



Push for five-year cooling-off period for governors gains support despite Senate committee no-show at KICC
A public participation forum on the proposed Constitution of Kenya (Amendment) Bill, 2026, drew stakeholders to KICC in Nairobi **Page 9**



Africa pushes digital sovereignty agenda at Connected Africa Summit 2026
Africa took a significant step toward strengthening its digital independence during the Connected Africa Summit 2026 **Page 16**

THANK YOU FOR ADVERTISING WITH US
For any news you would wish us to publish, email us: news@mountkenyatimes.co.ke
For Adverts & Sponsorship
email us: ads@mountkenyatimes.co.ke

Friday, May 1, 2026

No. 01538 KSh 60 (TSh 1,700 : USh 2,700 : RFr 900)

   themtkenyatimes

Voice of the People

The Mt. Kenya Times

Daily ePAPER

Graft Wanjigi dismissed the Treasury's explanation of a "clerical error" in recent Kenya Gazette notices

Wanjigi flags KSh150B budget



150B

"Clerical error"

Presidential aspirant Jimi Wanjigi has launched a scathing attack on the National Treasury, alleging massive irregularities in the government's March 2026 Budget Outturn and calling for immediate accountability over what he termed a KSh150.7 billion "black box" fund.

Page 6



Jimmi Wanjigi addressing the press yesterday.

NEXT GENERATION CLASSIFY
"ONE-STOP NATIONAL BUSINESS DIRECTORY"



"ALL BUSINESSES
ONE PLATFORM"

Contact Us:

+254 720 918 828 / +254 713 318 438

+254 706 237 040 / +254 724 613 401

business@exponentialinternational.com

SCAN TO REGISTER

Ruto Hails Sabastian Sawe's London Marathon record as landmark in human endurance

BY MKT REPORTER

@themtkenyatimes

Some of the moments as captured in pictures

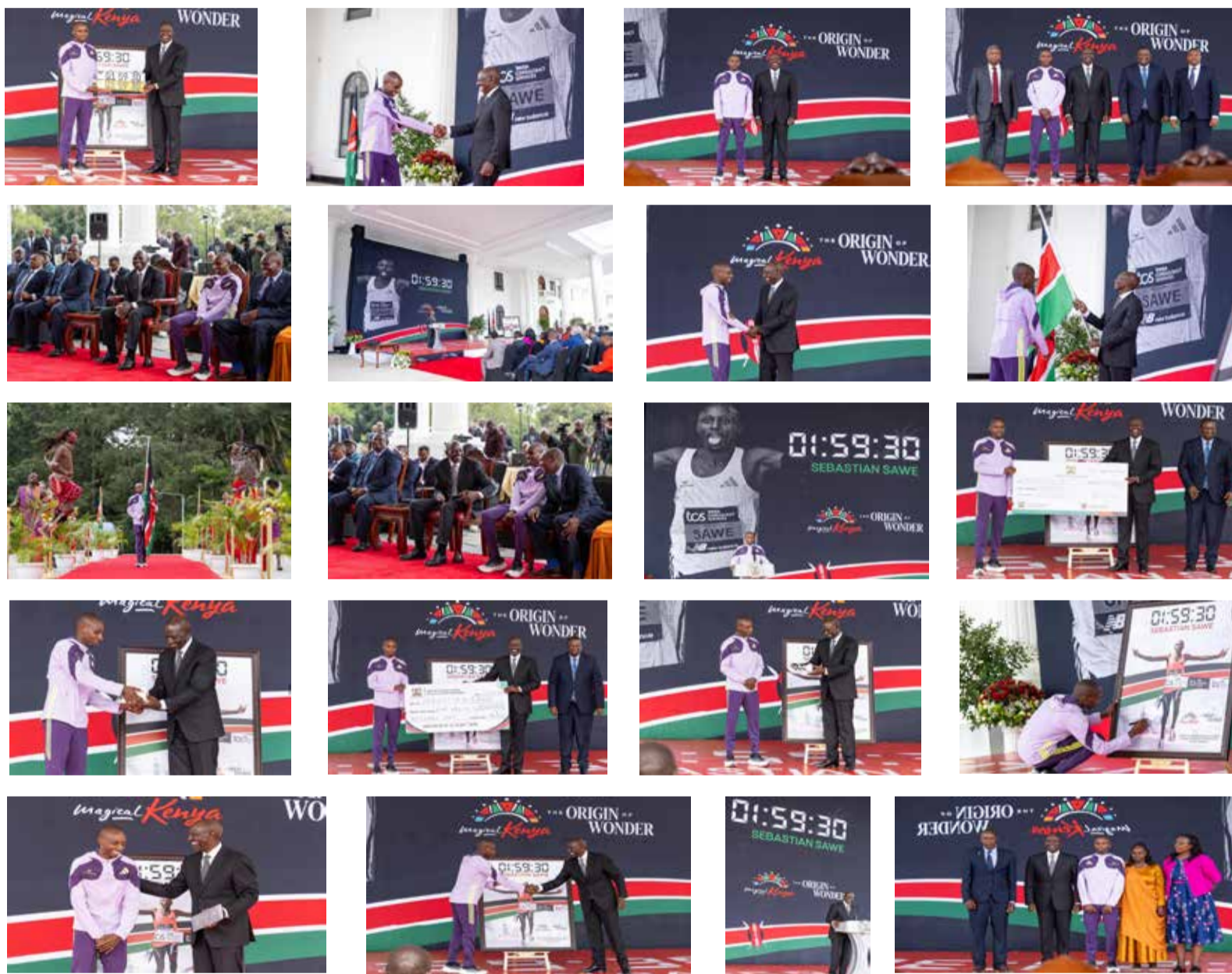
President William Ruto yesterday praised marathon sensation Sabastian Sawe following his record-breaking performance at the London Marathon, terming it a defining moment in the story of human endurance.

Welcoming the athlete at State House in Nairobi, President Ruto said Sawe's achievement goes beyond sport, describing it as a powerful demonstration of resilience and possibility. "He did not only break a record, he expanded the horizon of human potential. What many believed could not be done, he has made possible," the President said.

Sawe's victory has drawn widespread admiration both locally and internationally, further cementing Kenya's dominance in long-distance running. Analysts note that the achievement reflects not only individual excellence but also the country's rich athletic culture and investment in training systems.

The President reaffirmed the government's commitment to scaling up investment in talent development and world-class sports infrastructure. He said the focus will be on nurturing young athletes and turning talent into sustainable livelihoods and meaningful careers.

Sawe's triumph adds to Kenya's growing legacy on the global athletics stage, inspiring a new generation of athletes.



The Mt. Kenya Times




The Mt Kenya Times is a Kenyan Newspaper that provides a unified view of Kenyan news, entrepreneurship, events, opinions, analysis, and a historical background to current affairs in a way that is both creative and innovative. It is published by **Exponential International Limited**, a Private Limited Liability company incorporated in Kenya to provide Communications and Media services.

Group Executive Chairman
M. Danson
LinkedIn: <https://www.linkedin.com/in/dan-mwangi-1b47446b/>

Our Contacts
P. O. Box 101 675 - 00101 Nairobi, Cell: 0700 161 866, 0705 215 262
Editorial Desk: editorial@mtkenyatimes.co.ke, **Adverts:** ads@mtkenyatimes.co.ke,
News Desk: news@mtkenyatimes.co.ke, **Web:** www.mtkenyatimes.co.ke

Facebook: Mt. Kenya Times, **Instagram:** Mt. Kenya Times, **Twitter:** @themtkenyatimes
LinkedIn: <https://www.linkedin.com/in/mt-kenya-times-a07999115/>

NEXT GENERATION CLASSIFY

"ONE-STOP NATIONAL BUSINESS DIRECTORY"



"ALL BUSINESSES
ONE PLATFORM"



SCAN TO REGISTER

Contact Us:

+254 720 918 828 / +254 713 318 438



+254 706 237 040 / +254 721 274 369

+254 724 613 401 / +254 100 423 971

+254 724 613 401



business@exponentialinternational.com



www.businessavaibale.com

NEWS IN BRIEF



The Financial Inclusion for Youth in Modern Agriculture (FIYMA) programme is set to empower youth in Vihiga County by promoting financial inclusion, entrepreneurship, and modern farming practices. Targeting individuals aged 18–35, the five-year initiative aims to reach 100,000 youth through SACCOs and create up to 250,000 jobs in collaboration with 50 SACCOs. Programme Manager Monica Gachucha said it will provide training, identify business opportunities, and connect youth to markets. Stakeholders, including development partners and county officials, pledged collaboration to expand outreach and ensure inclusivity for vulnerable groups. County leaders urged alignment with government plans and adoption of innovative agricultural approaches to transform livelihoods and strengthen food security.



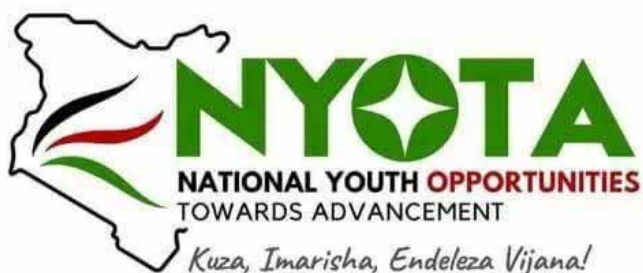
Principal Secretary for Public Health and Professional Standards Mary Muthoni yesterday said Kenya is positioning itself as a regional leader in the local manufacturing of health products to improve access to essential medical commodities and strengthen health security. She noted that government officials met with a World Bank Group delegation led by Peter Okwero to prepare for the upcoming High-Level Breakfast on the Africa Initiative for Medical Access and Manufacturing (AIM) 2030. The meeting will be held on May 12, 2026, in Nairobi, alongside the Africa Forward Summit, and co-hosted by the African Union Commission, the World Bank Group, and Kenya's Ministry of Health.



Cabinet Secretary Mutahi Kagwe met Rainforest Alliance officials—Frank Sime, Victoria Cordi, and Julius Nganga—alongside Maurice Makoloo and key tea sector leaders including Tea Board CEO Willy Mutai and East African Tea Trade Association representatives. Kagwe stated Kenya supports certification but wants clear, measurable benefits that raise smallholder farmers' earnings. He emphasized the need for demonstrable premium value and urged more tea to be processed and packaged locally for retail. Kenya also raised concerns over high audit and certification costs. The Rainforest Alliance agreed to review premium structures and ensure its certification delivers tangible value for farmers and supports the country's local value addition agenda.



The National Police Service yesterday received equipment and infrastructure support from the United Nations Office on Drugs and Crime and the Bureau of International Narcotics and Law Enforcement Affairs at the National Police College Main Campus in Kiganjo, Nyeri. The partners donated 20 desktop computers and initiated construction of a temporary storage facility. Representing Inspector General Douglas Kanja, AIG Hassan Aljir emphasized the role of technology in improving service delivery. Commandant Nyale Munga said the equipment will enhance training, administration, and digitisation. US Embassy official Maureen Mimnaugh and UNODC's Koen Marquering reaffirmed continued support for police training, institutional modernisation, and reforms to strengthen a professional and responsive police service.



Kuza, Imarisha, Endeleza Vijana!

The NYOTA Project has asked beneficiaries of its On-the-Job Experience programme in 13 counties to revise their selected skills following the completion of a six-month training phase. The notice applies to beneficiaries across Nakuru, Narok, Kericho, Bomet, Homabay, Kisii, Nyamira, Bungoma, Busia, Kakamega, Kisumu, Migori, Siaya and Vihiga counties. Participants, who received a monthly stipend of KSh6,000 during the programme, have been instructed to update their preferences via a USSD code *254#. The move is aimed at improving job matching, strengthening employability, and aligning skills with current labour market demands.

The Africa Largest eCOMMERCE



www.gotyou.co.ke

**NOW
OPEN**

Call/Text/WhatsApp: +254 714 090 155

Graft Wanjigi pointed to inconsistencies between Gazette Notice No. 5726 and a revised Notice No. 5803

Jimi Wanjigi alleges budget irregularities, demands answers over KSh150 Billion “Shadow Account”

BY MKT REPORTER

@themtkenyatimes

Presidential aspirant Jimi Wanjigi has launched a scathing attack on the National Treasury, alleging massive irregularities in the government’s March 2026 Budget Outturn and calling for immediate accountability over what he termed a KSh150.7 billion “black box” fund.

Speaking yesterday during a press briefing in Westlands, Nairobi, Wanjigi dismissed the Treasury’s explanation of a “clerical error” in recent Kenya Gazette notices, arguing that the discrepancies point to deeper systemic failures or possible financial misconduct.

“A national budget outturn is not just a document. It is a crime scene,” Wanjigi said. “You cannot tell Kenyans that 84 out of 88 entries were misprints and expect public confidence to remain intact.”

Discrepancies raise alarm

Wanjigi pointed to inconsistencies between Gazette Notice No. 5726 and a revised Notice No. 5803, describing them as evidence of “professional negligence bordering on economic subversion.” Among the anomalies he



Jimmi Wanjigi addressing the press yesterday.

highlighted was the duplication of total revenue figures as total recurrent expenditure, effectively omitting development spending. He also questioned the disappearance of Vote R1015; the Department of Performance and Delivery from the revised report, despite appearing in the earlier notice.

In addition, Wanjigi cited sharp increases in allocations to key institutions, including the Teachers Service Commission and the Ministry of Defence, with figures reportedly rising by hundreds of billions of shillings overnight.

“These are not typographical mistakes. They suggest either a breakdown in the Integrated Financial Management Information System or an attempt to reconcile funds

already spent without proper records,” he said.

Focus on KSh150 Billion account

At the center of Wanjigi’s claims is a KSh150.7 billion sum reportedly held in a “Sovereign Bond Proceeds Account,” which he argued falls outside the constitutionally required Consolidated Fund.

Citing legal provisions, Wanjigi maintained that all borrowed public funds must be deposited into the Consolidated Fund to ensure transparency and oversight.

He alleged that keeping the funds in a separate account undermines the roles of oversight bodies and limits accountability.

“This is shadow banking

within government,” he said. “Kenyans are being told there is a liquidity crisis while billions sit idle in an account that lacks transparency.”

Wanjigi called on Treasury Cabinet Secretary John Mbadia to disclose the bank holding the funds, publish certified account statements, and account for any interest accrued. He also urged relevant oversight offices to freeze the account until it complies with legal requirements.

“Kenyans carry the burden of public debt. They deserve full transparency on how those funds are managed,” he said.

The National Treasury had not responded to the allegations by the time of publication.

Kenya Adjusts Fuel Standards Amid Global Supply Disruptions



Investments, Trade and Industry Cabinet Secretary Lee Kinyanjui

BY MKT REPORTER

@themtkenyatimes

Investments, Trade and Industry Cabinet Secretary Lee Kinyanjui has announced a temporary waiver of fuel quality standards to safeguard supply chains disrupted by ongoing Middle East conflicts affecting the Strait of Hormuz.

The six-month waiver raises the permitted sulphur content to 50mg/kg for automotive gasoil and premium motor spirit, reverting to pre-2025 benchmarks. Kinyanjui framed the move as necessary to “ensure continued fuel availability and sustain economic stability.”

The announcement arrives against a charged backdrop. Former Petroleum Principal Secretary Mohamed Liban, Energy and Petroleum Regulatory Authority Director General Daniel Kiptoo, and Kenya Pipeline Company Managing Director Joe Sang were previously arrested on suspicion of manipulating fuel stock data — allegedly

manufacturing a false supply shortage that triggered irregular procurement of substandard fuel cargo.

The government has largely stayed quiet on the prosecutorial outcome. Director of Public Prosecutions Renson Ingonga has confirmed his office is still awaiting the investigations file from the Directorate of Criminal Investigations.

Oil trader One Petroleum, however, maintains the disputed consignment fully complied with Kenya’s own standards as they stood between 2019 and mid-2025 — the very benchmarks now being reinstated.

The symmetry is difficult to ignore: officials face potential prosecution for facilitating the import of fuel that met a standard the government has now officially readopted. Whether the revised benchmarks will influence the prosecution’s trajectory — or whether charges will proceed regardless — remains an open and consequential question.

The **MT. KENYA TIMES** Where Investors Get Returns

To advertise in Mt. Kenya Times read by discerning Kenyan professionals and the business community contact our exclusive **UK & Europe Advertising and Marketing representatives.**



ADLINK INTERNATIONAL (1989) MEDIA GROUP
16 Upper Woburn Place, London WC1H 0AF
Phone: 0330 606 1438 (44 330 606 1438)
Email: media@adlinkinternational.com
www.adlinkinternational.com
Contact: Mr Shamlal Puri

NEWS PAPER

IN BUSINESS



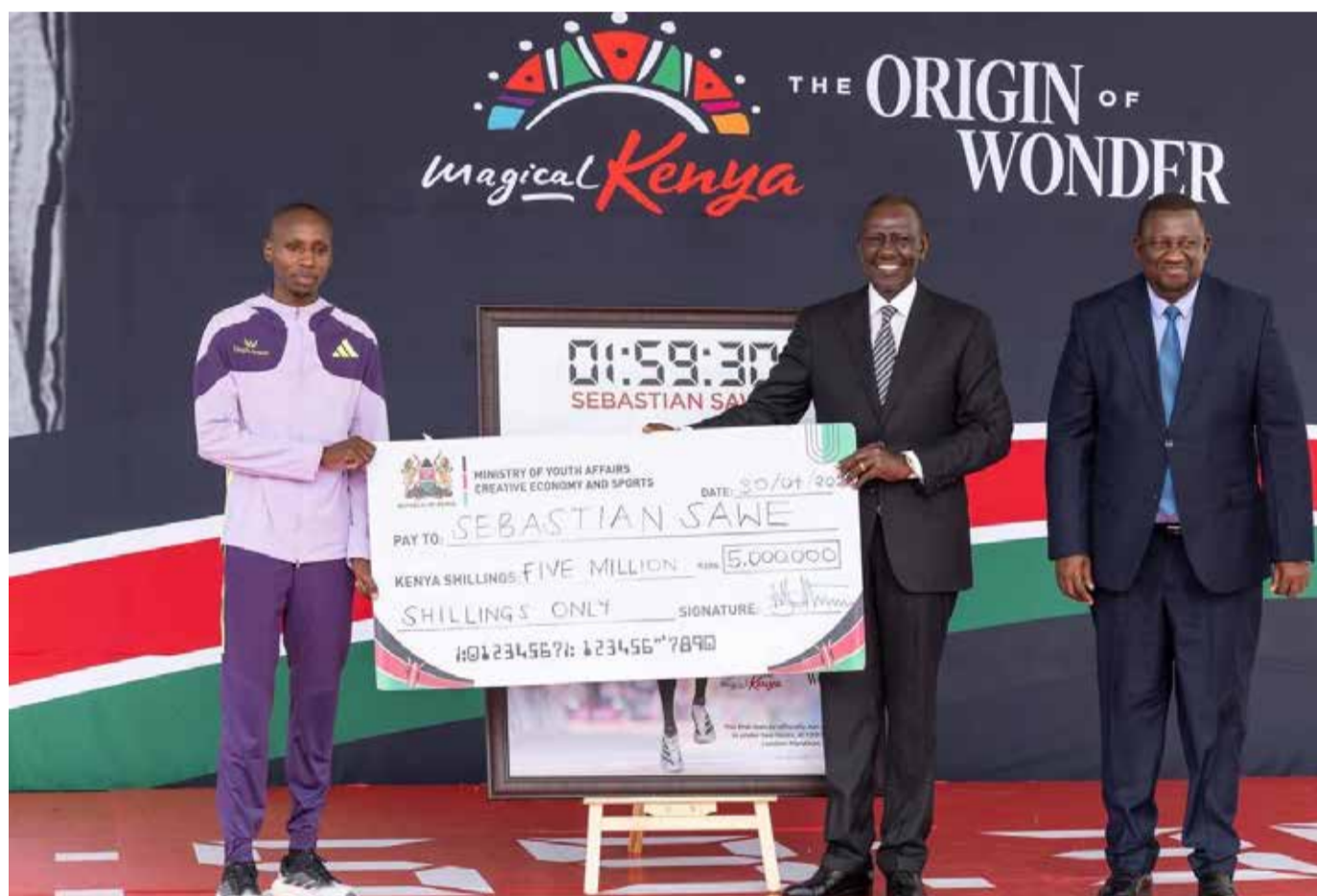
The Mount Kenya Times

+254 724 439 949, +254 720 918 828, +254 721 103 040, +254 713 318 438

website: <https://mountkenyatimes.co.ke>

Champion He also gifted Mr Sawe a custom-made car number plate, 01:59:30, the historic sub-two hour marathon he registered at the London Marathon on Sunday.

Ruto rewards Marathon record-breaker Sebastian Sawe after historic sub-two-hour run



President William Ruto, CS Sports and Sebastian Sawe at State House yesterday.

BY PCS

@themkenyatimes

President William Ruto hosted the world marathon record champion Sebastian Sawe at State House, Nairobi yesterday to celebrate his historic sub-two hour marathon achievement.

During the ceremony, the President awarded Sawe KSh8 million, KSh5 million for breaking the world record and KSh3 million for winning a gold medal.

He also gifted Mr Sawe a custom-made car number plate, 01:59:30, the historic

sub-two hour marathon he registered at the London Marathon on Sunday.

President Ruto commended Mr Sawe for the remarkable achievement of being the first human to run the marathon in under two hours, noting that such moments are rare.

He said that Mr Sawe had done what many believed could not be done, had made the impossible possible, and, in doing so, had inspired Kenya and the world.

“Moments such as this are exceedingly rare. They come, perhaps, once in a generation; sometimes only once in a lifetime,” he said.*

The President pointed out that future generations would look back on 26 April, 2026, the day Mr Sawe broke through a physical and psychological barrier long thought insurmountable, saying his name would forever be attached to that moment.

He drew comparisons with great milestones of human history, including the day Neil Armstrong set foot on the moon on 20 July, 1969, and Roger Bannister shattered the four-minute mile on 6 May, 1954, an accomplishment once believed to be beyond human limit.

He explained that these mo-

ments did more than set records; indeed, they redefined possibility itself.

“They stretch the boundaries of belief, challenge doubt, inspire courage, and compel humanity to aim higher,” he said.

President Ruto commended Mr Sawe for his consistency and record of successive victories over the years leading to the historic sub two-hour marathon.

The President lauded the country’s athletes for being Kenya’s excellent ambassadors, showcasing the very best of the nation to the world.

“No amount of investment

could secure the global recognition and positive image they so powerfully and consistently bring to Kenya,” he said.

To sustain the momentum, he said the government is strengthening sports across the country, scaling up investment in talent development and world-class sporting infrastructure.

He noted that the government is building Talanta Stadium, a 60,000-seater facility that will host major events, including AFCON 2027.

He also pointed out that the Moi International Sports Centre, Kasarani, and Nyayo National Stadium have been renovated while 25 other stadia across the country are being expanded to meet international standards.

At the grassroots, he said, the government is establishing Constituency Sports Academies to identify and nurture talent early.

These academies, President Ruto explained, will give young people access to quality training, modern facilities, and clear pathways into professional sport.

“

President Ruto commended Mr Sawe for the remarkable achievement of being the first human to run the marathon in under two hours, noting that such moments are rare. He said that Mr Sawe had done what many believed could not be done, had made the impossible possible, and, in doing so, had inspired Kenya and the world.

“Moments such as this are exceedingly rare. They come, perhaps, once in a generation; sometimes only once in a lifetime,” he said.*

The President pointed out that future generations would look back on 26 April, 2026, the day Mr Sawe broke through a physical and psychological barrier long thought insurmountable, saying his name would forever be attached to that moment.

To strengthen governance, the President said the government has introduced the Sports Bill 2026, which proposes the establishment of a National Sports Regulatory Authority to ensure the highest standards.

Moreover, he said, the government has enhanced the reward framework for athletes. Gold medal winners in athletics now receive KSh3 million, silver medallists KSh2 million, and bronze winners KSh1 million.

“These measures are designed to support sports development and ensure that our young men and women have every opportunity to nurture and advance their talents,” he said.

President Ruto pointed out that by investing in sports and the creative economy, the government is creating pathways for young people to turn talent into sustainable livelihoods and meaningful careers.

On his part, Mr Sawe said his victory was for the country and helped raise Kenya’s global profile.

“We will continue working hard to advance our talents and strengthen the reputation of our country,” he said.

He commended the President for reforms in the sports sector, citing the construction of stadia across the country.

Sports Cabinet Secretary Salim Mvurya said the government is keen on nurturing talent as a source of livelihood.

“Under your leadership (President Ruto), we know that each of our talents will be very transformative not only to the individual athletes, but also in positioning our country as a global sporting giant,” he said.

Mr Mvurya explained that when Mr Sawe arrived from London on Wednesday night, he was treated to a water salute at the airport, a rare honour given to heroes.

Athletics Kenya President Jackson Tuwei recalled that Mr Sawe was named the best athlete of the year in 2025 outside the track by World Athletics.

He commended the government for supporting the growth of athletics in the country.

Constitution Despite the lack of quorum that halted formal deliberations, several organizations and individuals who had gathered proceeded to submit their memoranda

Push for five-year cooling-off period for governors gains support despite Senate committee no-show at KICC

BY MKT Correspondents

@themkenyatimes

A public participation forum on the proposed Constitution of Kenya (Amendment) Bill, 2026, drew stakeholders to the Kenyatta International Convention Centre (KICC) in Nairobi, but proceedings were disrupted after members of the Senate Standing Committee on Justice, Legal Affairs and Human Rights failed to attend, reportedly due to their participation in a burial in Bomet County.

Despite the lack of quorum that halted formal deliberations, several organizations and individuals who had gathered proceeded to submit their memoranda in support of the Bill; signaling growing public backing for reforms aimed at strengthening accountability within Kenya's devolved governance system.

Among those present was MMV Associates CLG, a caucus of former freedom fighters and their descendants that is headed by James Njuguna Mahuria delivered a detailed memorandum endorsing the proposed constitutional amendment.

The organization, working in partnership with groups such as Mau Mau Indigenous Knowledge, and the Jeremiah Mugi Foundation, framed the proposal as a critical step toward safeguarding democratic integrity.

The Bill, sponsored by Senator Kamau Murango, seeks to introduce a five-year cooling-off period barring former county governors from contesting for positions as Senators or Members of County Assembly immediately after leaving office.

In their petition, MMV Associates CLG argued that the reform addresses a structural weakness in governance by preventing conflicts of interest.

They noted that the Senate, under Article 96 of the Constitution, is mandated to oversee county governments, making it problematic for former governors to transition directly into roles where they could be required to scrutinize their own past decisions.

"Allowing such immediate transitions undermines objectivity and erodes public trust in oversight institutions," the petition stated, adding

that the cooling-off period would restore confidence in the Senate's watchdog role.

He further emphasized that the proposed law would help curb potential abuse of office. Without restrictions, sitting governors could leverage state resources and influence to position themselves for future legislative roles.

The five-year gap, the team said, would act as a safeguard, reinforcing ethical leadership in line with Chapter Six of the Constitution.

The memorandum also highlighted the importance of leadership renewal.

According to the petition, signed by Mahuria, devolution was designed to broaden participation and create opportunities for diverse leadership.

However, the quick recycling of governors into other elective positions risks entrenching a narrow political elite.

"This reform opens up democratic space, allowing new leaders to emerge and ensuring fair competition," he added.

The former freedom fighters caucus was represented by members from different communities and counties.

Echoing these sentiments, the Bill's sponsor, Senator Murango, outlined



A member of MMV Associates CLG signing attendance list at KICC yesterday. |

Photo: courtesy



Some of the MMV Associates CLG members presenting their petition.

in the Memorandum of Objects and Reasons that the amendment aims to strengthen accountability processes tied to county governance.

He noted that governors are subject to oversight through audit reports prepared by the Office of the Auditor-General and reviewed by the Senate and county assemblies.

Murango argued that allowing former governors to assume legislative roles immediately could interfere with ongoing accountability processes, particularly those related to

financial and administrative decisions made during their tenure.

"Barring former governors from vying for elections immediately after serving ensures that oversight bodies have adequate time to investigate and conclude any pending matters without interference," the memorandum states.

The proposal also seeks to give voters a clearer basis for evaluating candidates seeking future office. By the end of the cooling-off period, all accountability processes would have been completed, providing the electorate with a comprehensive record of a former governor's performance.

Additionally, the Bill reinforces the principle of separation of powers by drawing a clear line between executive leadership at the county level and legislative oversight at both county and national levels.

While the failure of the Senate com-

mittee to attend the Nairobi session drew criticism from participants, stakeholders maintained that public engagement remains essential in shaping legislation of national importance. Many expressed hope that subsequent forums would proceed as scheduled to allow broader citizen input.

The Constitution of Kenya (Amendment) Bill, 2026, has emerged as a focal point in ongoing discussions about governance reforms, with supporters arguing that it will strengthen devolution, enhance transparency, and promote a more inclusive political landscape.

As the legislative process continues, the submissions made, despite procedural setbacks underscore a clear message from sections of the public: accountability and integrity in leadership must remain central to Kenya's democratic evolution.



A member of public signing the attendance list at KICC yesterday.

Music Kamau who is also a political analyst said that national cohesion is more important than individual or sectional gains.

Avoid incitement. lawyer Mbiyu Kamau advises musicians

BY MKT Correspondent
@themtkenyatimes

Prominent lawyer Mbiyu Kamau has advised musicians to avoid inciteful compositions that may inflame the nation.

During an interview on Jamba TV, Kamau who is also a political analyst said that national cohesion is more important than individual or sectional gains.

“Music must be educative, entertaining and but never be a means to disintegration”, opined the seasoned lawyer.

At the same time, Kamau who has also declared his aspiration to represent the peo-

ple of Juja constituency in the National Assembly called on citizens to take up the responsibility of first instance oversight on both the national and county governments.

“Every citizens is empowered by the 2010 constitution to report to the Ethics and Anti corruption Commission any ills committed by any state officer, a responsibility they should never shy away from”, advised the lawyer.

Further, advised Kamau, citizens may go to court when they have reason to believe that any public officer has breached the supreme law of the land.

“Governors must respect the

rule of law by attending to invitations or summons by senate and explain any queries without excuses as they are entrusted with public funds, “noted Kamau.

He further observed that like any other citizen, governors have a legal recourse when and if they feel the senate is harass them but snubbing is not a solution.

“Governors have been claiming that they are coarsed, intimidated and fleeced by senators but why don’t they report to investigative agencies or even go to court”, posed the lawyer.

On the national health insurance agency SHA, he called



Lawyer Mbiyu Wa Kamau during the interview.

on Kenyans to ensure they are registered before complaining that it’s not working.

Mbiyu also urged politicians to give options of programmes

they feel are not working but not just dismissing for political bonga points.

He promised to dedicate his energy and ability in address-

ing issues affecting Juja constituency in particular and Kenyans in general once he is elected during the forthcoming General Election.

Where Moments Become Memories

Use Promo Code **TOURISM26**

Sales valid until 15th March 2026
Travel valid until 30th June 2026

ENJOY **6% OFF** DOMESTIC ROUTES

Book on: www.kenya-airways.com, or via KQ Mobile App

www.kenya-airways.com

Kenya Airways The Pride of Africa

Vehicle Branding

If your vehicle isn't branded, it's not working hard enough.

Turn your Vehicle into a moving Billboard.

From as low as Kshs. 17000/-

Request a Quote

We deliver countrywide at a fee!

Call: 0791359251
Website: rockandroll.co.ke

African Political Party regulators launch continental body to boost democracy

BY KNA

@themtkenyentimes

African political party regulators have launched the African Association of Political Party Regulatory Authorities (AAPRA) in a landmark move aimed at strengthening democracy, promoting inclusion, and enhancing cooperation across the continent.

The launch, marked by the signing of a Memorandum of Understanding (MoU), brought together regulators from Kenya, Sierra Leone and Malawi, with support from international partners including the European Union.

Speaking during the AAPRA Conference in Nairobi, Ann Njeri Nderitu, Commissioner at the Independent Electoral and Boundaries Commission (IEBC) and former Registrar of Political Parties, described the initiative as a timely and necessary step for Africa.

“An idea whose time has come cannot be stopped,” she said, noting that the association was born out of a need for African led solutions to democratic challenges.

Nderitu said the formation of AAPRA would provide a platform for regulators to share experiences, benchmark best practices, and support one another in managing political parties.

“We are searching for solutions to African challenges from places we cannot get them, when the answers were already here, hidden in our shared experiences,” she said.

She emphasised that political party regulation is central to democratic governance, noting that strong political parties are the foundation of credible elections and leadership.

“A political party is the springboard of a good democracy. Once we strengthen political parties, we strengthen the institutions that emerge from them,” she stated.

The commissioner also highlighted the need to address exclusion in political processes, saying many groups remain underrepresented despite forming the majority.

“Exclusion is not just a policy failure; it is a menace that hollows our democracy and our institutions,” she said.

She called on regulators to ensure inclusivity by bringing on board youth, women, persons with disabilities and marginalised groups in political party processes.

Nderitu further noted that the association would help harmonize standards across countries while respecting different political systems.

“Every country has its unique way of managing politics, but we can only make our democratic space better if we learn from one another,” she said.

She expressed confidence that more countries would join the initiative over time.

“We started with those who are ready, but many others will come on board as the association grows,” she added.

Kenya’s Registrar of Political Parties John Cox Lorionokou, said the formation of AAPRA demonstrates the importance of collective action in strengthening democracy.

“There can never be a democracy that develops in isolation; it always has a spill-over to others,” he said.

Lorionokou noted that the idea of the association evolved from earlier engagements among regulators and was strengthened through consultations and technical

assessments across participating countries.

“We have had thoughts, we have had writings, and now we have action. We are proud that we are here today,” he said.

He emphasised that political parties are key to democratic systems, as they produce leaders and shape governance structures.

“We cannot expect any country to have a national democracy that is above that which is practiced by its political parties,” he said.

The registrar added that collaboration among countries would enable them to learn from each other’s strengths and address shared challenges.

“Where one country is weak, another can provide lessons to improve,” he said.

He likened democratic development to farming, noting that progress in one country depends on progress in neighbouring countries.

“If you don’t improve your neighbor’s breed, you can never get the quality you want,” he said.

Participants noted that regulating political parties remains a complex task that requires constant vigilance and cooperation.

Nderitu pointed out that regulators must be proactive and responsive to emerging issues within political parties to ensure stability and continuity of democracy.

“It is not a simple job. It is a job where you have to be 24/7 alert because many things happen within political parties that must be settled for democracy to continue,” she said.

The conference also acknowledged the role of devel-



Former Registrar of political parties Ann Nderitu addressing the forum

opment partners, particularly the European Union, in supporting the initiative from its early stages.

Nderitu recalled that the idea gained momentum following engagements in Brussels during the International Day of Democracy, where discussions with stakeholders helped shape the vision.

She commended Lorionokou for advancing the initiative after her tenure, describing him as a leader committed to

continuity.

“It demonstrates leadership with a bigger vision, one that ensures continuity of ideas,” she said.

The establishment of AAPRA is expected to strengthen political party systems, enhance cooperation among regulators, and promote inclusive governance across Africa.

Nderitu urged stakeholders to move beyond vision and focus on implementation.

“A vision without execution

is merely a hallucination. You must dream, but when you wake up, implement,” she said.

The launch of the association marks a significant milestone in Africa’s democratic journey, with stakeholders expressing optimism that it will contribute to stronger political institutions and improved governance across the continent.



Some of the officials in the offices of registrar of political parties from different countries

Summit Kabogo, alongside ICT ministers from Uganda, South Sudan and Rwanda, advanced discussions on the Northern Corridor Regional Communication

Africa pushes digital sovereignty agenda at Connected Africa Summit 2026

BY Felix Njenga
@themkenyatimes

Africa took a significant step toward strengthening its digital independence during the Connected Africa Summit 2026, with Kenya positioning itself at the center of the continent's transformation agenda. The summit, led by William Kabogo, Cabinet Secretary for Information, Communications and the Digital Economy, brought together African leaders, policymakers and global technology partners to



Cabinet Secretary William Kabogo with Mourana Soumah of Guinea after a consultative meeting.



Cabinet secretary William Kabogo hands a dummy boarding pass to students who will be representing Kenya at the Global Finals of Huawei ICT competition scheduled for early June in Shenzhen, China.

advance collaboration in digital infrastructure, innovation and inclusive growth. A major highlight of the summit was the push for digital sovereignty through regional cooperation. Kabogo, alongside ICT ministers from Uganda, South Sudan and Rwanda, advanced discus-

sions on the Northern Corridor Regional Communication and Broadcasting Satellite Initiative.

The project aims to reduce Africa's dependence on foreign satellite systems by developing a jointly owned regional satellite to support broadcasting and digital services. As an initial step, partner states agreed to conduct a comprehensive feasibility study covering technical, financial and legal aspects, funded collectively.

The summit also underscored the role of partnerships in driving Africa's digital future. Kabogo held bilateral talks with officials from Guinea and Malawi to strengthen collaboration in areas such as e-government services, ICT infrastructure and system resilience. These engagements reflected a broader continental effort to build robust and interconnected digital ecosystems.

In a joint communiqué adopted during the summit, African ministers committed to actionable steps including expanding digital infrastructure, reducing roaming charges and enhancing digital trade under the African Continental Free Trade Area framework. The agreement signals a shift from policy discussions to practical implementation aimed at creating a unified African digital market.

Lee Kinyanjui, Cabinet Secretary for Investments, emphasized that Africa is building on existing systems to scale up solutions that support businesses and create employ-

ment opportunities. He noted that the continent is no longer starting from scratch but accelerating its progress toward economic integration through digital transformation.

The summit also celebrated the role of youth and skills development in the digital economy. Kabogo recognized 21 top-performing Kenyan students from universities and technical institutions who excelled in the 2025/2026 Huawei ICT Competition. Nine of these students will represent Kenya at the global finals in Shenzhen, China. Special recognition was given to students from PC Kinyanjui Technical Training Institute for reaching regional finals, highlighting the growing importance of TVET institutions in developing skills in artificial intelligence, cybersecurity and cloud computing.

As the summit concluded at the Edge Convention Centre, Kabogo called for Africa to take ownership of its technological future, stressing that the continent must actively shape solutions to its challenges. He also praised initiatives such as the AI for Disability Hackathon, which promote inclusive innovation through public-private partnerships.

The event brought together delegates from over 12 African countries, alongside partners such as Huawei and UNESCO, reinforcing a shared commitment to building a connected, inclusive and resilient digital ecosystem across Africa.

Invitation To: **THE LAKE REGION**

WORLD BEE DAY

2026/27

KISUMU API-FIELD DAY

9.00AM - 1.30PM | 28 APRIL 26

@ JAPUR FARM, (BEFORE DARAJA MBILI, KISUMU-MASENSO RD)

300/- (Lunch Provided)

CONTENT

- Commercial Bee Farm Exhibitions.
- Branding, Packaging & Value Addition.
- Introduction to Apitherapy.
- Api-Tourism
 - Mombasa W.B.D Road Trip
 - Nyuki Marathon Harare Road Trip.
- LRBFA Membership 50% April/Offer.

CALLING Honey Value Chain Actors, Bee Farmers, Honey & Hive Products Resellers, Bee Equipment Makers & Sellers, Farmers Dependent On Bees Pollinators And Interested Parties.

FOR MORE INFO, TO ATTEND AND/OR SPONSOR "THESE EVENTS", CALL LRBFA: +254 72249 8922

KWS The water was described as having white, effervescent bubbles, continuous flow and unusual coloration; signs consistent with possible chemical discharge.

Toxic water scare at Nairobi National Park sparks multi-agency probe

BY MKT REPORTER

@themtkenyatimes

The Kenya Wildlife Service (KWS) yesterday raised alarm over a suspected chemical contamination incident affecting water flowing into Nairobi National Park, triggering fears over environmental damage and public health risks.

In a statement, KWS said its officers detected abnormal inflows of foamy water entering the park through the Mlolongo drainage corridor earlier in the day.

The water was described as having white, effervescent bubbles, continuous flow and unusual coloration; signs consistent with possible chemical discharge.

Suspected industrial pollution under investigation

Preliminary findings indicate that the contaminated runoff may have originated from nearby industrial zones, including areas around Orbit Chemical Industries Ltd, although authorities emphasized that investigations are ongoing to establish the exact source.

The affected water system feeds into the Mbagathi and Athi Rivers and ultimately into Athi Dam, raising concern over the potential spread of pollutants across a wider ecosystem.

Officials warned that the contamination could threaten aquatic life, wildlife habitats and communities that rely on the water downstream for domestic use, farming and livestock.

Agencies move to contain environmental threat

KWS has since launched a coordinated response involving multiple government agencies, including the National Environment Management Authority (NEMA) and the Water Resources Authority (WRA).

The intervention includes water sampling, laboratory analysis, tracing of upstream discharge points and implementation of containment measures.

The agency has also issued a public advisory urging residents to avoid contact with water from the affected areas, refrain from fishing and report any unusual changes in water quality or wildlife behavior.

KWS warned industries operating within the catchment against discharging untreated waste into the environment, stressing that such actions violate environmental laws and could lead to prosecution, fines or



closure of facilities.

“Investigations are ongoing, and decisive legal action will be taken against any party found responsible,” the agency said.

The incident adds to growing concerns over industrial pollution in key water catchment areas and its impact on protected ecosystems and human livelihoods.

The Mt. Kenya Times

THE



Moonlight, my silent confession



Beneath the hush of velvet skies so wide,
The moon arrives with grace it cannot hide,
A silver whisper drifting through the night,
Painting broken hearts with borrowed light.

It knows the tales we're too afraid to say,
It hears the words that slowly fade away,
In quiet glow, it holds each secret tight,
And guards our dreams till morning steals the night.

Oh gentle moon, you wear a lonely crown,
Yet never let your tender light fall down,
You shine for souls who wander, lost and torn,
A soothing promise—every night reborn.

So when my heart feels heavy, lost, undone,
I look at you, my ever-constant one,
For in your glow, I find a love so true,
A silent world... that feels a bit like you.

©Dr. Daksha Udhani
Ahmedabad

If you are looking for a friend faultless, you will be friendless



I searched for a perfect friend,
With no flaws to mend or bend,
But days went by, and I found none,
Only silence, only one.

Then I met a heart so real,
With little cracks I could feel,
Not flawless, not always right,

Yet warm like morning light.

We laughed, we erred, we grew,
In moments both old and new,
I learned a truth so clear—
Perfect friends don't stay near.

But those who are kind and true,
Imperfect... yet stand by you,
Are the ones who always remain,
Through joy, through loss, through pain.

R SRIPRIYA
BT ENGLISH
GHSS KOLAPAKKAM KANCHIPURAM DISTRICT
TAMILNADU
INDIA

The realm of the soul



Seek not for happiness in the world in vain,
It dwells within your faith and in your heart.
At times in lowlands, or on a mountain peak,
Or like a shield, it guards your every part.

The gift of life is the greatest victory won,
And gratitude is the key to find its door.
If you gather your bread with honest labor,
Each righteous step is a ticket to bliss evermore.

Happiness is a father's blessing, a mother's

prayer,

The spark of light in your child's bright eyes.
It is the river's whisper, the mountain's call,
A fleeting trust under today's vast skies.

With hands in honest work and faith in your soul,
When your table is filled with rightful gain,
The spirit is free, the heart is full of joy,
In the finest of eras, you shall surely reign.

Jewels and wealth are not the roots of bliss,
It is the lamp that glows within your mind.
If your conscience is pure and crystal clear,
Sorrow and grief you will leave far behind.

About the Author
Nigora Yo'ldasheva Sodiqjon qizi
Born: May 29, 1999, in Yangiyo'rg'on district,
Namangan region.
Personal Life: Married, mother of one child.
Status: Currently a student.

The tongue of pain



As an old proverb used to say:
"The dogs will bark — the caravan finds its way."
The fault's not theirs, don't place the blame,
They bark along the road the same.
To stand up right is never light,
The world will push with all its might.
If fortune smiles and lifts you high,
They wound your heart and pass you by.

If you succeed, their faces fall,
In envy's poison, trapped they crawl.
They whisper lies, both harsh and wild,
With tongues that stretch a mile and piled.
They bark and bark till they grow weak,
Then chase again the ones they seek.
No rest they find, no peace inside,
Still running with their wounded pride.
As Abdulla Oripov once wrote in pain:
"May grief not burn your soul in vain...
Yet bitterness will make you cry,
When caravans pass barking by."

Xasanova Aziza Kumushbek qizi Uzbekistan

Laborious labourers



An honor to the workers
For their dedication as toolmaker
Labourers are the roots of the society
Holding the nation socially for it's prosperity

As the pain of the mother is praised for ever
So do labour to be saluted for ever
Assigned to sweat eight hours only
But it exceeds as they work soulfully
Only a day as weekend off work
To mend their life without any perk
The labour movement should be highlighted
With an end to child labour delighted
As to educate all classes of child
Uplifting the economic
as implied.
(Dedicated to all who wheel their hands)
G.Sarala.

Workers' Day – A note of gratitude



Why do we mark this special day?
To thank the hands that shape our way.
On May the first, we pause and see,
The strength behind our luxury.

We live our lives in joy and ease,
With food, with comfort, daily peace.
But many toil from dawn to night,
To make our world feel warm and right.

The food we eat, so rich and good,
Comes from someone's hard-earned sweat and

wood.

Yet rarely do we stop and think,
Of every hidden, working link.

The clothes we wear, so neat and fine,
Begin as cotton on a vine.
From fields to mills, through skill and thread,
By workers' hands, our lives are fed.

Whatever we need, both big and small,
Is built by workers, one and all.
So let us thank them, loud and clear,
With grateful hearts, sincere each year.

V. JAYANTHI,
Graduate teacher
Creative Writer
Chengalpattu district
Tamil Nadu India

More than what we see



Beauty is more than what we see,
not just a face, not just a glow,
it lives in places eyes can't reach,
in depths the world may never know.
She walks with grace, Simran, they say,
a quiet strength, a gentle light,
not only in her outer shine,

but in her soul so warm and bright.
From DAV Public School, NH-3,
she carries dreams, she carries fire,
with kindness stitched into her heart,
and courage rising higher and higher.
It's in the way she stands so strong,
yet chooses softness every day,
in every smile, in every step,
she finds her own unique way.
So beauty isn't just a face,
or something time can ever take,
it's the soul, the heart, the depth within...
the light she'll always make.
— Simran
DAV Public School, NH-3

Floods “The government must intervene since these families have land but no resources to construct homes or restore their livelihoods”, said Njenga.

Elders call for the fast-tracking of the resettlement of all flood victims

BY Erastus Gichohi
@themkenyatimes



Kikuyu elders led by Naivasha Council Chairperson, Muhuhu Njenga addressing the media.

The Kikuyu Council of Elders (Kiama Kia Ma faction) has called on the government to expedite the full resettlement of survivors of the Mai Mahiu flood disaster, which struck two years ago.

The tragedy killed at least 63 people, displaced hundreds of families, destroying homes and livelihoods after a blocked railway tunnel at the upper Kijabe area burst its walls.

The Naivasha Council Chairperson, Muhuhu Njenga, stated that while landowners affected by the tragedy had been allocated one and a half acres each for resettlement as part of the first cohort of 105 households, the majority lacked the financial means to

rebuild.

He noted that many survivors continue to experience mental trauma and economic hard-

ship with some unable to revisit the area they once called home.

“The government must inter-

vene since these families have land but no resources to construct homes or restore their livelihoods”, said Njenga.

He commended donor organisations that supported the rehabilitation of destroyed infrastructure and the rebuilding of homes for the most severely affected families.

Already, the government has completed the rehabilitation of the destroyed railway line in the upper Kujabe area which has enabled the resumption of seamless cargo transport.

Senior council overseer Mbugua wa Kabee echoed the call, urging the state to accelerate compensation and full resettlement.

Speaking at a cultural cleansing ceremony held in Mai Mahiu, he also called on the government to extend land allocation to tenants whose property was destroyed but who have yet to receive any resettlement assistance.

Survivor Kahunyu Karobia,

who lost his wife and daughter in the floods, described the government’s allocation of Sh20,000 per family as absolutely inadequate.

While he welcomed the land allocation, he stressed that the provision of social amenities and access roads remained critical to the new piece of land.

“The first cohort of 105 families has received land but the many tenants who were equally affected are still waiting for the promises made to them”, said Karobia.

Council patron, Nyamu Chege, confirmed that more than 100 victims remain unsettled, despite assurances given by Deputy President Kithure Kindiki during a visit to the area two months ago.

“Two years on, the delayed resettlement has compounded the suffering of these families while urging the government to honour its commitment”, said Chege.

BUSINESS START UP & SOAP MAKING Masterclass

Discover the art of liquid soap making and learn how to start your own successful soap business!

18th April
9:00 AM - 1:00 PM
Venue: H4 Towers 12th Floor

WHAT YOU'LL LEARN:

- Soap making from scratch
- Learn how to start a business, social media marketing and Public Relations
- Starting and marketing your soap business

ALL MATERIALS PROVIDED!

CONTACT / BOOK NOW:
0796052809
LIMITED SPACES AVAILABLE!

EXCEPTIONAL CAR HIRE SERVICES

- Auto/Manual
- Clean & Comfort Interior
- Cool Air Conditioning
- Discount for repeat customer

BEST CAR RENTAL DEAL

WE MEET ALL YOUR CAR NEEDS. BOOK AND DRIVE

2nd Parklands Avenue | **0723889371**

Info@exceptionalcarhire.co.ke | @exceptionalcarhireservices
https://www.eceptionalcarhire.co.ke | Exceptional Car Hire Services

OUR SERVICES

- Sound System Hire
- Audio-visual & Event Technology
- Events Support & Management
- Corporate & Social Events
- School events & Graduations
- Weddings & private parties
- Conferences & Seminars
- Religious functions & crusades
- Product launches & activations

CONTACT US:
+254 715 714219 | +254 704 562970
enfsoundsentertainment@gmail.com

Education Erick Kairu, a neighbor of the school told the inquest that to access the burning dormitory, he had to navigate around the school perimeter

Testimonies by teachers at Hillside Endarasha Academy expose preparedness gaps

BY KNA

@themkenyatimes

Testimonies by teachers at the Hillside Endarasha Academy during a public inquest into the dormitory fire that claimed the lives of 21 boys on September 5, 2024 have exposed gaps in safety preparedness and emergency response at the school.

While giving their testimonies before Senior Resident Magistrate Mary Gituma, the school's Headteacher Joseph Macharia and his Deputy Nahashon Kariuki admitted that as part of the management of the school, did not know the institution required an early warning system, a set of disaster risk reduction strategies as well as crises response teams to respond to emergency situations.

Surprisingly, they also told the court that despite teaching in a boarding school for more than a decade, they were vaguely conversant with the School Safety Standards Manual by the Ministry of Education that details bed spacing and capacity limits for school dormitories with the headteacher revealing that the school only acquired a copy of the manual after the tragedy.

During the inquest, which was attended by the parents of the victims, it also emerged that the first responders who included members of the neighboring community and teachers arrived at the scene to find a locked gate.

Erick Kairu, a neighbor of the school told the inquest that to access the burning dormitory, he had to navigate around the school perimeter where he found an opening in the fence. "I initially thought the noise was coming from the signing and intercession prayers from the nearby Full Gospel church who were holding a prayer



Joseph Macharia

vigil. But when I stepped out of the house, I heard the commotion and then I saw fire at the school. I immediately ran towards the scene but I went through the fence because the gate had been locked," said Kairu.

According to an earlier testimony by James Maina, a former guard at the school, it was at around 10 pm when he noticed a cloud of smoke billowing from the boys' dormitory making his normal night patrols at the school compound. He told the inquest in November last year that the fire was at one of the three doors that the dormitory had.

The area in question according to testimonies submitted in the inquest was on the lower side of the dormitory where the toilets and bathrooms were located.

Maina said he immediately started calling for help using a whistle that he always carried with him. At the same time, he started assisting the boys to get out of the dorm through the other two doors and there were those who were escaping the fire through the win-

dows.

On Tuesday Kairu said that upon entering the compound he found a flurry of activities. There was a crowd of people trying to extinguish the fire using water from a tank located near the dormitory while others were evacuating the children to a safer ground.

"I joined in and it was then that I came across one boy who had serious injuries on his body. With no emergency vehicle available, I rushed back to my house and took my car and together with one of the teachers, we rushed the boy to Mary Immaculate hospital in Mweiga. But after two hours, the doctors there told us that they had to refer him to the Nyeri County Referral hospital for better treatment using their ambulance," Kairu told the court.

Another witness, Elijah Katikala who was a class teacher for one of the Grade 7 classes told the inquest that he was part of the team that was trying to extinguish the fire. He said that the intensity of the inferno prevented him from entering the dormitory to res-

cue the trapped boys. He said he assisted by fetching water from the nearby tank and handing it to those that were battling the flames.

"I was not close to the dorm because the scene was dangerous for me. The only thing I did was fetch water and pass it to those who were putting out the fire. But I saw the boys being rescued. They were being car-

ried by those who were getting in the dorm," he told the court during an interrogation by the lawyer for the victims, Raphael Olieti.

The Deputy Headteacher, Nahashon Kariuki said that he was informed about the fire at around 11pm. By the time he was arriving at the school four minutes later, he found teachers, the school director David Kinyua and other first responders evacuating students to an assembly point near the administration block where a roll call was conducted.

"We started with a roll call for all for the boys and girls combined and then we assigned the class teacher to take the roll call for their respective classes. We would call out a name and if there was no response, one of the teachers would rush towards the dormitory area to check if they were still trapped in the dorm. The roll call was however interrupted when members of the public started to flock the school compound," he said.

Details also emerged that the school operated as a day and boarding facility with a total of 330 boarders who included 164 were boys and 166 girls.

But when the boarders reported to school on September 3, 2024, three boys did fail to turn up bringing the total capacity of the boys' dormitory on the night of the inferno to 161.

In his testimony before the inquest the Head Teacher Mr Macharia, they were able to account for all the 166 girls. It was a second roll call that was conducted with the help of the Kenya Redcross Society that the school administration was able to trace whereabouts of the unaccounted-for boys.

"I recall 11 boys were taken to hospital in the company of three teachers. Through the help of a Red Cross we were able to call the parents some of whom had picked the learners without notifying the school. So we were able to account for all the boarders even the ones who were in the hospital," Macharia told the inquest.

"Two succumbed, one at the Mary Immaculate Mweiga and the other at Kenyatta National Hospital. The Directorate of Criminal Investigations informed us that they retrieved 19 bodies from the dormitories," he added.

The court also heard that nearly two years after the incident, the school was yet to establish a monument in honour of the 21 boys who perished in the fire with Macharia noting that the school was in the process of organising a commemoration of the boys.

The inquest will resume on August 3.



Some of the concerned parents and guardians following proceedings.

DO YOU WANT TO GET PUBLISHED?

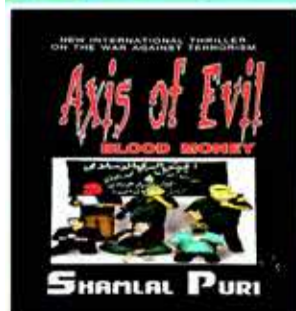
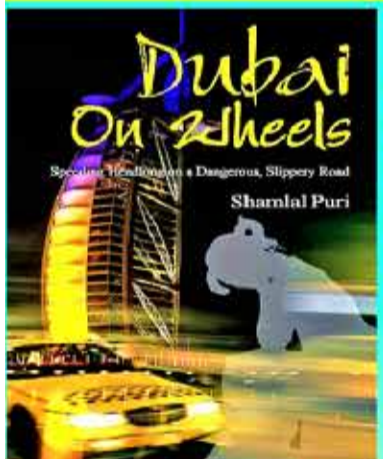
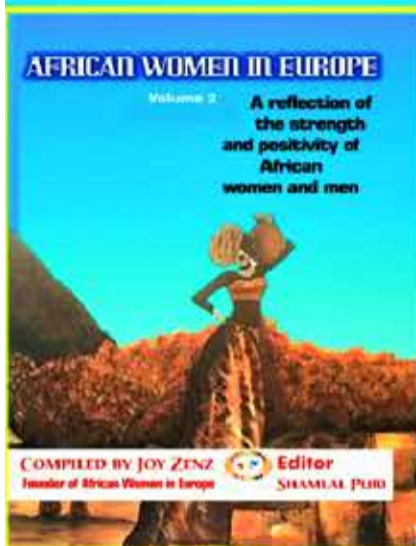
ARE YOU A WRITER OR CORPORATE?

Let Professional Editors and Authors turn your story into a Dream Book.

THRILLERS - FICTION - FICTION - BIOGRAPHIES - TRAVELGUES - HUMOUR- COFFEE TABLE - BROCHURES

London-based contract Publishers for independent and self-publish authors.

We offer one-stop top notch Editing, Expert Design, Proof Reading, Book Covers, Artwork, Digital, Litho Printing, E-Books, Corporate Brochures and UK ISBN number. Reasonable costs. We print and deliver books. Authors retain 100% sales profits.



The Crownbird Publishers logo and imprint owned by Adlink International (1989) Media Group London

Copies of some books available for sale: hard copy/digital. Contact us: media@adlinkinternational.com Email Subject: Crownbird Books



ADLINK INTERNATIONAL (1989) MEDIA GROUP
Books Division
16 Upper Woburn Place, London WC1H 0AF (UK)
Tel: 44 330 606 1438
Email: media@adlinkinternational.com
www.adlinkinternational.com

May Day: The etiology of modern May Day observances lies not in bucolic pagan festivities of antiquity, but in the crucible of industrialization



BY Dr. S. Latha
@themtkenyatimes



May Day

I. Prolegomenon: The Semiotics of a Date

The first of May, denominated in the universal lexicon as May Day or International Workers' Day, is not a mere calendrical interstice. It is a palimpsest upon which the annals of human industry, sacrifice, and inexorable aspiration have been inscribed with indelible pigment. To apprehend its full gravitas is to engage in a hermeneutic exercise that traverses economics, sociology, political philosophy, and the ineffable realm of human dignity. May Day is simultaneously a threnody for martyrs, a paean to perseverance, and a prophetic manifesto for a more equitable world order. As Shakespeare's Henry V reminds us, "From this day to the ending of the world, / But we in it shall be remembered" — so too shall the toilers whose sweat consecrated this date.

II. Historical Genesis: From Haymarket to Hegemony

The etiology of modern May Day observances lies not in bucolic pagan festivities of antiquity, but in the crucible of industrialization's most refractory contradictions. The late 19th century, characterized by Laissez-faire capitalism's untrammelled rapacity, witnessed the proletariat subjugated to Sisyphean toil: fourteen-hour diurnal cycles, insalubrious manufactories, and remuneration that bordered on pecuniary vassalage.

The fulcrum of transformation emerged in Chicago, 1886. The Haymarket Affair, wherein labour vanguards agitated for the now-sacrosanct eight-hour workday, became an inflection point in the dialectic between capital and labour. The subsequent judicial immolation of labour leaders Albert Parsons, August Spies, George Engel, and Adolph

Fischer transmuted their ephemeral mortality into everlasting symbolism. Their apotheosis catalyzed the Second International's 1889 declaration that May 1st be consecrated as International Workers' Day — a day of transnational solidarity, a synecdoche for the universal struggle against exploitation.

Thus, May Day's provenance is not celebratory but combative, not ornamental but foundational. It emerged from the viscera of industrial strife as a codification of the principle that human beings are not fungible commodities, but bearers of inalienable worth. In King Lear's words, "A man's life's no more than to say 'One'" — yet these men made that 'One' count for multitudes.

III. Philosophical Substratum: Labour as Ontological Imperative

To philosophize May Day is to confront the Aristotelian dictum that man is a zoon politikon, but more fundamentally, a homo faber — man the maker. From the Lockean thesis that labour imbues property with legitimacy, to the Marxian elucidation of alienation under capitalist modes of production, to the Gandhian veneration of bread labour, the act of work transcends economic utility. It is an ontological affirmation, a means by which consciousness externalizes itself and imprints order upon entropy.

May Day, therefore, venerates not mere employment, but labour in its numinous dimension. It repudiates the commodification of human ex-

ertion and insists upon the Kantian categorical imperative: that labourers must be treated as ends in themselves, never as mere means to fiscal accretion. The dignity of labour becomes the cornerstone of civilizational morality. To denigrate the plumber while exalting the plutocrat is to commit a taxonomical fallacy of human worth. For as Hamlet declares, "What a piece of work is a man! How noble in reason, how infinite in faculty!" — and that nobility is forged at the anvil of work.

IV. Sociological Ramifications: The Adamantine Substructure

Contemporary civilization, with its baroque technological superstructure, rests upon an adamantine substructure of human toil. The algorithm is impotent without the electrician; the skyscraper, an architectural chimera without the welder and mason; the symposium of savants, rendered mute without the sanitation worker who ensures salubrious environs. May Day compels us to perform a sociological inversion — to view society not from the panoptic heights of its penthouses, but from the foundational depths of its quarries and kitchens.

The day serves as an annual audit of our collective conscience. Have we ameliorated the conditions of those who harvest our sustenance, stitch our raiment, and transport our necessities? Or have we, through algorithmic management and gig-economy precarity, merely transmuted the 19th-century

sweatshop into a 21st-century digital panopticon? May Day's enduring relevance lies in this interrogation. It is a memento that economic indices — GDP, Sensex, Dow Jones — are vacuous abstractions unless they translate into substantive ennoblement of the labouring masses.

Here Shakespeare's Coriolanus is prescient: "What is the city but the people?" — and the people are, first and last, workers.

V. Global Polyphony: Diverse Cadences, Singular Refrain

Though its ideological nucleus remains constant, May Day's observance manifests as a polyphonic expression of cultural particularities. In Havana, it is a carnivalesque affirmation of revolutionary ethos. In Berlin, a solemn procession meditating upon reunification and workers' rights. In Kerala, it is a verdant confluence of trade unions and agrarian collectives. In the United States, paradoxically, Labour Day is observed in September, yet May Day persists as a counter-hegemonic commemoration of immigrant and marginalized labour.

This global polyphony attests to a singular, inexpugible truth: that irrespective of topography, polity, or creed, the desideratum for dignified work is a human universal. The nomenclature may differ — Kamgar Din, Tag der Arbeit, Dia do Trabalhador — but the semiotic payload remains invariant. "One touch of nature makes the whole world kin," — as Troilus and Cressida avers* — and that touch is labour.

VI. Contemporary Exigencies: The 21st-Century Crucible*

The present epoch presents labour with novel, labyrinthine challenges. The Fourth Industrial Revolution, characterized by automation, artificial intelligence, and algorithmic governance, threatens to render vast cohorts of humanity economically obsolescent. The platformization of labour has engendered a neo-proletariat: devoid of employment security, bereft of collective bargaining power, and subject to the despotism of ratings and opaque metrics.

Concurrently, the climate cataclysm imposes a dialectical imperative: a Just Transition. May Day in the An-

thropocene must therefore expand its purview. It must advocate not only for fair wages, but for green jobs; not only for occupational safety, but for planetary survival. The miner and the coder, the farmer and the data-labeller, must find common cause. For the despoliation of the earth is the ultimate act of labour exploitation — the mortgaging of future generations' patrimony.

Furthermore, the post-pandemic landscape has unveiled the fallacy of "unskilled labour." The sanitation worker, the delivery agent, the ASHA worker — erstwhile relegated to societal peripheries — emerged as custodians of civilizational continuity. May Day must enshrine this epistemological shift: that no labour is menial if it sustains the polis.

King Lear_ again: "Through tattered clothes small vices do appear; / Robes and furred gowns hide all."* So too does society hide its debt to the tattered-sleeved toiler.

VII. Peroration: Towards an Ethic of Reverence

To commemorate May Day is to engage in an act of civilizational anamnesis — a deliberate remembering of debts unpaid and promises unfulfilled. It is to reject the philistine notion that worth is coterminous with wealth, and to embrace the radical proposition that every calloused hand is sacrosanct.

Let the banners of May Day be inscribed not with slogans of acrimony, but with covenants of fraternity. Let its observance impel legislatures to codify living wages, corporations to internalize fiduciary duty toward employees, and citizens to cultivate an ethic of quotidian reverence for those whose labour lubricates the machinery of their comfort.

For in the final eschatology of nations, a society shall not be judged by the opulence of its oligarchs, but by the equanimity, security, and dignity it accords to its most inconspicuous toiler. May Day is the annual, inexorable reminder of that tribunal.

It is, in the most profound sense, a solemnization of the truth that while empires may crumble and currencies may depreciate, the dignity of honest labour remains inviolable, ineffaceable, and eternally resplendent.

As All's Well That Ends Well concludes: "The web of our life is of a mingled yarn, good and ill together. May Day ensures we honor every thread — especially those spun by the worker's hand.

Dr. S. Latha
Journalist Voice Reporter
Chennai

Marriage As couples across East Africa increasingly trade vows for financial refuge, physical intimacy, or social status, experts warn the real cost is a generation inheriting loneliness instead of love.

Marriage isn't a poverty eradication program: The quiet grief of modern unions



By: Mukama Phillip Kahigiriza
mukphix@gmail.com



Marriage

Nestora
CREATED SPACES. EFFORTLESSLY.

AIRBNB SETUP

- ▶ Apartment furnishing
- ▶ Bed and mattress setup
- ▶ Living room setup
- ▶ Curtains and blinds installation
- ▶ Lighting installation
- ▶ Wall art and decor styling
- ▶ Kitchen setup (utensils, appliances)
- ▶ Bathroom essentials setup
- ▶ Bed dressing and styling
- ▶ Final space styling for guest experience

Start Consultation Today!
+254 705 721 612

www.nestorainteriors.com hello@nestorainteriors.com

Sino-Africa China will implement its zero-tariff policy for all 53 African countries with which it has diplomatic relations.

China is Africa's most willing, trusted partner in sharing opportunities



People walk by the Mozambique pavilion during the Zimbabwe International Trade Fair in Bulawayo, Zimbabwe, on April 23, 2026. | Photo: Tafara Mugwara/Xinhua

BY Xinhua News Agency
@themkenyatimes

China's expanded zero-tariff policy for African countries serves as concrete evidence that China pursues a more balanced economic and trade relationship with Africa, and is Africa's most willing and trusted partner in sharing opportunities.

Starting today, China will implement its zero-tariff policy for all 53 African countries with which it has diplomatic relations. Previously, the country granted zero-tariff treatment on 100 percent of tariff lines, effective from Dec. 1, 2024, for 33 least developed countries in Africa. The new zero-tariff policy for Africa underscores China's commitment to expanding high-standard opening up and building a fair and inclusive global trading system.

As the world is plagued by rising protectionism and a zero-sum logic, China is opening its door wider to share its growth opportunities with Africa with no

political strings attached, respecting African countries' choices in their own development paths. The expanded measure makes China the first major economy to provide unilateral zero-tariff treatment to all African countries with diplomatic ties. It manifests that a genuine partnership is much needed to create opportunities for common development, while obsession with beggar-thy-neighbor practices and the pursuit of self-interest benefit none.

What's unfolding here is a win-win story, as the policy creates conditions for expanding African exports to China, while at the same time enriching the supply in the Chinese market and offering consumers more diverse choices. More distinctive and high-quality African products such as coffee, nuts and farm produce will be available to Chinese consumers, as the country is embracing the world with greater openness of its super-large market. China's zero-tariff policy is paving the way for Africa's

industrialization. The continent has been facing a persistent challenge: abundant resources and ample labor but few industries. For a long time, many African nations have been confined to exporting raw materials, trapped at the bottom of the global value chains.

By attracting more industrial investment into Africa, the zero-tariff policy will help boost Africa's integration into the global value chains. Local economies now have greater opportunities to shift from raw material dependence for export earnings to higher added-value from processing, packaging and branding as well as manufacturing. There have already been fruitful outcomes in China-Africa industrial cooperation that promotes local economic development. The zero-tariff approach will further encourage Chinese investment in infrastructure, technology transfer and industrial parks in Africa, while fostering deeper and mutually beneficial industrial collabora-

tion, thus addressing the region's need for economic restructuring, industrial upgrading, and supply chain transformation.

China-Africa traditional friendship has been forged through shared struggles against colonialism and is now being cemented by the pursuit of common development. Over the years, platforms such as the Forum on China-Africa Cooperation and China-Africa Economic and Trade Expo have played a great role in deepening cooperation between China and African countries. As China and African countries are jointly building an all-weather China-Africa community with a shared future for the new era, zero tariffs will serve as a new catalyst to further boost Africa's economic growth, thus injecting new momentum into the development of the vast continent and deepening solidarity across the Global South.

Chinese firm introduces electric heavy-duty trucks to Ethiopia's construction sector

BY Xinhua News Agency
@themkenyatimes

China Communications Construction Company (CCCC) on Wednesday introduced 50 electric heavy-duty trucks to Ethiopia's mega airport project site, promoting green mobility and development in the country's logistics and construction sectors.

The first batch of 50 new energy heavy-duty trucks, imported from China, officially started operation at the construction site of the Bishoftu International Airport, with another 42 expected to arrive in the coming weeks. Speaking at the event, Liu Xiaoguang, minister counselor of the Chinese Embassy in Ethiopia, said the introduction of electric-powered heavy-duty trucks in the construction sector is part of a joint commitment of China and Ethiopia to advancing green mobility. "Our joint actions are concrete measures to implement the outcomes of the Forum on China-Africa Cooperation and enhance the alignment of national green development strategies, to support Ethiopia's ambitious climate-resilient green development," Liu said. Wei Qiangyu, general manager of the CCCC Ethiopia Branch, said the introduction of electric heavy-duty trucks in Ethiopia aims at integrating green development, advancing environmental protection, and executing social responsibility throughout the proj-

ect life cycle. "The large-scale application of new energy equipment not only reduces fuel consumption and carbon emissions, but also enhances construction efficiency and project reliability. It represents a meaningful step toward sustainable infrastructure development in Africa," he said, noting that the vehicles will significantly reduce noise at the construction site as well.

Mayor of Bishoftu City Alemayehu Jara said the use of electric vehicles at Ethiopia's mega airport project not only reduces carbon emissions and improves air quality, but also sets an example for sustainable transport solutions in the construction sector. "The Bishoftu International Airport project will not only serve as a gateway to connect peoples, but also set an example by integrating electric vehicles into its operations and promoting green infrastructure development," Jara said. The Ethiopian government has been promoting electric mobility as part of efforts to reduce fuel import costs, ease pressure on foreign currency reserves, and advance environmental protection goals. The new airport, located at Bishoftu in the Oromia regional state, about 40 km southeast of the capital, Addis Ababa, will have the capacity to accommodate 60 million passengers per year when its first-phase construction is completed in four years, and 110 million passengers annually when fully completed.



A worker poses for a photo with the electric heavy-duty trucks at the construction site of the Bishoftu International Airport, near Bishoftu town in the Oromia regional state of Ethiopia on Wednesday.

LETTERS TO THE EDITOR

Empty accounts, uncertain futures: The toll of HELB and tuition funding delays

By **Oliver Ogutu**

For the average Kenyan scholar, the Higher Education Loans Board (HELB) is not merely financial aid; it is a lifeline. It represents the difference between a cramped hostel room and the indignity of the streets; between a focused mind and a stomach gnawed by hunger. Yet, in recent months, chronic delays in funding have pushed thousands into a desperate struggle for survival that makes academic pursuit a secondary concern.

The evidence of this systemic failure is visible in every lecture hall. Seats remain vacant—not because of lack of merit, but because students have been forced to defer semesters over unpaid tuition. Those who do attend often sit in a fog of distraction, their cognitive energy drained by the uncertainty of where the next meal will come from.

“I haven’t received my upkeep for the entire semester,” laments Glen, a third-year student at Rongo University. “I survive on one meal a day, sometimes none. I can’t focus in class anymore.” Glen’s story is a tragic refrain echoed on campuses nationwide, where students are forced into “mjengo” (casual construction labor) or precarious debt just to stay afloat.

The crisis reaches a breaking point during examination seasons. Many institutions maintain an uncompromising “no fee clearance, no exam” policy. Consequently, brilliant minds are locked out of halls, not due to academic failure, but financial hardship. This forced deferment doesn’t just delay graduation; it inflates the long-term cost of education, trapping the youth in a cycle of poverty the system was designed to break.

In the surrounding communities, the crisis spills over. Rent

arrears are mounting, and landlords are losing patience. The dignity of student life is being systematically eroded, replaced by a pervasive sense of instability. Beyond the physical toll lies a growing psychological burden—a cocktail of frustration and neglect. Students feel abandoned by a government that promised a bridge to the future but delivered a broken plank.

Government officials routinely cite administrative hurdles and budget constraints. While these may be factual realities, they are cold comfort to a student facing eviction. For these scholars, every day of delay is a day of compromise—on nutrition, on mental health, and on their ultimate potential.

The HELB crisis is more than a logistical bottleneck; it is a fundamental test of our national commitment to the next generation. We cannot demand academic excellence while provid-



ing a foundation of sand. Every delayed shilling risks pushing a student toward a permanent dropout, robbing the country of a future doctor, engineer, or leader.

What the Kenyan student body demands is not luxury, but reliability. We need accountability, transparent communication, and, above all, the timely disbursement of funds. A nation

that starves its scholars is effectively eating its own seed.

Education should be a ladder of opportunity, not a lesson in endurance.

ODM and UDA face growing internal tensions ahead of 2027

Kenya’s political giants are shivering, not from the cold of opposition, but from the heat of internal friction that threatens to melt their foundations before the next ballot.

By **Pascal Okoth**

As the 2027 General Election looms on the horizon, Kenya’s political landscape is shifting beneath the feet of its two titans. The Orange Democratic Movement (ODM) and the United Democratic Alliance (UDA) are currently navigating a treacherous season of internal upheaval, where the quest for survival is increasingly clashing with the hunger for succession.

For ODM, the bedrock of Kenyan opposition for two decades, the cracks are becoming impossible to ignore. The party is currently torn between two worlds: those advocating for a “phygital” political embrace with the government and those who believe the party’s soul lies in fierce, unyielding opposition. This ideological tug-of-war is not merely about strategy; it is

the opening act of the post-Raila Odinga succession drama.

As key figures scramble for vantage points in a future that may not include their perennial “Baba,” the public spats and leadership debates have left the base unsettled. Political analysts warn that if ODM cannot manage this transition with the same discipline that defined its rise, it risks becoming a fragmented relic of a bygone era. The challenge for the Orange party is to redefine its identity without losing its revolutionary spark in a rapidly evolving political market.

Conversely, the ruling UDA is discovering that the burden of the crown is heavy. The party is under immense pressure from a populace weary of aggressive tax policies and a stubbornly high cost of living. This public frustration has seeped into the

party’s inner sanctums, with leaders now openly questioning the government’s economic trajectory. It is a rare and dangerous sight: a ruling party forced to defend its policies not just to the voters, but to its own rank and file.

Compounding this is the frantic jockeying for position. With 2027 in sight, the scramble for influence within the party and government has birthed distinct factions. This internal “scrimmage” for power threatens the very cohesion that propelled UDA to victory in 2022. For the ruling party, the task is a delicate balancing act: delivering on governance while managing the soaring expectations of a disgruntled electorate.

These developments underscore the volatile nature of Kenyan politics, where today’s ally is tomorrow’s rival. The



internal stability of these two parties will do more than just determine their electoral fortunes; it will dictate the country’s democratic trajectory for the next decade.

For ODM, unity is the cur-

rency of survival. For UDA, performance is the only shield against internal rebellion. How these two behemoths navigate their current crises will ultimately reveal whether they are enduring institutions or merely

temporary vehicles for individual ambition.

In the high-stakes theater of Kenyan politics, the greatest threats are no longer found across the aisle, but within the house.

SPORTS
NEWSPHOTOS
SCORES
OPINIONS
STATISTICS
SCHEDULES
BREAKING NEWS

Sports >> *Mutare Polytechnic enters the upcoming Zimbabwe Tertiary Sports (ZiTS) Games in Harare from May 6 to 9 carrying strong momentum and rising expectations

Mutare Polytechnic Ride TESAR Wave Into ZiTS Battle

By Pierre Makusha

Mutare Polytechnic enters the upcoming Zimbabwe Tertiary Sports (ZiTS) Games in Harare from May 6 to 9 carrying strong momentum and rising expectations after a dominant showing at the 2026 Technical Education Sports Arts and Recreation (TESAR) Games held in Bulawayo early April.

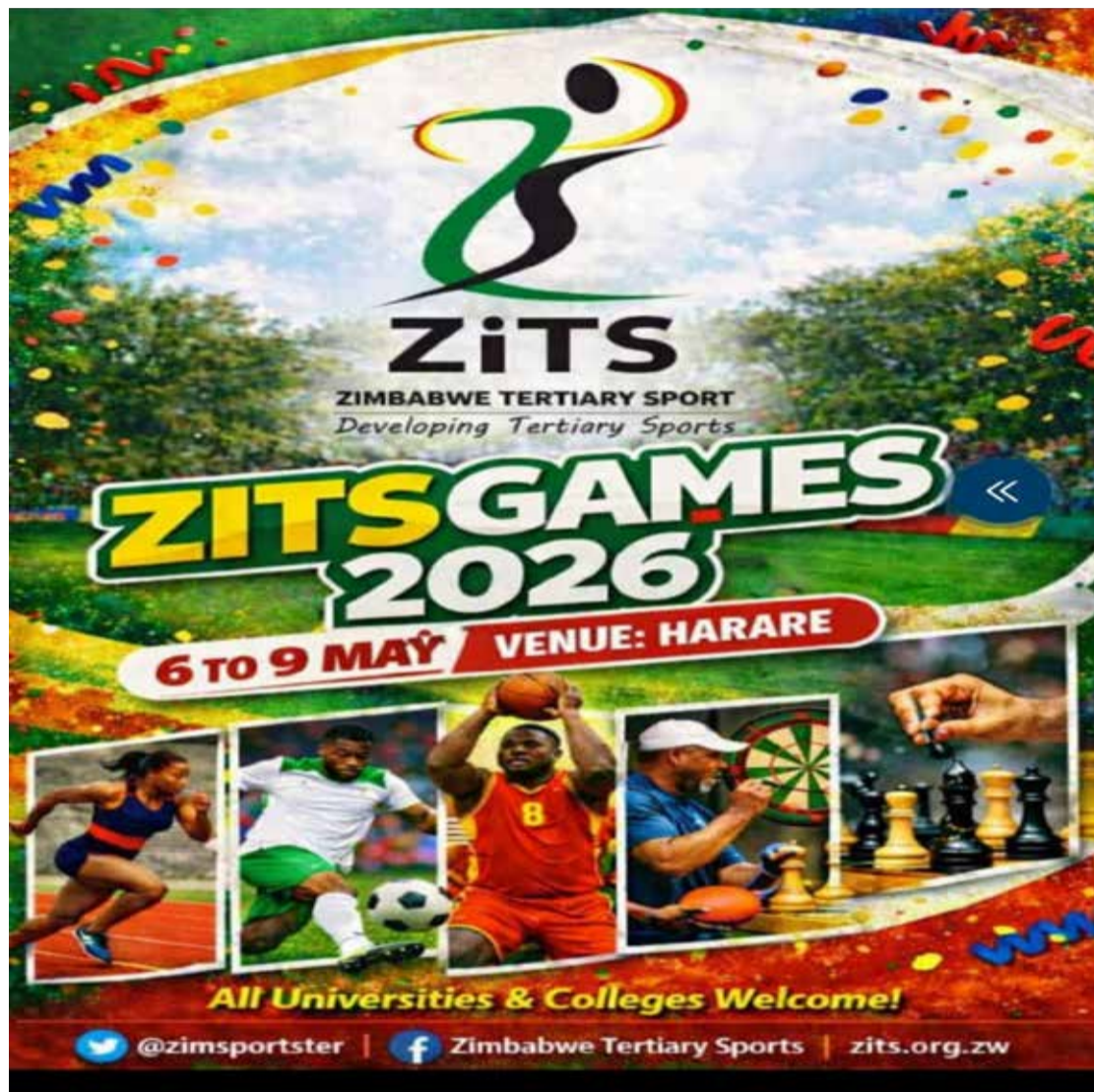
The Institution delivered one of its most successful performances in recent years, returning home in second position with 51 medals, including 18 gold behind Harare Polytechnic, according to the official TESAR board release — a haul that has firmly positioned Mutare Polytechnic among the leading contenders at tertiary level sport in the country.

That success was spread across multiple sporting disciplines, with Sheldon Nyamukondiwa, Nevia Maganzo and Paralympian Blessing Muchirahondo spearheading the athletics team's gold rush. The men's soccer team also maintained their dominance, defeating Masvingo Polytechnic 2-1 in the TESAR final to secure their passage to the ZiTS Games where they are the reigning champions.

Elsewhere, gold medals were secured in netball, women's soccer, handball, pool, men's chess and table tennis, with silvers in both men and women's darts highlighting the depth and balance of Mutare Polytechnic's sporting programme.

With ZiTS now in focus, athletes have begun to set their sights on national glory. Nyamukondiwa, a Bakery Studies student who collected gold in the 100m, 200m, 4x100m relay and handball, said the focus has shifted from celebration to delivery.

"I felt great winning at TESAR, but now the focus is on ZiTS. The expectation is to go even harder and bring back more gold medals," said Nyamukondiwa.



She is expected to lead the 4x100m relay team alongside Priority Mpfu, Dzambacheka Silvia and Nevia Maganzo, who also enjoyed a standout TESAR campaign with four gold medals in the 5000m, 3000m, 1500m and medley relay events.

Paralympian and Accountancy student Blessing Muchirahondo also emerged as one of the stars of the Games, claiming gold in the 100m and 400m events among other medals, and says TESAR has laid the foundation for greater ambitions.

"TESAR was a stepping stone for me because I know I can go further. Now I look forward to raising my institution's flag at ZiTS," said Muchirahondo.

In football, Mutare Polytechnic's men's team remain the side to beat after back-to-back ZiTS titles in 2024 and 2025. Their place at this year's competition was secured through a hard-fought 2-1 comeback victory over Masvingo Polytechnic in the TESAR final.

Coach Happison Mangezi remains confident of a historic third consecutive ZiTS crown, while winger Shelton Maromo, a Quantity Surveying student, stressed unity and belief within the camp.

"We've worked hard for this. It's one team, one goal. Defending the title is never easy, but we are prepared. This is not just about skill — it's about energy,

trust and fighting for each other. No fear, no doubt, just going for the trophy again," said Maromo. "We are locked in and ready."

The ZiTS Games bring together top-performing institutions from across Zimbabwe, with universities, polytechnics and teachers' colleges qualifying through their respective competitions before converging at national level. This year's edition, hosted by Harare Polytechnic, also serves as a selection platform for the national tertiary team ahead of the Confederation of University and College Sports Associations (CUCSA) Games scheduled for Botswana from June 28 to July 5.

GET THE BEST OF WORLD

Sports >> *Fifa has imposed a full registration ban on Tunisian giants Etoile Sportive du Sahel after the club repeatedly failed to pay Gor Mahia FC KSh6.4 million owed for the transfer of defender Alphonse Omija.

Fifa slaps transfer ban on Etoile du Sahel for dodging Gor Mahia debt



Alphonse Omija

By **Martin Weche**

Fifa has imposed a full registration ban on Tunisian giants Etoile Sportive du Sahel after the club repeatedly failed to pay Gor Mahia FC KSh6.4 million owed for the transfer of defender Alphonse Omija.

The world governing body confirmed the sanction in a letter dated April 30, 2026, stating that Etoile had ignored an earlier binding decision from its Dispute Resolution Chamber. “A ban from registering any new players, both nationally and internationally, has been implemented on the respondent,” the letter reads, adding that the restriction will remain “until the amount due is paid and for a maximum duration of up to three entire and consecutive registration periods.”

The Tunisian Football Federation has also been instructed to enforce the ban domestically without delay.

The debt stems from Omija’s

September 2025 move to Sousse, when Etoile agreed to pay USD 50,000 (approximately KSh6.4 million at the time) in instalments. Sources close to Gor Mahia say the Kenyan champions received only an initial down payment before all communication from the Tunisians abruptly stopped.

Gor Mahia chairman Ambrose Otieno told The Mt Kenya Times yesterday: “We gave them every chance to honour the agreement. They promised payment, then went silent. We had no choice but to escalate to Fifa. This money is critical for our operations and for the development of young players.”

The case had already attracted attention beyond the unpaid fee. Reports from Tunisia in February indicated that Omija himself had gone several months without salary and that his agents were struggling to clarify how his earnings were being handled by Etoile. The 23-year-old centre-back, who has since returned

to training with Gor Mahia on a temporary basis, declined to comment when approached.

Football Kenya Federation president Nick Mwendwa welcomed the Fifa ruling. “This is a landmark moment for Kenyan clubs,” he said. “For too long, African players and clubs have been treated as commodities without proper respect for contracts. Fifa has shown that the regulations apply equally, whether you are in Tunis or Nairobi.”

Etoile du Sahel, one of Africa’s most decorated clubs with ten Tunisian league titles and the 2007 Caf Champions League, now face serious squad-planning problems ahead of the new season. The ban prevents them from registering any new signings until the debt is cleared, leaving coach Lassaad Chabbi unable to replace players who have already departed.

A source within the Tunisian club, speaking on condition of anonymity, admitted the financial difficulties: “The economic

situation in Tunisia is tough for all clubs. But we know we have to resolve this quickly.”

For Gor Mahia, the decision arrives at a crucial time. The 21-time Kenyan champions are rebuilding after a difficult 2025-26 season and were counting on the Omija fee to strengthen the squad and settle internal obligations.

The Fifa sanction sends a clear message across the continent: even historic North African powerhouses cannot simply ignore contractual commitments to East African clubs. Gor Mahia’s successful pursuit of justice through Fifa’s legal channels will encourage other Kenyan and regional sides to stand firm when similar disputes arise.

After months of frustration, the record Kenyan champions have finally secured the respect — and the money — they were owed.

SPORTS NEWS



PHOTOS
SCORES
OPINIONS
STATISTICS
SCHEDULES
BREAKING NEWS



SPORTS AS THEY HAPPEN



The world's global yoga megastar who changed wellness forever: Dr. Shaky Abo AlFatoh



By: Anila Bukhari
@themtkenyatimes



Worth Noting:

You may find parts of your own life reflected in her beginnings. Born and raised in Egypt, she did not start her path from comfort or ease. Instead, her introduction to yoga came during a time of emotional and physical struggle. If you have ever faced moments where everything felt uncertain, then you understand the kind of turning point she experienced. What started as a personal search for healing gradually transformed into a life mission. One that has now touched more than 100 million lives across Europe, Asia, and the Middle East.

As you look deeper into her journey, you begin to realize that her influence comes from authenticity rather than perfection. She does not ask you to become someone else. Instead, she encourages you to reconnect with yourself.

You live in an era where wellness has become essential, yet truly transformative healing often feels out of reach. In the middle of this fast paced, overwhelming world, the journey of Dr. Shaky Abo AlFatoh speaks directly to you. Her story is not just about global recognition or influence. It is about how one person's decision to heal herself can inspire millions, including you, to begin their own journey toward balance and inner peace.

You may find parts of your own life reflected in her beginnings. Born and raised in Egypt, she did not start her path from comfort or ease. Instead, her introduction to yoga came during a time of emotional and physical struggle. If you have ever faced moments where everything felt uncertain, then you understand the kind of turning point she experienced. What started as a personal search for healing gradually transformed into a life mission. One that has now touched more than 100 million lives across Europe, Asia, and the Middle East.

As you look deeper into her journey, you begin to realize that her influence comes from authenticity rather than perfection. She does not ask you to become someone else. Instead, she encourages you to reconnect with yourself. This is what makes her approach so powerful. You are not pressured to follow rigid systems. You are guided to listen to your own body, your own emotions, and your own inner voice.

When she steps onto global platforms such as international wellness conferences, TEDx talks, and global yoga summits, her message feels personal, almost as if she is speaking directly to you. She addresses the struggles you may hesitate to express. Stress, anxiety, emotional exhaustion, and the constant pressure to keep going. Through her words, you begin to understand that healing is not something reserved for a few. It is something accessible to everyone willing to start.

You are part of a generation where burnout has become common. Long hours, digital distractions, and emotional fatigue often disconnect you from your true self. Dr. Shaky recognized this global challenge early in her journey. Rather than offering temporary solutions, she created a therapeutic yoga approach that works on every level of your being. It is not just about physical flexibility. It is about emotional strength, mental clarity, and spiritual balance.

As you engage with her philosophy, you begin to understand that wellness is not one dimensional. Your physical health is deeply connected to your emotional state. When your mind is overwhelmed, your body reflects that tension. When your emotions are unbalanced, your energy shifts. Her teachings help you bring these elements into harmony, allowing you to feel more grounded, focused, and at peace.

You might wonder how one individual could reach millions across different cultures and regions. The answer lies in her ability to connect with you on a human level. She does not present herself as distant or unreachable. Instead, she shares her own vulnerabilities, reminding you that healing begins with honesty. This connection allows her message to transcend borders, making it relevant whether you are in Europe, Asia, or the Middle East.

Her work goes beyond yoga sessions or workshops. You are encouraged to see wellness as a way of life. This means integrating mindfulness into your daily routine. How you breathe, how you respond to stress, and how you treat yourself. It is about making small, consistent changes that gradually transform your life. Through her teachings, you begin to realize that peace is not something you search for outside. It is something you create within.

There is a powerful shift that happens when you start applying her philosophy. Instead of seeking validation from the outside world, you begin to look inward. You develop self awareness, emotional resilience, and a deeper understanding of your own needs. Her journey shows you that vulnerability is not a weakness. It is the foundation of growth and transformation.

As her global presence continues to grow, her mission remains un-



Dr. Shaky Abo AlFatoh.

changed. To help people heal. This consistency is what makes her influence so impactful. You are not following a trend. You are becoming part of a movement rooted in genuine purpose. Her role as a wellness pioneer is defined not just by recognition, but by the real, meaningful changes she brings into people's lives.

When you reflect on her story, you start to see possibility within yourself. You realize that transformation does not require extraordinary circumstances. It begins with a simple decision. To take care of your well-being, to listen to your body, and to prioritize your inner peace. Just as she once took that first step during a difficult time, you too have the ability to begin your own journey.

In the end, her legacy is not only about the millions she has reached, but about the individual lives she continues to touch. People like you who are searching for balance, clarity, and healing. Her story reminds you that wellness is not a destination you arrive at. It is a journey you choose every day.

And perhaps the most important lesson you carry forward is this. The power to change your life has always been within you. You just need to awaken it.