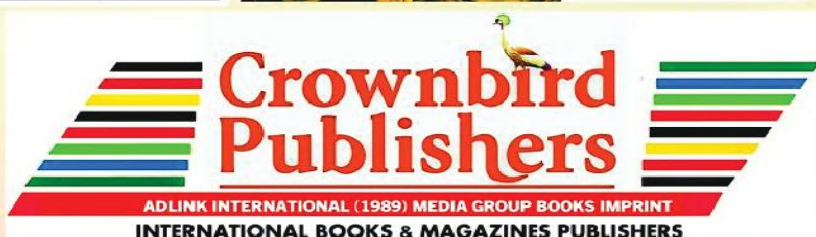
We offer one-stop top notch Editing, Expert Design, Proof Reading, Book Covers, Artwork, Digital, Litho Printing, E-Books, Corporate Brochures and UK ISBN number. Reasonable costs. We print and deliver books. Authors retain 100% sales profits.

SELECTED PORTFOLIO

BEST SELLER NOVELS

The Crownbird Publishers logo and imprint owned by Adlink International (1989) Media Group London

Copies of some books available for sale: hard copy/ digital. Contact us: media@adlinkinternational.com Email Subject: Crownbird Books



ADLINK INTERNATIONAL (1989) MEDIA GROUP

Books Division

16 Upper Woburn Place, London WC1H 0AF (UK)

Tel: 44 330 606 1438

Email: media@adlinkinternational.com

www.adlinkinternational.com

KeNHA The suspects were arraigned in court, where both were convicted. Each was fined Sh10,000 or, in default, sentenced to three months in prison.

Two convicted for farming on protected road reserve along Njoro–Mau summit highway

BY MKT REPORTER

@themkenyentimes

Two individuals have been convicted after being found cultivating crops within a protected road reserve along the Njoro–Mau Summit Highway in Nakuru County.

In a statement, the Kenya National Highways Authority (KeNHA) confirmed that the suspects were arrested during an enforcement operation in the South Rift Region. The operation was led by a Roads Superintendent in collaboration with the authority's Axle Load Enforcement Unit.

According to KeNHA, the offenders were engaged in illegal farming activities within the road reserve—land specifically designated for road safety, maintenance, and fu-



ture expansion. The suspects were arraigned in court, where both were convicted. Each was fined Sh10,000 or, in default, sentenced to three

months in prison.

KeNHA emphasized that road reserves are protected areas and warned the public against encroach-

ment. The authority noted that activities such as farming, construction, or other developments within these corridors are unlawful and pose serious

risks to road safety. "Road reserves are protected areas. Encroachment, including farming, construction, or other activities within these corridors, is illegal," the agency stated.

The highways authority further urged Kenyans to respect and keep road reserves clear to enhance safety, facilitate proper maintenance, and allow for future infrastructure development. Officials stressed that encroachment not only undermines road expansion projects but also exposes communities to danger, particularly during emergencies when clear access routes are essential.

KeNHA reiterated its commitment to enforcing the law and protecting public infrastructure from misuse. The agency said it will continue conducting regular operations across the country to identify and remove illegal activities within road reserves.

The conviction serves as a reminder that road reserves are critical public assets meant to safeguard transport networks. KeNHA has called on citizens to cooperate with enforcement efforts and avoid practices that compromise road safety and development.

Health March is a Month recognized worldwide for endometriosis awareness. It mostly occurs in women and ladies.

There is need to invest more on treatment of endometriosis

BY Beatrice Adongo

@themkenyentimes

March is a Month recognized worldwide for endometriosis awareness. It mostly occurs in women and ladies. This awareness campaign through public lectures, digital platforms, broadcast and print media aims to educate, inform the public about this menance and support those affected by endometriosis.

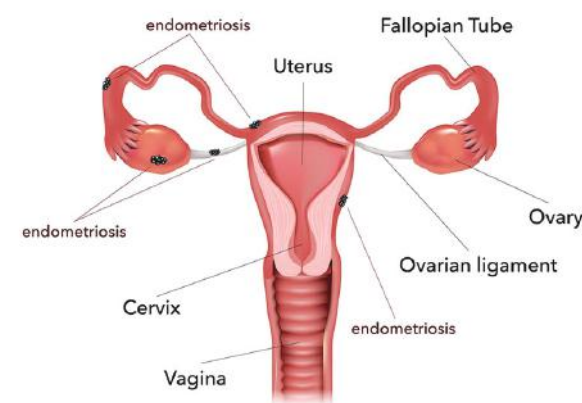
Endometriosis is a medical condition where tissue that is similar to the lining inside the uterus grows outside the uterus. This condition mainly affects women and girls of reproductive age (between 15-49 years).

The tissue can grow on organs such as ovaries, fallopian tubes, the outer surface of the uterus, the pelvic lining and sometimes even the bladder or intestines. During Menstruation, the tissue behaves like the lining of the uterus, thickening and bleeding, but unlike normal menstrual blood, it has no way to leave the body. This leads to severe pain, inflammation, and sometimes fertility problems.

One of the most common symptoms people with endometriosis experience is very painful menstrual cramps, pelvic pain even when not on their period, heavy menstrual bleeding, pain during or after sexual intercourse, pain when urinating or having a bowel during periods, infertility, fatigue, bleeding, nausea. These symptoms are sometimes ignored as "normal period pain," many

Endometriosis is a medical condition where tissue that is similar to the lining inside the uterus grows outside the uterus. This condition mainly affects women and girls of reproductive age (between 15-49 years).

”



women live with the condition for years before receiving a proper diagnosis.

During Endometriosis Awareness Month, health organizations and advocates encourage conversation about menstrual health and women's well being. Awareness campaigns also aim to reduce stigma around discussing periods and reproductive health. When people understand the signs and symptoms, they are more likely to seek medical advice and proper care.

Although there is no permanent cure yet, but treatment helps manage it such as pain medication, hormonal treatment, surgery to remove endo-

metriosis tissue. Fertility treatment if pregnancy is affected. This helps in preventing complications and helping women receive the support they need.

Endometriosis month reminds the society that women's health should not be ignored. By educating communities, supporting those affected, and encouraging open discussions, we can help ensure that women living with endometriosis receive proper medical care and the attention this condition deserves.

Sport The President commended several companies for their continued support of the rally, including Kenya Commercial Bank, SportsPesa, Safaricom and Kenya Airways.

Private sector to fund Safari Rally as Katsuta wins 2026 Edition

“From next year, this event will be fully funded by the private sector,” Ruto said.



President William Ruto with Safari Rally stakeholders



President William Ruto with some of Safari Rally participants

BY PCS
@themtkenyatimes

President William Ruto has announced that this year’s edition of the WRC Safari Rally will be the last to receive government funding, with the private sector set to take over the responsibility for hosting, managing, promoting and financing the global motorsport event from next year.

Speaking at Hell’s Gate National Park in Naivasha, William Ruto said the move will allow the government to redirect resources towards developing sports infrastructure and promoting sports in schools across the country.

“From next year, this event will be fully funded by the private sector,” he said.

The President commended several companies for their continued support of the rally, including Kenya Commercial Bank, SportsPesa, Safaricom and Kenya Airways.

The event was attended by Sports Cabinet Secretary Salim Mvurya, Tourism Cabinet Secretary Rebecca Miano and Sports Principal Secretary Elijah Mwangi, among

other leaders.

The 2026 edition of the WRC Safari Rally was won by Takamoto Katsuta and co-driver Aaron Johnston of Toyota Gazoo Racing.

Second place went to Adrien Fourmaux and Alexandre Coria of Hyundai Shell Mobis, while third position was taken by Sami Pajari and Marko Salminen of Toyota Gazoo Racing.

On sports promotion, President Ruto said Kenya has successfully hosted several international competitions, including the African Nations Championship, the Rugby Sevens World Series tournament, the Magical Kenya Open and the WRC Safari Rally.

“Our country remains a welcoming destination for the world,” he said.

He added that international events bring significant economic benefits by supporting businesses, creating jobs, boosting tourism and generating foreign exchange.

The President also praised co-operation between the World Rally Championship and African Overseas Mobility, noting that the partnership with the Kenya Motor Sport

Federation has produced the first affordable cross car and donated two Toyota Starlet vehicles to support the Rally Academy.

At the same time, President Ruto assured Kenyans that traffic congestion along the road between Nairobi and Nakuru will soon be a thing of the past.

He said the government is set to complete the dualling of the Rironi–Mau Summit Road by next year, easing travel to and from Naivasha.

Sports CS Salim Mvurya praised the support from the private sector, saying it has helped make the WRC Safari Rally more spectacular.

Tourism CS Rebecca Miano said the rally had led to 100 per cent hotel occupancy in Nakuru County and surrounding areas.

“We are happy that people from the East African Community have shown up in large numbers,” she said.

Ms Miano added that Kenya continues to establish itself as a premium tourism destination with unique attractions that few other countries can offer.

Nyakundan Technologies

Our Services

- Custom Websites and Hosting
- SEO & Digital Marketing
- Computer repair & Software Installation
- Email setup & access
- Web browsing assistance
- Typing & data entry services
- Resume/CV writing & editing
- Document formatting
- KRA Returns filing
- Proofreading & editing
- Computer Training & 24/7 IT support

0790539929

- www.nyakundan.com
- Westlands Commercial Centre Nairobi

@nyakundan

24/7 Support & Free Consultation

Ramadan As the sun edged closer to the horizon in Cairo, hundreds gathered at a government-sponsored public restaurant, sharing tables to enjoy a free iftar

Egyptian initiative serves millions of free Ramadan meals at shared tables nationwide

BY Xinhua News Agency

@themtkenyatimes

As the sun edged closer to the horizon in Cairo, hundreds gathered at a government-sponsored public restaurant, sharing tables to enjoy a free iftar (fast-breaking meal) at sunset, after a whole day of fasting in the Muslim holy month of Ramadan. Among them was Khaled Al-Masri, a young machinist who had just finished work at a nearby metal workshop. Running late on his way home, he and a colleague decided to stop by the restaurant after noticing the crowd gathering for iftar. "We were worried we would miss iftar today," said Khaled. "Then we saw this place offering free iftar, and people were welcoming us in. It felt like a blessing at the end of a long day." Scenes like this unfold daily at El-Mahrousa restaurant, one of more than 1,000 food distribution points participating in Egypt's "Abwab Al-Khair" (Doors of Goodness) initiative,

which aims to support vulnerable families during Ramadan. Launched under the patronage of Egyptian President Abdel-Fattah al-Sisi and implemented by the state's Tahya Misr (Long Live Egypt) Fund in co-operation with the Ministry of Social Solidarity, the initiative is one of several others that seek to provide more than 71 million hot meals and distribute over 5.5 million food boxes nationwide throughout Ramadan. One of the initiative's key programs is the "Iftar for the Fasting" campaign.

At El-Mahrousa restaurant in Cairo, the kitchen produces around 4,000 meals daily, distributed between iftar and Suhoor (pre-dawn, pre-fasting meal), according to Eman Nasr, director of the feeding program at the Civil Society Support Fund, affiliated with the Ministry of Social Solidarity. "We have no conditions for beneficiaries. Anyone who comes through the door is welcome, and we offer them a meal," Nasr told Xinhua. She said that El-Mahrousa will continue its charitable activi-



Staff members and volunteers prepare a free iftar (fast-breaking meal) at a government-sponsored public restaurant in Cairo, Egypt last Friday. | Photo:

Xinhua/Ahmed Gomaa

ties even after Ramadan. Inside the spacious kitchen of El-Mahrousa, preparations begin hours before sunset. Workers chop vegetables, cook

large trays of rice, and grill chicken and beef in industrial-sized batches, while volunteers assemble meal boxes that will soon be distribut-

ed to hundreds of fasting visitors. Head chef Ahmed Abdel-Rahman said the team starts working early in the morning to ensure everything is ready in time for iftar. "We begin around seven in the morning because the quantities are large. Everyone here has a role -- some prepare rice, others vegetables, chicken, or meat -- so the work moves smoothly and the meals are ready before sunset," he said. For volunteers, the experience means more than just preparing food.

Manar Nabil, one of the volunteers helping distribute meals, said she often feels a deep sense of joy watching people break their fast. "When people come in tired and hungry and then leave smiling after their meal, it's a wonderful feeling," she said. "You feel like you are doing something meaningful for others." As the sunset call to prayer echoed from loudspeakers across the neighborhood, giving the fast-breaking green light, the courtyard and rooftop dining areas of El-Mahrousa gradually filled with visitors sharing tables and plates of steaming food. Among them was Mamdouh Rushdy, a security guard working at a nearby courthouse, who said he now visits the restaurant regularly during Ramadan. "It's a lovely initiative. The food here is very good, and the people treat everyone kindly," he said while finishing his meal. "Just as the name of the initiative, Abwab Al-Khair, suggests, I can feel that the Doors of Goodness are open to everyone here."

Iran A blade of light ripped through the sky; in seconds came rising plumes of smoke and low rumbles of explosions.

Defiance under fire; a Tehran rally amid airstrikes

BY Xinhua News Agency

@themtkenyatimes

A blade of light ripped through the sky; in seconds came rising plumes of smoke and low rumbles of explosions.

That was what Xinhua reporters and thousands of Iranians experienced on Friday when a powerful airstrike hit an area near their demonstration route. Earlier that morning, a fellow journalist had called, urging extra caution in covering the event. Large gatherings were clearly dangerous during wartime, and the air in the bustling, conflict-stricken city was thick with tension.

The rally, nevertheless, drew thousands onto the streets. Planned as an annual pro-Palestinian event, it had transformed into an outlet for public

anger over the ongoing U.S.-Israeli strikes, which have claimed over 1,000 lives in Iran, and a show of unity. Residents of Tehran set out from various points across the city toward the iconic Enghelab Square in the center. They chanted slogans against the United States and Israel, waved Iranian flags, and carried pictures of Iran's late Supreme Leader Ali Khamenei and his successor, Mojtaba Khamenei. Suddenly, a plume of smoke curled into the gray sky from the airstrike ahead.

Undeterred, the march pressed on, the avenue alive with resolute crowds. Iranian flags soared, fists and voices rose in unison, and slogans rang through the throngs filling the streets. "I have come to make our enemies understand that these bombardments cannot prevent us from being present on the scene,"

said Tehran resident Rezaei. "They (the enemies) should just know that they will get nowhere through this bloodshed," he added. "Our people will become more vigilant, and these bloods will awaken more consciences." "All Iranians are standing behind one another," said Alireza Jahanbakhsh, another demonstrator. "A larger number of people have taken part in this year's International Quds Day, which features greater resistance, and all Iranian people felt duty-bound to participate."

Also present at the rally was Tehran Mayor Alireza Zakani. He warned that the excessive demands of U.S. President Donald Trump and Israeli Prime Minister Benjamin Netanyahu, along with Washington's refusal to comply with international regulations, are alarmingly reshaping the world order. "What we pursued



People attend a mass rally to mark International Quds Day in Tehran, capital of Iran on Friday. People across Iran took to the streets to mark International Quds Day, an annual event expressing support for Palestinians and condemnation of Israeli actions. | Photo: Xinhua

through our 1979 Islamic Revolution -- we under no circumstances accepted the global hegemonic system and we rejected it -- is being totally manifested today within a new frame in West Asia and North Africa and is completely evident and clear across the world," Zakani added.

The rally also evoked the painful memory of the Feb. 28 missile strike on a girls' elementary school in Minab, southern Iran, which killed at least 165 people and left dozens more injured, most of them

schoolgirls. Increasing evidence has shown this tragedy was of the U.S. making. "The schoolgirls of Minab, although you were innocent, the United States solely bullies the weak," said a marcher, voice shaking with anger. Beneath the gray sky, the demonstration pressed on, thousands of voices piercing through the hovering smoke from the nearby airstrike -- defiant, unified, and unwilling to be silenced by missile explosions.



Broken Hearts on Campus: Love and Emotional Struggles Push Some Kenyan University Students to the Edge

By Kimberly Matroba, Laikipia University

Kenya's universities are grappling with a troubling reality: campus love stories are increasingly ending in tragedy. What should be a season of discovery and independence is, for some students, turning into a spiral of emotional turmoil with devastating consequences. Recent incidents at Maseno, Mount Kenya, Kisii, and Machakos universities have thrust the issue into the national spotlight. At Maseno, a third year student reportedly took his own life after a love triangle unraveled. At Mount Kenya University, police investigated a dispute that ended in the deaths of two students living together. Kisii University reported another fatal case following a heated quarrel, while Machakos University mourned a first year student who died after an argument with her boyfriend.

Mental health experts say these



tragedies expose the fragile emotional landscape of young adults navigating relationships without adequate support. On campuses where students spend most of their time together in hostels, lectures, and social activities, relationships often form quickly and carry immense weight. When they collapse, the emotional fallout can be overwhelming.

Peer pressure and social media amplify the strain, fueling jealousy and public humiliation. Combined with academic stress, financial hardship, and stigma around seeking counseling, many students find themselves isolated at the very moment they need help most.

Authorities acknowledge that suicide cases are rising nationally, underscoring the urgency of intervention. While most universities have counseling departments, experts argue they must do more—expanding mental health services, normalizing open conversations, and building peer mentorship programs. Parents, lecturers, and student leaders also have a role in encouraging openness rather than silence.

Campus romance will always be part of student life. But it should never end in despair. Unless universities confront the emotional struggles of their students head on, broken hearts will continue to break futures.

The future speaks: how technology is giving Africa a new voice

For decades, Africa's story was told by outsiders—too often reduced to conflict, poverty, and crisis. That narrative is changing. Across Kenya and the continent, young people armed with smartphones, podcasts, blogs, and AI tools are seizing control of the microphone, telling stories that reflect Africa's complexity, resilience, and creativity.

The transformation is striking. Where media once belonged to powerful newsrooms, today a student with a phone can livestream a protest, interview a local innovator, or publish an investigation that reaches thousands in minutes. Platforms like YouTube, TikTok, and Substack have democratized storytelling, bypassing traditional gatekeepers and amplifying authentic voices.

Young creators are spotlighting rural entrepreneurs, climate activists, artists, and scientists



who rarely make headlines. Podcasts preserve indigenous languages, while data journalism exposes inequality and corruption. Even artificial intelligence, when used responsibly, accelerates translation and research, ensuring stories from remote communities travel across borders faster than ever.

Challenges remain. The digital divide excludes many, algorithms can silence critical voices, and the race for clicks risks rewarding spectacle over substance. Ethical concerns around privacy and manipulated imagery demand vigilance. But the

solution is not retreat—it is responsibility. Universities, media houses, and governments must invest in training, affordable internet, and protections for journalists to ensure innovation serves truth.

Africa's future storytellers are already at work—in classrooms, innovation hubs, and village centers. Technology is not just changing how stories are told; it is deciding who gets to tell them. And this generation is determined to ensure the world finally listens.

By Doris Mwhiki, Laikipia University

The Concrete Jungle's GreatDrowning: Why Nairobi's Infrastructure Keeps Failing the Rain Test

When the skies opened over Nairobi in March 2026, the city drowned. In just 24 hours, 112mm of rain fell—more than the average for the entire month. Highways turned into rivers, suburbs into lakes, and informal settlements into disaster zones. At least 26 lives were lost, thousands displaced, and flights diverted from JKIA. Once again, the “Green City in the Sun” was brought to its knees.

This was not simply nature's fury. It was a man made failure. Nairobi's rapid urban sprawl has paved over wetlands and forests that once absorbed rainfall. Concrete and asphalt now dominate, leaving water with nowhere to go but into homes and streets. Worse, the city's drainage system was designed for fewer than one million residents. Today, it serves more than five million. Governor Johnson Sakaja ad-



mits a full overhaul would cost upwards of Ksh 25 billion—money the city does not have.

Compounding the crisis is Nairobi's waste problem. Plastic and silt clog drains, turning them into ticking time bombs when heavy rains arrive. The result: paralyzed roads, submerged power lines, and families watching their possessions wash away.

The floods have reignited calls for urgent reform. Riparian laws must be enforced, illegal structures removed, and climate resilient designs embraced. Sponge city concepts,

rooftop gardens, and permeable pavements are no longer luxuries—they are survival strategies.

Nairobi's relationship with water cannot remain one of conflict. Unless leaders move from reactive disaster management to proactive urban planning, the capital will keep drowning. And each storm will remind us: it is not the rain that fails Nairobi, but Nairobi that fails the rain.

By Benard Omurwa, Laikipia University

Global Conflicts and Their Economic Effects

Wars may erupt thousands of miles away, but their economic tremors are felt in every corner of the globe. In today's tightly woven economy, conflict is not confined to battlefields—it seeps into markets, fuels inflation, and unsettles daily life for ordinary citizens.

The first casualty is financial stability. Investors, spooked by uncertainty, flee risky assets and rush to safer havens. Stock markets wobble, currencies swing, and economies far removed from the fighting feel the shock. Energy prices follow suit. When oil producing regions are destabilized, supply chains falter, driving up fuel costs. From transport to electricity, the ripple effect is immediate and punishing.

Food security is equally vulnerable. Wars in agricultural hubs disrupt the flow of wheat, maize, and rice. With supply shrinking and demand steady, prices climb—tightening the



squeeze on families already struggling with the cost of living.

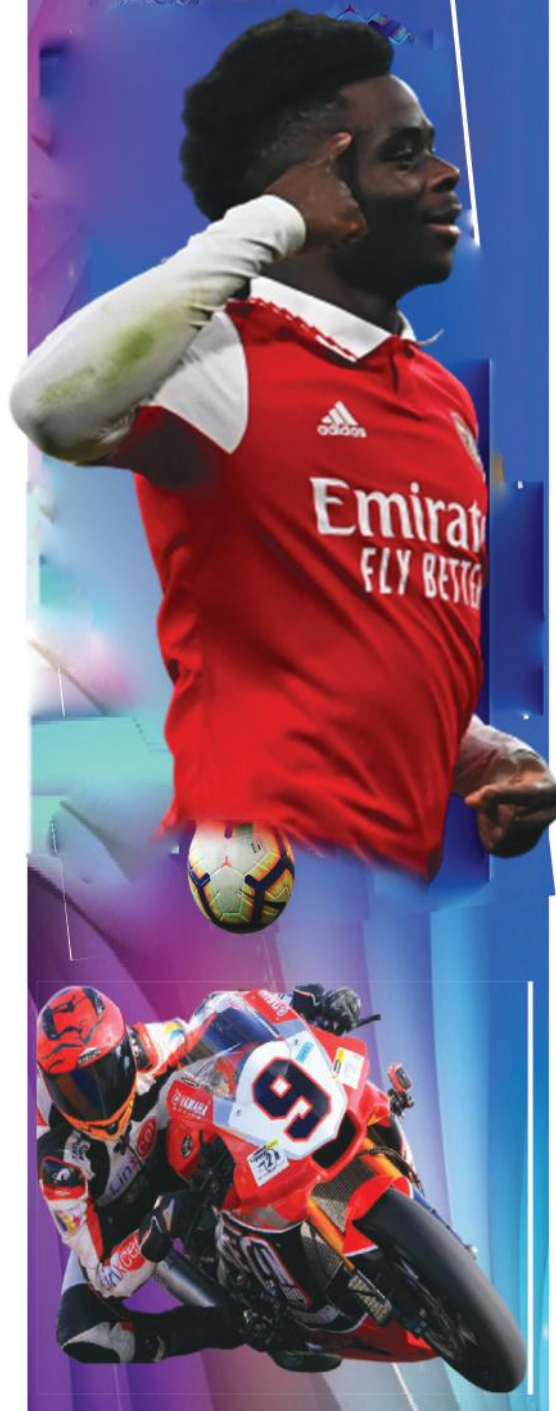
Developing nations bear the heaviest burden. Dependent on imports for fuel, fertilizer, and food, they face inflationary spikes that destabilize fragile economies. For them, conflict abroad translates into hardship at home.

The lesson is stark: peace is not just a political aspiration, it is an economic necessity. Stable relations foster trade, investment, and growth. Con-

flict erodes progress, deepens inequality, and leaves nations scrambling to recover.

World leaders must recognize that diplomacy is cheaper than war. In an era already strained by climate change, poverty, and unemployment, the economic toll of conflict is simply unaffordable. Lasting peace is not optional—it is the price of global stability.

By Christine Simiyu, Laikipia University

SPORTS
NEWSPHOTOS
SCORES
OPINIONS
STATISTICS
SCHEDULES
BREAKING NEWS

Sports >> *Japanese driver Takamoto Katsuta has achieved a career defining milestone, roaring to his first ever victory at the WRC Safari Rally in Kenya.

Tears of Joy as Takamoto Katsuta Claims Maiden Safari Rally Victory



apan's Takamoto Katsuta in action at WRC Safari Rally. PHOTO/TOYOTA GAZOO RACING WRT.

Japanese driver Takamoto Katsuta has achieved a career defining milestone, roaring to his first ever victory at the WRC Safari Rally in Kenya. Widely regarded as one of the toughest events in world motorsport, the Safari Rally demands discipline, endurance, and composure—qualities Katsuta displayed brilliantly on the final day as he preserved his overall lead to secure the win.

Driving for Toyota Gazoo Racing, Katsuta entered the final stage at the top of the standings after a dramatic series of retirements from his teammates. Oliver Solberg, who had led since Thursday, was forced to withdraw, while Sébastien Ogier and defending champion Elfyn Evans also exited the rally. With Toyota's hopes resting squarely on his shoulders, Katsuta delivered a measured and disciplined

performance to cross the finish line as champion.

Overcome with emotion, the Japanese driver fought back tears as he reflected on the magnitude of the achievement. "I don't know what to say. We have faced so many difficulties and moments of doubt. Aaron [Johnston, his navigator] has worked so hard alongside me, and the team always believed in me even when I was failing. This victory belongs to them and to Aaron," he said.

Frenchman Adrien Fourmaux, driving for Hyundai, finished second, while Finnish youngster Sami Pajari—also representing Toyota—took third place in just his second Safari Rally appearance. The podium highlighted the unpredictable nature of the event, where survival often matters more than outright speed.

Katsuta was quick to acknowl-

edge the support he has received throughout his journey. He credited Estonian driver Ott Tänak for his encouragement, noting how Tänak had been sending him messages and waking up early each day to check on his progress. "My family has always been a huge support. Thanks to Ott, who kept motivating me. And Akio San, finally we are here—thank you," he added, addressing Akio Toyoda, the former Toyota president and a strong supporter of the team's rally program.

The victory represents redemption for Katsuta, who has endured heartbreak at the Safari Rally in previous years. In 2023, a crash during the Shakedown at Loldia cost him a podium finish, leaving him fourth. The following year, he came agonizingly close again, finishing second after a disappointing Rally of

Sweden. This time, however, he conquered the Safari Rally and, in doing so, secured his first ever win in a World Rally Championship leg.

For Toyota, the triumph underscores the team's resilience in the face of adversity. Despite losing three top drivers, they still celebrated victory thanks to Katsuta's determination and composure. For the man himself, it was more than just a win—it was the culmination of years of perseverance, setbacks, and unwavering belief. His tears of joy told the story better than words: this was not only a victory, but the fulfillment of a life-long dream.

GET THE BEST OF WORLD

Sports >> *Kenya’s female rally driver Pauline Sheghu was left heartbroken after retiring from the ongoing WRC Safari Rally when her vehicle was stoned by unknown individuals.

How stone throwers cost me my Safari Rally dream,’ – Pauline Sheghu

Kenya’s female rally driver Pauline Sheghu was left heartbroken after retiring from the ongoing WRC Safari Rally when her vehicle was stoned by unknown individuals.

Sheghu revealed that certain kids threw stones at her vehicle, shattering her windscreen and mirrors.

“It is very painful and unfortunate that we cannot finish today’s rally because of the reckless and mannerless actions of some kids who broke our windscreen and side windows. What was supposed to be a beautiful rally for us has ended in tears,” the driver said.

She added: “Yesterday around Eburu, some kids decided that stoning rally cars was their talent, not knowing the damage and heartbreak they would cause.”

Driving a Subaru Impreza STi N12, the renowned journalist was making her fourth appearance in the global competition — navigated by Linet Ayuko.

However, she was forced to retire on Friday, bringing an inglorious end to her campaign.

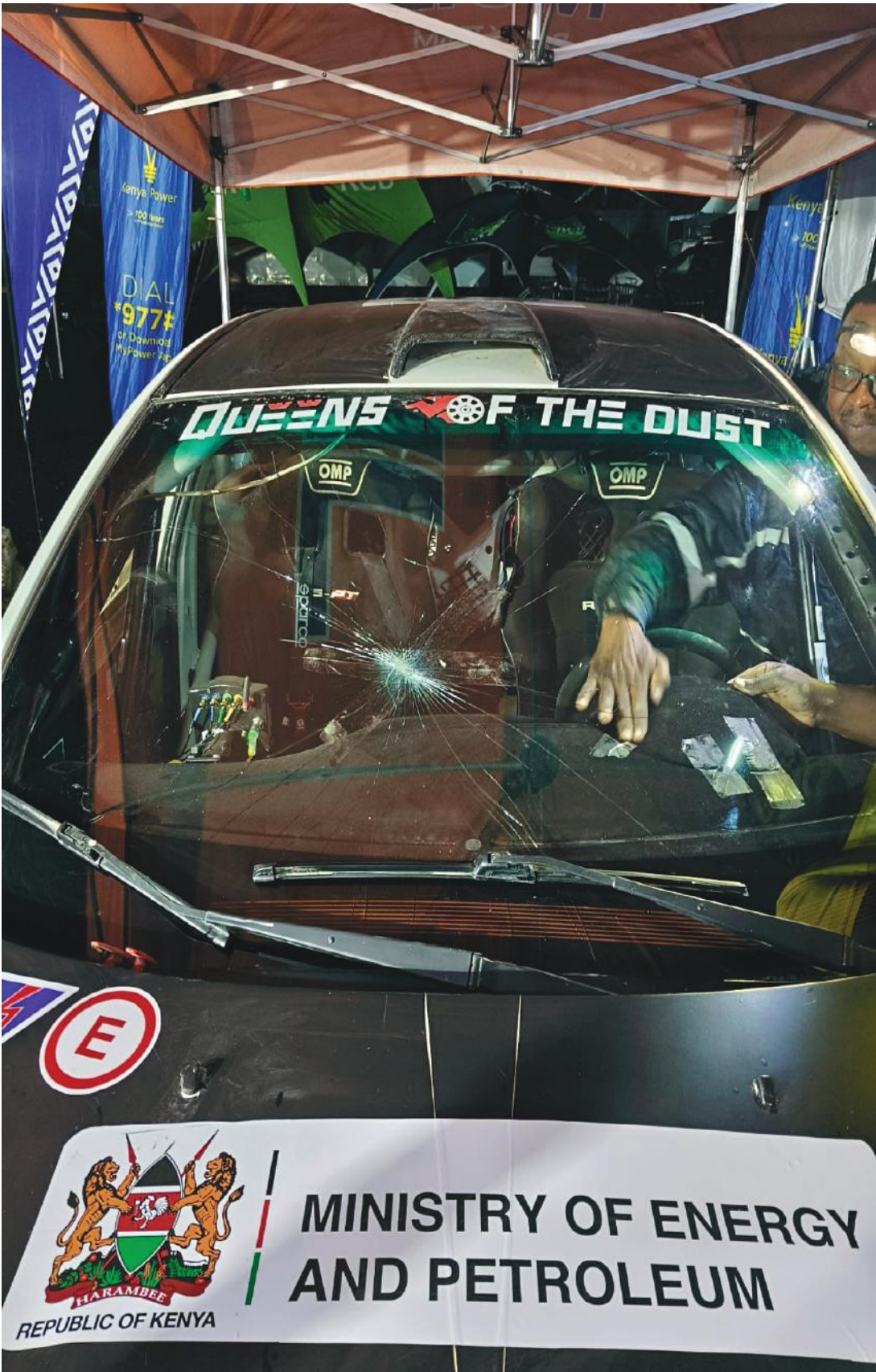
Shegu admits the outcome feels like a dagger to the heart.

“It hurts even more because this sport needs support, not destruction. We came with passion, sacrifice, and determination, but we are going home with broken windows and broken hearts,” she said.

Regardless, she has vowed to continue soldiering on with the ‘love of her heart’, promising to come back stronger for next edition.

“We leave everything in God’s hands. May God forgive them, because the pain they have caused us is too much,” Shegu said.

She added: “To our fans, partners, and sponsors, we say thank you from the bottom of our hearts for standing with us. We gave this rally our all and tried our best to complete every stage.”



Shattered windscreen of Pauline Sheghu’s car.

Capital Sport

SPORTS NEWS



PHOTOS
SCORES
OPINIONS
STATISTICS
SCHEDULES
BREAKING NEWS



SPORTS AS THEY HAPPEN



Shinning Stars Africa Awards By Mr Daniel Ouddar Blessington Continues To Be The Best All Star African Award Event

By: Paula O.M.Otukile

Gaborone, Botswana

@themkenyatimes

On the 7th of March 2026, all roads led to Kigali in Rwanda where multitudes of stars went to celebrate the ultimate awards ceremony of the year called Shinning Stars Africa Awards. The event was held at the Olympic hotel in Kigali, Rwanda from 4:00pm until late. The organisers outdid themselves.

Several outstanding personalities from Kenya, Zimbabwe, Zambia, Botswana, Tanzania, Uganda, Congo Brazzaville, Democratic Republic of Congo, Angola, Mozambique, Lesotho, Swaziland, Namibia, Cameroon, Cote d'voire, Senegal, Ghana, Nigeria, and many more arrived in style to celebrate their efforts in Music, film industry, Television, Radio, Writing, Editing, Newspapers, Fashion design, Modelling, Dancing, humanitarians, and simply being influencers, content creators, fashion icons, make up artists and more.

After several months of voting after nominations, the race ended in a beautiful fashion as those who inspired and stood out were recognized with trophies and certificates to reflect their journeys and the hardwork.

The event was filled with a beautiful aura with modelling of beautiful outstanding fashion and music in between the presentations and the awards went well so beautifully.

The entertainment included Miscellaneous artists from the various African authors. Top cheri from Zambia, Prince luv from Zambia, Boss Gia from Tanzania, Zyrrah from Tanzania, Noela from Uganda, Shana Sierra from Uganda, Pheno Boy from DRC and T champs from Nigeria.

The event went on successfully and the wins are extending to radio stations, televisions, and newspapers worldwide which is a great rapport together with millions of Shinning stars awards page views since the epic event.

